

# 2023 ASAA/FIRST NATIONAL BANK ALASKA NORDIC SKIING STATE CHAMPIONSHIPS

Kincaid Park - Anchorage / February 23-25

Hosted by: ASAA, Dimond High School & Nordic Skiing Association of Anchorage

## **SCHEDULE OF EVENTS**

## Wednesday, February 22

10:00am Official Training on Competition Courses (10:00am to 4:00pm)

12:00pm Facilities open for inspection
5:00pm Coaches Meeting virtual
9:45pm Kincaid Park Gate Closes

### **Thursday, February 23**

7:00am Gates Open/Kincaid Park Wax Bunker open

9:30am Bib Pick-Up & Coaches Packets (by Coach only) in Chalet

10:40am Presentation of Colors

11:00am Boys 7.5K Interval Start Classic Technique Race 1:00pm Girls 5K Interval Start Classic Technique Race

5:00pm Coaches Meeting virtual 9:45pm Kincaid Park Gate Closes

## Friday, February 24

7:00am Gates Open/Kincaid Park Wax Bunker open

9:30am Bib Pick-Up (by Coach only) in Chalet

10:40am Presentation of Colors

11:00am Girls 7.5K Mass Start Freestyle Technique Race
1:00pm Boys 10K Mass Start Freestyle Technique Race

5:00pm Awards at Dimond High School Cafeteria

9:45pm Kincaid Park Gate Closes

#### **Saturday, February 25**

7:00am Gates Open/Kincaid Park Wax Bunker open

9:30am Bib Pick-Up (by Coach only) in Chalet

10:00am Relay team changes due in timing building

10:40am Presentation of Colors

11:00am Girls 4 x 3K Mixed Technique (Classic-Classic-Free-Free)
1:00pm Boys 4 x 5K Mixed Technique (Classic-Classic-Free-Free)

TBD Awards at Kincaid Park