

First National
ALASKA
ASAA

2013 NORDIC SKIING STATE CHAMPIONSHIP



- 2013 Schedule
- Participating Teams & Photos
- Past Tournament Results

FOR MORE INFORMATION, GO TO: WWW.ASAA.ORG



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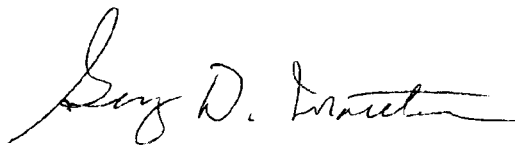
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WELCOME FROM ASAA

On behalf of the Alaska School Activities Association Board of Directors and ASAA's corporate partners, welcome to the 2013 First National Bank Alaska State High School Nordic Skiing Championships!

Student-athletes, we applaud your dedication to doing your best for yourself and for your school. Coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And, to the spectators, we appreciate your being part of this statewide championship event.



Gary Matthews, ASAA Executive Director

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Sportsmanship Creed

"This contest is being played under the authority of the Alaska School Activities Association. ASAA rules provide for fair play and good sportsmanship among athletes and coaches. Since booing and jeering do not support anyone, we expect fans to be positive in supporting their favorite team with encouraging comments and cheers. Please refrain from words or actions that would reflect negatively on your school and team. In other words, BE A FAN—NOT A FANATIC."

About the Cover: Photos taken during the 2012 ASAA/First National Bank State High School Nordic Skiing Championships.

Photos by Kevin Lane Photography.



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"one for the road."



Over **HALF** of all teen driving deaths involve alcohol! Here are three sobering facts you will never see in a beer commercial:

- 80% of alcohol-related fatalities are caused by beer consumption
- 11,769 impaired drivers **DIED** in 2009, over 700,000 injured.
- **ONE** beer is the equivalent of a shot of 80 proof hard liquor.

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PROVIDENCE
Behavioral Health

TOURNAMENT SCHEDULE

ASAA/FIRST NATIONAL BANK ALASKA 2012 NORDIC SKIING STATE CHAMPIONSHIPS

KINCAID PARK ANCHORAGE
FEBRUARY 21-23, 2013

**Hosted by: Dimond High School
and Nordic Skiing Association of Anchorage**

NOTE: Weather conditions will be monitored continuously prior to and during each day's events. Decisions on delaying or postponing events due to marginal temperatures conditions will be determined daily by a Jury.

Wax Bunker: The Wax Bunker is adjacent to the Chalet Parking Lot.

Wednesday, February 20, 2013

12:00pm Facilities open for inspection.

6:00pm Coaches Meeting at Dimond High School

Thursday, February 21, 2013

7:00am Kincaid Park Wax Bunker open

11:40pm Presentation of Colors

12:00pm **Boys 7.5K Interval Start Classic Technique Race**

1:00pm **Girls 5k Interval Start Classic Technique Race**

6:00pm Coaches Meeting at Dimond High School

Friday, February 22, 2013

7:00am Kincaid Park Wax Bunker open

10:40pm Presentation of Colors

11:00am **Girls 7.5k Mass Start Freestyle Technique Race**

12:00pm **Boys 10k Mass Start Freestyle Technique Race**

4:00pm Coaches Meeting at Dimond High School

5:00pm Awards at Dimond High School Auditoria (Thursday & Friday Awards)

Saturday, February 23, 2013

7:00am Kincaid Park Wax Bunker open

10:40pm Presentation of Colors

11:00am **Girls 4 x 3 K Mixed Technique** (Classic-Classic-Free-Free)

12:30pm **Boys 4 x 5 K Mixed Technique** (Classic-Classic-Free-Free)

2:30pm Awards

NOTE: Start times subject to change due weather/other circumstances.

This schedule was created: Jan. 24, 2013 and updated Jan. 28, 2013

SCORING SKIING

Individual Awards

Racers are awarded medals based on their order of finish in the race - in the state meet, the top 10 in each event will receive an award.

In addition, there will be individual medals awarded members of the 1st and 2nd place relay teams, and members of the teams placing 1st and 2nd place overall.

An All-State team composed of the top ten individuals overall will receive a certificate and the top skier will be declared "Skimeister".

Team Awards

There will be 1st and 2nd place team trophies awarded for both boys and girls.

A first place plaque for the highest scoring 2A/3A team for boys and girls

Other Awards

ASAA recognizes a Good Sport Team, chosen from among participating schools with at least four skiers. This award recognizes the good citizenship and sportsmanship demonstrated throughout the whole season. Good Sport Team members are selected by each qualifying team's head coach.

An Academic Award is presented to the team with the highest GPA.

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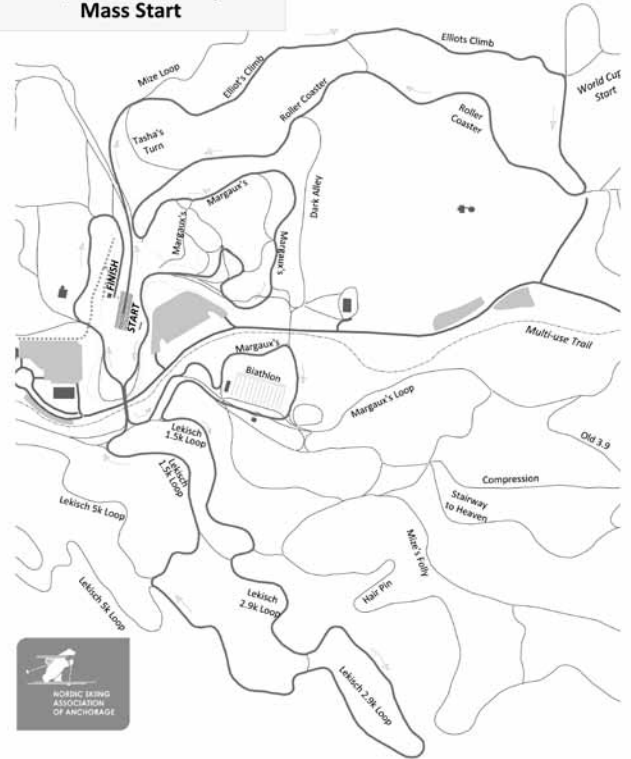
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COURSE MAPS

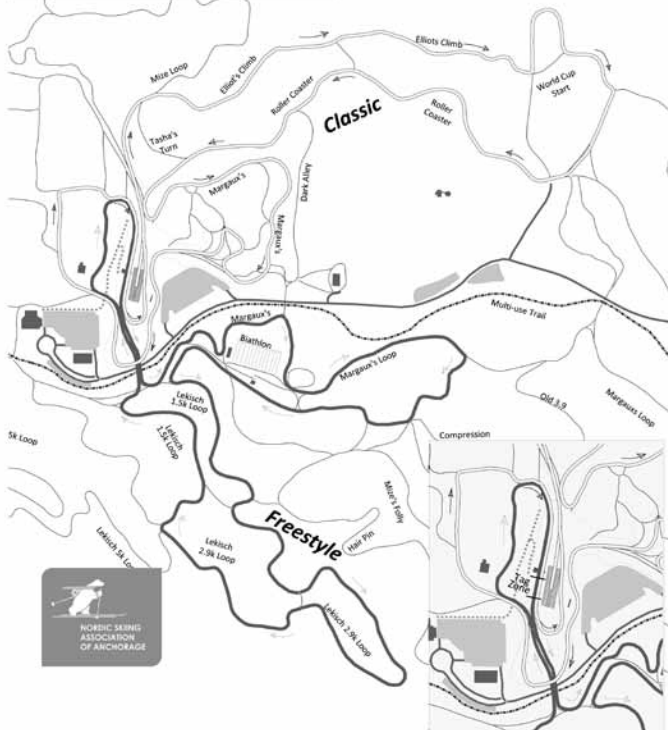
HS State XC Ski Championships
Thursday, 2-21-2013
Boys, 7.5 km, CLASSIC
Interval Start



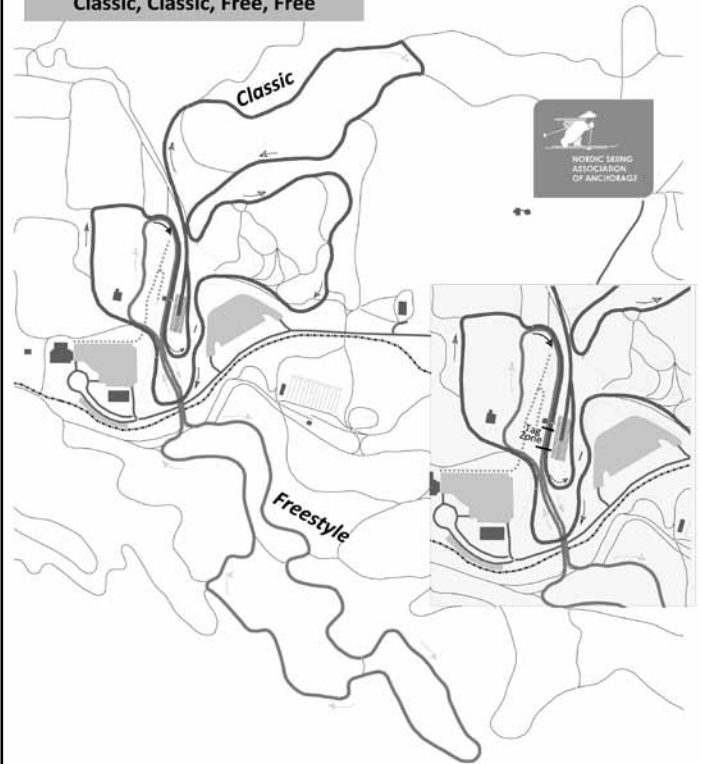
HS State XC Ski Championships
Friday, 2-22-2013
Girls, 7.5 km, Freestyle
Mass Start



HS State XC Ski Championships
Saturday, 2-23-2013
Boys 4 x 5 km relay
Classic, Classic, Free, Free



HS State XC Ski Championships
Saturday, 2-23-2013
Girls 4 x 3 km relay
Classic, Classic, Free, Free



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COURSE MAPS

HS State XC Ski Championships
Friday, 2-22-2013
Boys 10 km, Freestyle
Mass Start, 2 laps



HS State XC Ski Championships
Friday, 2-22-2013
Girls 7.5 km, Freestyle
Mass Start



The "10 and 2"
driving technique
NEVER included a
cheeseburger and
cell phone!



Distracted Driving is **ANY** activity or diversion that decreases your focus on driving. Distracted Driving is comparable to a blood alcohol level of .08%!

What are the consequences of Distracted Driving?

- 5,474 Americans **DIED** and 448,000 were injured in 2009.
- Distracted Driving fatalities **INCREASED** 6% since 2005.

***U.S. DEPT. OF TRANSPORTATION STATISTICS

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PROVIDENCE
Behavioral Health



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TEAM ROSTERS

BARTLETT GOLDEN BEARS



Name	Grade	Height	Gender
Colin Lamb	12	5'10"	M
Ryan Kahlenbeck	9	5'8"	M
Patrick Oswald	10	5'9"	M
William Wood	9	5'2"	M
Gavin LeCrone	10	5'11"	M
Raydon Duncan	12	6'1"	M
Riann Anderson	12	5'6"	F
Heather Lindsey	11	5'2"	F
Bridget Caudle	11	5'5"	F
Olivia Walker	11	5'7"	F

School Colors:
Blue & Gold

Principal:
Dan Gallego

Athletic Administrator:
Sean Prince

Head Coach:
Chelsea Frehulfer

CHUGIAK MUSTANGS



Name	Grade	Height	Gender
David McPhetres	11		M
Alex Loan	12		M
Roan Hall	9		M
Tim Sorensen	11		M
Nathan Dennis	12		M
David Warner	11		M
Sarissa Lammers	11		F
Sam Hartke	12		F
Shannon Casey	12		F
Kate Arthen	10		F
Annie Connelly	9		F
Kennedy Kruchoski	12		F

School Colors:
Black, Blue

Principal:
Sam Spinella

Athletic Administrator:
Josh Green

Head Coach:
Christopher Morhain

Assistant Coaches:
Andy Hall
Brandi Francis
Stan Carrick
Gretchen Carrick

COLONY KNIGHTS



Name	Grade	Height	Gender
Nick Harrison	10		
Leo Jaschek	12		
Lyon Kopsack	11		
Andrew Nelson	11		
Brandon Achafer	11		
Darien Sinnett	12		
Tracie Haan	11		
Greta Jenkins	10		
Katya Jenkins	12		
Bailey Meier	11		
M.E. Meyehofe	10		
Tatjana Spaic	11		

School Colors:
Green, White

Principal:
Cyd Duffin

Athletic Administrator:
Mike Boyd

Head Coach:
Mark Strabel

Assistant Coaches:
Justin Aulie

Managers:
Garrett Birch
Rebecca Partlow

DIMOND LYNX



Name	Grade	Height	Gender
Kinsey Denton	9		F
Madelyn Bee	12		F
Chloe Bee	9		F
Tamara Freistone	11		F
Katheryn McWhite	10		F
Madison Chan	12		F
Kelson Denton	10		M
Luke Cvancara	10		M
Iain Perry	11		M
Matthew Falconer	12		M
Zayn Roohi	11		M
David Cvancara	9		M

School Colors:
Maroon and Gold

Principal:
Cheryl Guyett

Athletic Administrator:
Tim Helvey

Head Coach:
Nate Normandin

Assistant Coaches:
Brett Roth
Shelly Laws
Richard Stout

Managers:
Lilly Bee
Russell Hipple
Megan Johnson

Statisticians:
Connor Swalling
Katie Seybert



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Last year our Driving Skills For Life program provided 11,975 teen drivers in the Northwest with the life-saving information and instruction they need to be safer on our roads. Educating teens to save lives—that's what Driving Skills for Life is all about.

DID YOU KNOW?

- Vehicle crashes are #1 killer of teens
- 16-year-olds are 10 times more likely to be involved in a crash than an adult
- Additional passengers increase the risk of a fatal crash for 16- and 17-year old drivers
- You can learn more at DrivingSkillsForLife.com

GOING FURTHER—TO KEEP OUR TEENS SAFE



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TEAM ROSTERS

EAGLE RIVER WOLVES



Name	Grade	Height	Gender
Will Timmons	12		M
Ben Smith	12		M
Alec Smith	10		M
Sam Erickson	11		M
Bradán Tobin	9		M
Jacob Walsh	9		M
Nick Roth ALTERNATE	11		M
Hannah Stevens	12		F
Summer Frazier	9		F
Carisa Andersen	10		F
Brooke Meredith	10		F
Hailey Sandefur	10		F
Cheyenne Richardson	12		F

School Colors:
Navy Blue and Silver

Athletic Administrator:
Kirby Senden

Assistant Coaches:
Matt Turner

Principal:
Marty Lange

Head Coach:
Liz Turner

EAST ANCHORAGE THUNDERBIRDS



Name	Grade	Height	Gender
THOMAS O'HARRA	11		M
JOHN FARR	11		M
MAX ROBICHEAUX	10		M
JAMES KARI	12		M
HAYDEN ASHLEY	10		M
RILEY JONES	9		M
MORGEN FLYNN	9		F
ANA JAGER	10		F
MEGAN FINK	10		F
GRACE GRAHAM	11		F
ALLISON ABO	11		F
MACKENZIE FLYNN	11		F
SKYLER FRANK ALTERNATE	12		M
BESS BARBER ALTERNATE	9		F

School Colors:
RED & BLUE

Athletic Administrator:
SCOTT THOMAS

Assistant Coaches:
CORKY STILL

Principal:
MICHEAL GRAHAM

Head Coach:
LARS SPURKLAND

Managers:
TAMRA KORNFIELD
TULLY LABELLE-HAMER

GRACE CHRISTIAN GRIZZLIES



Name	Grade	Height	Gender
Luke McLaughlin	11		M
Danaiel Serventi	11		M
John Cosgrave	9		M
Ivan-David Isaacs	11		M
Andrew Eller	12		M
Kierian Henderson	11		M
Claire Trujillo	12		F
Anna Trujillo	12		F
Ellie Arnold	11		F
Kayla Rowe	11		F
Cheyenne Applegate	10		F
Emily Cusick	11		F
Maya Tsao-Wu	12		F

School Colors:
Maroon and Gold

Athletic Administrator:
Pete Johnson

Assistant Coach:
Kathy Rowe

Principal:
Erling Hofseth

Head Coach:
Jay Rowe

HOMER MARINERS



Name	Grade	Height	Gender
Barae Hirsch	9		F
Cassidy Soistman	11		F
Aspen Daigle	10		F
Tisha Lovett	10		F
Rachel Ellert	9		F
Lydia Arndt	12		F
Brian Rowe	11		M
Ghen Sasakura	10		M
Jake Worsfold	11		M
Josh Vantrease	11		M
Jakob Krisintu	9		M
Ryan Navrot	11		M

School Colors:
Blue and Yellow

Athletic Administrator:
Pam Newton

Assistant Coaches:
Heidi Herzog
Kaya Morelli

Principal:
Allan Gee

Head Coach:
Eric Groth

Managers:
Morgan Kelly

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Providence supports Alaska's teens and role models like Kikkan Randall by providing programs and services that encourage healthy lifestyles for all Alaskans.

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TEAM ROSTERS

IDEA



Name	Grade	Height	Gender
Joe Blue			M

Team Leader:
Katelyn Bennett

KENAI KARDINALS



Name	Grade	Height	Gender
Travis Cooper	10		M
Jordan Theisen	10		M
Joe Bressler	12		M
Fox Michaud	11		M
Olan Danielson	11		M
Jake Gilman	12		M
Kirsten Nyquist	10		F
Makaela Salzetti	9		F
Beverly Schindler	10		F
Lindsay Floyd	9		F
Annboerg Bakken	11		F
Maddeline Michaud	9		F

School Colors:
Red and Black

Athletic Administrator:
Stacia Rustad

Assistant Coaches:
Becca Ford
Levi Sutton

Principal:
Alan Fields

Head Coach:
Brad Nyquist

Managers:
Brad Smithwick

LATHROP MALEMUTES



Name	Grade	Height	Gender
Jade Hajdukovitch	11	5'5"	F
Katherine O'Connor	12	5'3"	F
Kiana Hamlin	10	5'5"	F
Mackenzie Parrott	10	5'4"	F
Allison Hebard	10	5'4"	F
Leah Allan	11	5'1"	F
Sam King	11	5'5"	M
Kevin Brune	9	5'9"	M
Vance Underwood	9	6'0"	M
Torgen Karns	11	6'0"	M
Noah Tsigonis	10	5'10"	M
Rohan Weedan	11	5'11"	M
Ewa Oba	12	5'9"	M

School Colors:
Purple, Yellow

Athletic Administrator:
Steve Zanazzo

Assistant Coaches:
Chris Sanville

Principal:
David Dershin

Head Coach:
Katelyn Bennett

MONROE CATHOLIC RAMS



Name	Grade	Height	Gender
Lucas Button	10	6'1"	M
Andrew Walter	10	5'11"	M

School Colors:
Royal Blue, Gold

Athletic Administrator:
Frank Ostanik

Assistant Coaches:
Chris Sanville
Jim Button

Principal:
Vince Fantazzi

Head Coach:
Katelyn Bennett

Special thanks to



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Nordic Skiing Competition



For more information visit
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TEAM ROSTERS

PALMER MOOSE



Name	Grade	Height	Gender
Kiersten Johnson	11		F
Anne Woodings	11		F
Eva Bingham	9		F
Megan Laselle	12		F
Darby Salmon	12		F
Morgen Lundin	9		F
Tobin Sworts	11		M
David Banse	12		M
James Lynn	11		M
Zachary Marsh	12		M
Daniel Dahms	11		M
Hand Colbe	10		M
David Bell <small>Alternate</small>	12		M

School Colors:
Blue and White

Principal:
Reese Everett

Athletic Administrator:
Jeff Thiede

Head Coach:
David Knopp

Assistant Coaches:
Caitlin Marine

SERVICE COUGARS



Name	Grade	Height	Gender
Jake Bassett	10		M
Garth Schulz	12		M
Jack Park	12		M
Austin Hess	12		M
Matthew Muffoletto	10		M
Taylor Turney	12		M
Taryn Hunt-Smith	10		F
Ann Spencer	12		F
Mykaela McMullen	11		F
Hannah Xavier	12		F
Emma Tarbath	9		F
Alex Okeson	12		F

School Colors:
Gold/ Green

Principal:
John Gaskins

Athletic Administrator:
James Hancock

Head Coach:
Jan Buron

Assistant Coaches:
Tom Coolidge
Erin Hamilton
Jan Hazen

Managers:
Mike Besh

SEWARD SEAHAWKS



Name	Grade	Height	Gender
Miles Knotek	12		M
Jerry Swanson	11		M
Nick Zweifel	11		M
Dylan Gillespie	10		M
Lindsey Kromrey	12		F
Laura Dyer	12		F
Brooke Estes	11		F

School Colors:
Green Yellow

Principal:
Trevan Walker

Athletic Administrator:
Sami King

Head Coach:
Marc Swanson

Assistant Coaches:
Mark Chase

SKYVIEW PANTHERS



Name	Grade	Height	Gender
Mika Morton	11		F
Casey Neill	11		F
Brittany Hollers	11		F
Mieka Chythlook	9		F
Sky Schlung	11		M
Kyle Austin	12		M
Jeremiah Hudson	10		M
Brenner Musgrave	10		M
Sterling Stasak	10		M
Logan Hemphill <small>Alternate</small>	10		M
Sage Link <small>Alternate</small>	10		F

School Colors:
Purple, Black and White

Principal:
Randy Neill

Athletic Administrator:
Kent Peterson

Head Coach:
Kent Peterson

Assistant Coaches:
Paul Kupferschmid

Managers:
Lindsay Fagrelus

Trainers:
Nathaniel McGilvra

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FROM ALL OVER THE STATE!



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TEAM ROSTERS

SOLDOTNA STARS



Name	Grade	Height	Gender
Luke Michael	12	6'	M
Dillon Jensen	12	6'	M
Colton Diehl	11	6'	M
Levi Michael	9	6'2"	M
Tanner Best	10	6'4"	M
Joe Rife	12	6'	M
Sadie Fox	10	5'4"	F
Hannah Pothast	9	6'1"	F
Danielle McCormick	10	5'4"	F
Taylor Gilmore	9	5'4"	F
Olivia Hutchings	9	5'8"	F
Xochiyollotl Harbison	12	5'8"	F

School Colors:
Blue/Silver/White

Principal:
Todd Syverson

Athletic Administrator:
Matthew Johnson

Head Coach:
Dan Harbison

Assistant Coaches:
Laura Pillifant

Trainers:
Issac Erhardt
Steve Milliron
Carly Reimer

SOUTH ANCHORAGE WOLVERINES



Name	Grade	Height	Gender
Marion Woods	12		F
Teagan Yutrzenka	12		F
Tsaina Mahlen	12		F
Janey Hoefler	11		F
Annika Flynn	10		F
Irene Bembenek	10		F
Anna Darnell	10		F
Tanner Ramey	11		M
Eric Backstrum	12		M
Seiji Takagi	11		M
Bryant Brewster	11		M
Troy Walters	12		M
Matthew Hoefler	9		M
Will Balcao	9		M

School Colors:
Gold & Black

Principal:
Kersten Johnson

Athletic Administrator:
Patrick Henry

Head Coach:
Sam Sterling

Assistant Coaches:
Liz Brewster
Rachelle Kanady
Fiona Worcester
Brenna Egeland
Branden Fontana

Managers:
Chris Backstrum
Sara Miller
Diane Ramey

VALDEZ BUCCANEERS



Name	Grade	Height	Gender
Emily Merioles	12		F
Stephanie Allen	10		F
Kathryn Keeney	10		F
John Snelders	11		M
Sergei Wegner	10		M
Kaden Cullen	11		M
Jack Scribner	12		M
Nathan Albright	11		M
Wesley Colapietro	10		M

School Colors:
Columbia Blue & Black
Principal:
Elizabeth Balcersek
Athletic

Administrator:
Rhonda Wegner
Head Coach:
Pete Toyo
Assistant Coaches:
Michelle Cullen

WASILLA WARRIORS



Name	Grade	Height	Gender
Colton Pulver	10		M
Logan Seims	10		M
Riley Burroughs	10		F
Danika Ingersoll	09		F

School Colors:
red and white

Principal:
Amy Spargo

Athletic Administrator:
Paul Cossette

Head Coach:
Aubrey Smith

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TEAM ROSTERS

WEST ANCHORAGE EAGLES



Name	Grade	Height	Gender
Lydia Blanchet	10		F
Aimee Ritter	12		F
Gellert Carlie	9		F
Maddie Miller	10		F
Erin Baker	12		F
Katja Grumann	9		F
Jacob Volz	11		M
Henry Loeffler	12		M
Will Mans	10		M
Paul Butera	10		M
Eli Shayer	11		M
Riley Bickford	10		M

School Colors:
Orange and Black

Athletic Administrator:
Brian Hosken

Assistant Coaches:
Anson Moxness
Mick Wendland
Greta Anderson

Principal:
Ric Stone

Head Coach:
Mark Larsen



going up in smoke?

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If you are addicted to tobacco, it's never too late to quit. Please get help before your future goes up in smoke.

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2012 BOYS TOURNAMENT RESULTS



CHAMPION	SERVICE	4:12:50.0
Runner-up	Chugiak	4:16:44.8
3rd place	West Valley	4:18:47.0
4th place	South Anchorage	4:21:26.4
5th place	East Anchorage	4:21:28.3
6th place	West Anchorage	4:24:09.0
7th place	Soldotna	4:29:49.6
8th place	Colony	4:29:53.4
9th place	Lathrop	4:30:17.1
10th place	Homer	4:35:41.0

1st Place 2A/3A team: Grace Christian 4:41:21.3

Academic Award: Palmer Moose (3.88 GPA)
Skimeister Award: Issac Lammers (Chugiak)

ALL-STATE TEAM

1. Issac Lammers	Chugiak	49:22.3
2. John Glen	Service	49:41.7
3. Thomas O'Harra	East Anch.	49:46.4
4. Eric Backstrum	South Anch.	50:03.7
5. Alex Loan	Chugiak	50:10.0
6. Jacob Volz	West Anch.	50:25.6
7. Garth Schulz	Service	50:51.2
8. Matthew Muffoletto	Service	50:56.1
9. Max Donaldson	West Valley	51:05.0
10. David McPhetres	Chugiak	51:06.0

Top Ten Freestyle (7.5k)

1. Thomas O'Harrara	East Anch.	19:02.4
2. Issac Lammers	Chugiak	19:08.7
3. John Glen	Service	19:09.5
4. Alex Loan	Chugiak	19:22.4
5. Jacob Volz	West Anch.	19:23.2
6. Forest Tarbath	Service	19:29.5
7. Neill Toelle	West Valley	19:31.0
8. Eric Backstrum	South Anch.	19:31.1
9. Tanner Ramey	South Anch.	19:37.7
10. David McPhetres	Chugiak	19:38.3

Top Three in 2A/3A

1. Daniel Serventi	Grace Christian	20:09.8
2. John Snelder	Valdez	21:00.0
3. Luke McLaughlin	Grace Christian	21:13.4

Top Ten Mass Classic (10k)

1. Issac Lammers	Chugiak	30:13.6
2. John Glen	Service	30:32.2
3. Eric Backstrum	South Anch.	30:32.6
4. Thomas O'Harrara	East Anch.	30:44.0
5. Alex Loan	Chugiak	30:47.6
6. Kipp Wilkinson	Lathrop	30:56.9
7. Matthew Muffoletto	Service	30:57.5
8. Daniel Serventi	Grace Christian	30:58.0
9. Jake Bassett	Service	30:59.4
10. Jacob Volz	West Anch.	31:02.4

Top Three in 2A/3A

1. Daniel Serventi	Grace Christian	30:58.0
2. John Snelder	Valdez	32:35.6
3. Luke McLaughlin	Grace Christian	32:53.4

Top Ten Boys 4x5K Relay Teams

1st	SERVICE	50:52.1	
	(Bassett, Muffoletto, Tarbath, Glen)		
2th	WEST VALLEY	51:47.5	
	(Troyer, Koenig, Donaldson, Toelle)		
3rd	CHUGIAK	51:51.5	
	(Colles, Lammers, McPhetres, Loan)		
4th	EAST ANCHORAGE		51:52.8
	(Farr, Wahry, Frank, O'Harra)		
5th	SOUTH ANCHORAGE		52:46.4
	(Backstrum, Walters, Takagi, Ramey)		
6th	WEST ANCHORAGE		53:47.3
	(Shayer, Loeffler, Volz, Watts)		
7th	SOLDOTNA	54:20.3	
	(Michael, Diehl, Jensen, Wikstrom)		
8th	COLONY	54:40.2	
	(Meyerhofer, Sinnett, Jashek, Schafer)		
9th	PALMER	54:53.3	
	(Knopp, Bean, Holladay, Strickland)		
10th	LATHROP	54:54.4	
	(King, Castellini, Bourque, Wilkinson)		

Boys Good Sport Team

• James Colles	Chugiak
• Darien Sinnett	Colony
• Matt Falconer	Dimond
• Evan Fisher	Eagle River
• Skyler Frank	East Anchorage
• John Klein	Grace Christian
• Andre Lovett	Homer
• Tyler Cooper	Kenai
• Kipp Wilkinson	Lathrop
• Fabian Bean	Palmer
• Forest Tarbath	Service
• Jacob Marshall	Seward
• Joey Bishop	Skyview
• Colton Diehl	Soldotna
• Seiji Takagi	South Anchorage
• Nathan Albright	Valdez
• Richard Loveless	Wasilla
• Eli Shayer	West Anchorage
• Neill Toelle	West Valley

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2012 GIRLS TOURNAMENT RESULTS

CHAMPION

Runner-up	WEST VALLEY	3:21:49.0
3rd place	South Anchorage	3:23:30.4
4th place	Service	3:25:17.4
5th place	West Anchorage	3:32:15.7
6th place	Dimond	3:35:51.3
7th place	Chugiak	3:36:01.6
8th place	Lathrop	3:36:10.4
9th place	East Anchorage	3:37:57.3
10th place	Grace Christian	3:44:37.9
	Homer	3:48:48.0

1st Place 2A/3A team: Grace Christian 3:44:37.9

Academic Award: Kenai Cardinals (4.00 GPA)
Skimeister Award: Hannah Boyer (West Valley)

ALL-STATE TEAM

1. Hannah Boyer	West Valley	38:44.8
2. Marion Woods	South Anch.	38:47.5
3. Lydia Blanchet	West Anch.	39:33.3
4. Celia Haering	West Anch.	39:38.3
5. Sarah Freistone	Dimond	39:59.9
6. Sarissa Lammers	Chugiak	40:19.1
7. Hannah Stevens	Eagle River	41:03.4
8. Janie Hoefler	South Anch.	41:15.3
9. Tsaina Mahlen	South Anch.	41:21.9
10. Eliza Rorabaugh	West Valley	41:24.7

Top Ten Freestyle (5k)

1. Hannah Boyer	West Valley	14:38.3
2. Marion Woods	South Anch.	14:44.6
3. Lydia Blanchett	West Anch.	15:03.9
4. Celia Haering	West Anch.	15:07.8
5. Sarah Freistone	Dimond	15:22.4
6. Taryn Hunt-Smith	Service	15:24.4
7. Megan Edic	Lathrop	15:29.3
8. Sarissa Lammers	Chugiak	15:34.7
9. Janie Hoefler	South Anch.	15:36.6
10. Hannah Stevens	Eagle River	15:39.6

Top Three in 2A/3A

1. Anna Trujillo	Grace Christian	16:33.1
2. Claire Trujillo	Grace Christian	17:01.1
3. Elle Arnold	Grace Christian	17:04.1

Top Ten Mass Classic (7.5k)

1. Marion Woods	South Anch.	24:02.9
2. Hannah Boyer	West Valley	24:06.5
3. Lydia Blanchet	West Anch.	24:29.4
4. Celia Haering	West Anch.	24:30.5
5. Sarah Freistone	Dimond	24:37.5
6. Sarissa Lammers	Chugiak	24:44.4
7. Tsaina Mahlen	South Anch.	25:22.3
8. Hannah Stevens	Eagle River	25:23.8
9. Janie Hoefler	South Anch.	25:38.7
10. Mykaela McMullen	Service	25:40.8

Top Three in 2A/3A

1. Anna Trujillo	Grace Christian	26:58.3
2. Elle Arnold	Grace Christian	28:33.2
3. Kayla Rowe	Grace Christian	28:49.5

Top Ten Girls 4x3K Relay Teams

1st	WEST VALLEY (Whisenhant, Rorabaugh, Sudkamp-Walker, Boyer)	37:35.4
2nd	SOUTH ANCHORAGE (Hoefler, Mahlen, Flynn, Woods)	38:12.3
3rd	SERVICE (McMullen, Price, Hopkins, Hunt-Smith)	38:28.8
4th	EAST ANCHORAGE (Flynn, Jager, Graham, Farr)	39:58.9
5th	WEST ANCHORAGE (Haering, Baker, Fleischman, Blanchet)	40:17.5
6th	LATHROP (Hajdukovich, Ferree, Edic, Hamlin)	40:31.8
7th	CHUGIAK (Hartke S., Lammers, Arthen, Hartke A.)	40:34.9
8th	DIMOND (Petersen, Falconer, Desatoff, Freistone)	41:13.4
9th	HOMER (Schmidt, Soistman, Gerard, Morelli)	42:32.1
10th	GRACE CHRISTIAN (Trujillo A., Rowe, Trujillo C., Arnold)	42:40.8

Girls Good Sport Team

• Shannon Casey	Chugiak
• Mille Nagel	Colony
• Savanna Desatoff	Dimond
• Kylee Sam	Eagle River
• MacKenzie Flynn	East Anchorage
• Anna Trujillo	Grace Christian
• Marie Schmidt	Homer
• Taylor Ostrander	Kenai
• Claire Ferree	Lathrop
• Kirsten Sworts	Palmer
• Anna Price	Service
• Lindsey Kromrey	Seward
• Chelsea Winter	Skyview
• Xochiyolotl Harbison	Soldotna
• Tsaina Mahlen	South Anchorage
• Kathryn Keeney	Valdez
• Erin Baker	West Anchorage
• Kira Leonard	West Valley

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