

CROSS COUNTRY RUNNING



- 2013 Qualifiers
- Team Photos
- 2012 Tournament Results
- Schedule

FOR MORE INFORMATION, GO TO: WWW.ASAA.ORG



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pledge***

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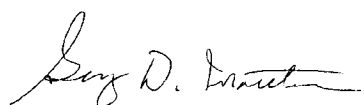

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Welcome from ASAA

On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA's corporate partners, welcome to the 2013 ASAA/First National Bank Alaska State High School Cross Country Running Championships! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate your being part of this statewide championship event.



Gary Matthews, ASAA Executive Director

Sportsmanship Creed

"This contest is being played under the authority of the Alaska School Activities Association. ASAA rules provide for fair play and good sportsmanship among athletes and coaches. Since booing and jeering do not support anyone, we expect fans to be positive in supporting their favorite team with encouraging comments and cheers. Please refrain from words or actions that would reflect negatively on your school and team. In other words, BE A FAN—NOT A FANATIC."

About the Cover: Photos taken during the 2012 ASAA/First National Bank State High School Cross Country Running Championships.

Photos by Kevin Lane Photography.

special. like you.

NOT EVERYONE CAN BE ALASKAN.

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Championship Schedule

ASAA/FIRST NATIONAL BANK ALASKA 2013 CROSS COUNTRY RUNNING STATE CHAMPIONSHIPS

When: October 5, 2012

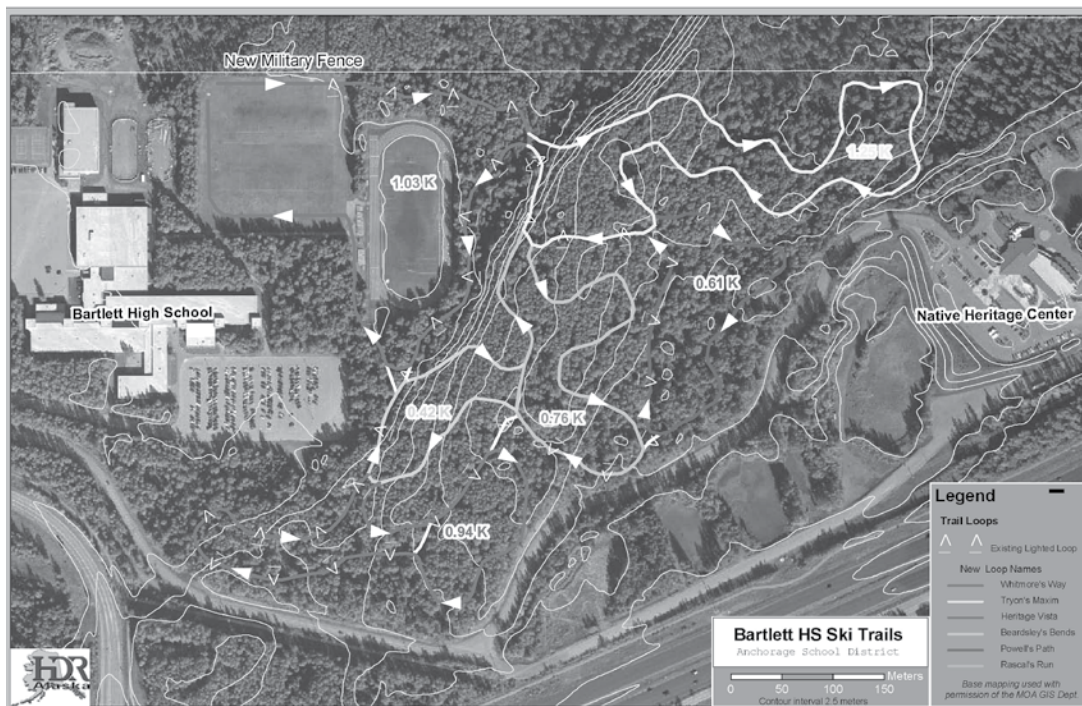
Bartlett High School Trails – Anchorage

Hosted by: ASAA and Bartlett High Schools

2013 SCHEDULE OF RACES

- 12:00pm Boys 123A
- 12:45pm Boys 4A
- 1:30pm Girls 123A
- 2:15pm Girls 4A
- 3:15pm Awards Ceremony in Gym

Bartlett High School Trails



Scoring & Awards

for High School
Cross-Country Running

Individual Scoring & Awards

Racers are awarded medals based on their order of finish in the race—in the state meet, the top ten in each event will receive an award. In today's events, there will be individual medals awarded to the top 10 finishers, as well as to the seven racers of the top two teams in each category.

Team Scoring & Awards

Team awards are determined by adding up the finish place of the top five runners on a team. For example, if a team has runners finishing in positions 1, 3, 7, 10, 15, 21 and 28 (only 7 racers from each team may participate in a varsity race), then the team score would be $1 + 3 + 7 + 10 + 15 = 36$. In the case of a tie score with a five-person total, the team with the lowest 6th place finisher is declared the winner.

The lower a team's score, the better. A "perfect" score would be 15 where all five runners from one team came across in the first five places.

Today's event will have team awards for the top two varsity teams in each race.

Other Awards

ASAA recognizes a Good Sport Team, chosen from among participating schools with at least five runners. This award recognizes the good citizenship and sportsmanship demonstrated throughout the whole season. Good Sport Team members are selected by each qualifying team's head coach. An Academic Award is presented to the team with the highest GPA.



POWER THROUGH

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a division of The Odom Corporation

People Behind the Scenes



ASAA extends its appreciation to the following people for contributing their time and energy in making this year's State Cross-country Running Meet a success.

Meet Director:
Eric Lowman

Head Referee:
Tom Pargeter

Bartlett Activities Principal:
Lisa Prince

Bartlett Principal:
Dan Gallego

Timing:
Skinny Ravens

Plus the countless number of volunteers that make this state championship possible. Thanks for all you do.

Participating Schools



Akiachak Huskies
Anaktuvuk Pass Wolf
Anchorage Christian School Lions
Anthony Andrews Storm
Barrow Whalers
Bethel Warriors
Bristol Bay Angels
Buckland Beluga
Chevak Comets
Chugiak Mustangs
Colony Knights
Cordova Wolverines
Craig Panthers
Delta Junction Huskies
Dillingham Wolverines
Dimond Lynx
Eagle River Wolves
East Anchorage Thunderbirds
Eielson Ravens
Elim Eagles
Galena Hawks
Glennallen Panthers
Grace Christian School Grizzlies
Haines Glacier Bears

Holy Family Academy
Homer Mariners
Hoonah Braves
Houston Hawks
Hutchison Hawks
James C. Isabell Bears
Juneau-Douglas Crimson Bears
Kenai Cardinals
Kenny Lake Hawks
Ketchikan Kings
Klawock Cheiftains
Kodiak Bears
Kotzebue Huskies
Lathrop Malemutes
Monroe Catholic Rams
Mt. Edgecumbe Braves
New Stuyahok Eagles
Newhalen Malamutes
Nikolaevsk Warriors
Nome Nanooks
Noorvik Bears
North Pole Patriots
Palmer Moose
Petersburg Vikings

Sand Point Eagles
Scammon Bay Eagles
Service Cougars
Seward Seahawks
Sitka Wolves
Skagway Panthers
Skyview Panthers
Soldotna Stars
South Anchorage Wolverines
St. Mary Eagles
Stebbins Grizzlies
Su-Valley Rams
Thorne Bay Wolverine
Thunder Mountain Falcons
Toksook Bay Malemutes
Tuntutulaik Blue Jays
Unalakleet Wolfpack
Unalaska Raiders
Valdez Buccaneers
Wasilla Warriors
West Anchorage Eagles
West Valley Wolfpack
Wrangell Wolves
Yakutat Eagles

We're here to get you back in the game.



OPA is dedicated to preventing sports injuries, enhancing athletic performance and providing immediate medical attention on the field of play. That's why OPA provides the services of its certified athletic trainer team free of charge to work with athletes and coaches before, during and after their events. Orthopedic Physicians Anchorage — the right care at the right time.



OPA's Certified Athletic Trainers Alyssa Babcock, Greg Heeter, Mary Jackaway and Lynne Young.

OPA's Injury Walk-in Clinic

7 Days A Week:

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NOT A CERTIFIED EMERGENCY MEDICAL SERVICE AS DESCRIBED IN ALASKA STATUTE 18.08.082.084,200.

Regional Qualifiers - Girls 1,2,3A



Region 1-South

Region 1 South Champions - Bethel Warriors

Competitor	School	Grade	Time
Haley O'Brien	Bethel	10	0:25:24
Kate McWilliams	Bethel	11	0:26:38
Sophie Swope	Bethel	10	0:26:53
Lindley Elizabeth	Bethel	12	0:27:10
Amber Wade	Bethel	9	0:27:44
Poe Sophie	Bethel	10	0:28:04
Brittney Boney	Bethel		

Region 1 South Other Qualifiers

Kiah Charlie	Scammon Bay	9	0:26:21
Celina Johnson	St. Mary's	9	0:26:46
Rena Nose	Akiachak	9	0:27:00
Alana Ulak	St. Mary's	11	0:27:20
Jenny Shryock	Bristol Bay	12	0:27:25
Promise Smith	Bristol Bay	12	0:27:32
Esther Rivers	Scammon Bay	9	0:27:34
Chloe Gardner	Sand Point		0:27:40
Emily McArthur	Dillingham	9	0:27:56

Region 2

Region 2 Champions - Su Valley Rams

Competitor	School	Grade	Time
Bernadette Hartley	Su-Valley		21:29.0
Kestrel Gilliam	Su-Valley		23:29.0
Kassandra Hales	Su-Valley		27:53.0
Robin Spaulding	Su-Valley		27:54.0
Alexandra Dodd	Su-Valley		33:00.0

Region 2 Runner Up - None

Region 2 Other Qualifiers

Briahna Gerlach	Glennallen		18:25.0
Colette Ohotnick	Holy Family		20:35.0
Tessa Wygant	Kenny Lake		20:56.0
Kendall Maslen	Glennallen		21:01.0
Megan Hickman	Nikolaevsk		23:10.0
Liz Maxwell	Kenny Lake		24:00.0
Amanda Wygant	Kenny Lake		24:01.0

Region 1-North

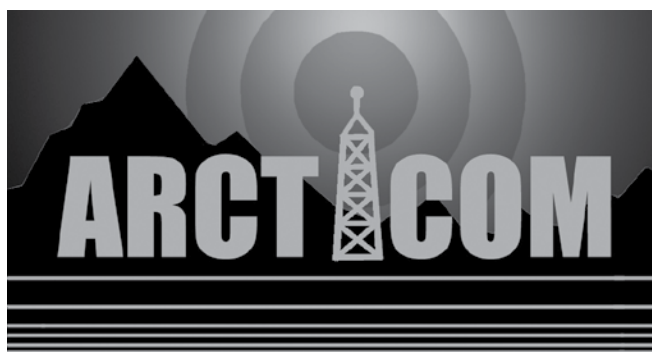
Region 1 North Champions - Barrow Whalers

Competitor	School	Grade	Time
Alaina Wolgemuth	Barrow	9	0:23:20
Ramey Gerke	Barrow	12	0:23:34
Francis Mongoyak	Barrow	11	0:24:44
Melissa Nicely	Barrow	9	0:24:53
Carla Kippi	Barrow	12	0:27:01
Alynn Banksun	Barrow	10	0:28:37
Janessa Vinas	Barrow	9	0:28:42

Region 1 North Other Qualifiers

Rosa Schmidt	Nome	12	0:22:22
Hannah Tozier	Nome	12	0:23:35
Scarlett Beaver	Kotzebue	12	0:25:37
Iriqtaq Hailstone	Noorvik	10	0:25:48
Courtney Hadley	Buckland	11	0:26:05
Mary Andrews	Stebbins	9	0:26:17
Bianca Trawbridge	Nome	9	0:26:34
Season Haugen	Unalakleet	12	0:27:05
Emma Thomas	Buckland	11	0:27:19
Stephanie Sampson	Kotzebue	12	0:27:30

Special thanks to



**for their generous donation to
the 2013 Cross Country Running
Championships.**

**Your support helps make this
State Championships possible.**

Special Thanks to,

===== **ALASKA** =====
**AIR NATIONAL
GUARD**

**Your generous support
helps make the Alaska
State Championship
Cross Country Running
Possible!**

Regional Qualifiers - Girls 1,2,3A



Region 3

Region 3 Champions - Grace Christian School Grizzlies

Competitor	School	Grade	Time	
Harmony Wayner	Grace	11	20:21.0	_____
Jodi Davis	Grace	12	20:41.0	_____
Elle Arnold	Grace	12	20:44.0	_____
Kayla Rowe	Grace	12	20:54.0	_____
Cheyenne Applegate	Grace	11	21:31.0	_____
Carolyne VanDenHooogen	Grace	9	22:06.0	_____
Emily Cusick	Grace	12	22:37.0	_____

Region 3 Runner Up - Homer Mariners

Megan Pitzman	Homer	9	19:33.0	_____
Aurora Wacslawski	Homer	10	20:50.0	_____
Molly Mitchell	Homer	10	20:54.0	_____
Ziza Shemet-Pitcher	Homer	10	21:19.0	_____
Evarts Lauren	Homer	9	21:38.0	_____
Mattea Peters	Homer	12	24:36.0	_____
Name 7th Runner (if applies)	Homer			_____

Region 3 Third Place - Anchorage Christian School Lions

Elizabeth Balsan	ACS	10	23:21.0	_____
Ava Kelley	ACS	9	23:36.0	_____
Michelle Coderre	ACS	12	23:50.0	_____
Caroline Bowden	ACS	11	24:41.0	_____
Ashley Krause	ACS	12	30:24.0	_____
Alexia McMillian	ACS	11	34:36.0	_____
Name 7th Runner (if applies)	ACS			_____

Region 3 Fourth Place - Seward Seahawks

Alice Pfeiffenberger	Seward	11	22:06.0	_____
Josephine Braun	Seward	11	23:59.0	_____
Brooke Estes	Seward	12	25:05.0	_____
Laura Kromrey	Seward	11	25:56.0	_____
Malia Acovak	Seward	11	27:33.0	_____
Emily Brockman	Seward	11	28:32.0	_____
Audra Atwood	Seward	12	33:03.0	_____

Region 3 Other Qualifiers

Sara Hamberger	Cordova	11	20:12.0	_____
Stephanie Allen	Valdez	11	21:40.0	_____

Region 5

Region 5 Champions - Petersburg Vikings

Competitor	School	Grade	Time	
Grace Weller	Petersburg	12	20:40	_____
Robyn Schwartz	Petersburg	12	21:19	_____
Diane Murph	Petersburg	12	21:31	_____
Fran Abbott	Petersburg	12	22:29	_____
Nicole Peterson	Petersburg	12	22:40	_____
Kayleigh Eddy	Petersburg	9	23:05	_____
Hannah Pfundt	Petersburg	10	23:13	_____

Region 5 Runner Up - Mt. Edgecumbe Braves

Jo Zaczkowski	Mt. Edgecumbe	9	21:23	_____
Shandel Pingayak	Mt. Edgecumbe	11	22:10	_____
Ashlyn Luckhurst	Mt. Edgecumbe		22:12	_____
Jasmine Jemewouk	Mt. Edgecumbe	10	22:45	_____
Brittany Woods-Orrison	Mt. Edgecumbe	11	0:17	_____
Deirdre Creed	Mt. Edgecumbe	12	0:35	_____
Gabby Grady	Mt. Edgecumbe		0:57	_____

Region 3 Third Place - Craig Panthers

Aspen Hansen	Craig	9	20:56	_____
Maggie Dinon	Craig	12	21:54	_____
Alecia Barlow	Craig	9	22:21	_____
Katie Dinon	Craig	12	24:12:00	_____
Kayla Hamme	Craig	12	24:49:00	_____
ClaireWaggoner	Craig	9	22:21	_____
Name 7th Runner (if applies)	Craig			_____

Region 5 Other Qualifiers

Taylee Nyquest	Thorne Bay	10	18:40	_____
Sidney Riggs	Sitka	11	21:10	_____
Zayla Asquith-Heinz	Haines	11	21:22	_____
Crystal Widmier	Sitka	12	21:41	_____
Amy Jensen	Thorne Bay	10	22:14	_____

Region 6

Region 6 Champions - Delta Junction Huskies

Competitor	School	Grade	Time	
Zoya Timoshenko	Delta Junction	12	22:02.8	_____
Jess Reiter	Delta Junction	12	22:29.8	_____
Kailey Mills	Delta Junction	12	22:38.4	_____
Tavifa Timoshenko	Delta Junction	11	23:30.8	_____
Victoria Joslin	Delta Junction	11	24:14.8	_____
Kathryn Kirksey	Delta Junction	10	28:51.3	_____

Region 6 Other Qualifiers

Hannah Heustess	Hutchison		23:21.8	_____
Haley Spencer	Hutchison		23:59.1	_____
Julia Mayer	Monroe Catholic	10	24:22.0	_____

Teamwork provides perfect backdrop for working at home in Alaska



I was born and raised in Alaska, and have come to appreciate the amazing natural beauty of the 49th state.

As a high school student, my future was just as uncertain as anyone else, but participation in ASAA activities helped point me in the right direction.

Teamwork, camaraderie, and dedication were valuable skills I learned through participation in East High School's tennis team.

Today, as a Guest Services Supervisor, I put those skills to use everyday. I'm proud to work for a company who sponsors ASAA, and their investment in the future of Alaska's youth.

- Jonathon Taylor

Guest Services Supervisor

For more information about employment possibilities
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Regional Qualifiers - Boys 1,2,3A



Region 1-South

6Region 1 South Champions - Chevak Comets

Competitor	School	Grade	Time	
Jo Bukowski	Chevak	12	0:20:29	_____
Thomas Bukowski	Chevak	10	0:21:02	_____
Elijah Matchian	Chevak	12	0:21:28	_____
John Night	Chevak	12	0:23:01	_____
Iverson Tulim	Chevak	9	0:23:35	_____
Tristan Bell	Chevak	12	0:23:43	_____
Jaden Ulroan	Chevak	9	0:24:01	_____

Region 1 South Other Qualifiers

Ross Enlow	Unalaska	10	0:20:17	_____
Miles King	Bristol Bay	11	0:20:54	_____
Kobe Rivers	Scammon Bay	9	0:21:26	_____
Lee Clark	Newhalen	12	0:21:27	_____
Nicholas Sugar	Tuntutuliak	9	0:21:32	_____
Joseph Kohler	New Stuyahok	12	0:21:34	_____
Terence Nose	Akiachak	11	0:21:37	_____
John Chakuchin	Nelson Island	11	0:21:38	_____
Isiah Beans	St. Mary's	11	0:21:44	_____
Adam King	Bristol Bay	12	0:21:50	_____
Noah Smith	Bristol Bay	10	0:21:51	_____
Dray Pasitnak	Akiachak	9	0:21:54	_____

Region 1-North

Region 1 North Champions - Kotzebue Huskies

Competitor	School	Grade	Time	
Spencer Woods	Kotzebue	10	0:19:20	_____
Gary Eakin	Kotzebue	10	0:19:55	_____
Harry Baldwin	Kotzebue	9	0:21:07	_____
Ben Phillips	Kotzebue	11	0:21:49	_____
Zeke Eakin	Kotzebue	9	0:21:58	_____
Sam Smith	Kotzebue	10	0:22:07	_____
Gus Nelson	Kotzebue	11	0:23:02	_____

Region 1 North Other Qualifiers

Kevin Goodwin	Barrow	10	0:19:53	_____
Ian Ashenfelder	Elim	9	0:19:58	_____
Pavel Hernandez	Barrow	11	0:20:03	_____
Dominic Richardson	Anthony Andrews	12	0:20:17	_____
Jayden Wilson	Unalakleet	9	0:20:54	_____
Junyor Erickson	Nome	12	0:20:58	_____
Wilson Hoogendorn	Nome	9	0:21:03	_____
Hugo Kakinya	Anaktuvuk Pass	9	0:21:04	_____
Trevor Thomas	Barrow	9	0:21:06	_____
Aucha Johnson	Unalakleet	12	0:21:17	_____
Quincy Williamson	Noorvik	10	0:21:31	_____
Ryan Topkok	James C. Isabell	10	0:21:32	_____

Region 2

Region 2 Champions - Su Valley Rams

Competitor	School	Grade	Time	
Colin Olsen	Su Valley		19:29.0	_____
Cooper Stec	Su Valley		20:08.0	_____
Stephen Krepel	Su Valley		20:15.0	_____
Johann Timmers	Su Valley		21:35.0	_____
Dakota Schlosser	Su Valley		21:41.0	_____
Mitchel Jurasek	Su Valley		23:18.0	_____

Region 2 Runner Up - None

Region 2 Other Qualifiers

Kaleb Korta	Galena		16:38.0	_____
Jordan Sondergaard	Glennallen		17:37.0	_____
Greg Trail	Nikolaevsk		18:49.0	_____
Gavin Maslen	Glennallen		19:22.0	_____
Isaac McElwee	Galena		19:32.0	_____
Joe Apfelbeck	Galena		19:41.0	_____
Zekek McNeilly	Galena		20:14.0	_____

Region 3

Region 3 Champions - Grace Christian School Grizzlies

Bib	Competitor	School	Time	
	Daniel Serventi	Grace	12	16:54.0
	Hans Karlberg	Grace	12	17:20.0
	Ivan David Isaacs	Grace	12	17:40.0
	Josh Laker	Grace	12	17:51.0
	Luke McLaughlin	Grace	12	18:02.0
	Graysen Sorensen	Grace	11	18:06.0
	Christian Wheelles	Grace	12	18:07.0

Region 3 Runner Up - Anchorage Christian School Lions

Austin Monzon	ACS	12	17:08.0	_____
Keaton Evans	ACS	12	17:23.0	_____
Michael Todd	ACS	11	17:38.0	_____
Nate Graves	ACS	10	18:07.0	_____
Josh Miller	ACS	11	18:18.0	_____
Nathan Machacek	ACS	12	18:53.0	_____
Luke Coverdell	ACS	11	19:40.0	_____

Region 3 Third Place - Homer Mariners

Pedro Ochoa	Homer	12	17:15.0	_____
Josh Vantrease	Homer	12	17:54.0	_____
Jared Brant	Homer	9	18:12.0	_____
Brandon Beachy	Homer	11	18:21.0	_____
August Kilcher	Homer	10	19:14.0	_____
Dakota Alward	Homer	10	19:29.0	_____
Nahoa Jette	Homer	12	21:08.0	_____

Region 3 Fourth Place - Seward Seahawks

Matthew Moore	Seward	12	17:16.0	_____
Michael Marshall	Seward	11	18:26.0	_____
Hunter Kratz	Seward	9	18:29.0	_____
Brandon Moore	Seward	11	19:00.0	_____
Keith Ivy	Seward	10	19:15.0	_____
Thomas Zweifel	Seward	10	19:52.0	_____
Tannen Berry	Seward	12	20:01.0	_____

Region 3 Other Qualifiers

Micah Hilbish	Skyview	12	17:38.0	_____
Andrew Spencer	Houston	11	17:56.0	_____

Regional Qualifiers - Boys 1,2,3A

Region 5

Region 5 Champions - Sitka Wolves

Competitor	School	Grade	Time
David Wilcox	Sitka	9	17:37
Colin Baciocco	Sitka	9	18:08
Alec Duncan	Sitka	12	18:38
Jorge Bautista	Sitka	10	19:02
Jordan Zellhuber	Sitka	10	19:24
Trevor Schoening	Sitka	11	19:27
Joey Inman	Sitka	12	19:47

Region 5 Runner Up - Mt. Edgecumbe Braves

Cole Johnson	Mt. Edgecumbe	12	17:43
Jason Young	Mt. Edgecumbe	12	18:44
James Simeonoff	Mt. Edgecumbe	10	19:21
Trevor Creed	Mt. Edgecumbe	12	19:36
Andy Karmun	Mt. Edgecumbe	12	19:58
Nick Bouker	Mt. Edgecumbe	12	20:02
Jared Olin-Duncan	Mt. Edgecumbe	12	20:10

Region 3 Third Place - Wrangell Wolves

Bryce Gerald	Wrangell	10	17:50
Robbie Marshall	Wrangell	12	18:13
Darren Shilts	Wrangell	9	19:39
Dawson Miller	Wrangell	9	20:04
Amos Comstock	Wrangell	9	20:18
Sig Decker	Wrangell	9	21:37
Sam Prysunka	Wrangell	9	21:38

Region 5 Other Qualifiers

Jeremiah Williams	Yakutat	12	18:04
Keegan Sundberg	Haines	11	18:05
Sam Rew	Klawock	12	18:11
Kelsey Trojan	Craig	12	18:15
Tucker Hagerman	Petersburg	10	18:17
Dominique Foote	Skagway		18:37
Manny Budke	Hoonah	9	18:41
Joshua James	Yakutat	10	18:58

Region 6

Region 6 Champions - Eielson Ravens

Competitor	School	Grade	Time
Nathan Ezell	Eielson	12	19:01.0
Nathan Stodick	Eielson	12	19:08.1
Jonathon St. Andre	Eielson	9	19:14.8
Mckade Sorensen	Eielson	12	19:19.6
Ryan Brewer	Eielson	10	19:40.7
Taylor Price	Eielson	10	19:43.9
Dalton Harper	Eielson	10	19:48.4

Region 6 Other Qualifiers

Daniel Tatarenko	Delta Junction	12	17:28.9
Josiah Helkenn	Delta Junction	11	17:35.7
John Warren	Delta Junction	12	17:41.1
Andrew Walter	Monroe	11	19:22.7
James Smyth	Hutchison	12	19:36.8

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50/50 Raffle

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BENTON BAY ATHLETIC LIONS

*Watch for the Gold and
you may win the Green!*

Benton Bay Athletic Lions, dressed in gold, will be circulating among you during the game, selling tickets for the 50/50 Raffle. Buy a chance and you could win one-half (50%) of the total proceeds from ticket sales at each contest. You will also become part of a major source of revenue support for Alaska School Activities Association activities - 25% of the proceeds goes directly to ASAA.

The 50/50 Raffle is simple and easy to play. One raffle ticket costs just \$1 and \$5 buys six tickets. Or purchase 13 chances to win for just \$10! The winning ticket will be announced during the final minutes of the game. Join thousands of fans who support ASAA athletics. Play the Benton Bay Athletic Lions 50/50 Raffle each game.
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Team Photos



Anchorage Christian Lions



Barrow Whalers



Bartlett Golden Bears



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Colony Knights



Craig Panthers - Girls



Dimond Lynx



Team Photos



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Wasilla Warriors



West Valley Wolfpack



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Regional Qualifiers - Girls 4A



Region 3

Region 3 Champions - Wasilla Warriors

Competitor	School	Grade	Time	
Alex Mathis	Wasilla	9	19:17.0	_____
Mariah Burroughs	Wasilla	12	19:54.0	_____
Peggy Mathis	Wasilla	11	20:06.0	_____
Riley Burroughs	Wasilla	11	20:30.0	_____
Danika Ingersoll	Wasilla	10	21:54.0	_____
Riley McLellan	Wasilla	9	22:57.0	_____
Sarah Schmidt	Wasilla	12	23:05.0	_____

Region 3 Runner Up - Soldotna Stars

Olivia Hutchings	Soldotna	10	19:37.0	_____
Dani McCormick	Soldotna	11	20:22.0	_____
Sadie Fox	Soldotna	11	20:44.0	_____
Daisy Nelson	Soldotna	10	20:54.0	_____
Emily Werner	Soldotna	10	21:26.0	_____
Molly Erickson	Soldotna	9	22:36.0	_____
Ashlyn Johnson	Soldotna	9	24:37.0	_____

Region 3 Third Place - Colony Knights

Elisabeth Bowker	Colony	9	20:27.0	_____
Cathelyne Powers	Colony	9	20:31.0	_____
Coleen Geraghty	Colony	11	21:24.0	_____
Tatjana Spaic	Colony	12	22:01.0	_____
Bailey Meier	Colony	12	22:14.0	_____
Jocelyn Kopsack	Colony	11	22:41.0	_____
Tracie Haan	Colony	12	22:42.0	_____

Region 3 Other Qualifiers

Allie Ostrander	Kenai	11	18:06.0	_____
Ruby Woodings	Palmer	9	20:16.0	_____
Samantha Contreras	Palmer	11	21:01.0	_____
Zoe Bigley	Kodiak	10	21:19.0	_____

Region 4

Region 4 Champions - West Anchorage Eagles

Competitor	School	Grade	Time	
Maddy Boutet	West Anchorage	10	18:36.0	_____
Kayle Blackmore	West Anchorage	11	18:48.0	_____
Ursula Volz	West Anchorage	9	18:57.0	_____
Barae Hirsch	West Anchorage	10	19:05.0	_____
Tatiana Harris	West Anchorage	9	19:35.0	_____
Katie Weddleton	West Anchorage	12	19:39.0	_____
Maggie York	West Anchorage	9	19:43.0	_____

Region 4 Runner Up - South Anchorage Wolverines

Morgan Lash	South Anchorage	10	18:21.0	_____
Kaitlyn Bailly	South Anchorage	10	18:43.0	_____
Hannah Brown	South Anchorage	9	18:57.0	_____
Emily Evans	South Anchorage	11	20:02.0	_____
Savannah Ulrich	South Anchorage	9	20:04.0	_____
Abigail Osgood	South Anchorage			_____
Anna Campbell	South Anchorage			_____

Region 4 Third Place - Dimond Lynx

Hannah Seidl	Dimond	12	18:55.0	_____
Erica Heil	Dimond	10	19:13.0	_____
Allison Shafer	Dimond	9	19:37.0	_____
Darby Judd	Dimond	10	20:05.0	_____
Liesel Von Imhof	Dimond	9	20:56.0	_____
Allie Epke	Dimond	10	21:17.0	_____
Carina Welker	Dimond	9	21:40.0	_____

Region 4 Fourth Place -Eagle River Wolves

Nikole Boggs	Eagle River	11	19:09.0	_____
Veronica Stewart	Eagle River	9	19:22.0	_____
Peyton Young	Eagle River	9	19:44.0	_____
Summer Frazier	Eagle River	10	20:13.0	_____
Kirsten Grismer	Eagle River	10	20:14.0	_____
Lauren Grismer	Eagle River	10	20:32.0	_____
Kate Paskievitch	Eagle River	9	21:13.0	_____

Region 4 Other Qualifiers

Aislinn Waite	Service	10	18:34.0	_____
Grace Graham	East Anchorage	12	18:48.0	_____
Sara Hartke	Chugiak	10	19:04.0	_____
Megan Fink	East Anchorage	11	19:13.0	_____
Hannah Booher	Chugiak	10	19:21.0	_____

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Regional Qualifiers - Girls 4A

Region 5

Region 5 Champions - Thunder Mountain Falcons

Competitor	School	Grade	Time	
Maddie Hall	Thunder Mountain	11	19:03	_____
Naomi Welling	Thunder Mountain	10	20:11	_____
Estie Dawson	Thunder Mountain	12	21:07	_____
Krysten Mossburg	Thunder Mountain	10	22:06	_____
Dunya Hermann	Thunder Mountain	10	22:37	_____
Jessica Landry	Thunder Mountain	11	23:22	_____
Rhys Coffee	Thunder Mountain	12	0:26	_____

Region 5 Other Qualifiers

Eliza Walker	Juneau-Douglas	12	20:48	_____
Sarah Cool	Ketchikan	10	20:57	_____
Tori Seley	Ketchikan	9	20:57	_____
Kathline Barrows	Juneau-Douglas	10	20:57	_____
Alexis Crellin	Ketchikan	12	21:11	_____
Amelia Tamone	Juneau-Douglas	12	21:21	_____
Jesse Gregg	Juneau-Douglas	9	21:33	_____

Region 6

Region 6 Champions - Lathrop Malemutes

Competitor	School	Grade	Time	
Megan Kubichek	Lathrop	11	19:33.7	_____
Brooke Lizotte	Lathrop	12	19:54.5	_____
Autumn Fournier	Lathrop	10	20:01.4	_____
Allison Hebard	Lathrop	11	20:38.2	_____
Emily Kubichek	Lathrop	9	20:50.6	_____
Charlene Davis	Lathrop	12	21:37.0	_____
Cristina Mondelli	Lathrop	10	22:27.1	_____

Region 6 Runner Up - West Valley Wolfpack

Jenna Difolco	West Valley		19:31.2	_____
Brooke Gottmeier	West Valley		21:11.9	_____
Giorgie Michel	West Valley		21:16.1	_____
Nieca Murphy	West Valley		22:01.3	_____
Emily Maynard	West Valley		22:36.1	_____
Leah Rasmussen	West Valley		22:55.5	_____
Aubrea Stoltz	West Valley		23:31.5	_____

Region 6 Other Qualifiers

Morgan Conrow	North Pole	12	21:20.0	_____
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Regional Qualifiers - Boys 4A



Region 3

Region 3 Champions - Kodiak Bears

Bib	Competitor	School	Time	
	Levi Thomet	Kodiak	11	16:06.0 _____
	Keith Osowski	Kodiak	9	17:30.0 _____
	Levi Fried	Kodiak	11	17:33.0 _____
	Anthony Rubina	Kodiak	11	17:56.0 _____
	Andrew Caballa	Kodiak	12	18:07.0 _____
	Jake Alwert	Kodiak	9	18:26.0 _____
	Jack Hannah	Kodiak	9	18:35.0 _____

Region 3 Runner Up - Colony Knights

	Brandon Schafer	Colony	12	17:09.0 _____
	Boaz Sessom	Colony	12	17:26.0 _____
	Lyon Kopsack	Colony	12	17:39.0 _____
	Dakota Peterson-Thompson	Colony	10	17:58.0 _____
	Kamber Lucas	Colony	11	18:06.0 _____
	Dawson Knopp	Colony	9	18:32.0 _____
	Robert Haan	Colony	9	18:54.0 _____

Region 3 Third Place - Kenai Cardinals

	Jonah Theisen	Kenai	11	16:42.0 _____
	Jordan Theisen	Kenai	11	16:52.0 _____
	Travis Cooper	Kenai	11	17:55.0 _____
	Fox Michaud	Kenai	12	18:03.0 _____
	Nate Mole	Kenai	12	18:11.0 _____
	Quincy Fuller	Kenai	10	18:15.0 _____
	Mac Lee	Kenai	12	18:17.0 _____

Region 3 Other Qualifiers

	Hayden Foster	Palmer	11	18:04.0 _____
	Lane Reed	Wasilla	11	18:05.0 _____

Region 4

Region 4 Champions - West Anchorage Eagles

Bib	Competitor	School	Time	
	Larkin Lynch	West Anchorage	11	16:35.0 _____
	Finn Walker	West Anchorage	9	16:47.0 _____
	Jacob Volz	West Anchorage	12	17:01.0 _____
	Brian Britt	West Anchorage	9	17:05.0 _____
	Paul Butera	West Anchorage	11	17:19.0 _____
	Atticus Everett	West Anchorage	10	17:29.0 _____
	Peter Moma	West Anchorage	12	17:33.0 _____

Region 4 Runner Up - South Anchorage Wolverines

	Seiji Takagi	South Anchorage	12	16:30.0 _____
	Spencer Mitton	South Anchorage	11	16:52.0 _____
	Hamish Wolfe	South Anchorage	9	17:00.0 _____
	Lyle Chamberlain	South Anchorage	9	17:32.0 _____
	Derek Steele	South Anchorage	10	17:36.0 _____
	Luke Twenhafel	South Anchorage	11	17:53.0 _____
	Will Balcao	South Anchorage		_____

Region 4 Third Place - Chugiak Mustangs

	Ty Jordan	Chugiak	10	16:05.0 _____
	David McPhetres	Chugiak	12	16:44.0 _____
	Roan Hall	Chugiak	10	17:01.0 _____
	Tim Sorensen	Chugiak	12	17:42.0 _____
	John Weaver	Chugiak	9	17:46.0 _____
	Tyler Foster	Chugiak	11	18:11.0 _____
	Jack Ginter	Chugiak	10	18:23.0 _____

Region 4 Fourth Place - Service Cougars

	Gilly Swzeda-Mittelstadt	Service	11	16:36.0 _____
	Riley Howard	Service	10	16:54.0 _____
	Hunter Thompson	Service	10	17:31.0 _____
	Adam Garrigus	Service	10	18:11.0 _____
	Jorge Andino	Service	10	18:16.0 _____
	Justin Carpenter	Service	9	18:37.0 _____
	Kaidyn Milani	Service	9	19:36.0 _____

Region 4 Other Qualifiers

	John Farr	East Anchorage	12	16:50.0 _____
	Alec Smith	Eagle River	11	17:17.0 _____



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Regional Qualifiers - Boys 4A



Region 5

Region 5 Champions - Juneau-Douglas Crimson Bears

Competitor	School	Grade	Time	
Riley Moser	Juneau-Douglas	11	17:01	_____
Alize Arthur	Juneau-Douglas	10	17:25	_____
Johnny Elliott	Juneau-Douglas	11	17:27	_____
Brian Holst	Juneau-Douglas	10	17:32	_____
Russell Healy	Juneau-Douglas	9	17:39	_____
Corey Box	Juneau-Douglas	9	17:48	_____
Harrison Bibb	Juneau-Douglas	10	19:19	_____

Region 5 Other Qualifiers

Christopher Llanos	Ketchikan	11	17:19	_____
Michael Lohrey	Thunder Mountain	11	17:30	_____
Nicolas Wright	Thunder Mountain	12	17:32	_____
Khalil English	Thunder Mountain	12	17:35	_____

Region 6

Region 6 Champions - West Valley Wolfpack

Competitor	School	Grade	Time	
Max Donaldson	West Valley	11	16:22.4	_____
Erich Hoefler	West Valley	12	16:26.0	_____
Jonathan Koenig	West Valley	11	16:38.2	_____
Spencer Herron	West Valley	10	17:20.2	_____
Jesse Mayo	West Valley	11	17:23.0	_____
Sam Hiltenbrand	West Valley	10	17:35.7	_____
Benjamin Koenig	West Valley	9	17:40.8	_____

Region 6 Runner Up - Lathrop Malemutes

Sam King	Lathrop	12	17:08.1	_____
Keegan Ragan	Lathrop	12	17:10.0	_____
Noah Tsigonis	Lathrop	11	17:27.1	_____
Logan Mowry	Lathrop	9	17:27.4	_____
Enoch Porter	Lathrop	10	17:47.7	_____
Kevin Brune	Lathrop	10	18:57.2	_____
Morgan Trosper	Lathrop	11	19:29.3	_____

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2012 Tournament Results - Girls

123A GIRLS

Champion	GRACE CHRISTIAN	20
Runner-up	Homer	77
3rd place	Nome	131
4th place	Seward	145
5th place	Mt. Edgecumbe	160
6th place	Sitka	169
7th place	Bethel	173
8th place	Valdez	181
9th place	Petersburg	184
10th place	Su Valley	221

Academic Award presented by Princess Cruises and Tours:
Grace Christian Grizzlies (3.78)

Top Ten Individual Finishers

1. Taylee Nyquest	Thorne Bay	19:33
2. Rosa Schmidt	Nome	20:06
3. Morgan Lash	Grace Christian	20:06
4. Elle Arnold	Grace Christian	20:08
5. Cheyenne Applegate	Grace Christian	20:15
6. Claire Trujillo	Grace Christian	20:18
7. Sara Hamberger	Cordova	20:33
8. Anna Trujillo	Grace Christian	20:40
9. Macala Fifield	Monroe Catholic	20:52
10. Tessa Wygant	Kenny Lake	21:04

Good Sport Team

Hutchison:	Ariane Sinkey
Su-Valley:	Ayla Loper
Petersburg:	Nicole Peterson
Nome:	Jannelle Trowbridge
Sitka:	Kaycie Coleman
Valdez:	Emily Merioles
Grace Christian:	Claire Trujillo
Bethel:	Elizabeth Lindley
Mt. Edgecumbe:	Sarah Freese
Seward:	Lindsey Kromery

4A GIRLS

Champion	WASILLA	74
Runner-up	West Anchorage	83
3rd place	East Anchorage	108
4th place	Lathrop	131
5th place	Service	134
6th place	Soldotna	140
7th place	Colony	142
8th place	South Anchorage	162
9th place	West Valley	170
10th place	Thunder Mountain	226

Academic Award presented by Princess Cruises and Tours:
 Colony Knights (3.97)

Top Ten Individual Finishers

1. Allie Ostrander	Kenai	18:46
2. Audrey Michaelson	Colony	18:52
3. Brooke Lizotte	Lathrop	19:18
4. Megan Kubichek	Lathrop	19:29
5. Rachel Roelle	West Anchorage	19:29
6. Grace Graham	East Anchorage	19:31
7. Peggy Mathis	Wasilla	19:31
8. Maddie Hall	Thunder Mountain	19:36
9. Hannah Stevens	Eagle River	19:49
10. Jenette Northey	Service	19:49

Good Sport Team

West Anchorage:	Rachell Roelle
South Anchorage:	Tsaina Mahlen
East Anchorage:	Liz Burt
Colony:	Audrey Michaelson
Soldotna:	Hannah Pothast
Thunder Mountain:	Marella Gungob
Wasilla:	Alysha Devine
Lathrop:	Sara Karl
West Valley:	Tamara Fairbanks
Service:	Alisa Aist

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2012 Tournament Results - Boys



123A BOYS

Champion	GRACE CHRISTIAN	44
Runner-up	Seward	56
3rd place	Homer	82
4th place	Delta Junction	131
5th place	Bethel	161
6th place	Anchorage Christian	164
7th place	Mt. Edgecumbe	184
8th place	Sitka	185
9th place	Nome	219
10th place	Haines	252

Academic Award presented by Princess Cruises and Tours:
Galena Hawks (3.82)

Top Ten Individual Finishers

1. Arlen Mossgrrove	Glennallen	16:55
2. Miles Knotek	Seward	16:56
3. Daniel Serventi	Grace Christian	17:19
4. Matthew Moore	Seward	17:20
5. Kaleb Korta	Galena	17:28
6. Micah Hilbish	Skyview	17:32
7. Connor CcCarron	Homer	17:33
8. William Brand	Craig	17:35
9. Hans Karlberg	Grace Christian	17:37
10. Michael Marshall	Seward	17:40

Good Sport Team

Mt. Edgecumbe:	Cole Johnson
Nikolaevsk:	Eric Mametieff
Galena:	Curtis Richardson
Seward:	Tannen Berry
Nome:	Junyor Erikson
Bethel:	Christof Swope
Delta Junction:	Jimmy Morden
Haines:	Corey Piper
Grace Christian:	Josh Thomas
ACS:	Keaton Evans
Sitka:	Jamie Wladyka

4A BOYS

Champion	WEST VALLEY	49
Runner-up	Service	54
3rd place	Kodiak	59
4th place	Kenai	136
5th place	Colony	164
6th place	Lathrop	176
7th place	West Anchorage	179
8th place	Juneau-Douglas	185
9th place	Chugiak	199
10th place	South Anchorage	212

Academic Award presented by Princess Cruises and Tours:
Juneau-Douglas Crimson Bears (3.73)

Top Ten Individual Finishers

1. Levi Thomet	Kodiak	16:11
2. Cole Christiansen	Kodiak	16:18
3. Peter Noon	West Valley	16:34
4. Tal Norvell	Juneau-Douglas	16:39
5. Gilly Szweda-Mitte	Service	16:40
6. Tristan Sayre	West Valley	16:51
7. Julian McCarthy	Kodiak	16:52
8. Garth Schulz	Service	16:52
9. David McPetres	Chugiak	16:53
10. Jonah Theisen	Kenai	16:55

Good Sport Team

South Anchorage:	Adam Fletcher
West Anchorage:	Peter Moma
Chugiak:	Jack Ginter
Lathrop:	Ewa Oba
Kenai:	Jonah Theison
Juneau-Douglas:	Johnny Elliot
West Valley:	Peter Noon
Service:	Taylor Turney
Kodiak:	Julian McCarthy
Colony:	Lyon Kopsack



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