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National
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MEMBER FOAC

CROSS COUNTRY RUNNING



- 2014 Qualifiers
- Participating Teams & Photos
- Schedule
- Past Tournament Results





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Welcome from ASAA

On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA's corporate partners, welcome to the 2014 ASAA/First National Bank Alaska State High School Cross Country Running Championships! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate your being part of this statewide championship event.

Billy Strickland, Executive Director

Sportsmanship Creed

"This contest is being played under the authority of the Alaska School Activities Association. ASAA rules provide for fair play and good sportsmanship among athletes and coaches. Since booing and jeering do not support anyone, we expect fans to be positive in supporting their favorite team with encouraging comments and cheers. Please refrain from words or actions that would reflect negatively on your school and team. In other words, BE A FAN—NOT A FANATIC."

About the Cover: Photos taken during the 2013 ASAA/First National Bank State High School Cross Country Running Championships.

Photos by Kevin Lane Photography.



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FIGHT CHILD HUNGER!**



Championship Schedule



ASAA / First National Bank Alaska

2014 CROSS COUNTRY RUNNING STATE CHAMPIONSHIPS

Bartlett High School Trails

Hosted By: ASAA, Bartlett High School, & the Anchorage School District

RACE SCHEDULE

12:00pm	123A Girls
12:45pm	4A Girls
1:30pm	123A Boys
2:15pm	4A Boys
3:15pm	Awards Ceremony in Gym

No Dogs Allowed at Bartlett High School Trails!

Scoring & Awards

for High School
Cross-Country Running

Individual Scoring & Awards

Racers are awarded medals based on their order of finish in the race—in the state meet, the top ten in each event will receive an award. In today's events, there will be individual medals awarded to the top 10 finishers, as well as to the seven racers of the top two teams in each category.

Team Scoring & Awards

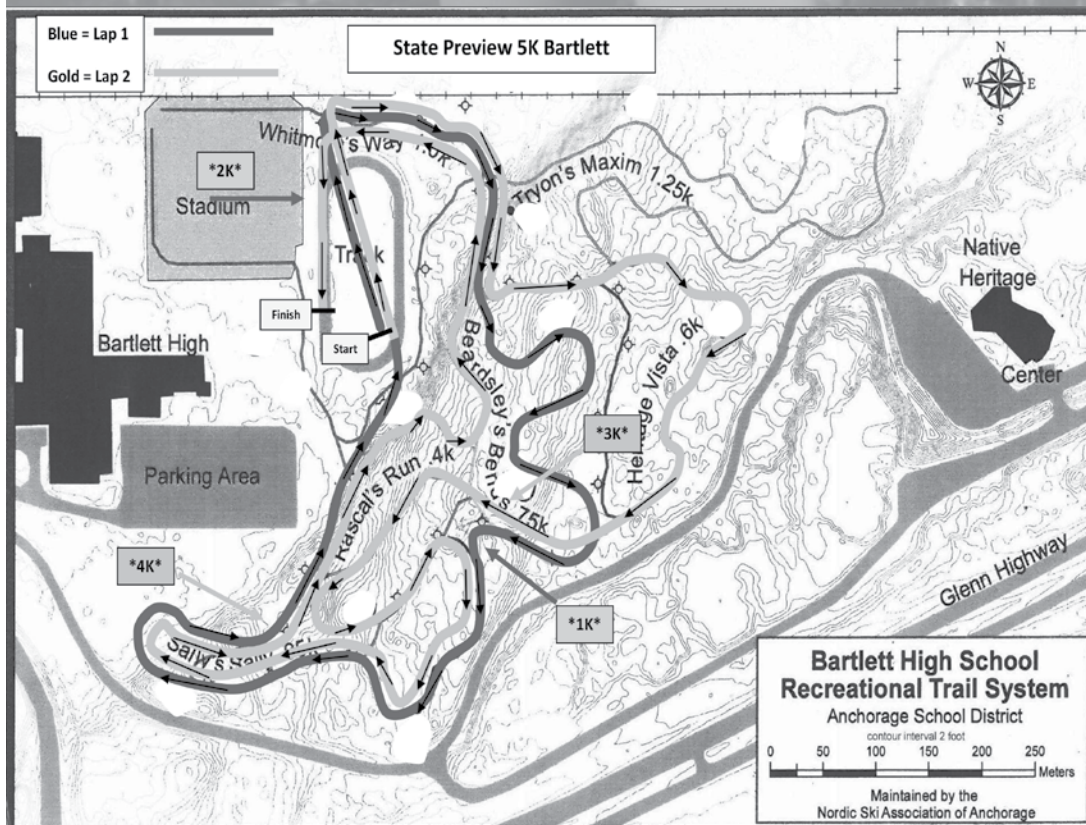
Team awards are determined by adding up the finish place of the top five runners on a team. For example, if a team has runners finishing in positions 1, 3, 7, 10, 15, 21 and 28 (only 7 racers from each team may participate in a varsity race), then the team score would be $1 + 3 + 7 + 10 + 15 = 36$. In the case of a tie score with a five-person total, the team with the lowest 6th place finisher is declared the winner.

The lower a team's score, the better. A "perfect" score would be 15 where all five runners from one team came across in the first five places.

Today's event will have team awards for the top two varsity teams in each race.

Other Awards

ASAA recognizes a Good Sport Team, chosen from among participating schools with at least five runners. This award recognizes the good citizenship and sportsmanship demonstrated throughout the whole season. Good Sport Team members are selected by each qualifying team's head coach. An Academic Award is presented to the team with the highest GPA.





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People Behind the Scenes

ASAA extends its appreciation to the following people for contributing their time and energy in making this year's State Cross-country Running Meet a success.

Meet Director:
Doug Herron

Head Referee:
Tom Pargeter

**Bartlett Activities
Principal:**
Lisa Prince

Bartlett Principal:
Dan Gallego

Timing:
Skinny Ravens

*Plus the countless number of volunteers that make this state championship possible.
Thanks for all you do.*

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Regional Qualifiers - Girls 1,2,3A



Region 1-South

Region 1 South Champions - Unalaska

Competitor	School	Grade	Time	
Christian Escalante	Unalaska	12	24:13	_____
Amelia Napper	Unalaska	11	24:59	_____
Alanna Kochuten	Unalaska	11	25:56	_____
Taylor Holman	Unalaska	10		_____
Citaly Garcia	Unalaska	11		_____
Bridget Nalam	Unalaska	9		_____

Region 1 South Other Qualifiers

Chloe Gardner	Sand Point	11	23:53	_____
Hannah Berkoski	Dillingham	9	24:36	_____
Kara Andrews	New Stuyahok	10	24:39	_____
Lena Coolidge	Dillingham	12	25:04	_____
Anna Hansen	Bristol Bay	10	25:47	_____
Emily McArthur	Dillingham	10	26:00	_____
Dantezza Pangilinan	Sand Point	10	26:24	_____

Region 1-North

Region 1 North Champions - Barrow

Competitor	School	Grade	Time	
Alaina Wolgemuth	Barrow	10	20:49	_____
Melissa Nicely	Barrow	10	21:38	_____
Chloe Mongoyak-Brower	Barrow	10	23:10	_____
Janae Panamarioff	Barrow	12	25:04	_____
Rebecca Masterson	Barrow	10	25:51	_____
Alynn Bankston	Barrow	11	28:38	_____
Janessa Vinas	Barrow	10	28:47	_____

Region 1 North Other Qualifiers

Christine Buffas	Nome	11	23:28	_____
Calia Sieh	Kotzebue	98	22:51	_____
Ivory Okleasik	Nome	10	23:28	_____
Bianca Trowbridge	Nome	10	23:35	_____
Mary Fiskeaux	Nome	9	23:37	_____
Anikan Peniptichek	Shaktoolik		23:42	_____
Iri Hailstone	Noorvik	11	23:52	_____

Region 1-Central

Region 1 Central Champions - Bethel

Competitor	School	Grade	Time	
Haley O'Brien	Bethel	11	22:37	_____
Kate McWilliams	Bethel	12	22:55	_____
Amber Wade	Bethel	10	23:55	_____
Brittney Boney	Bethel	10	24:07	_____
Sophie Swope	Bethel	11	24:57	_____
Dorothy Bukowski	Bethel	9	25:37	_____
Joan Klejka	Bethel	11	27:15	_____

Region 1 Central Other Qualifiers

Margaret Chayalkun	Chevak	10		_____
Hanna Jayne	Mekoryuk	9		_____
Grace Naneg	Hooper Bay	9		_____
Alana Ulak	St. Mary's	12		_____
Esther Rivers	Scammon Bay	10		_____
Shannon Stevens	Mountain Village			_____

Region 2

Region 2 Champions - Su Valley Rams

Competitor	School	Grade	Time	
Ellie Bietsch	Su-Valley	10	21:01.2	_____
Bernadette Hartley	Su-Valley	11	22:40.8	_____
Kestrel Gilliam	Su-Valley	10	23:21.1	_____
Celeste Harrell	Su-Valley	10	24:59.3	_____
Katherine Germain	Su-Valley	9	25:20.8	_____

Region 2 Runner Up - None

Region 2 Other Qualifiers

Briahna Gerlach	Glennallen	10	18:24.7	_____
Gloria Jacobsen	Glennallen	9	20:56.0	_____
Megan Hickman	Nikolaevsk	11	23:46.8	_____
Cecily Nicoll	Effie Kokrine		24:41.7	_____
Chandra Christiansen	Port Lions	10	26:19.0	_____



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support Alaska's youth
and ASAA.**



Regional Qualifiers - Girls 1,2,3A



Region 3

Region 3 Champions - Homer

Competitor	School	Grade	Time	
Megan Pitzman	Homer	10	20:30	_____
Molly Mitchell	Homer	11	20:39	_____
Alex Mosley	Homer	9	21:24	_____
Aurora Wacławski	Homer	11	22:00	_____
Aziza Shemet Pitcher	Homer	11	22:01	_____
Lauren Evarts	Homer	10	22:19	_____
Audrey Rosencrans	Homer	10	23:49	_____

Region 3 Runner Up - Seward

Ruby Lindquist	Seward	9	20:55	_____
Brook Wedin	Seward	10	20:59	_____
Alice Pfeiffenberger	Seward	12	21:37	_____
Ashley Guernsey	Seward	9	23:08	_____
EmmaLee Moore	Seward	9	23:23	_____
Josephine Braun	Seward	12	24:14	_____
Iris Anderson	Seward	11	24:48	_____

Region 3 Third Place - Grace Christian

Cheyenne Applegate	Grace Christian	12	21:27	_____
Amy Hatter	Grace Christian	9	21:47	_____
Harmony Wayner	Grace Christian	12	22:04	_____
Allie Jarvis	Grace Christian	10	23:32	_____
KatrinaWood	Grace Christian	12	23:58	_____
Anna Jarvis	Grace Christian	11	24:34	_____
Alex Durazo	Grace Christian	12	24:58	_____

Region 3 Fourth Place - Anchorage Christian School

Tessa O'Hara	ACS	9	21:22	_____
Tanner Ealum	ACS		21:56	_____
Elizabeth Balsan	ACS	11	24:25	_____
Courtney Mitchell	ACS	11	24:57	_____
Becca Land	ACS	11	26:24	_____
Mickey Connor	ACS	11	29:22	_____
Lynelle Jones	ACS	11	29:47	_____

Region 3 Other Qualifiers

Sara Hamberger	Cordova	12	20:58	_____
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Region 5

Region 5 Champions - Mt. Edgecumbe

Competitor	School	Grade	Time	
Jo Zaczekowski	Mt. Edgecumbe	10	21:19	_____
Shandel Pingayak	Mt. Edgecumbe	12	21:32	_____
Ashlyn Luckhurst	Mt. Edgecumbe	11	22:08	_____
Brittany Woods-Orrison	Mt. Edgecumbe	12	22:34	_____
Jasmine Jemewouk	Mt. Edgecumbe	11	23:09	_____
Julie Amaktoolik	Mt. Edgecumbe	10	23:53	_____
Laura Ekada	Mt. Edgecumbe	9	23:54	_____

Region 5 Runner Up - Petersburg

Julia Murph	Petersburg	9	22:17	_____
Hannah Pfundt	Petersburg	11	22:26	_____
Kayleigh Eddy	Petersburg	10	22:54	_____
Madisyn Parker	Petersburg	9	23:02	_____
Makayla Newman	Petersburg	12	23:03	_____
Erin Pfundt	Petersburg	9	23:14	_____

Region 3 Third Place - Wrangell

Reyn Hutten	Wrangell	9	21:29	_____
Amy Jenson	Wrangell	11	21:41	_____
Kimberly Cooper	Wrangell	12	21:53	_____
Darian Meissner	Wrangell	12	25:19	_____
Teresa Flores	Wrangell	11	25:32	_____
Kaylauna Churchill	Wrangell	10	25:47	_____

Region 5 Other Qualifiers

Taylee Nyquest	Thorne Bay	11	19:47	_____
Whitney McArthur	Sitka	9	22:07	_____
Alecia Barlow	Craig	10	22:42	_____

Region 6

Region 6 Champions - Hutchison

Competitor	School	Grade	Time	
Grace Moore	Hutchison	9	22:00.4	_____
Cora Farrell	Hutchison	10	23:15.9	_____
Haley Spencer	Hutchison	12	23:52.3	_____
Carmella Flynn	Hutchison	10	24:40.9	_____
Jacy Flynn	Hutchison	9	27:39.7	_____
Sydney Carlo	Hutchison	9	31:16.6	_____

Region 6 Runner Up - Eielson

Brianna Hernandez	Eielson	9	23:45.1	_____
Shelby McCahon	Eielson	11	25:19.3	_____
Elizabeth Baumann	Eielson	9	26:15.2	_____
Avery Malenius	Eielson	10	29:05.6	_____
Teagan Gutka	Eielson	10	29:06.2	_____

Region 6 Other Qualifiers

Victoria Joslin	Delta	12	22:36.7	_____
Sarah Brown	Galena	10	22:47.0	_____
Tavifa Timoshenko	Delta	12	22:48.1	_____
Mariah Wigley	Galena	9	24:12.9	_____

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Regional Qualifiers - Boys 1,2,3A



Region 1-South

Region 1 South Champions - Unalaska

Competitor	School	Grade	Time	
Ross Enlow	Unalaska	11	18:21	_____
Michael Remolino	Unalaska	12	20:02	_____
Michael Willis	Unalaska	11	20:05	_____
Cade Tereda	Unalaska	10	20:05	_____
Andy Nguyen	Unalaska	12		_____
Liam Andersen	Unalaska	11		_____

Region 1 South Other Qualifiers

Miles King	Bristol Bay	12	19:02	_____
Casey Konukpeak	New Stuyahok	9	19:50	_____
John Bouker	Dillingham	9	20:14	_____
Noah Smith	Bristol Bay	11	20:19	_____
Cole Dull	Koliganek	9	20:19	_____
Colten Mack	Sand Point	10	20:27	_____

Region 1-North

Region 1 North Champions - Nome

Competitor	School	Grade	Time	
Wilson Hoogendorn	Nome	10	18:32:00	_____
Oliver Hoogendorn	Nome	12	18:44:00	_____
Harrison Moore	Nome	9	19:10:00	_____
James Jorginson	Nome	11	19:30:00	_____
Leif Erikson	Nome	11	19:42:00	_____
Jamie Yi	Nome	9	19:46:00	_____
James Horner	Nome	11	20:35:00	_____

Region 1 North Other Qualifiers

Pavel Hernandez	Barrow	12	17:41:00	_____
Kevin Goodwin	Barrow	11	17:58:00	_____
Jayden Wilson	Unalakleet	10	18:33:00	_____
Trevor Thomas	Barrow	10	18:38:00	_____
Harry Baldwin	Kotzebue	10	18:47:00	_____
Gary Eakin	Kotzebue	11	18:50:00	_____
Zeke Eakin	Kotzebue	10	18:52:00	_____
Hugo Kakinya	Anaktuvuk Pass	10	19:03:00	_____

Region 1-Central

Region 1 Central Champions - Chevak

Competitor	School	Grade	Time	
Joseph Friday	Chevak	12		_____
Mickey Matchian	Chevak	11		_____
Thomas Bukowski	Chevak	11		_____
Caleb Jones	Chevak	11		_____
Jaden Ulroan	Chevak	10		_____
Iverson Tulim	Chevak	10		_____
Shain Hardiman-Agimuk	Chevak	10		_____

Region 1 Central Other Qualifiers

John Chakuchin	Tooksook Bay	12	_____
Isiah Beans	St. Mary's	12	_____
Kobe Rivers	Scammon Bay	10	_____
Dray Pastinak	Akiachak	10	_____
Terrence Nose	Akiachak	12	_____
James Tunutmoak	Scammon Bay	12	_____
Bradley Charlie	Scammon Bay	12	_____

Region 2

Region 2 Champions - Effie Kokrine

Competitor	School	Grade	Time	
David Kokrine	Effie Kokrine		20:35.1	_____
Chance Shank	Effie Kokrine		21:22.8	_____
Ron Salpino	Effie Kokrine		22:16.1	_____
Dakota Newcomer	Effie Kokrine		23:37.7	_____
Israel Alexander	Effie Kokrine		27:15.2	_____

Region 2 Runner Up - None

Region 2 Other Qualifiers

Jordan Sondergaard	Glennallen	12	17:34.8	_____
Greg Trail	Nikolaevsk	11	18:38.8	_____
Dustin Goodman	Su Valley	12	19:35.7	_____
Sean Dorsey	Glennallen	9	20:01.2	_____
Jonah Fefelov	Nikolaevsk	11	20:11.9	_____
Kody Salinas	Tok	10	20:39.0	_____
Justice Peter	Fort Yukon	11	21:53.5	_____
Cody Robustellni	Port Lions	10	21:56.8	_____

Region 3

Region 3 Champions - Seward

Competitor	School	Grade	Time	
Hunter Kratz	Seward	10	17:57	_____
Michael Marshall	Seward	12	18:11	_____
Seth Brewi	Seward	11	18:57	_____
Thomas Zweifel	Seward	11	18:59	_____
Paxson Berry	Seward	11	19:04	_____
Brandon Moore	Seward	12	19:23	_____
Dylan Gillespie	Seward	12	19:34	_____

Region 3 Runner Up - Grace Christian

Trent Fritzel	Grace Christian	10	18:25	_____
Daniel VanderWeide	Grace Christian	12	18:45	_____
Nick Snow	Grace Christian	11	19:06	_____
Ethan Isaacson	Grace Christian	10	19:10	_____
Wyatt Brown	Grace Christian	12	19:21	_____
Tobin Karlberg	Grace Christian	9	19:34	_____
John Cosgrave	Grace Christian	11	19:42	_____

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PERSONAL AND BUSINESS PLANNING

Regional Qualifiers - Boys 1,2,3A



Region 3 Third Place - Homer

Jared Brant	Homer	10	18:21	_____
Jordan Beachy	Homer	9	18:36	_____
Jacob Davis	Homer	9	19:09	_____
Brandon Beachy	Homer	12	19:25	_____
Jaime Rios	Homer	10	19:38	_____
Denver Wacławski	Homer	9	19:39	_____
Elan Carroll	Homer	9	20:49	_____

Region 3 Fourth Place - Anchorage Christian School

Michael Todd	ACS	12	17:53	_____
Josh Miller	ACS	12	19:04	_____
Blake Bennett	ACS	9	19:24	_____
Ben Sobek	ACS	10	19:37	_____
Timothy Storrza	ACS	11	19:54	_____
Shaun Quinn	ACS	11	20:10	_____
Luke Coverdell	ACS	12	20:11	_____

Region 3 Other Qualifiers

Andrew Spencer	Houston	12	18:02	_____
Zach Hamberger	Cordova	10	18:35	_____

Region 5

Region 5 Champions - Sitka

Competitor	School	Grade	Time	
Collin Baciocco	Sitka	10	17:20	_____
William Borcy	Sitka	12	17:41	_____
Jordan Zellhuber	Sitka	11	18:13	_____
Trevor Schoening	Sitka	12	19:24	_____
Caleb Suarez	Sitka	10	19:26	_____
Benjamin Carter	Sitka		20:01	_____
Conor Buxton	Sitka	9	20:03	_____

Region 5 Runner Up - Petersburg

Tucker Hagerman	Petersburg	11	18:59	_____
Ben Zarlengo	Petersburg	12	19:23	_____
Daniel Holmberg	Petersburg	10	19:43	_____
Kyle Hagerman	Petersburg	12	20:02	_____
Nathaniel Lenhard	Petersburg	10	20:06	_____
Stuart Medalan	Petersburg	11	21:09	_____

Region 3 Third Place - Craig

Gabe Melendrez	Craig	12	18:48	_____
Andrew Marker	Craig	9	19:20	_____
Wyatt Patten	Craig	11	19:50	_____
Seth Packer	Craig	11	20:08	_____
Timber Burnham	Craig	10	21:41	_____
Mitchell Reeves	Craig	12	21:43	_____
Maverick Ballard	Craig	9	21:53	_____

Region 5 Other Qualifiers

Bryce Gerald	Wrangell	11	17:27	_____
Dominique Foote	Skagway	12	17:38	_____
Sterling Moore	Kake	12	17:40	_____
Kendrick Hoblet	Mt. Edgecumbe	10	18:13	_____
Clint Thomas	Thorne Bay	12	18:13	_____
Austin Thomas	Thorne Bay	12	18:26	_____
Manny Budke	Hoonah	10	18:45	_____
Keegan Sundberg	Haines	12	18:47	_____
Rowan Sharman	Gustavus	12	18:50	_____
James Simeonoff	Mt. Edgecumbe	11	19:10	_____

Region 6

Region 6 Champions - Galena

Competitor	School	Grade	Time	
Kaleb Korta	Galena	11	17:04.2	_____
Jacob Moos	Galena	9	18:01.2	_____
Trenton Ambrose	Galena	9	18:39.3	_____
Joe Apfelbeck	Galena	11	18:58.6	_____
Zelex McNeilly	Galena	12	19:47.9	_____
Isaac McElwee	Galena	12	20:30.7	_____
Lynn-Victor Loneywolf	Galena		22:00.8	_____

Region 6 Runner Up - Monroe

Andrew Walter	Monroe	12	19:32.7	_____
Sam Bloom	Monroe	10	19:39.7	_____
Garrett Grahek	Monroe	11	19:47.1	_____
Edwin Erickson	Monroe	12	20:35.4	_____
Walker Ringstad	Monroe	10	21:05.7	_____
DeVonne Davis	Monroe		21:38.7	_____
Troy Metz	Monroe	11	22:06.2	_____

Region 6 Other Qualifiers

Josiah Helken	Delta	12	18:00.9	_____
Jonathon St Andre	Eielson	10	18:49.4	_____
Kasper Maier	Hutchison	9	19:33.1	_____
Thomas Warren	Delta	9	19:38.2	_____
Jack Matherly	Hutchison	10	20:00.9	_____
Christian Balaguer	Eielson	12	20:23.4	_____



At Home in Alaska

“Thanks to ASAA and Princess Cruises, my future has been on the right track for years!”

- Kathi Porter

I was born and raised in Alaska, but in high school, I was just as uncertain about the future as my classmates.

Thankfully, I was blessed to participate in several ASAA activities and sports that helped put my future on the right track.

As a participant of East High School Student Government and soccer team, I learned the value of teamwork and proactive participation. Today, as Princess Guest Services Manager for the Anchorage Transportation and Guest Services Division, my life is still right on track.

I’m proud to work for a company who sponsors the Alaska School Activities Association (ASAA), providing today’s young Alaskans with 22 sports and activities to enrich their lives and ensure Alaska’s future.

- Kathi Porter
Manager, Guest Services

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Team Photos



Anchorage Christian Lions



Barrow Whalers



Colony Knights



Cordova Wolverines



Craig Panthers



Delta Junction Huskies



Dillingham Wolverines



Eagle River Wolves

Team Photos



Effie Kokrine Warriors



Eilson Ravens



Galena Hawks



Hutchison Hawks



Glennallen Panthers



Kodiak Bears



Grace Christian Grizzlies



Lathrop Malemutes



Mt. Edgumbe Braves

Team Photos



Nikolaevsk Warriors



Nome Nanooks



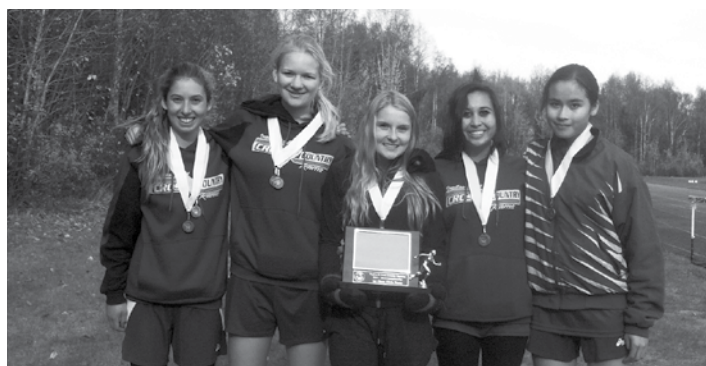
Seward Seahawks



Sitka Wolves



Soldotna Stars



Susitna Valley Rams



Thorne Bay Wolverines



Unalaska Raiders

Team Photos



Wasilla Warriors



West Valley Wolf Pack

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Regional Qualifiers - Girls 4A



Region 3

Region 3 Champions - Colony

Competitor	School	Grade	Time	
Jill Bowker	Colony	9	20:04	_____
Alex Mathis	Colony		20:14	_____
Catheryne Powers	Colony	10	21:23	_____
Elisabeth Bowker	Colony	10	21:31	_____
Coleen Geraghty	Colony	10	21:35	_____
M. E. Meyerhofer	Colony	12	22:05	_____
Jocelyn Kopsack	Colony	12	23:29	_____

Region 3 Runner Up - Soldotna

Olivia Hutchings	Soldotna	11	19:52	_____
Dani McCormick	Soldotna	12	20:19	_____
Daisy Nelson	Soldotna	11	20:55	_____
Sadie Fox	Soldotna	12	21:32	_____
Molly Erickson	Soldotna	10	21:48	_____
Emily Werner	Soldotna	11	22:39	_____
Kellie Arthur	Soldotna	9	23:22	_____

Region 3 Third Place - Kenai Central

Allie Ostrander	Kenai	12	17:48	_____
Riana Boonstra	Kenai	9	20:26	_____
Ithaca Ann Bergholtz	Kenai	9	20:47	_____
Addison Gibson	Kenai	9	21:38	_____
Alex Bergholtz	Kenai	12	22:46	_____
Mackenzie Lindeman	Kenai	10	24:44	_____
Katie Cooper	Kenai	10	24:47	_____

Region 3 Other Qualifiers

Ruby Woodings	Palmer	10	20:40	_____
Riley Burroughs	Wasilla	12	20:45	_____
Zoe Bigley	Kodiak	11	20:56	_____
Melissa De Guzman	Kodiak	9	21:22	_____

Region 4

Region 4 Champions - West Anchorage

Competitor	School	Grade	Time	
Molly Gellert	West Anchorage		19:24	_____
Victoria Mayer	West Anchorage	9	19:45	_____
Kayle Blackmore	West Anchorage	12	19:49	_____
Lydia Blanchet	West Anchorage	12	19:59	_____
Fiona Fick	West Anchorage	9	20:09	_____
Maggie York	West Anchorage	10	20:30	_____
Claire Walker	West Anchorage	12	21:33	_____

Region 4 Runner Up - Chugiak

Sara Hartke	Chugiak	11	19:45	_____
Brynn Kruchoski	Chugiak	9	20:05	_____
Hannah Booher	Chugiak	11	20:27	_____
Emma Nelson	Chugiak	9	20:41	_____
Kaylee Manwaring	Chugiak	9	20:41	_____
Clare Cook	Chugiak	11	20:48	_____
Lauren Devine	Chugiak	9	21:26	_____

Region 4 Third Place - Eagle River

Nikole Boggs	Eagle River	12	19:46	_____
Peyton Young	Eagle River	10	20:10	_____
Veronica Stewart	Eagle River	10	20:21	_____
Emma Tvelia	Eagle River	10	20:56	_____
Summer Frazier	Eagle River	11	21:03	_____
Kate Paskievitch	Eagle River	10	21:10	_____
Tessa Heagy	Eagle River	11	22:17	_____

Region 4 Fourth Place - South Anchorage

Morgan Lash	South Anchorage	11	19:09	_____
Hannah Brown	South Anchorage	10	19:41	_____
Emily Evans	South Anchorage	12	20:50	_____
Naomi Kiekintveld	South Anchorage	11	21:24	_____
Kaitlyn Bailey	South Anchorage	11	21:40	_____
Abigail Osgood	South Anchorage	10	21:42	_____
Theresa Fernette	South Anchorage	11	21:51	_____

Region 4 Other Qualifiers

Megan Fink	East Anchorage	12	19:35	_____
Aislin Waite	Service	11	19:43	_____
Acadia Graham	East Anchorage	11	19:47	_____
Fiona Pedrick	Bartlett	11	20:17	_____



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Regional Qualifiers - Girls 4A



Region 5

Region 5 Champions - Juneau-Douglas

Competitor	School	Grade	Time	
Kat Barrows	Juneau-Douglas	11	21:52	_____
Maddy Handley	Juneau-Douglas	11	22:02	_____
Jessie Greg	Juneau-Douglas	10	22:16	_____
Claire Uchityl	Juneau-Douglas	10	22:37	_____
Toma Kimlinger	Juneau-Douglas	11	23:06	_____
Rachel Rivers	Juneau-Douglas	12	23:26	_____
Alicia Norton	Juneau-Douglas	12	23:34	_____

Region 5 Other Qualifiers

Naomi Welling	Thunder Mountain	11	19:32	_____
Erin Wallace	Thunder Mountain	9	20:11	_____
Erika Rodanhisler	Ketchikan	9	20:41	_____
Desiree De Mello	Ketchikan	10	22:05	_____
Sarah Cool	Ketchikan	11	22:50	_____
Kaylah Duncan	Thunder Mountain	9	22:52	_____

Region 6

Region 6 Champions - West Valley

Competitor	School	Grade	Time	
Jenna Difolco	West Valley		19:34.9	_____
Nieca Murphy	West Valley		20:55.8	_____
Emily Maynard	West Valley	10	21:04.9	_____
Sophie Prichard	West Valley		21:05.3	_____
Brooke Gottmeier	West Valley		21:32.9	_____
Zoe Ratzlaff	West Valley		22:11.4	_____
Aubrea Stoltz	West Valley		22:17.7	_____

Region 6 Runner Up - Lathrop

Allison Hebard	Lathrop	12	20:13.2	_____
Autumn Fournier	Lathrop	11	20:21.0	_____
Lupua Oba	Lathrop	10	21:25.6	_____
Mackenzie Parrott	Lathrop	12	23:31.1	_____
Cristina Mondelli	Lathrop	11	24:29.9	_____
Grace Burrell	Lathrop	11	24:45.3	_____
Emma Shawcroft	Lathrop	9	25:01.2	_____

Region 6 Other Qualifiers

Kailey Fowlkes	North Pole	9	21:22.5	_____
Chase Stewart	North Pole	9	21:56.5	_____



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Regional Qualifiers - Boys 4A



Region 3

Region 3 Champions - Kodiak

Bib	Competitor	School	Time	
	Levi Thomet	Kodiak	12	16:03 _____
	Keith Osowski	Kodiak	10	17:37 _____
	Michael Parnell	Kodiak	11	17:39 _____
	Jack Hannah	Kodiak	10	17:49 _____
	Levi Fried	Kodiak	12	17:56 _____
	Richie McKinney	Kodiak	11	17:57 _____
	Anthony Rubina	Kodiak	12	18:30 _____

Region 3 Runner Up - Wasilla

	Quincy Fuller	Wasilla	11	17:41 _____
	Justin Gentz	Wasilla	12	17:49 _____
	Colton Pulver	Wasilla	12	17:58 _____
	Lane Reed	Wasilla	12	18:08 _____
	Sam Loyer	Wasilla	12	18:27 _____
	Isaak Bell	Wasilla	9	18:27 _____
	Karl Greathouse	Wasilla	11	18:44 _____

Region 3 Third Place - Kenai

	Jonah Theisen	Kenai	12	16:48 _____
	Jordan Theisen	Kenai	12	17:32 _____
	Travis Cooper	Kenai	12	17:49 _____
	Ian Ashley	Kenai	12	19:18 _____
	Karl Danielson	Kenai		19:36 _____
	James Butler	Kenai	11	19:46 _____
	Tristan Landry	Kenai	10	20:03 _____

Region 3 Other Qualifiers

	Aaron Swedberg	Soldotna	11	17:46 _____
	Tracen Knopp	Colony	10	17:52 _____
	Dakota Peterson-Thompson	Colony	11	58:00.0 _____

Region 4

Region 4 Champions - West Anchorage

Bib	Competitor	School	Time	
	Finn Walker	West Anchorage	10	16:22 _____
	Luke Jager	West Anchorage	9	16:30 _____
	Foster Birnbaum	West Anchorage	10	16:58 _____
	Cannen Burgess	West Anchorage	11	17:05 _____
	Brian Britt	West Anchorage	10	17:10 _____
	Brycen Lynch	West Anchorage	9	17:29 _____
	Joaquin Monterrosa	West Anchorage	10	17:30 _____

Region 4 Runner Up - South Anchorage

	Spencer Mitton	South Anchorage	12	16:45 _____
	Hamish Wolfe	South Anchorage	10	16:51 _____
	Hunter Wonders	South Anchorage	10	17:09 _____
	Will Balcao	South Anchorage	11	17:13 _____
	Lyle Chamberlain	South Anchorage	10	17:16 _____
	Derek Steele	South Anchorage	11	17:26 _____
	Luke Meiwes	South Anchorage	10	17:28 _____

Region 4 Third Place - Service

	Gilleen Szeda-Mittelstadt	Service	12	16:46 _____
	Gus Schumacher	Service	9	16:49 _____
	Hunter Thompson	Service	11	17:05 _____
	Riley Howard	Service	11	17:23 _____
	Justin Carpenter	Service	10	17:35 _____
	Fintan Nakada	Service	10	17:43 _____
	Bailey Milani	Service	10	17:48 _____

Region 4 Fourth Place - Eagle River

	Jacob Walsh	Eagle River	11	16:52 _____
	Alec Smith	Eagle River	12	17:18 _____
	Luke Mouracade	Eagle River	9	17:38 _____
	Keegan Crow	Eagle River	12	17:49 _____
	Michael Altenburg	Eagle River	9	17:58 _____
	Randol Denney	Eagle River	9	18:12 _____
	Christian Fabacher	Eagle River	11	18:57 _____

Region 4 Other Qualifiers

	Ty Jordan	Chugiak	11	16:01 _____
	Chandler Lokanin	Dimond	12	16:30 _____
	Zephan Ozturgut	East Anchorage	9	16:53 _____



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Regional Qualifiers - Boys 4A

Region 5

Region 5 Champions - Juneau-Douglas

Competitor	School	Grade	Time	
Riley Moser	Juneau-Douglas	12	16:41.7	_____
Ethan Goebel	Juneau-Douglas	10	17:13.0	_____
Alize Arthur	Juneau-Douglas	11	17:15.4	_____
Brian Holst	Juneau-Douglas	11	17:29.2	_____
Corey Box	Juneau-Douglas	10	18:12.7	_____
Russell Healy	Juneau-Douglas	10	19:38.9	_____

Region 5 Other Qualifiers

Sylvan Blankenship	Ketchikan	11	17:14.8	_____
Christopher Llanos	Ketchikan		17:20.0	_____
Michael Lohrey	Thunder Mountain	12	17:27.6	_____
Leif Svenson	Ketchikan	11	18:16.4	_____
Trent Rodanhisler	Ketchikan	10	18:25.1	_____

Region 6

Region 6 Champions - West Valley

Competitor	School	Grade	Time	
Max Donaldson	West Valley	12	16:58.4	_____
Jonathan Koenig	West Valley	12	17:08.0	_____
Spencer Herron	West Valley	11	17:17.0	_____
Ti Donaldson	West Valley	9	17:23.5	_____
Benjamin Koenig	West Valley		17:26.2	_____
Joe Bue	West Valley	11	17:37.9	_____

Region 6 Runner Up - Lathrop Malemutes

Vance Underwood	Lathrop	11	17:21.9	_____
Enoch Porter	Lathrop	11	17:24.6	_____
Logan Mowry	Lathrop	10	17:28.8	_____
Noah Tsigonis	Lathrop	12	17:32.3	_____
Alex Beehler	Lathrop	11	17:43.2	_____
Parker Trosper	Lathrop		17:57.3	_____
Morgan Trosper	Lathrop	12	18:59.9	_____



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2013 Tournament Results - Girls

123A GIRLS

Champion	GRACE CHRISTIAN 25
Runner-up	Homer 32
3rd place	Petersburg 139
4th place	Delta Junction 152
5th place	Mt. Edgecumbe 157
6th place	Craig 179
7th place	Bethel 185
8th place	Seward 187
9th place	Barrow 191
10th place	Anchorage Christian 211

Academic Award presented by Princess Cruises & Tours:
Anchorage Christian School Lions (3.90)

Top Ten Individual Finishers

1. Briahna Gerlach	Glennallen	18:34.3
2. Taylee Nyquest	Thorne Bay	18:40.5
3. Megan Pitzman	Homer	19:32.7
4. Sara Hamberger	Cordova	19:41.5
5. Rosa Schmidt	Nome	19:49.2
6. Molly Mitchell	Homer	19:50.0
7. Kayla Rowe	Grace Christian	20:05.6
8. Harmony Wayner	Grace Christian	20:07.1
9. Cheyenne Applegate	Grace Christian	20:12.0
10. Jodi Davis	Grace Christian	20:23.5

4A GIRLS

Champion	WEST ANCHORAGE 56
Runner-up	Soldotna 90
3rd place	Wasilla 111
4th place	South Anchorage 118
5th place	Lathrop 139
6th place	Eagle River 158
7th place	Dimond 165
8th place	West Valley 167
9th place	Colony 168
10th place	Thunder Mountain 215

Academic Award presented by Princess Cruises & Tours:
Colony Knights (4.00)

Top Ten Individual Finishers

1. Allie Ostrander	Kenai	17:49.5
2. Alex Mathis	Wasilla	18:57.8
3. Maddie Hall	Thunder Mountain	19:04.1
4. Olivia Hutchings	Soldotna	19:07.7
5. Mariah Burroughs	Wasilla	19:24.8
6. Kayle Blackmore	West Anchorage	19:27.2
7. Jenna Difolco	West Valley	19:27.4
8. Dani McCormick	Soldotna	19:27.4
9. Morgan Lash	South Anchorage	19:28.7
10. Brooke Lizotte	Lathrop	19:34.3

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2013 Tournament Results - Boys



123A Boys

Champion	GRACE CHRISTIAN 35
Runner-up	Anchorage Christian 42
3rd place	Homer 95
4th place	Seward 98
5th place	Sitka 126
6th place	Kotzebue 199
7th place	Mt. Edgecumbe 210
8th place	Eielson 213
9th place	Wrangell 230
10th place	Chevak 235

Academic Award presented by Princess Cruises & Tours:
Seward Seahawks (3.71)

Top Ten Individual Finishers

1. Daniel Serventi	Grace Christian	16:20.4
2. Austin Monzon	Anchorage Christian	16:36.9
3. Kaleb Korta	Galena	16:37.7
4. Matthew Moore	Seward	16:44.0
5. Pedro Ochoa	Homer	16:58.7
6. Hans Karlberg	Grace Christian	16:59.4
7. Michael Todd	Anchorage Christian	17:02.7
8. Keaton Evans	Anchorage Christian	17:03.5
9. Ivan David Isaacs	Grace Christian	17:05.1
10. Nate Graves	Anchorage Christian	17:19.4

4A BOYS

Champion	WEST VALLEY 66
Runner-up	West Anchorage 81
3rd place	Kodiak 122
4th place	Kenai 122
5th place	South Anchorage 130
6th place	Chugiak 130
7th place	Juneau-Douglas 156
8th place	Colony 164
9th place	Lathrop 178
10th place	Service 200


Academic Award presented by Princess Cruises & Tours:
South Anchorage Wolverines (3.83)

Top Ten Individual Finishers

1. Levi Thomet	Kodiak	15:10.8
2. Ty Jordan	Chugiak	16:06.5
3. Jordan Theisen	Kenai	16:12.7
4. Jonah Theisen	Kenai	16:12.8
5. Max Donaldson	West Valley	16:13.7
6. Erich Hoefler	West Valley	16:17.9
7. Larkin Lynch	West Anchorage	16:20.6
8. Sam King	Lathrop	16:21.7
9. Seiji Takagi	South Anchorage	16:27.1
10. John Farr	East Anchorage	16:32.1

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