



2023 WRESTLING STATE CHAMPIONSHIPS POLICIES & PROCEDURES

December 15-16 | Alaska Airlines Center

Conference Tournament Sites: All conference tournament directors must submit by email links to their tournament results on Track Wrestling to championships@asaa.org prior to the deadline.

ASAA Handbook Wrestling Policies and Procedures: Please review this document on ASAA.org to get information on the following for the regular season and the state championships.

- Regular Season information for schools/teams
- Growth Allowance Policy
- State Championship Format including scoring, scratches/ alternates, conference berths, and bracket/weight-in procedures.
- Seeding Qualifications
- Seeding Process & Criteria

Schedule of Events: The wrestling state championships schedule is posted on the wrestling coaches information page at ASAA.org.

State Results: All results will be posted on Track Wrestling. Links on ASAA.org will be available as well at the Wrestling page.

Rules: The 2023 NFHS Wrestling rules, NFHS Wrestling Considerations, and ASAA bylaws will be utilized.

Weigh-In Procedures: All wrestlers will weigh-in an authorized uniform with undergarments.

Seeding Qualifications, Criteria & At-Large Process: Please review the [ASAA Handbook Wrestling Policies and Procedures](#) to view the ASAA State Championship & At-Large process.

Mandatory Coaches Meeting: There is a mandatory coaches meeting [Thursday, December 14th, 6pm-6:45pm at Alaska Airlines Center Aux Gym](#). All policies and procedures will be reviewed, coaches packets, and passes will be dispersed. This will not a time to argue and bring up seeding issues.

Thursday Practice Times: Practice times will be 2:00pm - 6:00pm at the Alaska Airlines Center. The track on the 3rd level will be open at 2:00pm in the Alaska Airlines Center. Wrestlers can run/jog on the track. Please be patient if mats aren't down right away as set up takes some time.



WRESTLING STATE CHAMPIONSHIPS

December 15-16, 2023
Alaska Airlines Center

SATURDAY, DEC 9 - 10:00PM

- Email Track Wrestling Conference results and link to championships@asaa.org
- By 11:59PM please submit name and criteria reason a wrestler should be considered for At-Large Bid. Please email championships@asaa.org and billy@asaa.org

SUNDAY, DEC 10 - 2:00PM

- [Eligibility Roster Finalized](#)
- [State Entry Form](#)
- [Photo Upload Form](#)
- [Code of Conduct](#)
- [Good Sport Selection Form](#)
- Qualified Wrestlers list posted on ASAA.org Sunday night/ Monday AM
- ASAA will post seeding results by this time as determined by Track Wrestling using ASAA seeding criteria/2023 committee by Monday afternoon.

TUESDAY, DEC 12 - 5:00PM

- [Academic Award Entry Form](#)
- Notify championships@asaa.org if a qualified wrestler drops for health reasons so an alternate can be contacted.

THURSDAY, DEC 14 - 8:00AM

- Coaches deadline to notify ASAA of issues with seeding results. Please email championships@asaa.org

THURSDAY, DEC 14 - 6:00PM

- Mandatory Coaches Meeting at Alaska Airlines Center Aux Gym

At-Large Wrestlers: ASAA would like to invite the next best wrestlers to receive the At-Large Bid. ASAA would like coaches to help by sending in criteria on their wrestlers that they feel are deserving of the at-large bid. Coaches are asked to provide information as to the rationale for a wrestler to be awarded an at-large berth. This should be based on criteria, not subjective opinion. As the group is awarding the at-large berths, they rely on Track Wrestling to rank the wrestlers. Because the rankings are often determined by Seeding Criteria D (see below), it is very possible for a wrestler to be ranked lower due to his/her strength of schedule.

Therefore we ask the coaches to provide information such as “my wrestler ended the season with a 14-6 record, however of his 8 losses 4 were to the CIC Champion.” Please only submit the following info for those wrestlers that are truly deserving of the at-large bid. Please review the PDF form online - Wrestler’s name, weight, classification, school, Overall Record Varsity, Overall record (all matches), Wins over Seeded or Qualified wrestlers, and other information to justify an at-large Berth.

Please submit your wrestler to championships@asaa.org along with the criteria that qualifies them to gain the at-large bid by Saturday, December 11 at 11:59 PM. **Do not send to individual ASAA staff’s email!** Please send all your input in a single email, rather than one email for each recommendation.

Rosters: ASAA is using Planet High School for its School Activities Reporting System (SARS). Schools will need to submit rosters and indicate which students have qualified for state through this system. This can be done by accessing the wrestling eligibility roster. Indicate the student is a state qualifier. In addition, the State Championship Wrestling Entry Form must be submitted. Both submissions are due by 2pm on Sunday, December 10th.

Passes: Each participating school will be issued passes for state championships, based on the following guidelines.

- **Coaches:** To qualify for a Coach’s pass the coach must be certified and listed on the State Entry Form. Additionally, the coach must have been part of the program all season. The bench/sideline numbers will not increase regardless of the number of passes issued. At all times, coaches must wear or have on their person, their pass while on the bench or sideline. If not, the school will be fined \$25 by ASAA championship staff.
- **Participants:** Wrestlers and managers should be included on the roster. All participants and managers will be marked with an ultraviolet marker after weigh-ins to be used at the entrance to the facility and to gain floor access.
- **Administration:** Passes will be provided for each qualifying school’s administrator. There is no charge for this pass. Please let ASAA know if you plan on attending to make sure we have a pass for you. The supervising administrator should check in at the event entrance upon arrival to receive a pass.
- **Chaperones:** Schools can request chaperone pass at the coaches meeting. Chaperones will receive a “golden ticket” to allow them free access into the Alaska Airlines Center. This does not allow them access to the floor.
- **Adult Medical Passes:** Schools medical team members must check in with ASAA staff or ASAA Medical Staff (OPA) at the state championship site prior to competition to receive a medical pass.
- **Security and ASAA staff members will be checking each participant and coach for their blacklight or pass. You will not be allowed access into the facility without a pass or the ASAA black light mark.**
- **All passes are non-transferable and will be confiscated if used fraudulently.**
- **ELIMINATED WRESTLERS ON SATURDAY** - You will be stamped with the “stamp of the day” so you have free access into the Alaska Airlines Center, but no access to the main floor.

Bench Area & Personnel Rules: Below outlines the rules for team benches and who are allowed there.

- The allotted team bench/sideline can include a combination of managers and coaches at coaches discretion.
- ONLY student participants/managers, and adult coaching staff are allowed in the bench area.
- Non-roster players that are not part of the student managers, fulfilling a managerial role, or one of the purchased passes are not allowed on the bench.
- Due to safety concerns it has been mandated by ASAA that only individuals of 7th grade school age or above may be on the sideline area during state championship games/matches, but only with a pass.
- Clean up your bench area after your matches.

Medical: Orthopedic Physicians of Anchorage (OPA) is the official ASAA State Championships Medical provider. They will be onsite during the entire championship tournament to help provide medical help for injuries. Each team must provide all their own materials and supplies - including tape - if athletes are going to be taped.

Concussion Information: Please refer to the [ASAA Concussion Information](#) page on [ASAA.org](#).

Event Supervision: Each participating school will be requested to identify an administrator or other person approved in advance by the principal who is responsible for the conduct of its coaches, participants and fans throughout the contest, as defined in the ASAA bylaws Article 6, Section 4. Please have the designee check in with ASAA staff upon arrival at the event.

School/Yearbook/Team Photo Personnel: These individuals must remain in their teams area only with a TEMP MEDIA credential. Special and limited arrangements can be made for a school yearbook staff. These arrangements must be made MONDAY before the state event begins. Please contact Isaiah Vreeman (isaiah@asaa.org) with these requests. Last minute requests will not be approved.

Broadcast Media: The NFHS Network will be webcasting ALL wrestling matches live on [NFHSnetwork.com](#).

School/Team Event Video or Photography: Video & Photography service of this event will not be provided by ASAA. Teams are encouraged to make other arrangements if they wish a video copy or photography of their performance.

- **TEAM VIDEO RECORDING:** A School/Team can video their performance as long as it is not live streamed. Student team managers or assistant coaches can record their performance.
- **PHOTOGRAPHY:** Special and limited arrangements can be made for the school yearbook staff or an adult that is approved by the school administration. A team may request one (1) pass to gain access to this event for team photography. The request must be emailed to media@asaa.org by TUESDAY 2:00 PM the week of the state event. Once we receive the request ASAA will communicate with the school to provide more information including areas to take photos. ASAA Credential Media, ASAA Photographer, and ASAA approved TV/Webcast production crews are the only people allowed to photograph and video outside the spectator area unless approved by ASAA.

Awards: Please review the se review the [ASAA Handbook Wrestling Policies and Procedures](#) State Championship section for a list of the awards.



FACILITY INFORMATION

Alaska Airlines Center Facility Access: Teams will be able to enter the Alaska Airlines Center the following times.

- THURSDAY: 1:45pm for the 2pm practice start time.
- FRIDAY & SATURDAY: Teams will be able to enter the building at 7:00am.

Wrestlers Dietary Needs: NANA/NMS Management is allowing wrestlers to bring in a one-gallon zip lock bag with nutritional supplements like bagels, bananas, etc. Items like bags of chips, or sandwiches, pizza, etc. will not be allowed in at anytime. This "bag" will be allowed to enter the venue the following time:

- 7:00am - 8:00am only when carried by an athlete. After 8:00 am all outside food will NOT be allowed in.
- Food Prep/Sandwich/Team Tables for food distribution are not allowed.

Weigh-Ins: Weigh-ins will be conducted in the Main Gym starting at 8am.

Main Gym Competition Floor Access: Space on the floor is VERY LIMITED! ASAA asks coaches to be considerate of coaches that are on deck or in the hole. They should have first priority for access to the floor. To access the competition floor please use the stairs on either side of the facility. Security will be located at the bottom of each of those stairs. If you have trouble finding stairs please ask one of the ASAA or Arena staff members.

Mat Layout: Mats on the floor will be marked 1-8. Please watch Track Wrestling carefully for mat assignments and listen for announcements. The championships will be wrestled on 3 mats.

Locker Rooms: Three (3) locker rooms will be available for teams during the event, one for each classification - DI, DII, and Girls. Please look for the classification sign on the locker room door. These will not be secured rooms, so please don't leave any personal items in the locker room. Security will be going through the locker rooms every hour to time checking for damage. Schools will be invoiced for any damage that is done by coaches or participants.

Hospitality: There is no hospitality available for coaches at the Alaska Airlines Center.

Team Parking: ASAA provides FREE parking at the Alaska Airlines Center. There is a place for the teams to park please review the ASAA Alaska Airlines Center Parking Map. There is a limited amount of spots available in the MAIN LOT for team vans and officials. DON'T PARK IN THE RESERVED LOT! YOU'LL BE FINED BY UAA \$250.