GENERAL USE FORMS

General Use Forms

Checklist for School Administrators	. 2
Checklist for Non-Member School Administrators	. 4
Non-Member School Participation Form	. 5
School Membership Application	. 6
ASAA Pass Order	. 7
Contract for Interschool Games or Meets	. 8
Cooperative School/Joint Participation Programs Application	. 9
Out-of-State Travel Request1	10
Healthcare Provider Release - Concussion Return to Play Protocol	11
Gold Lifetime Pass Nomination1	13

CHECKLIST FOR SCHOOL ADMINISTRATORS

This document has been developed by ASAA to aid member school administrators in meeting all the requirements for their activity and athletic programs.

PARTICIPANT ELIGIBILITY (completed in the School Activities Reporting System (SARS) – Bigteams)

- 1. Student attended or participated for your school last year needs the following
 - Physical Examination within the prior 18 months (athletic participation).

Parent permission to participate form signed.

- Receipt of Concussion Information form signed (athletic participation).
- Receipt of Sudden Cardiac Arrest Information form signed (athletic participation).
- Play for Keeps video watched and form signed.
- No outstanding TAD requirements.
- Be enrolled in minimum number of semester units (Article 12, section 2, A4).
 - 9th, 10th, 11th, graders 2.5 semester credits
 - 12th graders on track to graduate 2 semester credits
- Pass minimum number of semester units with a 2.0 or higher the previous semester. (Article 12, section 7).
 - First semester 9th graders immediately eligible
 - 2nd semester 9th graders, 10th & 11th graders 2.5 semester credits
 - 12th graders on track to graduate 2 semester credits
- 2. Student is first entering high school or has not established a school of eligibility needs the following

Enter into the SARS system

-] 8 items from #1
- 3. Student is transferring from another high school needs the following

] 8 items	from	#1
-----------	------	----

] Student/Parent initiate Transfer Rule Waiver in Bigteams

Note: Bona Fide Change of Residence, Transfer without a Bona Fide change of residence, Application For Changing School of Eligibility, Boarding School Transfer are all in the same form

4. Student does not meet eligibility criteria (i.e. enrollment, classes passed, GPA) because of a hardship. A hardship is unforeseeable, unavoidable and uncorrectable act, condition or event which causes the imposition of severe and non-athletic burden upon the student

8 items from #1

Student Eligibility Waiver Request filled out in Bigteams

TAD VIOLATIONS

Enter violations in Bigteams

CHECKLIST FOR SCHOOL ADMINISTRATORS

SCHOOL ACTIVITIES REPORTING SYSTEM (SARS)

COACHES/ADVISORS: All coaches and advisors must be entered in the master eligibility system within two weeks of the beginning of their respective season. In addition all coaches and advisors must be certified. (Bylaws Article 10)

PARTIPANTS: All participants must be on a varsity or subvarsity roster before the first event for their activity. (Bylaws Article 12, Section 10)

ACTIVITY	COACH	PART	Α
Co-ed Soccer – 8/15/25			В
CC Running – 8/15/25			E
Flag Football – 8/14/25			V
Football – 8/14/25			н
Football Cheer – 8/14/24			н
Tennis – 8/15/25			N
Gymnastics – 8/21/25			В
Swim/Dive – 8/21/25			В
VB 3A/4A - 8/21/25			V
DDF – Prior to first meet			В
Dance Team – Prior to first Event			S
Rifle – 9/25/25			S
All State Music – 9/25/25			Т
VB Mix 6/2A – 9/25/25			A
AASG –			S

ACTIVITY	COACH	PART
Bowling – 10/10/25		
Esports – 10/10/25		
Wrestling – 10/16/25		
Hockey Cheer – 10/30/25		
Hockey – 10/30/25		
Nordic Ski – 11/13/25		
Basketball – 12/18/25		
Basketball Cheer – 12/18/25		
World Language – 2/1/26		
Baseball – 3/20/26		
Soccer – 3/20/26		
Softball – 3/20/26		
Track & Field – 3/20/26		
All state Art – 4/5/26		
Solo & Ensemble – 4/19/26		

OTHER: The following information should also be entered into the SARS

Weight certifications for wrestling

MAXPREPS (maxpreps.com)

Schedules, and scores for all team sports should be entered on MAXPREPS. All football, volleyball, hockey, basketball, baseball, soccer and softball teams are required to enter schedules at the beginning of the season and scores by the Tuesday of the following week.

- Football schedules & scores are entered
- Volleyball set scores are entered
- Hockey schedules & scores are entered
- o Basketball schedules & scores are entered
- o Baseball scores are entered
- Soccer schedules & scores are entered
- \circ ~ Softball scores are entered

CHECKLIST FOR NON-MEMBER SCHOOL ADMINISTRATORS

This document has been developed to aid non-member school administrators in meeting all the ASAA requirements.

Students attending non-member schools within member school districts may participate in the following activities for the non-member school;

All-State Art	Esports	Student Government
All-State Music	Solo & Ensemble	World Language

NOTE: Non-member schools wishing to compete in Drama Debate & Forensics must contact the Executive Director to obtain a waiver.

PARTICIPANT REQUIREMENTS

Parent/Guardian Consent for Student Travel and participation.(forms section ASAA handbook)

Play for Keeps Student Parent/Guardian Acknowledgment. .(forms section ASAA handbook)

No outstanding TAD requirements. (ASAA will verify)

Be enrolled in minimum number of semester units (Article 12, section 2, A4).

- 9th, 10th, 11th, graders 2.5 semester credits
- 12th graders on track to graduate 2 semester credits

Pass minimum number of semester units with a 2.0 or higher the previous semester. (Article 12, section 7).

- First semester 9th graders immediately eligible
- 2nd semester 9th graders, 10th & 11th graders 2.5 semester credits
- 12th graders on track to graduate 2 semester credits

COACHES/ADVISORS: Students that attend ASAA activities must be accompanied by at least one certified adult. For volunteers, advisors and directors to be certified they must complete the following (Bylaws Article 10):

Concussion Awareness Training from NFHSlearn.

Sudden Cardiac Arrest Training from NFHSlearn.

- Protecting Students From Abuse.
- Sign the State Championship Code of Conduct

NON-MEMBER SCHOOL PARTICIPATION FORM

The attached form is to be completed and emailed to ASAA 2 weeks before the start of the event

SCHOOL:				
DISTRICT:				-
ADMINISTRATOR:				
ACTIVITY: Please	e circle the activity			
All-state Art	All-state Music	Esport	Other	
Solo/Ensemble	Student Government	World Language		

Student	Academic Eligible	Parent Permission	Play for Keeps

Adult	Certification Current		
	Yes	No	
	Yes	No	

I hereby affirm that, to the best of my knowledge, the information provided above is accurate. All listed students are eligible, and all listed adults hold the necessary certifications.

Administrator Signature

SCHOOL MEMBERSHIP APPLICATION

Type of School: Public Private	Number of students currently enrolled in grades 9-12
School	Principal
Address	City Zipcode
Phone	Email
School Mascot	School Colors
SUPERINTENDENT / SCHO	OL DISTRICT INFORMATION
School District	Public School Superintendent , if applicable
School District Address	City Zipcode
SchoolDistrict Phone Se	chool District Email
SCHOLASTIC	C STANDARDS
Is the school approved by the state or other accrea	liting agency? 🗌 Yes 🗌 No
Do students take the state assessment tests?	Yes No
Is the curriculum approved by the state or other no	ational entity? 🗌 Yes 🗌 No
If so, please name the specific entity:	
FOR OFFIC	
Region Decision Date APPROVED DISAPPROVED /	Executive Director's Signature

ALASKA SCHOOL ACTIVITIES ASSOCIATION

Scan and email this form to office@asaa.org

6

ASAA PASS ORDER

The ASAA Pass affords entrance into any regular season event, regional or district event, and any/all state tournaments during the school year. Passes are primarily for **Certified Coaches**, **Athletic Directors**, **Administrators**, **School District Administrators and School Board Members**. The cost is \$50 per pass.

Please _____enter the names of individuals and the positions each holds with the school or school district as passes will be personalized before mailing out.

School or School District	Principal	Phone

FIRST NAME	LAST NAME	POSITION

Total number of passes:	Amount Enclosed	
	x \$ 50 =	
Payment Method:	Have ASAA Invoice Us	Purchase Order #
Credit Card:Visa	Mastercard	_American Express Discover
Card #		Card CVV#
Expiration Date:	Signature	

ALASKA SCHOOL ACTIVITIES ASSOCIATION

Scan and email this form to office@asaa.org

Date

CONTRACT FOR INTERSCHOOL GAMES OR MEETS

This contract is made and subscribed to by the Principal and Athletic Directors of the participating schools listed below:

Name of School #1		1	Name of School #2	
for (number)	contests in (1	ist sport)		to be played as follows:
First Team Contest				Preliminary Game
To be held at	// Date	 Day of Week		:m Hour
First Team Contest				PreliminaryGame
 To be held at	// Date	 Day of Week	:m Hour	: m Hour
Financial Terms				

- 1. Each school guaranteers its membership and good standing in the Alaska School Activities Association, Inc., and also guarantees that participation in this contest will not violate any rule of that corporation.
- 2. Each contestant will be eligible under rules of the Alaska School Activities Association, Inc.
- 3. If either party fails to fulfill its contract obligations, that party shall make amends, if any, in accordance with the terms stated below. Such provisions shall not conflict with the Constitution or Bylaws.

Contract Terms

II . 4

Alaska School Activities Association, In	ic. By-Laws Article	VI, Section 1A	states: "A breach of	contract will be	considered a
rule violation "					

rincipal	Athletic Director	School	City / Town
rincipal	Athletic Director	School	City / Town

COOPERATIVE SCHOOL/JOINT PARTICIPATION PROGRAMS APPLICATION

Cooperative school programs are defined as a union of two or more schools. Cooperative school programs may be approved by the Executive Director and/or the Board of Directors when a request is received in a timely manner. Schools are encouraged to consult with the Executive Director as how to best submit a request.

Joint Participation Programs allows students from a 1A or 2A schools to participate on another member schools team. Request must be submitted to the Executive Director in a timely manner.

For guidelines and specific conditions of Cooperative and Joint Participation Programs see ASAA Bylaws Article 7, Section 11

These schools request permission to form a cooperative team.

School #1	Enrollment	Class
		$ \begin{array}{c c} \Box 1A & \Box 2A \\ \Box 3A & \Box 4A \end{array} $
School #2	Enrollment	Class
School #3	Enrollment	Class
School #4	Enrollment	Class
		$ \boxed{\begin{array}{c} 1A \Box 2A \\ \Box 3A \Box 4A \end{array} $

Cooperative teams may be formed in the following sports. Mark the sport and gender in which the above schools wish to form a cooperative team.

 Baseball
 Basketball
 Football
 Hockey
 Soccer
 Boys

Baseball	Basketball	Football	Носкеу	Socc
Softball	Volleyball	Mix Six Volleyba	ll Other	

The administrators of each school have read and understand ASAA Bylaw Article 7, Section 9, subsections B and C, and wish to form a cooperative team under these guidelines.

School #1 Administrator's Name	School #1 Administrator's Signature	Date
School #2 Administrator's Name	School #2 Administrator's Signature	/ Date
School #3 Administrator's Name	School #3 Administrator's Signature	/ Date
School #4 Administrator's Name	School #4 Administrator's Signature	/ Date
	FOR OFFICE USE ONLY	//

FOR OFFICE USE O

ExecutiveDirector'sSignature:_

Decision Comments **APPROVED** DISAPPROVED ALASKA SCHOOL ACTIVITIES ASSOCIATION

Scan and email this form to office@asaa.org

Date

Girls

PAGE 1 of 1

OUT-OF-STATE TRAVEL REQUEST

Out-of-state travel for interscholastic competition during the school year must be approved by the Executive Director. Use this form to request approval.

School	Date of request
Team, group or organization request	
Out-of-state destination	Departure date Return date
Describe the out-of-state competition	
Event Title:	
Type of Competition (invitational, tournam	nent, etc.):
School administrator's permission	
The above named school team/organizatio	on has my permission to travel for out-of-state competition.
School Administrator (please print)	
	Date:
Phone: Email:	
Executive Director's decision	Executive Director's signature
APPROVED DISAPPROVEI	
Comments	
ALASKA S	CHOOL ACTIVITIES ASSOCIATION
Scan ar	nd email this form to office@asaa.org

HEALTHCARE PROVIDER RELEASE CONCUSSION RETURN TO PLAY PROTOCOL

Student Name: _____

Sport:_____ School:_____

Birthdate:_____

Date of Injury:_____ Description: _____

IMPORTANT NOTE TO HEALTHCARE PROVIDER

Per AS 14.30.142, as amended, a student who has been removed from participation in a practice or game for suspicion of concussion may not return to play until the student has been evaluated and cleared for participation by an Athletic Trainer OR by a qualified person who verifies that he or she is currently trained in the evaluation and management of concussions. "Qualified person" means either:

- 1) A health care provider licensed in Alaska, or exempt from licensure under Alaska law(AS 08.64.370(1), (2), or (4), OR
- 2) a person acting at the direction and under the supervision of a physician licensed in Alaska, or exempt from licensure.

As interpreted by ASAA, Athletic Trainer means a Certified Athletic Trainer.

As interpreted by ASAA, "Trained" means that the provider:

- 1) Has completed the online CDC Concussion Course for Clinicians (www.preventingconcussions.org) in the last two years, AND
- 2) Has a) completed 2 hours of CE or CME in Sports Concussion Management in the last 2 years, or b) has completed a one-year Sports Medicine Fellowship, a Certifacte of Added Qualifications in Sports Medicine, or a Residency in Neurology or Neurosurgery.

IF YOU DO NOT MEET THESE CRITERIA, PLEASE REFER THE STUDENT ATHLETE TO A HEALTHCARE PROVIDER WHO DOES

If an athlete is removed from participation in an activity because of a suspected concussion: BUT is found **not to have a concussion**, the athlete's return to play should be determined by the athlete's medical provider in accordance with the provider's assessment of the athlete's condition and readiness to participate;

AND is **determined to have sustained a concussion**, the athlete's readiness to return to participation should be assessed in accordance with the Alaska School Activities Association's graduated Return to Play (RTP) protocol. All student athletes with a concussion must successfully complete an appropriate RTP Protocol. The Return to Play protocol recommended by ASAA's Sports Medicine Advisory Committee is described below.

Students should begin with a period of complete rest in which they avoid cognitive and physical exertion. As symptoms diminish, and the athlete feels able, he/she can begin trials of cognitive work, e.g. reading, texting, computer, TV, school. The introduction of cognitive work should be in short increments which increase progressively in length and intensity so long as concussion symptoms do not recur or worsen. When several hours of cognitive work are well tolerated at home, then attendance at a half day of school is appropriate. When a full day of school is tolerated, then homework may be added. Academic accommodations may be necessary for student athletes as they return to school following a concussion. If cognitive work at any time provokes or exacerbates symptoms, then the work should be discontinued, additional cognitive work should be minimized until symptoms regress, and the student can attempt to advance cognitive work again on the following day.

Only when the concussion symptoms have been entirely absent for 24 hours, does Day 1 of the progressive return to physical activity begin. The Return To Play Protocol is to take place over a minimum of six days, with at least 24 hours between each step. The rate of progression through the steps in the program should be individualized. Factors which may slow the rate are young age, history of previous concussions, number/severity/duration of concussion symptoms, medical risk factors, and the concussion risk of the sports to which the athlete will return. Physical or cognitive activity that provokes recurrence of concussive symptoms will delay recovery and increase the risk of future concussion. Therefore, if symptoms recur at any step, then physical activity should stop until 24 hours after resolution of the symptoms, and then resume at the previous step.

PAGE 2 of 2 HEALTHCARE PROVIDER RELEASE - CONCUSSION RETURN TO PLAY PROTOCOL

Student Name:

Studen					
SEC	TION 1: THE NO	N-CONCUSSI	ED ATHLETE - to be completed by	Healthcare	Provider
	Student has NOT sustained REQUIRED if checking the		edical Diagnosis which explains his/her sy	mptoms is:	
	Student is cleared to return	to full sports participa	tion. Medical Dx:		
	Student is cleared for limited	participation with th	e following restrictions [attach more pages if r	veeded]:	
			ATHLETE - to be completed by Hea		vider
	Student has sustained a con-	cussion and is not yet	ready to begin the Return to Play Protocol	Initials	Date
	Student is cleared to begin A	ASAA's Return to Pla	ay Protocol with any modifications mt's symptoms return and persist.		2010
noted	Jelow. This clearance is no lo	liger ellective il stude	nt's symptoms return and persist.	Initials	Date
Proto	col as described abov	e. The athlete is r	ymptoms and has completed the AS medically eligible to return to compe n to Play Protocol below [attach more pages if	etition.	o Play
SYM	PTOMATIC STA	GE: Physical and Cog without Provokir	nitive Rest; Then Incremental Cognitive Work, ng Symptoms.	Initials	Date
Day 1	Begin when symptom free bike. NO resistance trainin	for 24 hours. 15 min ong.	of light aerobic activity: walk, swim, stationary		
Day 2	30 min light-moderate aer resistance training. START increases, PE activity level	PE class at previous da	e intense walk, swim, stationary bike. NO ay's activity level. As RTP Protocol activity level		
Day 3	30 min mod-heavy aerobio	c activity: run, swim, cy	ycle, skate, Nordic ski. NO resistance training.		
Day 4	30 min heavy aerobic activ Training: push-up, sit-up, v	vity: hard run, swim, cy veightlifting	vcle, skate, Nordic ski. 15 min Resistance		
Day 5	Return to Practice, Non-co	ntact Limited Participa	ation: Routine sport-specific drills		
Day 6	Return to Full-Contact Prac	ctice			
Day 7	Medically Eligible for Com Professional. ASAA Eligibili	petition after complet ty Criteria must be me	ing RTP Protocol and is cleared by Healthcare et before return to competition.		
	SECTION 3	: HEALTHCAI	RE PROFESSIONAL ATTESTA	TION	
ASAA d		the evaluation and man	Te provider authorized under AS 14.30.1 hagement of concussion, as explained above. I do he s student athlete's concussion.		
Healthcare	Provider Signature	HCP Printed Name	AK License Number	Date	
	SECT	ON 4: ATHLE	TE AND PARENT CONSENT		
as possik is at mo that the	urn to Play Protocol incorpor ole. Participation in athletics is acc re risk for another head injury with	ates an internationally reco ompanied by the risk of in n risk of permanent disabili y Protocol is not a guara	gnized process by which concussed athletes are returned jury, permanent disability, and death. Having recently so ty or death. By signing this form, the athlete and the pa intee of safe return to athletic participation. The parent a	ustained a concuss rent indicate their	sion, an athlete understanding
Student At	hlete Signature	Date	Parent Signature		Date

 Student Athlete Signature
 Date
 Parent Signature

 Student Athlete Printed Name
 Parent Printed Name

12

GOLD LIFETIME PASS NOMINATION

ASAA has adopted a program under which those individuals who have made an extraordinary contribution to high school activities in Alaska and/or at the national level may be selected as recipients of an ASAA Gold Lifetime Pass.

Program

- <u>Qualifications</u>: Significant service to high school students of Alaska through demonstrated leadership for at least twenty (20) years at the state and/or national level. Served as activities administrator, coach/director/advisor, official, community supporter, or committee member.
- <u>Number</u>: Up to eight (8) recipients may be selected each year, one from each region or association.
- <u>Use of Passes</u>: The Gold Lifetime Pass will be honored at all ASAA events, and will provide free entry for the recipient and one guest. Passes are not transferrable.
- <u>Selection Process</u>: Regions or associations will forward nominations to the Board of Directors which will make the final selection at the Spring BOD meetings.

Gold Passes issued by the Board in previous years will be honored for admission to state tournaments.

NOMINEE CONTACT INFORMATION

Nominee's last name	Non	ninee's first name	M.I.
Address		City	Zipcode
Day phone	Evening phone	Email	

NOMINATOR'S CONTACT INFORMATION

ALASKA SCHOOL ACTIVITIES ASSOCIATION

Scan and email this form to office@asaa.org

GOLD LIFETIME PASS NOMINATION

<u>continuation</u>

Describe the nominee's significant service to high school students of Alaska through demonstrated leadership for at least twenty (20) years at the state and/or national level. Specify roles served (activities administrator, coach, director, advisor, official, community supporter, committee member), dates, exemplary performance and outcomes, etc. Use additional pages if necessary. Letters of support may also be included or forwarded.

FOR OFFICE USE ONLY

Date received

/	/	

Date reviewed by Board

Board of Directors' decision

□ APPROVED

□ DISAPPROVED

Comments

ALASKA SCHOOL ACTIVITIES ASSOCIATION

Scan and email this form to office@asaa.org