

Changes to 2024-25 Handbook

October 7 & 8 2024 Board Meeting

ASAA Air Quality Cancellation Policy: (page 92)

To provide better consistency and to avoid situations where schools are seeing varied reporting data from multiple sources, the AirVisual by IQAir app will be used to make the determination. By mutual agreement, the schools may use another source. This app provides real-time and forecast air quality data globally, including Alaska. It includes PM2.5, PM10, ozone, and other pollutants, to determine the Air Quality Index (AQI).

Within 48 hours of the event, if the forecasted AQI is over 150 (see below chart) indicating the game will likely be cancelled, the visiting school will not be penalized for not traveling to the game site. Schools may mutually agree to move to an area with a lower AQI or to reschedule the contest, but are not required to do so.

Air Quality Index (AQI)	5-3-1 Visibility Index	Required Actions for Outdoor Activities
51 -100	5-15 Miles	Athletes who are unusually sensitive to air pollution should consider indoor activities only. Athletes with asthma should have rescue inhalers readily available and pretreat before exercise if directed by their healthcare provider. All athletes with respiratory illness, asthma, lung or heart disease should monitor symptoms and reduce/cease activity if symptoms arise. Increase rest periods as needed.
101 -150	3-5 Miles	Athletes who are unusually sensitive to air pollution should consider indoor activities only. Athletes with asthma should have rescue inhalers readily available and pretreat before exercise if directed by their healthcare provider. All athletes with respiratory illness, asthma, lung or heart disease should monitor symptoms and reduce/cease activity if symptoms arise. Athletes with asthma or other lung diseases, heart conditions or diabetes may need additional rest breaks during practices / contests. Consider rescheduling to a different time and / or an area with a lower AQI. Schools should consider the impact of elevated AQI lasting for multiple days and the impact of prolonged exposure for athletes and staff on multiple practice session days when making decisions. Consider moving practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
151 -200	1-3 Miles	All outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
>200	1 Mile	All outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.

Amendment to Article 12 Section 2.A

Section 2 - Participation Rules

A student is eligible to participate in the interscholastic activities of only one member school per year, except as provided under the Transfer/Residency Rule (Section 9). That school shall be considered the School of Eligibility. To establish their initial ASAA “school of eligibility”, a student:

1. enrolled in enough courses to meet the current semester requirements at a member school, may only establish their “school of eligibility” at that school.
2. who is simultaneously enrolled (in enough courses to meet the current semester requirements) at more than one member school and who wishes to be eligible to participate in the interscholastic activities, must designate one of the members schools in which they are enrolled as the School of Eligibility.
3. who is simultaneously enrolled at one or more member schools (but not enrolled in enough courses to meet the current semester requirements at either member school), who wishes to be eligible to participate in the interscholastic activities of one of the member schools, must designate one of these member schools as the School of Eligibility.
4. who is simultaneously enrolled at one or more member schools (but not enrolled in enough courses to meet the current semester requirements at either member school) and an alternative education program, who wishes to be eligible to participate in the interscholastic activities of one of the member schools, must designate one of these member schools as the School of Eligibility.
5. or be enrolled in an alternative education program.

The School of Eligibility must ensure that the student meets all eligibility requirements before being permitted to participate.

A. To be eligible during a school semester for participation in interscholastic activities, a student must meet the following criteria:

1. Be properly registered in a 9-12 or 10-12 high school program or any combination thereof, at a member school where the student will participate or where authorized by a member district, be enrolled in the member district’s non-member school or program (including district correspondence), when such district is paying the student surcharge for that student or, in the case of students attending alternative education programs, be registered with their School of Eligibility, as described below.

Amendment to Article 12 Section 2.B.3

3. A student attending a non-member charter school, alternative school or program (including district correspondence) who wishes to change his/her School of Eligibility will be ineligible for Varsity, State Qualifying and State Championship interscholastic competition for one calendar year, from the date of receipt by ASAA of the Application for Changing School of Eligibility form in the new school in team sports. Students participating in individual sports may compete on varsity during regular season, but are ineligible for State Qualifying and State Championship interscholastic competition for one calendar year, from the date of first attendance in the new school.

Students who live with coaches are ineligible (see Section 5, E). At schools with no sub-varsity team sports, the student could ask for a waiver to participate on the varsity team during the regular season, but would not be able to participate at either conference or state tournaments.

NOTE: Students who transfer schools are not required to also transfer their “school of eligibility” and may continue to participate at their former school at the varsity level, provided they meet all other ASAA eligibility requirements.

SOCCKER (page 167)

H. JAMBOREE REGULATIONS

All players must have five (5) separate days of practice prior to the first day of the Jamboree. It shall include three (3) or more teams. A team is limited to no more than four (4) 30-minute halves with no more than one (1) half against any other team. A team may only play in one jamboree each season. A jamboree does not count as a game against the 22 game limit.

(page 170)

DIVISION I (SPRING) (Berths to state are indicated in parenthesis)

Cook Inlet (4)

Bartlett

Bettye Davis East

Chugiak

Dimond

Eagle River

Service

South Anchorage

West Anchorage

Railbelt (3)

Colony

Juneau-Douglas

Lathrop

Wasilla

West Valley

At-Large Berth (1)*

*Note: If Cook Inlet fails to annually send two (2) CIC teams to Fairbanks to play each Fairbanks school and two (2) teams to Juneau to play Juneau-Douglas with at least 3 to 4 CIC teams playing the Mat-Su schools either at home or away the at-large berth will automatically go to the Railbelt Conference

December 9 & 10 2024 Board Meeting

Amendment to Article 12 Section 9.C.10

10. Transfer Without a Bona Fide Change of Residence of Parents: A student who transfers their "school of eligibility" without a bona fide change of residence of parents or guardians, is ineligible for Varsity, State Qualifying and State Championship interscholastic competition for one calendar year, from the date of first attendance in the new school in team sports. Students participating in individual sports may compete on varsity during regular season, but are ineligible for State Qualifying and State Championship interscholastic competition for one calendar year, from the date of first attendance in the new school. Students who live with coaches are ineligible (see Section 5, E). At schools with no sub-varsity team sports, the student could ask for a waiver to participate on the varsity team during the regular season, but would not be able to participate at either conference or state tournaments. **(Add) Students requesting a second transfer under this section must provide evidence of a "hardship" to be eligible for participation at any level.**

11. State Championship Rosters (page 101)

B. Team Sports:

Teams must submit their state tournament roster via the School Activities Reporting System (SARS) no later than two weeks before the start of the tournament. This roster must include each athlete's uniform number. Player positions and height are not required, but will be included in the tournament program if provided. Teams are allowed to list up to three (3) additional athletes beyond the maximum

roster size for submission. The official roster will be finalized by ASAA at the coaches' meeting, after which no substitutions are allowed.

Penalty:

Schools that do not submit their roster by the two-week deadline will receive a warning. If the roster is not submitted within an additional week, the school will be fined \$250."

4A Basketball

Starting with the 2025-26 season all games involving two 4A schools will be required to utilize the 35-second shot clock

Tennis & Badminton

"ALL CLASSIFICATIONS

Participation in girls' events shall be limited to individuals who were assigned female at birth. To align with ASAA bylaws regarding double division sports, students assigned female at birth are prohibited from competing in both Singles and Girls Singles events during the same school year. In Mixed Doubles, where one teammate must be a female assigned female at birth, a player cannot fill both an open spot in Mixed Doubles and a spot reserved for females assigned female at birth during the same season."