

NORDIC SKIING



- 2014 Schedule
- Participating Teams & Photos
- Past Tournament Results

FOR MORE INFORMATION, GO TO: WWW.ASAA.ORG





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pledge***

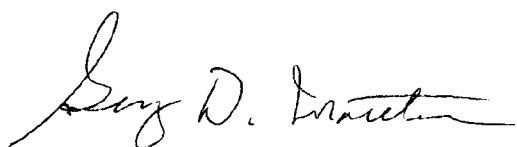
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Welcome from ASAA

On behalf of the Alaska School Activities Association Board of Directors and ASAA's corporate partners, welcome to the 2014 First National Bank Alaska State High School Nordic Skiing Championships!

Student-athletes, we applaud your dedication to doing your best for yourself and for your school. Coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And, to the spectators, we appreciate your being part of this statewide championship event.



Gary Matthews, ASAA Executive Director

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Sportsmanship Creed

"This contest is being played under the authority of the Alaska School Activities Association. ASAA rules provide for fair play and good sportsmanship among athletes and coaches. Since booing and jeering do not support anyone, we expect fans to be positive in supporting their favorite team with encouraging comments and cheers. Please refrain from words or actions that would reflect negatively on your school and team. In other words, BE A FAN—NOT A FANATIC."

About the Cover: Photos taken during the 2013 ASAA/First National Bank State High School Nordic Skiing Championships.

Photos by Kevin Lane Photography.



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Tournament Schedule

ASAA/FNBA 2014 NORDIC SKIING STATE CHAMPIONSHIPS

Kincaid Park Anchorage / February 20-22, 2014

Hosted by: Dimond High School & Nordic Skiing Association of Anchorage

2014 SCHEDULE OF EVENTS

Wednesday, February 19

- 12:00pm Facilities open for inspection
- 6:00pm Coaches Meeting at Dimond High School

Thursday, February 20

- 7:00am Kincaid Park Wax Bunker open
- 11:40pm Presentation of Colors
- 12:00pm Girls 5k Interval Start Freestyle Technique Race
- 1:00pm Boys 7.5K Interval Start Freestyle Technique Race
- 6:00pm Coaches Meeting at Dimond High School

Friday, February 21

- 7:00am Kincaid Park Wax Bunker open
- 10:40pm Presentation of Colors
- 11:00am Boys 10k Mass Start Classic Technique Race
- 12:00pm Girls 7.5k Mass Start Classic Technique Race
- 4:00pm Coaches Meeting at Dimond High School
- 5:00pm Awards at Dimond High School (Thursday and Friday Awards)

Saturday, February 22

- 7:00am Kincaid Park Wax Bunker open
- 10:40pm Presentation of Colors
- 11:00am Girls 4 x 3 K Mixed Technique (Classic-Classic-Free-Free)
- 12:30pm Boys 4 x 5 K Mixed Technique (Classic-Classic-Free-Free)
- 2:30pm Awards

SCORING SKIING

Individual Awards

Racers are awarded medals based on their order of finish in the race - in the state meet, the top 10 in each event will receive an award.

In addition, there will be individual medals awarded members of the 1st and 2nd place relay teams, and mem-

bers of the teams placing 1st and 2nd place overall.

An All-State team composed of the top ten individuals overall will receive a certificate and the top skier will be declared "Skimeister".

Team Awards

There will be 1st and 2nd place team trophies awarded for both boys

and girls. A first place plaque for the highest scoring 2A/3A team for boys and girls.

Other Awards

ASAA recognizes a Good Sport Team, chosen from among participating schools with at least four skiers. This award recognizes the good citizenship and sportsmanship demonstrated throughout the

whole season. Good Sport Team members are selected by each qualifying team's head coach.

An Academic Award is presented to the team with the highest GPA.

IMAGINE...

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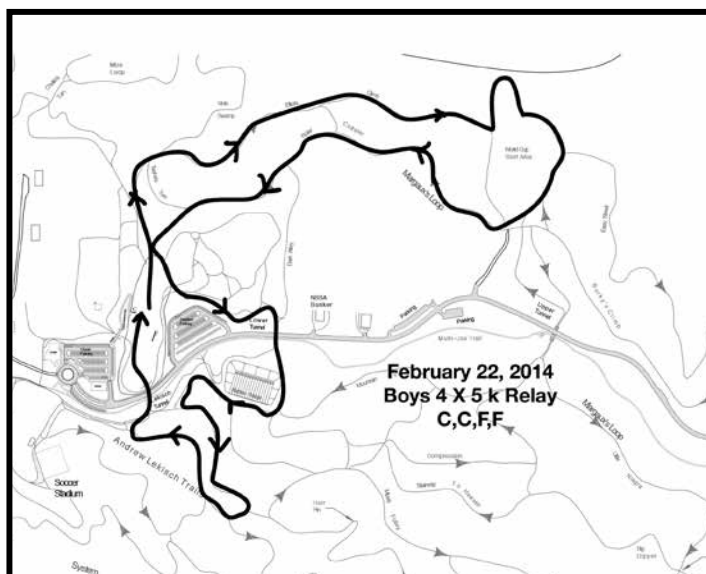
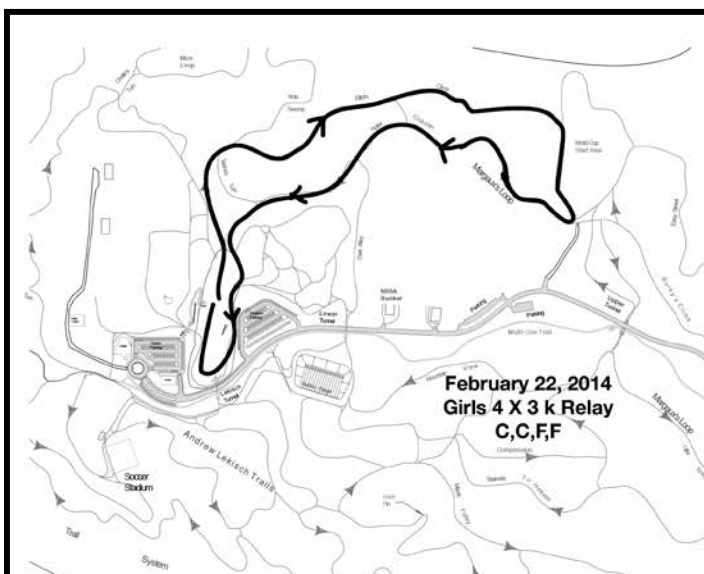
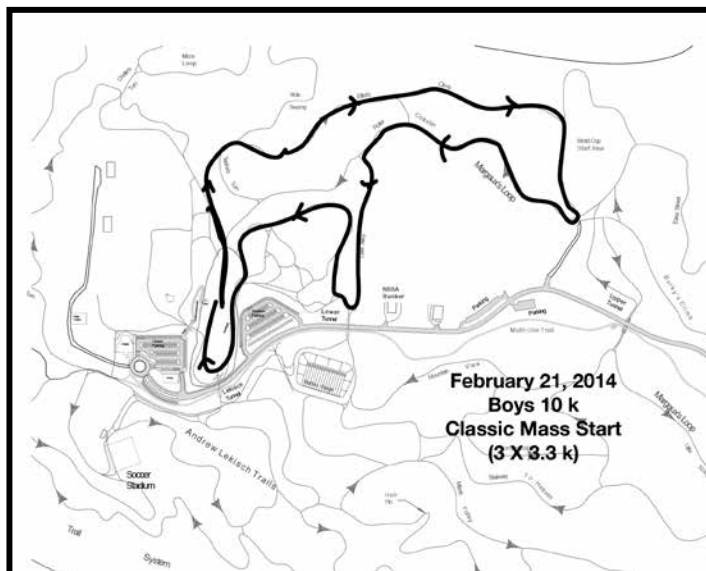
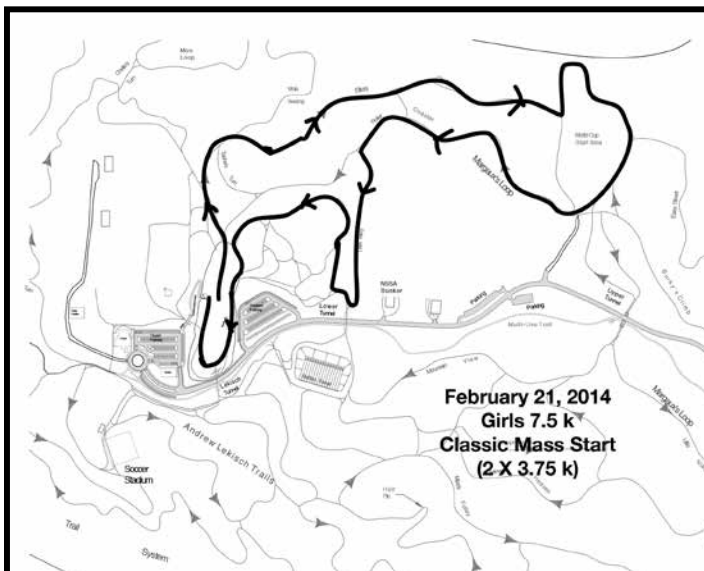
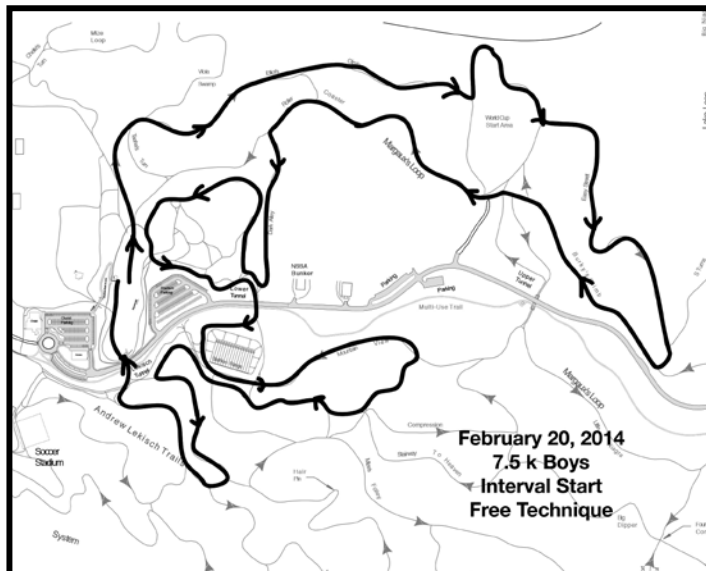
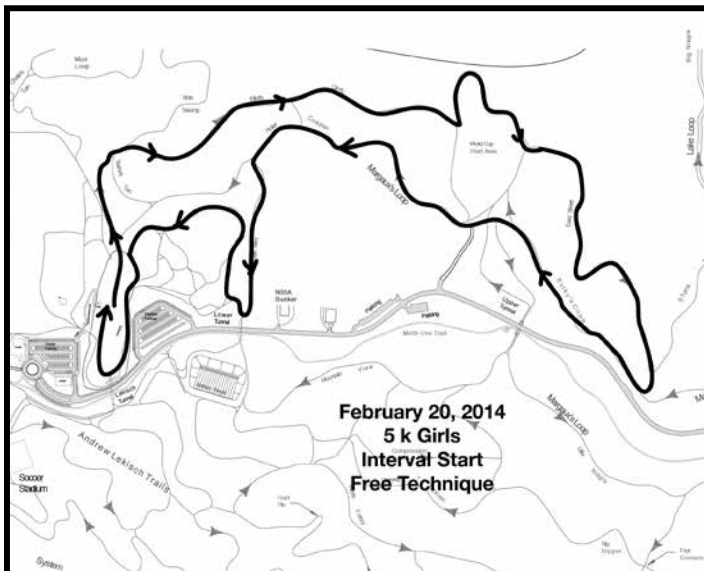
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Course Maps



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Team Rosters

Bartlett Golden Bears



Roster Not Available

Colony Knights



Name	Grade	Gender	Seeding
Tracen Knopp	9	m	1
Dawson Knopp	9	m	2
Lyon Kopsack	12	m	3
Brandon Schafer	12	m	4
Andrew Nelson	12	m	6
Nick Harrison	11	m	5
Greta Jenkins	11	f	1
Tatjana Spaic	12	f	2
Jordyn Block	10	f	3
M.E. Meyerhofer	11	f	5
Tracie Haan	12	f	4
Lis Olsen	10	f	6

School Colors Green, black, white	Athletic Administrator Michael Boyd	Assistant Coaches David Knopp Justin Aulie	Managers Garrett Birch Jana Jenkins
Principal Cyd Duffin	Head Coach Mark Strabel		

Chugiak Mustangs



Name	Grade	Gender	Seeding
Sarissa Lammers		F	1
David McPhetres		M	1
Hannah Booher		F	2
Roan Hall		M	2
Annie Connelly		F	3
David Warner		M	3
Kate Arthen		F	4
Tim Sorensen		M	4
Sara Hartke		F	5
Caleb Huntington		M	5
Ripley Campnell		F	6
Michael Teeples		M	6
Olivia Muller		F	7
Ty Jordan		M	7

School Colors Black, Aqua	Athletic Administrator Josh Green	Assistant Coaches Anna Rix Andy Hall
Principal David Legg	Head Coach Cody Priest	

Dimond Lynx



Name	Grade	Gender	Seeding
Kinsey Denton	10	F	Fastest
Ruth Cvancara	9	F	Second
Liesel Von Imhof	9	F	Third
Katherine McWhite	10	F	Fourth
Tamara Freistone	12	F	Fifth
Chloe Bee	10	F	Sixth
Kelson Denton	11	M	Fastest
Luke Cvancara	11	M	Second
Connor Swalling	12	M	Third
David Cvancara	10	M	Fourth
Austin Desatoff	11	M	Fifth
Zayn Roohi	12	M	Sixth
Cora Berbig	10	F	Alternate
Kyle Stone	11	M	Alternate

School Colors Maroon and Gold	Athletic Administrator Helvey Tim	Assistant Coaches Shelly Laws Galen Johnston	Managers Erica Heil Holly Andrus Lilly Bee
Principal Cheryl Guyett	Head Coach Trond Flagstad		

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PERSONAL AND BUSINESS PLANNING

Team Rosters

Eagle River Wolves



Name	Grade	Gender	Seeding
Jacob Walsh	10	M	1
Bradán Tobin	10	M	2
Alec Smith	11	M	3
Brock Fitzgerald	11	M	4
Sam Erickson	12	M	5
Nick Roth	12	M	6
Summer Frazier	10	F	1
Tessa Heagy	10	F	2
Kate Paskievitch	9	F	3
Lauren Grismer	10	F	4
Danielle Owens	10	F	5
Jessa Montoya	12	F	6

School Colors Silver and Blue	Athletic Administrator Carrie Fleischacker	Assistant Coaches Matt Turner
Principal Martin Lang	Head Coach Liz Turner	

East Anchorage Thunderbirds



Name	Grade	Gender	Seeding
Thomas O'Harra	12	m	Fastest
John Farr	12	m	2nd
Max Robicheaux	11	m	3rd
Paul Maytas	11	m	4th
Riley Jones	10	m	5th
Conor Hickey	10	m	6th
Morgan Flynn	10	F	fastest
Ana Jager	11	F	2nd
Megan Fink	11	F	3rd
Emily Beiring	12	F	4th
Megan Neale	12	F	5th
Allison Gonzales	9	F	6th

School Colors Red & Blue	Head Coach Lars Spurkland	Assistant Coaches Corky Still Mellie Park Tully Labelle-Hamer Allie Phillips
Athletic Administrator Megan Hastwell		

Grace Christian Grizzlies



Name	Grade	Gender	Seeding
Daniel Serventi	12	M	1
Luke McLaughlin	12	M	2
Trent Fritzel	9	M	3
Ivan David Isaacs	12	M	4
John Cosgrave	10	M	5
Wyatt Brown	11	M	6
Elle Arnold	12	F	1
Kayla Rowe	12	F	2
Cheyenne Applegate	11	F	3
Claire Gamache	12	F	4
Lauren Tsao-Wu	11	F	5
Alex Durazo	11	F	6
Kristen Winkle	12	F	7

School Colors Maroon, Gold	Athletic Administrator Pete Johnson	Assistant Coaches Kathy Rowe
Principal Tyler Jackson	Head Coach Jay Rowe	Managers Chris Roach

Homer Mariners



Name	Grade	Gender	Seeding
Brian Rowe	12	M	Fastest
Josh Vantrease	12	M	2nd
Tian-en Liu	12	M	3rd
Hoxie Parks	9	M	4th
Ryan Navrot	12	M	5th
Aspen Daigle	11	f	fastest
Cassidy Soistman	12	f	2nd
Rachel Ellert	10	f	3rd
Audrey Russell	9	f	4th
Isabel Beach	10	f	5th
Mariah Vantrease	10	f	6th
Claire Swanson	10	f	alternate

School Colors Blue and Gold	Athletic Administrator Mark Casseri	Assistant Coaches Heidi Herzog
Principal Doug Wacławski	Head Coach Eric Groth	Managers Tisha Lovett

Teamwork provides perfect backdrop for working at home in Alaska



I was born and raised in Alaska, and have come to appreciate the amazing natural beauty of the 49th state.

As a high school student, my future was just as uncertain as anyone else, but participation in ASAA activities helped point me in the right direction.

Teamwork, camaraderie, and dedication were valuable skills I learned through participation in East High School's tennis team.

Today, as a Guest Services Supervisor, I put those skills to use everyday. I'm proud to work for a company who sponsors ASAA, and their investment in the future of Alaska's youth.

- Jonathon Taylor

Guest Services Supervisor

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Team Rosters

Hutchison Hawks



Photo Not Available

Name	Grade	Gender	Seeding
Rose Mariah	10	F	1
Rueter Gabe	10	M	1

Head Coach Greg Whisenant			
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Kenai Kardinals



Name	Grade	Gender	Seeding
Travis Cooper	11	M	1
Jordan Theisen	11	M	2
Fox Michaud	12	M	3
James Butler	10	M	4
Olen Danielson	12	M	5
Nate Mole	12	M	6
Alexandria Bergholtz	11	F	1
Kirsten Nyquist	11	F	2
Mikaela Salzetti	10	F	3
Katie Cooper	9	F	4
Beverly Schindler	11	F	5
Maddie Michaud	10	F	6

School Colors Red Black White	Athletic Administrator Stacia Rustad	Assistant Coaches Becca Ford
Principal Alan Fields	Head Coach Brad Nyquist	

Lathrop Malemutes



Name	Grade	Gender	Seeding
Jade Hajdukovich	12	F	Fastest
Mackenzie Parrott	11	F	2nd
Allison Heberd	11	F	3rd
Kiana Hamlin	11	F	4th
Lupua Oba	9	F	5th
Leah Allan	12	F	6th
Lydia Porter	9	F	
Sam King	12	M	Fastest
Kevin Brune	10	M	2nd
Logan Mowry	9	M	3rd
Vance Underwood	10	M	4th
Noah Tsigonis	11	M	5th
Torgen Karns	12	M	6th
Rohan Weedon	12	M	

School Colors Purple and Yellow	Athletic Administrator Steven Zanazzo	Assistant Coaches Jack Bennett
Principal David Dershin	Head Coach Katelyn Bennett	

Monroe Catholic Rams



Photo Not Available

Name	Grade	Gender	Seeding
Luke Button	11	M	4th

School Colors Blue and gold	Athletic Administrator Frank Ostanik	Assistant Coaches Jack Bennett Jim Button
Principal John Fink	Head Coach Kate Bennett	



POWER THROUGH

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Team Rosters

North Pole Patriots



Photo Not Available

Name	Grade	Gender	Seeding
HEPBURN JUDITH		F	
ELGIN CAITLYN		F	
MENDENHALL ANDREW		M	
ILES DANIEL		M	
DEWILDE VICTOR		M	
SATTLER MATHIAS		M	
STEWART AUSTIN		M	

Head Coach
Charles Patten

Palmer Moose



Name	Grade	Gender	Seeding
Woodings Ruby	9	F	1
Berrigan Rya	9	F	2
Lundin Morgen	10	F	3
Johnson Kiersten	12	F	4
Woodings Anne	12	F	5
Laitinen Jonna	11	F	6
Bingham Eva	10	F	
Alverts Josiah	9	M	1
Lynn James	12	M	2
Sworts Tobin	12	M	3
Hand Colbe	11	M	4
Snelders John	12	M	5
Dahms Daniel	12	M	6
Swalling Ben	10	M	

Head Coach
David Peters

Service Cougars



Photo Not Available

Name	Grade	Gender	Seeding
Jake Bassett	11	M	1
Matthew Muffoletto	11	M	2
Conner Truskowski	11	M	3
Hunter Thompson	10	M	4
Canyon Tobin	9	M	5
Zach Bassett	9	M	6
Taryn Hunt-Smith	11	F	1
Emma Tarbath	10	F	2
Rayn Terry	10	F	3
Jordan Lane	11	F	4
Sage Romey	10	F	5
Rachel Zafren	12	F	6

School Colors
Gold/Green

Athletic
Administrator
James Hancock

Assistant
Coaches
Tom Coolidge
Erin Hamilton

Managers
Jan Hazen

Principal
John Gaskins

Head Coach
Jan Buron

Seward Seahawks



Photo Not Available

Name	Grade	Gender	Seeding
Estes Brooke	12	F	
Zweifel Nick	12	M	
Swanson Jerry	12	M	
Gillespie Dylan	11	M	

Head Coach
Marc Swanson

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Team Rosters

Skyview Panthers



Name	Grade	Gender	Seeding
Annamarieka Chythlook	10	F	2nd
Abby Cook	12	F	3rd
Brittany Hollers	12	F	5th
Sage Link	11	F	4th
Mika Morton	12	F	fastest
Logan Hemphill	11	M	4th
Jeremiah Hudson	11	M	2nd
Brenner Musgrave	11	M	fastest
Sky Schlung	12	M	3rd
Daniel Shuler	11	M	5th
Sterling Stasak	11	M	6th

School Colors
Purple, Black, and
White

Principal
Randy Neill

Athletic Administrator
Kent Peterson

Head Coach
Kent Peterson

Assistant Coaches
Paul Kupferschmid

Soldotna Stars



Name	Grade	Height	Gender
Sadie Fox	11	F	1
Hannah Pothast	10	F	2
Dani McCormick	11	F	3
Olivia Hutchings	10	F	4
Emily Warner	10	F	5
Molly Erickson	9	F	6
Levi Michael	10	M	1
Colton Diehl	12	M	2
Tanner Best	11	M	3
Addison Downing	9	M	4
Drew Kant	10	M	5
Aaron Swedberg	10	M	6

School Colors
Blue & White

Principal
Todd Syverson

Athletic
Administrator
Matt Johnson

Head Coach
Dan Harbison

Assistant
Coaches
Laura Pillifant

Managers
Xochi Harbison

Statisticians
Isaac Erhardt
Jerome Herr

Trainers
Steve Milliron

South Anchorage Wolverines



Name	Grade	Gender	Seeding
Anna Darnell	10	F	Fastest
Janey Hoefler	12	F	2nd
Annika Flynn	11	F	3rd
Irene Bembenek	11	F	4th
Naomi Kiekentveld	10	F	5th
Jade Wood	11	F	6th
Seiji Takagi	12	M	Fastest
Tanner Ramey	12	M	2nd
Matthew Hoefler	10	M	3rd
Hunter Wonders	9	M	4th
Will Balcao	10	M	5th
Bryant Brewster	12	M	6th

School Colors
Black and Gold

Principal
Kersten Johnson

Athletic
Administrator
Kern McGinley

Head Coach
Sam Sterling

Assistant Coaches
Liz Brewster
Joleen White
Branden Fontana
Rachelle Kanady
Kalysta Schmidt
Managers

Christal Hays
Bayli Mohl
Davey Biegel

Unalakleet Wolfpack



Name	Grade	Gender	Seeding
Sikulik Johnson	9	male	1

School Colors
Black and Gold

Principal
Perry Corsetti

Athletic
Administrator
Dean Ivanoff

Head Coach
Nancy Persons

Assistant
Coaches
Christian Persons



50/50 Raffle

LASKA FUTURE SPORTS BENTON BAY ATHLETIC LIONS

*Watch for the Gold and
you may win the Green!*

Benton Bay Athletic Lions, dressed in gold, will be circulating among you during the game, selling tickets for the 50/50 Raffle. Buy a chance and you could win one-half (50%) of the total proceeds from ticket sales at each contest. You will also become part of a major source of revenue support for Alaska School Activities Association activities - 25% of the proceeds goes directly to ASAA.

The 50/50 Raffle is simple and easy to play. One raffle ticket costs just \$1 and \$5 buys six tickets. Or purchase 13 chances to win for just \$10! The winning ticket will be announced during the final minutes of the game. Join thousands of fans who support ASAA athletics. Play the Benton Bay Athletic Lions 50/50 Raffle each game.
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Team Rosters

Valdez Buccaneers



Photo Not Available

Name	Grade	Gender	Seeding
Stephanie Allen	11	F	3
Rylee Norris	9	F	4
Sergei Wegner	11	M	3
Nathan Albright	12	M	4
Stuart Relay	10	M	5

School Colors Columbia Blue/ Black/White	Athletic Administrator Rhonda Wegner	Assistant Coaches Michelle Cullen
Principal Elizabeth Balcerek	Head Coach Pete Toye	Managers Kathryn Keeney

Wasilla Warriors



Photo Not Available

Name	Grade	Gender	Seeding
Ingersoll Danika	10	F	
Severtson Angela	10	F	
Pulver Colton	10	M	
Logan Seims	11	M	
Wieliczkievicz Mike	11	M	
Quincy Fuller	10	M	
Fife Isaac	11	M	

Head Coach
Kimbrough Mauney

West Anchorage Eagles



Name	Grade	Gender	Seeding
Jacob Volz	12	M	Fastest
Mike Wise	12	M	2nd
Will Mans	11	M	3rd
Paul Butera	11	M	4th
Jack Consenstein	10	M	5th
Riley Bickford	10	M	6th
Magdalen York	9	F	Fastest
Barae Hirsch	10	F	2nd
Ursula Volz	9	F	3rd
Alejandra Legate	9	F	4th
Katja Grumman	10	F	5th
Charlie Gellert	10	F	6th

School Colors Orange and Black	Athletic Administrator Brian Hosken	Assistant Coaches Mick Wendland Otto Gilbert Will Wright
Principal Rick Stone	Head Coach Anson Moxness	

West Valley Wolfpack



Photo Not Available

Name	Grade	Gender	Seeding
Eagan Patty	12	F	1
Gottmeier Brooke	10	F	2
Reitano Kelin	11	F	3
Pressler Peyton	9	F	4
Hediger Jewel	10	F	5
Difolco Jenna	9	F	6
Koenig Ben	9	M	1
MayoJesse	11	M	2
Bue Joe	10	M	3
Koenig Jonathan	11	M	4
SayreTristan	11	M	5
Donaldson Max	11	M	6
Swenson David	12	M	ALT

Head Coach
Greg Whisenant



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2013 Boys Tournament Results

CHAMPION	WEST VALLEY	4:12:52.9
Runner-up	South Anchorage	4:16:56.2
3rd place	Service	4:17:10.5
4th place	West Anchorage	4:21:49.8
5th place	East Anchorage	4:26:47.0
6th place	Chugiak	4:27:18.9
7th place	Soldotna	4:27:26.6
8th place	Kenai	4:33:04.6
9th place	Colony	4:34:45.2
10th place	Grace Christian	4:37:28.3

1st Place 2A/3A team: Grace Christian 4:37:28.3

Academic Award:	West Anchorage (3.91 GPA)
Skimeister Award:	Max Donaldson (West Valley)

ALL-STATE TEAM

1. Max Donaldson	West Valley	48:30.5
2. Thomas O'Harra	East Anchorage	49:04.9
3. Eric Backstrum	South Anchorage	49:10.9
4. Tanner Ramey	South Anchorage	49:35.0
5. Jacob Volz	West Anchorage	49:59.7
6. David McPhetres	Chugiak	50:13.6
7. Daniel Serventi	Grace Christian	50:15.0
8. Garth Schulz	Service	50:19.1
9. Jonathan Koenig	West Valley	50:23.3
10. Alex Loan	Chugiak	50:37.7

Top Ten Classic (7.5k)

1. Eric Backstrum	South Anchorage	21:41.5
2. Jake Bassett	Service	21:41.7
3. Thomas O'Harra	East Anchorage	21:41.8
4. Max Donaldson	West Valley	21:41.9
5. Tanner Ramey	South Anchorage	21:55.5
6. David McPhetres	Chugiak	22:12.8
7. Garth Schulz	Service	22:18.0
8. John Farr	East Anchorage	22:18.7
9. Matthew Muffoletto	Service	22:27.5
10. Jacob Volz	West Anchorage	22:36.0

Top Three in 2A/3A

1. Daniel Serventi	Grace Christian	22:59.9
2. Brian Rowe	Homer	22:51.5
3. Luke McLaughlin	Grace Christian	22:59.9

Top Ten Mass Freestyle (10k)

1. Max Donaldson	West Valley	26:48.6
2. Thomas O'Harra	East Anchorage	27:23.1
3. Jacob Volz	West Anchorage	27:23.7
4. Daniel Serventi	Grace Christian	27:26.8
5. Eric Backstrum	South Anchorage	27:29.4
6. Jonathan Koenig	West Valley	27:29.8
7. Alex Loan	Chugiak	27:30.1
8. Tristan Sayre	West Valley	27:32.3
9. Tanner Ramey	South Anchorage	27:39.5
10. Seiji Takagi	South Anchorage	27:48.8

Top Three in 2A/3A

1. Daniel Serventi	Grace Christian	27:26.8
2. John Snelder	Valdez	28:41.9
3. Michael Wise	St. Michaels	28:48.0

Top Ten Boys 4x5K Relay Teams

1st	WEST VALLEY	51:35.3
	(Troyer, Koenig, Sayre, Donaldson)	

2nd	SERVICE (Bassett, Muffoletto, Turney, Schulz)	51:58.2
3rd	SOUTH ANCHORAGE (Backstrum, Takagi, Brewster, Ramey)	52:47.6
4th	WEST ANCHORAGE (Loeffler, Mans, Shayer, Volz)	53:28.7
5th	SOLDOTNA (Michael Luke, Michael Levi, Diehl, Jensen)	54:08.2
6th	EAST ANCHORAGE (Robicheaux, Jones, Farr, O'Harra)	54:35.8
7th	CHUGIAK (McPhetres, Hall, Sorensen, Loan)	55:08.0
8th	KENAI (Bressler, Michaud, Theisen, Cooper)	56:15.1
9th	COLONY (Schafer, Sinnott, Kopsack, Jaschek)	56:45.6
10th	LATHROP (King, Karns, Underwood, Brune)	57:14.3

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2013 Girls Tournament Results

CHAMPION SOUTH ANCHORAGE 3:20:39.1

Runner-up	Service	3:31:17.2
3rd place	East Anchorage	3:33:02.9
4th place	Grace Christian	3:39:17.1
5th place	West Anchorage	3:40:18.0
6th place	Chugiak	3:45:14.2
7th place	Colony	3:53:54.2
8th place	West Valley	3:56:37.5
9th place	Soldotna	3:57:02.1
10th place	Lathrop	3:59:31.0

1st Place 2A/3A team: Grace Christian 3:39:17.1

Academic Award:	Colony Knights (4.00 GPA)
Skimeister Award:	Lydia Blanchet (West Anchorage)

ALL-STATE TEAM

1. Lydia Blanchet	West Anchorage	39:01.0
2. Marion Woods	South Anchorage	39:17.3
3. Morgan Flynn	East Anchorage	40:33.0
4. Teagan Yutzenka	South Anchorage	40:37.5
5. Tsaina Mahlen	South Anchorage	40:54.9
6. Janey Hoefler	South Anchorage	40:57.2
7. Sarissa Lammers	Chugiak	41:12.3
8. Hannah Stevens	Eagle River	41:17.5
9. Sadie Fox	Soldotna	42:01.6
10. Anna Trujillo	Grace Christian	42:01.6

Top Ten Classic (5k)

1. Lydia Blanchet	West Anchorage	16:40.7
2. Marion Woods	South Anchorage	17:01.3
3. Morgan Flynn	East Anchorage	17:30.8
4. Janey Hoefler	South Anchorage	17:33.8
5. Tsaina Mahlen	South Anchorage	17:35.9
6. Sam Hartke	Chugiak	17:42.7
7. Ann Spencer	Service	17:50.3
8. Sarissa Lammers	Chugiak	17:53.0
9. Taryn Hunt-Smith	Service	17:56.5
10. Teagan Yutzenka	South Anchorage	17:56.7

Top Three in 2A/3A

1. Anna Trujillo	Grace Christian	18:34.9
3. Elle Arnold	Grace Christian	18:55.4
2. Claire Trujillo	Grace Christian	19:31.9

Top Ten Mass Freestyle (7.5k)

1. Marion Woods	South Anchorage	22:16.0
2. Lydia Blanchet	West Anchorage	22:20.3
3. Teagan Yutzenka	South Anchorage	22:40.8
4. Morgan Flynn	East Anchorage	23:02.2
5. Hannah Stevens	Eagle River	23:15.8
6. Sadie Fox	Soldotna	23:16.1
7. Tsaina Mahlen	South Anchorage	23:19.0
8. Sarissa Lammers	Chugiak	23:19.3
9. Janey Hoefler	South Anchorage	23:23.4
10. Anna Trujillo	Grace Christian	23:26.8

Top Three in 2A/3A

1. Anna Trujillo	Grace Christian	23:26.8
2. Claire Trujillo	Grace Christian	24:55.7
3. Emily Merioles	Valdez	25:23.8

Top Ten Girls 4x3K Relay Teams

1st	SOUTH ANCHORAGE	38:52.2
	(Hoefler, Mahlen, Yutzenka, Woods)	

2nd	SERVICE (McMullen, Spencer, Hunt-Smith, Tarbath)	41:10.8
3rd	EAST ANCHORAGE (Flynn Ma., Graham, Jager, Flynn Mo.)	41:54.6
4th	GRACE CHRISTIAN (Trujillo A., Rowe, Trujillo C., Arnold)	42:47.1
5th	WEST ANCHORAGE (Ritter, Baker, Gallert, Blanchet)	43:03.0
6th	CHUGIAK (Arthen, Casey, Connelly, Lammers)	44:55.7
7th	COLONY (Jenkins, Meier, Haan, Spaic)	44:58.3
8th	LATHROP (Hajdukovich, Hebard, Parrott, O'Connor)	45:32.0
9th	WEST VALLEY (Fairbanks, Jackson, Lilly, Hediger)	45:44.7
10th	SOLDOTNA (Pothast, Gilmore, McCormick, Fox)	46:18.2

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