

ASAA Return To Soccer Protocols as of 8/14/2020

Objective	This document is intended to provide guidance for schools to consider with their stakeholders in designing return-to-activity protocols in accordance with state and local restrictions and or recommendations.		
Points of Emphasis	<p>Schools should not allow meetings, practices, events or competitions to take place unless all protocols by coaches and advisors can be followed. Administrators must emphasize the need for all coaches and participants who have signs or symptoms of illness to stay home to decrease risk of viral transmission.</p> <p>These protocols are designed to work in conjunction with ASAA Return to Practice and Event Protocols</p>		
Soccer	Low Risk As determined by school district	Intermediate Risk As determined by school district	High Risk As determined by school district
Facility	<p>Follow ASAA Return To Practice Protocols for cleaning with special consideration of;</p> <ul style="list-style-type: none"> • Bathrooms • Benches • Bleachers • Entry/Exit • Goals • Locker rooms • Weight rooms 	<p>Follow ASAA Return To Practice Protocols for cleaning with special consideration of soccer facilities.</p>	<p>All indoor and outdoor activities must follow ASAA return to practice Protocols.</p> <p>Facilities must have visual indicators of proper distancing</p>
Equipment	<p>Follow ASAA Return To Practice Protocols with special consideration of;</p> <ul style="list-style-type: none"> • Ball Bags • Balls • Cones • Corner Flags • Hydration Stations • Nets • Pinnies • Towels • Water Bottles <p>Balls should be sanitized prior to and after use by with a non-alcohol product. Allow to dry completely before using.</p> <p>It is recommended that mouthguards never be taken out</p>	<p>Follow ASAA Return To Practice Protocols with special consideration of soccer equipment;</p> <p>Balls should be sanitized prior to and after use by with a non-alcohol product. Allow to dry completely before using.</p> <p>Mouthguards should never be taken out.</p> <p>Hydration stations should not be used. Everyone must have their own water bottles filled before they arrive</p>	<p>All indoor and outdoor activities must follow ASAA return to practice Protocols.</p> <p>No sharing of any equipment</p>

<p>Practices</p>	<p>Screening, face coverings, and individual hygiene of all participants should be followed in accordance with ASAA Return To Practice Protocols</p> <p>When possible to not share pinnies. Plan ahead and have students arrive in certain shirt color or have enough to not reuse pinnies until they have been washed.</p> <p>Avoid using hands to handle balls unless wearing gloves.</p> <p>Designate one person to handle equipment</p>	<p>Screening, face coverings, and individual hygiene of all participants should be followed in accordance with ASAA Return To Practice Protocols</p> <p>Practices should be conducted in pods of students with the same 7-9 students together weekly to limit overall exposure</p> <p>Each pod should have their own set of balls for the entire practice. Once the pod is done the balls should be sanitized</p> <p>No sharing of pinnies. Each player should have their own</p> <p>No heading or throw-ins</p> <p>Players and coaches should minimize contact</p> <p>One person should handle all equipment while wearing gloves</p>	<p>All indoor and outdoor activities must follow ASAA return to practice protocols</p> <p>Individual drills are permitted with students 10' apart and using their own balls.</p>
<p>Events</p>	<p>All games should be in accordance with ASAA Return To Event Protocols</p> <p>No pre or post-match handshakes or fist bumps</p> <p>Each team should bring their own warm-up balls.</p> <p>Each team is responsible for its own towels, hand sanitizer and med kit</p> <p>6-8 sanitized back up balls should be placed around the field with ball handlers using gloves. Once the ball is replaced it should be sanitized</p> <p>Identify separate points of Entry/Exit for participants & spectators that follow social distancing guidelines.</p> <p>ASAA Board of Directors has mandated that all NFHS Soccer Rules Considerations be followed</p>	<p>All games should be in accordance with ASAA Return To Event Protocols and low risk soccer protocols</p> <p>Limit team benches to essential personnel (coaches & participating players)</p> <p>Refrain from group celebrations during the game</p> <p>Team benches should be on opposite sides of the field and on opposite halves from the SR</p>	<p>All games are cancelled</p>