

2016



First National Bank
ALASKA MEMBER FDIC
We Believe in Alaska

TRACK & FIELD



2016 Schedule
Event Line-Ups
Participating Teams
Past Tournament Results

For more information and stats go to www.asaa.org





***take the
pledge***

ItCanWait.com


[#ItCanWait](https://twitter.com/ItCanWait)

Welcome from ASAA

On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA's corporate partners, welcome to the 2016 ASAA/First National Bank Alaska State High School Track & Field Championships! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate your being part of this statewide championship event.

Billy Strickland,
ASAA Executive Director

Table of Contents

• Championship Schedule	3
• Boys 4A Line-ups	5-9
• Girls 4A Line-ups	11-15
• Boys 1-2-3A Line-ups	17-21
• Girls 1-2-3A Line-ups	23-27
• Participating Team Photos	29-35
• State Records In Each Event	37
• 2015 Tournament Results	39

Sportsmanship Creed

"This contest is being played under the authority of the Alaska School Activities Association. ASAA rules provide for fair play and good sportsmanship among athletes and coaches. Since booing and jeering do not support anyone, we expect fans to be positive in supporting their favorite team with encouraging comments and cheers. Please refrain from words or actions that would reflect negatively on your school and team. In other words, BE A FAN—NOT A FANATIC."

About the Cover: Photos taken during the 2015 ASAA/First National Bank State High School Track and Field Championships

We go further so that you can too.

There are more than 20 brands of cars being sold in America.

How do we make Ford stand out?

Not just with all-electric vehicles that get a projected 100 miles per gallon equivalent (MPGe)¹, but also with a line of gas vehicles equipped with innovative EcoBoost[®] engines – combining power with efficiency.

Our technology will go to work just from hearing your voice plus will practically park and open doors for you?

And we make this kind of advanced technology available in our cars.

We have to go further than anyone thought we could.

So you can too.



EXPLORER

ESCAPE

EDGE

FUSION

FOCUS

FIESTA



Proud Sponsor of Alaska School Activities Association

¹Estimate based on Ford Development Testing and U.S. EPA petroleum equivalence factor. ²Optional SYNC[®] active park assist and hands-free liftgate. SYNC is available on most Ford vehicles. Features/functionality vary by vehicle/model. Driving while distracted can result in loss of vehicle control. Only use SYNC/MyFord Touch/other devices, even with voice commands, when it is safe to do so. Some features may be locked out while the vehicle is in gear. Traffic alerts and turn-by-turn directions available in select markets. Message and data rates may apply.

Go Further

Your Local Alaska Ford Store

CompareFord.com



2016 TRACK & FIELD STATE CHAMPIONSHIPS SCHEDULE

Hosted by: ASAA & Dimond HS / Location: Dimond High School Stadium

FRIDAY, MAY 27

FINAL FIELD EVENTS

8:15am - Clerk Check In Available

8:55 am - National Anthem

HIGH JUMP

9:00 am 123A Girls and 4A Girls (Pit 1)
9:00 am 123A Boys and 4A Boys (Pit 2)

DISCUS

9:15 am 123A Girls
11:00 am 4A Girls

SHOT PUT

9:30 am 4A Boys
11:15 am Unified Coed
12:15 pm 123A Boys

TRIPLE JUMP

1:00 pm 123A Boys (Pit 1) and 4A Boys (Pit 2)
3:30 pm 123A Girls (Pit 1) and 4A Girls (Pit 2)

RUNNING EVENTS

9:30am - Clerk Check In Available

PRELIMINARIES

10:25 am 123A Girls 100M Hurdles	10:35 am 4A Girls 100M Hurdles
10:50 am 123A Boys 110M Hurdles	11:00 am 4A Boys Hurdles
11:15 am 123A Girls 100M	11:25 am 4A Girls 100M
11:35 am 123A Boys 100M	11:45 am 4A Boys 100M

FINALS

12:00 pm 123A Girls 3200M Final	12:25 pm 4A Girls 3200M Final
12:50 pm 123A Boys 3200M Final	1:15 pm 4A Boys 3200M Final

PRELIMINARIES

1:35 pm 123A Girls 400M	1:45 pm 4A Girls 400M
1:55 pm 123A Boys 400M	2:05 pm 4A Boys 400M
2:20 pm 123A Girls 300M Hurdles	2:35 pm 4A Girls 300M Hurdles
2:50 pm 123A Boys 300M Hurdles	3:05 pm 4A Boys 300M Hurdles
3:20 pm 123A Girls 800M	3:30 pm 4A Girls 800M
3:40 pm 123A Boys 800M	3:50 pm 4A Boys 800M
4:05 pm 123A Girls 200M	4:15 pm 4A Girls 200M
4:25 pm 123A Boys 200M	4:35 pm 4A Boys 200M

4:50 pm Possible Run-Offs

SATURDAY, MAY 28

FINAL FIELD EVENTS

8:15am - Clerk Check In

LONG JUMP

9:00 am 123A (Pit 1)
4A Boys (Pit 2)
11:00 am Unified Coed
12:00 pm 123A (Pit 1)
4A Girls (Pit 2)

DISCUS

9:15 am 4A Boys
11:00 am 123A Boys

SHOT PUT

9:30 am 123A Girls
11:15 am 4A Girls

FINAL RUNNING EVENTS

9:45 - Clerk Check In Available

10:20 am - National Anthem

10:30 am 123 Girls 4x800M Relay	10:45 am 4A Girls 4x800M Relay
11:00 am 123A Boys 4x800M Relay	11:15 am 4A Boys 4x800M Relay

11:30 am 123A Girls 100M Hurdles	11:35 am 4A Girls 100M Hurdles
11:48 am 123A Boys 110M Hurdles	11:53 am 4A Boys 110M Hurdles

12:05 pm - 123A Girls 100M	12:10 pm 4A Girls 100M
12:15 pm Unified 100M (One athlete heat / One partner heat)	

12:33 pm 123A Boys 100M	12:38 pm 4A Boys 100M
-------------------------	-----------------------

12:50 pm 123A Girls 4x200M Relay	1:00 pm 4A Girls 4x200M Relay
1:15 pm 123A Boys 4x200M Relay	1:25 pm 4A Boys 4x200M Relay

1:33 pm 123A Girls 1600M	1:43 pm 4A Girls 1600M
1:53 pm 123A Boys 1600M	2:03 pm 4A Boys 1600M

2:15 pm 123A Girls 4x100M Relay	2:23 pm 4A Girls 4x100M Relay
---------------------------------	-------------------------------

2:33 pm Unified 4x100M Relay

2:43 pm 123A Boys 4x100M Relay	2:51 pm 4A Boys 4x100M Relay
--------------------------------	------------------------------

2:58 pm 123A Girls 400M	3:07 pm 4A Girls 400M
3:14 pm 123A Boys 400M	3:21 pm 4A Boys 400M

3:30 pm 123A Girls 300M Hurdles	3:40 pm 4A Girls 300M Hurdles
3:50 pm 123A Boys 300M Hurdles	4:00 pm 4A Boys 300M Hurdles

4:15 pm 123A Girls 800M	4:25 pm 4A Girls 800M
4:35 pm 123A Boys 800M	4:40 pm 4A Boys 800M

4:50 pm 123A Girls 200M	4:58 pm 4A Girls 200M
5:05 pm 123A Boys 200M	5:12 pm 4A Boys 200M

5:25 pm 123A Girls 4x400M Relay	5:35 pm 4A Girls 4x400M Relay
5:45 pm 123A Boys 4x400M Relay	5:55 pm 4A Boys 4x400M Relay

We set the standard



Alaskan Memories *Awards for All Occasions*



401 W. Northern Lights Blvd. Suite 3 • Anchorage, AK 99503
(907) 277-1124 • Fax: 272-1943



ALASKA FINANCIAL ASSOCIATES

financial planning
for a better tomorrow

Terry P. Welsh, CFP[®], ChFC, CLU

621 Pine B, Ketchikan • 225-0619

1400 K Street, Anchorage • 276-0619

Email to: afa@afa-associates.com • **Fax number:** 866-905-8876

Securities offered through NATIONAL PLANNING CORPORATION (NPC), Member
NASD/SPIC

Advisory services offered through the Planners Network, Inc. (TPN).

AFA, NPC, and TPN are separate and unrelated companies

PERSONAL AND BUSINESS PLANNING

4A Boys Event Line-ups

100 METER

PLACE	NAME	RESULT	SCHOOL
1	Dillon Pratt	10.99a	Chugiak
2	Brett Morman	10.99a	South Anchorage
1	Aidan Hildebrand	11.05a	Thunder Mountain
2	Adam Ramsay	11.25a	Thunder Mountain
3	John Somerlot	11.37a	Thunder Mountain
3	Drayton Ingram	11.41a	Bartlett
1	Billy Alcaide	11.56a	Kodiak
1	Josh Cummings	11.60a	West Valley
4	Chase Perry	11.60a	Eagle River
5	Colton Herman	11.61a	East Anchorage
4	Justin Miller	11.62a	Juneau Douglas
2	Jordan Nero	11.65a	Colony
3	Josh Jackman	11.70a	Kenai Central
6	Armond Eppenger	11.79a	East Anchorage
2	Xavier Simon	11.81a	West Valley
7	Osamu Jones	11.84a	Dimond
8	Markus Sagatu	11.88a	Bartlett
4	Jay Miranda	11.95a	Kodiak
5	Brenner Furlong	12.03a	Soldotna

200 METER

Place	Seed	Name	School
1		Brett Morman	South Anchorage
2		Dillon Pratt	Chugiak
3		Jack Martensen	Service
4		Bentiu Panoam	Bartlett
1		Luke Paden	Thunder Mountain
1		Billy Alcaide	Kodiak
2		John Somerlot	Thunder Mountain
5		Rafa Zavala	Dimond
2		Chase Ferris	Palmer
3		Zane Vrvilo	Colony
1		Micah Banks	West Valley
4		Jonathan Pomrenke	Colony
6		Colton Herman	East Anchorage
3		Justin Miller	Juneau Douglas
5		Beau Cork	Wasilla
7		Chase Perry	Eagle River
2		RJ Henry	Lathrop
8		Jason Mckee	Service
4		Erick Whisenant	Thunder Mountain

400 METER

PLACE	NAME	RESULT	SCHOOL
1	Jack Martensen	50.08a	Service
1	Galat Tut	50.60a	Ketchikan
2	Bentiu Panoam	50.98a	Bartlett
3	Ty Jordan	51.17a	Chugiak
4	Rafa Zavala	51.24a	Dimond
1	Josh Jackman	51.28a	Kenai Central
2	Luke Paden	51.37a	Thunder Mountain
1	Brandon Joyner	51.42a	West Valley
2	RJ Henry	51.60a	Lathrop
5	Luke Mouracade	52.05a	Eagle River
2	Brandon Nicholson	52.07a	Colony
3	Grant Wilson	52.20a	West Valley
6	Austin Sayer	52.33a	Chugiak
7	De'Marien Joseph	52.58a	East Anchorage
3	Zane Vrvilo	53.29a	Colony
4	Larry Cutsforth	53.31a	Palmer
5	Tyler Spatz	53.33a	Palmer
6	Micah Burnett	53.45a	Kodiak
8	Jimmy Campbell	53.59a	Dimond

800 METER

PLACE	NAME	RESULT	SCHOOL
1	Ty Jordan	1:58.10a	Chugiak
2	Atticus Everett	1:59.11a	West Anchorage
3	Derek Steele	1:59.77a	South Anchorage
1	Aaron Swedberg	2:00.38a	Soldotna
2	Michael Parnell	2:00.61a	Kodiak
3	Levi Michael	2:01.26a	Soldotna
4	Isaac Larson	2:01.42a	Bartlett
4	Quincy Fuller	2:01.52a	Wasilla
1	Keel Simon	2:01.76a	West Valley
5	Jacob Obrigewitch	2:01.92a	Bartlett
5	Jack Hannah	2:02.13a	Kodiak
2	Camron Herron	2:02.62a	West Valley
6	Keith Osowski	2:03.29a	Kodiak
7	Dakota Peterson-Thompson	2:03.47a	Colony
1	Ryan Moritz	2:04.18a	Juneau Douglas
8	Ryan Kavalok	2:05.05a	Palmer
6	Declan Reid	2:05.17a	Bartlett
7	Wyatt Dodge	2:05.31a	Service
2	Ethan Goebel	2:05.82a	Juneau Douglas

1600 METER

PLACE	NAME	RESULT	SCHOOL
1	Ty Jordan	4:26.21a	Chugiak
2	Derek Steele	4:26.75a	South Anchorage
3	Finn Walker	4:27.60a	West Anchorage
4	Wyatt Dodge	4:33.96a	Service
1	Michael Parnell	4:34.13a	Kodiak
2	Dakota Peterson-Thompson	4:34.45a	Colony
5	Riley Howard	4:34.73a	Service
6	Jacob Walsh	4:35.34a	Eagle River
3	Quincy Fuller	4:35.63a	Wasilla
1	Ti Donaldson	4:38.85a	West Valley
4	Keith Osowski	4:38.90a	Kodiak
7	Foster Birnbaum	4:39.13a	West Anchorage
2	Spencer Herron	4:40.86a	West Valley
3	Alex Beehler	4:41.02a	Lathrop
4	Elliot Kenaston	4:41.83a	West Valley
1	Obadiah Dawson	4:44.84a	Thunder Mountain
8	Logan Borger	4:43.21a	South Anchorage
9	Koen Bailey	4:43.80a	South Anchorage
5	Jack Hannah	4:43.92a	Kodiak

3200 METER

PLACE	NAME	RESULT	SCHOOL
6	Koen Bailey	10:03.05a	South Anchorage
1	Ti Donaldson	10:03.21a	West Valley
2	Michael Parnell	10:04.24a	Kodiak
3	Aaron Swedberg	10:06.76a	Soldotna
7	Luke Meiwes	10:09.96a	South Anchorage
8	Zephan Ozturgut	10:12.31a	East Anchorage
2	Spencer Herron	10:14.07a	West Valley
4	Dakota Peterson-Thompson	10:14.09a	Colony
1	Jonah Penrose	10:15.79a	Thunder Mountain
9	Ethan Davis	10:18.02a	West Anchorage
1	Derek Steele	9:40.29a	South Anchorage
2	Finn Walker	9:44.13a	West Anchorage
3	Jacob Walsh	9:45.34a	Eagle River
4	Foster Birnbaum	9:52.01a	West Anchorage
1	Keith Osowski	9:56.81a	Kodiak
5	Riley Howard	9:59.90a	Service
10	Hunter Thompson	10:19.83a	Service
11	Roan Hall	10:20.44a	Chugiak
12	Tristan Wiese	10:20.63a	West Anchorage

Just a Kid
FROM
ALASKA
POWERADE®

Coca-Cola
Coca-Cola of Alaska,
a division of The Odom Corporation

4A Boys Event Line-ups

110 METER HURDLES

PLACE	NAME	RESULT	SCHOOL
1	Mark Fisher	15.92a	West Anchorage
2	William Troxel	16.00a	West Anchorage
3	Mason Wadsworth	16.03a	Eagle River
1	Brady Southwick	16.22a	Palmer
4	Will Balcao	16.51a	South Anchorage
1	Ashonte Williams	16.60a	Lathrop
2	Jarett Wilson	16.72a	Kenai Central
1	Gabe Crawford	16.85a	Thunder Mountain
3	Abraham Van Hout	16.86a	Soldotna
4	Aaron Alonzo	16.87a	Kodiak
5	Wyatt Helton	16.95a	Wasilla
6	Matthew Clyde	17.04a	Colony
5	Daryl Bushnell	17.06a	East Anchorage
6	Dallas Tellef	17.29a	Bartlett
7	Jeramiah Black	17.35a	Kodiak
8	Matthew Daniels	17.53a	Palmer
7	Osamu Jones	17.60a	Dimond
2	John Morris	17.86a	Thunder Mountain
8	Quinton Perham	17.90a	Chugiak

300 METER HURDLES

PLACE	NAME	RESULT	SCHOOL
2	Mark Fisher	41.83a	West Anchorage
3	Daryl Bushnell	42.09a	East Anchorage
4	Mason Wadsworth	42.16a	Eagle River
5	Dax Cvancara	42.36a	Dimond
1	Brady Southwick	42.76a	Palmer
6	William Troxel	42.80a	West Anchorage
2	Jacob Hessinger	42.90a	Colony
3	Jarett Wilson	43.08a	Kenai Central
1	Ashonte Williams	43.13a	Lathrop
2	Terrell Johnson	43.40a	West Valley
4	Abraham Van Hout	43.77a	Soldotna
1	John Morris	43.94a	Thunder Mountain
7	Troy Zellers	44.16a	Chugiak
5	Caleb Drumm	44.29a	Wasilla
3	Sergio Salcido	44.43a	Lathrop
1	Will Balcao	41.27a	South Anchorage
6	Melvin Charles-White	44.52a	Colony
8	Quinton Perham	44.81a	Chugiak
7	Koby Vinson	45.15a	Soldotna

DISCUS THROW

PLACE	NAME	RESULT	SCHOOL
7	Carson Washburn	114'04.00	East Anchorage
3	Austin Alderfer	114-08	Juneau Douglas
6	David Chatterton	115'08.00	East Anchorage
5	Kenny Huffer	116'05.00	Chugiak
3	Jack Dickinson	117-01	Lathrop
2	Joey Rhoads	117-03	Ketchikan
6	John Grossl	119-00	Kenai Central
5	Alex Alvarado	119-02	Colony
4	Forest Perish	119'04.00	Chugiak
1	Garth Tupou	120-09	Thunder Mountain
4	Ben Frick	124-07	Wasilla
2	Chase Dunham	129-09	North Pole
3	Brandon Pili	130'07.00	Dimond
2	Ralph Toleafoa	132'11.00	East Anchorage
1	Jake Foshee	135-07	West Valley
3	Dalton Best	136-02	Soldotna
2	Jay Miranda	138-10	Kodiak
1	Johnathon Stephens	144'09.00	Service
1	Kordell Pillans	156-10	Kodiak

SHOT PUT

PLACE	NAME	RESULT	SCHOOL
6	David Kolomeychuk	39-03.25	Wasilla
8	Justin Tovia	40'04.00	West Anchorage
3	James Colburn	40-05.00	Lathrop
7	Johnathon Stephens	40'08.75	Service
5	Ben Frick	40-10.75	Wasilla
2	Cody Weldon	41-00.25	Juneau Douglas
6	Ralph Toleafoa	42'03.75	East Anchorage
4	Alex Alvarado	42-07.50	Colony
5	Brandon Pili	42'08.50	Dimond
1	Garth Tupou	42-09.00	Thunder Mountain
3	Drew Gibbs	43-01.25	Soldotna
2	Jake Foshee	43-05.00	West Valley
4	Nigel Pagofie	43'06.00	Bartlett
3	Ethan Falaniko	44'04.50	Bartlett
2	Thomas Sio	46'05.00	Bartlett
1	Evan Bruso	47'00.25	Bartlett
2	Dalton Best	48-08.50	Soldotna
1	Jack Dickinson	49-06.75	Lathrop
1	Kordell Pillans	54-10.00	Kodiak

HIGH JUMP

PLACE	NAME	RESULT	SCHOOL
2	Keenan Orth	5-06.00	Kenai Central
3	Andreas Carros	5-06.00	Kodiak
3	Duncan Noble	5-06.00	Lathrop
3	Terrance Doyle	5-06.00	Lathrop
4	Donovan Eiman	5-06.00	Palmer
1	Trevor Ortiz	5-08.00	Ketchikan
2	Nathaniel Fromm	5'10.00	Service
2	Mark Fisher	5'10.00	West Anchorage
1	Brandon Nicholson	5-10.00	Colony
1	Brandon Joyner	5-10.00	West Valley
2	Terrell Johnson	5-10.00	West Valley
6	Cassidy Tix	5'6.00	West Anchorage
4	Dallas Tellef	5'8.00	Bartlett
5	Mason Wadsworth	5'8.00	Eagle River
1	Bryce Hellman	6'4.00	Bartlett

LONG JUMP

PLACE	NAME	RESULT	SCHOOL
6	Austin Sayer	18'05.25	Chugiak
5	Lucas Davis	18'06.25	Eagle River
6	Nick Johnson	18-06.25	Palmer
3	Duncan Smith	18-06.75	Juneau Douglas
5	Logan Shrader	18-06.75	Soldotna
4	Johnathon Holgate	18-07.25	Colony
4	Cephas Ekuase	18'09.50	Dimond
3	Billy Alcaide	18-09.50	Kodiak
4	Brandon Joyner	18-11.75	West Valley
3	Anthony Parker	19'00.25	Dimond
3	Terrell Johnson	19-02.50	West Valley
2	Elijah Blackweasel	19-04.25	West Valley
2	Bentiu Panoam	19'07.25	Bartlett
2	Gabe Crawford	19-08.25	Thunder Mountain
1	Trevor Ortiz	19-11.75	Ketchikan
1	Micah Banks	20-02.50	West Valley
1	Nathaniel Fromm	20'03.50	Service
2	Brandon Nicholson	21-02.00	Colony
1	Josh Jackman	21-03.25	Kenai Central

BELIEVE IN THE BUILDING



We believe in the home. We believe in the office park. We believe in the building and we want to help you make each one great. We operate more than 20 building material facilities all across the state, all devoted to those who create the buildings that shape Alaska. We are Spenard Builders Supply. And we believe in the building. If you do too, visit us at www.sbsalaska.com.

- Lumber
- Cabinets
- Decking
- Doors
- Windows
- Insulation
- Millwork
- Roofing
- Paint

YOUR SOURCE FOR ALL YOUR HOME IMPROVEMENTS

21 locations statewide

 **Spenard Builders Supply**
PBC Build

www.sbsalaska.com

4A Boys Event Line-ups

TRIPLE JUMP

PLACE	NAME	RESULT	SCHOOL
8	Thomas Christian	37'08.50	South Anchorage
7	Jake Mohundro	38'01.00	South Anchorage
6	Brian Jensen	38'06.00	Chugiak
3	Terrell Johnson	38-08.00	West Valley
7	Nick Johnson	38-08.00	Palmer
5	Tristan Wilhoit	38'09.25	Dimond
6	Preston Weeks	38-10.25	Soldotna
2	Duncan Noble	39-00.00	Lathrop
2	Gabe Crawford	39-00.50	Thunder Mountain
5	Logan Shrader	39-03.50	Soldotna
1	Duncan Smith	39-05.50	Juneau Douglas
4	Cephas Ekuase	40'02.25	Dimond
3	Austin Sayer	40'03.00	Chugiak
4	Andreas Carros	40-04.50	Kodiak
3	Donovan Eiman	40-08.25	Palmer
2	Nathaniel Fromm	40'10.00	Service
2	Josh Jackman	40-11.00	Kenai Central
1	Lucas Davis	41'06.50	Eagle River
1	Josh Cummings	42-05.00	West Valley
1	Brandon Nicholson	46-04.25	Colony

400 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	43.90a	West Valley
1	Relay Team	44.22a	Thunder Mountain
1	Relay Team	44.96a	Dimond
2	Relay Team	45.10a	Service
3	Relay Team	45.21a	South Anchorage
1	Relay Team	45.60a	Colony
2	Relay Team	45.94a	Palmer
2	Relay Team	46.15a	Lathrop
4	Relay Team	46.23a	West Anchorage
5	Relay Team	46.36a	Chugiak
3	Relay Team	46.37a	Wasilla

800 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	1:32.03a	Thunder Mountain
1	Relay Team	1:32.16a	West Valley
1	Relay Team	1:32.90a	Dimond
2	Relay Team	1:33.80a	Bartlett
3	Relay Team	1:34.10a	West Anchorage
1	Relay Team	1:34.17a	Colony
2	Relay Team	1:36.55a	Wasilla
4	Relay Team	1:36.79a	Service
3	Relay Team	1:37.22a	Kenai Central
5	Relay Team	1:37.94a	South Anchorage
4	Relay Team	1:40.13a	Kodiak

1600 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	3:30.70a	Bartlett
1	Relay Team	3:31.93a	Kodiak
2	Relay Team	3:33.11a	Chugiak
2	Relay Team	3:33.13a	Palmer
1	Relay Team	3:34.18a	West Valley
3	Relay Team	3:34.44a	Soldotna
3	Relay Team	3:36.47a	Service
1	Relay Team	3:39.66a	Thunder Mountain
4	Relay Team	3:36.72a	Dimond
2	Relay Team	3:37.43a	Lathrop
5	Relay Team	3:38.78a	South Anchorage

3200 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	8:16.54a	Kodiak
2	Relay Team	8:16.83a	Soldotna
1	Relay Team	8:18.64a	Eagle River
2	Relay Team	8:20.52a	Bartlett
3	Relay Team	8:29.33a	Chugiak
1	Relay Team	8:32.94a	Juneau Douglas
3	Relay Team	8:36.64a	Palmer
1	Relay Team	8:59.43a	West Valley
4	Relay Team	8:38.59a	South Anchorage
5	Relay Team	8:40.11a	Service
6	Relay Team	8:40.93a	Dimond

A female athlete with blonde hair, wearing a white tank top and dark shorts, is in a starting crouch on a track. She is wearing red and black running shoes. The background shows a sunset with long shadows and trees. A blue and green graphic element is in the top left corner.

**Most of the hard work happens
when no one is looking.**

Alaska Airlines is proud to support the competitors with the endurance to compete in the ASAA/First National Bank Alaska 2016 Track and Field State Championships.



Alaska[®]
AIRLINES

4A Girls Event Line-ups

100 METER

PLACE	NAME	RESULT	SCHOOL
1	Katherine Hines	12.48a	South Anchorage
2	Ariana Davis	12.65a	Chugiak
3	Cerina Bush	12.93a	Chugiak
1	Jazlan Davis	12.94a	Lathrop
1	Bernadette Franulovich	13.10a	Ketchikan
4	Pather Thao	13.11a	Bartlett
2	Aly Heaton	13.16a	Thunder Mountain
1	Daisy Nelson	13.26a	Soldotna
2	Envyi Pendergrass	13.29a	Lathrop
5	Kyra Precie	13.31a	Dimond
2	Brittany Taylor	13.35a	Soldotna
6	Bonita Woods	13.35a	East Anchorage
7	Makenna Boring	13.48a	Dimond
3	Kylie Erickson	13.56a	North Pole
3	Kaylyn Kelly	13.58a	Wasilla
3	Mikayla May	13.65a	Thunder Mountain
8	Autumn Blair	13.71a	Service
4	Tekaiya Rich	13.75a	Kenai Central
4	Trinity Robinson	13.77a	West Valley

200 METER

PLACE	NAME	RESULT	SCHOOL
1	Katherine Hines	26.17a	South Anchorage
2	Gretta Pickett	26.60a	West Anchorage
3	Jordyn Bruce	26.67a	Eagle River
1	Daisy Nelson	26.70a	Soldotna
1	Jazlan Davis	26.87a	Lathrop
4	Ariana Davis	26.90a	Chugiak
5	Brooke Liland	26.97a	Dimond
2	Bailey Roe	27.02a	West Valley
1	Bernadette Franulovich	27.25a	Ketchikan
6	Cerina Bush	27.37a	Chugiak
2	Brittany Taylor	27.50a	Soldotna
2	Aly Heaton	27.64a	Thunder Mountain
3	Zaidybel Sanchez	27.84a	Lathrop
3	Mikayla May	28.05a	Thunder Mountain
3	HoneyRose Macatuno	28.13a	Kodiak
4	Malikah Hughes	28.13a	West Valley
4	Kaylyn Kelly	28.26a	Wasilla
7	Makenna Boring	28.36a	Dimond
5	Trinity Robinson	28.40a	West Valley

400 METER

PLACE	NAME	RESULT	SCHOOL
1	Brooke Liland	59.99a	Dimond
1	Daisy Nelson	1:00.12a	Soldotna
1	Bailey Roe	1:00.73a	West Valley
2	Zaidybel Sanchez	1:01.18a	Lathrop
2	Kaitlyn Bailly	1:02.24a	South Anchorage
1	Erika Rodanhisler	1:02.28a	Ketchikan
2	Brittany Taylor	1:02.37a	Soldotna
3	Olivia Hutchings	1:02.72a	Soldotna
3	Chase Stewart	1:02.88a	North Pole
4	Malikah Hughes	1:02.99a	West Valley
5	Devanie Plass	1:03.54a	West Valley
3	Dreanna Owens	1:03.73a	Eagle River
4	Xinghua Turner	1:03.97a	Chugiak
5	Julia Alfano	1:04.25a	Dimond
6	Reilly Hall	1:04.27a	Chugiak
4	HoneyRose Macatuno	1:04.49a	Kodiak
7	Elsie Hoppenworth	1:04.59a	West Anchorage
2	Leilani Eshnaur	1:04.67a	Thunder Mountain
5	Ella Raisley	1:05.22a	Kodiak

800 METER

PLACE	NAME	RESULT	SCHOOL
1	Naomi Welling	2:17.95a	Thunder Mountain
1	Morgan Lash	2:23.64a	South Anchorage
1	Ruby Woodings	2:24.52a	Palmer
1	Brooke Gottmeier	2:25.51a	West Valley
2	Olivia Hutchings	2:25.70a	Soldotna
2	Peyton Young	2:26.70a	Eagle River
2	Erin Wallace	2:28.10a	Thunder Mountain
3	Jordyn Block	2:29.40a	Colony
3	Shelby Lindsay	2:31.48a	Bartlett
4	Shawna Lindsay	2:31.60a	Bartlett
2	Jenna Difolco	2:32.00a	West Valley
4	Coleen Geraghty	2:32.32a	Colony
5	Mazie Edwards	2:32.55a	Chugiak
6	Lauren Devine	2:32.89a	Chugiak
3	Erika Rodanhisler	2:33.12a	Ketchikan
5	Jill Bowker	2:34.19a	Colony
7	Meagan Bauer	2:34.41a	Service
6	Cathelyne Powers	2:34.86a	Colony
3	Faith Widman	2:35.47a	West Valley

1600 METER

PLACE	NAME	RESULT	SCHOOL
1	Morgan Lash	5:12.21a	South Anchorage
2	Peyton Young	5:24.26a	Eagle River
1	Erin Wallace	5:24.47a	Thunder Mountain
1	Jenna Difolco	5:27.30a	West Valley
3	Meagan Bauer	5:29.17a	Service
4	Kylie Judd	5:29.29a	Dimond
5	Emma Sees	5:29.35a	Chugiak
1	Zoe Bigley	5:33.52a	Kodiak
2	Rahab Porter	5:35.05a	Lathrop
2	Jordyn Block	5:36.10a	Colony
6	Maggie Meeds	5:36.64a	South Anchorage
3	Jill Bowker	5:37.22a	Colony
4	Coleen Geraghty	5:37.52a	Colony
5	Rya Berrigan	5:38.96a	Palmer
7	Clare Cook	5:39.25a	Chugiak
8	Grace Fahrney	5:40.28a	Service
9	KayLee Manwaring	5:41.10a	Chugiak
10	Clare Howard	5:41.53a	Service
11	Helen Wilson	5:41.70a	Eagle River

3200 METER

PLACE	NAME	RESULT	SCHOOL
1	Emma Sees	11:42.12a	Chugiak
2	Kylie Judd	11:48.51a	Dimond
3	Maggie Meeds	11:49.23a	South Anchorage
1	Erin Wallace	11:50.10a	Thunder Mountain
1	Ithaca Bergholtz	11:52.31a	Kenai Central
4	Grace Fahrney	11:55.32a	Service
5	Peyton Young	11:58.44a	Eagle River
1	Jenna Difolco	12:01.93a	West Valley
2	Zoe Bigley	12:02.34a	Kodiak
6	Clare Howard	12:05.05a	Service
7	Brynn Kruchoski	12:07.47a	Chugiak
8	Gwen Mueller	12:07.48a	Chugiak
3	Jill Bowker	12:08.45a	Colony
2	Faith Widman	12:10.00a	West Valley
4	Arielle Himelbloom	12:13.86a	Kodiak
9	Sarah Souders	12:19.18a	Service
5	Cathelyne Powers	12:30.66a	Colony
10	Ariana Foy	12:34.39a	Dimond
3	Rahab Porter	12:41.76a	Lathrop

Teamwork provides perfect backdrop for working at home in Alaska



I was born and raised in Alaska, and have come to appreciate the amazing natural beauty of the 49th state.

As a high school student, my future was just as uncertain as anyone else, but participation in ASAA activities helped point me in the right direction.

Teamwork, camaraderie, and dedication were valuable skills I learned through participation in East High School's tennis team.

Today, as a Guest Services Supervisor, I put those skills to use everyday. I'm proud to work for a company who sponsors ASAA, and their investment in the future of Alaska's youth.

- Jonathon Taylor

Guest Services Supervisor

For more information about employment possibilities
in Alaska with Princess Cruises, go to
www.alaskatourjobs.com



4A Girls Event Line-ups

100 METER HURDLES

PLACE	NAME	RESULT	SCHOOL
1	Naomi Welling	15.16a	Thunder Mountain
1	Chase Stephens	15.38a	Colony
1	Jordyn Bruce	15.47a	Eagle River
2	Gretta Pickett	15.48a	West Anchorage
3	Ann Gebauer	16.45a	Service
2	Audrey Welling	17.38a	Thunder Mountain
4	Olivia Maisey	17.38a	South Anchorage
5	Katherine Kirby	17.53a	West Anchorage
1	Sydney Jamison	17.61a	West Valley
2	Katie Kilfoyle	17.64a	Kenai Central
3	Hannah Villaroya	17.67a	Kodiak
4	Sophie Thomas	17.74a	Soldotna
6	Morgan Bolin	17.89a	Eagle River
5	Jestine Burt	17.92a	Wasilla
2	Tessa Weeden	18.05a	Lathrop
6	Kierra Murphy	18.07a	Kodiak
7	Jourdin Bedwell	18.15a	Chugiak
7	Rosie Dela Cruz	18.19a	Kodiak
8	Brooke Satathite	18.58a	Kenai Central

300 METER HURDLES

PLACE	NAME	RESULT	SCHOOL
1	Naomi Welling	44.01a	Thunder Mountain
1	Jordyn Bruce	45.44a	Eagle River
2	Gretta Pickett	46.32a	West Anchorage
1	Madeline Ko	49.29a	Colony
2	Hannah Villaroya	49.31a	Kodiak
3	Sophie Thomas	50.48a	Soldotna
3	Jalyn Osborne	50.81a	Dimond
4	Katherine Kirby	51.50a	West Anchorage
5	Rebekah Smith	51.70a	Chugiak
4	Emily Werner	51.78a	Soldotna
5	Katie Kilfoyle	52.10a	Kenai Central
6	Jourdin Bedwell	52.32a	Chugiak
1	Tessa Weeden	52.37a	Lathrop
6	Lily Sessom	52.55a	Colony
7	Lindsey Wong	52.79a	Soldotna
7	Olivia Maisey	53.05a	South Anchorage
2	Audrey Welling	53.19a	Thunder Mountain
8	Jacqueline Hixssen	53.73a	Dimond
2	Emma Zayon	55.35a	Lathrop

DISCUS THROW

PLACE	NAME	RESULT	SCHOOL
6	Sylvia Tuisaula	100-00	Soldotna
5	Richelle Walker	102-11	Kodiak
1	Ileana Casiano	108-01	West Valley
4	Annie Quinn	109-03	Soldotna
3	Emily Pieh	110-11	Soldotna
2	Kristina Tennesen	113-08	Colony
1	Abby Beck	126-05	Kenai Central
5	Ella Kupiainen	84'07.00	Chugiak
1	Ciara Kish	84-08	Thunder Mountain
4	Kalolaine Uhila	86'08.00	East Anchorage
3	Haylie Hellman	86'10.00	South Anchorage
2	Kinley Norman	87'00.00	West Anchorage
1	Kyla Liufau	93'04.00	East Anchorage
8	Danielle Stotler	93-08	Colony
2	Abigail Steffen	95-06	Lathrop
7	Emma Ushmann	97-07	Palmer
3	Kaia Hamrick	80-04	Juneau Douglas
2	Kassidy Pietz	82-02	Thunder Mountain
6	Sophia Mira	83'04.00	East Anchorage

SHOT PUT

PLACE	NAME	RESULT	SCHOOL
5	Allyson Jones	27'06.25	Service
4	Cassie Olsen	27-11.00	West Valley
4	Patrishia Tauanuu	28'05.25	East Anchorage
2	Ciara Kish	29-06.25	Thunder Mountain
8	Grace Looney	30-01.50	Colony
3	Abigail Steffen	30-07.00	Lathrop
7	Savannah McDonald	31-06.50	Soldotna
3	Rose Lega	31'08.75	Bartlett
1	Ava Tompkins	32-00.50	Thunder Mountain
6	Annie Quinn	32-01.50	Soldotna
2	Ileana Casiano	33-00.00	West Valley
5	Emma Ushmann	33-07.50	Palmer
4	Demiana Glenn	33-11.25	Wasilla
3	Abby Beck	34-00.50	Kenai Central
2	Richelle Walker	35-02.25	Kodiak
1	Sylvia Tuisaula	35-07.50	Soldotna
2	Tava Fereti	36'04.50	Dimond
1	Envyi Pendergrass	36-11.50	Lathrop
1	Alissa Pili	37'06.25	Dimond

HIGH JUMP

PLACE	NAME	RESULT	SCHOOL
3	Chase Stewart	4-08.00	North Pole
4	Lily Sessom	4-08.00	Colony
4	Anna Condio	4-08.00	Colony
4	Madeline Ko	4-08.00	Colony
4	Lindsey Wong	4-08.00	Soldotna
5	Danica Schmidt	4-08.00	Soldotna
6	Paige Clary	4-08.00	Colony
1	Ava Tompkins	4-09.00	Thunder Mountain
3	Ann Gebauer	4-10.00	Service
2	Jozey Martellaro	4-10.00	West Valley
3	Chantal Le Bon	4-10.00	Wasilla
1	Eva Heinrichs	4-11.00	West Valley
4	Clarice Ruhlin-Hicks	4-8.00	West Anchorage
5	Francesca Jefferson	4-8.00	Eagle River
2	Emma Nelson	5-0.00	Chugiak
2	Chase Stephens	5-2.00	Colony
1	Ceil Dunleavy	5-4.00	Wasilla
1	Zoey Keene	5-4.00	South Anchorage

LONG JUMP

PLACE	NAME	RESULT	SCHOOL
3	Audrey Welling	13-05.50	Thunder Mountain
7	Shawna Johnson	13-07.75	Palmer
6	Chandra Christiansen	13-08.25	Kodiak
1	Abigail Steffen	13-06.25	Lathrop
2	Mary Landes	14-03.25	Thunder Mountain
5	Gin Berry	14-07.25	Colony
8	Dreanna Owens	14'07.75	Eagle River
1	Kaia Michalsen	14-11.00	Ketchikan
7	Allison Gonzales	14'11.50	East Anchorage
6	Myah Precie	15'03.00	Dimond
5	Kassidy Murfin	15'04.50	Chugiak
4	Anna Condio	15-05.50	Colony
4	Dupree Walker	15'06.50	West Anchorage
3	Julianne Wilson	15-10.00	Kenai Central
3	Brooke Liland	15'11.25	Dimond
2	Flurina Boslough	16'00.00	West Anchorage
2	Madeline Ko	16-00.25	Colony
1	Chase Stephens	16-05.00	Colony
1	Emma Nelson	17'07.75	Chugiak

Not a fan of your skin?
We can help.



Alaska Center for Dermatology is the trusted place to go for healthy skin, hair and nails. We're the **most referred** dermatologists in Alaska, offering comprehensive care for the whole family.

Call 907.646.8500 or visit DermAlaska.com

The "10 and 2"
driving technique
NEVER included a
cheeseburger and
cell phone!



Distracted Driving is **ANY** activity or diversion that decreases your focus on driving. Distracted Driving is comparable to a blood alcohol level of .08%!

What are the consequences of Distracted Driving?

- 5,474 Americans **DIED** and 448,000 were injured in 2009.
- Distracted Driving fatalities **INCREASED** 6% since 2005.

**U.S. DEPT. OF TRANSPORTATION STATISTICS

Drive as if your life depends on it.
It does!



Play for Keeps
Win For Life!
www.playforkeepsalaska.org



50/50 Raffle

LASKA
FUTURE SPORTS
BENTON BAY ATHLETIC LIONS

*Watch for the Gold and
you may win the Green!*

Benton Bay Athletic Lions, dressed in gold, will be circulating among you during the game, selling tickets for the 50/50 Raffle. Buy a chance and you could win one-half (50%) of the total proceeds from ticket sales at each contest. You will also become part of a major source of revenue support for Alaska School Activities Association activities - 25% of the proceeds goes directly to ASAA.

The 50/50 Raffle is simple and easy to play. One raffle ticket costs just \$1 and \$5 buys six tickets. Or purchase 13 chances to win for just \$10! The winning ticket will be announced during the final minutes of the game. Join thousands of fans who support ASAA athletics. Play the Benton Bay Athletic Lions 50/50 Raffle each game.
You could take home the Green!

4A Girls Event Line-ups

TRIPLE JUMP

PLACE	NAME	RESULT	SCHOOL
2	Tessa Weeden	30-05.50	Lathrop
8	Danae Stokes	31'01.50	Dimond
7	Gin Berry	31-03.50	Colony
1	Chiane Taylor	30-09.50	Lathrop
6	Lily Sessom	31-08.00	Colony
5	Madeline Ko	32-00.00	Colony
7	Zoey Keene	32'00.75	South Anchorage
4	Julianne Wilson	32-01.00	Kenai Central
3	Anna Condio	32-02.00	Colony
5	Flurina Boslough	32'02.50	West Anchorage
6	Kassidy Murfin	32'02.50	Chugiak
2	Kaia Michalsen	32-04.75	Ketchikan
4	Rebekah Smith	32'06.00	Chugiak
2	Ceil Dunleavy	33-07.25	Wasilla
3	Katherine Kirby	33'09.00	West Anchorage
2	Gretta Pickett	34'02.75	West Anchorage
1	Chase Stephens	35-07.75	Colony
1	Emma Nelson	36'10.25	Chugiak
1	Naomi Welling	36-10.75	Thunder Mountain

400 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	51.17a	South Anchorage
2	Relay Team	51.31a	Chugiak
1	Relay Team	51.79a	Lathrop
3	Relay Team	51.84a	Dimond
4	Relay Team	52.52a	Bartlett
2	Relay Team	52.62a	West Valley
1	Relay Team	52.65a	Kodiak
1	Relay Team	54.82a	Thunder Mountain
5	Relay Team	52.94a	East Anchorage
2	Relay Team	53.90a	Soldotna
6	Relay Team	53.91a	Service

800 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	1:47.30a	Chugiak
1	Relay Team	1:48.69a	Lathrop
2	Relay Team	1:48.76a	West Valley
1	Relay Team	1:51.14a	Kenai Central
2	Relay Team	1:52.03a	Dimond
2	Relay Team	1:53.04a	Soldotna
3	Relay Team	1:53.56a	Colony
1	Relay Team	1:55.47a	Thunder Mountain
3	Relay Team	1:53.92a	Bartlett
4	Relay Team	1:53.99a	Wasilla
4	Relay Team	1:55.57a	East Anchorage

1600 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	4:16.99a	Soldotna
1	Relay Team	4:18.35a	Chugiak
2	Relay Team	4:19.52a	Eagle River
3	Relay Team	4:19.53a	West Anchorage
2	Relay Team	4:20.55a	Kenai Central
4	Relay Team	4:21.46a	Dimond
1	Relay Team	4:21.90a	West Valley
1	Relay Team	4:24.03a	Ketchikan
3	Relay Team	4:24.06a	Palmer
5	Relay Team	4:28.04a	South Anchorage
4	Relay Team	4:33.53a	Kodiak

3200 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	10:06.13a	South Anchorage
2	Relay Team	10:09.94a	West Anchorage
3	Relay Team	10:15.30a	Chugiak
4	Relay Team	10:19.48a	Dimond
5	Relay Team	10:19.54a	Eagle River
1	Relay Team	10:33.32a	Ketchikan
1	Relay Team	10:56.03a	West Valley
1	Relay Team	9:53.49a	Colony
2	Relay Team	10:22.03a	Palmer
6	Relay Team	10:24.91a	Bartlett
3	Relay Team	10:26.00a	Kenai Central

A photograph of two young children, likely of Alaska Native descent, smiling warmly at the camera. They are wearing heavy winter parkas with large, dark fur-lined hoods. The child in the foreground is wearing a blue parka with a light blue zipper pull, while the child in the background is wearing a dark parka with a purple knit hat. The background is a bright, clear sky, suggesting a sunny day.

Strengthening Alaska Through Our Values

Proud sponsor of the Alaska School Activities Association



I-2-3A Boys Event Line-ups



100 METER

PLACE	NAME	RESULT	SCHOOL
1	Brandon Tulcey	11.50a	Sitka
1	Antonio Griffith	11.72a	Ben Eielson
1	Holden Quinn	11.83a	Anchorage Christian
2	Brandon Smith	11.83a	Delta Junction
2	Alan McCay	11.83a	Petersburg
1	Brady Hammond	12.00a	Cook Inlet Academy
3	Tobias Dobashi-Noa	12.07a	Ben Eielson
3	Josh Goeden	12.08a	Sitka
2	Teddy Croft	12.11a	Homer
4	Axel Vides	12.12a	Petersburg
2	Connor Leaf	12.16a	Cook Inlet Academy
3	Michael Lucas	12.20a	Holy Rosary Academy
4	Divon Davis	12.24a	Monroe Catholic
4	Stephen Tre Sterling	12.35a	Birchwood Christian
5	Nathan Walsh	12.42a	Monroe Catholic
3	Matthew Minium	12.43a	Nikiski
5	Jacob Rogers	12.46a	Holy Rosary Academy
4	Nathan Ashworth	12.46a	Redington
5	Josh Roach	12.48a	Grace Christian
6	Jonathan Miller	12.48a	Glennallen

200 METER

PLACE	NAME	RESULT	SCHOOL
1	Holden Quinn	22.92a	Anchorage Christian
2	Frederick Onochie	23.16a	Anchorage Christian
1	Brandon Tulcey	23.45a	Sitka
1	Noah Leaf	23.97a	Cook Inlet Academy
2	Casey Bradford	24.01a	Haines
3	Teddy Croft	24.26a	Homer
4	Uri Simmers	24.29a	Anchorage Christian
5	Jake Richter	24.41a	Homer
1	Kalib Dunlap	24.78a	Ben Eielson
2	Brady Hammond	24.91a	Cook Inlet Academy
2	Brandon Smith	24.92a	Delta Junction
3	Casey Bell	24.93a	Petersburg
3	Divon Davis	24.96a	Monroe Catholic
6	Anders Limstrom	25.04a	Grace Christian
3	Stephen Tre Sterling	25.17a	Birchwood Christian
10	Tony Paul	27.16a	Kuskokwim Learning Academy
4	Jacob Rogers	25.33a	Holy Rosary Academy
7	Patrick Perry	25.29a	Nikiski
4	Jericho Villanueva	25.37a	Sitka

400 METER

PLACE	NAME	RESULT	SCHOOL
1	Frederick Onochie	51.05a	Anchorage Christian
2	Sylvanus Edi	52.38a	Anchorage Christian
3	Uri Simmers	53.27a	Anchorage Christian
1	Casey Bradford	53.93a	Haines
2	Tell Tripple	53.99a	Thorne Bay
1	Greyson Delzer	54.10a	Hutchison
4	Zach Howard	54.88a	Valdez
3	Jericho Villanueva	56.07a	Sitka
1	Jiabao Leaf	56.20a	Cook Inlet Academy
2	Jacob Rogers	56.40a	Holy Rosary Academy
2	Garrett Grahek	56.54a	Monroe Catholic
5	Zane Boyer	56.71a	Homer
3	Jonathan Miller	56.77a	Glennallen
6	Riley Martin	57.04a	Grace Christian
4	Josh Robertson	57.05a	Thorne Bay
	Paul Tony		Kuskokwim Learning Academy
3	Nathan Walsh	57.47a	Monroe Catholic
5	Kincaid Parsons	57.89a	Sitka
4	Dylan Beasley	58.02a	Delta Junction

800 METER

PLACE	NAME	RESULT	SCHOOL
1	David Wilcox	2:04.93a	Sitka
2	Tucker Hagerman	2:05.16a	Petersburg
1	Hunter Kratz	2:05.34a	Seward
2	Paxson Berry	2:05.40a	Seward
3	Blake Bennett	2:06.69a	Anchorage Christian
3	Jordan Zellhuber	2:08.44a	Sitka
4	Thomas Zweifel	2:09.10a	Seward
5	Luciano Fasulo	2:09.98a	Homer
6	Robert Schaezlein	2:10.37a	Grace Christian
1	Jack Matherly	2:10.44a	Hutchison
7	Jared Brant	2:10.92a	Homer
8	Timothy Stoorza	2:11.36a	Anchorage Christian
2	Landon Nicholson	2:14.61a	Monroe Catholic
3	Mark Bazan	2:16.19a	Delta Junction
1	Sean Dorsey	2:17.75a	Glennallen
	Ross Enlow		Unalaska
2	Connor Leaf	2:18.06a	Cook Inlet Academy
	Alexie Eugene	2:19.30a	Kuskokwim Learning Academy
4	Danny Brady	2:18.31a	Skagway

1600 METER

PLACE	NAME	RESULT	SCHOOL
1	Kaleb Korta	4:32.39a	Galena
2	Jacob Moos	4:32.62a	Galena
1	Hunter Kratz	4:39.33a	Seward
2	Blake Bennett	4:41.04a	Anchorage Christian
3	Zach Hamberger	4:45.11a	Cordova
1	Jordan Zellhuber	4:45.30a	Sitka
2	David Wilcox	4:45.43a	Sitka
4	Luciano Fasulo	4:46.09a	Homer
3	Jack Matherly	4:46.39a	Hutchison
3	Colin Baciocco	4:47.98a	Sitka
5	Zach Young	4:52.33a	Grace Christian
6	Cameron Sheldon	4:54.39a	Grace Christian
7	Alex Wuerth	4:55.00a	Anchorage Christian
4	Tucker Hagerman	4:57.43a	Petersburg
1	Sean Dorsey	5:06.31a	Glennallen
	Alexie Eugene	5:17.00a	Kuskokwim Learning Academy
8	Jared Brant	4:57.75a	Homer
9	Robert Schaezlein	4:59.06a	Grace Christian
10	Luke Fritzel	4:59.76a	Grace Christian

3200 METER

PLACE	NAME	RESULT	SCHOOL
1	Colin Baciocco	10:06.48a	Sitka
1	Hunter Kratz	10:09.53a	Seward
2	Blake Bennett	10:19.18a	Anchorage Christian
2	Joseph Pate	10:31.85a	Sitka
3	Alex Wuerth	10:32.19a	Anchorage Christian
3	Jack Matherly	10:33.46a	Hutchison
4	Zach Hamberger	10:33.68a	Cordova
5	Zach Young	10:38.70a	Grace Christian
6	Cameron Sheldon	10:40.08a	Grace Christian
3	James Swedeen	10:47.97a	Sitka
4	Tucker Hagerman	10:59.34a	Petersburg
1	Sean Dorsey	11:10.61a	Glennallen
1	Kaleb Korta	9:53.05a	Galena
2	Jacob Moos	9:53.40a	Galena
	Ross Enlow		Unalaska
7	Jared Brant	11:01.70a	Homer
8	William Parks	11:03.37a	Anchorage Christian
9	Jens Knutson	11:08.72a	Houston
10	Gabe Martin	11:11.50a	Grace Christian

**We can help move
the team, the band
and the fans, all at a
Special Thrifty Rate!**



• Studded Snow Tires are available but
in a very limited supply. Ask rental
counter for details

• Free hotel pickup at the
Spenard Road location.

**Go to thrifty.com and use Promo Code ASAA
for special rental rate.**

2 locations to serve you:
Ted Stevens Anchorage Int'l Airport
or Spenard Road & Minnesota Drive
907-276-2855

Reserve Today:
Thrifty.com

Thrifty features a wide selection of quality vehicles. © 2013 Thrifty and Rent, Inc. A Division of Hertz Corporation, Inc. or its affiliates.

Thrifty
Car Rental

ASAA
365

**ALASKA'S HOME FOR
HIGH SCHOOL SPORTS**

**VISIT ASAA365.COM
OR DOWNLOAD THE
ASAA365 MOBILE APP**

**Here's the
definition of
"one for the road."**



Over **HALF** of all teen driving deaths involve
alcohol! Here are three sobering facts you
will never see in a beer commercial:

- 80% of alcohol-related fatalities are
caused by beer consumption
- 11,769 impaired drivers **DIED** in 2009,
over 700,000 injured.
- **ONE** beer is the equivalent of a shot of
80 proof hard liquor.

Drive as if your life depends on it.
It does!



Play for Keeps
Win For Life!
www.playforkeepsalaska.org



I-2-3A Boys Event Line-ups

110 METER HURDLES

PLACE	NAME	RESULT	SCHOOL
1	Noah Leaf	16.25a	Cook Inlet Academy
1	Casey Bell	16.89a	Petersburg
2	Tyler White	17.13a	Sitka
1	Ben Sobek	17.20a	Anchorage Christian
1	Kalib Dunlap	17.77a	Ben Eielson
3	Nathaniel Lenhard	18.10a	Petersburg
2	Jonathan Railing	18.29a	Anchorage Christian
2	Vitaliy Kurilchenko	18.45a	Delta Junction
4	Jacob Stigen	18.77a	Haines
3	Graham Staley	19.02a	Ben Eielson
3	Kalen Compehos	19.05a	Valdez
4	Braden Nieder	19.38a	Grace Christian
4	Justice Lunceford	19.53a	Hutchison
5	Joey Haecker	19.91a	Anchorage Christian
6	Tommy Cha	20.21a	Anchorage Christian
7	Josh Gatpandan	20.53a	Anchorage Christian
8	Joel Hofacker	21.50a	Anchorage Christian
5	Patrick Cunningham	21.79a	Haines
5	Jesse Reiersen	22.31a	Delta Junction

300 METER HURDLES

PLACE	NAME	RESULT	SCHOOL
1	Kalib Dunlap	41.80a	Ben Eielson
1	Noah Leaf	43.01a	Cook Inlet Academy
1	Casey Bell	43.29a	Petersburg
1	Jonathan Railing	43.73a	Anchorage Christian
2	Tommy Cha	43.89a	Anchorage Christian
2	Tyler White	44.14a	Sitka
3	Ben Sobek	46.00a	Anchorage Christian
3	Jacob Stigen	46.15a	Haines
2	Joseph Becker	46.25a	Delta Junction
4	Kincaid Parsons	46.43a	Sitka
5	Nathaniel Lenhard	46.53a	Petersburg
3	Justice Lunceford	46.58a	Hutchison
4	Hunter Patton	46.62a	Homer
5	Joey Haecker	47.09a	Anchorage Christian
4	Graham Staley	48.05a	Ben Eielson
6	Trapper Allen	48.21a	Seward
7	Joel Hofacker	48.90a	Anchorage Christian
8	Josh Gatpandan	50.37a	Anchorage Christian
6	James Swedeen	50.97a	Sitka

DISCUS THROW

PLACE	NAME	RESULT	SCHOOL
2	Tanner Clark	98-02	Monroe Catholic
6	Josh Goeden	98-02	Sitka
8	Ralph Mitchell	99-09	Homer
7	Ryan Sheldon	102-09	Grace Christian
5	Dylan Palmeiri	103-08	Haines
6	Ben Bitler	104-07	Houston
3	Logan Juhl	105-03	Tri-Valley
5	Zach Bronson	106-06	Anchorage Christian
4	Kirk Evens	109-03	Petersburg
2	Jiabao Leaf	109-10	Cook Inlet Academy
4	Eli Davis	111-10	Seward
3	Jake Mannillo	112-08	Thorne Bay
2	Casey Bradford	113-07	Haines
1	Matthew Green	114-00	Haines
1	Marshall Pinard	115-01	Su Valley
3	Alex Binder	123-11	Grace Christian
1	Chris Kilpatrick	125-09	Ben Eielson
2	Luke Johnson	129-04	Nikiski
1	Ian Johnson	131-09	Nikiski

SHOT PUT

PLACE	NAME	RESULT	SCHOOL
3	Chris Kilpatrick	35-07.50	Ben Eielson
6	Kai Hayes	36-00.00	Haines
2	Tanner Clark	36-01.50	Monroe Catholic
5	Carl Tupou	36-06.00	Haines
8	Colter DeVille	37-06.50	Anchorage Christian
4	Josh Goeden	37-09.00	Sitka
1	Charlie McNeill	38-03.50	Hutchison
3	Jake Mannillo	38-04.75	Thorne Bay
7	Zach Bronson	38-05.00	Anchorage Christian
2	Matthew Green	38-09.50	Haines
2	Marshall Pinard	39-01.50	Su Valley
6	John Koenaman	39-03.00	Houston
5	Ian Johnson	39-05.50	Nikiski
4	Dakota Hupp	39-11.50	Nikiski
3	Alex Binder	40-06.50	Grace Christian
	Logan Juhl	42-00.00	Tri-Valley
2	Frederick Onochie	42-00.00	Anchorage Christian
1	Matthew Tuauu	42-07.75	Gustavus
1	Luke Johnson	45-04.00	Nikiski

HIGH JUMP

PLACE	NAME	RESULT	SCHOOL
1	Jonathan Sladko	4-10.00	Birchwood Christian
1	Bogdan Kravets	5-04.00	Delta Junction
2	Billy Mackinen	5-04.00	Ben Eielson
3	Brandon Tulcey	5-04.00	Sitka
2	Tyler White	5-06.00	Sitka
5	Jonah Coats	5-06.00	Valdez
2	Braden Nieder	5-08.00	Grace Christian
3	Brogan Nieder	5-08.00	Grace Christian
3	Joel Carroll	5-08.00	Homer
1	Alan McCay	5-09.00	Petersburg
1	Lane Kaltenbach	5-10.00	Anchorage Christian

LONG JUMP

PLACE	NAME	RESULT	SCHOOL
	Matthew Minium	16-9.25	Nikiski
	Colin Derochers	16-11	Hutchison
4	Axel Vides	17-01.00	Petersburg
5	Caden Wassmann	17-01.00	Hutchison
2	Aiden Jolley	17-04.75	Su Valley
1	Michael Lucas	17-06.50	Holy Rosary Academy
3	Tyler White	17-06.75	Sitka
6	Aaron McCollum	17-08.00	Nikiski
4	Jack Sullenger	17-11.00	Nikiski
5	Alex Binder	17-11.00	Grace Christian
2	Alan McCay	18-01.00	Petersburg
4	Tobias Dobashi-Noa	18-02.75	Ben Eielson
3	Brogan Nieder	18-03.00	Grace Christian
3	Divon Davis	18-03.25	Monroe Catholic
2	Braden Nieder	18-09.00	Grace Christian
1	Lane Kaltenbach	19-04.50	Anchorage Christian
2	Vitaliy Kurilchenko	19-04.75	Delta Junction
1	Antonio Griffith	19-07.75	Ben Eielson
1	Brandon Tulcey	19-10.25	Sitka



GO TEAM!

For moving the team or the fans, Dollar has the vehicles for you.



Reserve at **dollar.com** and use Promo Code ASAA for special rates.

**3730 Spenard Rd.
and at the Airport
907-248-5338**

The Spenard Road location features free hotel pick up service.

Studded Snow Tires are available but in a very limited supply. Ask the rental counter for details.

Dollar Rent a Car is a service mark of Dollar Rent a Car System, Inc. All other marks are the property of their respective owners.



Do More with Your Dollar

When Alaska's Best Need
To Be Seen and Heard,
They Go To...



MIRROR STUDIOS
AK . DC . LA

Award Winning Corporate Stories and Documentaries
World Renowned Safety and Training Programs
Radio and Television
Audition / Demo's / Full-Length CD Projects
CD's, DVD's, HD, 5.1 Dolby Surround

907-245-8888 • mirrorstudios.com

Alaska's Premier Studio

**Proud Supporter of
Alaska School Activities Association**

Anchorage.net



**CONGRATULATIONS ATHLETES! CROWN YOUR
TIME IN ANCHORAGE WITH TICKETS TO A
BIG GAME, LOCAL MUSEUMS OR THEATRES.
CHECK OUT RESTAURANTS, SHOPS AND AREA
TRAILS. FOR MORE FUN VISIT
ANCHORAGE.NET/CHAMP**

visit  **anchorage**
100 years of big wild life

I-2-3A Boys Event Line-ups

TRIPLE JUMP

PLACE	NAME	RESULT	SCHOOL
8	Eli Davis	34-08.50	Seward
5	Justice Lunceford	34-11.50	Hutchison
7	Alex Binder	34-11.75	Grace Christian
2	Jericho Villanueva	35-04.00	Sitka
1	Michael Lucas	35-10.00	Holy Rosary Academy
4	Colin Derochers	36-03.25	Hutchison
1	Ethan Cummins	36-07.75	Petersburg
3	Joseph Becker	36-09.00	Delta Junction
6	William Parks	36-09.50	Anchorage Christian
4	Braden Nieder	37-02.00	Grace Christian
4	Joel Carroll	37-02.00	Homer
3	Aaron McCollum	38-00.00	Nikiski
2	Vitaliy Kurilchenko	38-05.50	Delta Junction
1	Antonio Griffith	39-07.00	Ben Eielson
2	Uri Simmers	39-09.50	Anchorage Christian
1	Brogan Nieder	40-04.25	Grace Christian
5	Nathaniel Lenhard	33-09.50	Petersburg
4	Zane Durr	33-11.25	Haines
3	Kyler Sumauang	34-05.25	Sitka

400 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	46.17a	Anchorage Christian
1	Relay Team	46.30a	Cook Inlet Academy
1	Relay Team	47.14a	Ben Eielson
2	Relay Team	47.34a	Nikiski
3	Relay Team	47.98a	Homer
1	Relay Team	48.21a	Petersburg
2	Relay Team	48.59a	Thorne Bay
2	Relay Team	48.77a	Delta Junction
3	Relay Team	48.87a	Hutchison
4	Relay Team	51.37a	Grace Christian
5	Relay Team	51.61a	Valdez

800 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	1:37.81a	Homer
2	Relay Team	1:39.71a	Grace Christian
3	Relay Team	1:40.12a	Anchorage Christian
1	Relay Team	1:41.28a	Monroe Catholic
1	Relay Team	1:41.34a	Thorne Bay
2	Relay Team	1:42.04a	Delta Junction
4	Relay Team	1:42.14a	Valdez
2	Relay Team	1:48.06a	Petersburg
5	Relay Team	1:49.02a	Houston
6	Relay Team	1:49.05a	Seward
3	Relay Team	1:54.37a	Ben Eielson

1600 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	3:30.84a	Anchorage Christian
1	Relay Team	3:45.16a	Sitka
2	Relay Team	3:49.33a	Seward
1	Relay Team	3:50.67a	Delta Junction
2	Relay Team	3:50.74a	Hutchison
2	Relay Team	3:53.51a	Thorne Bay
3	Relay Team	3:53.85a	Valdez
1	Relay Team	4:18.10a	Kuskokwim Learning Academy
4	Relay Team	3:55.22a	Grace Christian
3	Relay Team	3:56.72a	Monroe Catholic
5	Relay Team	4:01.50a	Houston

3200 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	8:30.66a	Sitka
1	Relay Team	8:39.81a	Seward
2	Relay Team	8:50.72a	Anchorage Christian
3	Relay Team	8:55.99a	Homer
1	Relay Team	9:00.64a	Monroe Catholic
2	Relay Team	9:00.78a	Delta Junction
4	Relay Team	9:05.72a	Grace Christian
5	Relay Team	9:16.04a	Valdez
2	Relay Team	9:54.92a	Petersburg
3	Relay Team	11:28.30a	Ben Eielson



Alex Hotel & Suites/Airport features
123 oversized, non-smoking guest rooms



Reservations: **1-800-221-7550** Phone: **907-243-3131**
4615 Spenard Rd. • Anchorage, AK 99517
www.alexhotelalaska.com

I-2-3A Girls Event Line-ups

100 METER

Place	Seed	Name	School
1		Tanner Ealum	12.63a Anchorage Christian
1		Joel Vidad	13.02a Sitka
2		Nattaphon Wangyot	13.14a Haines
2		Kaylee Veldstra	13.23a Homer
2		Sarah Lucas	13.63a Holy Rosary Academy
3		Bailey Clifton	13.77a Sitka
3		Alia Bales	13.81a Homer
1		Sierra Tate	13.90a Hutchison
4		Angie Cardoza	13.95a Homer
5		Arianne Parrish	13.96a Nikiski
4		Camryn Grant	14.04a Sitka
2		Carley Coker	14.09a Delta Junction
1		Simone Sterling	13.62a Birchwood Christian
2		Sarah Lucas	13.63a Birchwood Christian
3		Victoria Saxe	13.76a Birchwood Christian
4		Tia Goward	13.84a Birchwood Christian
3		Emma Daniels	14.10a Hutchison
4		Saskia Harrison	14.11a Hutchison
6		Sarah Newton	14.16a Grace Christian

200 METER

PLACE	NAME	RESULT	SCHOOL
1	Tanner Ealum	25.43a	Anchorage Christian
1	Joel Vidad	26.64a	Sitka
2	Nattaphon Wangyot	26.65a	Haines
2	Aurora Wacławski	27.90a	Homer
3	Bailey Clifton	28.20a	Sitka
3	Allison VanPelt	28.35a	Houston
	Tia Goward	28.38a	Birchwood Christian
4	Kaylee Veldstra	28.45a	Homer
4	Haley Bartolaba	28.49a	Sitka
1	Riley Hughes	28.82a	Ben Eielson
5	Ziza Shemet Pitcher	28.97a	Homer
6	Zoe Langseth	28.99a	Valdez
	Simone Sterling	29.14a	Birchwood Christian
7	Alia Bales	29.16a	Homer
8	Mary Kate Parks	29.30a	Anchorage Christian
2	Sierra Tate	29.42a	Hutchison
	Victoria Saxe	29.43a	Tri-Valley
5	Angel Pink	29.47a	Yakutat
	Mercurielief Shondell	30.42a	Kuskokwim Learning Academy

400 METER

PLACE	NAME	RESULT	SCHOOL
1	Tanner Ealum	56.55a	Anchorage Christian
2	Aurora Wacławski	1:02.25a	Homer
	Victoria Saxe	1:03.40a	Birchwood Christian
3	Ziza Shemet Pitcher	1:03.68a	Homer
1	Haley Bartolaba	1:03.77a	Sitka
4	Sarah Wolf	1:04.63a	Homer
5	Sarah Newton	1:05.89a	Grace Christian
1	Olivia Kovacs	1:06.04a	Ben Eielson
2	Angel Pink	1:06.09a	Yakutat
2	Sienna Carey	1:06.54a	Su Valley
6	Jade Watts	1:06.55a	Valdez
7	Cheyenne Gillette	1:06.67a	Homer
10	Mercurielief Shondell	1:06.97a	Kuskokwim Learning Academy
2	Emma Daniels	1:07.41a	Hutchison
3	Haley Loper	1:07.45a	Su Valley
4	Gloria Jacobsen	1:07.72a	Glennallen
3	Erin Pfundt	1:07.97a	Petersburg
8	Jessie Davis	1:08.49a	Anchorage Christian
3	Maren Dodson	1:08.69a	Hutchison

800 METER

PLACE	NAME	RESULT	SCHOOL
	Shondell Mercurielief		Kuskokwim Learning Academy
1	Elizabeth Balsan	2:20.22a	Anchorage Christian
2	Ruby Lindquist	2:22.17a	Seward
1	Briahna Gerlach	2:26.91a	Glennallen
3	Grace Gannon	2:31.43a	Grace Christian
4	Audrey Rosencrans	2:33.42a	Homer
5	Alex Moseley	2:35.21a	Homer
1	Ayla McNeilley	2:37.88a	Sitka
6	Sadie Lindquist	2:37.98a	Seward
2	Hannah Pfundt	2:38.33a	Petersburg
7	Jessie Davis	2:38.96a	Anchorage Christian
8	Tessa O'Hara	2:39.04a	Anchorage Christian
3	Erin Pfundt	2:40.15a	Petersburg
2	Mckenzie Richter	2:40.99a	Su Valley
3	Monica Klump	2:41.01a	Holy Rosary Academy
4	Ella Lubin	2:51.60a	Sitka
2	Abby McClurg	2:53.49a	Monroe Catholic
1	Jolie Lucas	2:51.81a	Ben Eielson
4	Celeste Harrell	2:57.56a	Su Valley

1600 METER

PLACE	NAME	RESULT	SCHOOL
1	Elizabeth Balsan	5:13.50a	Anchorage Christian
1	Briahna Gerlach	5:20.01a	Glennallen
2	Grace Gannon	5:29.41a	Grace Christian
3	Allison VanPelt	5:35.51a	Houston
4	Audrey Rosencrans	5:36.07a	Homer
5	Tessa O'Hara	5:44.50a	Anchorage Christian
6	Mazzy Jackson	5:46.53a	Grace Christian
7	Alex Moseley	5:50.92a	Homer
1	Ayla McNeilley	5:52.73a	Sitka
8	Charlee Demientieff	5:53.30a	Grace Christian
9	Sarah Laker	5:54.73a	Grace Christian
10	Haley Knott	5:57.59a	Homer
11	Grace Annett	5:57.79a	Grace Christian
2	Kayleigh Eddy	5:58.75a	Petersburg
	Madalynn Alsop	6:01.71a	Tok
1	Savannah Anderson	6:02.11a	Delta Junction
	Polk Denise	6:14.80a	Kuskokwim Learning Academy
12	Abigail Beveridge	5:58.51a	Grace Christian
3	Hannah Pfundt	6:04.20a	Petersburg

3200 METER

Place	Seed	Name	School
1		Briahna Gerlach	11:06.61a Glennallen
1		Elizabeth Balsan	11:25.54a Anchorage Christian
2		Grace Gannon	11:50.88a Grace Christian
3		Ruby Lindquist	11:54.53a Seward
4		Allison VanPelt	12:03.10a Houston
5		Audrey Rosencrans	12:05.29a Homer
6		Mazzy Jackson	12:31.77a Grace Christian
7		Charlee Demientieff	12:33.13a Grace Christian
8		Alex Moseley	12:34.97a Homer
9		Grace Annett	12:44.43a Grace Christian
10		Haley Knott	12:54.74a Homer
11		Emma Moore	13:03.00a Seward
1		Ayla McNeilley	13:14.82a Sitka
1		Savannah Anderson	13:35.55a Delta Junction
		Polk Denise	13:43.08a Kuskokwim Learning Academy
12		Tommi Crist	13:39.57a Redington
2		Ella Lubin	14:00.99a Sitka
2		Celeste Harrell	14:24.58a Su Valley
13		Courtney Mitchell	14:28.11a Anchorage Christian

We're here to get you back in the game.



OPA is dedicated to preventing sports injuries, enhancing athletic performance and providing immediate medical attention on the field of play. That's why OPA provides the services of its certified athletic trainer team free of charge to work with athletes and coaches before, during and after their events. Orthopedic Physicians Anchorage — the right care at the right time.



OPA's Certified Athletic Trainers Alyssa Babcock, Candi Cartledge, Mary Jackaway and Lynne Young.

OPA's Injury Walk-in Clinic

7 Days A Week:

Monday - Friday 12 - 8p

Saturday & Sunday 12 - 6p

3801 Lake Otis Parkway, Suite 300

OPAnchorage.com



**ORTHOPEDIC
PHYSICIANS**
ANCHORAGE

NOT A CERTIFIED EMERGENCY MEDICAL SERVICE AS DESCRIBED IN ALASKA STATUTE 18.08.082.084,200.

I-2-3A Girls Event Line-ups

100 METER HURDLES

PLACE	NAME	RESULT	SCHOOL
1	Izabelle Ith	15.51a	Petersburg
1	Lauren Evarts	16.43a	Homer
2	Annie VanderWeide	17.20a	Grace Christian
2	Kayleigh Eddy	17.46a	Petersburg
1	Christina Gough	18.22a	Hutchison
2	Riley Hughes	18.31a	Ben Eielson
3	Madison Kranz	18.31a	Sitka
4	Amberly Seay	18.35a	Gustavus
3	Amy Tedrick	18.45a	Anchorage Christian
5	Kaitlyn Seay	18.47a	Gustavus
4	Lauren Jones	18.50a	Homer
6	Joel Vidar	18.63a	Sitka
	Jazmyn Byfuglien	18.63a	Tri-Valley
3	Maggie Wallace	19.25a	Monroe Catholic
5	Crystal Epperheimer	19.60a	Nikiski
6	Nikki Overson	19.78a	Grace Christian
7	Kriziel Sarmiento	20.30a	Seward
8	Haleigh Ficek	20.55a	Valdez
4	Jana Mabie	20.89a	Hutchison

300 METER HURDLES

PLACE	NAME	RESULT	SCHOOL
6	Eva Lenhard	1:00.42a	Petersburg
1	Izabelle Ith	48.33a	Petersburg
1	Zoe Langseth	49.25a	Valdez
1	Riley Hughes	50.38a	Ben Eielson
2	Annie VanderWeide	51.06a	Grace Christian
2	Madison Kranz	51.10a	Sitka
3	Lauren Evarts	51.52a	Homer
3	Haley Bartolaba	53.02a	Sitka
4	Alexis Quick	53.52a	Anchorage Christian
4	Kayleigh Eddy	53.79a	Petersburg
5	Lauren Jones	54.08a	Homer
	Jazmyn Byfuglien	54.49a	Tri-Valley
6	Nikki Overson	54.81a	Grace Christian
7	Haleigh Ficek	55.51a	Valdez
2	Afton Leslie	55.63a	Monroe Catholic
5	Alex Kirby	56.60a	Sitka
8	Amy Tedrick	57.09a	Anchorage Christian
3	Jolie Lucas	58.63a	Ben Eielson
4	Jana Mabie	59.72a	Hutchison

DISCUS THROW

PLACE	NAME	RESULT	SCHOOL
1	Amir Williams	107-09	Anchorage Christian
7	Anna Brock	75-05	Homer
6	Becca Land	76-01	Anchorage Christian
5	Elisa Larson	76-10	Petersburg
5	Gabby Quick	77-07	Anchorage Christian
1	Maya Pelayo	79-03	Monroe Catholic
3	Frauke Heuton	79-08	Su Valley
2	Jordan Finney	81-02	Ninilchik
1	Olivia Juhl	81-05	Tri-Valley
4	Hannah Edmonds	84-10	Anchorage Christian
4	Tessa Schindler	85-00	Sitka
3	Kimberly Quincy	85-01	Houston
3	Kamryn Dodson	85-03	Sitka
2	Bailey Stuart	89-02	Haines
1	Destinee Cowart	90-06	Haines
2	Hailey Holland	91-02	Redington
5	Katerina Sladko	67-09	Birchwood Christian
4	Mikayla Clark	70-08	Ninilchik
8	Bria Gregory	73-05	Homer

SHOT PUT

PLACE	NAME	RESULT	SCHOOL
6	Bailey Stuart	26-08.50	Haines
5	Elisa Larson	26-10.00	Petersburg
4	Destinee Cowart	27-01.75	Haines
8	Hailey Holland	27-02.00	Redington
3	Mariah Taylor	27-09.00	Petersburg
2	Autumn Gross	28-02.00	Haines
7	Amy Tedrick	28-02.50	Anchorage Christian
6	Chaunce Carr	28-04.50	Anchorage Christian
5	Becca Land	28-08.50	Anchorage Christian
4	Kimberly Quincy	28-11.00	Houston
3	Jordan Finney	29-00.00	Ninilchik
1	Tessa Schindler	30-00.25	Sitka
3	Jenna Markel	30-07.00	Grace Christian
2	Frauke Heuton	30-08.00	Su Valley
1	Olivia Juhl	31-01.50	Tri-Valley
2	Amir Williams	34-07.50	Anchorage Christian
1	Hannah Edmonds	37-09.00	Anchorage Christian
1	Maya Pelayo	23-10.00	Monroe Catholic
4	Mikayla Clark	24-09.00	Ninilchik

HIGH JUMP

PLACE	NAME	RESULT	SCHOOL
2	Afton Leslie	4-04.00	Monroe Catholic
3	Kriziel Sarmiento	4-04.00	Seward
2	Alex Kirby	4-05.00	Sitka
1	Lillian Martin	4-06.00	Hutchison
2	Bethany Carstens	4-06.00	Nikiski
2	Haley Loper	4-06.00	Su Valley
1	Kamryn Dodson	4-07.00	Sitka
1	Sarah Lucas	4-08.00	Holy Rosary Academy
1	Kassandra Howard	4-10.00	Valdez

LONG JUMP

PLACE	NAME	RESULT	SCHOOL
5	Mary Pierce	13-02.50	Sitka
8	Bethany Carstens	13-02.75	Nikiski
7	Allison VanPelt	13-03.00	Houston
6	Cassie Kapuniai	13-04.75	Houston
4	Aishu Cozby	13-06.00	Gustavus
5	Cheyenne Gillette	13-10.25	Homer
3	Jeyani James	13-10.50	Ben Eielson
3	Haley Bartolaba	13-10.75	Sitka
2	Jasmin McCormick	14-01.75	Hutchison
1	Abby McClurg	14-04.00	Monroe Catholic
3	Haley Loper	14-04.25	Su Valley
2	Simone Sterling	14-06.50	Birchwood Christian
4	Angie Cardoza	14-06.75	Homer
2	Alex Kirby	14-08.00	Sitka
3	Chanel May-Thomas	14-08.25	Houston
2	Annie VanderWeide	14-11.75	Grace Christian
1	Izabelle Ith	15-11.50	Petersburg
1	Arianne Parrish	16-04.25	Nikiski
1	Sarah Lucas	17-00.75	Holy Rosary Academy

inspiration in *action*



Leading Alaska's active teens

At Providence, we believe that active teens become active adults – living happy, healthy lives. Kikkan Randall agrees. She grew up running, skiing and hiking around Alaska. Today, she's America's Olympic cross-country skiing star.

Providence supports Alaska's teens and role models like Kikkan Randall by providing programs and services that encourage healthy lifestyles for all Alaskans.

Providence – you have our word.



www.providence.org/alaska

Kikkan Randall

Two-time Olympian, cross-country skiing

I-2-3A Girls Event Line-ups

TRIPLE JUMP

PLACE	NAME	RESULT	SCHOOL
5	Kaitlyn Seay	27-06.50	Gustavus
4	Monica Klump	27-09.75	Holy Rosary Academy
3	Jasmin McCormick	28-00.75	Hutchison
7	Flora Tebbits	28-01.25	Anchorage Christian
4	Mariah Taylor	28-02.00	Petersburg
2	Larissa Johnson	28-03.50	Hutchison
5	Isabel Kulhanek	28-08.00	Homer
5	Deni Koreze-Richards	28-08.00	Houston
4	Madison Akers	29-00.00	Homer
3	Marlis Boord	29-01.00	Sitka
3	Mary Kate Parks	29-06.75	Anchorage Christian
3	Gloria Jacobsen	29-09.25	Glennallen
2	Alex Kirby	30-04.75	Sitka
	Victoria Saxe	30-06.50	Tri-Valley
1	Sierra Tate	30-11.50	Hutchison
1	Izabelle Ith	31-06.00	Petersburg
2	Arianne Parrish	32-07.00	Nikiski
1	Annie VanderWeide	32-07.50	Grace Christian
1	Sarah Lucas	34-11.00	Holy Rosary Academy

400 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	53.02a	Homer
1	Relay Team	54.64a	Hutchison
1	Relay Team	54.64a	Sitka
2	Relay Team	55.86a	Nikiski
3	Relay Team	56.02a	Anchorage Christian
4	Relay Team	57.04a	Houston
5	Relay Team	57.26a	Valdez
1	Relay Team	57.90a	Birchwood Christian
6	Relay Team	57.64a	Grace Christian
2	Relay Team	1:00.00a	Gustavus
2	Relay Team	1:00.37a	Su Valley

800 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	1:51.95a	Homer
2	Relay Team	1:56.48a	Anchorage Christian
3	Relay Team	1:57.42a	Valdez
1	Relay Team	1:59.55a	Hutchison
1	Relay Team	2:00.27a	Sitka
4	Relay Team	2:01.48a	Houston
1	Relay Team	2:02.50a	Su Valley
5	Relay Team	2:04.20a	Grace Christian
6	Relay Team	2:06.26a	Redington
7	Relay Team	2:07.56a	Seward
2	Relay Team	2:12.90a	Petersburg

1600 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	4:15.55a	Anchorage Christian
2	Relay Team	4:21.65a	Homer
3	Relay Team	4:33.12a	Grace Christian
1	Relay Team	4:33.27a	Ben Eielson
1	Relay Team	4:38.47a	Petersburg
2	Relay Team	4:41.38a	Sitka
1	Relay Team	5:32.41a	Kuskokwim Learning Academy
4	Relay Team	4:36.92a	Valdez
2	Relay Team	4:45.55a	Monroe Catholic
3	Relay Team	5:06.29a	Delta Junction

3200 METER RELAY

PLACE	NAME	RESULT	SCHOOL
1	Relay Team	10:19.97a	Homer
2	Relay Team	10:37.07a	Seward
1	Relay Team	10:39.23a	Petersburg
3	Relay Team	10:52.70a	Grace Christian
1	Relay Team	11:37.62a	Delta Junction
2	Relay Team	11:38.80a	Monroe Catholic
4	Relay Team	11:47.31a	Anchorage Christian
3	Relay Team	12:02.84a	Hutchison
2	Relay Team	12:28.59a	Sitka

Special Thanks to,



**Your generous support helps
make the Track & Field
Championships Possible!**

Team Photos



Anchorage Christian Lions



Bartlett Golden Bears



Ben Eielson Ravens



Chugiak Mustangs



Colony Knights



Cook Inlet Academy Eagles



Delta Junction Huskies



Dimond Lynx

Proud of our Alaska workforce.

24,200+

Total jobs supported

79%

Alaska hire

\$26 million+

Community giving in the
last 5 years

\$2.25 billion+

Taxes and royalties paid
(2014)

Sean Glasheen
Production Engineer
BP Alaska



Find out more about BP Alaska at alaska.bp.com



Team Photos



Eagle River Wolves



East Anchorage Thunderbirds



Glennallen Panthers



Grace Christian Grizzlies



Haines Glacier Bears



Homer Mariners



Houston Hawks



Juneau Douglas Crimson Bears



**Ravn Alaska is proud to
support Alaska's youth
and ASAA.**



Team Photos



Kenai Kardinals



Ketchikan Kings



Kodiak Bears



Kuskokwim Learning Academy Mustangs



Lathrop Malemutes



North Pole Patriots



Palmer Moose



Petersburg Vikings

Team Photos



Redington Huskies



Service Cougars



Sitka Wolves



Soldotna Stars



South Anchorage Wolverines



Thorne Bay Wolverines



Thunder Mountain Falcons



Tri-Valley Warriors

Team Photos



Valdez Buccaneers



Wasilla Warriors



West Anchorage Eagles



West Valley Wolf Pack

Is your future

going up in smoke?

What if someone offered you a highly addictive, slow-death poison that made you look foolish and insecure? Would you even THINK about trying it?

Cigarette smoke is loaded with toxins and hundreds of harmful additives. It contains much higher levels of carbon monoxide than car exhaust! And the price an average pack-a-day smoker pays to feed their addiction to these toxins is about \$300 a month!

If you are addicted to tobacco, it's never too late to quit. Please get help before your future goes up in smoke.

Tobacco is poison. For real.

Play for Keeps
Win For Life!
www.playforkeepsalaska.org

Alaska's Tobacco Quit Line 1-800-QUIT-NOW
It's Free. It's Confidential. And it Works

**CHARACTER
PERSONAL
RESPONSIBILITY**

**CITIZENSHIP
LEADERSHIP**

**SUBWAY
PLAY HARD
EAT FRESH™**

**SUBWAY®
RESTAURANTS
ARE PROUD
TO SUPPORT
ASAA**

SUBWAY® RESTAURANT LOCATIONS:

Anchorage
Bethel
Denali Park
Eagle River
Eielson
Fairbanks
Homer
Juneau
Kenai
Ketchikan
Kodiak
Nome
North Pole
Palmer
Seward
Sitka
Soldotna
Talkeetna
Valdez
Wasilla

**ART • MUSIC
RUNNING • TENNIS
FOOTBALL • SWIMMING & DIVING
VOLLEYBALL • WRESTLING • HOCKEY
WORLD LANGUAGE • DEBATE • DRAMA • FORENSICS
SKIING • BASKETBALL • TRACK & FIELD • SOCCER
SOFTBALL • BASEBALL • CHEERLEADING**

SUBWAY®

©2011 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.

State Records In Each Event



Alaska State High School Track and Field All-Time Records

NOTE: State Records may only be established or tied at State Championships

WOMEN'S EVENTS

Event	Athlete	School	Mark	Year
Girls' 100m dash	Starlett Jackson	Bartlett	11.8h	1981
Girls' 200m dash	Tanner Ealum	ACS	24.73	2015
Girls' 400m run	Tanner Ealum	ACS	54.86	2015
Girls' 800m run	Morgan Dampier	Wasilla	2:10.42	2011
Girls' 1600m run	Allie Ostrander	Kenai	4:48.31	2015
Girls' 3200 meter	Allie Ostrander	Kenai	10:09.72	2015
Girls' 100m hurdles	Rosie Smith	Bartlett	14.82	2011
Girls' 300m hurdles	Naomi Welling	Thunder Mt.	44.27	2015
Girls' 4 x 100m relay	(Black, Preston, Smith, Vanzant)	East	49.77	2005
Girls' 4 x 200m relay	(Bailey, Preston, Dollison, A.Smith)	East	1:44.86	2003
Girls' 4 x 400m relay	(Sandahl, DeVito, Beeson, Flanagan)	Kenai	4:01.72	2010
Girls' 4 x 800m relay		Soldotna	9:27.39	2015
Girls' Long Jump	Janay Deloach	Eielson	19'05.00"	2003
Girls' Triple Jump	Alisha Allen	Lathrop	38' 10.25"	2012
Girls' High Jump	Renae Pickarsky	Soldotna	5' 6.00"	1983
Girls' Shotput	Jenny Luer	Palmer	44' 4.75"	1997
Girls' Discus	Jenny Luer	Palmer	143' 02.00"	1997

MEN'S EVENTS

Event	Athlete	School	Mark	Year
Boys' 100m dash	Joel Knight	Soldotna	10.90	1995
Boys' 200m dash	Joel Knight	Soldotna	21.90	1995
Boys' 400m run	Ethan Hewitt	Chugiak	47.78	2007
Boys' 800m run	Doug Herron	Bartlett	1:49.2h	1985
Boys' 1600m run	Levi Thomet	Kodiak	4:12.17	2015
Boys' 3200 meter	Levi Thomet	Kodiak	9:09.41	2015
Boys' 110m hurdles	Tyler Rhode	Chugiak	14.61	2012
Boys' 300m hurdles	Elliott Bauer	South	38.58	2011
Boys' 4 x 100m relay		West Valley	43.47	2015
Boys' 4 x 200m relay	(Ingram, Robinson, Myles, Pennino)	Bartlett	1:28.5h	1990
Boys' 4 x 400m relay	(Singleton, Perham, Stephens, Brownsberger)	East	3:23.6h	1982
Boys' 4 x 800m relay	(Mamikunian, Lane, Walgren, Talbot)	Service	7:54.39	2010
Boys' Long Jump	Dereck Ladson	West Valley	23' 0.00"	1997
Boys' Triple Jump	Joel Mahaffey	Soldotna	45'10.25"	1993
Boys' High Jump	Ben Jackson	Service	6' 9.00"	2009
Boys' Shotput	Jordan Clarke	Bartlett	71' 03"	2008
Boys' Discus	Jordan Clarke	Bartlett	192' 07"	2007

NOTE: Don Clary's 2-mile(3219m) time of 9:04.4(h) in 1975 is superior to the state 3200m record of 9:09.41

Betsy Haines' 1-mile (1609m) time of 4:55.3(h) in 1977 is superior to the state 1600m record of 4:12.17

PLEASE NOTE: The conversion factor between hand times and Fully Automatic Times (FAT) is 0.24 seconds. This means that a hand time of 20.00 is equal to a FAT time of 20.24. Therefore, it is possible that a FAT time that looks slower than a hand time can supercede the faster-looking hand time as a state best mark.



INTEGRATED VIDEO+SCORES+STATS



With industry leading scores and stats from the NFHS Network you can track each shot, rebound and assist live with your desktop, tablet or mobile device. You'll have instant access to shot charts and player stats in addition to live video.

Visit NFHSnetwork.com to join for **FREE**.



THE HIGH SCHOOL SPORTS
NETWORK



2015 Tournament Results

4A GIRLS FINAL TEAM STANDINGS

• 1st Place	SOUTH ANCHORAGE - 76
• 2nd Place	Kenai Central - 54
• 3rd Place	Dimond - 52
• 4th Place	Eagle River - 50
• 5th Place	Colony - 49
• 5th Place	(Tie) Soldotna - 49
• 7th Place	Chugiak - 45
• 8th Place	Thunder Mountain - 38
• 9th Place	West Valley - 29
• 9th Place	(Tie) West Anchorage - 29

Sportsmanship Award: Soldotna Stars

Academic Award: South Anchorage Wolverines (3.82)

Outstanding Competitor: Allie Ostrander - Kenai

100 Meter Dash	Katherine Hines - South Anchorage	12.56
200 Meter Dash	Katherine Hines - South Anchorage	25.65
400 Meter Dash	Nikole Boggs - Eagle River	57.92
800 Meter Run	Allie Ostrander - Kenai	2:11.29
1600 Meter Run	Allie Ostrander - Kenai	4:48.31
3200 Meter Run	Allie Ostrander - Kenai	10:09.72
100 M. Hurdles	Naomi Welling - Thunder Mt.	15.24
300 M. Hurdles	Naomi Welling - Thunder Mt.	44.27
4 X 100 Relay	South Anchorage	50.18
4 X 200 Relay	South Anchorage	1:46.66
4 X 400 Relay	Eagle River	4:02.67
4 X 800 Relay	Soldotna	9:27.39
High Jump	Ceil Dunleavy - Wasilla	5' 04"
Long Jump	Chrisalyn Johnson - Dimond	17' 04.00"
Triple Jump	Naomi Welling - Thunder Mt.	35' 07.00"
Shot Put	Sylvia Tuisaula - Wasilla	36' 01.50"
Discus	Jenna Mixson - Dimond	118' 01.00"

New State Records In Bold Italic

4A BOYS FINAL TEAM STANDINGS

• 1st Place	KODIAK - 83
• 2nd Place	Lathrop - 63
• 3rd Place	Kenai Central - 61
• 4th Place	Bartlett - 60
• 5th Place	Dimond - 59
• 6th Place	West Valley - 57
• 7th Place	(Tie) Service - 27
• 7th Place	(Tie) Colony - 27
• 7th Place	(Tie) Chugiak - 27
• 10th Place	Soldotna - 25

Sportsmanship Award: West Valley Wolfpack

Academic Award: Kenai Central Cardinals (3.72)

Outstanding Competitor: Levi Thomet - Kodiak

100 Meter Dash	Charles Sudduth - West Valley	10.91
200 Meter Dash	Charles Sudduth - West Valley	22.23
400 Meter Dash	Jack Martensen - Service	50.45
800 Meter Run	Levi Thomet - Kodiak	1:57.30
1600 Meter Run	Levi Thomet - Kodiak	4:12.17
3200 Meter Run	Levi Thomet - Kodiak	9:09.41
110 M. Hurdles	Devin Millington - Lathrop	15.41
300 M. Hurdles	Tim Duke - Soldotna	38.90
4 X 100 Relay	West Valley	43.47
4 X 200 Relay	West Valley	1:31.23
4 X 400 Relay	Bartlett	3:26.89
4 X 800 Relay	Kodiak	8:11.03
High Jump	Bryce Hellman - Bartlett	6' 04"
Long Jump	Josh Jackman - Kenai Central	21' 09.00"
Triple Jump	Brandon Nicholson - Colony	43' 09.25"
Shot Put	Kordell Pillans - Kodiak	51' 01.25"
Discus	Kordell Pillans - Kodiak	156' 05.00"

New State Records In Bold Italic

1-2-3A GIRLS FINAL TEAM STANDINGS

• 1st Place	ANCHORAGE CHRISTIAN (ACS) - 95
• 2nd Place	Homer - 80
• 3rd Place	Grace Christian - 78
• 4th Place	Petersburg - 40
• 5th Place	Seward - 34
• 6th Place	Glennallen - 30
• 7th Place	Valdez - 28
• 8th Place	Hutchison - 26
• 9th Place	Cook Inlet Academy - 24
• 10th Place	Tri Valley - 21

Sportsmanship Award: Grace Christian Grizzlies

Academic Award: Homer Mariners (3.83)

Outstanding Competitor: Tanner Ealum - ACS

100 Meter Dash	Tanner Ealum - ACS	12.11
200 Meter Dash	Tanner Ealum - ACS	24.73
400 Meter Dash	Tanner Ealum - ACS	54.86
800 Meter Run	Briahna Gerlach - Glennallen	2:16.99
1600 Meter Run	Briahna Gerlach - Glennallen	5:00.76
3200 Meter Run	Briahna Gerlach - Glennallen	11:10.58
100 M. Hurdles	Izabelle Ith - Petersburg	15.46
300 M. Hurdles	Izabelle Ith - Petersburg	47.84
4 X 100 Relay	Homer	52.80
4 X 200 Relay	Homer	1:51.73
4 X 400 Relay	Homer	4:13.82
4 X 800 Relay	Grace Christian	10:22.85
High Jump	Lina Heinrichs - Hutchison	5' 00"
Long Jump	Izabelle Ith - Petersburg	17' 00.50"
Triple Jump	Izabelle Ith - Petersburg	36' 01.50"
Shot Put	Ashley Logan - Grace Christian	37' 08.50"
Discus	Ashley Logan - Grace Christian	108' 05.00"

New State Records In Bold Italic

1-2-3A BOYS FINAL TEAM STANDINGS

• 1st Place	ANCHORAGE CHRISTIAN (ACS) - 119.5
• 2nd Place	Eielson - 72
• 3rd Place	Seward - 51
• 4th Place	Petersburg - 48
• 5th Place	Homer - 46
• 6th Place	Monroe Catholic - 40
• 7th Place	Sitka - 38
• 8th Place	Galena - 33
• 9th Place	Glennallen - 29
• 10th Place	Wasilla Lake Christian - 25

Sportsmanship Award: Grace Christian Grizzlies

Academic Award: Petersburg Vikings (3.76)

Outstanding Competitor: Michael Todd - ACS

100 Meter Dash	Jordan Sondergaard - Glennallen	11.57
200 Meter Dash	Jordan Sondergaard - Glennallen	23.30
400 Meter Dash	Michael Todd - ACS	49.75
800 Meter Run	Michael Todd - ACS	2:02.46
1600 Meter Run	Michael Todd - ACS	4:21.90
3200 Meter Run	Kaleb Korta - Galena	9:47.10
110 M. Hurdles	John Minder - Monroe Catholic	16.70
300 M. Hurdles	Kalib Dunlap - Eielson	41.82
4 X 100 Relay	ACS	46.16
4 X 200 Relay	ACS	1:36.00
4 X 400 Relay	ACS	3:37.34
4 X 800 Relay	ACS	8:26.46
High Jump	Brody Neufeld - Wasilla Lake Chr.	6' 0"
Long Jump	Antonio Griffith - Eielson	20' 01.75"
Triple Jump	Antonio Griffith - Eielson	40' 03.00"
Shot Put	Howie Hubbard - Seward	45' 03.00"
Discus	Ben Zarlengo - Petersburg	134' 05.00"

No New State Records

For the ENTIRE HISTORY of the Alaska Track & Field State Tournament Results go to: www.asaa.org



connect

building a stronger Alaska

From youth education to community celebrations, we're proud to support programs that fuel the spirit of competition and create a brighter future for all Alaskans.





WE'RE TEAMING UP!

Giving all Alaska students the opportunity to join in activities and reach their goals.

Thanks to our loyal customers and committed employees, ACC has grown to 35 retail stores throughout the state. Together with our meat processing plant, North Star Quality Meats, and our wholesale division, Pacific Alaska Wholesale, we strive to meet the food and merchandise needs of the communities we serve.

Sponsoring ASAA provides ACC with great opportunity to extend that same dedication to the youth of our villages.



Alaska Commercial Company, serving rural Alaska since 1867



First National Bank
ALASKA MEMBER FDIC

A track record of success

For nearly a century, **ONE** Alaska bank has believed in Alaska's youth. We're proud to support students in communities throughout the state who value teamwork and the determination to reach new heights.

Congratulations to all 2016 ASAA/First National Track and Field State Championship participants. Together, we're giving our all for every Alaskan to enjoy a brighter tomorrow.



Image courtesy of ASAA

FNBAalaska.com



NMLS# 640297

We Believe in Alaska