

# Win for Life

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## Helping Students "Win for Life"

*Billy Strickland, Executive Director*

Helping students "Win for Life" takes the efforts of many individuals. Parents, teachers, coaches and school administrators all have important roles in positively shaping student's lives. Another group many may not be aware of is the ASAA Sports Medicine Advisory Committee, also known as the SMAC. The mission of the Committee is to "ensure that all athletes from ASAA member schools are provided sound and consistent medical expertise to enhance the safety of their athletic experience." One of SMAC's recommendations is that schools should write and rehearse an emergency action plan (EAP) for each venue used for practice or competition. To assist in this effort, last year ASAA offered to all member schools a program developed by the Minnesota State High School League. This program, "Anyone Can Save a Life", is highly useful in assisting schools to develop their EAP's. More information about the Sports Medicine Advisory Committee and their recommendations can be found at: <http://asaa.org/resources/sports-medicine/>

I would like to thank Doctor Cary Keller (Fairbanks), Doctor David Head (Nome), Doctor Don Lehman (Sitka), Doctor Jeff Brand (Anchorage) and Certified Athletic Trainer Lynn Young for their many years of dedication to serve on SMAC.

## Alaska High School Hall of Fame

*Sandi Wagner, Associate Director*

This month we are recognizing 2016 inductee Victor Barranco. One of the greatest musicians from Alaska. A trombone player, who got his start at North Pole HS, was a member of All-State Band and the Northwest Honor Orchestra. He was also a four-year letterman in Cross-Country Skiing and Track & Field. Since graduating from high school, Barranco has earned a Master of Performance degree

## ASAA Title Sponsor



## Upcoming Events



### ASAA/FIRST NATIONAL BANK ALASKA SWIM & DIVE STATE CHAMPIONSHIPS

November 4-5, 2016

Dimond Park Aquatic Center, Juneau

[More Information](#)



### ASAA/FIRST NATIONAL BANK ALASKA 3A/4A VOLLEYBALL CHAMPIONSHIPS

November 10-12, 2016

Alaska Airlines Center

[More Information](#)



Victor Barranco

from the University of North Texas, joined the U.S. Army Band and has been an adjudicator, clinician and soloist at high school and college music conventions. He has toured with the Broadway production of 'Fiddler of the Roof' and performed with Grammy winning artists. For more information on Victor and other inductees, please visit the Alaska High School Hall of Fame website at <http://alaskahalloffame.org>

Please take the time to nominate athletes, coaches, officials or others that have made significant contributions to high school activities in the State of Alaska. These nominations need to be received by December 1, 2016.

## Sponsor Spotlight

Lavonne Norman, Director of Marketing

### AT&T

With roots in Alaska since 1904, AT&T continues to invest here, not only in the telecommunications infrastructure but also in Alaska's youth. In 2001 AT&T, then known as AT&T Alascom, stepped up to partner with ASAA to support and encourage more than 40,000 Alaska high school activity participants.

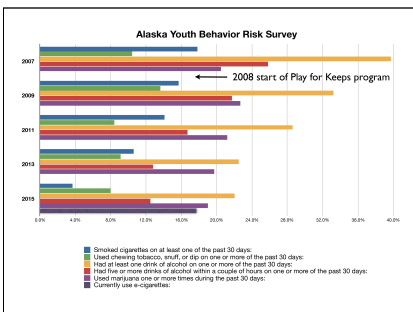
AT&T Marketing & Events Manager, Kristin Bohne, recently described their long-standing support, "ASAA provides a wonderful opportunity for AT&T employees to participate in the championship events, and we are proud to sponsor the AT&T Sportsmanship Award for those athletes who exhibit extraordinary grace, maturity and commitment to their team. AT&T envisions a world where everything and everyone works together, and team sports exemplify the best of what good communication and working well together can accomplish."



THANK YOU AT&T for all that you do to support Alaska's high school activity participants. We look forward to working with you in the future.

## Play for Keeps (TAD)

Dr. Teresa Johnson, Director of Student Services



Have you ever wondered if the Play for Keeps (TAD) program is working? Using several benchmarks from the Alaska Youth Behavior Risk Survey, we can study the eight year history of tobacco, alcohol, and drug use by our students.

In the 2007 - 08 school year we began the implementation of the program. Since then a steady decline has been noted. Thanks to all of you, we are making a difference!

[Click here to see a detailed chart.](#)

## Upcoming Events



**ASAA/FIRST NATIONAL BANK ALASKA ALL-STATE MUSIC FESTIVAL**  
November 17-18-19, 2016  
East Anchorage & West Anchorage HS  
[More Information](#)



**ASAA/FIRST NATIONAL BANK ALASKA 2A/MIX SIX VOLLEYBALL STATE CHAMPIONSHIPS**  
December 8-10, 2016  
Dimond High School in Anchorage  
[More Information](#)



**ASAA/FIRST NATIONAL BANK ALASKA WRESTLING STATE CHAMPIONSHIPS**  
December 16-17, 2016  
Alaska Airlines Center in Anchorage  
[More Information](#)

## AASG 2016 Fall Conference

Denise Greene-Wilkinson, AASG Executive Director



After last spring's Alaska Association of Student Governments conference in Kodiak, the students and advisors from Wasilla High School decided that they would host one of the largest conferences ever held by the Association. With 530 students from throughout Alaska attending, that goal was met.

The conference's theme was "Growing Dreamers into Leaders" and for those students attending, leadership was very much on the agenda. Students participated in forums and Q and A with local and national political leaders, they gave speeches and held elections for positions on the executive board and they developed and passed a number of resolutions during the conference's General Assemblies.

The development and passage of resolutions is one of the main vehicles for representing student views, interests and priorities. Resolutions introduced and passed at the conference included student views on issues dealing with education, economics and the environment.

The students at this fall's AASG conference were bold—taking a stand and getting involved. They demonstrated leadership and will certainly become the leaders of tomorrow.

Special thanks to the team at Wasilla High School for hosting such a successful conference, and to all the schools, parents and advisors statewide who made it possible for their students to attend.

## Upcoming Events



### ASAA/FIRST NATIONAL BANK ALASKA HOCKEY STATE CHAMPIONSHIPS

February 9-11, 2017

Curtis Menard Sports Complex

[More Information](#)



### ASAA/FIRST NATIONAL BANK ALASKA DDF STATE CHAMPIONSHIPS

February 23-25, 2017

East Anchorage High School

[More Information](#)



### ASAA/FIRST NATIONAL BANK ALASKA NORDIC SKI STATE CHAMPIONSHIPS

February 23-25, 2017

Kincaid Park Trails in Anchorage

[More Information](#)



**South Anchorage Wolverines**  
2016 Tennis State Team Champions



## 2016 ASAA/FIRST NATIONAL BANK ALASKA TENNIS STATE CHAMPIONSHIP RESULTS

### TEAM RESULTS

Champion	South Anchorage	175
Runner-up	Juneau-Douglas	70
3rd	Service	60

### INDIVIDUAL RESULTS

#### Boys Singles

1st Joseph Hemry	South
2nd Eli Neslund	East
3rd Derek Stone	Dimond

#### Girls Singles

1st Christine Hemry	South
2nd Erica Hurttle	Juneau
3rd Kaja Ferklova	South

#### Boys Doubles

1st Alec Clayton & Dylan Bruce	Service
2nd Jake Brown & Lian Lincoln	South
3rd David Columbus & Nicola Rupf	East

#### Girls Doubles

1st Amara Hackett & Anna Kardash	Lathrop
2nd Isabella Jameson & Sophia Sanders	South
3rd Peyton Brown & Lauren Robertson	South

#### Mix Doubles

1st Phillip Wall & Sami Good	Juneau
2nd Chris Bailey & Khailey Yancha	South
3rd Kyle Winkler & Kristina Yu	West

### AWARDS

Sportsmanship Award:  
*Sponsored by ATT* Chugiak

Academic Award:  
*Sponsored by Princess Cruises* South Anchorage (3.96)

## 2016 ASAA FIRST NATIONAL BOWL SERIES FOOTBALL STATE CHAMPIONSHIP RESULTS

### SMALL SCHOOL

Champion	Ben Eielson
Runner-up	Houston

### ALL-TOURNAMENT TEAM

Antonio Griffith, Eielson	Ben Pelesasa, Houston
Jeremiah Brown, Eielson	Malaki Barrett, Houston
Taylor Benjamin, Eielson	Tim Sasiu, Houston
Tobias Dobashi-Noa, Eielson	

### AWARDS

Academic Award: Houston  
*Sponsored by Princess Cruises*

### MEDIUM SCHOOL

Champion	Soldotna
Runner-up	Palmer

### ALL-TOURNAMENT TEAM

Blake Jones, Soldotna	Brenner Furlong, Soldotna
Bryce Martin, Soldotna	Clayton Southwick, Palmer
Jace Urban, Soldotna	James Bartley, North Pole
Jared Oviok, Palmer	Kyle Marcuson, Soldotna
Lafi'tione Skipps, North Pole	Nick DeBach, Palmer
Roy Tupou, Thunder Mt	Travis Wheeler, Palmer
Trey Witz, Palmer	Wendell Tuisaula, Soldotna

### AWARDS

Sportsmanship Award: Soldotna  
*Sponsored by ATT*  
Academic Award: Soldotna  
*Sponsored by Princess Cruises*

### LARGE SCHOOL

Champion	East Anchorage
Runner-up	West Anchorage

### ALL-TOURNAMENT TEAM

AJ Su'esu'e, West Anchorage	Allen Ala, East Anchorage
Dak Paulsen, East Anchorage	Dominik Norman, Service
Jontay Edwards, Bartlett	Joshua Malnoske, East Anchorage
Justin Tovia, West Anchorage	Kaleo Paleka, East Anchorage
Lazono Martin, West Anchorage	Pavii Tanuvasa, East Anchorage
Ralph Toleafoa, East Anchorage	Rapi Sotoa, West Anchorage
Turek Taylor, West Anchorage	Wil Troxel, West Anchorage

### AWARDS

Sportsmanship Award: East Anchorage  
*Sponsored by ATT*  
Academic Award: West Anchorage  
*Sponsored by Princess Cruises*