



4048 Laurel St. #203, Anchorage, AK 99508 / Phone: 907-563-3723 / Fax: 907-563-3739 / Web: www.asaa.org

**Adopted Minutes of the ASAA Board of Directors' Meeting  
April 12, 2021  
Place: ZOOM Conference call**

More information may be obtained from an ASAA Board member (listed on web site) or from the ASAA office (907) 563-3723.

**Call to Order** — the meeting was called to order at 2:38 p.m.

**Seating of New Board Members** — None

**Roll Call:**

Region 1 – Patrick Callahan-Present  
Region 2 - James Sickler-Present  
Region 3 - Dale Ewart-Present  
Region 4 - Megan Hatswell-Present  
Region 5 - Troy Thain-Present  
Region 6 - Dan Klein-Present  
AASB - Dana Mock-Present  
AASA - Dave Herbert –Present  
AASG - Abigail Jensen-Present

**Procedural** — Quorum Established

**Consent Items** –

- a. Approval of Minutes from the following Board Meeting:
  - i. March 15, 2021 Minutes

Motion “to approve the consent items”

Motion by Region 5, second by Region 2  
(Carried - Unanimous Consent)



4048 Laurel St. #203, Anchorage, AK 99508 / Phone: 907-563-3723 / Fax: 907-563-3739 / Web: [www.asaa.org](http://www.asaa.org)

## **Ordering and Approval of the Agenda–**

Motion “to approve the agenda as presented”

Motion by AASB, second by Region 6  
(Motion Carried 8-1, with Region 1 in dissent)

**Public Comments on Agenda and Non-Agenda Items – none**



4048 Laurel St. #203, Anchorage, AK 99508 / Phone: 907-563-3723 / Fax: 907-563-3739 / Web: www.asaa.org

**Action Items and Board Directives** – The Board of Directors took action as follows:

➤ **ASAA Pre-Competition Covid Testing Policy**: motion “to approve pre-competition COVID-19 testing requirements for the state wrestling, Mix-6 Volleyball and soccer tournaments as presented.

Motion by Region 5, second by AASB  
(Carried - Unanimous Consent)

Note: This will result in the following policy:

*ASAA PRE-COMPETITION COVID TESTING POLICY*

*Unless exempted below, all wrestling, Mix-6 volleyball and soccer state tournament participants must obtain pre-competition testing. Participants need a negative test result to be cleared to attend competition. There are three methods for meeting this requirement:*

*1. PCR Test:*

*The testing requirement may be satisfied by taking a PCR test for COVID-19 within 72 hours prior to competition. Participants need to receive a negative test prior to competing. If a participant is participating in multiple games within a 48-hour period, a PCR test result within the proper window for the first game satisfies the testing requirement for the rest of the 48-hour period.*

*o If PCR test results have not come in by the day of competition, a same day negative antigen test result may be used instead.*

*Question: Does a negative PCR test clear the athlete for competition for the following 5 days from the date of the test. For example: does a test taken on Tuesday, allow the student to participate without re-testing on Friday and Saturday?*

*We encourage PCR test samples to be collected within 48 hours of competition but in order to accommodate logistical challenges the PCR test samples may be collected up to 72 hours before competition. Therefore, a negative test result from a test sample collected on Tuesdays allows an athlete to compete on both Friday and Saturday without another test.*



4048 Laurel St. #203, Anchorage, AK 99508 / Phone: 907-563-3723 / Fax: 907-563-3739 / Web: www.asaa.org

## *2. Twice Weekly Antigen or PCR Testing*

*Alternatively, the testing requirement may be satisfied through routine twice-weekly antigen or PCR testing prior to competition. To satisfy the “twice-weekly” requirement, tests must be taken on two non-consecutive days within each week, ideally separated by at least 72 hours. A minimum of two tests on this schedule are required prior to first competition.*

*o As long as participants have obtained negative results from all routine testing over the preceding two weeks, participants are cleared for competition.*

*o If a participant misses an antigen test, a PCR test within 72 hours prior to competition may substitute.*

*o Positive antigen test results should be confirmed with PCR tests due to lower reliability of antigen tests. If a positive antigen test is followed by a negative PCR test and the participant has no symptoms or known close contacts, the participant is permitted to compete.*

*Question: How many days after the test may a student participate without having to re-test?*

*Answer: If an athlete continues to receive negative test results from twice-weekly antigen or PCR test, with test samples collected on non-consecutive days, that athlete may compete as often as they like once two weeks of testing with negative test results has been completed. If an athlete misses the weekly testing, a PCR test may be substituted following the same guidance provided in item 1 above.*



4048 Laurel St. #203, Anchorage, AK 99508 / Phone: 907-563-3723 / Fax: 907-563-3739 / Web: [www.asaa.org](http://www.asaa.org)

### 3. *Once weekly Antigen*

*The testing requirement may alternatively be satisfied by routine once-weekly antigen IF the antigen testing is conducted not more than 24 hours prior to each competition and with a minimum of two weekly antigen tests required prior to first competition. If a participant is participating in multiple games within a 24-hour period, an antigen test result within the proper window for the first game satisfies the testing requirement for the rest of the 24- hour period.*

*Question: This participant would be required to re-test every 24 hours to continue to participate. Is that correct? For example, if I test Wednesday, I'm good for Thursday's competitions, but would then need to test Thursday for Friday's and Friday for Saturdays.*

*Answer: Once weekly antigen testing is envisioned for athletes who compete just one day a week. The sample may be collected the day before competition and then the athlete may compete in as many games, matches, races, etc. as they like the next day. The goal is for competition to take place no more than 48 hours after the test is conducted. Since rapid antigen test may be complete the day before or the day of competition, if the test is completed at the beginning of the first day of competition, a negative test result would clear the athlete to compete during the next 24 hours. However, if the test is completed the day before competition, then a second test would be needed for the second day of competition. Athletes completing more than once a week should consider twice-weekly antigen testing.*



4048 Laurel St. #203, Anchorage, AK 99508 / Phone: 907-563-3723 / Fax: 907-563-3739 / Web: www.asaa.org

Other Considerations

Positive Test: (see below *Previously Diagnosed Person*)

Close Contacts:

*Question: If a participant test positive, is the whole team eliminated or only the one player?*

- *Close contacts of individuals who have tested positive for COVID-19: according to the U.S. Centers for Disease Control and Prevention (CDC), a 14-day quarantine period is still the safest quarantine duration; however, based on emerging science, CDC has issued updated guidance to provide two acceptable alternatives to shorten the quarantine period.*
  - *If testing is available, the participant may be able to end their quarantine after 7 days of quarantine, on the 8th day. The participant can take a COVID-19 test within 48 hours prior when they hope to end their quarantine (on day 6 or 7). The participant must continue to quarantine until their test comes back negative, which may be longer than 7 days. Even if their test is negative and they end quarantine, they must continue to wear a mask when around others and monitor for symptoms for the full 14 days. If they develop any symptoms or their test result is positive, they must self-isolate.*
  - *If testing is not readily available, quarantine for a full 10 days after the participant was exposed. The participant may end their quarantine on day 11 if they do not develop symptoms. They must continue to wear a mask when around others and monitor for symptoms for the full 14 days. Self-isolate if they develop symptoms and get tested.*

Previously Diagnosed Person:

*If a person has had a diagnosed case of COVID-19 within the last 90 days, they are exempt from pre-competition testing provided:*

- *The athlete provides proof of a previously positive result of a molecular based test for SARS-CoV2 within 90 days of playing.*
- *The athlete is currently asymptomatic.*
- *The athlete has completed the isolation period as specified in [the CDC guidelines](#).*

Vaccinated Persons:



4048 Laurel St. #203, Anchorage, AK 99508 / Phone: 907-563-3723 / Fax: 907-563-3739 / Web: www.asaa.org

*Fully vaccinated participants are exempt from pre-competition testing provided:*

- *The individual provides proof of full vaccination. An individual is considered fully vaccinated two weeks following receipt of the Johnson & Johnson vaccine or two weeks following the second dose of the Moderna or Pfizer vaccines.*
- *The individual is currently asymptomatic.*

➤ **ASAA Mask Policy:** motion “to adopt the ASAA Mask Policy as presented”

Motion by Region 4, second by Region 5  
(Carried - Unanimous Consent)

Note: This will result in the following policy:

#### *ASAA MASK POLICY*

*Masks or face coverings are required at all times for all athletes, players, coaches, spectators and anyone else engaged in organized sports activities both indoors and outdoors.*

- *Exception: Athletes competing in wrestling matches may remove masks only during active matches but must wear masks at all other times. All participants must maintain six foot (6 ft.) physical distancing when not on the mat.*
- *Exception: masks and face coverings should not be worn in water activities (e.g., swimming, diving).*
- *Exception: masks and face coverings during high intensity outdoor organized sports activities are encouraged, but not required, if athletes generally can maintain six (6) feet physical distancing at all times.*



4048 Laurel St. #203, Anchorage, AK 99508 / Phone: 907-563-3723 / Fax: 907-563-3739 / Web: www.asaa.org

➤ **State Wrestling Weigh-in Procedures** : motion “ to change the State Weigh-In Procedures for the 2021 Spring season to require only 25% of a wrestler’s weigh-ins during the season to be at the minimum weight they will wrestle during the state tournament. In addition to allow the Executive Director to grant waivers of this rule in the cases where wrestlers are unable to participate in weigh-ins due to issues related to COVID-19.”

Motion by AASA, second by Region 4  
(Carried - Unanimous Consent)

➤ **Executive Session**: motion “to go into Executive Session to discuss financial matters and to perform the Executive Director’s annual evaluation:

Motion by AASA, second by AASB  
(Carried - Unanimous Consent)

➤ **TPG Agreement**: motion “to direct the Executive Director to sign the contract with Teall Properties Group, LLC (TPG) as presented.”

Motion by AASA, second by Region 5  
(Carried 8-0, with Region 4 unable to vote because of having to leave the meeting due to a previous commitment)

**Hearings -- None**

**Tabled Items –**

- None

**Awards/Recognitions/Presentations – None**

**Motion to Adjourn**

Motion by AASB, second by Region 6  
(Carried - Unanimous Consent)