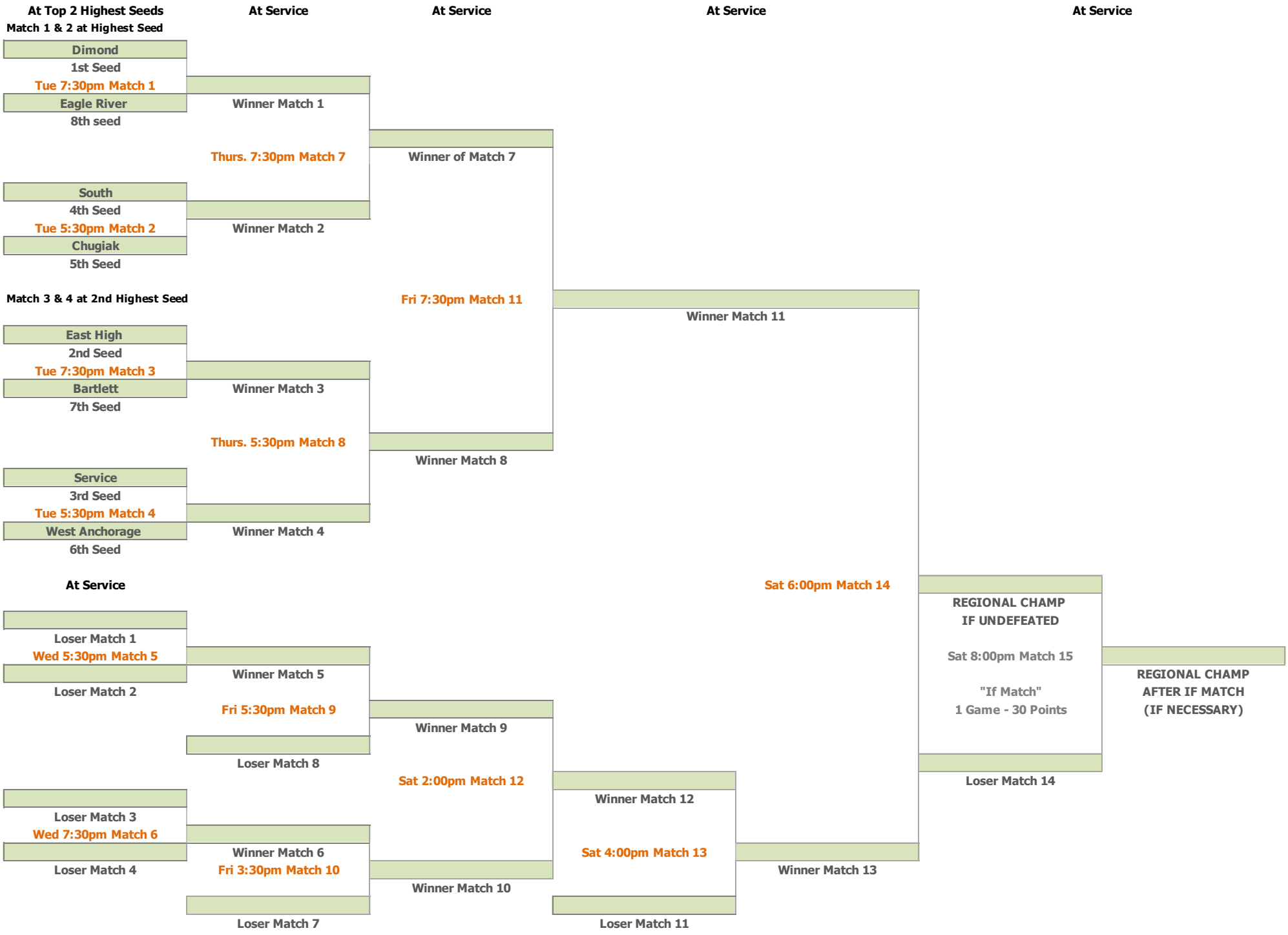2023 Cook Inlet Conference Volleyball Championship