



2022 WRESTLING STATE CHAMPIONSHIPS POLICIES & PROCEDURES

December 16-17 | Alaska Airlines Center

State Qualifying & Berths: Qualifying must occur at a conference tournament. After names are submitted, substitutions can only occur from the list of alternates in case an athlete must withdraw due to injury, illness, or ineligibility ASAA will determine the deadline for substitutions. Schools with wrestling programs are placed in the following conferences and must compete in those conferences for berths to state:

Division I Conferences

Cook Inlet (5)
Northern Lights (5)
Mid Alaska (3)
Southeast (2)
At-Large (1)

Division II Conferences

Denali (2) Great Alaska (2)
Kachemak (3) Northern (2)
Sockeye (1) Southeast (2)
At-Large (4)

Girls Conferences

Cook Inlet (2) Denali (2)
Great Alaska (2) Kachemak (2)
Northern (2) Northern Lights (2)
Sockeye (2) Southeast (2)

Conference Tournament Sites: All conference tournament directors must submit by email links to their tournament results on Track Wrestling to championships@asaa.org prior to the deadline.

Weight Classes: These are the different weight classes:

- Boys 14 weight classes: 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
- Girls 12 weight classes: 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 189, 235

Growth Allowance Policy: Wrestler are allowed one (1) pound on the last Monday in October (10/31/22) and one (1) pound on the last Monday in November (11/28/22).

Schedule of Events: The wrestling state championships schedule is posted on the wrestling coaches information page at ASAA.org.

Type of Bracket Elimination: There are 3 separate tournaments Boys Division I, Boys Division II and Girls. Each tournament is a 16 person bracket with consolation rounds. Every attempt will be made to fill each slot on the bracket. Crossover will occur after the first round of matches.

Scoring: The top 6 finishers in each weight class will score bonus points to team points.

Rules: The 2022 NFHS Wrestling rules, NFHS Wrestling Considerations, and ASAA bylaws will be utilized.

At-Large Berths: At Large berths this year will be selected using Track Wrestling and the ASAA State Seeding Criteria.



WRESTLING STATE CHAMPIONSHIPS

December 16-17, 2022
Alaska Airlines Center

SATURDAY, DEC 10 - 10:00PM

- Email Track Wrestling Conference results and link to championships@asaa.org
- By 11:59PM please submit name and criteria reason a wrestler should be considered for At-Large Bid. Please email championships@asaa.org and billy@asaa.org

SUNDAY, DEC 11 - 2:00PM

- [Eligibility Roster Finalized](#)
- [State Entry Form](#)
- [Photo Upload Form](#)
- [Code of Conduct](#)
- [Good Sport Selection Form](#)
- Qualified Wrestlers list posted on ASAA.org Sunday night/ Monday AM
- ASAA will post seeding results by this time as determined by Track Wrestling using ASAA seeding criteria/2022 committee by Monday afternoon.

TUESDAY, DEC 13 - 2:00PM

- [Academic Award Entry Form](#)
- Notify championships@asaa.org if a qualified wrestler drops for health reasons so an alternate can be contacted.

THURSDAY, DEC 15 - 8:00AM

- Coaches deadline to notify ASAA of issues with seeding results. Please email championships@asaa.org

THURSDAY, DEC 15 - 6:00PM

- Mandatory Coaches Meeting at South Anchorage High School Gym

Scratches and Alternates: In the event a qualified contestant is unable to compete due to extenuating circumstances (illness, injury, and ineligibility), it is the responsibility of the school of the indisposed contestant(s) to notify ASAA, by the deadline. Once notified ASAA will invite the next athlete using Track Wrestling and the State Seeding Criteria. After the deadline, if someone is not able to compete, that spot will not be filled. This substitution must be an ASAA eligible contestant.

State Brackets Procedures:

1. Automatically move up seeds and redraw the bracket if a seeded wrestler does not make weight, etc, or if there are uneven "byes" in the bracket.
2. Automatically award "pin points" for wrestlers wrestling a teammate in the state tournament.

Weigh-In Procedures: All wrestlers will weigh-in an authorized uniform with undergarments.

Seeding Qualifications: The following is the criteria for state qualified wrestlers to be seeded:

- a. Up to 6 wrestlers per weight class will be seeded using the Track Wrestling system. All other qualifiers will be randomly drawn in.
- b. For DI Wrestlers must have 51% or higher winning percentage, for DII Wrestler must have a 40% or higher winning percentage, for Girls there is no minimal percentage.
- c. Wrestler must have wrestled at least 8 varsity matches.
- d. All matches must have been entered into Track Wrestling, including dual and tournament matches.
- e. Matches must have been designated as either Varsity or Junior Varsity.

At-Large & Seeding Process: The Track Wrestling round robin algorithm goes through each wrestler to compare that wrestler to every other seedable wrestler in that weight class. When comparing the wrestlers, it goes through the criteria in order. If one wrestler is better than the other based on the criteria, that wrestler receives a point, otherwise it goes to the next criteria. If all criteria is exhausted, each wrestler receives 1/2 point. Once every wrestler is compared to every other wrestler, the wrestlers are sorted by the points they accumulated during that process. If two wrestlers are tied on points, it goes to the head to head comparison between those two wrestlers. If more than two are tied based on points, it sorts them by the criteria until they are separated or a two-way tie occurs at which point the head to head comparison is used. If two wrestlers remain tied after a head to head comparison, there will be a coin toss at the ASAA office to break the tie.

Coaches will continue to utilize Track Wrestling to enter regular season and conference results. After the conference tournaments and scratch deadline, ASAA will release the seeds as determined by Track Wrestling's running the ASAA Seeding criteria. ASAA will post those results and the seeding report online by 8:00 PM Tuesday.

Coaches have until 8:00 AM Thursday to notify ASAA of issues with the seeds. A committee composed of knowledgeable wrestling people will then review all the seeds, and those that coaches have questioned. This committee will have the authority to re-seed the tournament. Those coaches failing to utilize Track Wrestling properly will be issued a warning. If a "warned" coach makes the same mistake in future years, then the school is fined \$250.

ASAA would like to invite the next best wrestlers to receive the At-Large Bid in DI and DII classifications. ASAA would like coaches to help by sending in criteria on their wrestlers that they feel are deserving of the at-large bid.

Coaches are asked to provide information as to the rationale for a wrestler to be awarded an at-large berth. This should be based on criteria, not subjective opinion. As the group is awarding the at-large berths, they rely on Track Wrestling to rank the wrestlers. Because the rankings are often determined by Seeding Criteria D (see below), it is very possible for a wrestler to be ranked lower due to his/her strength of schedule.

Therefore we ask the coaches to provide information such as “my wrestler ended the season with a 14-6 record, however of his 8 losses 4 were to the CIC Champion. Please only submit the following info for those wrestlers that are truly deserving of the at-large bid. Please review the PDF form online - Wrestler’s name, weight, classification, school, Overall Record Varsity, Overall record (all matches), Wins over Seeded or Qualified wrestlers, and other information to justify an at-large Berth.”

Please submit your wrestler to championships@asaa.org along with the criteria that qualifies them to gain the at-large bid by Saturday, December 11 at 11:59 PM. **Do not send to individual ASAA staff’s email!** Please send all your input in a single email, rather than one email for each recommendation.

Seeding Criteria: The following national criteria was adopted by the Board of Directors.

- a. Head to head – strictly head to head record.
- b. Record Against Common Opponents - based on winning percentage against an individual common opponent.
- c. Previous State Champion or Runner Up – first or second place from the previous year, state champion first – then runner up.
- d. Overall Varsity Record – overall winning percentage for varsity matches only.
- e. Varsity Record at Weight – minimum of 4 matches at state tournament weight class.
- f. Winning Percentage Against Seedable Wrestlers

Wrestling Injury Defaults: took action to add the following verbiage to the NFHS Wrestling rule Section 7 Default: Rule 5-6: “Any wrestler that defaults due to injury or illness during the tournament must receive a medical release (performed, when available, by a medical provider able to perform pre-participation physicals) to continue in the tournament. If the wrestler does not receive a medical release, then the remaining matches in the tournament will be recorded as forfeits. The wrestler will retain any team points earned up until that point. A wrestler required to receive a medical release to continue must weigh-in on day two to continue in the tournament.”

Mandatory Coaches Meeting: There is a mandatory coaches meeting *Thursday, December 15th, 6pm-6:45pm at South Anchorage High School Gym*. All policies and procedures will be reviewed, and coaches packets, and passes will be dispersed. This is not a time to argue and bring up seeding issues.

Thursday Practice Times: There are no practice times available at the Alaska Airlines Center on December 15th due to a Netflix comedian show Thursday night.

- Chugiak High School 3:45pm - 6pm | Contact Dan Bailey danybd28@gmail.com | First Come First Serve
- Other facilities could be available, please contact local Anchorage/Valley coaches and athletic directors to arrange sometime.

State Results: All results will be posted on Track Wrestling. Links on ASAA.org will be available as well at the Wrestling page. Results will be updated during matches and when it is final.

Rosters: ASAA is using Planet High School for its School Activities Reporting System (SARS). Schools will need to submit rosters and indicate which students have qualified for state through this system. This can be done by

accessing the wrestling eligibility roster. Indicate the student is a state qualifier. In addition, the State Championship Wrestling Entry Form must be submitted. Both submissions are due by 2pm on Sunday, December 11th.

Passes: Each participating school will be issued passes for state championships, based on the following guidelines.

- **Coaches:** To qualify for a Coach's pass the coach must be certified and listed on the State Entry Form. Additionally, the coach must have been part of the program all season. The bench/sideline numbers will not increase regardless of the number of passes issued. At all times, coaches must wear or have on their person, their pass while on the bench or sideline. If not, the school will be fined \$25 by ASAA championship staff.
- **Participants:** Wrestlers and managers should be included on the roster. All participants and managers will be marked with an ultraviolet marker after weigh-ins to be used at the entrance to the facility and to gain floor access.
- **Administration:** Passes will be provided for each qualifying school's administrator. There is no charge for this pass. Please let ASAA know if you plan on attending to make sure we have a pass for you. The supervising administrator should check in at the event entrance upon arrival to receive a pass.
- **Chaperones:** Schools can request chaperone passes if needed. Chaperones will receive a "golden ticket" to allow them free access into the Alaska Airlines Center. This does not allow them access to the floor.
- **Adult Medical Passes:** Schools medical team members must check in with ASAA staff or ASAA Medical Staff (OPA) at the state championship site prior to competition to receive a medical pass.
- **Security and ASAA staff members will be checking each player and coach for their blacklight or pass. You will not be allowed access into the facility without a pass.**
- **All passes are non-transferable and will be confiscated if used fraudulently.**
- **If you lose a pass you will have to purchase regular tickets or your school may be billed.**
- **ELIMINATED WRESTLERS ON SATURDAY** - You will be stamped with the "stamp of the day" so you have free access into the Alaska Airlines Center, but no access to the main floor.

Bench Area & Personnel Rules: Below outlines the rules for team benches and who are allowed there.

- The allotted team bench/sideline can include a combination of managers and coaches, that is coaches discretion.
- ONLY student participants/managers, and adult coaching staff are allowed in the bench area.
- Non-roster players that are not part of the student managers, fulfilling a managerial role, or one of the purchased passes are not allowed on the bench.
- Due to safety concerns it has been mandated by ASAA that only individuals of 7th grade school age or above may be on the sideline area during state championship games/matches, but only with a pass.
- Clean up your bench area after your matches.

Medical: Orthopedic Physicians of Anchorage (OPA) is the official ASAA State Championships Medical provider. They will be onsite during the entire championship tournament to help provide medical help for injuries. Each team must provide all their own materials and supplies - including tape - if athletes are going to be taped.

Concussion Information: During the ASAA First National Bowl only licensed medical team doctors with concussion training or the licensed medical professionals that ASAA provides will have "Return to Play" capabilities. ASAA Concussion Policy will be in effect. Policy is under the Resources tab on ASAA.org. [ASAA Concussion Information](#). OPA will run their tests on athletes with suspected concussions and if they conclude there is a suspected

concussion, that player will not be able to return to play without going through the concussion return to play protocol. Team doctors, physicians, etc. will not be able to over rule an OPA suspected concussion case, ASAA will be taking the OPA's conclusion.

Event Supervision: Each participating school will be requested to identify an administrator or other person approved in advance by the principal who is responsible for the conduct of its coaches, participants and fans throughout the contest, as defined in the ASAA bylaws Article 6, Section 4. Please have the designee check in with ASAA staff upon arrival at the event.

ASAA Statewide Passes: During this event ASAA Statewide Passes are still good to get the pass holder only into the basketball state championships. This pass DOES NOT ALLOW FLOOR ACCESS, only free access into the building.

Parents/Fans/Spectators: Parents, fans, and spectators are ENCOURAGED to review ASAA365.com and ASAA Social Media accounts for ticket and building information, parking maps, brackets, schedule, promotions, and more!

Spectator Etiquette: All spectators are restricted to the spectators areas. ASAA staff and officials are empowered to remove anyone displaying unacceptable conduct from the area and may temporarily suspend the championships, if necessary.

Music: All music played for warm-ups and during the game is provided by ASAA. Teams may not submit music.

Spectator Support Items | Artificial Noise Makers: ASAA prohibits laser pointers, whistles, and any explosive devices or explosive sounds at ALL its state championship events. Once competition begins there will not be any noise makers allowed.

State Merchandise: Northwest Designs is the Official State Merchandise Vendor. NWD will have a large variety of apparel and feature on-site printing with customized made to order commemorative items. A web store is also available online at [ASAA.org/homepage Northwest Designs Link](http://ASAA.org/homepage/Northwest%20Designs%20Link).

Awards: Awards for wrestling will be presented to the athletes throughout the finals on Saturday. After some weight classes are finished wrestling will be stopped and awards will be presented. There will not be any wrestling during the awards. Team trophies, sportsmanship award, academic award, and outstanding wrestler award will be presented at the end of the championships.

- 1st & 2nd place Team Trophies
- 1st - 4th Place Medallions for all weight classes
- Team Sportsmanship Award – Awarded to team whose members and fans displayed the best behavior and sportsmanship.
- Team Academic Award – Awarded to the team (of at least four wrestlers) with the highest combined GPA for the preceding semester.
- Outstanding Wrestler – Award goes to the most outstanding wrestler at the State Tournament.
- Good Sport Team Members - Members are selected by their head coach to be honored for outstanding citizenship and sportsmanship throughout the entire season.

Participation Fee: The fee for individual (non-team) athletic events will be \$10 per student participant (including student managers) with no maximum. Once the deadline for withdrawals/substitutions has passed the state meet, the roster will be considered final and schools will be invoiced quarterly.



FACILITY INFORMATION

Alaska Airlines Center Facility Access: Teams will be able to enter the Alaska Airlines Center the following times.

- THURSDAY: No access on Thursday.
- FRIDAY: Teams will be able to enter the building at 7:45am. The only areas available Friday morning will be the track above and the Aux Gym. The main floor will NOT BE ACCESSIBLE. The Aux Gym will be available as a space to run and stretch as well. Spectators will be allowed in beginning at 10am, prior to the event start time.
- SATURDAY: Teams will be able to enter the building at 7:00am. Spectators will be allowed in beginning at 8am, one hour, prior to the event start time.

Wrestlers Dietary Needs: The Alaska Airlines Center and NANA Management is allowing wrestlers to bring in a one-gallon zip lock bag with nutritional supplements like bagels, bananas, etc. Items like bags of chips, or sandwiches, pizza, etc. will not be allowed in at anytime. This "bag" will be allowed to enter the venue the following times:

- FRIDAY: 7:45 am - 9:00 am only when carried by an athlete. **After 9:00 am on Friday all outside food will not be allowed into the facility.**
- SATURDAY: 7:00 am - 8:00 am only when carried by an athlete. **After 8:00 am on Saturday all outside food will not be allowed into the facility.**
- Sandwich making stations and "team tables" for food distribution are not allowed.

Weigh-Ins: Friday weigh-ins will be conducted in the Aux Gym starting at 9am. Saturday weigh-ins will be conducted on the main floor starting at 8am.

Main Gym Competition Floor Access: Space on the floor is VERY LIMITED! ASAA asks coaches to be considerate of coaches that are on deck or in the hole. They should have first priority for access to the floor. To access the competition floor please use the stairs on either side of the facility. Security will be located at the bottom of each of those stairs. If you have trouble finding either set of stairs please ask one of the Alaska Airlines Center staff members.

Mat Layout: Mats on the floor will be marked 1-8. The 3 most westside mats will be Division I mats. The middle mats will be the Division II mats, and Girls Mats will be 2 on the east side of the arena. If the tournament gets delayed we may need to use other mats to catch up. Please watch Track Wrestling carefully for mat assignments and listen for announcements. The championships will be wrestled on 3 mats after some floor conversion time. Finals will begin once the conversion and set up is completed.

Locker Rooms: Three (3) locker rooms will be available for teams during the event, one for each classification - DI, DII, and Girls. Please look for the classification sign on the locker room door. The DI Boys and DII Boys Locker Rooms will be B51 and B52. The Girls Locker Room will be near the elevator. These will not be secured rooms, so please don't leave any personal items in the locker room. Security will be going through the locker rooms every hour to time checking for damage. Schools will be invoiced for any damage.

Hospitality: There is no hospitality available for coaches at the Alaska Airlines Center.

Broadcast Media: The NFHS Network will be webcasting ALL wrestling matches live on NFHSnetwork.com.

Team Parking: ASAA is providing FREE parking at the Alaska Airlines Center. There is a limited amount of spots available in the MAIN LOT for team vans and officials. **DO NOT PARK IN THE RESERVED LOT! YOU WILL BE FINED BY UAA.**

- **Reserved Lot (Purple Color):** DO NOT PARK IN THERE unless you have a Reserved Lot Pass. If you do and don't have a pass you will receive a \$250 fine from UAA.
- **Main Lot (Green Color):** This area is for teams, officials, some staff, and spectators. There is a limited amount of spaces. It is first come first serve.
- **Providence Parking Garages (Blue Color):** Do not park in there until AFTER 5:00pm! Providence is letting us use that space after hours to help with parking. Please do not abuse it.



Live Streaming: LIVE STREAMING DURING ASAA EVENTS IS STRICTLY PROHIBITED UNLESS AUTHORIZED BY ASAA ASSOCIATE DIRECTORS!

Match Video: Video service of each match will not be provided by ASAA. Teams are encouraged to make other arrangements if they wish a video copy of their match. LIVE STREAMING THE MATCH FROM YOUR TEAMS CORNER/FLOOR AREA IS STRICTLY PROHIBITED. Violators will be shut down and video staff will be escorted from the facility. Only School Team Video, ASAA Credential Media, ASAA Photographer, and ASAA approved TV/Webcast production crews are allowed to photograph and video on the floor unless otherwise granted by ASAA Staff.

School/Yearbook/Team Photo Personnel: These individuals must remain in their teams area only with a TEMP MEDIA credential. Special and limited arrangements can be made for a school yearbook staff. Yearbook staff includes the yearbook teacher and students enrolled in yearbook class. These arrangements must be made WEDNESDAY before the state event begins. Please contact Isaiah Vreeman (isaiah@asaa.org) with these requests. Last minute requests will not be approved.

Public Picture/Video: Individuals are encouraged to take pictures and video clips of the games and entertainment that will be happening throughout the event. People who are not ASAA Credentialed Media/Temp Media must stay in spectator areas. Spectators are not allowed onto the floor to picture/video of the games. Event security and ASAA staff will remove individuals who are in areas spectators are not allowed. LIVE STREAMING DURING ASAA EVENTS IS STRICTLY PROHIBITED!! ASAA has the granted broadcast rights to this whole event. Any rebroadcast or republication of this event and event programming LIKE FACEBOOK LIVE or other live streaming platforms is strictly prohibited. Alaska Airlines Center security and other tournament staff see live streaming you will be asked to shut it down or if uncooperative, escorted out of the building. ASAA will be monitoring social media platforms for violations.