



**2021 ASAA Nordic Ski
State Championships**
Government Peak Recreation Area
Hosted by Matsu Ski Club
Feb. 25-27th 2021



FACE COVERINGS

Mitigation Plan

- FACE COVERINGS ARE REQUIRED FOR COACHES AT ALL TIMES.
- FACE COVERING ARE REQUIRED FOR VOLUNTEERS AND RACE OFFICIALS AT ALL TIMES.
- FACE COVERING ARE REQUIRED FOR ATHLETES AT ALL TIMES EXCEPT WHILE RACING.
- FACE COVERINGS ARE REQUIRED FOR SPECTATORS.

SCREENING/SANITIZATION

- ATHLETES MUST COMPLETE COVID SCREENING WITH COACH OR TEAM DESIGNEE UPON ARRIVAL.
- ANY INDIVIDUAL WITH SIGNS OR SYMPTOMS OF COVID-19 ARE NOT PERMITTED AND SHOULD STAY HOME.
- FREQUENT HAND WASHING IS ENCOURAGED.
- HAND SANITIZER AND ADDITIONAL MASKS WILL BE AVAILABLE NEAR ENTRANCE TO THE STADIUM AND IN HIGH TRAFFIC AREAS.

ATHLETES

- ATHLETES ARE NOT PERMITTED TO ARRIVE AT THE FACILITY UNTIL 90 MINUTES PRIOR TO THE START OF THEIR RESPECTIVE RACE.
- ATHLETES NEED TO LEAVE THE FACILITY WITHIN 45 MINUTES AFTER THE CONCLUSION OF THEIR RACE.
- NO SHARING OF WATER BOTTLES, FOOD, OR PERSONAL ITEMS.
- FACE COVERINGS REQUIRED AT ALL TIMES EXCEPT DURING THE RACE. PERSONAL GEAR AND FACE COVERING WILL BE LEFT IN DESIGNATED AREA NEAR START AND PICKED UP IMMEDIATELY AFTER THE RACE.

SPECTATORS

- SPECTATORS ARE NOT PERMITTED.

ATHLETE SUPPORTERS (PARTICIPANT DRIVERS)

- NON-VOLUNTEER ATHLETE SUPPORTERS WILL BE LIMITED TO VIEWING AND MUST WEAR FACE COVERINGS AT ALL TIMES AND MAINTAIN 6ft OF SOCIAL DISTANCING FROM NON-HOUSEHOLD MEMBERS.
- NON-VOLUNTEER ATHLETE SUPPORTERS ARE NOT ALLOWED IN THE STADIUM, WAXING AREAS, OR CHALET.
- NON-VOLUNTEER ATHLETE SUPPORTERS ARE ALLOWED IN DESIGNATED AREAS ONLY.



BATHROOMS/PORTABLE TOILETS

- PORTABLE TOILETS WILL BE ONSITE IN THE MAIN PARKING LOT.
- ALLOW SPACING AND 6 FT OF SOCIAL DISTANCING WHILE IN LINE FOR PORTABLE TOILETS.
- NO DRESSING IN PORTABLE TOILETS.
- SANITIZE HANDS AFTER USE.

WAXING

- DESIGNATED AREA WILL BE PROVIDED FOR EACH TEAM FOR WAXING.
- TEAMS MAY USE TENTS, WALLS ARE PERMITTED ON TWO OPPOSITE SIDES.
- ALL TEAM PERSONNEL MUST HAVE FACE COVERING ON IN WAXING AREA.

CHALET

- CHALET IS ONLY AVAILABLE FOR VOLUNTEERS, ADMINISTRATION, AND RACE OFFICIALS TO USE BATHROOMS AND TO GET GRAB AND GO SNACKS AND WATER.
- NO SPECTATORS OR ATHLETES IN CHALET.
- SOCIAL DISTANCING OF 6FT FROM NON-HOUSEHOLD MEMBERS AND FACE COVERINGS REQUIRED IN THE CHALET.
- NO CONCESSIONS WILL BE AVAILABLE.

AWARDS/RESULTS

A decorative graphic consisting of several overlapping, semi-transparent blue shapes that form a pointed, arrow-like shape pointing to the right. The colors range from a dark blue to a very light, almost white blue.

BIBS

- BIBS WILL BE PROVIDED AND BIB RETURN WILL BE SELF-SERVE. ATHLETE WILL BE RESPONSIBLE FOR TAKING OFF THEIR OWN BIB AND PLACING IT IN THE BIN AT THE CONCLUSION OF THE RACE.
- A NEW SANITIZED BIB WILL BE PROVIDED FOR EACH RACE DAY. PAPER BIBS MAY BE USED IF NEEDED FOR THE RELAY RACES.

RACE FORMATS

- INTERVAL STARTS WILL BE USED FOR ALL RACES. A **30** SECOND INTERVAL WILL BE USED IN INDIVIDUALS RACES AND MAY BE ADJUSTED FOR RELAYS TO A MINIMUM OF **15** SECONDS BETWEEN PARTICIPANTS.

SIGNAGE

- ADDITIONAL SIGNAGE WILL BE PROVIDED REGARDING MITIGATION STRATEGIES AND WILL INCLUDE DIRECTIONS FOR TRAFFIC FLOW AND RESTRICTED AREAS.

COVID MITIGATION COORDINATOR

- AN INDIVIDUAL WILL BE DESIGNATED THE ONSITE COVID MITIGATION COORDINATOR TO ENSURE THAT ALL PIECES OF THIS MITIGATION PLAN ARE ADHERED TO.