



ASAA
ALASKA SCHOOL ACTIVITIES ASSOCIATION
Win for Life®

TRACK & FIELD

STATE CHAMPIONSHIPS

1

First National Bank
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2023

JUNEAU

2023 ALASKA FIRST NATIONAL BANK ALASKA TRACK & FIELD STATE CHAMPIONSHIPS
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TABLE OF CONTENTS

ASAA Welcome	2
ASAA Vision and Mission	4
Tournament Personnel	6
History of ASAA	9
Championship Tournament Schedule	11
DII Qualifiers & Meet Program	14-38
DI Qualifiers & Meet Program	42-61
Unified Qualifiers & Meet Program	64-65
DII Team Picture & Information	68-73
DI Team Picture & Information	76-79
ASAA Corporate Sponsors	81
ASAA Track & Field State Meet Records	84
2022 DII Championship Results	87
2022 DI Championship Results	89



ASAA WELCOME



On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA's corporate partners, welcome you to the 2023 ASAA/First National Bank Alaska Solo & Ensemble Music Festival! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate you being part of this statewide championship event.

A handwritten signature in black ink that reads "Billy Strickland". The signature is written in a cursive, flowing style.

Billy Strickland
ASAA Executive Director

Indigenous Land Acknowledgement:

The Alaska School Activities Association is honored to be guests on the traditional homelands of the Eklutna Dena'ina Peoples for this championship event. We are committed to recognizing, celebrating and honoring the continued culture, language and heritage of the Dena'ina Peoples. Chin'an!

Learn more about Indigenous people of Alaska
by visiting the Alaska Native Heritage Center
www.alaskanative.net | (907) 330-8000



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The Alaska School Activities Association is a statewide nonprofit organization established to direct, develop and support Alaska's high school interscholastic sports, academic and fine arts activities.

MISSION STATEMENT

Provide and promote opportunities through activities for all Alaska students.

VISION STATEMENT

Alaska students become life long learners who are engaged in their communities and active contributors in society. #winforlife

ASAA VALUES

Integrity, respect, perseverance, leadership, teamwork, inclusivity



GO THE EXTRA MILE.

We like the way you never settle for less. That's why our team is happy to support your team at the 2023 ASAA/First National Bank Alaska Track and Field State Championships. Good luck out there.

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Alaska
AIRLINES



TOURNAMENT PERSONNEL

ASAA extends its appreciation to the following people for contributing their time and energy in making this year's 2023ASAA/First National Bank Alaska Track & Field State Championships a success.

- **Palmer High School**
- **Dale Ewart** - Palmer HS Athletic Director
- **Palmer High School Booster Club**

PLUS THE COUNTLESS NUMBER OF VOLUNTEERS THAT MAKE THIS STATE CHAMPIONSHIP POSSIBLE!! THANK YOU!!

Thank you





Strengthening Alaska Through Our Values

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THE HISTORY OF ASAA

ASAA's roots predate statehood. In the early 1950s, school leaders in the Territory of Alaska recognized the need to separate the high school basketball program from the local town business leagues. William Zahradnicek of Palmer, and W.W. Lahnum and Gordon Guffey of Anchorage, joined forces to organize the Western Alaska High School Activities Association with a mandate to ensure the necessary educational leadership. Sterling Sears of Juneau and Les Wingard and J.E. Danielson of Ketchikan were moving ahead at the same time to form the Southeast Alaska Activities Association.

In 1956, the Territorial Department of Education Superintendents Advisory Commission determined the need for an organization that could establish common rules and regulations to guide the activities of the two associations. In the Fall of 1957, the commission approved the Constitution and Bylaws of the Alaska High School Activities Association (ASAA). Officers representing the two divisions were elected. The first Board of Control consisted of William Zahradnicek, Palmer, as Chairman, J.E. Danielson, Ketchikan, Secretary-Treasurer; and members George McMillan, Juneau, Joe Montgomery, Anchorage, and Sterling Sears, Juneau.

This informal arrangement worked very well until the early 1970s, when the State Legislature added a section to the Educational Statutes placing the Association under the Department of Education. School populations and the number of participating schools were increasing. After many meetings, the two original associations became five distinct Regions based on school size and geographic location. One year later, in 1976, Regions increased to six. The new Board of Control consisted of one member from each Region, a representative of the Association of Alaska School Boards, and a representative of the Superintendents Association. In 1978, the board added a representative of the Alaska Association of Student Governments.

Due to the increasing number of schools participating in boys and girls basketball, the need for additional statewide culminating events became evident. This required the formation of a classification system that spanned all of the Regions. This task fell to a committee composed of representatives from all six Regions. It was known as the "Black and Blue" Ribbon Study Commission because of the difficulties faced in satisfying the needs of each Region. In June 1981, the Board of Control adopted the Commission's recommendation to establish four classifications based on school enrollment with some overlap in the two smallest classes due to geographic location. The first statewide event for the smaller classes was an invitational basketball tournament held in Anchorage in 1983-84.

In 1986, the Department of Education eliminated funding for ASAA. The Board of Control voted to incorporate as a 501(c)(3) non-profit corporation, beginning July 1, 1987. Because of ongoing jurisdictional issues between the Association and the State of Alaska, both entities sought a legal resolution. This resulted in the 1995 repeal of the Legislative Statute that had placed ASAA under the Department of Education.

In 2007, in order to ensure consistent tobacco, alcohol and controlled substances policies by member schools and districts, the Board of Directors adopted the "Play for Keeps-Win for Life" program for all student participants. In 2011, the Alaska Legislature passed House Bill 15, (amended in 2012 under Senate Bill 119), that sets standards for concussion awareness, education, treatment and return to participation protocols. ASAA developed recommended policies and procedures to assist in the implementation of the law. In 2013, the Alaska Legislature passed Senate Bill 41 that addressed interscholastic participation by "alternative education program students." ASAA developed bylaws and policies to assist schools, students and families in the implementation of the statute.

Currently, the Alaska School Activities Association serves over 200 schools and 26,000 student participants. These student participants are active in 22 athletic activities and 6 academic activities culminating in 54 State Championship events! Without the support of the schools, students, coaches/advisors, parents, and fans ASAA couldn't be as successful as it has been since 1956. **THANK YOU!**



We're Teaming Up!

Giving all Alaska students the opportunity to join in activities and reach their goals.

Thanks to our loyal customers and committed employees, ACC has grown to 35 retail stores throughout the state. Together, with our meat processing plant, North Star Quality Meats, and our wholesale division, Pacific Alaska Wholesale, we strive to meet the food and merchandise needs of the communities we serve.

Sponsoring ASAA provides ACC with a great opportunity to extend that same dedication to the youth of our villages.





2023 ASAA/FIRST NATIONAL BANK TRACK & FIELD STATE CHAMPIONSHIPS SCHEDULE

Hosted by: ASAA & Palmer HS / Location: Palmer High School

FRIDAY, MAY 26

FINAL FIELD EVENTS

8:15am - Clerk Check In Available

8:55 am - National Anthem

HIGH JUMP

9:00 am Div I Boys and Div II Girls
11:30 am Div I Girls and Div II Boys

DISCUS

9:15 am Div II Girls
11:00 am Div I Girls

SHOT PUT

9:30 am Div I Boys
11:15 am Unified Coed
12:15 pm Div II Boys

LONG JUMP

9:30 am Unified Coed

TRIPLE JUMP

11:00 am Div II Girls and Div I Boys
1:30 pm Div II Boys and Div I Girls

RUNNING EVENTS

9:30am - Clerk Check In Available

FINALS

11:00 am Div II Girls 3200M Final 11:25 am Div I Girls 3200M Final
11:50 am Div II Boys 3200M Final 12:15 pm Div I Boys 3200M Final

PRELIMINARIES

12:50 pm Div II Girls 100M Hurdles	1:00 pm Div I Girls 100M Hurdles
1:15 pm Div II Boys 110M Hurdles	1:25 pm Div I Boys 110M Hurdles
1:35 pm Div II Girls 100M	1:45 pm Div I Girls 100M
1:55 pm Div II Boys 100M	2:05 pm Div I Boys 100M
2:15 pm Div II Girls 400M	2:25 pm Div I Girls 400M
2:35 pm Div II Boys 400M	2:45 pm Div I Boys 400M
3:00 pm Div II Girls 300M Hurdles	3:10 pm Div I Girls 300M Hurdles
3:25 pm Div II Boys 300M Hurdles	3:35 pm Div I Boys 300M Hurdles
3:50 pm Div II Girls 800M	4:00 pm Div I Girls 800M
4:10 pm Div II Boys 800M	4:20 pm Div I Boys 800M
4:35 pm Div II Girls 200M	4:45 pm Div I Girls 200M
4:55 pm Div II Boys 200M	5:05 pm Div I Boys 200M

5:20 pm Possible Run-Offs

SATURDAY, MAY 27

FINAL FIELD EVENTS

8:15am - Clerk Check In Available

8:55 am - National Anthem

LONG JUMP

9:00 am Div I Girls
Div II Boys
12:00 pm Div I Boys
Div II Girls

DISCUS

9:15 am Div I Boys
11:30 am Div II Boys

SHOT PUT

9:30 am Div I Girls
11:15 am Div II Girls

FINAL RUNNING EVENTS

9:45 - Clerk Check In Available

10:15 am - National Anthem

10:30 am Div II Girls 4x800M Relay	10:45 am Div I Girls 4x800M Relay
11:00 am Div II Boys 4x800M Relay	11:15 am Div I Boys 4x800M Relay
11:30 am Div II Girls 100M Hurdles	11:35 am Div I Girls 100M Hurdles
11:48 am Div II Boys 110M Hurdles	11:53 am Div I Boys 110M Hurdles
12:05 pm - Div II Girls 100M	12:10 pm Div I Girls 100M
12:15 pm Unified 100M (partner heat / athlete heat)	
12:33 pm Div II Boys 100M	12:38 pm Div I Boys 100M
12:50 pm Div II Girls 4x200M Relay	1:00 pm Div I Girls 4x200M Relay
1:15 pm Div II Boys 4x200M Relay	1:25 pm Div I Boys 4x200M Relay
1:33 pm Div II Girls 1600M	1:43 pm Div I Girls 1600M
1:53 pm Div II Boys 1600M	2:03 pm Div I Boys 1600M
2:15 pm Div II Girls 4x100M Relay	2:23 pm Div I Girls 4x100M Relay
2:33 pm Unified 4x100M Relay (Girls)	
2:43 pm Unified 4x100M Relay (Boys)	
2:53 pm Div II Boys 4x100M Relay	3:01 pm Div I Boys 4x100M Relay
3:08 pm Div II Girls 400M	3:17 pm Div I Girls 400M
3:24 pm Div II Boys 400M	3:31 pm Div I Boys 400M
3:40 pm Div II Girls 300M Hurdles	3:50 pm Div I Girls 300M Hurdles
4:00 pm Div II Boys 300M Hurdles	4:10 pm Div I Boys 300M Hurdles
4:25 pm Div II Girls 800M	4:35 pm Div I Girls 800M
4:45 pm Div II Boys 800M	4:50 pm Div I Boys 800M
5:00 pm Div II Girls 200M	5:07 pm Div I Girls 200M
5:14 pm Div II Boys 200M	5:21 pm Div I Boys 200M
5:35 pm Div II Girls 4x400M Relay	5:45 pm Div I Girls 4x400M Relay
5:55 pm Div II Boys 4x400M Relay	6:05 pm Div I Boys 4x400M Relay

Over
4,000
Injuries Prevented
Per Year

OPA provides full-time certified athletic trainers to all Anchorage and Mat-Su area high schools — free of charge. They work with student-athletes, coaches and parents to prevent injuries, save thousands of health care dollars and help build a healthier community.

Learn more at OPAlaska.com/athletic-training



Annual injury prevention number based on an injury rate study from the American Academy of Pediatrics and actual number of injuries documented by OPA athletic trainers working high school athletics in the Anchorage School District.

Chantelle, Operations Superintendent

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2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 1

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 2 Girls High Jump Division 2

Friday 5/19/2023 - 9:00 AM

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	371 Johnson, Molly	Gustavus		_____
2	770 Wappel, Iris	Tri-Valley		_____
3	115 Siatini, Jieaya	Anchorage Ch		_____
4	392 Dalke, Talli	Homer		_____
5	418 Greene, Grace	Hutchison		_____
6	402 Thoning, Brightly	Homer		_____
7	582 Campbell, Mya	Redington		_____
8	536 Walsh, Emma	Monroe Catho		_____
9	769 VanDeventer, Ellie	Tri-Valley		_____

Event 5 Boys Triple Jump Division 2

Friday 5/19/2023 - 1:30 PM

Reg Record: 47-02.50 2017

Brandon Nicholson

State Record: 46-07 2017

Brandon Nicholson

Pos	Name	School	Seed	Mark
Flight 1 of 3 Finals				
1	380 Doddridge, Koa	Haines		_____
2	423 Robinson, Zane	Hutchison		_____
3	252 Klein, Aidan	Delta Juncti		_____
4	777 Williams, Reid	Tri-Valley		_____
5	547 Mullins, Dwight	Nikiski		_____
Flight 2 of 3 Finals				
1	655 Davis, David	Sitka		_____
2	785 Alfaro, Nicolas	Valdez		_____
3	664 Myers, Felix	Sitka		_____
4	588 Campbell, Myles	Redington		_____
5	658 Elefante, Angelo	Sitka		_____
Flight 3 of 3 Finals				
1	580 Cumps, Hendrik	Petersburg		_____
2	792 McCumby, Barrett	Valdez		_____
3	414 Seneff, Lance	Homer		_____
4	408 Gordon, Joe	Homer		_____
5	135 Warren, Nolan	Anchorage Ch		_____
6	665 Myers, Francis	Sitka		_____

Event 6 Girls Discus Throw Division 2

Friday 5/19/2023 - 9:15 AM

Reg Record: 151-10 1997

Jenny Luer

State Record: 143-02 1997

Jenny Luer

Pos	Name	School	Prelims
Flight 1 of 3 Finals			
1	111 Moe, Marilyn	Anchorage Ch	ND _____
2	372 Wagner, Madeline	Gustavus	ND _____
3	419 Hacker, Miranda	Hutchison	ND _____
4	576 Enriquez, Myah	Petersburg	ND _____
5	462 Miller, Ellsi	Kenai Centra	ND _____

Flight 2 of 3 Finals

1	356 Lentfer, Brook	Grace Christ	ND _____
2	115 Siatini, Jieaya	Anchorage Ch	ND _____
3	527 Warren, Amara	Lumen Christ	ND _____
4	165 Simon, Malinda	Bethel	ND _____
5	638 Alley-Jarquin, Kanen	Sitka	ND _____
6	540 McCaughey, Leora	Nikiski	ND _____

Flight 3 of 3 Finals

1	784 Togagae, Momoe	Valdez	ND _____
2	456 Beck, Emma	Kenai Centra	ND _____
3	373 Dohrn, Emma	Haines	ND _____
4	530 Chernich, Nadia	Monroe Catho	ND _____
5	586 Pike, Alexia	Redington	ND _____
6	391 Cress, Auden	Homer	ND _____

Event 8 Girls 3200 Meter Run Division 2

Friday 5/19/2023 - 11:00 AM

Reg Record: 9:58.74 2015

Allie Ostrander

State Record: 10:09.73 2015

Allie Ostrander

Lane	Name	School	Seed	Time
Section 1 of 1 Finals				
1	650 Prussian, Anna	Sitka		_____
2	457 Boonstra, Jayna	Kenai Centra		_____
3	583 Cardoso, Saydi	Redington		_____
4	346 Gerlach, Brynna	Glennallen		_____
5	624 Guernsey, Aly	Seward		_____
6	628 Van Buskirk, Katie	Seward		_____
7	537 Wilkerson, Miranda	Monroe Catho		_____
8	744 Fish, Calla	Su Valley		_____
9	241 Anderson, Alora	Delta Juncti		_____
10	646 Mercurief, Aliyah	Sitka		_____
11	344 Abbott, Kayla	Glennallen		_____
12	389 Booz, Clairra	Homer		_____
13	577 Lister, Kinley	Petersburg		_____
14	626 Ingalls, Juniper	Seward		_____
15	117 Timmcke, Abby	Anchorage Ch		_____
16	118 Timmcke, Jordan	Anchorage Ch		_____

2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 2

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023 5/19/2023 to 5/20/2023

Meet Program

Event 10 Boys 3200 Meter Run Division 2

Friday 5/19/2023 - 11:50 AM			
Reg Record: 9:02.39 2015		Levi Thomet	
State Record: 8:52.53 2021		Tristan Merchant	
Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	409 McDonough, Seamus	Homer	_____
2	368 Sliwinski, David	Grace Christ	_____
3	127 Merchant, Preston	Anchorage Ch	_____
4	656 Demmert, Silas	Sitka	_____
5	360 Annett, Robbie	Grace Christ	_____
6	660 Hitchcock, Connor	Sitka	_____
7	366 Nelson, Simon	Grace Christ	_____
8	170 Peters, Ned	Bethel	_____
9	659 Helem, James	Sitka	_____
10	415 Styvar, Ethan	Homer	_____
11	351 Severs, Andrew	Glennallen	_____
12	382 Hansen, Andrew	Haines	_____
13	367 Pounds, Andrew	Grace Christ	_____
14	403 Badajos, Jai	Homer	_____
15	788 Caruthers, Rafe	Valdez	_____
16	248 Bullard, Aidan	Delta Juncti	_____

Event 13 Girls Triple Jump Division 2

Friday 5/19/2023 - 11:00 AM			
Reg Record: 36-06.25 1996		Rachel Jones	
State Record: 38-10.50 2012		Alisha Allen	
Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	461 Kahn, Grace	Kenai Centra	_____
2	377 Long, Grace	Haines	_____
3	102 Boothman, Natalie	Anchorage Ch	_____
4	116 Slaughenhoup, Lily	Anchorage Ch	_____
5	578 Pawuk, Anya	Petersburg	_____
Flight 2 of 3 Finals			
1	767 Mayo, Kayla	Tri-Valley	_____
2	586 Pike, Alexia	Redington	_____
3	582 Campbell, Mya	Redington	_____
4	782 Prax, Kelsey	Valdez	_____
5	463 Nunn, Malerie	Kenai Centra	_____
Flight 3 of 3 Finals			
1	465 Wilson, Emilee	Kenai Centra	_____
2	162 Klejka, Jordan	Bethel	_____
3	649 Parker, Ada	Sitka	_____
4	781 Palomar, Anika	Valdez	_____
5	374 Dryden, Mackenzy	Haines	_____
6	641 Christner, Jessica	Sitka	_____

Event 15 Boys Shot Put Division 2

Friday 5/19/2023 - 12:15 PM			
Reg Record: 55-03 1996		Josh Coleman	
State Record: 71-03 2008		Jordon Clarke	
Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	417 Hawes, Gage	Houston	_____
2	669 Richards, Edward	Sitka	_____
3	469 Guest, Kane	Kenai Centra	_____
4	137 Price, Robert	Anderson	_____
5	790 Hastings, Griffin	Valdez	_____
Flight 2 of 3 Finals			
1	787 Brewi, Gabe	Valdez	_____
2	748 Bettes, Ethan	Su Valley	_____
3	857 Endicott, Magnus	Yakutat	_____
4	542 Goodnight, Dalton	Nikiski	_____
5	541 Brankel, Drake	Nikiski	_____
Flight 3 of 3 Finals			
1	858 Petersen, Dylan	Yakutat	_____
2	548 Porter, Braeden	Nikiski	_____
3	863 McCaughey, Truit	Nikiski	_____
4	361 Beck, Charlie	Grace Christ	_____
5	466 Anglebrandt, Adam	Kenai Centra	_____
6	131 Switzer, Elliott	Anchorage Ch	_____

Event 16 Girls 100 Meter Hurdles Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times			
Friday 5/19/2023 - 12:50 PM			
Reg Record: 15.24 2001		Janna Schaafsma	
State Record: 14.82 2011		Rosie Smith	
Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	246 Thomas, Gabi	Delta Juncti	_____
2	584 Carroll, Annareese	Redington	_____
3	154 Brannan, Teslin	Ben Eielson	_____
4	765 Eddington, McKinley	Tri-Valley	_____
5	400 Miotke, Gracie	Homer	_____
6	420 Meyer, Lucie	Hutchison	_____
7	643 Hall, Natalie	Sitka	_____
8	534 Sterner, Nora	Monroe Catho	_____
Heat 2 of 2 Prelims			
1	357 McKay, Abigail	Grace Christ	_____
2	623 Dow, Stella	Seward	_____
3	418 Greene, Grace	Hutchison	_____
4	355 Jackson, Hope	Grace Christ	_____
5	359 VanderHorst, MJ	Grace Christ	_____
6	394 Evans, Leah	Homer	_____
7	764 Brown, Isabel	Tri-Valley	_____
8	579 Sakamoto Quezon, Alexu	Petersburg	_____

CONGRATULATIONS

2023 ASAA State Championship Athletes!

Tarranqegteq (Yup'ik)
To be active and healthy



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2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 3

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

Meet Program

Event 18 Boys 110 Meter Hurdles Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 1:15 PM

Reg Record: 14.5h 1994 Doug Pike
State Record: 14.47 2021 Logan Mathieu

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	538 McGlinchy, Asher	Monroe Catho	_____
2	633 Hill, Paxton	Seward	_____
3	655 Davis, David	Sitka	_____
4	789 Fowler, Dillon	Valdez	_____
5	135 Warren, Nolan	Anchorage Ch	_____
6	384 McClurg, Seth	Haines	_____
7	667 Olney-Miller, Rowan	Sitka	_____
8	539 Walter, Luke	Monroe Catho	_____

Heat 2 of 2 Prelims

1	658 Elefante, Angelo	Sitka	_____
2	542 Goodnight, Dalton	Nikiski	_____
3	134 Underhile, Trenton	Anchorage Ch	_____
4	362 Daggett, Geremu	Grace Christ	_____
5	364 Jackson, Clayton	Grace Christ	_____
6	421 Evans, Elliott	Hutchison	_____
7	472 Krol, Matthew	Kenai Centra	_____
8	551 Marvin, Carter	Ninilchik	_____

Event 20 Girls 100 Meter Dash Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 1:35 PM

Reg Record: 12.63 2016 Tanner Ealum
State Record: 11.8h 1981 Starlett Jackson

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	649 Parker, Ada	Sitka	_____
2	459 Grieme, Malena	Kenai Centra	_____
3	109 Layton, Amaliah	Anchorage Ch	_____
4	647 Moore, Adalyne	Sitka	_____
5	766 Eddington, Taylor	Tri-Valley	_____
6	780 Kizer, Izzy	Valdez	_____
7	644 Heuer, Emma	Sitka	_____
8	242 Haas, Iris	Delta Juncti	_____

Heat 2 of 2 Prelims

1	741 Bedingfield, Heidi	Su Valley	_____
2	464 Tapley, Sophie	Kenai Centra	_____
3	106 Houck, Jenna	Anchorage Ch	_____
4	353 Edwards, Brenny	Grace Christ	_____
5	765 Eddington, McKinley	Tri-Valley	_____
6	640 Chong, Deszerei	Sitka	_____
7	375 Getchell, Avari	Haines	_____
8	651 Trigg, Hayla	Sitka	_____

Event 22 Boys 100 Meter Dash Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 1:55 PM

Reg Record: 10.7h 1988 Corey Moore/Joel Price
State Record: 10.86 2019 Colton Herman

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	124 Igwacho, Darian	Anchorage Ch	_____
2	380 Doddridge, Koa	Haines	_____
3	580 Cumps, Hendrik	Petersburg	_____
4	249 Clark, LJ	Delta Juncti	_____
5	668 Prussian, Calder	Sitka	_____
6	250 Haas, Gabe	Delta Juncti	_____
7	128 Oyao, Jaidhen	Anchorage Ch	_____
8	630 Bickling, Ronan	Seward	_____

Heat 2 of 2 Prelims

1	385 Smith, TJ	Haines	_____
2	786 Baczuk, Andrew	Valdez	_____
3	405 Dax, Lukyan	Homer	_____
4	661 Hutton, Caleb	Sitka	_____
5	468 Graves, Reagan	Kenai Centra	_____
6	662 Leach, Matthew	Sitka	_____
7	774 Randall, Cordell	Tri-Valley	_____
8	635 Senecal, Jerick	Seward	_____

Event 24 Girls 400 Meter Run Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 2:15 PM

Reg Record: 56.06 2015 Tanner Ealum
State Record: 54.87 2015 Tanner Ealum

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	402 Thoning, Brightly	Homer	_____
2	242 Haas, Iris	Delta Juncti	_____
3	778 Busk, Ourea	Unalakleet	_____
4	395 Field, Eryn	Homer	_____
5	769 VanDeventer, Ellie	Tri-Valley	_____
6	645 Kubik, Jadelynn	Sitka	_____
7	652 White, Gwen	Sitka	_____
8	533 Simard, Anya	Monroe Catho	_____

Heat 2 of 2 Prelims

1	550 McCorison, Adelyn	Ninilchik	_____
2	399 McDonough, Beatrix	Homer	_____
3	106 Houck, Jenna	Anchorage Ch	_____
4	770 Wappel, Iris	Tri-Valley	_____
5	745 Keenan, Eilish	Su Valley	_____
6	112 Pastana, Jayda	Anchorage Ch	_____
7	243 Millette, Baylee	Delta Juncti	_____
8	110 Matthew, Kate	Anchorage Ch	_____

2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 4

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 26 Boys 400 Meter Run Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 2:35 PM

Reg Record: 50.0h 1988 Corey Moore/John Becker
State Record: 47.78 2007 Ethan Hewitt

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	747 Barry, Ryland	Su Valley	_____
2	414 Seneff, Lance	Homer	_____
3	405 Dax, Lukyan	Homer	_____
4	634 Schrock, Gideon	Seward	_____
5	473 Laker, Jack	Kenai Centra	_____
6	654 Crenna, Dylan	Sitka	_____
7	422 Morris, Jameson	Hutchison	_____
8	171 Smith, Sheldon	Bethel	_____

Heat 2 of 2 Prelims

1	671 Young, Camden	Sitka	_____
2	666 Olney-Miller, Dezi	Sitka	_____
3	467 Fallon, Gregory	Kenai Centra	_____
4	133 Underhile, Lukas	Anchorage Ch	_____
5	155 Alvarado, Niko	Ben Eielson	_____
6	407 Gordon, Elijah	Homer	_____
7	665 Myers, Francis	Sitka	_____
8	387 Wald, Leo	Haines	_____

Event 28 Girls 300 Meter Hurdles Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 3:00 PM

Reg Record: 46.48 2002 Janna Schaafsma
State Record: 43.49 2016 Naomi Welling

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	534 Sterner, Nora	Monroe Catho	_____
2	355 Jackson, Hope	Grace Christ	_____
3	400 Miotke, Gracie	Homer	_____
4	106 Houck, Jenna	Anchorage Ch	_____
5	643 Hall, Natalie	Sitka	_____
6	101 Anderson, Elizabeth	Anchorage Ch	_____
7	579 Sakamoto Quezon, Alexu	Petersburg	_____

Heat 2 of 2 Prelims

1	420 Meyer, Lucie	Hutchison	_____
2	154 Brannan, Teslin	Ben Eielson	_____
3	765 Eddington, McKinley	Tri-Valley	_____
4	359 VanderHorst, MJ	Grace Christ	_____
5	460 Hershberger, Sierra	Kenai Centra	_____
6	783 Smelcer, Isabella	Valdez	_____
7	768 Schirokauer, Sierra	Tri-Valley	_____
8	172 Winslow-Bowerson, Calli	Birchwood Ch	_____

Event 30 Boys 300 Meter Hurdles Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 3:25 PM

Reg Record: 39.16 2015 Tim Duke
State Record: 38.58 2011 Elliot Bauer

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	658 Elefante, Angelo	Sitka	_____
2	750 Kingery, Caymen	Su Valley	_____
3	135 Warren, Nolan	Anchorage Ch	_____
4	470 Hayes, Ransom	Kenai Centra	_____
5	655 Davis, David	Sitka	_____
6	423 Robinson, Zane	Hutchison	_____
7	477 Swain, Davion	Kenai Centra	_____
8	664 Myers, Felix	Sitka	_____

Heat 2 of 2 Prelims

1	384 McClurg, Seth	Haines	_____
2	134 Underhile, Trenton	Anchorage Ch	_____
3	362 Daggett, Geremu	Grace Christ	_____
4	364 Jackson, Clayton	Grace Christ	_____
5	421 Evans, Elliott	Hutchison	_____
6	667 Olney-Miller, Rowan	Sitka	_____
7	588 Campbell, Myles	Redington	_____
8	539 Walter, Luke	Monroe Catho	_____

Event 32 Girls 800 Meter Run Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 3:50 PM

Reg Record: 2:12.78 2015 Allie Ostrander
State Record: 2:10.42 2011 Morgan Dampier

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	465 Wilson, Emilee	Kenai Centra	_____
2	395 Field, Eryn	Homer	_____
3	624 Guernsey, Aly	Seward	_____
4	358 Rinner, Tagan	Grace Christ	_____
5	397 Keintz, Natalie	Homer	_____
6	583 Cardoso, Saydi	Redington	_____
7	537 Wilkerson, Miranda	Monroe Catho	_____
8	103 Carter, Faith	Anchorage Ch	_____

Heat 2 of 2 Prelims

1	648 Mullin, Clare	Sitka	_____
2	399 McDonough, Beatrix	Homer	_____
3	642 Dill, Marina	Sitka	_____
4	376 Godinez Long, Ari'el	Haines	_____
5	388 Ward, Mari	Holy Rosary	_____
6	346 Gerlach, Brynna	Glennallen	_____
7	744 Fish, Calla	Su Valley	_____
8	533 Simard, Anya	Monroe Catho	_____



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2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 5

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

Meet Program

Event 34 Boys 800 Meter Run Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 4:10 PM

Reg Record: 1:55.96 2015

Levi Thomet

State Record: 1:49.2h 1985

Doug Herron

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	409 McDonough, Seamus	Homer	_____
2	360 Annett, Robbie	Grace Christ	_____
3	365 Merriner, Colton	Grace Christ	_____
4	368 Sliwinski, David	Grace Christ	_____
5	248 Bullard, Aidan	Delta Juncti	_____
6	788 Caruthers, Rafe	Valdez	_____
7	660 Hitchcock, Connor	Sitka	_____
8	351 Severs, Andrew	Glennallen	_____

Heat 2 of 2 Prelims

1	467 Fallon, Gregory	Kenai Centra	_____
2	414 Seneff, Lance	Homer	_____
3	127 Merchant, Preston	Anchorage Ch	_____
4	133 Underhile, Lukas	Anchorage Ch	_____
5	379 Davis, Luke	Haines	_____
6	657 Demmert, Trey	Sitka	_____
7	659 Helem, James	Sitka	_____
8	670 Weiland, Annan	Sitka	_____

Event 36 Girls 200 Meter Dash Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 4:35 PM

Reg Record: 24.98 2016

Tanner Ealum

State Record: 24.74 2015

Tanner Ealum

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	375 Getchell, Avari	Haines	_____
2	106 Houck, Jenna	Anchorage Ch	_____
3	647 Moore, Adalya	Sitka	_____
4	766 Eddington, Taylor	Tri-Valley	_____
5	395 Field, Eryn	Homer	_____
6	741 Bedingfield, Heidi	Su Valley	_____
7	359 VanderHorst, MJ	Grace Christ	_____
8	645 Kubik, Jadelynn	Sitka	_____

Heat 2 of 2 Prelims

1	242 Haas, Iris	Delta Juncti	_____
2	400 Miotke, Gracie	Homer	_____
3	353 Edwards, Brennyn	Grace Christ	_____
4	582 Campbell, Mya	Redington	_____
5	644 Heuer, Emma	Sitka	_____
6	464 Tapley, Sophie	Kenai Centra	_____
7	649 Parker, Ada	Sitka	_____
8	418 Greene, Grace	Hutchison	_____

Event 38 Boys 200 Meter Dash Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 4:55 PM

Reg Record: 21.7h 1988

Corey Moore

State Record: 21.90 1995

Joel Knight

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	410 Mershon, Jonah	Homer	_____
2	661 Hutton, Caleb	Sitka	_____
3	468 Graves, Reagan	Kenai Centra	_____
4	155 Alvarado, Niko	Ben Eielson	_____
5	666 Olney-Miller, Dezi	Sitka	_____
6	124 Igwacho, Darian	Anchorage Ch	_____
7	364 Jackson, Clayton	Grace Christ	_____
8	171 Smith, Sheldon	Bethel	_____

Heat 2 of 2 Prelims

1	362 Daggett, Geremu	Grace Christ	_____
2	250 Haas, Gabe	Delta Juncti	_____
3	249 Clark, LJ	Delta Juncti	_____
4	405 Dax, Lukyan	Homer	_____
5	668 Prussian, Calder	Sitka	_____
6	135 Warren, Nolan	Anchorage Ch	_____
7	751 Shockey, Jacob	Su Valley	_____
8	791 Mann, Anthony	Valdez	_____

Event 41 Boys Long Jump Division 2

Saturday 5/20/2023 - 9:00 AM

Reg Record: 23-11.50 1987

Bruce Jackman

State Record: 23-00 1997

Dereck Ladson

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 3 Finals

1	549 Quiner, Thayne	Nikiski	_____
2	665 Myers, Francis	Sitka	_____
3	166 Beans-Polk, Mason	Bethel	_____
4	792 McCumby, Barrett	Valdez	_____
5	751 Shockey, Jacob	Su Valley	_____

Flight 2 of 3 Finals

1	543 Haybeck, Walter	Nikiski	_____
2	381 Gillham, Eric	Haines	_____
3	408 Gordon, Joe	Homer	_____
4	128 Oyao, Jaidhen	Anchorage Ch	_____
5	658 Elefante, Angelo	Sitka	_____

Flight 3 of 3 Finals

1	124 Igwacho, Darian	Anchorage Ch	_____
2	250 Haas, Gabe	Delta Juncti	_____
3	786 Baczuk, Andrew	Valdez	_____
4	789 Fowler, Dillon	Valdez	_____
5	159 Salley, Landen	Ben Eielson	_____
6	580 Cumps, Hendrik	Petersburg	_____

2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 6

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 47 Boys High Jump Division 2

Friday 5/19/2023 - 11:30 AM

Reg Record: 6-07.25 1983

Bruce Jackman

State Record: 6-09 2009

Ben Jackson

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 1 Finals

1	774 Randall, Cordell	Tri-Valley	_____
2	549 Quiner, Thayne	Nikiski	_____
3	793 Morris, Gavin	Valdez	_____
4	667 Olney-Miller, Rowan	Sitka	_____
5	657 Demmert, Trey	Sitka	_____
6	423 Robinson, Zane	Hutchison	_____

Event 53 Boys Discus Throw Division 2

Saturday 5/20/2023 - 11:30 AM

Reg Record: 181-06 2000

Judd Viersen

State Record: 192-07 2007

Jordan Clarke

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 3 Finals

1	790 Hastings, Griffin	Valdez	_____
2	863 McCaughey, Truit	Nikiski	_____
3	749 Harvey, Gage	Su Valley	_____
4	383 Long, Jackson	Haines	_____
5	771 Graham, Christopher	Tri-Valley	_____

Flight 2 of 3 Finals

2	131 Switzer, Elliott	Anchorage Ch	_____
3	542 Goodnight, Dalton	Nikiski	_____
4	777 Williams, Reid	Tri-Valley	_____
5	369 Stoddard, Gavin	Grace Christ	_____
6	136 Larsen, Kenneth	Anderson	_____

Flight 3 of 3 Finals

1	581 Thynes, Erik	Petersburg	_____
2	772 Jusczak, Owen	Tri-Valley	_____
3	637 Vanbuskirk, John	Seward	_____
4	381 Gillham, Eric	Haines	_____
5	466 Anglebrandt, Adam	Kenai Centra	_____
6	361 Beck, Charlie	Grace Christ	_____

Event 54 Girls Long Jump Division 2

Saturday 5/20/2023 - 12:00 PM

Reg Record: 17-02.25 1996

Rachel Jones

State Record: 19-05 2003

Janay Deloach

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 3 Finals

1	550 McCorison, Adelyn	Nililchik	_____
2	767 Mayo, Kayla	Tri-Valley	_____
3	779 Day, Destiny	Valdez	_____
4	162 Klejka, Jordan	Bethel	_____
5	154 Brannan, Teslin	Ben Eielson	_____

Flight 2 of 3 Finals

1	465 Wilson, Emilee	Kenai Centra	_____
2	355 Jackson, Hope	Grace Christ	_____
3	245 Pearson, Grace	Delta Juncti	_____
4	353 Edwards, Brenny	Grace Christ	_____
5	394 Evans, Leah	Homer	_____

Flight 3 of 3 Finals

1	582 Campbell, Mya	Redington	_____
2	374 Dryden, Mackenzy	Haines	_____
3	766 Eddington, Taylor	Tri-Valley	_____
4	643 Hall, Natalie	Sitka	_____
5	780 Kizer, Izzy	Valdez	_____
6	648 Mullin, Clare	Sitka	_____

Event 55 Girls 4x800 Meter Relay Division 2

Saturday 5/20/2023 - 10:30 AM

Reg Record: 9:28.79 2015

Nelson, Fox, McCormick, Hutchins

State Record: 9:27.39 2015

Nelson, Fox, McCormick, Hutchins

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 1 Finals

1	Anchorage Ch	A	_____
1)	#118 Timmcke, Jordan	2)	#102 Boothman, Natalie
3)	#112 Pastana, Jayda	4)	#103 Carter, Faith
5)	#117 Timmcke, Abby	6)	#114 Shankar, Paige
7)	#120 Whitesell, Liberty	8)	#107 Kronberger, Keelie
2	Sitka	A	_____
1)	#650 Prussian, Anna	2)	#645 Kubik, Jadelynn
3)	#641 Christner, Jessica	4)	#642 Dill, Marina
5)	#646 Merculief, Aliyah		
3	Redington	A	_____
1)	#586 Pike, Alexia	2)	#585 Howlett, Isabella
3)	#583 Cardoso, Saydi	4)	#584 Carroll, Annareese

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2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 7

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023 5/19/2023 to 5/20/2023 Meet Program

Event 57 Boys 4x800 Meter Relay Division 2

Saturday 5/20/2023 - 11:00 AM

Reg Record: 8:09.04 2002

Johnson, Cross, Dickson, Dickson

State Record: 7:54.39 2010

Mamikunian, Lane, Walgren, Talbot

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Valdez	A	_____
	1) #794 Smilie, Jason	2) #788 Caruthers, Rafe	
	3) #793 Morris, Gavin	4) #792 McCumby, Barrett	
	5) #790 Hastings, Griffin		
2	Homer	A	_____
	1) #411 Ostrom, Tait	2) #403 Badajos, Jai	
	3) #415 Styvar, Ethan	4) #416 Weisser, Damon	
	5) #413 Renner, Lukas	6) #410 Mershon, Jonah	
	7) #404 Boss-Harmon, Liam	8) #408 Gordon, Joe	
3	Sitka	A	_____
	1) #654 Crenna, Dylan	2) #657 Demmert, Trey	
	3) #660 Hitchcock, Connor	4) #659 Helem, James	
	5) #656 Demmert, Silas	6) #670 Weiland, Annan	
	7) #671 Young, Camden		
4	Grace Christ	A	_____
	1) #363 Garcia, Theo	2) #370 Waythomas, Tyger	
	3) #367 Pounds, Andrew	4) #366 Nelson, Simon	
	5) #365 Merriner, Colton	6) #361 Beck, Charlie	
5	Anchorage Ch	A	_____
	1) #121 Carter, Drew	2) #129 Pettit, Liam	
	3) #130 Rock, Royce	4) #125 Kronberger, Stryder	
	5) #127 Merchant, Preston	6) #132 Szepanski, Elijah	
	7) #133 Underhile, Lukas	8) #135 Warren, Nolan	
6	Delta Juncti	A	_____
	1) #253 Lansing, Anthony	2) #255 White, Anthony	
	3) #247 Blake, Ash	4) #248 Bullard, Aidan	
7	Redington	A	_____
	1) #590 Thompson, Jeremiah	2) #587 Caldwell, Zenka	
	3) #591 Turner, Wyatt	4) #589 Cowell, Dawson	
	5) #588 Campbell, Myles		

Event 63 Girls 4x200 Meter Relay Division 2

Saturday 5/20/2023 - 12:50 PM

Reg Record: 1:46.4h 2001

Cleans, nichols, McDowell, Turnbough

State Record: 1:43.12 2019

Hall, Griffin, Scherffius, Gould

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Haines	A	_____
	1) #377 Long, Grace	2) #374 Dryden, Mackenzy	
	3) #376 Godinez Long, Ari'el	4) #375 Getchell, Avari	
	5) #373 Dohrn, Emma		
2	Grace Christ	A	_____
	1) #352 Bond, Eden	2) #359 VanderHorst, MJ	
	3) #355 Jackson, Hope	4) #353 Edwards, Brenny	
	5) #357 McKay, Abigail	6) #354 Jackson, Diana	
3	Kenai Centra	A	_____
	1) #460 Hershberger, Sierra	2) #458 Graves, Cara	
	3) #459 Grieme, Malena	4) #464 Tapley, Sophie	
	5) #463 Nunn, Malerie		
4	Sitka	A	_____
	1) #640 Chong, Deszerei	2) #645 Kubik, Jadelynn	
	3) #651 Trigg, Hayla	4) #644 Heuer, Emma	
	5) #647 Moore, Adalyna	6) #643 Hall, Natalie	
5	Homer	A	_____
	1) #398 Lurus, Jasmine	2) #402 Thoning, Brightly	
	3) #396 Im, Immi	4) #401 Prescott, Alana	
	5) #390 Carroll, Cassidy	6) #392 Dalke, Talli	
	7) #394 Evans, Leah		
6	Monroe Catho	A	_____
	1) #533 Simard, Anya	2) #535 Turiel, Trinity	
	3) #531 Collins, Kaylee	4) #532 Cortez, Emersyn	
	5) #537 Wilkerson, Miranda		
7	Su Valley	A	_____
	1) #741 Bedingfield, Heidi	2) #745 Keenan, Eilish	
	3) #742 Cole, Violet	4) #746 Taala, Qmia	
	5) #743 Drover, Andi		
8	Bethel	A	_____
	1) #163 Komulainen, Maya	2) #164 Pellumbi, Vjosa	
	3) #160 Alexie, Allie	4) #161 Jang, Jisu	

2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 8

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 65 Boys 4x200 Meter Relay Division 2

Saturday 5/20/2023 - 1:15 PM

Reg Record: 1:30.47 2000

Anderson, Collins, Schartz, Foster

State Record: 1:28.5h 1982

Ingram, Robinson, Myles, Pennino

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sitka	A	_____
	1) #661 Hutton, Caleb	2) #666 Olney-Miller, Dezi	
	3) #668 Prussian, Calder	4) #671 Young, Camden	
	5) #653 Adres, Rex	6) #654 Crenna, Dylan	
	7) #655 Davis, David	8) #662 Leach, Matthew	
2	Ben Eielson	A	_____
	1) #157 Johnson, Elijah	2) #158 Maughan, Cayden	
	3) #156 Drayton, Mitchell	4) #155 Alvarado, Niko	
	5) #159 Salley, Landen		
3	Kenai Centra	A	_____
	1) #474 McRorie, Daniel	2) #471 Hayes, Robert	
	3) #470 Hayes, Ransom	4) #468 Graves, Reagan	
	5) #477 Swain, Davion	6) #467 Fallon, Gregory	
4	Valdez	A	_____
	1) #789 Fowler, Dillon	2) #791 Mann, Anthony	
	3) #785 Alfaro, Nicolas	4) #786 Baczuk, Andrew	
	5) #794 Smilie, Jason		
5	Anchorage Ch	A	_____
	1) #126 Melanis, Sean	2) #133 Underhile, Lukas	
	3) #134 Underhile, Trenton	4) #128 Oyao, Jaidhen	
	5) #122 Duchatellier, Serge	6) #132 Szepanski, Elijah	
	7) #129 Pettit, Liam	8) #121 Carter, Drew	
6	Nikiski	A	_____
	1) #544 Hemphill, James	2) #545 Horiyasu, Taisei	
	3) #543 Haybeck, Walter	4) #549 Quiner, Thayne	
	5) #547 Mullins, Dwight		
7	Su Valley	A	_____
	1) #751 Shockey, Jacob	2) #748 Bettes, Ethan	
	3) #747 Barry, Ryland	4) #750 Kingery, Caymen	
	5) #749 Harvey, Gage		
8	Bethel	A	_____
	1) #166 Beans-Polk, Mason	2) #171 Smith, Sheldon	
	3) #168 Jimmie, Anson	4) #167 Jang, Daniel	
	5) #169 Pellumbi, Drini		

Event 67 Girls 1600 Meter Run Division 2

Saturday 5/20/2023 - 1:33 PM

Reg Record: 4:48.32 2015

Allie Ostrander

State Record: 4:48.31 2015

Allie Ostrander

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	648 Mullin, Clare	Sitka	_____
2	650 Prussian, Anna	Sitka	_____
3	642 Dill, Marina	Sitka	_____
4	376 Godinez Long, Ari'el	Haines	_____
5	103 Carter, Faith	Anchorage Ch	_____
6	457 Boonstra, Jayna	Kenai Centra	_____
7	624 Guernsey, Aly	Seward	_____
8	346 Gerlach, Brynna	Glennallen	_____
9	389 Booz, Clairra	Homer	_____
10	628 Van Buskirk, Katie	Seward	_____
11	537 Wilkerson, Miranda	Monroe Catho	_____
12	744 Fish, Calla	Su Valley	_____
13	344 Abbott, Kayla	Glennallen	_____
14	241 Anderson, Alora	Delta Juncti	_____
15	358 Rinner, Tagan	Grace Christ	_____
16	102 Boothman, Natalie	Anchorage Ch	_____

Event 69 Boys 1600 Meter Run Division 2

Saturday 5/20/2023 - 1:53 PM

Reg Record: 4:14.02 2015

Levi Thomet

State Record: 4:12.17 2015

Levi Thomet

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	409 McDonough, Seamus	Homer	_____
2	368 Sliwinski, David	Grace Christ	_____
3	360 Annett, Robbie	Grace Christ	_____
4	127 Merchant, Preston	Anchorage Ch	_____
5	365 Merriner, Colton	Grace Christ	_____
6	656 Demmert, Silas	Sitka	_____
7	379 Davis, Luke	Haines	_____
8	660 Hitchcock, Connor	Sitka	_____
9	657 Demmert, Trey	Sitka	_____
10	788 Caruthers, Rafe	Valdez	_____
11	248 Bullard, Aidan	Delta Juncti	_____
12	670 Weiland, Annan	Sitka	_____
13	659 Helem, James	Sitka	_____
14	170 Peters, Ned	Bethel	_____
15	351 Severs, Andrew	Glennallen	_____
16	367 Pounds, Andrew	Grace Christ	_____

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2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 9

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 71 Girls 4x100 Meter Relay Division 2

Saturday 5/20/2023 - 2:15 PM

Reg Record: 51.03 2001

Clemans, Turnbough, Nichols, McDowell

State Record: 49.12 2019

Hall, Griffin, Scherffius, Gould

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Anchorage Ch	A	_____
	1) #113 Scott, DiMena	2) #101 Anderson, Elizabeth	
	3) #115 Siatini, Jieaya	4) #109 Layton, Amaliah	
	5) #104 Friesen, Gifty	6) #119 Whitesell, Emily	
	7) #108 Land, Ruthie	8) #105 Gunderson, Makayla	
2	Valdez	A	_____
	1) #781 Palomar, Anika	2) #782 Prax, Kelsey	
	3) #779 Day, Destiny	4) #780 Kizer, Izzy	
	5) #783 Smelcer, Isabella		
3	Tri-Valley	A	_____
	1) #765 Eddington, McKinley	2) #769 VanDeventer, Ellie	
	3) #767 Mayo, Kayla	4) #766 Eddington, Taylor	
	5) #770 Wappel, Iris	6) #764 Brown, Isabel	
4	Kenai Centra	A	_____
	1) #460 Hershberger, Sierra	2) #465 Wilson, Emilee	
	3) #459 Grieme, Malena	4) #464 Tapley, Sophie	
	5) #458 Graves, Cara	6) #463 Nunn, Malerie	
5	Sitka	A	_____
	1) #640 Chong, Deszerei	2) #651 Trigg, Hayla	
	3) #652 White, Gwen	4) #647 Moore, Adalyna	
	5) #643 Hall, Natalie	6) #645 Kubik, Jadelynn	
6	Seward	A	_____
	1) #623 Dow, Stella	2) #625 Hartman, Jordan	
	3) #627 Norvell, Kate	4) #629 Wilder, Esme	
	5) #622 Cronin, Robin		
7	Monroe Catho	A	_____
	1) #531 Collins, Kaylee	2) #534 Sterner, Nora	
	3) #535 Turiel, Trinity	4) #532 Cortez, Emersyn	
	5) #533 Simard, Anya		
8	Bethel	A	_____
	1) #163 Komulainen, Maya	2) #164 Pellumbi, Vjosa	
	3) #160 Alexie, Allie	4) #161 Jang, Jisu	

Event 74 Boys 4x100 Meter Relay Division 2

Saturday 5/20/2023 - 3:01 PM

Reg Record: 43.91 2000

Anderson, Collins, Shartz, Foster

State Record: 43.24 2018

Henderson, Haynes, Wilson, Suber

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Delta Juncti	A	_____
	1) #252 Klein, Aidan	2) #254 Stockwell, Cutter	
	3) #249 Clark, LJ	4) #250 Haas, Gabe	
	5) #251 Hicks, Orrin		
2	Seward	A	_____
	1) #635 Senecal, Jerick	2) #630 Bickling, Ronan	
	3) #634 Schrock, Gideon	4) #631 Cross, Emerson	
	5) #637 Vanbuskirk, John		
3	Kenai Centra	A	_____
	1) #474 McRorie, Daniel	2) #471 Hayes, Robert	
	3) #470 Hayes, Ransom	4) #468 Graves, Reagan	
	5) #477 Swain, Davion	6) #467 Fallon, Gregory	
4	Anchorage Ch	A	_____
	1) #126 Melanis, Sean	2) #128 Oyao, Jaidhen	
	3) #134 Underhile, Trenton	4) #124 Igwacho, Darian	
	5) #132 Szepanski, Elijah	6) #123 Earhart, Ryan	
	7) #129 Pettit, Liam	8) #122 Duchatellier, Serge	
5	Valdez	A	_____
	1) #786 Baczuk, Andrew	2) #791 Mann, Anthony	
	3) #785 Alfaro, Nicolas	4) #794 Smilie, Jason	
	5) #790 Hastings, Griffin	6) #793 Morris, Gavin	
6	Sitka	A	_____
	1) #653 Adres, Rex	2) #668 Prussian, Calder	
	3) #662 Leach, Matthew	4) #661 Hutton, Caleb	
	5) #655 Davis, David	6) #654 Crenna, Dylan	
	7) #671 Young, Camden	8) #658 Elefante, Angelo	
7	Tri-Valley	A	_____
	1) #775 Renshaw, Michael	2) #774 Randall, Cordell	
	3) #776 Wahlin, Jack	4) #777 Williams, Reid	
	5) #773 Lucas, Wyatt	6) #772 Juscak, Owen	
8	Bethel	A	_____
	1) #166 Beans-Polk, Mason	2) #171 Smith, Sheldon	
	3) #168 Jimmie, Anson	4) #167 Jang, Daniel	
	5) #169 Pellumbi, Drini		

2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 10

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023 5/19/2023 to 5/20/2023 Meet Program

Event 77 Girls 4x400 Meter Relay Division 2

Saturday 5/20/2023 - 5:35 PM

Reg Record: 4:09.88 2009

Louthan, DeVito, Beeson, Flanagan

State Record: 4:01.72 2010

Sandahl, DeVito, Beeson, Flannagan

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Seward	A	_____
	1) #624 Guernsey, Aly	2) #628 Van Buskirk, Katie	
	3) #627 Norvell, Kate	4) #626 Ingalls, Juniper	
2	Haines	A	_____
	1) #375 Getchell, Avari	2) #377 Long, Grace	
	3) #376 Godinez Long, Ari'el	4) #374 Dryden, Mackenzy	
3	Sitka	A	_____
	1) #650 Prussian, Anna	2) #642 Dill, Marina	
	3) #643 Hall, Natalie	4) #648 Mullin, Clare	
	5) #645 Kubik, Jadelynn	6) #652 White, Gwen	
4	Homer	A	_____
	1) #395 Field, Eryn	2) #399 McDonough, Beatrix	
	3) #402 Thoning, Brightly	4) #400 Miotke, Gracie	
	5) #397 Keintz, Natalie	6) #396 Im, Immi	
	7) #389 Booz, Clairra	8) #390 Carroll, Cassidy	
5	Tri-Valley	A	_____
	1) #767 Mayo, Kayla	2) #769 VanDeventer, Ellie	
	3) #763 Brannen, Florence	4) #770 Wappel, Iris	
	5) #764 Brown, Isabel		
6	Kenai Centra	A	_____
	1) #458 Graves, Cara	2) #460 Hershberger, Sierra	
	3) #461 Kahn, Grace	4) #457 Boonstra, Jayna	
	5) #463 Nunn, Malerie		
7	Glennallen	A	_____
	1) #344 Abbott, Kayla	2) #350 Sutherland, Raylie	
	3) #347 Korth, Chisana	4) #346 Gerlach, Brynna	
	5) #348 Ranck, Mia		
8	Delta Juncti	A	_____
	1) #241 Anderson, Alora	2) #243 Millette, Baylee	
	3) #245 Pearson, Grace	4) #242 Haas, Iris	
	5) #244 Owen, Shelbie		

Event 79 Boys 4x400 Meter Relay Division 2

Saturday 5/20/2023 - 5:55 PM

Reg Record: 3:29.20 2000

Shugak, Smith, Libby, Meier

State Record: 3:23.6h 1982

Singelton, Perham, Stephens, Brownsberger

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Anchorage Ch	A	_____
	1) #125 Kronberger, Stryder	2) #127 Merchant, Preston	
	3) #129 Pettit, Liam	4) #133 Underhile, Lukas	
	5) #132 Szepanski, Elijah	6) #121 Carter, Drew	
	7) #130 Rock, Royce	8) #122 Duchatellier, Serge	
2	Sitka	A	_____
	1) #666 Olney-Miller, Dezi	2) #654 Crenna, Dylan	
	3) #670 Weiland, Annan	4) #671 Young, Camden	
	5) #656 Demmert, Silas	6) #655 Davis, David	
	7) #657 Demmert, Trey	8) #665 Myers, Francis	
3	Homer	A	_____
	1) #405 Dax, Lukyan	2) #410 Mershon, Jonah	
	3) #414 Seneff, Lance	4) #409 McDonough, Seamus	
	5) #407 Gordon, Elijah	6) #403 Badajos, Jai	
	7) #416 Weisser, Damon	8) #411 Ostrom, Tait	
4	Grace Christ	A	_____
	1) #365 Merriner, Colton	2) #360 Annett, Robbie	
	3) #368 Sliwinski, David	4) #362 Daggett, Geremu	
	5) #366 Nelson, Simon	6) #363 Garcia, Theo	
5	Haines	A	_____
	1) #381 Gillham, Eric	2) #380 Doddridge, Koa	
	3) #386 Swaner, Phoenix	4) #379 Davis, Luke	
	5) #387 Wald, Leo	6) #384 McClurg, Seth	
6	Valdez	A	_____
	1) #789 Fowler, Dillon	2) #794 Smilie, Jason	
	3) #792 McCumby, Barrett	4) #785 Alfaro, Nicolas	
	5) #791 Mann, Anthony		
7	Kenai Centra	A	_____
	1) #474 McRorie, Daniel	2) #471 Hayes, Robert	
	3) #473 Laker, Jack	4) #467 Fallon, Gregory	
	5) #475 Perez, Tony	6) #476 Riggie, Irving	
8	Seward	A	_____
	1) #633 Hill, Paxton	2) #630 Bickling, Ronan	
	3) #631 Cross, Emerson	4) #634 Schrock, Gideon	
	5) #636 Trobaugh, Oliver	6) #632 Deel, Ozzy	

Event 83 Girls Shot Put Division 2

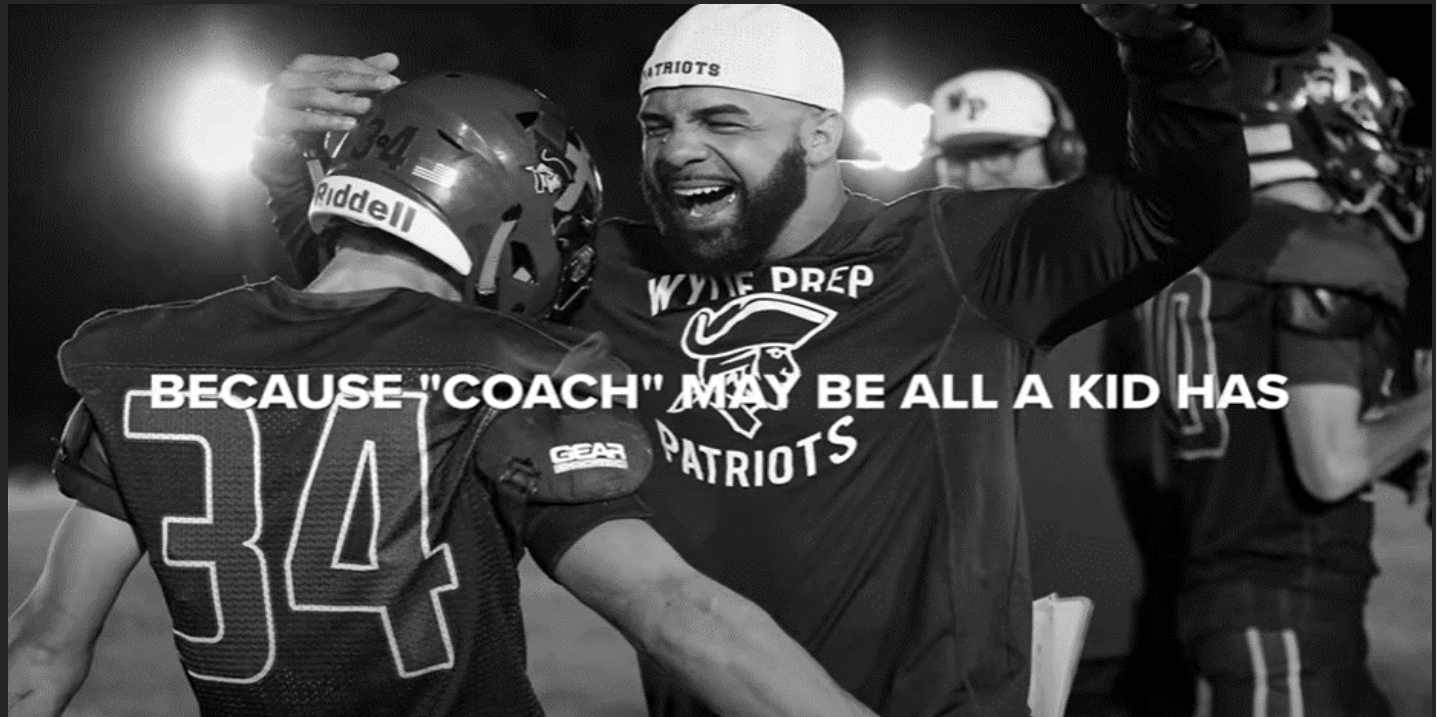
Saturday 5/20/2023 - 11:30 AM

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	165 Simon, Malinda	Bethel	_____
2	629 Wilder, Esme	Seward	_____
3	576 Enriquez, Myah	Petersburg	_____
4	391 Cress, Auden	Homer	_____
5	784 Togagae, Momoe	Valdez	_____

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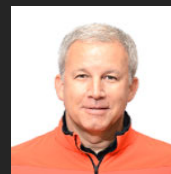
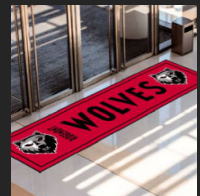




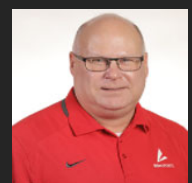
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2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 1

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 2 Girls High Jump Division 2

Friday 5/19/2023 - 9:00 AM

Pos	Name	School	Seed	Mark
Flight 1 of 1 Finals				
1	371 Johnson, Molly	Gustavus		_____
2	770 Wappel, Iris	Tri-Valley		_____
3	115 Siatini, Jieaya	Anchorage Ch		_____
4	392 Dalke, Talli	Homer		_____
5	418 Greene, Grace	Hutchison		_____
6	402 Thoning, Brightly	Homer		_____
7	582 Campbell, Mya	Redington		_____
8	536 Walsh, Emma	Monroe Catho		_____
9	769 VanDeventer, Ellie	Tri-Valley		_____

Event 5 Boys Triple Jump Division 2

Friday 5/19/2023 - 1:30 PM

Reg Record: 47-02.50 2017

Brandon Nicholson

State Record: 46-07 2017

Brandon Nicholson

Pos	Name	School	Seed	Mark
Flight 1 of 3 Finals				
1	380 Doddridge, Koa	Haines		_____
2	423 Robinson, Zane	Hutchison		_____
3	252 Klein, Aidan	Delta Juncti		_____
4	777 Williams, Reid	Tri-Valley		_____
5	547 Mullins, Dwight	Nikiski		_____
Flight 2 of 3 Finals				
1	655 Davis, David	Sitka		_____
2	785 Alfaro, Nicolas	Valdez		_____
3	664 Myers, Felix	Sitka		_____
4	588 Campbell, Myles	Redington		_____
5	658 Elefante, Angelo	Sitka		_____
Flight 3 of 3 Finals				
1	580 Cumps, Hendrik	Petersburg		_____
2	792 McCumby, Barrett	Valdez		_____
3	414 Seneff, Lance	Homer		_____
4	408 Gordon, Joe	Homer		_____
5	135 Warren, Nolan	Anchorage Ch		_____
6	665 Myers, Francis	Sitka		_____

Event 6 Girls Discus Throw Division 2

Friday 5/19/2023 - 9:15 AM

Reg Record: 151-10 1997

Jenny Luer

State Record: 143-02 1997

Jenny Luer

Pos	Name	School	Prelims
Flight 1 of 3 Finals			
1	111 Moe, Marilyn	Anchorage Ch	ND _____
2	372 Wagner, Madeline	Gustavus	ND _____
3	419 Hacker, Miranda	Hutchison	ND _____
4	576 Enriquez, Myah	Petersburg	ND _____
5	462 Miller, Ellsi	Kenai Centra	ND _____

Flight 2 of 3 Finals

1	356 Lentfer, Brook	Grace Christ	ND _____
2	115 Siatini, Jieaya	Anchorage Ch	ND _____
3	527 Warren, Amara	Lumen Christ	ND _____
4	165 Simon, Malinda	Bethel	ND _____
5	638 Alley-Jarquin, Kanen	Sitka	ND _____
6	540 McCaughey, Leora	Nikiski	ND _____

Flight 3 of 3 Finals

1	784 Togagae, Momoe	Valdez	ND _____
2	456 Beck, Emma	Kenai Centra	ND _____
3	373 Dohrn, Emma	Haines	ND _____
4	530 Chernich, Nadia	Monroe Catho	ND _____
5	586 Pike, Alexia	Redington	ND _____
6	391 Cress, Auden	Homer	ND _____

Event 8 Girls 3200 Meter Run Division 2

Friday 5/19/2023 - 11:00 AM

Reg Record: 9:58.74 2015

Allie Ostrander

State Record: 10:09.73 2015

Allie Ostrander

Lane	Name	School	Seed	Time
Section 1 of 1 Finals				
1	650 Prussian, Anna	Sitka		_____
2	457 Boonstra, Jayna	Kenai Centra		_____
3	583 Cardoso, Saydi	Redington		_____
4	346 Gerlach, Brynna	Glennallen		_____
5	624 Guernsey, Aly	Seward		_____
6	628 Van Buskirk, Katie	Seward		_____
7	537 Wilkerson, Miranda	Monroe Catho		_____
8	744 Fish, Calla	Su Valley		_____
9	241 Anderson, Alora	Delta Juncti		_____
10	646 Mercurief, Aliyah	Sitka		_____
11	344 Abbott, Kayla	Glennallen		_____
12	389 Booz, Clairra	Homer		_____
13	577 Lister, Kinley	Petersburg		_____
14	626 Ingalls, Juniper	Seward		_____
15	117 Timmcke, Abby	Anchorage Ch		_____
16	118 Timmcke, Jordan	Anchorage Ch		_____

2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 2

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 10 Boys 3200 Meter Run Division 2

Friday 5/19/2023 - 11:50 AM

Reg Record: 9:02.39 2015

Levi Thomet

State Record: 8:52.53 2021

Tristan Merchant

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	409 McDonough, Seamus	Homer	_____
2	368 Sliwinski, David	Grace Christ	_____
3	127 Merchant, Preston	Anchorage Ch	_____
4	656 Demmert, Silas	Sitka	_____
5	360 Annett, Robbie	Grace Christ	_____
6	660 Hitchcock, Connor	Sitka	_____
7	366 Nelson, Simon	Grace Christ	_____
8	170 Peters, Ned	Bethel	_____
9	659 Helem, James	Sitka	_____
10	415 Styvar, Ethan	Homer	_____
11	351 Severs, Andrew	Glennallen	_____
12	382 Hansen, Andrew	Haines	_____
13	367 Pounds, Andrew	Grace Christ	_____
14	403 Badajos, Jai	Homer	_____
15	788 Caruthers, Rafe	Valdez	_____
16	248 Bullard, Aidan	Delta Juncti	_____

Event 13 Girls Triple Jump Division 2

Friday 5/19/2023 - 11:00 AM

Reg Record: 36-06.25 1996

Rachel Jones

State Record: 38-10.50 2012

Alisha Allen

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	461 Kahn, Grace	Kenai Centra	_____
2	377 Long, Grace	Haines	_____
3	102 Boothman, Natalie	Anchorage Ch	_____
4	116 Slaughenhoup, Lily	Anchorage Ch	_____
5	578 Pawuk, Anya	Petersburg	_____
Flight 2 of 3 Finals			
1	767 Mayo, Kayla	Tri-Valley	_____
2	586 Pike, Alexia	Redington	_____
3	582 Campbell, Mya	Redington	_____
4	782 Prax, Kelsey	Valdez	_____
5	463 Nunn, Malerie	Kenai Centra	_____
Flight 3 of 3 Finals			
1	465 Wilson, Emilee	Kenai Centra	_____
2	162 Klejka, Jordan	Bethel	_____
3	649 Parker, Ada	Sitka	_____
4	781 Palomar, Anika	Valdez	_____
5	374 Dryden, Mackenzy	Haines	_____
6	641 Christner, Jessica	Sitka	_____

Event 15 Boys Shot Put Division 2

Friday 5/19/2023 - 12:15 PM

Reg Record: 55-03 1996

Josh Coleman

State Record: 71-03 2008

Jordan Clarke

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	417 Hawes, Gage	Houston	_____
2	669 Richards, Edward	Sitka	_____
3	469 Guest, Kane	Kenai Centra	_____
4	137 Price, Robert	Anderson	_____
5	790 Hastings, Griffin	Valdez	_____
Flight 2 of 3 Finals			
1	787 Brewi, Gabe	Valdez	_____
2	748 Bettes, Ethan	Su Valley	_____
3	857 Endicott, Magnus	Yakutat	_____
4	542 Goodnight, Dalton	Nikiski	_____
5	541 Brankel, Drake	Nikiski	_____
Flight 3 of 3 Finals			
1	858 Petersen, Dylan	Yakutat	_____
2	548 Porter, Braeden	Nikiski	_____
3	863 McCaughey, Truit	Nikiski	_____
4	361 Beck, Charlie	Grace Christ	_____
5	466 Anglebrandt, Adam	Kenai Centra	_____
6	131 Switzer, Elliott	Anchorage Ch	_____

Event 16 Girls 100 Meter Hurdles Division 2

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 12:50 PM

Reg Record: 15.24 2001

Janna Schaafsma

State Record: 14.82 2011

Rosie Smith

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	246 Thomas, Gabi	Delta Juncti	_____
2	584 Carroll, Annareese	Redington	_____
3	154 Brannan, Teslin	Ben Eielson	_____
4	765 Eddington, McKinley	Tri-Valley	_____
5	400 Miotke, Gracie	Homer	_____
6	420 Meyer, Lucie	Hutchison	_____
7	643 Hall, Natalie	Sitka	_____
8	534 Sterner, Nora	Monroe Catho	_____
Heat 2 of 2 Prelims			
1	357 McKay, Abigail	Grace Christ	_____
2	623 Dow, Stella	Seward	_____
3	418 Greene, Grace	Hutchison	_____
4	355 Jackson, Hope	Grace Christ	_____
5	359 VanderHorst, MJ	Grace Christ	_____
6	394 Evans, Leah	Homer	_____
7	764 Brown, Isabel	Tri-Valley	_____
8	579 Sakamoto Quezon, Alexu	Petersburg	_____

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2023 ASAA TRACK & FIELD STATE DII MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 11

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Flight 2 of 3 Finals...(Event 83 Girls Shot Put Division 2)

1	356 Lentfer, Brook	Grace Christ	_____
2	110 Matthew, Kate	Anchorage Ch	_____
3	586 Pike, Alexia	Redington	_____
4	639 Brady, Elise	Sitka	_____
5	578 Pawuk, Anya	Petersburg	_____

Flight 3 of 3 Finals

1	115 Siatini, Jieaya	Anchorage Ch	_____
2	372 Wagner, Madeline	Gustavus	_____
3	550 McCorison, Adelyn	Ninilchik	_____
4	378 Stickler, Gracie	Haines	_____
5	456 Beck, Emma	Kenai Centra	_____
6	373 Dohm, Emma	Haines	_____





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2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 1

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023 5/19/2023 to 5/20/2023

Meet Program

Event 1 Girls High Jump Division 1

Friday 5/19/2023 - 11:30 AM

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	837 Langley, Hazel	West Valley	_____
2	189 Moore, Emily	Chugiak	_____
3	800 Hafen, McKinley	Wasilla	_____
4	212 Matthews, Malia	Colony	_____
5	214 McCann, Shaelyn	Colony	_____
6	719 White, Rachael	South Anchor	_____
7	222 Stephens-Favand, Oceana	Colony	_____
8	755 Welling, Mallory	Thunder Moun	_____
9	256 Breitenstein, Alyssa	Dimond	_____
10	261 Fagerstrom, Delaney	Dimond	_____
11	566 Johnson, Avery	Palmer	_____
12	506 Hale, Sophie	Lathrop	_____
13	215 McIntosh, Rylee	Colony	_____
14	263 Johnson, Lilah	Dimond	_____
15	515 Tansy, Ruby	Lathrop	_____
16	682 Morrison, Katelyn	Soldotna	_____
17	175 Bodkin, Hannah	Chugiak	_____

Event 4 Girls Long Jump Division 1

Saturday 5/20/2023 - 9:00 AM

Pos	Name	School	Seed Mark
Reg Record: 17-02.25 1996 Rachel Jones			
State Record: 19-05 2003 Janae Deloach			
Flight 1 of 3 Finals			
1	563 Alverts, Lydia	Palmer	_____
2	505 Foster, Annebelle	Lathrop	_____
3	799 Frizzelle, Kichelle	Wasilla	_____
4	261 Fagerstrom, Delaney	Dimond	_____
5	800 Hafen, McKinley	Wasilla	_____
Flight 2 of 3 Finals			
1	682 Morrison, Katelyn	Soldotna	_____
2	182 Jensen, Samantha	Chugiak	_____
3	517 Walker, Havilah	Lathrop	_____
4	603 Zych, Emilia	Service	_____
5	299 Pederson, Isabella	Eagle River	_____
Flight 3 of 3 Finals			
1	753 Baxter, Kerra	Thunder Moun	_____
2	752 Baxter, Cailynn	Thunder Moun	_____
3	188 Moffett, Finley	Chugiak	_____
4	298 Okorodudu, Gabrielle	Eagle River	_____
5	711 King, Makaylen	South Anchor	_____
6	259 Dittman, Sarah	Dimond	_____

Event 7 Boys Shot Put Division 1

Friday 5/19/2023 - 9:30 AM

Pos	Name	School	Seed Mark
Reg Record: 55-03 1996 Josh Coleman			
State Record: 71-03 2008 Jordon Clarke			
Flight 1 of 3 Finals			
1	276 Anunciacion, Rylan	Dimond	_____
2	504 Timu, Tino	Kodiak	_____
3	231 McNulty, Ethan	Colony	_____
4	235 Phelps, Kenton	Colony	_____
5	735 Nicholson, Evan	South Anchor	_____
Flight 2 of 3 Finals			
1	701 Tuisaula, Ala	Soldotna	_____
2	825 Falealo, Sone	West Anchora	_____
3	329 Bushnell, Eric	East Anchora	_____
4	332 Lane, George	East Anchora	_____
5	561 Connolly, Noah	North Pole	_____
6	484 Colbert, Trey	Ketchikan	_____
Flight 3 of 3 Finals			
1	696 Miller, Luke	Soldotna	_____
2	810 Kolomeychuk, Eric	Wasilla	_____
3	699 Steger, Kevin	Soldotna	_____
4	490 Bautista, Aron	Kodiak	_____
5	228 Holladay, Benjemin	Colony	_____
6	140 Alailefaleula, Deuce	Bartlett	_____

Event 9 Girls 3200 Meter Run Division 1

Friday 5/19/2023 - 11:25 AM

Lane	Name	School	Seed Time
Reg Record: 9:58.74 2015 Allie Ostrander			
State Record: 10:09.73 2015 Allie Ostrander			
Section 1 of 1 Finals			
1	191 Peterson, Campbell	Chugiak	_____
2	431 Meyer, Ida	Juneau-Dougl	_____
3	211 Hopkins, Ella	Colony	_____
4	192 Shaha, Hannah	Chugiak	_____
5	434 Ricke, Pacific	Juneau-Dougl	_____
6	186 Macy, Allison	Chugiak	_____
7	426 Eller, Etta	Juneau-Dougl	_____
8	717 Stiassny, Mia	South Anchor	_____
9	714 Miller, Robyn	South Anchor	_____
10	680 Jedlicki, Sophia	Soldotna	_____
11	672 Boonstra, Tania	Soldotna	_____
12	436 Tuckwood, Rayna	Juneau-Dougl	_____
13	220 Shea, Lucy	Colony	_____
14	294 Gray, Linnea	Eagle River	_____
15	820 Meyers, Berit	West Anchora	_____
16	834 Baesman, Isabel	West Valley	_____

2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 2

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

Meet Program

Event 11 Boys 3200 Meter Run Division 1

Friday 5/19/2023 - 12:15 PM
Reg Record: 8:56.86 2021 Tristan Merchant
State Record: 8:52.53 2021 Tristan Merchant

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	237 Rongitsch, Matthew	Colony	_____
2	725 Boyer, Blaise	South Anchor	_____
3	331 Howe, Ethan	East Anchora	_____
4	830 Soberay, Dylan	West Anchora	_____
5	728 Flagstad, Vebjorn	South Anchor	_____
6	302 Michener, Henry	Eagle River	_____
7	453 Vera Alvarado, Edgar	Juneau-Dougl	_____
8	224 Buchanan, Tobias	Colony	_____
9	497 Litzow, Elias	Kodiak	_____
10	450 Reed, Joshua	Juneau-Dougl	_____
11	827 Hanley, Blake	West Anchora	_____
12	608 Knickerbocker, Levi	Service	_____
13	307 Vander Lugt, Nathan	Eagle River	_____
14	730 Henrie, Jaxon	South Anchor	_____
15	202 Larson, Parker	Chugiak	_____
16	854 Vonnahme, Cirdan	West Valley	_____

Event 12 Boys Long Jump Division 1

Saturday 5/20/2023 - 12:00 PM
Reg Record: 23-11.50 1987 Bruce Jackman
State Record: 23-00 1997 Dereck Ladson

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	148 Mejia, Theo	Bartlett	_____
2	562 Cooper, Devin	North Pole	_____
3	205 Williams, Elijah	Chugiak	_____
4	236 Robles, Jeriel	Colony	_____
5	519 Augustine, Aijon	Lathrop	_____
Flight 2 of 3 Finals			
1	150 Owens-Player, A'Lante	Bartlett	_____
2	225 Cayson, Christopher	Colony	_____
3	756 Darbonne, Chase	Thunder Moun	_____
4	485 Lorig, Jason	Ketchikan	_____
5	149 Nevitte, Marquez	Bartlett	_____
Flight 3 of 3 Finals			
1	234 Nash, Jack	Colony	_____
2	240 Underwood, Jayce	Colony	_____
3	833 Zamora, Willie	West Anchora	_____
4	201 Larsen, Anders	Chugiak	_____
5	829 Sanchez, Ariel	West Anchora	_____
6	522 George, Peyton	Lathrop	_____

Event 14 Girls Discus Throw Division 1

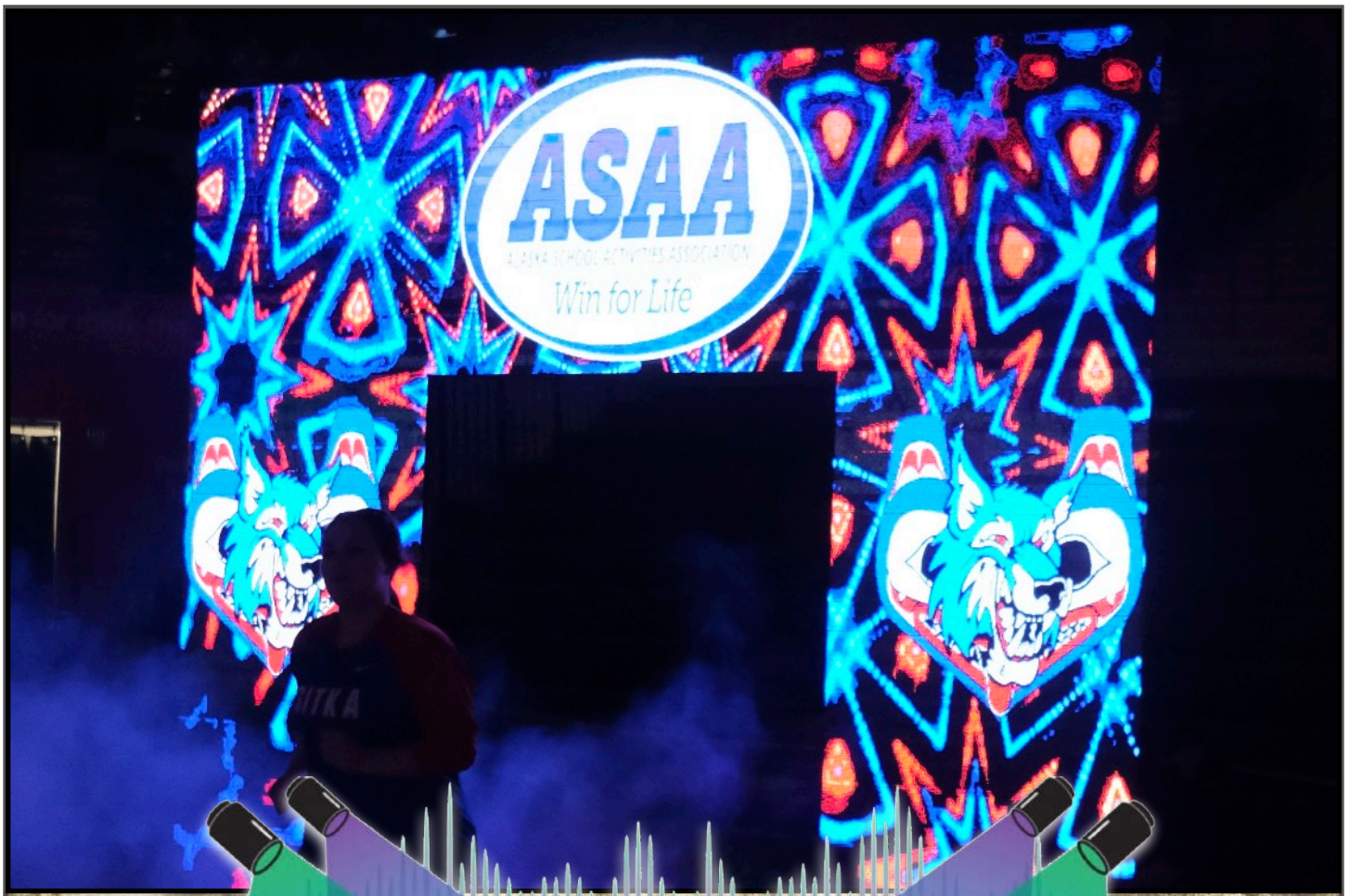
Friday 5/19/2023 - 11:00 AM
Reg Record: 151-10 1997 Jenny Luer
State Record: 143-02 1997 Jenny Luer

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	213 McCann, Mia	Colony	_____
2	798 Christensen, Mia	Wasilla	_____
3	554 Kado, Taylor	North Pole	_____
4	478 Biagi, Julia	Ketchikan	_____
5	295 Lathrop, Moira	Eagle River	_____
Flight 2 of 3 Finals			
1	795 Bodle, Dominique	Wasilla	_____
2	217 Ousley, Calista	Colony	_____
3	819 Mata, Josephine	West Anchora	_____
4	816 Koko, Mona	West Anchora	_____
5	300 Stantus, Sarah	Eagle River	_____
Flight 3 of 3 Finals			
1	814 Brown, Norah	West Anchora	_____
2	801 Hays, Layla	Wasilla	_____
3	299 Pederson, Isabella	Eagle River	_____
4	712 Lobe, Liberty	South Anchor	_____
5	679 Innes, Juliet	Soldotna	_____
6	193 Williams, Shayvon	Chugiak	_____

Event 17 Girls 100 Meter Hurdles Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times
Friday 5/19/2023 - 1:00 PM
Reg Record: 15.24 2001 Janna Schaafsma
State Record: 14.82 2011 Rosie Smith

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	677 Fischer, Hallie	Soldotna	_____
2	176 Burrill, Audra	Chugiak	_____
3	682 Morrison, Katelyn	Soldotna	_____
4	755 Welling, Mallory	Thunder Moun	_____
5	315 Frydrychova, Magdalena	East Anchora	_____
6	488 Blanco, Jisselle	Kodiak	_____
7	219 Sanchez, Isabella	Colony	_____
8	209 Colwell, Hope	Colony	_____
Heat 2 of 2 Prelims			
1	507 Haussman, Rachel	Lathrop	_____
2	676 Chavarria, Angelina	Soldotna	_____
3	185 Kruchoski, Ellen	Chugiak	_____
4	321 Mamae, Olyvia	East Anchora	_____
5	711 King, Makaylen	South Anchor	_____
6	813 Beagle, Karsen	West Anchora	_____
7	481 Loretan, Linnea	Ketchikan	_____
8	555 Kingry, Raegan	North Pole	_____



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2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 3

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

Meet Program

Event 19 Boys 110 Meter Hurdles Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 1:25 PM

Reg Record: 14.5h 1994 Doug Pike

State Record: 14.47 2021 Logan Mathieu

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	757 Hightower, Finley	Thunder Moun	_____
2	238 Swanson, Kodi	Colony	_____
3	498 Macapugay, Matthew	Kodiak	_____
4	306 Szewczyk Jr, Alan	Eagle River	_____
5	690 Faircloth, Wyatt	Soldotna	_____
6	145 Guzman, Zuriel	Bartlett	_____
7	143 Foss, Hayden	Bartlett	_____
8	308 Watson, Matthew	Eagle River	_____

Heat 2 of 2 Prelims

1	229 Jamison, Trevor	Colony	_____
2	694 Klein, William	Soldotna	_____
3	142 Drake, Tyler	Bartlett	_____
4	805 Campbell, Deshawn	Wasilla	_____
5	502 Silva, Manuel	Kodiak	_____
6	445 Johns, Caden	Juneau-Dougl	_____
7	727 Douyon, Isaiah	South Anchor	_____
8	559 Bixler, Jackson	North Pole	_____

Event 21 Girls 100 Meter Dash Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 1:45 PM

Reg Record: 12.63 2016 Tanner Ealum

State Record: 11.8h 1981 Starlett Jackson

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	513 Pletnikoff, Anastasia	Lathrop	_____
2	298 Okorodudu, Gabrielle	Eagle River	_____
3	218 Riese, Kathleen	Colony	_____
4	753 Baxter, Kerra	Thunder Moun	_____
5	752 Baxter, Cailynn	Thunder Moun	_____
6	835 Fields, Layla	West Valley	_____
7	797 Carter, Caelynn	Wasilla	_____
8	821 Sallah, Fatou	West Anchora	_____

Heat 2 of 2 Prelims

1	709 Green, Anna	South Anchor	_____
2	674 Brown, Sarah	Soldotna	_____
3	216 Mitchell, Caroline	Colony	_____
4	321 Mamae, Olyvia	East Anchora	_____
5	678 Glassmaker, Emma	Soldotna	_____
6	270 Moses, Tamiyah	Dimond	_____
7	315 Frydrychova, Magdalena	East Anchora	_____
8	479 DelaCruz, Alyanna	Ketchikan	_____

Event 23 Boys 100 Meter Dash Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 2:05 PM

Reg Record: 10.7h 1988 Corey Moore/Joel Price

State Record: 10.86 2019 Colton Herman

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	804 Campbell, Darion	Wasilla	_____
2	831 Stolp, Beckett	West Anchora	_____
3	760 Malacas, Quincy	Thunder Moun	_____
4	759 Johnson, Jayden	Thunder Moun	_____
5	149 Nevitte, Marquez	Bartlett	_____
6	808 Grisso, Timothy	Wasilla	_____
7	574 Merritt, Arthur	Palmer	_____
8	806 DeArmond, Mark	Wasilla	_____

Heat 2 of 2 Prelims

1	703 Wolverton, Andon	Soldotna	_____
2	845 Dominique, Elijah	West Valley	_____
3	448 Montalbo, Tobin	Juneau-Dougl	_____
4	485 Lorig, Jason	Ketchikan	_____
5	334 Morris, Brian	East Anchora	_____
6	758 Johnson, Jamal	Thunder Moun	_____
7	737 Tirpack, Cody	South Anchor	_____
8	522 George, Peyton	Lathrop	_____

Event 25 Girls 400 Meter Run Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 2:25 PM

Reg Record: 56.06 2015 Tanner Ealum

State Record: 54.87 2015 Tanner Ealum

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	718 Tirpack, Maya	South Anchor	_____
2	675 Burns, Annie	Soldotna	_____
3	180 Fields, Alliyah	Chugiak	_____
4	506 Hale, Sophie	Lathrop	_____
5	715 Morris, Skylar	South Anchor	_____
6	673 Brott, Sasha	Soldotna	_____

Heat 2 of 2 Prelims

1	218 Riese, Kathleen	Colony	_____
2	179 Capozzi, Addison	Chugiak	_____
3	173 Belmear, Skyler	Chugiak	_____
4	184 Knox, Petra	Chugiak	_____
5	482 Odden, Clara	Ketchikan	_____
6	139 Mackin, Katie	Bartlett	_____
7	839 Rozell, Anna	West Valley	_____

2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 4

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 27 Boys 400 Meter Run Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 2:45 PM

Reg Record: 50.0h 1988 Corey Moore/John Becker

State Record: 47.78 2007 Etham Hewitt

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	151 Reid, Holten	Bartlett	_____
2	438 Dillingham, Wilder	Juneau-Dougl	_____
3	522 George, Peyton	Lathrop	_____
4	616 Simon, Garret	Service	_____
5	700 Tacey II, Leigh	Soldotna	_____
6	611 Maes, Preston	Service	_____
7	483 Boles, Phoenix	Ketchikan	_____
8	575 Peterson, Trey	Palmer	_____

Heat 2 of 2 Prelims

1	492 Grimes, Miles	Kodiak	_____
2	737 Tirpack, Cody	South Anchor	_____
3	201 Larsen, Anders	Chugiak	_____
4	841 Beck, Curtis	West Valley	_____
5	290 Stiller, Ethan	Dimond	_____
6	692 Innes, James	Soldotna	_____
7	147 Lemaster, Elijah	Bartlett	_____
8	519 Augustine, Aijon	Lathrop	_____

Event 29 Girls 300 Meter Hurdles Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 3:10 PM

Reg Record: 46.48 2002 Janna Schaafsma

State Record: 43.39 2016 Naomi Welling

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	185 Kruchoski, Ellen	Chugiak	_____
2	797 Carter, Caelynn	Wasilla	_____
3	685 Sedivy, Anaulie	Soldotna	_____
4	315 Frydrychova, Magdalena	East Anchora	_____
5	293 Eisenmayer, Milan	Eagle River	_____
6	481 Loretan, Linnea	Ketchikan	_____
7	555 Kingry, Raegan	North Pole	_____
8	219 Sanchez, Isabella	Colony	_____

Heat 2 of 2 Prelims

1	176 Burrill, Audra	Chugiak	_____
2	507 Haussman, Rachel	Lathrop	_____
3	813 Beagle, Karsen	West Anchora	_____
4	755 Welling, Mallory	Thunder Moun	_____
5	488 Blanco, Jisselle	Kodiak	_____
6	681 McAnelly, Kaytlin	Soldotna	_____
7	563 Alverts, Lydia	Palmer	_____
8	138 Cornils, Kyna	Bartlett	_____

Event 31 Boys 300 Meter Hurdles Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 3:35 PM

Reg Record: 39.16 2015 Tim Duke

State Record: 38.58 2011 Elliot Bauer

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	445 Johns, Caden	Juneau-Dougl	_____
2	850 Petersen, Caleb	West Valley	_____
3	502 Silva, Manuel	Kodiak	_____
4	574 Merritt, Arthur	Palmer	_____
5	732 Lefano, Fafo	South Anchor	_____
6	757 Hightower, Finley	Thunder Moun	_____
7	291 Weber, Grant	Dimond	_____
8	832 Umatum, Owen	West Anchora	_____

Heat 2 of 2 Prelims

1	498 Macapugay, Matthew	Kodiak	_____
2	238 Swanson, Kodi	Colony	_____
3	690 Faircloth, Wyatt	Soldotna	_____
4	306 Szweczyk Jr, Alan	Eagle River	_____
5	204 Warren-Dowl, Makai	Chugiak	_____
6	145 Guzman, Zuriel	Bartlett	_____
7	694 Klein, William	Soldotna	_____
8	142 Drake, Tyler	Bartlett	_____

Event 33 Girls 800 Meter Run Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 4:00 PM

Reg Record: 2:12.78 2015 Allie Ostrander

State Record: 2:10.42 2011 Morgan Dampier

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	191 Peterson, Campbell	Chugiak	_____
2	435 Schwarting, Kate	Juneau-Dougl	_____
3	180 Fields, Alliyah	Chugiak	_____
4	184 Knox, Petra	Chugiak	_____
5	207 Ainsworth, Morgan	Colony	_____
6	716 Murphy, Ava	South Anchor	_____
7	208 Belliston, Mariella	Colony	_____
8	518 Whitman, Brooks	Lathrop	_____
9	705 Boltz, Anna	South Anchor	_____

Heat 2 of 2 Prelims

1	179 Capozzi, Addison	Chugiak	_____
2	720 Zock, Elliana	South Anchor	_____
3	211 Hopkins, Ella	Colony	_____
4	836 Grubis, Riga	West Valley	_____
5	675 Burns, Annie	Soldotna	_____
6	838 Personett, Sage	West Valley	_____
7	432 Morley, Maisy	Juneau-Dougl	_____
8	314 Conway, Rosie	East Anchora	_____



Athletes As Leaders

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Athletes As Leaders (AAL) is a program for high school athletes on girls' sports teams. The program aims to empower youth to take an active role in challenging stereotypes, promoting healthy relationships and creating a safe and welcoming community for all.

AAL is based on research and best practices in the field of sexual assault prevention. Athletes are encouraged to be leaders in changing peer norms and school climate to a culture of safety and respect.



KATHLEEN NAVARRE
Program Coordinator
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2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 5

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 35 Boys 800 Meter Run Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 4:20 PM

Reg Record: 1:55.96 2015

Levi Thomet

State Record: 1:49.2h 1985

Doug Herron

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	237 Rongitsch, Matthew	Colony	_____
2	828 Kimball, Murphy	West Anchora	_____
3	286 Jackson, Jarrett	Dimond	_____
4	447 Lamb, Finn	Juneau-Dougl	_____
5	620 Williams, Reubin	Service	_____
6	693 Jedlicki, Elijah	Soldotna	_____
7	695 Loop, Finnley	Soldotna	_____
8	847 Fisher, Shane	West Valley	_____

Heat 2 of 2 Prelims

1	287 Johnsen, Max	Dimond	_____
2	487 Styles, Casey	Ketchikan	_____
3	443 Iverson, Nick	Juneau-Dougl	_____
4	501 Sarnowski, Jacob	Kodiak	_____
5	303 Molloy, Jack	Eagle River	_____
6	607 Kirkland, Owen	Service	_____
7	736 Robinson, Rowan	South Anchor	_____
8	444 Janes, Corder	Juneau-Dougl	_____

Event 37 Girls 200 Meter Dash Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 4:45 PM

Reg Record: 24.98 2016

Tanner Ealum

State Record: 24.74 2015

Tanner Ealum

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	508 Herbert, Sa'ryah	Lathrop	_____
2	835 Fields, Layla	West Valley	_____
3	259 Dittman, Sarah	Dimond	_____
4	173 Belmear, Skyler	Chugiak	_____
5	754 Loggy-Smith, Hayden	Thunder Moun	_____
6	482 Odden, Clara	Ketchikan	_____
7	216 Mitchell, Caroline	Colony	_____
8	821 Sallah, Fatou	West Anchora	_____

Heat 2 of 2 Prelims

1	674 Brown, Sarah	Soldotna	_____
2	709 Green, Anna	South Anchor	_____
3	321 Mamae, Olyvia	East Anchora	_____
4	218 Riese, Kathleen	Colony	_____
5	678 Glassmaker, Emma	Soldotna	_____
6	715 Morris, Skylar	South Anchor	_____
7	817 Legate, Samantha	West Anchora	_____
8	516 Ubia, Joia	Lathrop	_____

Event 39 Boys 200 Meter Dash Division 1

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/19/2023 - 5:05 PM

Reg Record: 21.7h 1988

Corey Moore

State Record: 21.90 1985

Joel Knight

Lane	Name	School	Seed Time
------	------	--------	-----------

Heat 1 of 2 Prelims

1	574 Merritt, Arthur	Palmer	_____
2	845 Dominique, Elijah	West Valley	_____
3	485 Lorig, Jason	Ketchikan	_____
4	808 Grisso, Timothy	Wasilla	_____
5	306 Szewczyk Jr, Alan	Eagle River	_____
6	522 George, Peyton	Lathrop	_____
7	737 Tirpack, Cody	South Anchor	_____
8	194 Doseck, Gavin	Chugiak	_____

Heat 2 of 2 Prelims

1	831 Stolp, Beckett	West Anchora	_____
2	448 Montalbo, Tobin	Juneau-Dougl	_____
3	334 Morris, Brian	East Anchora	_____
4	149 Nevitte, Marquez	Bartlett	_____
5	438 Dillingham, Wilder	Juneau-Dougl	_____
6	700 Tacey II, Leigh	Soldotna	_____
7	848 Glynn, Dylan	West Valley	_____
8	236 Robles, Jeriel	Colony	_____

Event 40 Boys High Jump Division 1

Friday 5/19/2023 - 9:00 AM

Reg Record: 6-07.25 1983

Andy Mack

State Record: 6-09 2009

Ben Jackson

Pos	Name	School	Seed Mark
-----	------	--------	-----------

Flight 1 of 1 Finals

1	524 Hill, Jewitt	Lathrop	_____
2	570 Gamer, Nolan	Palmer	_____
3	484 Colbert, Trey	Ketchikan	_____
4	141 Burns, Marlin	Bartlett	_____
5	455 West, Brendan	Juneau-Dougl	_____
6	341 Sulaiman, Akeem	East Anchora	_____
7	520 Beard, Brandon	Lathrop	_____
8	240 Underwood, Jayce	Colony	_____
9	225 Cayson, Christopher	Colony	_____
10	613 Perkins, Phoenix	Service	_____
11	523 Hale, Luke	Lathrop	_____
12	278 Casey, Malachi	Dimond	_____
13	842 Bostwick, Emanuel	West Valley	_____
14	846 Emers, Alex	West Valley	_____

2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 6

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 46 Boys Discus Throw Division 1

Saturday 5/20/2023 - 9:15 AM			
Reg Record: 181-06 2000		Judd Viersen	
State Record: 192-07 2007		Jordon Clarke	
Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	735 Nicholson, Evan	South Anchor	_____
2	239 Thaler, Nolan	Colony	_____
3	499 Maramba, Kent	Kodiak	_____
4	526 Webb, Jenner	Lathrop	_____
5	486 Rhoads, Jared	Ketchikan	_____
Flight 2 of 3 Finals			
1	561 Connolly, Noah	North Pole	_____
2	335 Pa'u, Puni	East Anchora	_____
3	152 Sio, Torino	Bartlett	_____
4	308 Watson, Matthew	Eagle River	_____
5	342 VaiVai, Mathias	East Anchora	_____
6	140 Alailefaleula, Deuce	Bartlett	_____
Flight 3 of 3 Finals			
1	571 Glastetter, Parker	Palmer	_____
2	699 Steger, Kevin	Soldotna	_____
3	231 McNulty, Ethan	Colony	_____
4	825 Falealo, Sone	West Anchora	_____
5	329 Bushnell, Eric	East Anchora	_____
6	810 Kolomeychuk, Eric	Wasilla	_____

Event 52 Girls Shot Put Division 1

Saturday 5/20/2023 - 9:30 AM			
Reg Record: 41-08 1983		Wanda Strutko	
State Record: 44-04.75 1997		Jenny Luer	
Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	429 Keller, Ayla	Juneau-Dougl	_____
2	816 Koko, Mona	West Anchora	_____
3	684 Roberts, Meg	Soldotna	_____
4	683 Nye, Katie	Soldotna	_____
5	509 Hollcraft, Tifani	Lathrop	_____
Flight 2 of 3 Finals			
1	271 Mulu, Tipatipa	Dimond	_____
2	822 Vaafuti, Serah	West Anchora	_____
3	712 Lobe, Liberty	South Anchor	_____
4	193 Williams, Shayvon	Chugiak	_____
5	815 Karpow, Tonya	West Anchora	_____
Flight 3 of 3 Finals			
1	819 Mata, Josephine	West Anchora	_____
2	801 Hays, Layla	Wasilla	_____
3	217 Ousley, Calista	Colony	_____
4	795 Bodle, Dominique	Wasilla	_____
5	567 Pettit, Abby	Palmer	_____
6	818 Mata, Faith	West Anchora	_____

Event 56 Boys 4x800 Meter Relay Division 1

Saturday 5/20/2023 - 10:45 AM			
Reg Record: 8:09.04 2002		Johnson, Cross, Dickson, Dickson	
State Record: 7:54.39 2010		Mamikunian, Lane, Walgren, Talbot	
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Eagle River	A	_____
	1) #304 Penfield, Josh		2) #302 Michener, Henry
	3) #305 Shaw, Luke		4) #303 Molloy, Jack
	5) #301 Borchardt, Damien		6) #307 Vander Lugt, Nathan
2	Service	A	_____
	1) #607 Kirkland, Owen		2) #611 Maes, Preston
	3) #620 Williams, Reubin		4) #616 Simon, Garret
	5) #617 Simono, James		6) #609 Lim, Jevin
	7) #608 Knickerbocker, Levi		8) #618 Soule, Elias
3	Dimond	A	_____
	1) #291 Weber, Grant		2) #290 Stiller, Ethan
	3) #283 Glover, AJ		4) #280 Dicang, Dash
	5) #286 Jackson, Jarrett		6) #287 Johnsen, Max
	7) #284 Glover, Nicholas		8) #282 Gaither, Max
4	South Anchor	A	_____
	1) #726 Card, Mason		2) #724 Birch, Mason
	3) #725 Boyer, Blaise		4) #736 Robinson, Rowan
	5) #740 Young, Owen		6) #729 Hansen, Ryan
5	Kodiak	A	_____
	1) #493 Grimes, Simon		2) #501 Sarnowski, Jacob
	3) #497 Litzow, Elias		4) #489 Anderson, Bengt
	5) #496 Koehler, Gabriel		6) #492 Grimes, Miles
	7) #494 Hathaway, Joseph		8) #495 Hathaway, Joshua
6	East Anchora	A	_____
	1) #331 Howe, Ethan		2) #340 Sharrock, Caleb
	3) #327 Abdussalam, AbdulTawwat		4) #337 Riek, Akobo
7	Valdez	A	_____
	1) #794 Smilie, Jason		2) #788 Caruthers, Rafe
	3) #793 Morris, Gavin		4) #792 McCumby, Barrett
	5) #790 Hastings, Griffin		
8	Juneau-Dougl	A	_____
	1) #443 Iverson, Nick		2) #452 St. Clair, Leif
	3) #444 Janes, Corder		4) #447 Lamb, Finn
	5) #453 Vera Alvarado, Edgar		6) #451 Schjevans, Denali
	7) #449 Ramirez, Andy		8) #440 Dusenberry, Reece



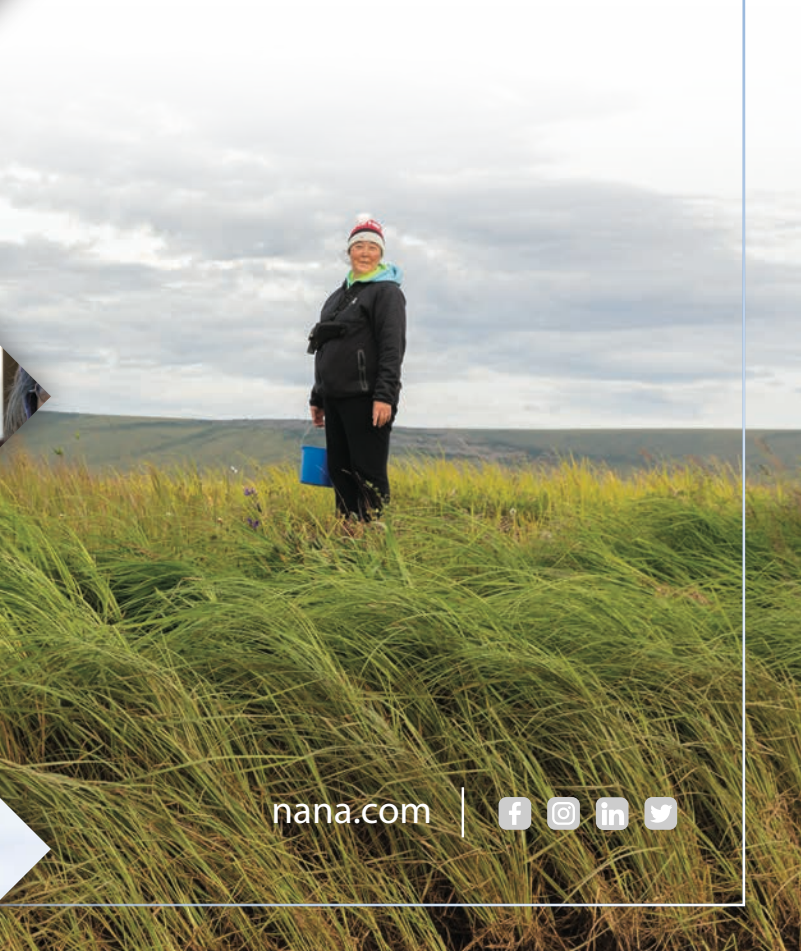
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Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 7

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023 5/19/2023 to 5/20/2023 Meet Program

Event 58 Girls 4x800 Meter Relay Division 1

Saturday 5/20/2023 - 11:15 AM

Reg Record: 9:28.79 2015

Nelson, Fox, McCormick, Hutchins

State Record: 9:27.39 2015

Nelson, Fox, McCormick, Hutchins

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Chugiak	A	_____
	1) #175 Bodkin, Hannah	2) #177 Burrup, Ada	
	3) #189 Moore, Emily	4) #192 Shaha, Hannah	
	5) #184 Knox, Petra	6) #191 Peterson, Campbell	
	7) #186 Macy, Allison		
2	Soldotna	A	_____
	1) #673 Brott, Sasha	2) #675 Burns, Annie	
	3) #672 Boonstra, Tania	4) #681 McAnelly, Kaytlin	
	5) #688 Whitton, Megan	6) #680 Jedlicki, Sophia	
3	Colony	A	_____
	1) #221 Simental, Madrid	2) #208 Belliston, Mariella	
	3) #220 Shea, Lucy	4) #207 Ainsworth, Morgan	
	5) #210 Danz, Rachel	6) #211 Hopkins, Ella	
4	South Anchor	A	_____
	1) #710 Hobson, Indigo	2) #717 Stiassny, Mia	
	3) #714 Miller, Robyn	4) #706 Dahlstrom, Madison	
5	Dimond	A	_____
	1) #268 McBride, Nora	2) #274 Scott, Sophia	
	3) #269 McCormack, Maia	4) #267 McBride, Molly	
	5) #257 Campbell, Avrey	6) #262 Gaskill, Lauren	
	7) #265 Lowen, Madelin	8) #260 Erickson, Emily	
6	Lathrop	A	_____
	1) #512 Meierotto, Noah	2) #511 Lowe, Jordann	
	3) #507 Haussman, Rachel	4) #518 Whitman, Brooks	
7	East Anchora	A	_____
	1) #314 Conway, Rosie	2) #310 Bader, Natalie	
	3) #317 Howe, Abigail	4) #312 Brogan, Beatrix	
	5) #326 Wright, Amanda	6) #311 Bader, Sadie	
	7) #324 Rigby, Finn		
8	Juneau-Dougl	A	_____
	1) #432 Morley, Maisy	2) #435 Schwarting, Kate	
	3) #431 Meyer, Ida	4) #426 Eller, Etta	
	5) #436 Tuckwood, Rayna	6) #434 Ricke, Pacific	
	7) #430 Mangacat, Lua	8) #428 Fergusson, Clara	

Event 64 Girls 4x200 Meter Relay Division 1

Saturday 5/20/2023 - 1:00 PM

Reg Record: 1:46.4h 2001

Cleans, nichols, McDowell, Turnbough

State Record: 1:43.12 2019

Hall, Griffin, Scherffius, Gould

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Soldotna	A	_____
	1) #686 Sisley, Mandi	2) #678 Glassmaker, Emma	
	3) #685 Sedivy, Anaulie	4) #674 Brown, Sarah	
	5) #676 Chavarria, Angelina	6) #681 McAnelly, Kaytlin	
2	Thunder Moun	A	_____
	1) #755 Welling, Mallory	2) #754 Loggy-Smith, Hayden	
	3) #753 Baxter, Kerra	4) #752 Baxter, Cailynn	
3	Chugiak	A	_____
	1) #180 Fields, Alliyah	2) #177 Burrup, Ada	
	3) #179 Capozzi, Addison	4) #173 Belmear, Skyler	
	5) #174 Benning, Madisen	6) #176 Burrill, Audra	
4	South Anchor	A	_____
	1) #709 Green, Anna	2) #713 Michelsohn, Elizabeth	
	3) #720 Zock, Elliana	4) #715 Morris, Skylar	
	5) #704 Baugh, Sloane	6) #718 Tirpack, Maya	
5	Dimond	A	_____
	1) #270 Moses, Tamiyah	2) #266 MacDonald, Katie	
	3) #257 Campbell, Avrey	4) #259 Dittman, Sarah	
	5) #264 Kleckner, Sasha	6) #273 Reinbold, Katherine	
	7) #267 McBride, Molly	8) #258 Clayton-Brunelle, Emma	
6	Lathrop	A	_____
	1) #510 Johnson, Sydney	2) #513 Pletnikoff, Anastasia	
	3) #515 Tansy, Ruby	4) #516 Ubia, Joia	
7	Colony	A	_____
	1) #216 Mitchell, Caroline	2) #223 Zellmer, Xaida	
	3) #215 McIntosh, Rylee	4) #218 Riese, Kathleen	
	5) #209 Colwell, Hope	6) #222 Stephens-Favand, Oceana	
	7) #212 Matthews, Malia	8) #214 McCann, Shaelyn	
8	Eagle River	A	_____
	1) #293 Eisenmayer, Milan	2) #297 Newkirk, Evangeline	
	3) #292 Bodeen, Lauren	4) #298 Okorodudu, Gabrielle	
	5) #299 Pederson, Isabella	6) #296 Mangini, Nina	

2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 8

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023 5/19/2023 to 5/20/2023 Meet Program

Event 66 Boys 4x200 Meter Relay Division 1

Saturday 5/20/2023 - 1:25 PM

Reg Record: 1:30.47 2000

Anderson, Collins, Schartz, Foster

State Record: 1:28.5h 1982

Ingram, Robinson, Myles, Pennino

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Colony	A	_____
	1) #227 Essman, Andrew	2) #232 Morgan, Andrew	
	3) #236 Robles, Jeriel	4) #226 Elliott, David	
	5) #240 Underwood, Jayce	6) #238 Swanson, Kodi	
	7) #234 Nash, Jack	8) #237 Rongitsch, Matthew	
2	Soldotna	A	_____
	1) #700 Tacey II, Leigh	2) #692 Innes, James	
	3) #690 Faircloth, Wyatt	4) #697 Nash, Jeren	
	5) #703 Wolverton, Andon	6) #702 Williams, Jared	
3	East Anchora	A	_____
	1) #339 Rushmeyer, Deshawn	2) #333 Montenegro, Andrew	
	3) #343 Wright, Murad	4) #334 Morris, Brian	
	5) #338 Roberts, Laron	6) #329 Bushnell, Eric	
	7) #337 Riek, Akobo	8) #327 Abdussalam, AbdulTawwal	
4	Chugiak	A	_____
	1) #205 Williams, Elijah	2) #198 Hansen, Zane	
	3) #199 Johnson, Jabari	4) #203 Walker, Semaj	
	5) #196 Fields, Rohan	6) #194 Doseck, Gavin	
5	West Valley	A	_____
	1) #841 Beck, Curtis	2) #845 Dominique, Elijah	
	3) #840 Amio, Kobe	4) #848 Glynn, Dylan	
	5) #855 Wessel, Selywn	6) #851 Robichaud, Cedar	
6	Juneau-Dougl	A	_____
	1) #438 Dillingham, Wilder	2) #448 Montalbo, Tobin	
	3) #441 Gabel, Robbie	4) #455 West, Brendan	
	5) #442 Gerrin, Gavin	6) #446 King, Paul	
	7) #454 Wery Tagaban, Dominic	8) #451 Schjevans, Denali	
7	South Anchor	A	_____
	1) #732 Lefano, Fafo	2) #738 Tunney, Thomas	
	3) #734 Metrokin, Quinn	4) #733 Lillo, Caleb	
	5) #724 Birch, Mason	6) #737 Tirpack, Cody	
8	Service	A	_____
	1) #612 Padgett, Alan	2) #604 Calderera, Kyan	
	3) #609 Lim, Jevin	4) #610 Maes, Ethan	
	5) #617 Simono, James	6) #620 Williams, Reubin	
	7) #611 Maes, Preston	8) #616 Simon, Garret	

Event 68 Girls 1600 Meter Run Division 1

Saturday 5/20/2023 - 1:43 PM

Reg Record: 4:48.32 2015

Allie Ostrander

State Record: 4:48.31 2015

Allie Ostrander

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	211 Hopkins, Ella	Colony	_____
2	191 Peterson, Campbell	Chugiak	_____
3	426 Eller, Etta	Juneau-Dougl	_____
4	207 Ainsworth, Morgan	Colony	_____
5	431 Meyer, Ida	Juneau-Dougl	_____
6	716 Murphy, Ava	South Anchor	_____
7	602 Wuert, Adria	Service	_____
8	192 Shaha, Hannah	Chugiak	_____
9	434 Ricke, Pacific	Juneau-Dougl	_____
10	314 Conway, Rosie	East Anchora	_____
11	836 Grubis, Riga	West Valley	_____
12	175 Bodkin, Hannah	Chugiak	_____
13	680 Jedlicki, Sophia	Soldotna	_____
14	189 Moore, Emily	Chugiak	_____
15	672 Boonstra, Tania	Soldotna	_____
16	186 Macy, Allison	Chugiak	_____

Event 70 Boys 1600 Meter Run Division 1

Saturday 5/20/2023 - 2:03 PM

Reg Record: 4:14.02 2015

Levi Thomet

State Record: 4:12.17 2015

Levi Thomet

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	237 Rongitsch, Matthew	Colony	_____
2	286 Jackson, Jarrett	Dimond	_____
3	497 Litzow, Elias	Kodiak	_____
4	224 Buchanan, Tobias	Colony	_____
5	492 Grimes, Miles	Kodiak	_____
6	847 Fisher, Shane	West Valley	_____
7	725 Boyer, Blaise	South Anchor	_____
8	728 Flagstad, Vebjorn	South Anchor	_____
9	230 Marvin, Coby	Colony	_____
10	830 Soberay, Dylan	West Anchora	_____
11	331 Howe, Ethan	East Anchora	_____
12	453 Vera Alvarado, Edgar	Juneau-Dougl	_____
13	809 Hafen, Stephen	Wasilla	_____
14	618 Soule, Elias	Service	_____
15	827 Hanley, Blake	West Anchora	_____
16	736 Robinson, Rowan	South Anchor	_____



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2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 9

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023

5/19/2023 to 5/20/2023

Meet Program

Event 72 Girls 4x100 Meter Relay Division 1

Saturday 5/20/2023 - 2:23 PM

Reg Record: 51.03 2001

Clemans, Turnbough, Nichols, McDowell

State Record: 49.12 2019

Hall, Griffin, Scherffius, Gould

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Chugiak	A	_____
	1) #174 Benning, Madisen	2) #185 Kruchoski, Ellen	
	3) #181 James, Melanie	4) #188 Moffett, Finley	
	5) #176 Burrill, Audra	6) #182 Jensen, Samantha	
2	East Anchora	A	_____
	1) #315 Frydrychova, Magdalena	2) #313 Carr, Daeshawna	
	3) #318 Jackson, McKinley	4) #321 Mamae, Olyvia	
	5) #312 Brogan, Beatrix	6) #325 Todd, Deborah	
3	Dimond	A	_____
	1) #270 Moses, Tamiyah	2) #264 Kleckner, Sasha	
	3) #257 Campbell, Avrey	4) #259 Dittman, Sarah	
	5) #272 O'Rourke, Carissa	6) #258 Clayton-Brunelle, Emma	
	7) #273 Reinbold, Katherine	8) #275 Snow, Elena	
4	West Anchora	A	_____
	1) #813 Beagle, Karsen	2) #821 Sallah, Fatou	
	3) #817 Legate, Samantha	4) #823 Wyche, Re'Zhanai	
5	Soldotna	A	_____
	1) #686 Sisley, Mandi	2) #678 Glassmaker, Emma	
	3) #676 Chavarria, Angelina	4) #674 Brown, Sarah	
	5) #685 Sedivy, Anaulie	6) #687 Smith, Delaney	
6	Colony	A	_____
	1) #222 Stephens-Favand, Oceana	2) #212 Matthews, Malia	
	3) #223 Zellmer, Xaida	4) #216 Mitchell, Caroline	
	5) #215 McIntosh, Rylee	6) #214 McCann, Shaelyn	
	7) #218 Riese, Kathleen	8) #209 Colwell, Hope	
7	Lathrop	A	_____
	1) #510 Johnson, Sydney	2) #513 Pletnikoff, Anastasia	
	3) #514 Scanlon, Maya	4) #518 Whitman, Brooks	
8	Ketchikan	A	_____
	1) #478 Biagi, Julia	2) #479 Delacruz, Alyanna	
	3) #482 Odden, Clara	4) #481 Loretan, Linnea	
	5) #480 Frey, Carol		

Event 73 Boys 4x100 Meter Relay Division 1

Saturday 5/20/2023 - 2:53 PM

Reg Record: 43.91 2000

Anderson, Collins, Shartz, Foster

State Record: 43.24 2018

Henderson, Haynes, Wilson, Suber

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Thunder Moun	A	_____
	1) #759 Johnson, Jayden	2) #761 White, Lucas	
	3) #758 Johnson, Jamal	4) #762 Williams, Jarrell	
2	West Anchora	A	_____
	1) #833 Zamora, Willie	2) #826 Fineman, Jack	
	3) #831 Stolp, Beckett	4) #829 Sanchez, Ariel	
3	East Anchora	A	_____
	1) #339 Rushmeyer, Deshawn	2) #333 Montenegro, Andrew	
	3) #343 Wright, Murad	4) #334 Morris, Brian	
	5) #329 Bushnell, Eric	6) #338 Roberts, Laron	
	7) #337 Riek, Akobo	8) #327 Abdussalam, AbdulTawwal	
4	Chugiak	A	_____
	1) #203 Walker, Semaj	2) #205 Williams, Elijah	
	3) #199 Johnson, Jabari	4) #201 Larsen, Anders	
	5) #194 Doseck, Gavin	6) #198 Hansen, Zane	
5	Colony	A	_____
	1) #226 Elliott, David	2) #236 Robles, Jeriel	
	3) #234 Nash, Jack	4) #240 Underwood, Jayce	
	5) #232 Morgan, Andrew	6) #227 Essman, Andrew	
	7) #229 Jamison, Trevor	8) #225 Cayson, Christopher	
6	Dimond	A	_____
	1) #289 Mercer, Michael	2) #278 Casey, Malachi	
	3) #290 Stiller, Ethan	4) #279 Coski, Malachi	
	5) #281 Fautanu, Kaleb	6) #277 Bates, Corde	
	7) #287 Johnsen, Max	8) #285 Harris, Vance	
7	Palmer	A	_____
	1) #573 Henry, Kaden	2) #575 Peterson, Trey	
	3) #574 Merritt, Arthur	4) #569 Craner, Reed	
	5) #568 Asay, Ben	6) #572 Greco, Kinan	
8	West Valley	A	_____
	1) #849 Gripper, Isaac	2) #851 Robichaud, Cedar	
	3) #848 Glynn, Dylan	4) #840 Amio, Kobe	
	5) #853 Stebbins, Zaire	6) #842 Bostwick, Emanuel	

2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 10

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023 5/19/2023 to 5/20/2023 Meet Program

Event 78 Girls 4x400 Meter Relay Division 1

Saturday 5/20/2023 - 5:45 PM

Reg Record: 4:09.88 2009

Louthan, DeVito, Beeson, Flanagan

State Record: 4:01.72 2010

Sandahl, DeVito, Beeson, Flannagan

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Service	A	_____
	1) #603 Zych, Emilia	2) #596 Lim, Alana	
	3) #602 Wuerth, Adria	4) #592 Bell, Mika	
	5) #594 Denmon, Kensley	6) #601 Witter, Zoe	
2	South Anchor	A	_____
	1) #715 Morris, Skylar	2) #716 Murphy, Ava	
	3) #718 Tirpack, Maya	4) #720 Zock, Elliana	
	5) #709 Green, Anna	6) #710 Hobson, Indigo	
3	Chugiak	A	_____
	1) #180 Fields, Alliyah	2) #184 Knox, Petra	
	3) #179 Capozzi, Addison	4) #173 Belmear, Skyler	
	5) #191 Peterson, Campbell	6) #192 Shaha, Hannah	
	7) #189 Moore, Emily		
4	Lathrop	A	_____
	1) #512 Meierotto, Noah	2) #516 Ubia, Joia	
	3) #515 Tansy, Ruby	4) #506 Hale, Sophie	
5	Soldotna	A	_____
	1) #680 Jedlicki, Sophia	2) #675 Burns, Annie	
	3) #673 Brott, Sasha	4) #685 Sedivy, Anaulie	
	5) #681 McAnelly, Kaytlin	6) #672 Boonstra, Tania	
6	Juneau-Dougl	A	_____
	1) #432 Morley, Maisy	2) #435 Schwarting, Kate	
	3) #427 Farr, Siena	4) #426 Eller, Etta	
	5) #436 Tuckwood, Rayna	6) #424 Alexander, Nevaeh	
	7) #425 Crupi, Serena	8) #433 Reyes-Boyer, Isabella	
7	Ketchikan	A	_____
	1) #478 Biagi, Julia	2) #480 Frey, Carol	
	3) #482 Odden, Clara	4) #481 Loretan, Linnea	
	5) #479 DelaCruz, Alyanna		
8	Dimond	A	_____
	1) #257 Campbell, Avrey	2) #273 Reinbold, Katherine	
	3) #274 Scott, Sophia	4) #267 McBride, Molly	
	5) #266 MacDonald, Katie	6) #259 Dittman, Sarah	
	7) #270 Moses, Tamiyah	8) #264 Kleckner, Sasha	

Event 80 Boys 4x400 Meter Relay Division 1

Saturday 5/20/2023 - 6:05 PM

Reg Record: 3:29.20 2000

Shugak, Smith, Libby, Meier

State Record: 3:23.6h 1982

Singelton, Perham, Stephens, Brownsberger

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Bartlett	A	_____
	1) #147 Lemaster, Elijah	2) #141 Burns, Marlin	
	3) #144 Granberry, Jaylen	4) #151 Reid, Holten	
	5) #150 Owens-Player, A'Lante	6) #148 Mejia, Theo	
	7) #145 Guzman, Zuriel	8) #153 Youngblood, Luke	
2	Service	A	_____
	1) #611 Maes, Preston	2) #617 Simono, James	
	3) #609 Lim, Jevin	4) #616 Simon, Garret	
	5) #607 Kirkland, Owen	6) #620 Williams, Reubin	
	7) #604 Calderera, Kyan	8) #612 Padgett, Alan	
3	West Valley	A	_____
	1) #841 Beck, Curtis	2) #845 Dominique, Elijah	
	3) #850 Petersen, Caleb	4) #847 Fisher, Shane	
	5) #844 DeVaughn, Greyson	6) #843 Bragonier, PJ	
4	South Anchor	A	_____
	1) #733 Lillo, Caleb	2) #738 Tunney, Thomas	
	3) #724 Birch, Mason	4) #737 Tirpack, Cody	
	5) #739 Vojtasek, Trinity	6) #740 Young, Owen	
5	Dimond	A	_____
	1) #290 Stiller, Ethan	2) #283 Glover, AJ	
	3) #288 Lemmons, Eric	4) #287 Johnsen, Max	
	5) #291 Weber, Grant	6) #286 Jackson, Jarrett	
	7) #280 Dicang, Dash	8) #279 Coski, Malachi	
6	East Anchora	A	_____
	1) #343 Wright, Murad	2) #327 Abdussalam, AbdulTawwal	
	3) #329 Bushnell, Eric	4) #337 Riek, Akobo	
	5) #340 Sharrock, Caleb	6) #331 Howe, Ethan	
7	Soldotna	A	_____
	1) #693 Jedlicki, Elijah	2) #697 Nash, Jeren	
	3) #692 Innes, James	4) #700 Tacey II, Leigh	
	5) #690 Faircloth, Wyatt	6) #695 Loop, Finnley	
8	Juneau-Dougl	A	_____
	1) #438 Dillingham, Wilder	2) #448 Montalbo, Tobin	
	3) #441 Gabel, Robbie	4) #439 Dusenberry, Kyle	
	5) #445 Johns, Caden	6) #440 Dusenberry, Reece	
	7) #447 Lamb, Finn	8) #437 Dillingham, Landry	



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2023 ASAA TRACK & FIELD STATE DI MEET PROGRAM

Palmer High School - AK

Hy-Tek's MEET MANAGER 1:33 PM 5/26/2023 Page 11

2023 ASAA State Track & Field Championships - 5/19/2023 to 5/20/2023
5/19/2023 to 5/20/2023
Meet Program

Event 81 Boys Triple Jump Division 1

Friday 5/19/2023 - 11:00 AM

Reg Record: 47-02.50 2017 Brandon Nicholson

State Record: 46-07 2017 Brandon Nicholson

Pos	Name	School	Seed	Mark
Flight 1 of 3 Finals				
1	727 Douyon, Isaiah	South Anchor		_____
2	146 Jordan, Jai	Bartlett		_____
3	824 Dykstra, Murphy	West Anchora		_____
4	229 Jamison, Trevor	Colony		_____
5	233 Motton, Kenneth	Colony		_____
Flight 2 of 3 Finals				
1	525 Hill, Kyan	Lathrop		_____
2	281 Fautanu, Kaleb	Dimond		_____
3	521 Clayton, Kaine	Lathrop		_____
4	503 Tieman, John	Kodiak		_____
5	756 Darbonne, Chase	Thunder Moun		_____
Flight 3 of 3 Finals				
1	234 Nash, Jack	Colony		_____
2	805 Campbell, Deshawn	Wasilla		_____
3	150 Owens-Player, A'Lante	Bartlett		_____
4	225 Cayson, Christopher	Colony		_____
5	142 Drake, Tyler	Bartlett		_____
6	201 Larsen, Anders	Chugiak		_____

Event 82 Girls Triple Jump Division 1

Friday 5/19/2023 - 1:30 PM

Reg Record: 36-06.25 1996 Rachel Jones

State Record: 46-07 2017 Brandon Nicholson

Pos	Name	School	Seed	Mark
Flight 1 of 3 Finals				
1	686 Sisley, Mandi	Soldotna		_____
2	564 Baker, Elora	Palmer		_____
3	718 Tirpack, Maya	South Anchor		_____
4	565 Hronkin, Brooke	Palmer		_____
5	488 Blanco, Jisselle	Kodiak		_____
Flight 2 of 3 Finals				
1	257 Campbell, Avrey	Dimond		_____
2	681 McAnelly, Kaytlin	Soldotna		_____
3	182 Jensen, Samantha	Chugiak		_____
4	505 Foster, Annebelle	Lathrop		_____
5	682 Morrison, Katelyn	Soldotna		_____
Flight 3 of 3 Finals				
1	299 Pederson, Isabella	Eagle River		_____
2	711 King, Makaylen	South Anchor		_____
3	298 Okorodudu, Gabrielle	Eagle River		_____
4	752 Baxter, Cailynn	Thunder Moun		_____
5	563 Alverts, Lydia	Palmer		_____
6	753 Baxter, Kerra	Thunder Moun		_____





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2023 ASAA UNIFIED TRACK & FIELD STATE QUALIFIERS

Girls Long Jump:

Athlete	Partner	School	Combined Distance	Qualification
Emi Hamazaki	Kyleigh Nighingale	Bettye Davis East	19'04.50	#1 Region 4
Stella Dye	Jasmin Lurus	Homer	16'05.00	#1 Region 3
Michaela Holland	Maria Mattox	North Pole	18'02.00	#1 Region 6
Sandriah James	Pebbles James	Bettye Davis East	19'03.00	#2 Region 4
Scarlett Vonda	Maddy Reckmeyer	Service	18'00.00	#3 Region 4
Lindsay McLeod	Anna Parks	Chugiak	15'08.50	#4 Region 4
Martine Gleason	Zoe Fencil	South	14'05.00	#5 Region 4
Destiny Davis	Kaelynne Martin	North Pole	10'06.50	#2 Region 6

Girls Shot Put:

Athlete	Partner	School	Combined Distance	Qualification
Emi Hamazaki	Vanessa Moua	Bettye Davis East	38'1.75	#1 Region 4
Stella Dye	Auden Cress	Homer	38'00.75	#1 Region 3
Destiny Davis	Taylor Kado	North Pole	35'05.00	#1 Region 6
Sandriah James	Winter Anaruk	East	35'00.00	#2 Region 4
Scarlett Vonda	Maddy Reckmeyer	Service	34'05.75	#3 Region 4
Ellen Pitka	Meredith Schwartz	Service	33'08.00	#4 Region 4
Vivian Johns	Olivia Burrup	Chugiak	24'05.25	#5 Region 4
Versaille Jones		Service	23'11.50	#6 Region 4

Girls 100 Meters:

Athlete	Partner	School	Combined Time	Qualification
Emi Hamazaki	Kyleigh Nightingale	Bettye Davis East	32.09	#1 Region 4
Stella Dye	Talli Dalke	Homer	41.83	#1 Region 3
Michaela Holland	Maria Mattox	North Pole	41.02	#1 Region 6
Scarlett Vonda	Maddy Reckmeyer	Service	35.52	#2 Region 4
Martine Gleason	Zoe Fencil	South	35.99	#3 Region 4
Ellen Pitka	Meredith Schwartz	Service	36.27	#4 Region 4
Lindsay McLeod	Anna Parks	Chugiak	45.41	#7 Region 4
Vivian Johns	Olivia Burrup	Chugiak	46.53	#8 Region 4

Girls 4 X 100m Relay:

School	Athlete	Partner	Partner	Athlete	Time	Qualification
Service	Ellen Pitka	Meredith Schwartz	Maddy Reckmeyer	Scarlett Vonda	1:09.79	#1 Region 4
Chugiak	Vivian Johns	Olivia Burrup	Anna Parks	Lindsay McLeod	1:35.97	#2 Region 4

2023 ASAA UNIFIED TRACK & FIELD STATE QUALIFIERS

Boys Long Jump:

Athlete	Partner	School	Combined Distance	Qualification
Jermaine Pegram	Aiden Hammonds	Bettye Davis East	28'04.50	#1 Region 4
Jack Michelson	Rex Adres	Sitka	23'04.00	#1 Region 6
William Cline	Devin Cooper	North Pole	26'04.25	#1 Region 5
Isaiah Aparezuk	Joseph Taylor	Career Tech	27'04.25	#1 Region 3
Albert Freeman	Joe Gordon	Homer	26'08.25	#2 Region 3
Deegan Canavan	Gian Saliva	Kodiak	23'05.00	#3 Region 3
Marcus Heistumen	Christian Skaggs	Soldotna	22-10.75	#4 Region 3
Marc Richard	North Crawford	Service	22'08.50	#2 Region 4

Boys Shot Put:

Athlete	Partner	School	Combined Distance	Qualification
Jermaine Pegram	Aiden Hammonds	Bettye Davis East	57'03.50	#1 Region 4
Jack Michelson	Rex Adres	Sitka	39'02.50	#1 Region 5
William Cline	Noah Connolly	North Pole	58'07.00	#1 Region 6
Marcus Heistumen	Elias Brantley	Soldotna	61'00.50	#1 Region 3
Isaiah Aparezuk	Joseph Taylor	Career Tech	60'05.00	#2 Region 3
Deegan Canavan	Tino Timu	Kodiak	50'01.50	#3 Region 3
Albert Freeman	Gordon Elijah	Homer	47'01.75	#4 Region 3
Jayden Monroe	Mia Christiansen	Wasilla	46'06.25	#5 Region 3

Boys 100 Meters:

Athlete	Partner	School	Combined Time	Qualification
Hector Varela	Aaron Power	Service	27.88	#1 Region 4
Jack Michelson	Rex Adres	Sitka	31.14	#1 Region 5
William Cline	Devin Cooper	North Pole	31.28	#1 Region 6
Isaiah Aparezuk	Joseph Taylor	Career Tech	29.23	#1 Region 3
Jermaine Pegram	Aiden Hammonds	Bettye Davis East	27.99	#2 Region 4
Naseem Zaidi	Reed Juliussen	Chugiak	30.05	#4 Region 4
Albert Freeman	Liam Boss-Harmon	Homer	30.06	#2 Region 3
Marc Richard	North Crawford	Service	30.22	#5 Region 6

Boys 4 X 100m Relay:

School	Athlete	Partner	Partner	Athlete	Time	Qualification
Service A	Ronnie Evans	Lucas Wisdom	Aaron Power	Hector Varela	56.60	#1 Region 4
Career Tech	Isaiah Aparezuk	Joseph Taylor	Misty Provo	Logan Jearlos	1:03.60	#1 Region 3
Bettye Davis East	Emi Hamazaki	Kyleigh Nightingale	Aiden Hammonds	Jermaine Pegram	59.76	#2 Region 4
Wasilla	Don Slats	Claire Bredberg	Anya Quass-Lee	Jacob Gray	1:04.10	#2 Region 3
Service B	Jay Main	David Joshi	Aaron Richard	Marc Richard	1:04.94	#4 Region 4
Chugiak	Gabe Freimuth	Reed Julissen	Ashton Fairbanks	Naseem Zaida	1:07.02	#5 Region 4
South	Martine Gleason	Zoe Fencil	Stella Baldessri	Dmitri Lee	1:09.35	#6 Region 4
Homer	Lance Parkinson	Damon Weisser	Dax Lukyan	Albert Freeman	1:13.30	#3 Region 3

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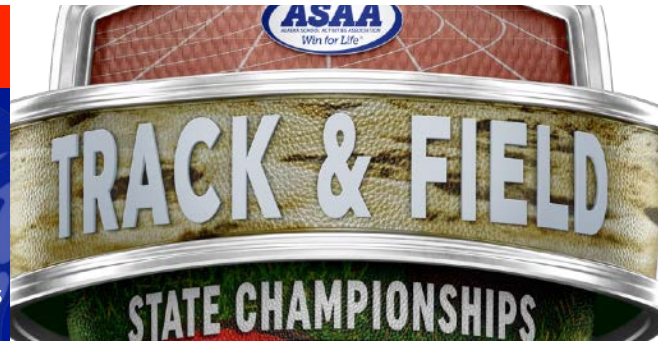
Mural by BBNC shareholder Apay'uq Moore.



DII TEAM PICTURES & COACHES INFORMATION

ANCHORAGE CHRISTIAN LIONS

Principal Sam Spinella
Athletic Director Serge Duchatellier
Head Coach Jake Moe
Assistant Coaches Lindsay Williams, Sarah Sorrells,
Shannon LeMay, Amir Williams, Cody Anderson, Bill Sorrells



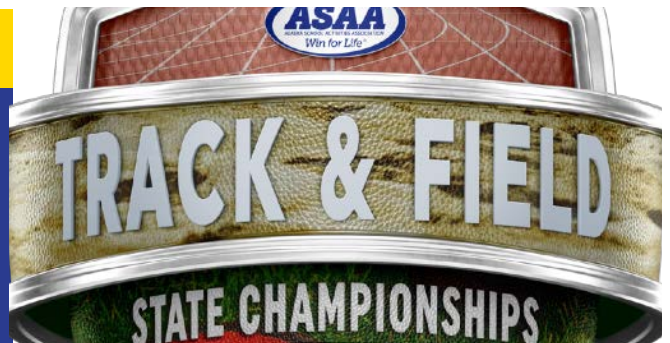
BEN EIELSON RAVENS

Principal Bruce Bell
Athletic Director Victoria Dropps
Head Coach Addie House



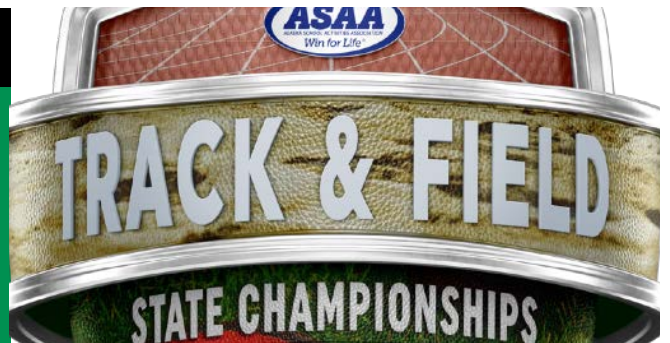
BETHEL-REGIONAL WARRIORS

Principal Alicia Miner
Athletic Director Darren Lieb
Head Coach Alex Bernard
Assistant Coach Hunter Cracew



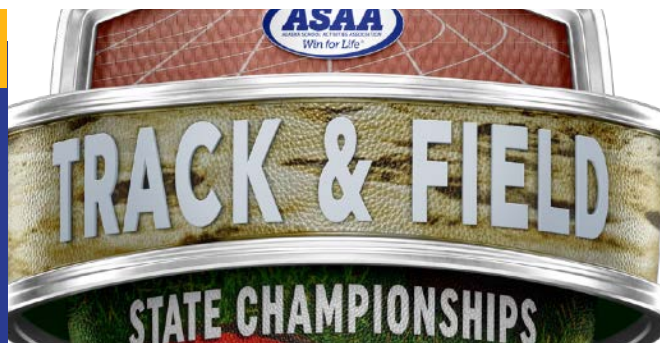
BIRCHWOOD CHRISTIAN WARRIORS

Principal Amy Baller
Head Coach Robin Reich



COOK INLET ACADEMY EAGLES

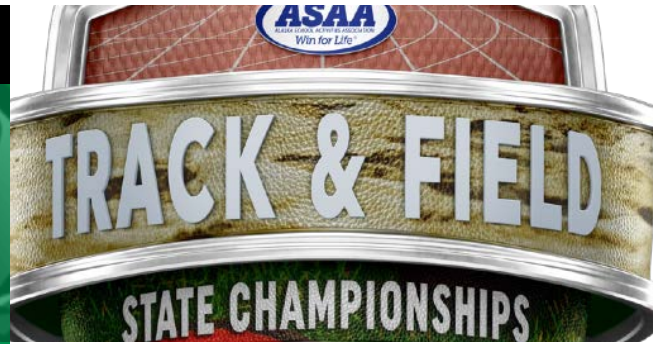
Principal Winnie Hagedom
Athletic Director Janet Hillier
Head Coach



DII TEAM PICTURES & COACHES INFORMATION

CRAIG PANTHERS

Principal Betty Hall
 Athletic Director Tina Steffen
 Head Coach



DELTA JUNCTION HUSKIES

Principal Michael Lee
 Athletic Director Leah Stoner
 Head Coach



GLENNALLEN PANTHERS

Principal Jason Williams
 Athletic Director Ben Dolgner
 Head Coach Kelly Gerlach
 Assistant Coach Mackenzie Dysinger-Murtiff



GRACE CHRISTIAN GRIZZLIES

Principal Chris Gionet
 Athletic Director Paul Salima
 Head Coach Tara Edwards
 Assistant Coaches Tyler Jackson, Brian Sears,
 Chris Waythomas



GUSTAVUS FOX

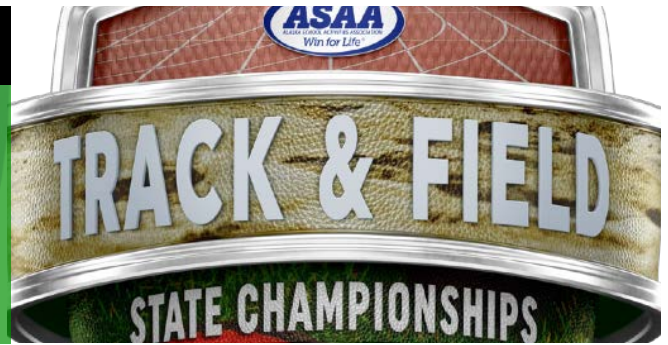
Principal Bradley King
 Athletic Director Megan Bishop
 Head Coach Megan Bishop



DII TEAM PICTURES & COACHES INFORMATION

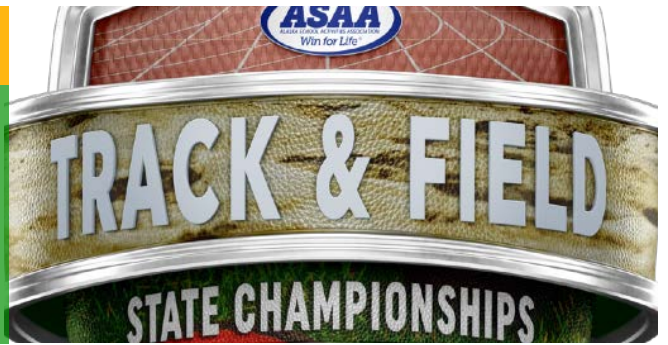
HAINES GLACIER BEARS

Principal	Lily Brown
Athletic Director	Tiana Perry-Traudt
Head Coach	Jessie Sanders
Assistant Coach	Hailey Sanders



HOLY ROSARY ACADEMY KNIGHTS

Principal	Dr. Mark Newcomb
Athletic Director	Satiji Sikdwdek
Head Coach	



HOMER MARINERS

Principal	Doug Waclawski
Athletic Director	Justin Zank
Head Coach	Robert Ostrom
Assistant Coaches	Lukas Parsley, Kaiden Jolley, Lauren Jolley, Jordan Jones



HOUSTON HAWKS

Principal	Ben Howard
Athletic Director	Colby Wolfer
Head Coach	Danielle Reese
Assistant Coaches	Xontippie Whittington Charles Whittington



HUTCHISON HAWKS

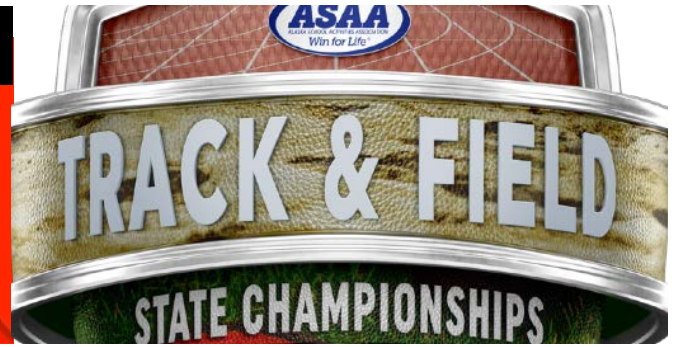
Principal	Robyn Taylor
Athletic Director	Lynn Bernheim
Head Coach	Benjamin Johnston
Assistant Coaches	Justice Lunceford Maren Dodson



DII TEAM PICTURES & COACHES INFORMATION

KENAI CENTRAL KARDINALS

Principal Dan Beck
Athletic Director Jesse Settlemeier
Head Coach Joe Shirley
Assistant Coaches Krista Sutton, Anna Widman,
Maria Calvert



LUMEN CHRISTI ARCHANGELS

Principal Brian Ross
Athletic Director John Warren
Head Coach John Warren



MONROE CATHOLIC RAMS

Principal Patrick Riggs
Athletic Director Frank Ostanik
Head Coach Susan Schwartz
Assistant Coaches John Mayer & Todd Carey



NIKISKI BULLDOGS

Principal Shane Bostic
Athletic Director Dylan Hooper
Head Coach Billie Denison
Assistant Coach Matt Trammell



NINILCHIK WOLVERINES

Principal Matt Lahue
Athletic Director Matt Lahue
Head Coach Debra Blossom
Assistant Coach Cody Blossom



DII TEAM PICTURES & COACHES INFORMATION

PETERSBURG VIKINGS

Principal Ambler Moss
Athletic Director Jaime Cabral
Head Coach James Valentine
Assistant Coaches Alice Comps & Robert Cross



REDINGTON HUSKIES

Principal Thomas Lytle
Athletic Director Claudia Blydenburgh
Head Coach Mathias Weinberger
Assistant Coaches Kathrine Wolanin & Danika Scott



SEWARD SEAHAWKS

Principal Henry Burns
Athletic Director Ron Hemstock
Head Coach Solomon D'Amico
Assistant Coaches Rachel Dow & Cassie Desrochers



SITKA WOLVES

Principal Sondra Lundvick
Athletic Director Rich Krupa
Head Coach Jeremy Strong
Assistant Coaches Shasta Smith, Keith Brady
 Dianne Chong



SU-VALLEY RAMS

Principal Bryan Kirby
Athletic Director James Sickler
Head Coach Jen Keenan
Assistant Coach Bryan Kirby



DII TEAM PICTURES & COACHES INFORMATION

TRI-VALLEY WARRIORS

Principal Tobe Gurley
Athletic Director Amanda Lucas
Head Coach Kerry McIver
Assistant Coach Emma Bloom



UNALAKLEET WOLFPACK

Principal Kris Busk
Athletic Director Thurman Jack
Head Coach Tori Jack



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Athletic Director Todd Wegner
Head Coach Becky Walker
Assistant Coach Lee Chadwick



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Athletic Director Carol Pate
Head Coach Nate Endicott



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Athletic Director Amanda Lucas
Head Coach Uwe Hoffman



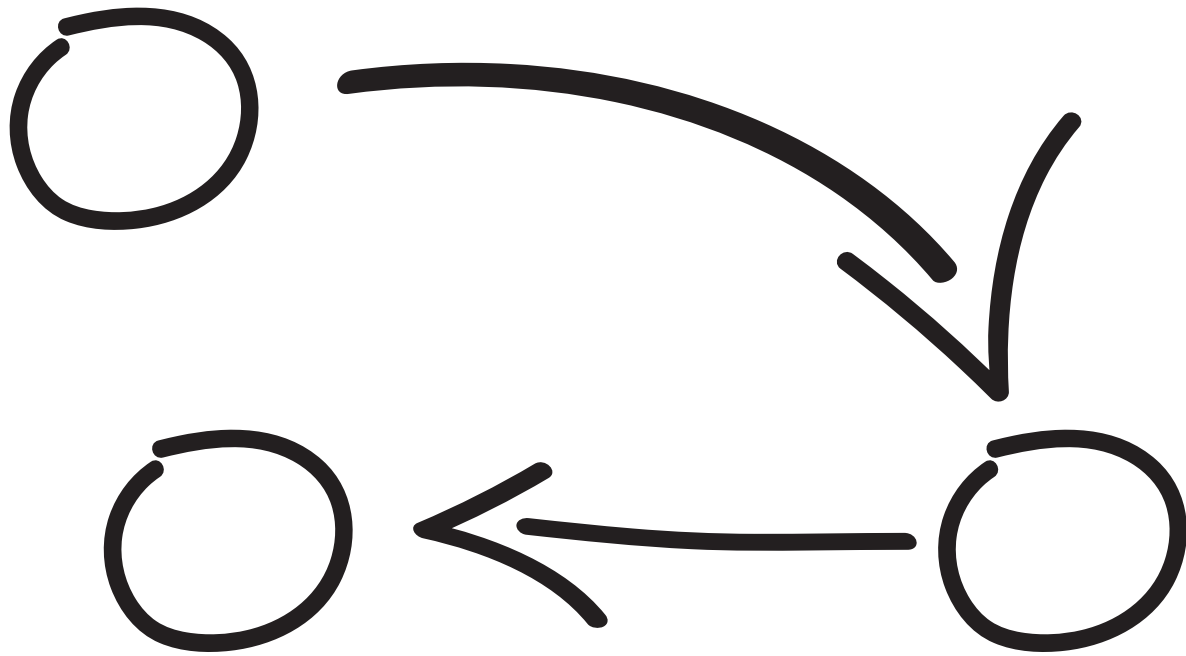
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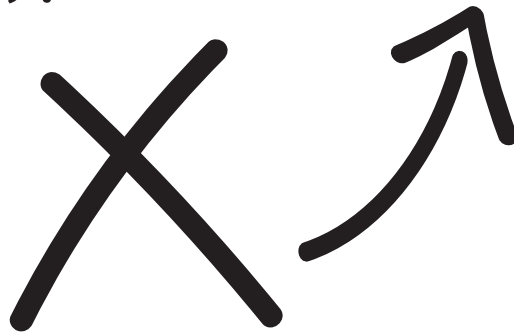
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DI TEAM PICTURES & COACHES INFORMATION

BARTLETT GOLDEN BEARS

Principal Sean Prince
 Activities Principal Leif Jacobsen
 Head Coach Adam Henicek
 Assistant Coaches Chaven Davidson, Laura Homan,
 Ae Moua, Elizabeth Mulvaney



BETTIE DAVIS EAST THUNDERBIRDS

Principal Ron Brown
 Activities Principal Roger Nicolls
 Head Coach Christian Shurtleff
 Assistant Coaches Jan Michael Leal, Tarini Tosi,
 Laura Ingham, Heather Capshaw, Britany White



CHUGIAK MUSTANGS

Principal Megan Hatswell
 Activities Principal Travis Morgan
 Head Coach Melissa Hall
 Assistant Coaches Susan Nick, Luke Steele,
 Brian Kruschoski, Hagen Atkins,
 Roger Spackman



COLONY KNIGHTS

Principal Brendon McMahon
 Athletic Director Kristy Johnston
 Head Coach Kelly Thaler
 Assistant Coaches Charlie Yoder, Megan Beling,
 Caleb Richardson, Shawn VanTassel, Katherine Zerkle



DIMOND LYNX

Principal Tina Johnson-Harris
 Activities Principal Chris Kleckner
 Head Coach Scott Campbell
 Assistant Coaches Nate Normandin, Brian Yim,
 Mason McCloskey



DI TEAM PICTURES & COACHES INFORMATION

EAGLE RIVER WOLVES

Principal Tim Helvey
Activities Principal Jackie Larson
Head Coach Matthew Turner
Assistant Coaches Chris Morhain, Travis Milsap,
Kelly Hopper



JUNEAU-DOUGLAS CRIMSON

Principal Paula Casperson
Athletic Director Chad Bentz
Head Coach Jesse Stringer
Assistant Coaches Zachary Bursell, Daria Horne,
Jennifer Strumfeld, Louis Tagaban, Chris King, Mary
Aparezuk, Parker Schroeder, Tina Martin



KETCHIKAN KINGS

Principal Richard Dormer
Athletic Director Kelly Smith
Head Coach Alex Peninno
Assistant Coach Alphege Dulay



KODIAK BEARS

Principal Joyce Blair
Athletic Director Deb Rohrer
Boys Head Coach Ashley Mortenson
Girls Head Coach Rob Stauffer
Assistant Coaches Dave Horne and Jasmine Oliver



LATHROP MALEMUTES

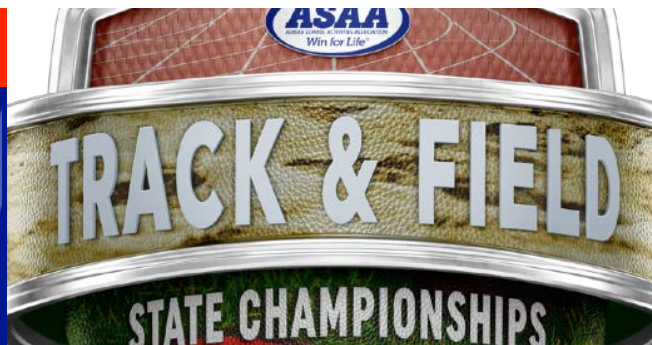
Principal Carly Sween
Athletic Director Clarice Loudon-Mingo
Head Coach Kim Kelly
Assistant Coaches Clem Clooten, Chris Knott,
Riley Knott, Jarren Littell



DI TEAM PICTURES & COACHES INFORMATION

NORTH POLE PATRIOTS

Principal Michelle Spillane
Athletic Director Mark Oppe
Head Coach Brenson Hardy
Assistant Coaches Bonnie Johnson, Trenton McCumby, Doug Cline, Zack Williams, Angela Hutwagner



PALMER MOOSE

Principal Paul Reid
Athletic Director Dale Ewart
Boys Head Coach Tim Popowski
Assistant Coaches Colleen O'Bryant, Kahla Kallam, Phil Nisbett, Tommy Pettit, Christina Garner, Xavier Lechleitner



SERVICE COUGARS

Principal Intiaz Azzam
Activities Principal James Bell
Head Coach Jani Lane
Assistant Coaches Luke Kiskaddon, Brown Faaalig, Mary Ahonen, Adam Ahonen, Julie Broyles



SOLDOTNA STARS

Principal Sarge Truesdell
Athletic Director Phil Leck
Head Coach Phil Leck
Assistant Coaches Daisy Jeffords, Galen Brantley, Eric Pomerleau, Krista Arthur, Megan Murphy, Alex Serventi, Jenny Henry, Michael Decker, David Patat



SOUTH ANCHORAGE WOLVERINES

Principal Luke Almon
Activities Principal Chris Ruggles
Head Coach John Lewis
Assistant Coaches Jerry Ross, Todd Heuston, John Swint, William Overgaard, Herman Cantrell



DI TEAM PICTURES & COACHES INFORMATION

THUNDER MOUNTAIN FALCONS

Principal	Shawn Arnold
Athletic Director	Luke Adams
Head Coach	Dwayne Duskin
Assistant Coach	Brandi Adams



WASILLA WARRIORS

Principal	Jason Marvel
Athletic Director	Stacia Rustad
Head Coach	Leslie Varys
Assistant Coaches	Sean Fabanich, Kirk Palmberg, Verna Giani



WEST ANCHORAGE EAGLES

Principal	Ja Dorris
Activities Principal	Kelsey Romig
Head Coach	
Assistant Coaches	



WEST VALLEY WOLFPACK

Principal	Sarah Gilliam
Athletic Director	Greg Gibson
Head Coach	Hannibal Grubis
Assistant Coaches	Susan Faulkner, Carlos Cruz, Donald Feagin



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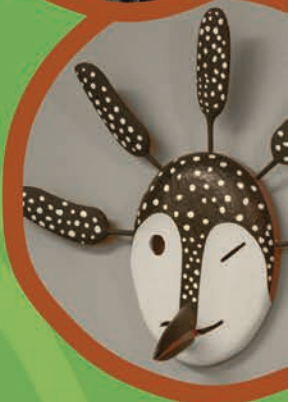


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ASAA TRACK & FIELD STATE MEET RECORDS

GIRLS

EVENT	MARK	ATHLETE	SCHOOL	YEAR
100 Meter	11.8h	Starlett Jackson	Bartlett	1981
200 Meter	24.74	Tanner Ealum	Anchorage Christian	2015
400 Meter	54.87	Tanner Ealum	Anchorage Christian	2015
800 Meter	2:10.42	Morgan Dampier	Wasilla	2011
1600 Meter	4:48.31	Allie Ostrander	Kenai	2015
3200 Meter	10:09.73	Allie Ostrander	Kenai	2015
100m Hurdles	14.82	Rosie Smith	Bartlett	2011
300m Hurdles	43.49	Naomi Welling	Thunder Mt	2016
4 x 100m Relay	49.12	Hall, Griffin, Scherffius, Gould	Chugiak	2019
4 x 200m Relay	1:43.12	Hall, Griffin, Scherffius, Gould	Chugiak	2019
4 x 400m Relay	4:01.72	Sandahl, DeVito, Beeson, Flanagan	Kenai	2010
4 x 800m Relay	9:27.39	Nelson, Hutchings, Fox, McCormick	Soldotna	2015
High Jump	5'9"	Emma Nelson	Chugiak	2018
Long Jump	19'05.00"	Janay Deloach	Eielson	2003
Triple Jump	38'10.25"	Alisha Allen	Lathrop	2012
Discus	143'02.00"	Jenny Luer	Palmer	1997
Shot Put	44'4.75"	Jenny Luer	Palmer	1997

BOYS

EVENT	MARK	ATHLETE	SCHOOL	YEAR
100 Meter	10.86	Colton Herman	East Anchorage	2019
200 Meter	21.90	Joel Knight	Soldotna	1995
400 Meter	47.78	Ethan Hewitt	Chugiak	2007
800 Meter	1:49.2h	Doug Herron	Bartlett	1985
1600 Meter	4:12.17	Levi Thomet	Kodiak	2015
3200 Meter	8:52.53	Tristian Merchant	Anchorage Christian	2021
110m Hurdles	14.47	Logan Mathieu	Chugiak	2021
300m Hurdles	38.58	Elliott Bauer	South Anchorage	2011
4 x 100m Relay	43.24	Henderson, Haynes, Wilson, Suber	Bartlett	2018
4 x 200m Relay	1:28.5h	Ingram, Robinson, Myles, Pennino	Bartlett	1990
4 x 400m Relay	3:23.6h	Singleton, Perham, Stephens, Brownsberger	East Anchorage	1982
4 x 800m Relay	7:54.39	Mamikunian, Lane, Walgren, Talbot	Service	2010
High Jump	6'9.00"	Ben Jackson	Service	2009
Long Jump	23'0.00"	Dereck Ladson	West Valley	1997
Triple Jump	46'7.00"	Brandon Nicholson	Colony	2017
Discus	192'07"	Jordan Clarke	Bartlett	2007
Shot Put	71'03"	Jordan Clarke	Bartlett	2008

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2022 DII STATE CHAMPIONSHIP RESULTS

D II GIRLS

TEAM RESULTS

Champion	Anchorage Christian	113
Runner-up	Sitka	75
3 rd	Kenai Central	53
4 th	Seward	46
5 th	Homer	43
6 th	Valdez	32.5
7 th	Su Valley	31
8 th	Haines	30.5
9 th	Nikiski	28
10 th	Monroe	27
11 th	Redington	23
12 th	Tri-Valley	16

AWARDS

Academic Award: Su Valley (3.92)

Sportsmanship: Sitka

Outstanding Competitor: Carissa Houck (ACS)

D II BOYS

TEAM RESULTS

Champion	Grace Christian	113
Runner-up	Homer	79
3 rd	Kenai Central	64
4 th	Anchorage Christian	60
5 th	Valdez	57
6 th	Redington	30
7 th	Haines	25
8 th	Sitka	23
9 th	Seward	21
10 th	Ben Eielson	18
11 th	Houston	16
11 th	Nikolaevsk	16

AWARDS

Academic Award: Grace (3.85)

Sportsmanship: Seward

Outstanding Competitor: David Sliwinski (Grace)

INDIVIDUAL CHAMPIONS

GIRLS

100 Meters	Carissa Houck- ACS	12.86
200 Meters	Carissa Houck- ACS	26.49
400 Meters	Jeannie Cook-Monroe	1:02.32
800 Meters	Clare Mullin-Sitka	2:33.46
1600 Meters	Clare Mullin-Sitka	5:31.22
3200 Meters	Clare Mullin-Sitka	11:50.17
110 Hurdles	Carissa Houck- ACS	16.56
300 Hurdles	Carissa Houck- ACS	49.01
4x100 Relay	Anchorage Christian	53.55
4x200 Relay	Haines	1:56.06
4x400 Relay	Sitka	4:18.54
4x800 Relay	Anchorage Christian	10:22.60
Shot Put	Izzy Fisk-Homer	33'4"
Discus	Emily Bitler-Houston	106'4"
High Jump	Ellie VanDeventer-Tri-Valley	4'11"
Long Jump	Rylee Ellis-Nikiski	15'9"
Triple Jump	Addison Polesky-Eielson	33'3"

BOYS

Pharrel Carter-Redington	11.68
Brandon Polesky-Eielson	23.45
Matt Sanders-ACS	53.19
Gregory Fallon-Kenai	2:01.42
David Sliwinski-Grace	4:26.36
David Sliwinski-Grace	9:38.85
Dillon Fowler-Valdez	16.75
Nolan Warren-ACS	43.54
Kenai Central	46.26
Kenai Central	1:37.50
Anchorage Christian	3:39.48
Grace Christian	8:23.51
Cort Sandefur-Redington	45'06"
Dennis Mott-Valdez	143'8"
Justin Trail-Nikolaevsk	6'
Caleb Evans-Homer	19'11"
Tommy Cronin-Seward	41'7"

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2022 DI STATE CHAMPIONSHIP RESULTS

DI GIRLS

TEAM RESULTS

Champion	Chugiak	71
Runner-up	South Anchorage	66.5
3 rd	Juneau-Douglas	51
4 th	West Valley	46
5 th	Soldotna	45
6 th	Bettye Davis East	44
7 th	Thunder Mt	38
8 th	Palmer	36
9 th	Dimond	28
10 th	Lathrop	27
11 th	West Anchorage	26
12 th	Wasilla	25
13 th	Colony	24
14 th	Ketchikan	20

AWARDS

Academic Award: Palmer (4.0)

Sportsmanship: Bartlett

Outstanding Competitor: Olivia Mamae (BDE)

DI BOYS

TEAM RESULTS

Champion	Wasilla	82
Runner-up	West Valley	69
3 rd	Dimond	59
4 th	Chugiak	51
5 th	South Anchorage	40
6 th	Soldotna	39
7 th	Lathrop	38
8 th	Eagle River	33
9 th	Bartlett	30
10 th	Bettye Davis East	27
11 th	Service	24
12 th	Colony	23
13 th	Kodiak	16
14 th	West Anchorage	14

AWARDS

Academic Award: Thunder Mt (3.72)

Sportsmanship: Colony

Outstanding Competitor: Daniel Abramowicz (WVHS)

INDIVIDUAL CHAMPIONS

GIRLS

100 Meters	Olivia Mamae-Bettye Davis	12.32
200 Meters	Olivia Mamae-Bettye Davis	25.40
400 Meters	Katey Houser-Palmer	57.97
800 Meters	Addison Capozzi-Chugiak	2:19.85
1600 Meters	Campbell Peterson-Chugiak	5:10.47
3200 Meters	Campbell Peterson-Chugiak	11:19.29
110 Hurdles	Olivia Mamae-Bettye Davis	15.21
300 Hurdles	Mallory Welling-TMHS	47.39
4x100 Relay	Juneau-Douglas	50.25
4x200 Relay	South Anchorage	1:47.25
4x400 Relay	Juneau-Douglas	4:04.42
4x800 Relay	Soldotna	10:00.42
Shot Put	Laila Tosi-Bettye Davis	38'9"
Discus	Hadley Blasey-WVHS	126'11"
High Jump	Adara Hagelund-Soldotna	5'1"
Long Jump	Essence Slate-Lathrop	16'11"
Triple Jump	Trinity Jackson-JDHS	35'0"

BOYS

Josh Bailey-Chugaik	11.22
Cody Tirpack-Wasilla	22.78
Peyton George-Lathrop	50.43
Daniel Abramowicz-WVHS	1:57.09
Daniel Abramowicz-WVHS	4:24.01
Daniel Abramowicz-WVHS	9:12.68
Deshawn Campbell-Wasilla	16.05
Alan Szewczyk-ERHS	39.32
Chugiak	43.61
Chugiak	1:30.24
West Valley	3:30.83
Dimond	8:21.16
Eric Kolomeychuk-Wasilla	53'4"
Dylan Dahlgren-Soldotna	160'9"
Alex Emers-WVHS	6'3"
Dylan Jeffus-Wasilla	20'10"
A'lante Owens-Player-Bartlett	44'3"

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