

Changes to 2023-24 Handbook

October 26, 2023

ARTICLE 7 - SANCTIONED ACTIVITIES (page 31)

Section 1 - Compliance with Title IX

A. The Association will comply with the provisions of Title IX of the Education Amendments of 1972, Alaska Statute Chapter 18.80, and all amendments there to. No person shall, on the basis of sex, be excluded from participation in, be denied the benefits of, be treated differently from another person or otherwise be discriminated against in any activities regulated by the Association.

B. Separate Teams and Contact Sports: Separate teams for each sex are permissible in contact sports or where selection for teams is based on competitive skill. If a separate high school athletic team is established of female students, participation shall be limited to females who were assigned female at birth. Contact sports include wrestling, ice hockey, football, basketball, and any other sport "the purpose or major activity of which involves bodily contact."

C. Sports Divisions

Single Division Sports: Whenever a school has a team in a given sport for one sex only, and athletic opportunities for the other sex have been limited, members of both sexes must be allowed to try out for the team.

Double Division Sports: Whenever a school has separate divisions based on sex, one team shall be limited to females who were assigned female at birth. The other team shall not be limited to either sex. However, a female is ineligible to compete on both teams during the same school year.

Coed Teams: Prior to the first contest of the season for a specific sport, a school may declare a team as a coed team. If a school chooses to have coed team, then it may not have a separate team in that sport. Any school declaring a coed team may not compete in any district, regional or state competition in the division limited to females who were assigned female at birth. An exception to the playoff rule is made for mix six volleyball when a separate playoff category is provided by the Board of Directors.

HOCKEY (page 149)

C. INDIVIDUAL NON-SCHOOL PARTICIPATION*

~~ASAA prohibits students, in grades 10-12 who are members of a high school team, from competing as a member of a non-school comp or junior hockey or out of state traveling house team beginning with the first game for that school until a school team has completed its season. The prohibition on competing on a non-school team will be lifted during Thanksgiving and Christmas vacations dates as they are determined by schools and districts, as well as on Sundays and Mondays through the 3rd Monday each January to coincide with Martin Luther King Jr. Holiday. Although this rule does not restrict practice on a non-school team during the high school season, no student may participate in a high school game on a day in which they have participated in a "comp" practice (see item 7 of supplemental rules regarding penalty)."~~

*The dual participation rule has been suspended for the 2023-24 school year

NORDIC SKI (pages 159-160)

D. RULES

The Ski and Snowboard Association (USSA), and International Ski Federation (FIS) Rules, will be utilized with some modifications/additions as noted in the ASAA Nordic Ski Manual.

NOTE: Given the health risk and environmental concerns connected to fluorine waxes ASAA is recommending all nordic ski programs refrain from using Fluoro waxes

c. Race Order Schedule

ODD YEARS:

- Day 1: Individual Classic Race (5K)
- Day 2: Mass Start Freestyle Race (7.5K)
- Day 3: Team Relays (4 x 3K)

EVEN YEARS:

- Day 1: Individual Freestyle Race (5K)
- Day 2: Mass Start Classic Race (7.5K)
- Day 3: Team Relays (4 x 3K)

January 20, 2024

ARTICLE 12 – Eligibility Requirements

Section 9 – Transfer/Residency Rule

C. 15. Alaska Students Involved in Exchange/Travel Programs: Alaska students involved in exchange/travel programs, including but not limited to the American Field Study Service, Rotary International and Youth for Understanding, are exempted from the semester credit rule (Bylaw Article 12, Section 7) upon return to their home schools provided they would have been otherwise academically eligible for the semester they began the exchange/travel program. Alaska students involved in exchange/travel programs must be otherwise eligible by all other rules, including Article 12, Section 3, Maximum Participation.

SOCCER (pages 165-166)

J. STATE CHAMPIONSHIPS

3. STATE CHAMPIONSHIP FORMAT

d. At-large

Division II at-large will be determined by the adopted RPI formula

e. Bracketing

Division II and Division I seeding will be determined by the adopted RPI formula.

MUSIC (pages 156 & 158) & WORLD LANGUAGE (page 202)

Awards

ACADEMIC AWARD for highest school GPA. School must have a minimum of five (5) musicians to be eligible.

ACADEMIC AWARD for highest school GPA. School must have a minimum of five (5) students participating to be eligible