

# ASAA PRE-PARTICIPATION COVID TESTING POLICY

## STATE EVENTS INDOORS

Unless exempted below, **all participants for indoor events** must obtain pre-competition testing. Participants need a negative test result to be cleared to attend competition. There are three methods for meeting this requirement.

Participants includes all rostered student participants (included but not limited to athletes, managers, musicians, etc.), coaches, trainers, and officials.

### 1. Molecular Test:

The testing requirement may be satisfied by taking a molecular test for COVID-19 within 72 hours prior to competition. Participants need to receive a negative test prior to competing.

- If Molecular test results have not come in by the day of competition, a same day negative antigen test result may be used instead, with the prior approval of the ASAA Executive Director.

### 2. Twice Weekly Antigen or Molecular Testing:

Alternatively, the testing requirement may be satisfied through routine twice-weekly antigen or molecular testing prior to competition. To satisfy the “twice-weekly” requirement, tests must be taken on two non-consecutive days within each week, ideally separated by at least 72 hours. A minimum of two tests on this schedule are required prior to first competition.

- As long as participants have obtained negative results from all routine testing over the preceding two weeks, participants are cleared for competition.
- If a participant misses an antigen test, a molecular test within 72 hours prior to competition may substitute.
- Positive antigen test results MAY be confirmed with molecular tests due to lower reliability of antigen tests. If a positive antigen test is followed by a negative molecular test and the participant has no symptoms, the participant is permitted to compete.

### 3. Once Weekly Antigen:

The testing requirement may alternatively be satisfied by routine once-weekly antigen IF the antigen testing is conducted not more than 24 hours prior to each event and with a minimum of two weekly antigen tests required prior to first competition. If a participant is participating in multiple games within a 24-hour period, an antigen test result within the proper window for the first game satisfies the testing requirement for the rest of the 24- hour period.

- Positive antigen test results MAY be confirmed with molecular tests due to lower reliability of antigen tests. If a positive antigen test is followed by a negative molecular test and the participant has no symptoms, the participant is permitted to compete.

### 4. Exemption

- Fully vaccinated participants are **not** exempt from pre-competition testing.
- If a person has had a diagnosed case of COVID-19 within the last 90 days, they are exempt from pre-competition testing provided:
  - The athlete provides proof of a previously positive result of a molecular based test for SARS-CoV2 within 90 days of participating.
  - The athlete is currently asymptomatic.
  - The athlete has completed the isolation period as specified in the CDC guidelines.

# ADMINISTRATORS CONFIRMATION

I have read the ASAA Pre-Participation Covid Testing Policy and confirm that all my school's participants meet this requirement.

SCHOOL: \_\_\_\_\_

SPORT: \_\_\_\_\_

\_\_\_\_\_  
Administrators Name

\_\_\_\_\_  
Administrators Title

\_\_\_\_\_  
Administrators Signature

DATE: \_\_\_\_\_