

BOWLING

ALL CLASSIFICATIONS

Participation on girls' teams shall be limited to females who were assigned female at birth.

A. SEASON

2025-2026 SEASON

September 29, 2025 - First Practice

October 10, 2025 - First Contest

*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

February 28, 2026 - Last Contest (Regular Season or Conference Championship)

B. MINIMUM DAYS PRACTICE

Each participant must have a minimum of 10 different days of physical practice before the first day of competition. (Article 7, Section 7)

C. INDIVIDUAL NON-SCHOOL PARTICIPATION

ASAA has no limitations on students participating on non-school bowling teams while they are members of a school bowling team.

D. RULES

US Bowling Congress Rules apply

E. CONFERENCES

Bowling teams are not categorized into conferences.

F. MAXIMUM MEETS

ASAA does not place a limit on the number of bowling meets that an athlete or team may compete in during a season.

G. STATE CHAMPIONSHIP

Currently there is no state championship for bowling as it does not meet the criteria.