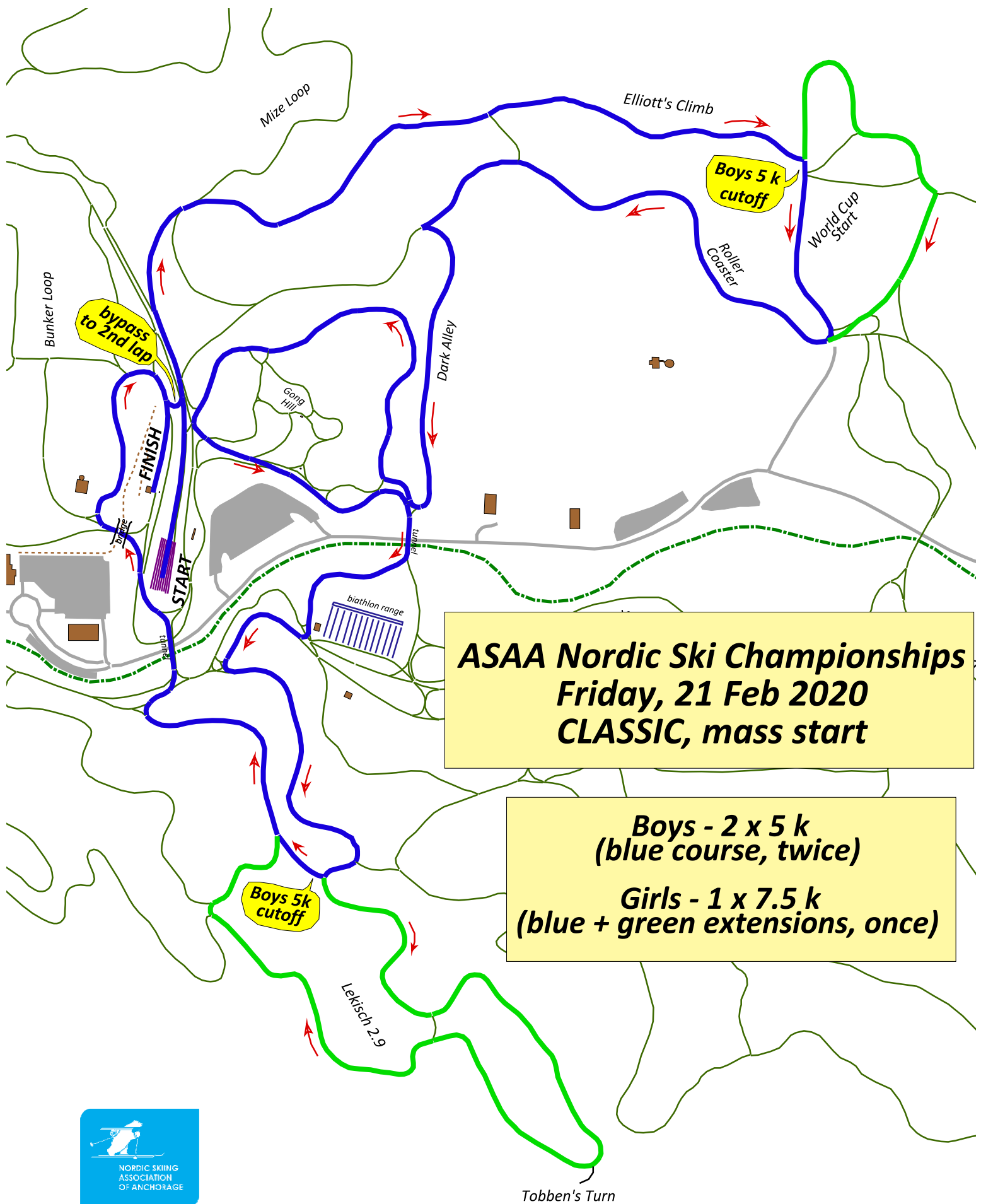


ASAA Nordic Ski Championships
Thursday, 20 Feb 2020
FREESTYLE, interval starts

Boys - 7.5 k
(complete red course)

Girls - 5 k
(course with blue cutoffs)



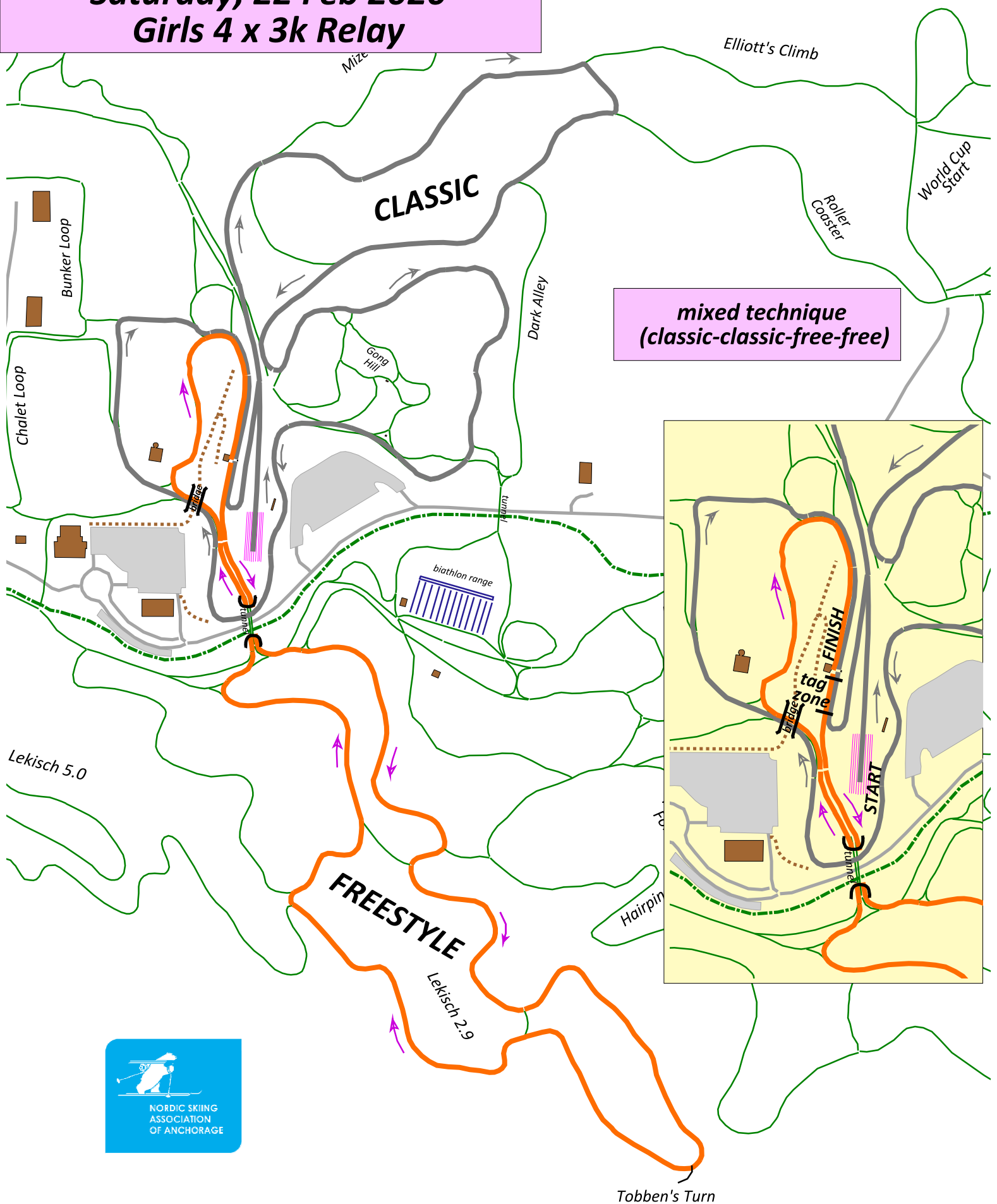


ASAA Nordic Ski Championships
Friday, 21 Feb 2020
CLASSIC, mass start

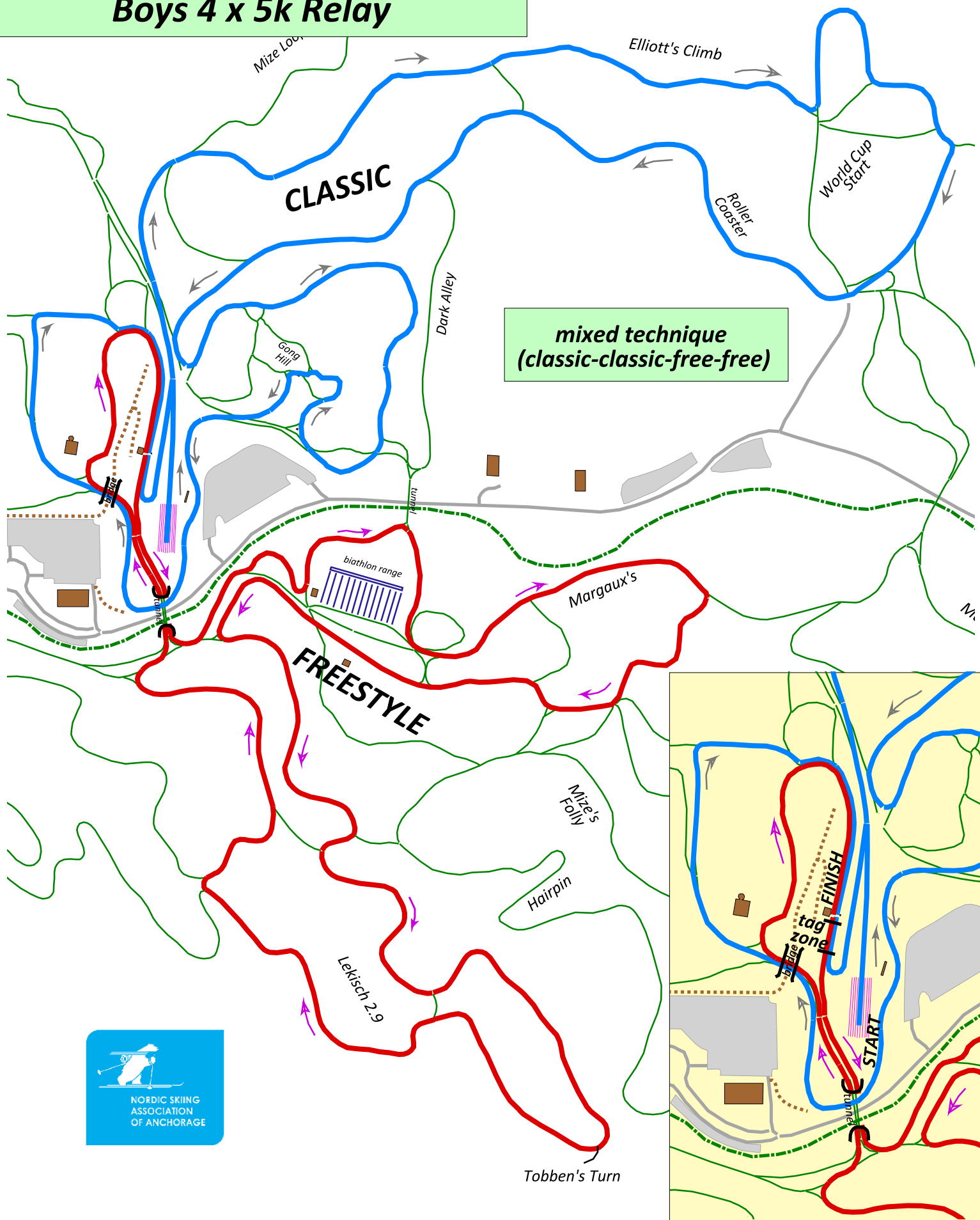
Boys - 2 x 5 k
(blue course, twice)

Girls - 1 x 7.5 k
(blue + green extensions, once)

ASAA Nordic Ski Championships
Saturday, 22 Feb 2020
Girls 4 x 3k Relay



ASAA Nordic Ski Championships
Saturday, 22 Feb 2020
Boys 4 x 5k Relay



ASAA/First National Bank Alaska
2020 Nordic Skiing State Championships
Course Markings

Date	Thursday, 02/20	Friday, 02/21	Saturday, 02/22
Technique	Free	Classic	C,C,F,F*
Course			
Girls 5 k Interval Start	1 X 5 k		
Boys 7.5 k Interval Start	1 X 7.5 k		
Girls 7.5 k Mass Start		1 X 7.5 k	
Boys 10 k Mass Start		2 X 5 k	
Girls 3 k Classic (C) Relay			2 X 3 k
Boys 5 k Classic Relay			2 X 5 k
Girls 3 k Freestyle (F) Relay			2 X 3 k
Boys 5 k Freestyle Relay			2 X 5 k