

SWIMMING & DIVING



- 2013 Championship Schedule
- 2013 Event Lineups
- 2013 Team Photos

FOR MORE INFORMATION, GO TO: WWW.ASAA.ORG





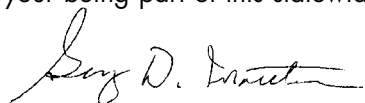
***take the
pledge***

ItCanWait.com


[#ItCanWait](https://twitter.com/ItCanWait)

Welcome from ASAA

On behalf of the Alaska School Activities Association Board of Directors and ASAA's corporate partners, welcome to the 2013 ASAA/First National Bank Alaska State High School Swimming & Diving Championships! To the student-athletes, we applaud your dedication to doing your best ... for yourself and your school. To the coaches and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate your being part of this statewide championship event



Gary Matthews, ASAA Executive Director

Table of Contents

• Championship Schedule.....	3
• Recordbook: Team Champions	7
• Swim Team Photos.....	21-25
• Recordbook: Individual Champions	36
• Events — Preliminary and Final Line-ups:	
Event 1 200 Medley Relay — Women.....	9
Event 2 200 Medley Relay — Men	9
Event 3 200 Freestyle — Women.....	11
Event 4 200 Freestyle — Men	11
Event 5 200 Individual Medley — Women.....	13
Event 6 200 Individual Medley — Men	13
Event 7 50 Freestyle — Women.....	15
Event 8 50 Freestyle — Men	15
Event 9 1M Diving — Women	17
Event 10 1M Diving — Men.....	17
Event 11 100 Butterfly — Women.....	19
Event 12 100 Butterfly — Men	19
Event 13 100 Freestyle — Women.....	27
Event 14 100 Freestyle — Men	27
Event 15 500 Freestyle — Women.....	29
Event 16 500 Freestyle — Men	29
Event 17 200 Freestyle Relay — Women	31
Event 18 200 Freestyle Relay — Men.....	31
Event 19 100 Backstroke — Women	33
Event 20 100 Backstroke — Men.....	33
Event 21 100 Breaststroke — Women	35
Event 22 100 Breaststroke — Men.....	35
Event 23 400 Freestyle Relay — Women	37
Event 24 400 Freestyle Relay — Men.....	37

Sportsmanship Creed

"This contest is being played under the authority of the Alaska School Activities Association. ASAA rules provide for fair play and good sportsmanship among athletes and coaches. Since booing and jeering do not support anyone, we expect fans to be positive in supporting their favorite team with encouraging comments and cheers. Please refrain from words or actions that would reflect negatively on your school and team. In other words, BE A FAN—NOT A FANATIC."

About the Cover: Photos taken during the 2012 ASAA State High School Swimming and Diving Championships.

Photos by Kevin Lane Photography.



**THE FORD MOTOR COMPANY FUND AND YOUR
LOCAL FORD STORE ARE TEAMING UP TO
FIGHT CHILD HUNGER!**



2013 Championship Schedule

Dimond Park Aquatic Center

Hosted By: Glacier Swim Club & Juneau-Douglas School District

FRIDAY , NOVEMBER 8, 2013

Swimming Preliminaries

7:45 am: CJ/Starter/Ref Meeting
8 - 9 am: 1st Swimming Warm-Ups (assigned after seeding meeting)
9 - 10 am: 2nd Swimming Warm-Ups (assigned after seeding meeting)
9:00 am: All Swim Officials Meeting
10:10 am: National Anthem
10:15 am: Swimming Prelims (Intervals between event sets possible/NO guarantees)
1:15 pm: Swimming Prelims Over

Diving Preliminaries

12:45 pm: Diving Judges Meeting
1:30 pm: Girls Warmups
2:15 pm: Girls Diving (16 to 12)
Boys Warmups
Boys Diving (16 to 12)
5:30 pm: Diving Prelims Over

Diving Semi-Finals

6:00 pm: Dive Judges Meeting (if needed)
6:30 pm: Girls Diving Warmup
Girl Diving Semi's (12 to 8)
Boys Semi Diving Warmups
Boys Diving Semi's (12 to 8)
9:00 pm: Diving Semi-Finals Over

SATURDAY , NOVEMBER 9, 2013

9:00 am Diving Warmup
9:30 am Pool Cleared to prepare for swim
9:45 am Pool Warm Ups - FINALISTS ONLY
9:45 am Swim Ref/Starter/LCJ Meeting
10:55 am National Anthem

Swimming/Diving Finals 11:00 am

Event 1 200 Medley Relay-Girls
Event 2 200 Medley Relay-Boys
Event 3 200 Freestyle-Girls
Event 4 200 Freestyle-Boys
Event 5 200 Ind. Medley-Girls
Event 6 200 Ind. Medley-Boys
Event 7 50 Freestyle-Girls
Event 8 50 Freestyle-Boys
Event 9 1M Diving Finals-Girls
Event 10 1M Diving Finals-Boys
Event 11 100 Butterfly-Girls
Event 12 100 Butterfly-Boys
Event 13 100 Freestyle-Girls

Event 14 100 Freestyle-Boys
Event 15 500 Freestyle-Girls
Event 16 500 Freestyle-Boys
Event 18 200 Freestyle Relay-Boys
Event 19 100 Backstroke-Girls
Event 20 100 Backstroke-Boys
Event 21 100 Breaststroke-Girls
Event 22 100 Breaststroke-Boys
Event 23 400 Freestyle Relay-Girls
Event 24 400 Freestyle Relay-Boys

6:15 pm Team Awards
6:30 pm State Meet Over

SPECIAL NOTES:

Individual Awards are presented following events / Team Awards are presented following last event. Final timeline to be published after seeding meeting. Follow timeline for Finals for all past ASAA STATE SWIM DIVE MEET with exception of diving warm-ups at end of 50 free will only be ONE Entry limit for divers. Diving Finals will start followed directly by rest of swim finals with min. required warm ups. Swim lanes in lap pool will be open during diving for swimmers needed additional time.

SCHOOLS WITH SWIM & DIVE PROGRAMS

BARTLETT
CHUGIAK
COLONY
CORDOVA
CRAIG
DIMOND
EAGLE RIVER
EAST
HAINES
HOMER
HUTCHISON
IDEA
JUNEAU
KENAI
KETCHIKAN
KODIAK
LATHROP
METLAKATLA
MONROE CATHOLIC
MT. EDGE CUMBE
NOME
NORTH POLE
PALMER
PETERSBURG
SERVICE
SEWARD
SITKA
SKYVIEW
SOLDOTNA
SOUTH
THUNDER MOUNTAIN
UNALASKA
VALDEZ
WASILLA
WEST
WEST VALLEY



SWIMMING & DIVING 2013

Thank You Local Sponsors for Your Support.



Kito, Inc.



Here's the
definition of
"one for the road."



Over **HALF** of all teen driving deaths involve alcohol! Here are three sobering facts you will never see in a beer commercial:

- 80% of alcohol-related fatalities are caused by beer consumption
- 11,769 impaired drivers **DIED** in 2009, over 700,000 injured.
- **ONE** beer is the equivalent of a shot of 80 proof hard liquor.

Drive as if your life depends on it.

It does!



Play for Keeps
Win For Life!

www.playforkeepsalaska.org



Rent from Thrifty and Score Big



In Anchorage:
907-276-2855

1-800-THRIFTY®
Thrifty.com

2 locations to serve you:
Ted Stevens Anchorage Int'l Airport
or Spenard Road & Minnesota Drive

Thrifty features a wide selection of quality vehicles. ©2012 Floyd and Sons, Inc. A licensee of Thrifty Rent-A-Car System, Inc.

Thrifty
Car Rental



50/50 Raffle

LASKA
FUTURE SPORTS
BENTON BAY ATHLETIC LIONS

*Watch for the Gold and
you may win the Green!*

Benton Bay Athletic Lions, dressed in gold, will be circulating among you during the game, selling tickets for the 50/50 Raffle. Buy a chance and you could win one-half (50%) of the total proceeds from ticket sales at each contest. You will also become part of a major source of revenue support for Alaska School Activities Association activities - 25% of the proceeds goes directly to ASAA.

The 50/50 Raffle is simple and easy to play. One raffle ticket costs just \$1 and \$5 buys six tickets. Or purchase 13 chances to win for just \$10! The winning ticket will be announced during the final minutes of the game. Join thousands of fans who support ASAA athletics. Play the Benton Bay Athletic Lions 50/50 Raffle each game.
You could take home the Green!

BELIEVE IN THE BUILDING



We believe in the home. We believe in the office park. We believe in the building and we want to help you make each one great. We operate more than 20 building material facilities all across the state, all devoted to those who create the buildings that shape Alaska. We are Spenard Builders Supply. And we believe in the building. If you do too, visit us at www.sbsalaska.com.

- Lumber
- Cabinets
- Decking
- Doors
- Windows
- Insulation
- Millwork
- Roofing
- Paint

YOUR SOURCE FOR ALL YOUR HOME IMPROVEMENTS

21 locations statewide

Spenard Builders Supply
PROBuild

www.sbsalaska.com

Recordbook - Team Champions



GIRLS TEAM AWARDS

Year	First Place	Runnerup	Academic Award
1976	BARTLETT	DIMOND	
1977	KETCHIKAN	DIMOND	
1978	KETCHIKAN (90)	DIMOND (44)	
1979	KETCHIKAN (67)	DIMOND (55)	
1980	KETCHIKAN (44)	JUNEAU (41)	
1981	WEST (48)	EAST (44)	
1982	BARTLETT (47)	DIMOND (44)	
1983	JUNEAU (54.5)	BARTLETT (44)	
1984	DIMOND (70)	BARTLETT (62)	
1985	DIMOND (68)	BARTLETT (50)	
1986	BARTLETT (77)	SERVICE (44)	
1987	BARTLETT (68.5)	WEST VALLEY (48.5)	
1988	SERVICE (67)	BARTLETT (38.5)	
1989	EAST & SERVICE (Tied with 54 points)		W. VALLEY (3.77)
1990	EAST (85)	SERVICE (69)	
1991	EAST (75)	SERVICE (64)	HOMER (3.87)
1992	DIMOND (88)	SERVICE (60)	
1993	DIMOND (92)	WEST VALLEY (39)	
1994	DIMOND (89)	SERVICE (54)	W. VALLEY (3.77)
1995	LATHROP (125)	DIMOND	CHUGIAK (3.64)
1996	SERVICE (138)	LATHROP (90)	CHUGIAK
1997	SERVICE (125)	LATHROP (92)	CHUGIAK (3.87)
1998	LATHROP (130)	SERVICE (113)	SKYVIEW (3.79)
1999	LATHROP (102)	SERVICE (101)	SITKA (4.00)
2000	SERVICE (122.5)	DIMOND (80)	PETERSBURG (3.88)
2001	SERVICE (144.5)	SOLDOTNA (59.5)	PETERSBURG (3.94)
2002	SOLDOTNA (94)	SERVICE (92)	W. VALLEY (4.00)
2003	SERVICE (116)	LATHROP (79)	SITKA (3.96)
2004	SERVICE (90)	JUNEAU (89)	PETERSBURG (3.80)
2005	JUNEAU (101.5)	SOUTH (70)	NORTH POLE (3.77)
2006	JUNEAU (140)	SERVICE (75)	NORTH POLE (3.93)
2007	JUNEAU (131)	SERVICE (69)	LATHROP (3.90)
2008	SERVICE (121)	EAST (78.5)	SERVICE (3.82)
2009	SERVICE (113)	KODIAK (69)	SERVICE (3.88)
2010	SERVICE (94)	KODIAK (93)	KENAI (3.91)
2011	KODIAK (118)	KETCHIKAN (81)	Soldotna Stars (3.90)
2012	KODIAK (100)	DIMOND (79)	DIMOND (3.56)

BOYS TEAM AWARDS

Year	First Place	Runnerup	Academic Award
1976	WEST ANCHORAGE	BARTLETT	
1977	BARTLETT	WEST ANCHORAGE	
1978	KETCHIKAN (83)	WEST (59)	
1979	WEST (62)	KETCHIKAN (45)	
1980	KETCHIKAN (47)	BARTLETT & WEST VALLEY (43)	
1981	SERVICE (70)	DIMOND (59)	
1982	KETCHIKAN (58)	DIMOND (46)	
1983	BARTLETT (92)	SERVICE (35)	
1984	JUNEAU (50)	DIMOND (44)	
1985	CHUGIAK (55)	DIMOND (53)	
1986	BARTLETT (54)	SERVICE (53)	
1987	SERVICE (59)	BARTLETT (51)	
1988	SERVICE (76)	DIMOND (42)	
1989	SERVICE (77.5)	CHUGIAK (40)	DIMOND (3.70)
1990	SERVICE (90.5)	KETCHIKAN (52)	
1991	SERVICE (64)	JUNEAU (54)	JUNEAU (3.75)
1992	SERVICE (67)	JUNEAU (42)	
1993	SOLDOTNA (66.5)	LATHROP (58)	
1994	DIMOND (86)	LATHROP (52)	DIMOND (3.56)
1995	DIMOND (89)	SERVICE (55)	W. VALLEY (3.59)
1996	SERVICE (124)	DIMOND (91)	EAST ANCH.
1997	DIMOND (154)	PETERSBURG (66)	PALMER (3.62)
1998	DIMOND (111.5)	PETERSBURG 82)	SITKA (3.82)
1999	DIMOND (109)	SOLDOTNA (90)	EAST (3.65)
2000	DIMOND (109)	SOLDOTNA (93)	SOLDOTNA (3.61)
2001	DIMOND (74)	LATHROP (70)	VALDEZ (3.63)
2002	SOLDOTNA & JUNEAU (tied with 76 points)		KETCHIKAN (3.75)
2003	LATHROP (116)	SERVICE (97)	W. VALLEY (3.79)
2004	JUNEAU (86)	KODIAK (79)	EAST ANCH. (3.68)
2005	SITKA (85)	EAST (55)	WEST ANCH. (3.76)
2006	sitka (85)	east (71)	juneau (3.82)
2007	EAST ANCH. (103)	DIMOND (70)	LATHROP (3.80)
2008	JUNEAU (102)	DIMOND (81)	LATHROP (3.80)
2009	DIMOND (99)	JUNEAU (84)	LATHROP (3.91)
2010	DIMOND (91)	SOUTH (63.5)	LATHROP (3.97)
2011	DIMOND (129)	SITKA (59)	Petersburg Vikings (3.78)
2012	DIMOND (131)	SITKA (67)	WEST VALLEY (3.70)

We set the standard



Alaskan Memories *Awards for All Occasions*



401 W. Northern Lights Blvd. Suite 3 • Anchorage, AK 99503
(907) 277-1124 • Fax: 272-1943



ALASKA FINANCIAL ASSOCIATES

financial planning
for a better tomorrow

Terry P. Welsh, CFP[®], ChFC, CLU

621 Pine B, Ketchikan • 225-0619

1400 K Street, Anchorage • 276-0619

Email to: afa@afa-associates.com • **Fax number:** 866-905-8876

Securities offered through NATIONAL PLANNING CORPORATION (NPC), Member
NASD/SPIC

Advisory services offered through the Planners Network, Inc. (TPN).

AFA, NPC, and TPN are separate and unrelated companies

PERSONAL AND BUSINESS PLANNING

Event Lineups

EVENT 1 WOMEN 200 MEDLEY RELAY

STATE RECORD: 2007 • Juneau-Douglas • 1:47.86 • (Rutecki, Heifetz, Bogert M., Bogert S.)

Lane	Team	Seed	Time
------	------	------	------

Heat 1 of 1 Timed Finals

1	SEW	1:58.93	
---	-----	---------	--

1) Barnwell, Isabel 2) Beckham, Olivia 3) Degnan, Jessica 4) Hamner, Sasha

2	SOHI	1:57.34	
---	------	---------	--

1) English, Megan 2) Henry, Rachel 3) Groleske, Kaitlyn 4) Weeks, Alex 5) Silta, Molly 6) Henry, Isabell
7) Harbison, Xochi 8) Selden, Emma

3	ERHS	1:52.49	
---	------	---------	--

1) Bruce, Jordyn 2) Geskey, Julia 3) Min, Esther 4) Maker, Kate 5) Coy, Samantha 6) Fischer, Sarah
7) Fox-Singh, Courtney 8) Berard, Emily

4	DHS	1:49.78	
---	-----	---------	--

1) Rohde, Arianna 2) Wilcox, Jenny 3) Wray, Kari 4) Hampton, Alyssa 5) Williams, Kendal 6) Oakley, Madeleine
7) Hanson, Olivia 8) Husa, Emily

5	JDHS	1:51.82	
---	------	---------	--

1) Mertz, Haley 2) Ruffin, Mia 3) Isaak, Dakota 4) Walsh, Rielly 5) Kelly, Ciera 6) Kito, Gabi
7) Hamrick, Kaia 8) Kaelke, Sophia

6	CHS	1:54.05	
---	-----	---------	--

1) Burke, Sammy 2) Jennings, Emmie 3) Blackstone, Abby 4) Headrick, Marissa 5) Williams, Bea 6) Bookout, Brandy
7) Parker, Katie 8) Babin, Hannah

7	SAHS	1:58.63	
---	------	---------	--

1) Schoff, Amber 2) Stewart, Erica 3) Hodgson, Joley 4) Wilson, Taylor 5) Dike, Ashley 6) Chan, Shannon
7) Wichorek, Mary 8) Shannon, Alex

8	NPHS	2:02.35	
---	------	---------	--

1) Villa, Maria 2) Hood, Martha 3) Boatman, Hannah 4) Edsell, Alicia 5) Graham, Alisha 6) Shilanski, Veronica
7) Sommer, Amber 8) Williams, Kimberly

Alternates

1	Colony	1:59.51	
---	--------	---------	--

1) Crosley, Rachel 2) Dean, Alta 3) Grobe, Julia 4) Kinworthy, Sierra 5) Maffe, Micah 6) Sterner, Brianne
7) Sullivan, Anne 8) Zugg, Eliza

2	Thunder Mountain High School	1:59.64	
---	------------------------------	---------	--

1) Beardslee, Taylor 2) Brockman, Hannah 3) Bogatko, Dana 4) Ferster, Naomi 5) Gregory, Madison 6) Heaton, Aly
7) McCormick, Erika 8) Yaletchko, Jamie

EVENT 2 MEN 200 MEDLEY RELAY

STATE RECORD: 2009 • JUNEAU-DOUGLAS 1:36.33 Brunette, Cayce, Mickelson, Rutecki

Lane	Team	Seed	Time
------	------	------	------

Heat 1 of 1 Timed Finals

1	DHS	1:43.09	
---	-----	---------	--

1) Horwath, Matthew 2) O'Brien, Jarod 3) Alfano, Nathan 4) Monaghan, Thomas 5) Summers, Michael 6) Hanni, Jacob
7) Cvanara, Luke 8) Jefferies, Jordan

2	SHS	1:42.15	
---	-----	---------	--

1) Hogue-Corwin, EZ 2) Adams, Nathaniel 3) Krasnican, Thomas 4) Haas, John 5) Berlin, Jackson 6) Kim, Wongi
7) Bruce, Nikolaus 8) Rogers, Jonah

3	KHS	1:40.27	
---	-----	---------	--

1) Schauff, Dytan 2) Lincoln, Nicholas 3) James, Blake 4) Much, Max 5) Hanson, River 6) Anderson, Jonas
7) Schauff, Nathan 8) Kirchenshlager, Sam

4	TMHS	1:38.75	
---	------	---------	--

1) Jones, Trevor 2) Fox, Kenny 3) O'Brien, Thane 4) Loseby, Josiah 5) Allio, Dylan 6) Land, Austin
7) Davis, Jordan 8) Walsh, Calvin

5	SITKA	1:39.24	
---	-------	---------	--

1) Belley, Louis 2) Harang, Justin 3) Miller, RJ 4) Combs, Spencer 5) Harang, Brady 6) McArthur, Evan
7) Pate, Will 8) Chadwick, Miles

6	SAHS	1:41.89	
---	------	---------	--

1) Dragomir, Dakota 2) Emili, Ryan 3) Dupree, Marshall 4) Lai, Nathan 5) Hiles, Nathan 6) Behm, AJ
7) Wolcott, John 8) Wito, Lucas

7	ERHS	1:42.88	
---	------	---------	--

1) Fox-Icarro, Blaise 2) Fast, Brandon 3) Floyd, Nigel 4) Fox-Icarro, Bryce 5) Korzon, Erik 6) Korzon, Mark
7) McGee, Brady 8) Min, Joseph

8	WVHS	1:43.82	
---	------	---------	--

1) O'Donoghue, Tommy 2) Marquis, Louis 3) Stout, Caleb 4) Nicholson, Ryan 5) Chen, Richard 6) O'Donoghue, Tristan
7) Chen, David

Alternates

1	Soldotna	1:44.23	
---	----------	---------	--

1) Corone-Cain, Chase 2) Creglow, Jacob
3) Hunter, Dustin 4) McElroy, Daniel
5) Watkins, Cody 6) Christenson, Brent
7) Lazaros, Nathaniel 8) Kincaid, Cody

2	Colony	1:44.25	
---	--------	---------	--

1) Bloom, Zach 2) Kessler, Alex 3) Anderson, Joseph 4) Udamporn, Larkin 5) Denny, Triston 6) Amato, Elliot
7) Hondl, Kenneth 8) Tira, Isaiah

special. like you.

NOT EVERYONE CAN BE ALASKAN.

Club 49 is our free loyalty rewards program only for Alaskans. Members get exclusive benefits, like two free checked bags when traveling to or from Alaska. Join today and get more travel, more shipping, more fun. With Club 49, Alaskans get more.



Alaska Airlines



Alaska Air Cargo

alaskaair.com

| CLUB 49 - OUR EXCLUSIVE PROGRAM FOR ALASKANS

| alaskacargo.com

Event Lineups



EVENT 3

WOMEN 200 FREESTYLE

STATE RECORD: 2007 • Meghan Cavanaugh, East • 1:50.02

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Sato, Ripple	DHS	2:05.32	_____
2	Kinworthy, Sierra	COLHS	2:02.22	_____
3	Groleske, Kaitlyn	SOHI	2:01.41	_____
4	Burke, Sammy	CHS	1:53.86	_____
5	Kito, Gabi	JDHS	1:59.43	_____
6	Stephens, Maddy	KAYHI	2:01.80	_____
7	Heaton, Cassidy	WVHS	2:03.02	_____
8	Horne, Brittany	kHS	2:04.05	_____

Heat 2 of 2 Prelims

1	Blackstone, Abby	CHS	2:04.18	_____
2	O'Brien, Kiera	KAYHI	2:01.97	_____
3	Kaelke, Sophia	JDHS	2:00.50	_____
4	Hughes, Ila	KHS	1:53.30	_____
5	Wilcox, Jenny	DHS	1:55.20	_____
6	Maker, Kate	ERHS	2:01.56	_____
7	Mertz, Haley	JDHS	2:02.84	_____
8	Tarbeth, Emma	SHS	2:05.88	_____

Alternates

1	Ross, Taylor	DHS	2:06.38	_____
2	Hanson, Sarah	PHS	2:06.45	_____

EVENT 4

MEN 200 FREESTYLE

STATE RECORD: 2008 • Cody Brunette (Juneau) 1:40.58

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Hanson, River	KHS	1:53.90	_____
2	Alfano, Nathan	DHS	1:51.54	_____
3	Fox-Icarro, Bryce	ERHS	1:49.77	_____
4	O'Brien, Jarod	DHS	1:47.42	_____
5	Bloom, Zach	COLHS	1:48.96	_____
6	Min, Joseph	ERHS	1:51.34	_____
7	Nore, Kelsey	NPHS	1:52.49	_____
8	Floyd, Nigel	ERHS	1:56.16	_____

Heat 2 of 2 Prelims

1	Nagel, Mark	HOMER	1:53.04	_____
2	Walsh, Calvin	TMHS	1:51.45	_____
3	James, Blake	KHS	1:49.29	_____
4	Summers, Michael	DHS	1:43.60	_____
5	Kowalski, Vince	PETER	1:48.40	_____
6	Pate, Will	SITKA	1:50.18	_____
7	Chen, Richard	WVHS	1:52.05	_____
8	Martin, Zachary	CHS	1:55.70	_____

Alternates

1	Weaver, Jack	SITKA	1:57.30	_____
2	Lambert, Dan	KHS	1:57.41	_____

Teamwork provides perfect backdrop for working at home in Alaska



I was born and raised in Alaska, and have come to appreciate the amazing natural beauty of the 49th state.

As a high school student, my future was just as uncertain as anyone else, but participation in ASAA activities helped point me in the right direction.

Teamwork, camaraderie, and dedication were valuable skills I learned through participation in East High School's tennis team.

Today, as a Guest Services Supervisor, I put those skills to use everyday. I'm proud to work for a company who sponsors ASAA, and their investment in the future of Alaska's youth.

- Jonathon Taylor

Guest Services Supervisor

For more information about employment possibilities
in Alaska with Princess Cruises, go to
www.alaskatourjobs.com


PRINCESS CRUISES
escape completely®

Event Lineups



EVENT 5

WOMEN 200 INDIVIDUAL MEDLEY

STATE RECORD: 2002 • Sarah Rockwell, West Anchorage • 2:07.05

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Snelders, Millie	PHS	2:24.47	_____
2	Schoff, Amber	SAHS	2:16.68	_____
3	Ruffin, Mia	JDHS	2:13.75	_____
4	Jennings, Emmie	CHS	2:08.45	_____
5	DeGeorge, Tara	WHS	2:12.21	_____
6	Taylor-Roth, Abigail	JDHS	2:14.82	_____
7	Hanson, Olivia	DHS	2:18.96	_____
8	Macinko, Illa	KHS	2:26.94	_____

Heat 2 of 2 Prelims

1	Dahlberg, Shania	PETER	2:22.40	_____
2	Bruce, Jordyn	ERHS	2:15.59	_____
3	Geskey, Julia	ERHS	2:13.46	_____
4	Lindquist, Tahna	KHS	2:05.33	_____
5	Oakley, Madeleine	DHS	2:12.04	_____
6	Rohde, Arianna	DHS	2:14.05	_____
7	Brockman, Hannah	TMHS	2:18.92	_____
8	Thorsen, Zoe	WVHS	2:25.58	_____

Alternates

1	Wetterhall, Vanessa	WVHS	2:27.15	_____
2	GonwaRamonda, Addie	JDHS	2:27.42	_____

EVENT 6

BOYS 200 INDIVIDUAL MEDLEY

STATE RECORD: 1995 • John Rogers, Lathrop • 1:53.51

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Rogers, Jonah	SHS	2:08.04	_____
2	Cvancara, Luke	DHS	2:06.38	_____
3	Fox-Icarro, Blaise	ERHS	2:02.78	_____
4	Belley, Louis	SITKA	1:57.84	_____
5	Marquis, Louis	WVHS	2:01.13	_____
6	Hanni, Jacob	DHS	2:05.08	_____
7	Kuikhoven, Caleb	KAYHI	2:07.20	_____
8	Korzon, Mark	ERHS	2:09.68	_____

Heat 2 of 2 Prelims

1	Hunter, Dustin	SOHI	2:07.57	_____
2	Marsh, Evan	PETER	2:05.11	_____
3	Emili, Ryan	SAHS	2:02.40	_____
4	Fox, Kenny	TMHS	1:57.55	_____
5	Lincoln, Nicholas	KHS	2:00.71	_____
6	O'Donoghue, Tommy	WVHS	2:03.88	_____
7	Dragomir, Dakota	SAHS	2:07.01	_____
8	Anderson, Joseph	COLHS	2:08.25	_____

Alternates

1	Harang, Justin	SITKA	2:10.39	_____
2	Seid, Aidan	JDHS	2:10.98	_____



POWER THROUGH

Coca-Cola
Coca-Cola of Alaska,
a division of The Odom Corporation

Event Lineups

EVENT 7

GIRLS 50 FREESTYLE

STATE RECORD: 1998 • Maria Reeves, Lathrop • 23.34

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Jarupakorn, Jennifer	BHS	26.18	_____
2	Murphy, Colleen	VHS	25.59	_____
3	Sherrill, Ella	KAYHI	25.19	_____
4	Min, Esther	ERHS	24.70	_____
5	Reid, Megan	SITKA	24.85	_____
6	Isaak, Dakota	JDHS	25.28	_____
7	Barnwell, Isabel	SEW	25.94	_____
8	Hamrick, Kaia	JDHS	26.37	_____

Heat 2 of 2 Prelims

1	Ith, Izabelle	PETER	26.11	_____
2	Hampton, Alyssa	DHS	25.59	_____
3	Graham, Naomi	PHS	24.90	_____
4	Weeks, Alex	SOHI	24.21	_____
5	Stark, Katie	PHS	24.72	_____
6	Hood, Martha	NPHS	25.20	_____
7	Beckham, Olivia	SEW	25.75	_____
8	Snelders, Millie	PHS	26.37	_____

Alternates

1	Williams, Kendal	DHS	26.54	_____
2	Husa, Emily	DHS	27.21	_____

EVENT 8

BOYS 50 FREESTYLE

STATE RECORD: 1996 • Andrew Tainter, Service • 20.91

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Haas, John	SHS	23.60	_____
2	Snelders, John	PHS	23.21	_____
3	McElroy, Daniel	SOHI	22.39	_____
4	Auelbach, Abel	PETER	22.01	_____
5	O'Brien, Thane	TMHS	22.04	_____
6	Stickwan, Micah	CRAIG	22.98	_____
7	McCord, Corbin	KAYHI	23.53	_____
8	Udomporn, Larkin	CHS	23.61	_____

Heat 2 of 2 Prelims

1	McArthur, Evan	SITKA	23.55	_____
2	Behm, AJ	SAHS	22.99	_____
3	Lai, Nathan	SAHS	22.23	_____
4	Adams, Nathaniel	SHS	21.91	_____
5	Hogue-Corwin, EZ	SHS	22.03	_____
6	Jackson, Daniel	PHS	22.93	_____
7	Scranton, Dakota	JDHS	23.43	_____
8	Nicholson, Ryan	WVHS	23.63	_____

Alternates

1	Preece, Sean	NPHS	23.79	_____
2	Fitzgerald, Nolan	WHS	23.80	_____

We're here to get you back in the game.



OPA is dedicated to preventing sports injuries, enhancing athletic performance and providing immediate medical attention on the field of play. That's why OPA provides the services of its certified athletic trainer team free of charge to work with athletes and coaches before, during and after their events. Orthopedic Physicians Anchorage — the right care at the right time.



OPA's Certified Athletic Trainers Alyssa Babcock, Greg Heeter, Mary Jackaway and Lynne Young.

OPA's Injury Walk-in Clinic

7 Days A Week:

Monday - Friday 12 - 8p

Saturday & Sunday 12 - 6p

3801 Lake Otis Parkway, Suite 300

OPAnchorage.com



NOT A CERTIFIED EMERGENCY MEDICAL SERVICE AS DESCRIBED IN ALASKA STATUTE 18.08.082.084,200.

Event Lineups



EVENT 9 GIRLS 1 METER DIVING

STATE RECORD: 1998 • Alaina Patterson, Chugiak • 463.45 points

	Name	School	Qualifying	Total
1	Lewis, Jasmine	HOMER	318.05	
2	Pierce, Terra	TMHS	273.90	
3	Dolma, Katherine	HOMER	266.35	
4	Haxby, Katie	WHS	289.60	
5	Stone, Jami	ERHS	392.95	
6	Burbank, Megan	SAHS	328.95	
7	Heiberg, Tessa	KHS	264.30	
8	Nichols, Sabrina	WVHS	237.95	
9	Lockard, Lara	SAHS	301.15	
10	Soto, Alex	BHS	348.75	
11	Smith, MacKenzie	ERHS	372.85	
12	Panting, Sierra	SAHS	322.25	
13	Shipman, Emily	WVHS	294.40	
14	Durand, Kristen	KCHS	268.55	
15	Wagner, Kendall	WHS	347.95	
16	Peterson, Olivia	CHS	259.65	
Alternates				
1	Haney, Lucy	PHS	241.30	
2	Foster, Katelyn	COLHS	252.35	

EVENT 10 MENS 1 METER DIVING

STATE RECORD: 1982 • Allen Spencer, Chugiak • 517.25 points

	Name	School	Qualifying	Total
1	Waldhaus, Gabe	PHS	298.40	
2	Hall, Ian	HOMER	301.65	
3	Fugere, Shawn	CHS	330.15	
4	Rowe, Brian	HOMER	304.45	
5	Desatoff, Austin	DHS	372.60	
6	Brinster, Kaec	HOMER	301.45	
7	Curtis, Trae	WVHS	224.95	
8	Dudley, Aaron	SAHS	311.10	
9	Jones, Luke	KAYHI	241.75	
10	Campbell, Zach	LHS	434.55	
11	Rochon, Austin	CHS	328.05	
12	Ashwell, Bill	KCHS	308.65	
13	Gross, Cole	KCHS	327.15	
14	Knutson, Connor	SAHS	372.30	
15	Madland, Atticus	DHS	336.70	
16	Randall, John	ERHS	314.30	
Alternates				
1	Branham, Blaine	PHS	292.00	
2	Sivitz, Jeremy	WHS	294.55	

Special Thanks to,



**Your generous support helps
make the Alaska State Swimming &
Diving Championships Possible!**

Event Lineups

EVENT 11

WOMENS 100 BUTTERFLY

STATE RECORD: 2007 • Meghan Cavanaugh, East • 55.59

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Stewart, Erica	SAHS	1:05.50	_____
2	Rohde, Aleah	DHS	1:04.60	_____
3	Kito, Gabi	JDHS	1:02.54	_____
4	Min, Esther	ERHS	58.16	_____
5	Graham, Noelle	PHS	1:01.21	_____
6	McNelly, Riley	VHS	1:03.15	_____
7	Harris, Lily	WHS	1:05.28	_____
8	Castro, Celestina	KCHS	1:05.81	_____

Heat 2 of 2 Prelims

1	Jarupakorn, Jennifer	BHS	1:05.36	_____
2	Hampton, Alyssa	DHS	1:04.30	_____
3	Hood, Martha	NPBS	1:01.32	_____
4	Wilcox, Jenny	DHS	57.42	_____
5	Kelly, Ciera	JDHS	58.60	_____
6	Brockman, Hannah	TMHS	1:02.61	_____
7	English, Megan	SOHI	1:04.62	_____
8	Asay, Caitlin	DHS	1:05.80	_____

Alternates

1	Kreigh, Rosyln	KHS	1:07.14	_____
2	Nicholson, Kendall	WVHS	1:07.49	_____

EVENT 12

MENS 100 BUTTERFLY

STATE RECORD: 2008 • Cody Brunette (Juneau) 49.19

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Stickwan, Micah	CRAIG	56.12	_____
2	Miller, RJ	SITKA	55.32	_____
3	Marquis, Louis	WVHS	54.53	_____
4	Fox-Icarro, Blaise	ERHS	53.09	_____
5	Alfano, Nathan	DHS	54.30	_____
6	Nagle, James	HOMER	54.77	_____
7	Vonderbruggen, Joe	HHS	56.05	_____
8	Peck, Josh	KCHS	59.62	_____

Heat 2 of 2 Prelims

1	Berlin, Jackson	SHS	56.10	_____
2	Anderson, Jonas	KHS	54.90	_____
3	Krasnican, Thomas	SHS	54.46	_____
4	Fox, Kenny	TMHS	51.53	_____
5	Lincoln, Nicholas	KHS	53.33	_____
6	Hunter, Dustin	SOHI	54.76	_____
7	Horwatt, Matthew	DHS	55.36	_____
8	Dupree, Marshall	SAHS	56.55	_____

Alternates

1	Albertson, Beau	KAYHI	59.82	_____
2	Wolcott, John	SAHS	59.84	_____



Your place to stay in AK.com



(find yours)



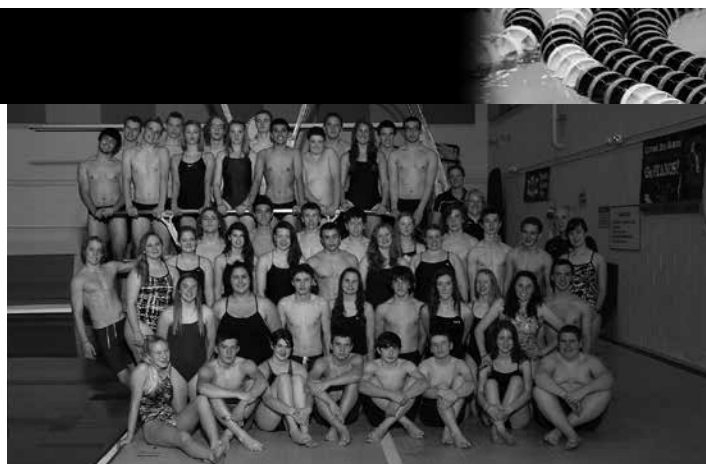
www.yourplacetostayinak.com

ASAA rates available at SpringHill Suites and the Courtyard. Call 907-273-3724 and ask for ASAA rates.

Team Photos



Bartlett Golden Bears



Chugiak Mustangs



Dimond Lynx



Eagle River Wolves



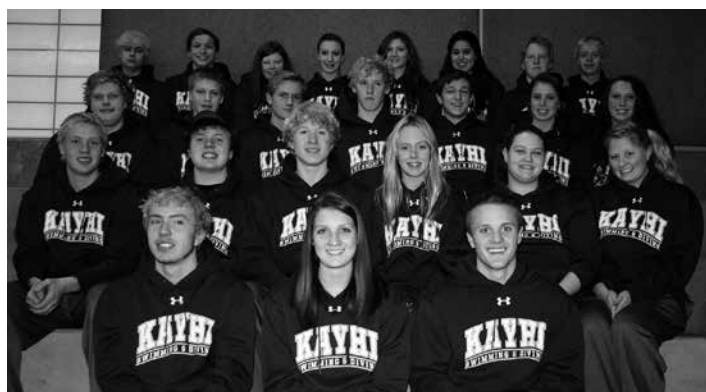
East Anchorage Thunderbirds



Homer Mariners



Kenai Kardinals



Ketchikan Kings

inspiration in *action*



Leading Alaska's active teens

At Providence, we believe that active teens become active adults – living happy, healthy lives. Kikkan Randall agrees. She grew up running, skiing and hiking around Alaska. Today, she's America's Olympic cross-country skiing star.

Providence supports Alaska's teens and role models like Kikkan Randall by providing programs and services that encourage healthy lifestyles for all Alaskans.

Providence – you have our word.



www.providence.org/alaska

Kikkan Randall

Two-time Olympian, cross-country skiing

Team Photos



Kodiak Bears



North Pole Patriots



Palmer Moose



Petersburg Vikings



Service Cougars



Skyview Panthers



Soldotna Stars



South Anchorage Wolverines

Kevin Lane Photography

Action - Real Estate - Weddings

klaneak@gmail.com - 907-382-7460
Anchorage, AK



Sports/Events - Real Estate/Architecture - Wedding/Portraits

Your ASAA Action Sports Professional

Official Photographer

*Kevin Lane Photography is pleased to be the
Official Photographer for All ASAA State Events.*

Find your best shots at: www.asaa.org

Follow the links to Kevin Lane Photography

New - State Tournament Image DVD's

You can now buy Image DVD's of past ASAA events
goto www.kevinlanephoto.com for more info



WWW.KEVINLANEPHOTO.COM

907-382-7460 KLANEAK@GMAIL.COM

Team Photos

Your

- Custom balls for Basketball (The Rock), Softball, Soccer, Baseball.

Official

- Special pricing on Mikasa Volleyball (VFC 200).

Sporting

- Lowest prices on ALL your sporting goods needs.

Goods

- \$5 million inventory to serve your immediate needs.

Supplier.

- We stock every major manufacturer.



ANACONDA SPORTS®

Orders: 800-398-7625

Info: 845-336-4024 • Fax: 845-336-0355

www.anacondasports.com



Load 'em up.
Move 'em out
with Dollar!



3730 Spenard Rd.
and at the Airport
907-248-5338

DOLLAR
RENT A CAR

DOLLAR.com

1-800-800-4000

Dollar features a wide selection of quality vehicles. ©2012 Floyd and Sons, Inc. A licensee of Dollar Rent A Car, Inc.



Valdez Buccaneers



Wasilla Warriors



West Anchorage Eagles

ANCHOR POINT • ANAKTUVUK PASS • ANCHORAGE • BARROW • BETHEL • CANTWELL • CHICKALOON • CHUGIAK • CLAM
 GULCH • COOPER LANDING • CORDOVA • CRAIG • DOUGLAS • EAGLE RIVER • ELMENDORF AFB • EYAK • FAIRBANKS • FORT
 RICHARDSON • GIRDWOOD • GLENNALLEN • GUSTAVUS • HOMER • HOUSTON • JUNEAU • KAKTOVIK • KALSKAG • KASILO
 KENAI • KETCHIKAN • KING SALMON • KLAUOCK • KODIAK • NIKISKI • NINILCHIK • NORTH POLE • NUIQSUT • PALMER
 EWARD • SHUNGNAK • SITKA • SOLDOTNA • STERLING • TALKEETNA • TATITLEK • TRAPPER CREEK • VALDEZ • WAINWRIGHT
 WASILLA • WILLOW • ANCHOR POINT • ANAKTUVUK PASS • ANCHORAGE • BARROW • BETHEL • CANTWELL • CHICKALOON
 CHUGIAK • CLAM GULCH • COOPER LANDING • CORDOVA • CRAIG • DOUGLAS • EAGLE RIVER • ELMENDORF AFB • EYAK
 FAIRBANKS • FORT RICHARDSON • GIRDWOOD • GLENNALLEN • GUSTAVUS • HOMER • HOUSTON • JUNEAU • KAKTOVIK

community



What comes around
 goes around

Last year BP and its employees supported
 more than 700 education and service
 organizations in 49 different communities
 across Alaska. We believe these are
 investments that reach Alaskans everywhere.



alaska.bp.com

Event Lineups

EVENT 13

WOMENS 100 FREESTYLE

STATE RECORD: 2012 • Ila Hughes (Kodiak) • 50.62

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Chappell, Eliza	JDHS	57.95	_____
2	Tarbeth, Emma	SHS	57.08	_____
3	Sherrill, Ella	KAYHI	54.85	_____
4	Weeks, Alex	SOHI	52.62	_____
5	Stark, Katie	PHS	53.49	_____
6	Murphy, Colleen	VHS	56.01	_____
7	Randall, Angie	WVHS	57.32	_____
8	Painter, Shaelynn	KAYHI	58.34	_____

Heat 2 of 2 Prelims

1	Williams, Kendal	DHS	57.36	_____
2	Walsh, Rielly	JDHS	56.42	_____
3	Graham, Naomi	PHS	54.75	_____
4	Hughes, Ila	KHS	51.38	_____
5	Jennings, Emmie	CHS	52.78	_____
6	Bruce, Jordyn	ERHS	54.99	_____
7	Sato, Ripple	DHS	57.24	_____
8	Boatman, Hannah	NPHS	58.23	_____

Alternates

1	Ith, Izabelle	PETER	58.38	_____
2	Fox-Singh, Courtney	ERHS	59.27	_____

EVENT 14

MENS 100 FREESTYLE

STATE RECORD: 1998 • Derek Gibb, Petersburg • 46.27

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Schauff, Nathan	KHS	51.10	_____
2	Jones, Luke	KAYHI	50.73	_____
3	Kowalski, Vince	PETER	49.28	_____
4	Hogue-Corwin, EZ	SHS	48.24	_____
5	Kessler, Alex	COLHS	49.23	_____
6	Combs, Spencer	SITKA	49.96	_____
7	Krasnican, Thomas	SHS	51.01	_____
8	Fitzgerald, Nolan	WHS	51.46	_____

Heat 2 of 2 Prelims

1	Chen, Richard	WVHS	51.10	_____
2	Behm, AJ	SAHS	50.36	_____
3	Schauff, Dyton	KHS	49.25	_____
4	Auelbach, Abel	PETER	48.16	_____
5	Lai, Nathan	SAHS	49.11	_____
6	Jackson, Daniel	PHS	49.84	_____
7	McCord, Corbin	KAYHI	50.97	_____
8	Preece, Sean	NPHS	51.28	_____

Alternates

1	Scranton, Dakota	JDHS	51.62	_____
2	Much, Max	KHS	51.74	_____

**CHARACTER
PERSONAL
RESPONSIBILITY**

**CITIZENSHIP
LEADERSHIP**

**SUBWAY
PLAY HARD
EAT FRESH™**

**SUBWAY®
RESTAURANTS
ARE PROUD
TO SUPPORT
ASAA**

SUBWAY® RESTAURANT LOCATIONS:

Anchorage
Bethel
Denali Park
Eagle River
Eielson
Fairbanks
Homer
Juneau
Kenai
Ketchikan
Kodiak
Nome
North Pole
Palmer
Seward
Sitka
Soldotna
Talkeetna
Valdez
Wasilla

**ART • MUSIC
RUNNING • TENNIS
FOOTBALL • SWIMMING & DIVING
VOLLEYBALL • WRESTLING • HOCKEY
WORLD LANGUAGE • DEBATE • DRAMA • FORENSICS
SKIING • BASKETBALL • TRACK & FIELD • SOCCER
SOFTBALL • BASEBALL • CHEERLEADING**

SUBWAY®

©2011 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.

Event Lineups



EVENT 15

WOMENS 500 FREESTYLE

STATE RECORD: 1998 • Kayla Meiergerd, Chugiak • 4:56.55

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Henry, Rachel	SOHI	5:44.15	_____
2	Blackstone, Abby	CHS	5:31.41	_____
3	O'Brien, Kiera	KAYHI	5:24.37	_____
4	DeGeorge, Tara	WHS	5:14.02	_____
5	Maker, Kate	ERHS	5:21.31	_____
6	Horn, Brittany	KHS	5:29.33	_____
7	Dahlberg, Shania	PETER	5:40.27	_____
8	Flores, Madeline	DHS	5:48.29	_____

Heat 2 of 2 Prelims

1	Ross, Taylor	DHS	5:41.42	_____
2	Groleske, Kaitlyn	SOHI	5:29.66	_____
3	Heaton, Cassidy	WVHS	5:24.20	_____
4	Lindquist, Tahna	KHS	5:00.20	_____
5	Kinworthy, Sierra	COLHS	5:20.25	_____
6	Kaelke, Sophia	JDHS	5:26.40	_____
7	Shannon, Alex	SAHS	5:37.78	_____
8	Damrill, Eva	WHS	5:48.17	_____

Alternates

1	Hanson, Sarah	PHS	5:50.76	_____
2	Millstein, Elinore	KHS	5:50.83	_____

EVENT 16

MENS 500 FREESTYLE

STATE RECORD: 1990 • Ben Smith, Service • 4:37.85

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Hellen, Aiden	WHS	5:11.95	_____
2	Nore, Kelsey	NPHS	5:09.16	_____
3	Hanni, Jacob	DHS	5:01.76	_____
4	Fox-Icarro, Bryce	ERHS	4:56.02	_____
5	Kuikhoven, Caleb	KAYHI	4:56.86	_____
6	Rogers, Jonah	SHS	5:04.61	_____
7	Nagel, Mark	HOMER	5:11.80	_____
8	Lambert, Dan	KHS	5:15.56	_____

Heat 2 of 2 Prelims

1	Hanson, River	KHS	5:11.93	_____
2	Davis, Jorden	TMHS	5:05.12	_____
3	Jones, Trevor	TMHS	4:57.94	_____
4	Summers, Michael	DHS	4:40.88	_____
5	Pate, Will	SITKA	4:56.54	_____
6	Bloom, Zach	COLHS	5:04.43	_____
7	Min, Joseph	ERHS	5:09.28	_____
8	Handeland, Josh	NPHS	5:13.61	_____

Alternates

1	Weaver, Jack	SITKA	5:15.88	_____
2	Nicholson, Ryan	WVHS	5:15.97	_____



connect

building a stronger Alaska

From youth education to community celebrations, we're proud to support programs that fuel the spirit of competition and create a brighter future for all Alaskans.



Event Lineups

EVENT 17

WOMENS 200 FREESTYLE RELAY

STATE RECORD: 1999 • Lathrop • 1:36.36

Lane	Team	Seed Time	Time
------	------	-----------	------

Heat 1 of 1 Timed Finals

1	WHS	1:46.75	
---	-----	---------	--

1) Harris, Lily 2) Palmer, Maslin 3) DeGeorge, Tara 4) Griffith, Emma 5) Damrill, Eva 6) Harris, Sarah
7) Heubner, Camille 8) Legate, Aljendra

2	KAYHI	1:43.73	
---	-------	---------	--

1) Stephens, Maddy 2) O'Brien, Kiera 3) Sherrill, Ella 4) Tighe, Kaitlyn 5) Bullock, Emma 6) Franulovich, Bernadette
7) Painter, Shaelynn 8) Gomez, Angie

3	PHS	1:40.33	
---	-----	---------	--

1) Graham, Naomi 2) Graham, Noelle 3) Stark, Katie 4) Branham, Denali 5) Munro, Erica 6) Hanson, Rachael
7) Musgrave, McKenzie 8) Snelders, Millie

4	JDHS	1:39.86	
---	------	---------	--

1) Kelly, Ciera 2) Ruffin, Mia 3) Walsh, Rielly 4) Isaak, Dakota 5) Mertz, Haley 6) Kito, Gabi
7) Kaelke, Sophia 8) Hamrick, Kaia

5	KHS	1:39.93	
---	-----	---------	--

1) Lindquist, Tahna 2) Macinko, Illa 3) Hughes, Illa 4) Horn, Brittany 5) Vogt, Hannah 6) Millstein, Elinore
7) Kreigh, Roslyn 8) Johnson, Delaney

6	DHS	1:42.80	
---	-----	---------	--

1) Hampton, Alyssa 2) Wray, Kari 3) Oakley, Madeleine 4) Williams, Kendal 5) Wilcox, Jenny 6) Rohde, Arianna
7) Husa, Emily 8) Hanson, Olivia

7	SEW	1:44.04	
---	-----	---------	--

1) Beckham, Olivia 2) Hamner, Sasha 3) Degnan, Jessica 4) Barnwell, Isabel

8	WVHS	1:47.34	
---	------	---------	--

1) Heaton, Cassidy 2) Randall, Angie 3) Dixon, Abigail 4) Wetterhall, Vanessa 5) Thorsen, Zoe 6) Nicholson, Kendall
7) Hannah, Jennifer

Alternates

1	North Pole High School	1:47.78	
---	------------------------	---------	--

1) Boatman, Hannah 2) Villa, Maria 3) Graham, Alisha 4) Hood, Martha 5) Sommer, Amber 6) Edsell, Alicia
7) Williams, Kimberly 8) Shilanski, Veronica

2	Valdez	1:47.89	
---	--------	---------	--

1) McNelly, Riley 2) McNelly, Josie 3) Hansen, Torie 4) Doyel, Emily 5) Murphy, Colleen 6) Price, Devon
7) Norris, Rylee 8) Walker, Megan

EVENT 18

MENS 200 FREESTYLE RELAY

STATE RECORD: 1998 • Dimond • 1:26.56

Lane	Team	Seed Time	Time
------	------	-----------	------

Heat 1 of 1 Timed Finals

1	COLHS	1:32.64	
---	-------	---------	--

1) Udornporn, Larkin 2) Anderson, Joseph 3) Bloom, Zach 4) Kessler, Alex 5) Hondl, Kenneth 6) Denny, Triston
7) Tira, Isaiah 8) Amato, Elliot

2	SOHI	1:32.33	
---	------	---------	--

1) Corona-Cain, Chase 2) Hunter, Dustin 3) McElroy, Daniel 4) Christenson, Brent 5) Skiba, Elias 6) Creglow, Jacob
7) Lazaros, Nathaniel 8) Watkins, Cody

3	SAHS	1:30.51	
---	------	---------	--

1) Lai, Nathan 2) Dupree, Marshall 3) Hiles, Nathan 4) Behm, AJ 5) Dragomir, Dakota 6) Emili, Ryan
7) Wito, Lucas 8) Wolcott, John

4	SHS	1:29.66	
---	-----	---------	--

1) Krasnican, Thomas 2) Berlin, Jackson 3) Haas, John 4) Adams, Nathaniel 5) Rogers, Jonah 6) Bruce, Nikolaus
7) Hogue-Corwin, EZ 8) Powers, Samuel

5	DHS	1:30.33	
---	-----	---------	--

1) Summers, Michael 2) Monaghan, Thomas 3) Hanni, Jacob 4) Jefferies, Jordan 5) O'Brien, Jarod 6) Alfano, Nathan
7) Horwatt, Matthew 8) Cvanara, Luke

6	PETER	1:31.42	
---	-------	---------	--

1) Marsh, Evan 2) Zarlengo, Ben 3) Kowalski, Vince 4) Auelbach, Abel 5) Fleming, Ian 6) Erickson, Skipper
7) Evens, Nels 8) Higgins, Ben

7	TMHS	1:32.38	
---	------	---------	--

1) O'Brien, Thane 2) Loseby, Josiah 3) Walsh, Calvin 4) Davis, Jorden 5) Land, Austin 6) Jones, Trevor
7) Allio, Dylan 8) Fox, Kenny

8	WVHS	1:34.86	
---	------	---------	--

1) Nicholson, Ryan 2) O'Donoghue, Tristan 3) Stout, Caleb 4) Chen, Richard 5) Chen, David 6) Marquis, Louis
7) O'Donoghue, Tommy

Alternates

1	Ketchikan High School	1:34.01	
---	-----------------------	---------	--

1) Jones, Luke 2) McCord, Corbin 3) Welker, Zane 4) Kuikhoven, Caleb 5) Schulz, Brennan 6) Farvour, Rian
7) Hammersland, Logan 8) Albertson, Beau

2	Palmer	1:35.28	
---	--------	---------	--

1) Jackson, Daniel 2) Sworts, Tobin 3) Hawkins, Josh 4) Hernandez, Isaiah 5) Snelders, John 6) Davila, Talon
7) Cook, Gus 8) Branham, Blaine

Anchorage.net

WELCOME CHAMPS

CONGRATULATIONS ATHLETES! CROWN YOUR
TIME IN ANCHORAGE WITH TICKETS TO A
BIG GAME, LOCAL MUSEUMS OR THEATRES.
CHECK OUT RESTAURANTS, SHOPS AND AREA
TRAILS. FOR MORE FUN VISIT
ANCHORAGE.NET/CHAMP

visit  **anchorage**
100 years of big wild life

IMAGINE...

hundreds of Alaskans coming together from across
the Last Frontier in perfect rhythm and harmony.



Proud supporter of ASAA and the
next generation of Alaskan leaders.

eye-cue.com

907.248.7663

When Alaska's Best Need
To Be Seen and Heard,
They Go To...



MIRROR STUDIOS
AK . DC . LA

Award Winning Corporate Stories and Documentaries
World Renowned Safety and Training Programs
Radio and Television
Audition / Demo's / Full-Length CD Projects
CD's, DVD's, HD, 5.1 Dolby Surround

907-245-8888 • mirrorstudios.com

Alaska's Premier Studio

**Proud Supporter of
Alaska School Activities Association**

Event Lineups



EVENT 19

WOMENS 100 BACKSTROKE

STATE RECORD: 2011 • Sam Wicks, East Anchorage • 54.78

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Beardslee, Taylor	TMHS	1:04.22	_____
2	English, Megan	SOHI	1:02.79	_____
3	Reid, Megan	SITKA	1:00.94	_____
4	Rohde, Arianna	DHS	59.29	_____
5	Schoff, Amber	SAHS	1:00.71	_____
6	Stephens, Maddy	KAYHI	1:02.14	_____
7	Hanson, Olivia	DHS	1:03.51	_____
8	Boatman, Hannah	NPHS	1:06.64	_____

Heat 2 of 2 Prelims

1	Barnwell, Isabel	SEW	1:03.92	_____
2	Mertz, Haley	JDHS	1:02.17	_____
3	Geskey, Julia	ERHS	1:00.85	_____
4	Burke, Sammy	CHS	58.18	_____
5	Kelly, Ciera	JDHS	59.95	_____
6	Beckham, Olivia	SEW	1:02.04	_____
7	Chappell, Eliza	JDHS	1:03.03	_____
8	Macinko, Illa	KHS	1:04.91	_____

Alternates

1	Hodgson, Joley	SAHS	1:05.34	_____
2	Jarupakorn, Christine	BHS	1:06.16	_____

EVENT 20

MENS 100 BACKSTROKE

STATE RECORD: 1994 • Chris Geitz, Dimond • 51.91

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Corona-Cain, Chase	SOHI	1:00.60	_____
2	McArthur, Evan	SITKA	58.74	_____
3	Dragomir, Dakota	SAHS	56.71	_____
4	Schauff, Dyton	KHS	54.32	_____
5	Marsh, Evan	PETER	54.63	_____
6	Schauff, Nathan	KHS	57.59	_____
7	Harang, Brady	SITKA	59.74	_____
8	Smith, Gregory	HOMER	1:01.36	_____

Heat 2 of 2 Prelims

1	Seid, Aidan	JDHS	1:00.18	_____
2	O'Donoghue, Tristan	WVHS	58.00	_____
3	Jones, Trevor	TMHS	56.50	_____
4	Belley, Louis	SITKA	53.89	_____
5	Adams, Nathaniel	SHS	54.39	_____
6	Dupree, Marshall	SAHS	57.43	_____
7	Horwatt, Matthew	DHS	59.21	_____
8	Berlin, Jackson	SHS	1:00.96	_____

Alternates

1	Chan, Vernon	SAHS	1:01.50	_____
2	Albertson, Beau	KAYHI	1:01.89	_____



— A COMMUNITY —

**The Anchorage Lofts Hotel
supports all our school sports
teams and their families!**

***Team and AK Resident
rates as low as \$75***

239 W. 4th Ave.
Anchorage, Alaska 99501
907.793.5555

Live, Work, Play



- Single/Double bedrooms
- Cable TV
- Private bath in each room
- Free Parking and Wi-Fi
- Indoor Swimming Pool
- Workout Room
- Laundry Facility

***Enjoy a delicious breakfast
and dinner in our Music Cafe***

Event Lineups



EVENT 21

WOMENS 100 BREASTROKE

STATE RECORD: 2010 • Laura Griffing • 1:04.50

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Cvancara, Ruth	DHS	1:16.88	_____
2	Graham, Noelle	PHS	1:15.32	_____
3	Hawkins, Megan	DHS	1:12.78	_____
4	Wray, Kari	DHS	1:08.18	_____
5	Oakley, Madeleine	DHS	1:09.73	_____
6	Thorsen, Zoe	WVHS	1:14.51	_____
7	Harris, Sarah	WHS	1:16.08	_____
8	Franulovich, Bernadette	KAYHI	1:17.19	_____

Heat 2 of 2 Prelims

1	Sullivan, Anne	COLHS	1:16.53	_____
2	Knight, Leah	WHS	1:14.98	_____
3	Taylor-Roth, Abigail	JDHS	1:10.46	_____
4	Isaak, Dakota	JDHS	1:06.56	_____
5	Ruffin, Mia	JDHS	1:08.27	_____
6	McNelly, Riley	VHS	1:13.13	_____
7	Farmer, Melinda	SHS	1:15.90	_____
8	Henry, Rachel	SOHI	1:17.01	_____

Alternates

1	Smith, Cheyanne	HOM	1:17.45	_____
2	Hamner, Sasha	SEW	1:17.49	_____

EVENT 22

MENS 100 BREASTROKE

STATE RECORD: 2000 • Joshua Gemmell, Soldotna • 56.40

LANE	NAME	SCHOOL	SEED TIME	TIME
------	------	--------	-----------	------

Heat 1 of 2 Prelims

1	Much, Max	KHS	1:06.32	_____
2	Hoen, Jack	DHS	1:04.21	_____
3	James, Blake	KHS	1:03.10	_____
4	O'Brien, Thane	TMHS	1:01.64	_____
5	McElroy, Daniel	SOHI	1:02.81	_____
6	Anderson, Joseph	COLHS	1:03.89	_____
7	Fast, Brandon	ERHS	1:04.57	_____
8	Cvancara, Dax	DHS	1:06.98	_____

Heat 2 of 2 Prelims

1	Rhein, Chance	KAYHI	1:05.11	_____
2	Cvancara, Luke	DHS	1:03.95	_____
3	Kessler, Alex	COLHS	1:03.08	_____
4	O'Donoghue, Tommy	WVHS	59.39	_____
5	O'Brien, Jarod	DHS	1:02.68	_____
6	Harang, Justin	SITKA	1:03.35	_____
7	Emili, Ryan	SAHS	1:04.23	_____
8	Loseby, Josiah	TMHS	1:06.43	_____

Alternates

1	Creglow, Jacob	SOHI	1:07.93	_____
2	Kirchenshlager, Sam	KHS	1:08.35	_____

Past Individual Champions

2008 State Championship

Event	Girls Champion	Boys Champion
200 M. Relay	SERVICE 1:50.03	DIMOND 1:38.97
200 Free	Anne Goering (West Valley) 1:55.27	Cody Brunette (Juneau) 1:40.58
200 IM	Samantha Wicks (East) 2:09.98	Matt Summers (Dimond) 1:56.66
50 Free	Erin McDuffie (Service) 24.44	Nick Rutecki (Juneau) 21.18
Diving	Renee Jordan (East) 374.80	Scott Wandersee (Kodiak) 455.10
100 Fly	Margot Adams (Service) 57.98	Cody Brunette (Juneau) 49.19
100 Free	Erin McDuffie (Service) 52.99	Nick Rutecki (Juneau) 46.71
500 Free	Jordyn Caldwell 5:09.87	Matthew Summers (Dimond) 4:42.51
200 F. Relay	EAST ANCHORAGE 1:39.65	JUNEAU 1:26.83
100 Back	Margot Adams (Service) 58.68	Austin Hussong (Dimond) 54.33
100 Breast	Laura Griffing (Kodiak) 1:06.08	Keegan Severns (Lathrop) 59.17
400 F. Relay	SERVICE 3:40.19	DIMOND 3:15.63

2009 State Championship

Event	Girls Champion	Boys Champion
200 M. Relay	DIMOND 1:50.54	JUNEAU 1:36.33
200 Free	Anne Goering (West Valley) 1:55.44	Matt Summers (Dimond) 1:42.40
200 IM	Nikki Wray (Dimond) 2:08.06	Cody Brunette (Juneau) 1:54.79
50 Free	Sam Wicks (East) 24.05	Jeff Frey (Wasilla) 21.42
Diving	Renee Jordan (East) 363.40 pts	Dalton Haas (Service) 444.55 pts
100 Fly	Margot Adams (Service) 57.33	Cody Brunette (Juneau) 50.42
100 Free	Anne Goering (West Valley) 52.47	Jeff Frey (Wasilla) 46.63
500 Free	Nikki Wray (Dimond) 5:14.26	Matt Summers (Dimond) 4:38.99
200 F. Relay	SERVICE 1:39.72	JUNEAU 1:27.93
100 Back	Sam Wicks (East) 57.35	Drew Vandermeer (West V) 54.09
100 Breast	Laura Griffing (Kodiak) 1:06.57	Keegan Severns (Lathrop) 58.33
400 F. Relay	SERVICE 3:39.99	DIMOND 3:15.61

2010 State Championship

Event	Girls Champion	Boys Champion
200 M. Relay	SERVICE 1:47.93	SOUTH & DIMOND 1:38.34
200 Free	Jori Lindquist (Kodiak) 1:55.11	Winter Heaven (Kenai) 1:41.50
200 IM	Nikki Wray (Dimond) 2:07.74	Preston Marsh (Petersburg) 1:55.78
50 Free	Mary Uselmann (Service) 23.89	Ryan O'Leary (Seward) 21.31
Diving	Katie Cartee (South) 332.65 pts	Dalton Haas (Service) 432.80 pts
100 Fly	Margot Adams (Service) 57.14	Winter Heaven (Kenai) 51.05
100 Free	Sam Wicks (East) 52.05	Ryan O'Leary (Seward) 46.45
500 Free	Nikki Wray (Dimond) 5:14.56	Case Kuikhoven (Dimond) 4:50.23
200 F. Relay	KODIAK 1:39.63	SOUTH 1:28.83
100 Back	Sam Wicks (East) 56.61	Nando Macinko (Kodiak) 53.50
100 Breast	Laura Griffing (Kodiak) 1:04.50	Jay Schulte (South) 58.11
400 F. Relay	SERVICE 3:36.14	JUNEAU 3:14.70

2011 State Championship

Womens Results

CHAMPION	KODIAK (118)
RUNNERUP	KETCHIKAN (81)
Academic Award	Soldotna Stars (3.90)
Sportsmanship Award	Soldotna Stars
Outstanding Swimmer:	Sam Wicks (East Anch)
Outstanding Diver:	Kaitlin Friedli (Chugiak)
200 Medley Relay	KETCHIKAN (Stephens, Stacey, Klose, Sherrill) 1:49.88
200 Freestyle	Sam Wicks (East Anchorage) 1:50.88
200 Ind. Medley	Tahna Lindquist (Kodiak) 2:10.30
50 Freestyle	Ila Hughes (Kodiak) 23.88
IM Diving	Kaitlin Friedli (Chugiak) 355.05 points
100 Butterfly	Janelle Stacey (Ketchikan) 56.56
100 Freestyle	Ila Hughes (Kodiak) 51.67
500 Freestyle	Tahna Lindquist (Kodiak) 5:10.40
200 Freestyle Relay	EAST ANCHORAGE (Wicks, Sauerbrey, Cavanaugh, Wallace) 1:38.49
100 Backstroke	Sam Wicks (East Anchorage) 54.78
100 Breaststroke	Kari Wray (Dimond) 1:07.24
400 Freestyle Relay	KODIAK (Lindquist J, Lindquist T, Beck-Goodell, Hughes) 3:33.88

Mens Results

CHAMPION	DIMOND (129)
RUNNERUP:	SITKA (59)
Academic Award:	Petersburg Vikings (3.78)

Sportsmanship Award:	South Anch. Wolverines
Outstanding Swimmer:	Jackson Ursin (Dimond)
Outstanding Diver:	Cade Bennet (Dimond)

200 Medley Relay	DIMOND (Chan, Sandstrom, Wilcox, Hummel) 1:38.49
200 Freestyle	Ursin Jackson (Dimond) 1:45.38
200 Ind. Medley	Preston Marsh (Petersburg) 1:55.27
50 Freestyle	Richard Ginter (Homer) 21.82
1 M Diving	Cade Bennett (Dimond) 474.75 points
100 Butterfly	Nathan Messing (Juneau) 52.88
100 Freestyle	Austin Hummel (Dimond) 48.19
500 Freestyle	Ursin Jackson (Dimond) 4:49.44
200 Freestyle Relay	HOMER (Ginter, Reid, Hardy, Wentz) 1:30.11
100 Backstroke	Nathan Messing (Juneau) 53.18
100 Breaststroke	Preston Marsh (Petersburg) 59.22
400 Freestyle Relay	DIMOND (Jackson, Wilcox, Chan, Hummel) 3:14.97

2012 State Championship

Womens Results

CHAMPION	KODIAK (100)
RUNNERUP	DIMOND (79)
Academic Award	Dimond Lynx (3.56)
Sportsmanship Award	Chugiak Mustangs
Outstanding Swimmer:	Tahna Lindquist (Kodiak)
Outstanding Diver:	Kaitlin Friedli (Chugiak)
200 Medley Relay	JUNEAU-DOUGLAS (Mertz, Isaak, Kelly, Ramos) 1:49.00
200 Freestyle	Jorie Lindquist (Kodiak) 1:55.87
200 Ind. Medley	Tahna Lindquist (Kodiak) 2:06.63
50 Freestyle	Ila Hughes (Kodiak) 23.65
IM Diving	Kaitlin Friedli (Chugiak) 371.65 points
100 Butterfly	Jenny Wilcox (Dimond) 57.64
100 Freestyle	Ila Hughes (Kodiak) 50.62
500 Freestyle	Tahna Lindquist (Kodiak) 4:57.06
200 Freestyle Relay	KODIAK (Lindquist J, Lindquist T, Jones, Hughes) 1:36.58
100 Backstroke	Victoria Adams (Service) 58.17
100 Breaststroke	Kari Wray (Dimond) 1:06.80
400 Freestyle Relay	KODIAK (Lindquist J, Lindquist T, Jones, Hughes) 3:31.96

Mens Results

CHAMPION	DIMOND (131)
RUNNERUP:	SITKA (67)
Academic Award:	West Valley Wolfpack (3.70)
Sportsmanship Award:	Juneau-Douglas
Outstanding Swimmer:	Louis Belley (Sitka)
Outstanding Diver:	Cade Bennet (Dimond)

Meet Results

200 Medley Relay	SITKA (Belley, Sundstren-Brenner, Miller, Combs) 1:38.91
200 Freestyle	Ursin Jackson (Dimond) 1:43.67
200 Ind. Medley	Louis Belley (Sitka) 1:55.30
50 Freestyle	Abel Auelbach (Petersburg) 21.85
1M Diving	Cade Bennett (Dimond) 514.10 points
100 Butterfly	Kenny Fox (Thunder Mountain) 52.25
100 Freestyle	Abel Auelbach (Petersburg) 47.74
500 Freestyle	Ursin Jackson (Dimond) 4:40.94
200 Freestyle Relay	DIMOND (Wilcox, Summers, Monaghan, Ursin) 1:29.19
100 Backstroke	Louis Belley (Sitka) 52.56
100 Breaststroke	Jonah Swanson (Juneau-Douglas) 1:01.50
400 Freestyle Relay	DIMOND (Jackson, Summers, Chan, Wilcox) 3:14.86

**GO TO: WWW.ASAA.ORG
FOR COMPLETE TOURNAMENT
HISTORY RESULTS**

Event Lineups

EVENT 23

WOMENS 400 FREESTYLE RELAY

STATE RECORD: 1999 • Lathrop • 3:31.88

Lane	Team	Seed Time	Time
------	------	-----------	------

Heat 1 of 1 Timed Finals

1	KAYHI	3:45.80	
---	-------	---------	--

1) Stephens, Maddy 2) O'Brien, Kiera 3) Painter, Shaelynn 4) Sherrill, Ella 5) Tighe, Kaitlyn 6) Gomez, Angie
7) Franulovich, Bernadette 8) Bullock, Emma

2	JDHS	3:42.08	
---	------	---------	--

1) Kito, Gabi 2) Kelly, Ciera 3) Walsh, Rielly 4) Mertz, Haley 5) Ruffin, Mia 6) Isaak, Dakota
7) Kaelke, Sophia 8) Chappell, Eliza

3	ERHS	3:40.90	
---	------	---------	--

1) Bruce, Jordyn 2) Maker, Kate 3) Geskey, Julia 4) Fox-Singh, Courtney 5) Coy, Samantha 6) Fischer, Sarah
7) Berard, Emily 8) Min, Esther

4	KHS	3:39.73	
---	-----	---------	--

1) Lindquist, Tahna 2) Macinko, Illa 3) Horn, Brittany 4) Hughes, Ila 5) Vogt, Hannah 6) Kreigh, Roslyn
7) Johnson, Delaney 8) Millstein, Elinore

5	PHS	3:40.41	
---	-----	---------	--

1) Graham, Naomi 2) Graham, Noelle 3) Hanson, Sarah 4) Stark, Katie 5) Hanson, Rachael 6) Musgrave, Mckenzie
7) Branham, Denali 8) Munro, Erica

6	DHS	3:41.81	
---	-----	---------	--

1) Wilcox, Jenny 2) Rohde, Arianna 3) Oakley, Madeleine 4) Wray, Kari 5) Williams, Kendal 6) Hanson, Olivia
7) Hampton, Alyssa 8) Sato, Ripple

7	CHS	3:43.71	
---	-----	---------	--

1) Blackstone, Abby 2) Headrick, Marissa 3) Jennings, Emmie 4) Burke, Sammy 5) Williams, Bea 6) Bookout, Brandy
7) Carroll, Marissa 8) Marshall, Kate

8	WVHS	4:00.51	
---	------	---------	--

1) Heaton, Cassidy 2) Wetterhall, Vanessa 3) Dixon, Abigail 4) Hannah, Jennifer 5) Thorsen, Zoe 6) Randall, Angie

Alternates

1	Soldotna	3:52.35	
---	----------	---------	--

1) Groleske, Kaitlyn 2) English, Megan 3) Silta, Molly 4) Weeks, Alex 5) Henry, Rachel 6) Henry, Isabell
7) Harbison, Xochi 8) Selden, Emma

2	West Anchorage High School	3:56.24	
---	----------------------------	---------	--

1) Harris, Lily 2) Harris, Sarah 3) Palmer, Maslin 4) DeGeorge, Tara 5) Damrill, Eva 6) Heubner, Camille
7) Gordon, Laura 8) Herzog, Nora

EVENT 24

MENS 400 FREESTYLE RELAY

STATE RECORD: 1998 • Dimond • 3:09.70

Lane	Team	Seed Time	Time
------	------	-----------	------

Heat 1 of 1 Timed Finals

1	KAYHI	3:23.96	
---	-------	---------	--

1) Jones, Luke 2) Welker, Zane 3) McCord, Corbin 4) Kuikhoven, Caleb 5) Albertson, Beau 6) Farvour, Rian
7) Hammersland, Logan 8) Schulz, Brennan

2	TMHS	3:21.32	
---	------	---------	--

1) Jones, Trevor 2) Walsh, Calvin 3) Davis, Jorden 4) Fox, Kenny 5) Land, Austin 6) Loseby, Josiah
7) O'Brien, Thane 8) Allio, Dylan

3	SITKA	3:18.34	
---	-------	---------	--

1) Miller, RJ 2) Pate, Will 3) Combs, Spencer 4) Belley, Louis 5) Harang, Brady 6) Harang, Justin
7) McArthur, Evan 8) Chadwick, Miles

4	PETER	3:16.90	
---	-------	---------	--

1) Kowalski, Vince 2) Erickson, Skipper 3) Marsh, Evan 4) Auelbach, Abel 5) Higgins, Ben 6) Fleming, Ian
7) Evens, Nels 8) Zarlengo, Ben

5	DHS	3:18.27	
---	-----	---------	--

1) Summers, Michael 2) Hanni, Jacob 3) O'Brien, Jarod 4) Monaghan, Thomas 5) Jefferies, Jordan 6) Cvanara, Luke
7) Horwatt, Matthew 8) Alfano, Nathan

6	SHS	3:21.30	
---	-----	---------	--

1) Berlin, Jackson 2) Haas, John 3) Rogers, Jonah 4) Adams, Nathaniel 5) Bruce, Nikolaus 6) Kim, Wongi
7) Krasnican, Thomas 8) Hogue-Corwin, EZ

7	WVHS	3:21.65	
---	------	---------	--

1) Marquis, Louis 2) Nicholson, Ryan 3) Chen, Richard 4) O'Donoghue, Tommy 5) Chen, David 6) O'Donoghue, Tristan
7) Stout, Caleb

8	KHS	3:27.68	
---	-----	---------	--

1) Anderson, Jonas 2) Hanson, River 3) Much, Max 4) Lincoln, Nicholas 5) Schauff, Nathan 6) James, Blake
7) Schauff, Dyton 8) Lambert, Dan

Alternates

1	Eagle River High School	3:24.40	
---	-------------------------	---------	--

1) Fox-Icarro, Bryce 2) Fox-Icarro, Blaise 3) Min, Joseph 4) Floyd, Nigel 5) McGee, Brady 6) Korzon, Mark
7) Korzon, Erik 8) Fast, Brandon

2	South Anchorage High School	3:26.32	
---	-----------------------------	---------	--

1) Dragomir, Dakota 2) Emili, Ryan 3) Hiles, Nathan 4) Behm, AJ 5) Dupree, Marshall 6) Lai, Nathan
7) Chan, Vernon 8) Walcott, John

Win for Life

Play for Keeps is a statewide Tobacco, Alcohol and Controlled Substance program focused on students participating in high school interscholastic activities. The program is designed to reinforce good decisions and a healthy lifestyle for young people.



Play for Keeps

www.playforkeepsalaska.org

Proudly Sponsored By



Alaska Division
of Public Health

***Interested in
placing an ad
in the High
School State
Championship
programs?***

Contact the
ASAA Office at
907-563-3723
for more
information.

ASAA
ALASKA SCHOOL ACTIVITIES ASSOCIATION

WWW.ASAA.ORG

The "10 and 2"
driving technique
NEVER included a
cheeseburger and
cell phone!



Distracted Driving is **ANY** activity or diversion that decreases your focus on driving. Distracted Driving is comparable to a blood alcohol level of .08%!

**What are the consequences of
Distracted Driving?**

- 5,474 Americans **DIED** and 448,000 were injured in 2009.
- Distracted Driving fatalities **INCREASED** 6% since 2005.

**U.S. DEPT. OF TRANSPORTATION STATISTICS

Drive as if your life depends on it.
It does!



Play for Keeps
Win For Life!
www.playforkeepsalaska.org

ASAA
ALASKA SCHOOL ACTIVITIES ASSOCIATION



PROVIDENCE
Behavioral Health



Era
ALASKA
Bringing Alaskans Together
flyera.com

**Era Alaska is proud to
support Alaska's youth
and ASAA.**





WE'RE TEAMING UP!

Giving all Alaska students the opportunity to join in activities and reach their goals.

Thanks to our loyal customers and committed employees, ACC has grown to 35 retail stores throughout the state. Together with our meat processing plant, North Star Quality Meats, and our wholesale division, Pacific Alaska Wholesale, we strive to meet the food and merchandise needs of the communities we serve.

Sponsoring ASAA provides ACC with great opportunity to extend that same dedication to the youth of our villages.



Alaska Commercial Company, serving rural Alaska since 1867

Competition. *Harmony.* SUCCESS.



For more than 20 years,
First National Bank Alaska's
title sponsorship of the Alaska
School Activities Association has
demonstrated the bank's genuine
interest in the success of Alaskans.



Visit **FNBA**alaska.com

Where Alaska's dreams grow. 