



2023 ASAA/FIRST NATIONAL BANK ALASKA SWIM & DIVE STATE CHAMPIONSHIPS

November 3 & 4, 2023 at Dimond Park Aquatic Center,
Juneau, Alaska

Schedule of Events:

Thursday November 2

6:00 pm Mandatory Coaches

Meeting in Thunder Mountain HS Library

Friday November 3

10:15 am Swim Prelims Begin

Schedule will be included in Coaches Packet and will be posted on the Swim & Dive State information page.

Rules: The event shall be conducted in compliance with the 2023 NFHS Rule Book and additional guidelines found in the ASAA Handbook on pages 176 -180 and this document.

Rosters/Qualifiers: ASAA is using Big Teams for its School Activities Reporting System (SARS). Schools will need to submit rosters and indicate which students have qualified for state through this system. This can be done by accessing the Swim & Dive varsity roster and indicating the student is a state qualifier. In addition, the State Championship Entry Form must be submitted. Both submissions are due by 2 pm on Sunday, October 29th.

Practice Times: Swim warm-ups will be assigned after the seeding meeting with Swim running from 11 am - 6 pm (8 lanes, max 12 swimmers per lane with 1 hour sessions. Dive running from 6 pm - 9 pm in 4 45 minute blocks with max 8 divers per session

Alternate/Substitution: In the event a qualified contestant is unable to compete due to extenuating circumstances (illness, injury, and ineligibility), it is the responsibility of the school of the indisposed contestant(s) to notify ASAA, by the deadline on Wednesday November 1 at 11:00 am. Once notified, ASAA will invite the next athlete with the best qualifying time. This substitution must be an ASAA eligible contestant. After the deadline, if someone is not able to compete, that spot will not be filled.

- **Relays:** All team members originally named in the conference relays, up to 8, not only those who swam, are eligible to be placed in the relay after the Wednesday deadline following all NFHS rules for relay alternate swimmers.
- **Divers:** Alternates that are invited to compete at the state meet must submit dive sheets at the time of accepting the invite. First and second alternates can submit dive sheets early in case they become participants.

SWIM & DIVE STATE DEADLINES

SATURDAY OCT 28 - 10:00 PM

- Email to championships@asaa.org and akhighschoolstateswim@gmail.com
- Meet Manager Backup File of Entire Final Conference Meet Results
- PDF of entire meet results

SUNDAY OCT 29 - 2:00pm

- [Eligibility Roster Finalized](#)
- [State Entry Form](#)
- [Code of Conduct Form](#)
- [Photo Upload Form](#)
- [Good Sport Selection Form](#)

TUESDAY OCT 31 – 5:00 PM

- [Academic Award](#)

WEDNESDAY NOV 1

- **11:00 AM** Notify championships@asaa.org of qualified participants unable to compete
- **6:00 PM** Dive sheets entered through cleanentries.com

THURSDAY NOV 2 - 6:00 pm

- Mandatory Coaches Meeting in Thunder Mountain HS Library

Dive Entries: Dive coaches must submit dive sheets through www.cleanentries.com by 6pm on Wednesday November 1. The dive meet in Cleanentries is titled "2023 ASAA Dive Championships, Alaska"

Seeding: A seeding committee will combine conference results and post the preliminary heats on asaa.org Monday, October 30th.

Coaches File Folders: There will be coaches file folders at the entry of the pool area on deck. This will be used as a tool during the meet to spread any news, changes, updates, and more, please check regularly.

State Results: All results will be posted online as soon as possible during or following the events each day. Results will be on the Swim & Dive section of the asaa.org website.

Appeals: A Head Coach can report a possible violation to the Referee. Please complete the entire form (provided in your coaches packet) following the process on the State Swim & Dive Championship Appeals Form.

Jury of Appeals: The Jury of Appeals will be appointed by ASAA and the Meet Director. The Jury of Appeals will serve as the final board of appeals as outlined in the NFHS Swim & Dive Rule Book.

Diving Videographers: Videotaping dives from the Coaches area or deck level is prohibited. Videotaping from the spectator area is allowed. If you need certain angles for Diving All-American submission, you must apply for deck access by sending an email to Rus Schreckenghost (schreck@asaa.org). The deadline for submitting request is 4:00 pm on Monday October 30th. Only those people who have applied and been approved will be able to film on the lower level in a designated area shown by ASAA staff. This area will be away from the dive judges.

Medical: Medical coverage will be provided through the Dimond Park Aquatic Center. Ice will be available in emergencies.

Event Supervision: Each participating school is requested to identify an administrator or other person approved in advance by the principal who is responsible for the conduct of its coaches, participants and fans throughout the event, as defined in the ASAA bylaws Article 6, Section 4. Each school will be provided one pass for attending Administrators. The pass can be picked up at the gate.

Conference Meet Results: Submit by 10 pm Saturday, October 28, 2023

- School Abbreviations: When putting school names into the Meet Manager program please use the school abbreviations provided on asaa.org
- USA Swim ID Number: for those kids that have one - Be sure to put these in!
- Meet Manager MeetBackup File (prelims & finals): Email to championships@asaa.org and akhighschoolstateswim@gmail.com Please include a call back telephone number should questions arise.
- PDF File of Entire Meet: Email to championships@asaa.org and akhighschoolstateswim@gmail.com Please include a call back telephone number should questions arise.