

2022



TRACK & FIELD

STATE CHAMPIONSHIPS

1

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For more than 30 years, First National has helped Alaska's youth become tomorrow's leaders. We're proud to support ASAA as the Title Sponsor of championship and main events.



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ASAA WELCOME

On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA's corporate partners, welcome you to the 2022 ASAA/First National Bank Alaska Track & Field State Championships! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate you being part of this statewide championship event.



Billy Strickland
ASAA Executive Director



Strengthening Alaska Through Our Values

Proud sponsor of the Alaska School Activities Association





The Alaska School Activities Association is a statewide nonprofit organization established to direct, develop and support Alaska’s high school interscholastic sports, academic and fine arts activities.

MISSION STATEMENT

Strengthen student wellness, academic and social development by advocating equitable participation and fostering healthy competition for ALL Alaska students. #winforlife

VISION STATEMENT

To ensure ALL students have the opportunity to participate in co-curricular activities to develop positive life skills. #winforlife

#UnlimitedAlaskaLove



GCI is a proud sponsor of the
ALASKA SCHOOL ACTIVITIES ASSOCIATION



Great things happen when we connect with our communities.
GCI is committed to leading philanthropy efforts across
Alaska, donating \$2 million in cash, products, scholarships,
and grants to Alaska organizations each year.

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TOURNAMENT PERSONNEL

ASAA extends its appreciation to the following people for contributing their time and energy in making this year's ASAA/First National Bank Alaska Track & Field State Championships a success.

- **Dimond High School**
- **Don Winchester** - Dimond HS & Hall of Fame Member
- **Dimond High School Booster Club**

PLUS THE COUNTLESS NUMBER OF VOLUNTEERS THAT MAKE THIS STATE CHAMPIONSHIP POSSIBLE!! THANK YOU!!

Thank you





GO THE EXTRA MILE.

We like the way you never settle for less. That's why our team is happy to support your team at the 2022 ASAA/First National Bank Alaska Track and Field State Championships. Good luck out there.

club49hub.com

Alaska
AIRLINES





THE HISTORY OF ASAA

ASAA's roots predate statehood. In the early 1950s, school leaders in the Territory of Alaska recognized the need to separate the high school basketball program from the local town business leagues. William Zahradnicek of Palmer, and W.W. Lahnum and Gordon Guffey of Anchorage, joined forces to organize the Western Alaska High School Activities Association with a mandate to ensure the necessary educational leadership. Sterling Sears of Juneau and Les Wingard and J.E. Danielson of Ketchikan were moving ahead at the same time to form the Southeast Alaska Activities Association.

In 1956, the Territorial Department of Education Superintendents Advisory Commission determined the need for an organization that could establish common rules and regulations to guide the activities of the two associations. In the Fall of 1957, the commission approved the Constitution and Bylaws of the Alaska High School Activities Association (ASAA). Officers representing the two divisions were elected. The first Board of Control consisted of William Zahradnicek, Palmer, as Chairman, J.E. Danielson, Ketchikan, Secretary-Treasurer; and members George McMillan, Juneau, Joe Montgomery, Anchorage, and Sterling Sears, Juneau.

This informal arrangement worked very well until the early 1970s, when the State Legislature added a section to the Educational Statutes placing the Association under the Department of Education. School populations and the number of participating schools were increasing. After many meetings, the two original associations became five distinct Regions based on school size and geographic location. One year later, in 1976, Regions increased to six. The new Board of Control consisted of one member from each Region, a representative of the Association of Alaska School Boards, and a representative of the Superintendents Association. In 1978, the board added a representative of the Alaska Association of Student Governments.

Due to the increasing number of schools participating in boys and girls basketball, the need for additional statewide culminating events became evident. This required the formation of a classification system that spanned all of the Regions. This task fell to a committee composed of representatives from all six Regions. It was known as the "Black and Blue" Ribbon Study Commission because of the difficulties faced in satisfying the needs of each Region. In June 1981, the Board of Control adopted the Commission's recommendation to establish four classifications based on school enrollment with some overlap in the two smallest classes due to geographic location. The first statewide event for the smaller classes was an invitational basketball tournament held in Anchorage in 1983-84.

In 1986, the Department of Education eliminated funding for ASAA. The Board of Control voted to incorporate as a 501(c)(3) non-profit corporation, beginning July 1, 1987. Because of ongoing jurisdictional issues between the Association and the State of Alaska, both entities sought a legal resolution. This resulted in the 1995 repeal of the Legislative Statute that had placed ASAA under the Department of Education.

In 2007, in order to ensure consistent tobacco, alcohol and controlled substances policies by member schools and districts, the Board of Directors adopted the "Play for Keeps-Win for Life" program for all student participants. In 2011, the Alaska Legislature passed House Bill 15, (amended in 2012 under Senate Bill 119), that sets standards for concussion awareness, education, treatment and return to participation protocols. ASAA developed recommended policies and procedures to assist in the implementation of the law. In 2013, the Alaska Legislature passed Senate Bill 41 that addressed interscholastic participation by "alternative education program students." ASAA developed bylaws and policies to assist schools, students and families in the implementation of the statute.

Currently, the Alaska School Activities Association serves over 200 schools and 26,000 student participants. These student participants are active in 22 athletic activities and 6 academic activities culminating in 54 State Championship events! Without the support of the schools, students, coaches/advisors, parents, and fans ASAA couldn't be as successful as it has been since 1956. **THANK YOU!**



DONLIN GOLD

**Proud Supporter
& Sponsor of**





2022 ASAA/FIRST NATIONAL BANK TRACK & FIELD STATE CHAMPIONSHIPS SCHEDULE

Hosted by ASAA & Dimond High School

FRIDAY, MAY 27

FINAL FIELD EVENTS

8:15am - Clerk Check In Available

8:55 am - National Anthem

HIGH JUMP

9:00 am Div II Boys and Div I Boys (Pit 1)
9:00 am Div II Girls and Div I Girls (Pit 2)

DISCUS

9:15 am Div II Boys
11:00 am Div I Boys

SHOT PUT

9:30 am Unified Coed
10:30 am Div I Girls
12:15 pm Div II Girls

LONG JUMP

12:00 pm Unified Coed (Pit 1)
1:00 pm Div I Girls (Pit 2) and Div II Boys (Pit 1)
3:30 pm Div I Boys (Pit 1) and Div II Girls (Pit 2)

RUNNING EVENTS

10:30am - Clerk Check In Available

FINALS

11:30 am Div II Girls 3200M Final 11:55 am Div I Girls 3200M Final
12:20 pm Div II Boys 3200M Final 12:45 pm Div I Boys 3200M Final

PRELIMINARIES

1:20 pm Div II Girls 100M Hurdles	1:30 pm Div I Girls 100M Hurdles
1:45 pm Div II Boys 110M Hurdles	1:55 pm Div I Boys 110M Hurdles
2:05 pm Div II Girls 100M	2:15 pm Div I Girls 100M
2:25 pm Div II Boys 100M	2:35 pm Div I Boys 100M
2:45 pm Div II Girls 400M	2:55 pm Div I Girls 400M
3:05 pm Div II Boys 400M	3:15 pm Div I Boys 400M
3:30 pm Div II Girls 300M Hurdles	3:40 pm Div I Girls 300M Hurdles
3:55 pm Div II Boys 300M Hurdles	4:05 pm Div I Boys 300M Hurdles
4:20 pm Div II Girls 800M	4:30 pm Div I Girls 800M
4:40 pm Div II Boys 800M	4:50 pm Div I Boys 800M
5:05 pm Div II Girls 200M	5:15 pm Div I Girls 200M
5:25 pm Div II Boys 200M	5:35 pm Div I Boys 200M

5:50 pm Possible Run-Offs

SATURDAY, MAY 28

FINAL FIELD EVENTS

8:15am - Clerk Check In Available

TRIPLE JUMP

9:00 am Div II Girls (Pit 2)
Div I Boys (Pit 1)
12:00 pm Div II Boys (Pit 1)
Div I Girls (Pit 2)

DISCUS

9:15 am Div I Girls
11:30 am Div II Girls

SHOT PUT

9:30 am Div II Boys
11:15 am Div I Boys

FINAL RUNNING EVENTS

9:45 am - Clerk Check In Available

10:20 am - National Anthem

10:30 am Div II Girls 4x800M Relay	10:45 am Div I Girls 4x800M Relay
11:00 am Div II Boys 4x800M Relay	11:15 am Div I Boys 4x800M Relay
11:30 am Div II Girls 100M Hurdles	11:35 am Div I Girls 100M Hurdles
11:48 am Div II Boys 110M Hurdles	11:53 am Div I Boys 110M Hurdles
12:05 pm - Div II Girls 100M	12:10 pm Div I Girls 100M
12:15 pm Unified 100M (Partner heat / athlete heat)	
12:33 pm Div II Boys 100M	12:38 pm Div I Boys 100M
12:50 pm Div II Girls 4x200M Relay	1:00 pm Div I Girls 4x200M Relay
1:15 pm Div II Boys 4x200M Relay	1:25 pm Div I Boys 4x200M Relay
1:33 pm Div II Girls 1600M	1:43 pm Div I Girls 1600M
1:53 pm Div II Boys 1600M	2:03 pm Div I Boys 1600M
2:15 pm Div II Girls 4x100M Relay	2:23 pm Div I Girls 4x100M Relay
2:33 pm Unified 4x100M Relay	
2:43 pm Div II Boys 4x100M Relay	2:51 pm Div I Boys 4x100M Relay
2:58 pm Div II Girls 400M	3:07 pm Div I Girls 400M
3:14 pm Div II Boys 400M	3:21 pm Div I Boys 400M
3:30 pm Div II Girls 300M Hurdles	3:40 pm Div I Girls 300M Hurdles
3:50 pm Div II Boys 300M Hurdles	4:00 pm Div I Boys 300M Hurdles
4:15 pm Div II Girls 800M	4:25 pm Div I Girls 800M
4:35 pm Div II Boys 800M	4:45 pm Div I Boys 800M
4:55 pm Div II Girls 200M	5:03 pm Div I Girls 200M
5:10 pm Div II Boys 200M	5:17 pm Div I Boys 200M
5:30 pm Div II Girls 4x400M Relay	5:40 pm Div I Girls 4x400M Relay
5:50 pm Div II Boys 4x400M Relay	6:00 pm Div I Boys 4x400M Relay



WE'RE TEAMING UP!

Giving all Alaska students the opportunity to join in activities and reach their goals.

Thanks to our loyal customers and committed employees, ACC has grown to 35 retail stores throughout the state. Together with our meat processing plant, North Star Quality Meats, and our wholesale division, Pacific Alaska Wholesale, we strive to meet the food and merchandise needs of the communities we serve.

Sponsoring ASAA provides ACC with great opportunity to extend that same dedication to the youth of our villages.



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BE THE INFLUENCE

LEARN IT. LIVE IT. LEAD IT.

Alcohol misuse impacts the health of our people and our communities. *Be The Influence* empowers our young people to learn about the risks of alcohol use, have honest conversations about alcohol, delay alcohol use, and make healthy, alcohol-free life choices.

We want our young people to be the change they want to see in the world and *Be The Influence*.



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM

Learn more at anthc.org

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

Event 27 Women High Jump

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	291	Trotter, Jasmine	Eagle River	4'06.00"
2	237	Stephens-Favand, Oceana	Colony	4'06.00"
3	228	Matthews, Malia	Colony	4'06.00"
4	476	Hale, Sophie	Lathrop	4'06.00"
5	717	Welling, Mallory	Thunder Mountain	4'06.00"
6	649	Morrison, Katelyn	Soldotna	4'06.00"
7	667	Doerr, Miranda	South Anchorage	4'06.00"
8	196	Moore, Emily	Chugiak	4'08.00"
9	255	Fagerstrom, Delaney	Dimond	4'10.00"
10	673	Henrie, Hanna	South Anchorage	4'10.00"
11	804	Blasey, Hadley	West Valley	4'10.00"
12	641	Hagelund, Adara	Soldotna	5'00.00"
13	677	Lewallen, Kennedy	South Anchorage	5'01.00"

Event 17 Men Long Jump

Prelims

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
2	275	Skeete, Preston	Dimond	18'08.00"
3	712	Garcia, Anthony	Thunder Mountain	18'06.50"
4	136	Guzman, Zuriel	Bartlett	18'07.50"
5	301	Rushmeyer, Deshawn	East Anchorage	18'08.50"
6	194	Larsen, Anders	Chugiak	18'08.00"
7	207	Williams, Elijah	Chugiak	18'06.50"
8	449	Rhoads, Jared	Ketchikan	18'07.00"
9	475	George, Peyton	Lathrop	18'07.50"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	653	Sewell, Ethan	Soldotna	18'09.75"
2	144	Owens-Player, A'lante	Bartlett	21'03.00"
3	710	Darbonne, Chase	Thunder Mountain	19'08.00"
4	686	Peterson, Pike	South Anchorage	19'10.25"

5	767	Jeffus, Dylan	Wasilla	21'04.00"
6	795	Zamora, Willie	West Anchorage	20'10.00"
7	792	Sanchez, Ariel	West Anchorage	19'05.25"
8	189	Grant, Morgan	Chugiak	19'09.25"
9	671	Hakala, Chad	South Anchorage	20'02.00"

Event 9 Men High Jump

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	270	Ramirez-Tanori, Hernan	Dimond	5'06.00"
2	262	Kvidera, Ernest	Dimond	5'06.00"
3	246	Baker, Xzavier	Dimond	5'06.00"
4	758	Campbell, Deshawn	Wasilla	5'06.00"
5	250	Casey, Malachi	Dimond	5'06.00"
6	301	Rushmeyer, Deshawn	East Anchorage	5'08.00"
7	223	Jamison, Trevor	Colony	5'08.00"
8	449	Rhoads, Jared	Ketchikan	5'08.00"
9	805	Bostwick, Emanuel	West Valley	5'08.00"
10	568	Perkins, Phoenix	Service	5'08.00"
11	485	Parker, Earl	Lathrop	5'10.00"
12	686	Peterson, Pike	South Anchorage	5'10.00"
13	767	Jeffus, Dylan	Wasilla	5'10.00"
14	569	Perkins, Tristan	Service	6'03.00"
15	811	Emers, Alex	West Valley	6'03.00"

Event 227 Women High Jump

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	625	Parker, Ada	Sitka	4'02.00"
2	551	Simmons, Destiny	Redington	4'04.00"
3	386	Proell, Jillian	Hutchison	4'04.00"
4	369	Thoning, Brightly	Homer	4'04.00"
5	743	Kizer, Izzy	Valdez	4'04.00"
6	102	Anderson, Alexis	Anchorage Christian	4'06.00"

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

7	387	Sampson, Hannah	Hutchison	4'06.00"
8	544	Campbell, Mya	Redington	4'10.00"
9	704	Roderick, India	Su Valley	4'10.00"
10	731	VanDeventer, Ellie	Tri-Valley	4'10.00"

Event 217 Men Long Jump

Prelims

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	165	Salley, Landen	Ben Eielson	17'08.50"
2	742	Gage, Payton	Valdez	17'06.00"
3	377	Stapley, Samuel	Houston	17'09.50"
4	382	Heim, Logan	Hutchison	17'06.75"
5	433	Sparks, James	Kenai Central	17'07.25"
6	697	Benicheck, Finn	Su Valley	17'07.00"
7	615	Elefante, Angelo	Sitka	17'05.25"
8	629	Weiland, Annan	Sitka	17'08.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	426	Hippchen, Tyler	Kenai Central	18'08.75"
2	160	McGoffin, Casey	Ben Eielson	18'03.50"
3	592	Cronin, Tommy	Seward	19'07.75"
4	703	Moren, London	Su Valley	18'04.25"
5	355	Evans, Caleb	Homer	18'07.00"
6	735	Baczuk, Andrew	Valdez	18'05.00"
7	513	Trail, Justin	Nikolaevsk	18'01.25"
8	736	Baczuk, Joshua	Valdez	18'08.50"

Event 209 Men High Jump

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	620	Maxwell, Hank	Sitka	5'04.00"
2	612	Demmert, Trey	Sitka	5'04.00"
3	352	Carroll, Ryan	Homer	5'04.00"
4	504	Ellis, Ethan	Nikiski	5'04.00"

5	742	Gage, Payton	Valdez	5'04.00"
6	752	Watson, Allen	Valdez	5'04.00"
7	697	Benicheck, Finn	Su Valley	5'04.00"
8	739	Chadwick, Tate	Valdez	5'04.00"
9	614	Dow, Asa	Sitka	5'06.00"
10	699	Fox, Austin	Su Valley	5'06.00"
11	498	Johnson, Keyshawn	Monroe Catholic	5'08.00"
12	513	Trail, Justin	Nikolaevsk	5'08.00"
13	592	Cronin, Tommy	Seward	5'08.00"
14	114	Sanders, Matt	Anchorage Christian	5'10.00"
15	536	Durkin, Michael	Petersburg	5'10.00"

Event 13 Men Discus

Prelims

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	684	Nicholson, Evan	South Anchorage	33'11.00"
2	300	Pa'u, Puni	East Anchorage	124'10.00"
3	768	Kolomeychuk, Eric	Wasilla	120'05.00"
4	662	Asselin, Caleb	South Anchorage	118'06.00"
5	451	Rhoads, Joshua	Ketchikan	116'00.00"
6	463	Harper, Orion	Kodiak	119'07.00"
7	194	Larsen, Anders	Chugiak	117'09.00"
8	272	Reinbold, William	Dimond	123'01.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	482	Laughlin, Keegan	Lathrop	135'07.00"
2	640	Dahlgren, Dylan	Soldotna	147'11.00"
3	141	Naufahu Gaspar, Shaistin	Bartlett	135'11.00"
4	766	Hays, Liam	Wasilla	130'08.00"
5	523	Chandler, Adam	Palmer	128'06.00"
6	524	Glastetter, Parker	Palmer	128'02.00"
7	304	VaiVai, Mathias	East Anchorage	129'01.00"
8	302	Therault, Matthew	East Anchorage	138'11.00"
9	460	Fernandez, Mycus	Kodiak	128'04.00"

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

Event 230 Women Shot Put

Prelims

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	502	Burman, Shelby	Nikiski	26'08.50"
2	494	Chernich, Nadia	Monroe Catholic	27'11.25"
3	700	Garrett, Cadence	Su Valley	26'11.00"
4	540	Pawuk, Anya	Petersburg	26'08.00"
5	605	Brady, Ava	Sitka	27'08.00"
6	175	Simon, Malinda	Bethel	22'08.50"
7	751	VanBuskirk, Carlie	Valdez	28'01.25"
8	750	Togagae, Momoe	Valdez	27'00.50"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	119	Sorrells, Sarah	Anchorage Christian	29'07.00"
2	415	Beck, Emma	Kenai Central	31'06.00"
3	325	Lentfer, Sophia	Grace Christian	30'04.50"
4	589	Anderson, Hailey	Seward	29'05.25"
5	734	Askren, Alyvia	Valdez	30'07.75"
6	335	Wagner, Madeline	Gustavus	28'06.50"
7	357	Fisk, Izzy	Homer	31'08.00"
8	417	Bernard, Denali	Kenai Central	30'06.00"

Event 430 Women Unified Shot Put

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	515	Alcorta, Chloe	North Pole	NM
2	519	Davis, Destiny	North Pole	NM
3	583	Vonda, Scarlett	Service	15'06.25"
4	571	Pitka, Ellen	Service	16'01.25"
5	354	Dye, Stella	Homer	19'07.50"
6	553	Balluta, Raeann	Service	20'10.25"

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	358	Freeman, Albert	Homer	NM
2	516	Cline, William	North Pole	NM
3	621	Michelson, Jack	Sitka	NM
4	366	Parkinson, Lance	Homer	9'00.50"
5	566	Malcolm, Dylan	Service	12'03.00"
6	201	Sparks, Oz	Chugiak	16'06.50"
7	470	Sorto, Aljenadro	Kodiak	30'01.25"
8	567	McCrea Hunter, Jonathon	Service	22'01.75"

Event 612 Men Partners Shot Put

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	619	Hutton, Caleb	Sitka	NM
2	517	Connolly, Noah	North Pole	NM
3	359	Gordon, Elijah	Homer	NM
4	461	Fields, Micah	Kodiak	NM
5	351	Brost, Aiden	Homer	NM
6	191	Juliussen, Reed	Chugiak	20'03.00"
7	559	Crawford, North	Service	21'01.50"
8	555	Branson, Nolan	Service	31'06.00"

Event 630 Women Partners Shot Put

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	522	Massey, Daisy	North Pole	NM
2	587	Zaro, Angelehna	Service	17'03.75"
3	572	Reckmeyer, Maddy	Service	19'00.50"
4	576	Schwartz, Meredith	Service	19'03.75"
5	520	Dearth, Halle	North Pole	NM
6	357	Fisk, Izzy	Homer	31'08.00"

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

Event 417 Men Unified Long Jump

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	516	Cline, William	North Pole	NM
2	358	Freeman, Albert	Homer	NM
3	621	Michelson, Jack	Sitka	NM
4	208	Zaidi, Naseem	Chugiak	7'01.50"
5	574	Richard, Marc	Service	7'08.50"
6	554	Binion, Jaeden	Service	12'08.50"
7	561	Gerhardt, Jacob	Service	13'00.75"
8	465	Incognito, Richmon	Kodiak	15'01.00"

Event 435 Women Unified Long Jump

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	515	Alcorta, Chloe	North Pole	NM
2	519	Davis, Destiny	North Pole	NM
3	571	Pitka, Ellen	Service	6'09.75"
4	583	Vonda, Scarlett	Service	7'00.25"
5	553	Balluta, Raeann	Service	7'10.25"
6	354	Dye, Stella	Homer	11'06.50"

Event 635 Women Partners Long Jump

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	522	Massey, Daisy	North Pole	NM
2	520	Dearth, Halle	North Pole	NM
3	369	Thoning, Brightly	Homer	NM
4	572	Reckmeyer, Maddy	Service	7'10.50"
5	576	Schwartz, Meredith	Service	8'03.00"
6	587	Zaro, Angelehna	Service	8'11.00"
7	199	Parks, Anna	Chugiak	12'01.50"

Event 617 Men Partners Long Jump

Final

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	355	Evans, Caleb	Homer	NM
2	517	Connolly, Noah	North Pole	NM
3	619	Hutton, Caleb	Sitka	NM
4	469	Saarnowski, Jacob	Kodiak	NM
5	585	Wrigley, Jack	Service	NM
6	558	Clark, Paul	Service	12'07.00"
7	573	Richard, Aaron	Service	13'05.50"

Event 235 Women Long Jump

Prelims


5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	345	Long, Grace	Haines	13'02.00"
3	608	Christner, Jessica	Sitka	12'09.50"
4	505	Ellis, Rylee	Nikiski	13'05.75"
5	338	Dryden, Mackenzy	Haines	12'10.00"
6	384	Meyer, Lucie	Hutchison	13'03.00"
7	163	Polesky, Addison	Ben Eielson	13'05.50"
8	169	Cedars, Cadence	Bethel	NM
9	115	Scott, DiMena	Anchorage Christian	13'06.00"
10	591	Cronin, Robin	Seward	13'01.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	119	Sorrells, Sarah	Anchorage Christian	14'01.75"
2	723	Mayo, Kayla	Tri-Valley	13'06.75"
3	431	Nunn, Malerie	Kenai Central	13'08.50"
4	544	Campbell, Mya	Redington	14'11.50"
5	435	Wilson, Emilee	Kenai Central	13'09.75"
6	356	Evans, Leah	Homer	14'04.75"
7	422	Grieme, Malena	Kenai Central	14'07.75"
8	152	Brannan, Teslin	Ben Eielson	13'08.00"
9	743	Kizer, Izzy	Valdez	15'04.75"
10	321	Jackson, Hope	Grace Christian	13'11.25"



Chantelle, Operations Superintendent

ConocoPhillips Alaska
proudly supports ASAA
and all Alaska students


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2022 ASAA TRACK & FIELD STATE MEET PROGRAM

Event 213 Men Discus

Prelims

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	314	Beck, Charlie	Grace Christian	107'09.00"
2	120	Switzer, Elliott	Anchorage Christian	89'02.00"
3	600	Vanbuskirk, John	Seward	98'02.00"
4	737	Brewi, Gabe	Valdez	94'00.00"
5	324	Lentfer, Sloan	Grace Christian	105'03.00"
6	513	Trail, Justin	Nikolaevsk	101'02.00"
7	414	Anglebrandt, Adam	Kenai Central	107'02.00"
8	698	Bettes, Ethan	Su Valley	93'11.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	323	Lentfer, Luke	Grace Christian	138'06.00"
2	741	Francis, Hunter	Valdez	112'05.00"
3	549	Sandefur, Cort	Redington	126'10.00"
4	340	Gillham, Eric	Haines	123'09.00"
5	745	Mott, Dennis	Valdez	132'09.00"
6	437	Wright, John	Kenai Central	127'10.00"
7	239	Beard, Grizzly	Cook Inlet Academy	132'11.00"
8	342	Holm, Caleb	Haines	114'01.00"

Event 35 Women Long Jump

Prelims

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	190	Jensen, Samantha	Chugiak	14'07.25"
2	255	Fagerstrom, Delaney	Dimond	14'10.00"
3	649	Morrison, Katelyn	Soldotna	14'03.50"
4	203	Tusten, Sydney	Chugiak	15'01.00"
5	635	Bras, Gracie	Soldotna	14'10.50"
6	284	Pederson, Isabella	Eagle River	15'02.50"
7	638	Chavarria, Angelina	Soldotna	14'02.50"
8	675	King, Makaylen	South Anchorage	15'01.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	198	Oxentenko-Lowe, Koya	Chugiak	15'05.25"
2	667	Doerr, Miranda	South Anchorage	15'07.00"
3	761	Frizzelle, Kichelle	Wasilla	15'04.00"
4	788	Reed, Veronika	West Anchorage	16'01.00"
5	708	Baxter, Cailynn	Thunder Mountain	15'07.25"
6	489	Slate, Essence	Lathrop	16'09.50"
7	709	Baxter, Kerra	Thunder Mountain	15'04.00"
8	197	Nelson, Paige	Chugiak	16'04.50"

Event 30 Women Shot Put

Prelims

5/27/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	659	Werner, Abriella	Soldotna	29'08.00"
2	142	Nevitte, Marianna	Bartlett	30'00.75"
3	666	Brandt, Abigail	South Anchorage	30'06.25"
4	531	Pettit, Abby	Palmer	31'03.50"
5	204	Vitt, Haleigh	Chugiak	31'03.75"
6	757	Bodle, Dominique	Wasilla	31'02.50"
7	450	Rhoads, Jenae	Ketchikan	30'01.00"
8	529	Newland, Heidi	Palmer	29'04.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	765	Hays, Layla	Wasilla	33'01.00"
2	778	Elia, Salvation	West Anchorage	33'09.50"
3	303	Tosi, Laila	East Anchorage	36'08.75"
4	804	Blasey, Hadley	West Valley	38'01.75"
5	533	Uschmann, Sarah	Palmer	38'05.00"
6	764	Hays, Isabella	Wasilla	37'08.75"
7	786	Mata, Faith	West Anchorage	35'01.50"
8	678	Lobe, Liberty	South Anchorage	31'11.50"

Event 228 Women 100m Hurdles

Prelims

5/27/2022

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	103	Anderson, Alizabeth	Anchorage Christian	20.23
2	339	Getchell, Avari	Haines	18.84
3	626	Poulson, Adelaide	Sitka	18.00
4	321	Jackson, Hope	Grace Christian	17.15
5	365	Miotke, Gracie	Homer	17.77
6	384	Meyer, Lucie	Hutchison	18.03
7	590	Andrews, Nora	Seward	19.11
8	387	Sampson, Hannah	Hutchison	20.28

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	594	Dow, Stella	Seward	19.80
2	721	Eddington, McKinley	Tri-Valley	18.66
3	497	Hendricks, Erin	Monroe Catholic	17.98
4	108	Houck, Carissa	Anchorage Christian	16.99
5	152	Brannan, Teslin	Ben Eielson	17.96
6	381	Greene, Grace	Hutchison	18.21
7	356	Evans, Leah	Homer	19.17
8	425	Hershberger, Sierra	Kenai Central	20.33

Event 28 Women 100m Hurdles

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	651	Schwenk, Brandie	Soldotna	18.68
2	444	Loretan, Linnea	Ketchikan	18.33
3	247	Baumetz, Kalea	Dimond	17.35
4	446	Odden, Ada	Ketchikan	15.80
5	717	Welling, Mallory	Thunder Mountain	16.15
6	675	King, Makaylen	South Anchorage	17.98
7	774	Beagle, Karsen	West Anchorage	18.33
8	441	Capps, Trisha	Ketchikan	18.69

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	521	Kingry, Raegan	North Pole	18.55
2	468	Mangrobang, Marielle	Kodiak	18.05

3	193	Kruchoski, Ellen	Chugiak	17.09
4	297	Mamae, Olyvia	East Anchorage	15.65
5	691	Trevithick, Genevieve	South Anchorage	16.57
6	280	Eisenmayer, Milan	Eagle River	18.00
7	234	Sanchez, Isabella	Colony	18.38
8	638	Chavarria, Angelina	Soldotna	18.92

Event 210 Men 110m Hurdles

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	537	Lister, Chase	Petersburg	20.23
2	380	Evans, Elliott	Hutchison	19.18
3	355	Evans, Caleb	Homer	18.12
4	318	Daggett, Geremu	Grace Christian	17.24
5	351	Brost, Aiden	Homer	17.27
6	433	Sparks, James	Kenai Central	18.65
7	596	Hill, Paxton	Seward	19.29
8	614	Dow, Asa	Sitka	20.33

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	151	Brannan, Dakota	Ben Eielson	19.47
2	343	Jacobson, Phoenix	Haines	18.96
3	126	Warren, Nolan	Anchorage Christian	17.93
4	740	Fowler, Dillon	Valdez	17.10
5	320	Jackson, Clayton	Grace Christian	17.80
6	125	Underhile, Trenton	Anchorage Christian	18.72
7	610	Davis, David	Sitka	19.36
8	514	Rickards, Levi	Ninilchik	21.97

Event 10 Men 110m Hurdles

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	292	Watson, Matthew	Eagle River	19.14
2	449	Rhoads, Jared	Ketchikan	18.30

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

3	238	Swanson, Kodi	Colony	17.42
4	758	Campbell, Deshawn	Wasilla	16.26
5	771	Reynolds, Kade	Wasilla	16.80
6	136	Guzman, Zuriel	Bartlett	17.72
7	466	Jensen, Max	Kodiak	18.56
8	808	Dayton, Kadin	West Valley	19.28

Heat 2

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	479	James, Asher	Lathrop	18.71
2	210	Barnes, Nicholas	Colony	18.14
3	263	Kvidera, Kermit	Dimond	17.13
4	289	Szewczyk Jr, Alan	Eagle River	15.33
5	235	Shelden, Ryan	Colony	16.97
6	134	Foss, Hayden	Bartlett	17.97
7	647	Mellon, Wayne	Soldotna	18.70
8	815	Helms, Koty	West Valley	19.37

Event 219 Women 100m

Prelims

5/27/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	158	Loveless, Sara	Ben Eielson	14.31
2	339	Getchell, Avari	Haines	14.19
3	111	Layton, Amaliah	Anchorage Christian	13.81
4	743	Kizer, Izzy	Valdez	13.54
5	101	Alex-Mayer, Trinity	Anchorage Christian	13.57
6	422	Grieme, Malena	Kenai Central	13.85
7	163	Polesky, Addison	Ben Eielson	14.24
8	746	Palomar, Anika	Valdez	14.34

Heat 2

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	243	Fraleigh, Honor	Delta Junction	14.27
2	607	Chong, Deszerei	Sitka	14.17
3	706	Shockey, Samantha	Su Valley	13.63
4	108	Houck, Carissa	Anchorage Christian	13.11
5	495	Cook, Jeannie	Monroe Catholic	13.60

6	367	Prescott, Alana	Homer	13.90
7	551	Simmons, Destiny	Redington	14.26
8	381	Greene, Grace	Hutchison	14.36

Event 19 Women 100m

Prelims

5/27/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	711	Dompeling, Hailey	Thunder Mountain	13.85
2	252	Diemer, Elisabeth Grace	Dimond	13.48
3	390	Bruno, Cosley	Juneau-Douglas Yadaa.at Kale	13.03
4	817	Manley, Olivia	West Valley	12.76
5	788	Reed, Veronika	West Anchorage	12.97
6	399	Jackson, Trinity	Juneau-Douglas Yadaa.at Kale	13.19
7	812	Fields, Layla	West Valley	13.51
8	635	Bras, Gracie	Soldotna	13.86

Heat 2

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	634	Braden, Telotha	Soldotna	13.84
2	799	Acquistapace, Sofia	West Valley	13.43
3	140	Johnson, Ja'Nyla	Bartlett	12.99
4	297	Mamae, Olyvia	East Anchorage	12.43
5	688	Schmalle, Victoria	South Anchorage	12.98
6	691	Trevithick, Genevieve	South Anchorage	13.32
7	249	Campbell, Avrey	Dimond	13.59
8	392	Dawson, Hannah	Juneau-Douglas Yadaa.at Kale	13.87

Event 201 Men 100m

Prelims

5/27/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	729	Stickle, Corey	Tri-Valley	12.47
2	316	Boyce, Kaleb	Grace Christian	12.27
3	342	Holm, Caleb	Haines	12.10
4	150	Brandon, Polesky	Ben Eielson	11.88
5	416	Begich, Jacob	Kenai Central	11.88

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6	619	Hutton, Caleb	Sitka	12.11
7	535	Cumps, Hendrik	Petersburg	12.28
8	725	Renshaw, Michael	Tri-Valley	12.60

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	421	Graves, Reagan	Kenai Central	12.42
2	509	Haybeck, Walter	Nikiski	12.23
3	498	Johnson, Keyshawn	Monroe Catholic	11.96
4	242	Clark, LJ	Delta Junction	11.86
5	546	Carter, Pharrel	Redington	11.89
6	375	Hawes, Trenton	Houston	12.20
7	373	Burke, Zahn	Houston	12.38
8	602	Adres, Rex	Sitka	12.62

Event 1 Men 100m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	712	Garcia, Anthony	Thunder Mountain	11.84
2	762	Grisso, Timothy	Wasilla	11.58
3	205	Walker, Semaj	Chugiak	11.40
4	180	Bailey, Josh	Chugiak	11.02
5	475	George, Peyton	Lathrop	11.27
6	298	Montenegro, Andrew	East Anchorage	11.44
7	718	White, Lucas	Thunder Mountain	11.64
8	715	Malacas, Quincy	Thunder Mountain	11.84

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	130	Byrd, Ethan	Bartlett	11.84
2	445	Lorig, Jason	Ketchikan	11.54
3	671	Hakala, Chad	South Anchorage	11.35
4	391	Connally, James	Juneau-Douglas Yadaa.at Kale	10.94
5	299	Morris, Brian	East Anchorage	11.34
6	795	Zamora, Willie	West Anchorage	11.53
7	473	Coleman, Eddie	Lathrop	11.71
8	779	Fineman, Jack	West Anchorage	11.88

Event 261 Women 3200m

Final

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	622	Mullin, Clare	Sitka	11:40.06
2	597	Ingalls, Hailey	Seward	11:44.59
3	627	Prussian, Anna	Sitka	12:09.13
4	104	Brower, Debbie	Anchorage Christian	12:09.19
5	616	Gassman, Emma	Sitka	12:12.13
6	341	Godinez Long, Ariel	Haines	12:13.43
7	418	Boonstra, Jayna	Kenai Central	12:28.43
8	333	Thatcher, Georgia	Grace Christian	12:49.09
9	430	Moss, Emily	Kenai Central	13:04.20
10	538	Lister, Kinley	Petersburg	13:10.54
11	348	Badajos, Elena	Homer	13:13.11
12	308	Gerlach, Brynna	Glennallen	13:26.81
13	123	Timmcke, Jordan	Anchorage Christian	13:39.06
14	595	Guernsey, Aly	Seward	14:01.67
15	330	Schaffer, Delaney	Grace Christian	14:02.87
16	153	Burkeen, Kaydance	Ben Eielson	14:09.30

Event 61 Women 3200m

Final

5/27/2022

Heat 1


Lane	ID	Name	Affiliation	Seeding
1	200	Peterson, Campbell	Chugiak	11:26.23
2	681	Miller, Robyn	South Anchorage	11:38.30
3	525	Houser, Katey	Palmer	11:44.05
4	793	Smith, Payton	West Anchorage	11:45.33
5	222	Hopkins, Ella	Colony	11:45.79
6	290	Trembath, Ava	Eagle River	11:59.83
7	685	Page, Elizabeth	South Anchorage	12:00.89
8	196	Moore, Emily	Chugiak	12:03.40
9	394	Eller, Etta	Juneau-Douglas Yadaa.at Kale	12:04.82
10	814	Grubis, Riga	West Valley	12:10.53
11	650	Ruffner, Jordan	Soldotna	12:18.50
12	802	Bailey, Gloria	West Valley	12:20.43





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13	406	Schwartz, Annika	Juneau-Douglas Yadaa.at Kale	12:35.19
14	787	Meyers, Berit	West Anchorage	12:42.34
15	254	Erickson, Emily	Dimond	12:43.43
16	405	Ricke, Pacific	Juneau-Douglas Yadaa.at Kale	12:46.12

Event 260 Men 3200m

Final

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	363	McDonough, Seamus	Homer	9:31.25
2	327	Lochmann, Seth	Grace Christian	9:32.05
3	331	Slivinski, David	Grace Christian	9:33.02
4	113	Merchant, Preston	Anchorage Christian	9:51.51
5	319	Elliott, Ty	Grace Christian	9:52.55
6	313	Annett, Robbie	Grace Christian	9:57.53
7	332	Thatcher, Ben	Grace Christian	10:03.02
8	611	Demmert, Silas	Sitka	10:12.75
9	334	Zingone, Aiden	Grace Christian	10:15.53
10	539	Lucas, Uriah	Petersburg	10:23.42
11	543	Willis, Breiland	Petersburg	10:34.22
12	618	Hitchcock, Connor	Sitka	10:51.54
13	329	Pounds, Andrew	Grace Christian	11:12.08
14	161	McGoffin, Christopher	Ben Eielson	11:38.26
15	174	Peters, Ned	Bethel	11:44.59

Event 60 Men 3200m

Final

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	256	Gardiner, Jared	Dimond	9:32.19
2	798	Abramowicz, Daniel	West Valley	9:35.89
3	232	Rongitsch, Matthew	Colony	9:55.64
4	824	Vonnahme, Cirdan	West Valley	10:03.96
5	455	Anderson, Bengt	Kodiak	10:05.69
6	580	Soule, Elias	Service	10:14.46
7	665	Boyer, Blaise	South Anchorage	10:14.47

8	769	Lackey, Brennan	Wasilla	10:16.12
9	780	Hanley, Blake	West Anchorage	10:18.80
10	213	Buchanan, Tobias	Colony	10:22.80
11	689	Smith, Ryan	South Anchorage	10:23.67
12	807	Buth, Nicholas	West Valley	10:24.61
13	260	Jackson, Jarrett	Dimond	10:24.89
14	279	Borchardt, Damien	Eagle River	10:26.66
15	794	Soberay, Dylan	West Anchorage	10:29.69
16	411	Vera Alvarado, Edgar	Juneau-Douglas Yadaa.at Kale	10:46.20

Event 221 Women 400m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	308	Gerlach, Brynna	Glennallen	1:08.42
2	731	VanDeventer, Ellie	Tri-Valley	1:05.75
3	495	Cook, Jeannie	Monroe Catholic	1:04.78
4	512	Stock, Savanna	Nikiski	1:04.83
5	369	Thoning, Brightly	Homer	1:06.73
6	311	Rude, Teagan	Glennallen	1:08.44
7	613	Dill, Marina	Sitka	1:09.80
8	154	Christensen, Ashley	Ben Eielson	1:09.97

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	631	Young, Maitlin	Sitka	1:08.12
2	701	Kehoe, Bethany	Su Valley	1:05.51
3	109	Houck, Jenna	Anchorage Christian	1:03.04
4	551	Simmons, Destiny	Redington	1:05.01
5	362	McDonough, Beatrix	Homer	1:07.42
6	112	Mathot, Nyamach	Anchorage Christian	1:08.54
7	696	Bedingfield, Heidi	Su Valley	1:09.13
8	240	Anderson, Alora	Delta Junction	1:10.95

Event 21 Women 400m

Prelims

5/27/2022

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	214	Bustillos, Monica	Colony	1:04.65
2	562	Hayes, Jordan	Service	1:01.79
3	181	Belmear, Skyler	Chugiak	1:00.82
4	817	Manley, Olivia	West Valley	1:00.93
5	637	Burns, Ellie	Soldotna	1:03.27
6	785	Legate, Samantha	West Anchorage	1:04.96
7	231	Riese, Kathleen	Colony	1:06.56
8	457	Baker, Ayla	Kodiak	1:06.57

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	186	Fields, Aliyah	Chugiak	1:04.12
2	682	Morris, Skyler	South Anchorage	1:01.75
3	525	Houser, Katey	Palmer	59.53
4	693	Zock, Elliana	South Anchorage	1:01.02
5	183	Capozzi, Addison	Chugiak	1:03.74
6	224	Knutsen, Cassidy	Colony	1:05.82
7	182	Burruup, Ada	Chugiak	1:06.23

Event 203 Men 400m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	328	Merriner, Colton	Grace Christian	56.24
2	434	Veksejs, Armands	Kenai Central	55.55
3	318	Daggett, Geremu	Grace Christian	54.65
4	344	Jones, Kaleb	Haines	54.81
5	160	McGoffin, Casey	Ben Eielson	55.75
6	368	Seneff, Lance	Homer	56.41
7	722	Lucas, Wyatt	Tri-Valley	58.39
8	176	Smith, Sheldon	Bethel	58.40

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	436	Wright, George	Kenai Central	56.17
2	377	Stapley, Samuel	Houston	54.94
3	114	Sanders, Matt	Anchorage Christian	54.31

4	736	Baczuk, Joshua	Valdez	54.86
5	359	Gordon, Elijah	Homer	56.06
6	748	Smilie, Jason	Valdez	56.82
7	385	Morris, Jameson	Hutchison	57.20
8	162	Ogburn, Landon	Ben Eielson	58.64

Event 3 Men 400m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	275	Skeete, Preston	Dimond	55.08
2	644	Johnson, Nathanael	Soldotna	53.59
3	658	Tacey II, Leigh	Soldotna	52.65
4	690	Tirpack, Cody	South Anchorage	53.31
5	219	Essman, Andrew	Colony	53.73
6	271	Reinbold, James	Dimond	55.21
7	393	Dillingham, Wilder	Juneau-Douglas Yadaa.at Kale	55.67
8	518	Croan, Ryan	North Pole	55.72

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	803	Beck, Curtis	West Valley	54.87
2	810	Dominique, Elijah	West Valley	53.41
3	475	George, Peyton	Lathrop	51.30
4	286	Shepherd, Mark	Eagle River	53.38
5	565	Maes, Preston	Service	54.32
6	189	Grant, Morgan	Chugiak	55.32
7	642	Innes, James	Soldotna	55.33
8	716	Paden, Justus	Thunder Mountain	55.78

Event 229 Women 300m Hurdles

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	747	Smelcer, Isabella	Valdez	59.99
2	497	Hendricks, Erin	Monroe Catholic	52.50
3	704	Roderick, India	Su Valley	51.51

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2022 ASAA TRACK & FIELD STATE MEET PROGRAM

4	626	Poulson, Adelaide	Sitka	51.60
5	321	Jackson, Hope	Grace Christian	52.95
6	538	Lister, Kinley	Petersburg	1:01.19

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	425	Hershberger, Sierra	Kenai Central	57.28
2	544	Campbell, Mya	Redington	51.88
3	108	Houck, Carissa	Anchorage Christian	49.42
4	346	Williamson, Avery	Haines	51.76
5	152	Brannan, Teslin	Ben Eielson	57.00
6	547	Howlett, Isabella	Redington	1:01.47
7	103	Anderson, Alizabeth	Anchorage Christian	1:03.96

Event 29 Women 300m Hurdles

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	478	Hausman, Rachel	Lathrop	52.09
2	675	King, Makaylen	South Anchorage	50.90
3	774	Beagle, Karsen	West Anchorage	48.46
4	280	Eisenmayer, Milan	Eagle River	49.14
5	652	Sedivy, Anaulie	Soldotna	51.12
6	474	Daniel, Kaitlyn	Lathrop	52.38
7	293	Wilson, Riley	Eagle River	53.16
8	220	Ewing, Breanna	Colony	54.18

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	645	McAnelly, Kaytlin	Soldotna	51.69
2	212	Boney, Viviana	Colony	50.61
3	717	Welling, Mallory	Thunder Mountain	47.81
4	446	Odden, Ada	Ketchikan	49.23
5	197	Nelson, Paige	Chugiak	51.29
6	444	Loretan, Linnea	Ketchikan	52.62
7	459	Blanco, Jisselle	Kodiak	53.10
8	190	Jensen, Samantha	Chugiak	54.33

Event 211 Men 300m Hurdles

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	596	Hill, Paxton	Seward	48.26
2	380	Evans, Elliott	Hutchison	47.26
3	351	Brost, Aiden	Homer	43.67
4	740	Fowler, Dillon	Valdez	44.86
5	125	Underhile, Trenton	Anchorage Christian	47.29
6	428	Krol, Matthew	Kenai Central	48.46
7	752	Watson, Allen	Valdez	49.45

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	606	Carlos, Sergio	Sitka	47.73
2	352	Carroll, Ryan	Homer	46.89
3	126	Warren, Nolan	Anchorage Christian	43.31
4	343	Jacobson, Phoenix	Haines	46.01
5	614	Dow, Asa	Sitka	47.41
6	423	Hayes, Ransom	Kenai Central	49.00
7	116	Scott, Max	Anchorage Christian	49.20
8	610	Davis, David	Sitka	50.58

Event 11 Men 300m Hurdles

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	238	Swanson, Kodi	Colony	44.77
2	646	McRorie, Daniel	Soldotna	43.88
3	758	Campbell, Deshawn	Wasilla	41.69
4	528	Merritt, Arthur	Palmer	43.31
5	676	Lefano, Fafu	South Anchorage	44.16
6	235	Shelden, Ryan	Colony	44.96
7	556	Caldarera, Kyan	Service	45.98
8	137	Henderson, Jonah	Bartlett	45.99

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	277	Weber, Grant	Dimond	44.69

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2	820	Petersen, Caleb	West Valley	43.71
3	289	Szewczyk Jr, Alan	Eagle River	41.12
4	479	James, Asher	Lathrop	43.54
5	136	Guzman, Zuriel	Bartlett	44.51
6	400	Johns, Caden	Juneau-Douglas Yadaa.at Kale	45.62
7	221	Holladay, Shane	Colony	45.84
8	483	Littel, Jarren	Lathrop	46.38

Event 222 Women 800m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	627	Prussian, Anna	Sitka	2:33.52
2	341	Godinez Long, Ariel	Haines	2:33.82
3	616	Gassman, Emma	Sitka	2:39.15
4	106	Carter, Faith	Anchorage Christian	2:42.07
5	500	Wilkerson, Miranda	Monroe Catholic	2:45.24
6	362	McDonough, Beatrix	Homer	2:46.79
7	330	Schaffer, Delaney	Grace Christian	3:02.57
8	542	Thompson, Kate	Petersburg	3:04.56

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	622	Mullin, Clare	Sitka	2:17.01
2	505	Ellis, Rylee	Nikiski	2:35.66
3	598	Sieminski, Shelby	Seward	2:38.87
4	333	Thatcher, Georgia	Grace Christian	2:42.68
5	346	Williamson, Avery	Haines	2:43.41
6	123	Timmcke, Jordan	Anchorage Christian	2:51.04
7	153	Burkeen, Kaydance	Ben Eielson	2:57.84
8	309	Ranck, Bella	Glennallen	3:23.93

Event 22 Women 800m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	657	Strausbaugh, Jordan	Soldotna	2:26.26

2	183	Capozzi, Addison	Chugiak	2:26.65
3	200	Peterson, Campbell	Chugiak	2:29.63
4	636	Burns, Annie	Soldotna	2:29.66
5	186	Fields, Alliyah	Chugiak	2:31.78
6	681	Miller, Robyn	South Anchorage	2:32.13
7	756	Abalos, Anna	Wasilla	2:39.00
8	453	Walker, Jenna	Ketchikan	2:39.29
9	664	Boltz, Anna	South Anchorage	5:23.84

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	222	Hopkins, Ella	Colony	2:25.06
2	557	Chang, Zoe	Service	2:27.65
3	683	Murphy, Ava	South Anchorage	2:28.69
4	674	Hobson, Indigo	South Anchorage	2:30.58
5	403	Morley, Maisy	Juneau-Douglas Yadaa.at Kale	2:31.42
6	814	Grubis, Riga	West Valley	2:35.93
7	442	Frey, Carol	Ketchikan	2:38.32
8	211	Belliston, Mariella	Colony	2:40.40

Event 204 Men 800m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	363	McDonough, Seamus	Homer	2:02.89
2	419	Fallon, Gregory	Kenai Central	2:03.59
3	327	Lochmann, Seth	Grace Christian	2:06.26
4	629	Weiland, Annan	Sitka	2:07.07
5	313	Annett, Robbie	Grace Christian	2:11.26
6	620	Maxwell, Hank	Sitka	2:14.28
7	241	Bullard, Aidan	Delta Junction	2:22.51
8	178	Worland, Kaleb	Birchwood Christian	2:32.06

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	319	Elliott, Ty	Grace Christian	2:02.09
2	113	Merchant, Preston	Anchorage Christian	2:04.96
3	331	Sliwinski, David	Grace Christian	2:05.95

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4	434	Veksejs, Armands	Kenai Central	2:08.61
5	337	Davis, Luke	Haines	2:10.06
6	612	Demmert, Trey	Sitka	2:15.57
7	617	Helem, James	Sitka	2:15.60
8	177	Vasquez, Alvino	Bethel	2:34.56

Event 4 Men 800m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	644	Johnson, Nathanael	Soldotna	2:02.58
2	232	Rongitsch, Matthew	Colony	2:04.04
3	261	Johnsen, Max	Dimond	2:06.26
4	256	Gardiner, Jared	Dimond	2:07.27
5	286	Shepherd, Mark	Eagle River	2:09.67
6	251	Dicang, Dash	Dimond	2:09.92
7	714	Johns, Matthew	Thunder Mountain	2:11.37
8	452	Styles, Casey	Ketchikan	2:11.72

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	798	Abramowicz, Daniel	West Valley	2:01.16
2	813	Fisher, Shane	West Valley	2:04.84
3	781	Kimball, Murphy	West Anchorage	2:05.12
4	518	Croan, Ryan	North Pole	2:08.88
5	763	Hayes, Landon	Wasilla	2:09.53
6	530	Owens, Ryan	Palmer	2:10.11
7	687	Robinson, Rowan	South Anchorage	2:10.46

Event 220 Women 200m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	626	Poulson, Adelaide	Sitka	29.29
2	512	Stock, Savanna	Nikiski	29.00
3	495	Cook, Jeannie	Monroe Catholic	28.18
4	101	Alex-Mayer, Trinity	Anchorage Christian	28.21

5	111	Layton, Amaliah	Anchorage Christian	29.00
6	551	Simmons, Destiny	Redington	29.33
7	115	Scott, DiMena	Anchorage Christian	30.11
8	631	Young, Maitlin	Sitka	30.12

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	339	Getchell, Avari	Haines	29.12
2	367	Prescott, Alana	Homer	28.58
3	108	Houck, Carissa	Anchorage Christian	27.14
4	706	Shockey, Samantha	Su Valley	28.54
5	381	Greene, Grace	Hutchison	29.06
6	158	Loveless, Sara	Ben Eielson	29.61
7	499	Simard, Anya	Monroe Catholic	30.00
8	243	Fraley, Honor	Delta Junction	30.19

Event 20 Women 200m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	663	Bailey, Brooklyn	South Anchorage	27.71
2	788	Reed, Veronika	West Anchorage	27.16
3	817	Manley, Olivia	West Valley	26.23
4	390	Bruno, Cosley	Juneau-Douglas Yadaa.at Kale	26.46
5	140	Johnson, Ja'Nyla	Bartlett	27.16
6	562	Hayes, Jordan	Service	27.96
7	682	Morris, Skyler	South Anchorage	28.33
8	487	Pletnikoff, Anastasia	Lathrop	28.40

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	446	Odden, Ada	Ketchikan	27.64
2	525	Houser, Katey	Palmer	26.91
3	297	Mamae, Olyvia	East Anchorage	26.14
4	489	Slate, Essence	Lathrop	26.58
5	688	Schmalle, Victoria	South Anchorage	27.26
6	812	Fields, Layla	West Valley	28.06
7	410	Tuckwood, Skylar	Juneau-Douglas Yadaa.at Kale	28.26

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8 825 Willis, Hannah West Valley 28.43

Event 202 Men 200m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	421	Graves, Reagan	Kenai Central	25.21
2	318	Daggett, Geremu	Grace Christian	24.80
3	416	Begich, Jacob	Kenai Central	24.04
4	114	Sanders, Matt	Anchorage Christian	24.33
5	323	Lentfer, Luke	Grace Christian	24.86
6	359	Gordon, Elijah	Homer	25.24
7	725	Renshaw, Michael	Tri-Valley	25.67
8	705	Shockey, Jacob	Su Valley	25.68

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	342	Holm, Caleb	Haines	25.03
2	498	Johnson, Keyshawn	Monroe Catholic	24.64
3	150	Brandon, Polesky	Ben Eielson	23.43
4	546	Carter, Pharrel	Redington	24.63
5	703	Moren, London	Su Valley	25.01
6	733	Alfaro, Nicolas	Valdez	25.36
7	110	Igwacho, Darian	Anchorage Christian	25.38
8	624	Olney-Miller, Dezi	Sitka	25.92

Event 2 Men 200m

Prelims

5/27/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	810	Dominique, Elijah	West Valley	23.89
2	180	Bailey, Josh	Chugiak	23.53
3	299	Morris, Brian	East Anchorage	23.25
4	391	Connally, James	Juneau-Douglas Yadaa.at Kale	23.26
5	658	Tacey II, Leigh	Soldotna	23.62
6	653	Sewell, Ethan	Soldotna	24.39
7	130	Byrd, Ethan	Bartlett	24.63

8 528 Merritt, Arthur Palmer 24.79

Heat 2

Lane	ID	Name	Affiliation	Seeding
1	205	Walker, Semaj	Chugiak	23.84
2	475	George, Peyton	Lathrop	23.34
3	690	Tirpack, Cody	South Anchorage	23.08
4	762	Grisso, Timothy	Wasilla	23.34
5	185	Dunn, Michael	Chugiak	23.70
6	676	Lefano, Fafo	South Anchorage	24.41
7	143	Nevitte, Marquez	Bartlett	24.41
8	439	Boles, Phoenix	Ketchikan	25.04

Event 218 Men Triple Jump

Prelims

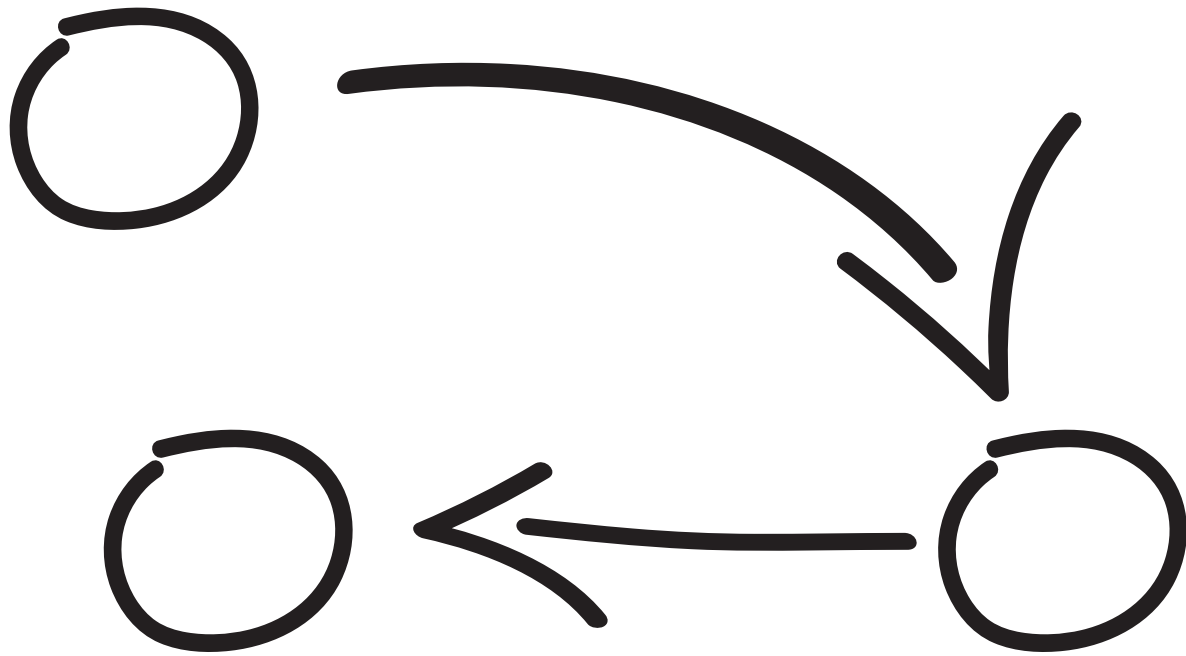
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Flight 1

Pos	ID	Name	Affiliation	Seeding
1	374	DeBuse, Charlie	Houston	34'02.25"
2	168	Atchak, Samuel	Bethel	25'05.50"
3	360	Gordon, Joe	Homer	35'00.50"
4	337	Davis, Luke	Haines	35'10.75"
5	510	Mullins, Dwight	Nikiski	35'01.50"
7	378	Trelfa, Alex	Houston	35'03.00"
8	545	Campbell, Myles	Redington	34'07.50"
9	739	Chadwick, Tate	Valdez	36'01.50"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	623	Myers, Felix	Sitka	36'10.50"
2	615	Elefante, Angelo	Sitka	36'09.25"
3	550	Seymore, Logan	Redington	37'09.00"
4	592	Cronin, Tommy	Seward	39'03.50"
5	513	Trail, Justin	Nikolaevsk	38'01.00"
6	368	Seneff, Lance	Homer	36'05.50"
7	535	Cumps, Hendrik	Petersburg	38'11.25"
8	733	Alfaro, Nicolas	Valdez	37'07.50"
9	382	Heim, Logan	Hutchison	39'06.75"



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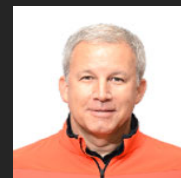




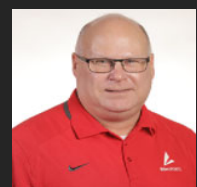
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Event 31 Women Discus

Prelims

5/28/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	659	Werner, Abriella	Soldotna	83'05.00"
2	757	Bodle, Dominique	Wasilla	88'05.00"
3	778	Elia, Salvation	West Anchorage	88'07.00"
4	268	O'Neil, Jahzara	Dimond	87'08.00"
5	648	Morris, Madalyn	Soldotna	88'03.00"
6	288	Stone, Lydia	Eagle River	93'07.00"
7	678	Lobe, Liberty	South Anchorage	87'02.00"
8	204	Vitt, Haleigh	Chugiak	90'06.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	775	Brown, Norah	West Anchorage	94'01.00"
2	303	Tosi, Laila	East Anchorage	105'04.00"
3	764	Hays, Isabella	Wasilla	112'03.00"
4	633	Anderson, Ashlee	Soldotna	97'08.00"
5	450	Rhoads, Jenae	Ketchikan	99'04.00"
6	804	Blasey, Hadley	West Valley	120'11.00"
7	666	Brandt, Abigail	South Anchorage	96'11.00"
8	765	Hays, Layla	Wasilla	115'06.00"

Event 212 Men Shot Put

Prelims

5/28/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	118	Smith, Blaine	Anchorage Christian	34'07.00"
2	503	Colton, Jesse	Nikiski	33'09.00"
3	244	Hunt, Stephen	Delta Junction	34'07.00"
4	508	Goodnight, Tim	Nikiski	33'07.50"
5	507	Goodnight, Dalton	Nikiski	33'10.50"
6	698	Bettes, Ethan	Su Valley	32'10.00"
7	737	Brewi, Gabe	Valdez	33'03.50"
8	496	Grahek, Weston	Monroe Catholic	34'00.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
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1	745	Mott, Dennis	Valdez	41'04.00"
2	541	Spigelmyre, Sean	Petersburg	38'08.00"
3	549	Sandefur, Cort	Redington	42'05.00"
4	511	Porter, Braeden	Nikiski	37'05.50"
5	324	Lentfer, Sloan	Grace Christian	39'01.00"
6	619	Hutton, Caleb	Sitka	35'05.50"
7	388	Sampson, Josiah	Hutchison	35'11.50"
8	323	Lentfer, Luke	Grace Christian	41'00.50"

Event 18 Men Triple Jump

Prelims

5/28/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	715	Malacas, Quincy	Thunder Mountain	38'03.75"
2	132	Drake, Tyler	Bartlett	37'09.75"
3	805	Bostwick, Emanuel	West Valley	38'00.00"
4	530	Owens, Ryan	Palmer	37'07.75"
5	449	Rhoads, Jared	Ketchikan	37'09.50"
6	407	Sleppy, Jake	Juneau-Douglas Yadaa.at Kale	38'00.50"
7	263	Kvidera, Kermit	Dimond	37'11.75"
8	527	Johnson, Logan	Palmer	37'06.25"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	144	Owens-Player, A'lante	Bartlett	43'08.25"
2	207	Williams, Elijah	Chugiak	39'01.75"
3	767	Jeffus, Dylan	Wasilla	40'02.00"
4	472	Bandith, Kalvyn	Lathrop	38'06.25"
5	639	Chavarria, Isaac	Soldotna	39'00.75"
6	194	Larsen, Anders	Chugiak	40'11.00"
7	189	Grant, Morgan	Chugiak	39'02.25"
8	777	Dykstra, Murphy	West Anchorage	38'04.75"

Event 236 Women Triple Jump

Prelims

5/28/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
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1	345	Long, Grace	Haines	29'03.50"
2	506	Ellis, Zoey	Nikiski	28'02.50"
3	540	Pawuk, Anya	Petersburg	26'09.50"
4	169	Cedars, Cadence	Bethel	NM
5	102	Anderson, Alexis	Anchorage Christian	27'05.75"
6	338	Dryden, Mackenzy	Haines	28'03.75"
7	427	Kahn, Grace	Kenai Central	26'06.75"
8	544	Campbell, Mya	Redington	29'04.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	163	Polesky, Addison	Ben Eielson	32'08.75"
2	746	Palomar, Anika	Valdez	30'10.50"
3	431	Nunn, Malerie	Kenai Central	30'00.00"
4	723	Mayo, Kayla	Tri-Valley	29'05.00"
5	384	Meyer, Lucie	Hutchison	30'04.25"
6	435	Wilson, Emilee	Kenai Central	31'01.75"
7	119	Sorrells, Sarah	Anchorage Christian	29'06.00"
8	591	Cronin, Robin	Seward	32'09.75"

Event 36 Women Triple Jump

Prelims

5/28/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	708	Baxter, Cailynn	Thunder Mountain	30'07.00"
2	477	Handy, Promise	Lathrop	31'01.50"
3	203	Tusten, Sydney	Chugiak	31'03.75"
4	641	Hagelund, Adara	Soldotna	30'09.50"
5	675	King, Makaylen	South Anchorage	31'00.00"
6	214	Bustillos, Monica	Colony	30'07.75"
7	229	McIntosh, Rylee	Colony	30'02.25"
8	709	Baxter, Kerra	Thunder Mountain	31'00.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	526	Hronkin, Brooke	Palmer	31'07.50"
2	197	Nelson, Paige	Chugiak	33'03.00"
3	399	Jackson, Trinity	Juneau-Douglas Yadaa.at Kale	34'00.00"

4	284	Pederson, Isabella	Eagle River	31'10.75"
5	775	Brown, Norah	West Anchorage	31'11.75"
6	655	Sisley, Mandi	Soldotna	31'10.50"
7	649	Morrison, Katelyn	Soldotna	31'04.75"
8	140	Johnson, Ja'Nyla	Bartlett	32'05.00"

Event 267 Women 4x800m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	413	Kenai Central - A	Kenai Central	10:45.47
2	100	Anchorage Christian - A	Anchorage Christian	10:52.36
3	588	Seward - A	Seward	10:56.18
4	601	Sitka - A	Sitka	11:36.33

Event 67 Women 4x800m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	471	Lathrop - A	Lathrop	10:34.62
2	772	West Anchorage - A	West Anchorage	10:39.48
3	632	Soldotna - A	Soldotna	10:40.82
4	278	Eagle River - A	Eagle River	10:41.51
5	209	Colony - A	Colony	10:52.23
6	389	Juneau-Douglas Yadaa.at Kal Juneau-Douglas Yadaa.at Kale		10:57.28
7	245	Dimond - A	Dimond	11:02.51
8	438	Ketchikan - A	Ketchikan	11:02.90

Event 239 Men 4x800m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	312	Grace Christian - A	Grace Christian	8:47.12
2	100	Anchorage Christian - A	Anchorage Christian	9:19.37
3	601	Sitka - A	Sitka	9:19.77
4	413	Kenai Central - A	Kenai Central	9:21.79

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5	732	Valdez - A	Valdez	9:36.42
6	347	Homer - A	Homer	10:08.37
7	148	Ben Eielson - A	Ben Eielson	10:38.95

Event 12 Men Shot Put

Prelims

5/28/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	684	Nicholson, Evan	South Anchorage	16'00.00"
2	482	Laughlin, Keegan	Lathrop	42'00.75"
3	524	Glastetter, Parker	Palmer	41'04.50"
4	719	Wiederspohn, Mathias	Thunder Mountain	37'06.50"
6	272	Reinbold, William	Dimond	40'10.50"
7	782	Kioa, John	West Anchorage	40'06.00"
8	532	Tipton, Callaghan	Palmer	40'00.00"
9	129	Alailefaleula, Niko	Bartlett	41'11.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	656	Steger, Kevin	Soldotna	42'08.50"
2	640	Dahlgren, Dylan	Soldotna	53'10.00"
3	768	Kolomeychuk, Eric	Wasilla	50'02.00"
4	458	Bautista, Aron	Kodiak	42'11.00"
5	460	Fernandez, Mycus	Kodiak	42'07.75"
6	463	Harper, Orion	Kodiak	48'07.50"
7	264	Lutton, Stuart	Dimond	43'05.00"
8	523	Chandler, Adam	Palmer	43'04.00"
9	141	Naufahu Gaspar, Shaistin	Bartlett	53'01.25"

Event 39 Men 4x800m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	245	Dimond - A	Dimond	8:28.25
2	552	Service - A	Service	8:34.51
3	209	Colony - A	Colony	8:37.34
4	454	Kodiak - A	Kodiak	8:37.57

5	661	South Anchorage - A	South Anchorage	8:39.26
6	278	Eagle River - A	Eagle River	8:48.87
7	389	Juneau-Douglas Yadaa.at Kal Juneau-Douglas Yadaa.at Kale		9:11.78
8	796	West Valley - A	West Valley	11:55.13

Event 231 Women Discus

Prelims

5/28/2022

Flight 1

Pos	ID	Name	Affiliation	Seeding
1	155	Jones, Samantha	Ben Eielson	82'01.00"
2	734	Askren, Alyvia	Valdez	86'05.00"
3	751	VanBuskirk, Carlie	Valdez	76'00.00"
4	415	Beck, Emma	Kenai Central	80'10.00"
5	749	Taylor, Katarina	Valdez	84'04.00"
6	492	Warren, Amara	Lumen Christi	79'03.00"
7	417	Bernard, Denali	Kenai Central	88'01.00"
8	605	Brady, Ava	Sitka	80'00.00"

Flight 2

Pos	ID	Name	Affiliation	Seeding
1	750	Togagae, Momoe	Valdez	94'01.00"
2	548	Pike, Alexia	Redington	99'04.00"
3	119	Sorrells, Sarah	Anchorage Christian	88'02.00"
4	589	Anderson, Hailey	Seward	93'10.00"
5	494	Chernich, Nadia	Monroe Catholic	97'03.00"
6	325	Lentfer, Sophia	Grace Christian	88'05.00"
7	372	Bitler, Emily	Houston	110'05.00"
8	353	Cress, Auden	Homer	93'10.00"

Event 619 Women Partners 100m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	349	Black, McKenna	Homer	NT
2	576	Schwartz, Meredith	Service	15.51
3	560	Eck, Paris	Service	14.39
4	572	Reckmeyer, Maddy	Service	15.07

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

5 587 Zaro, Angelehna Service 16.63

Event 601 Men Partners 100m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	350	Boss-Harmon, Liam	Homer	NT
2	582	Voigt, Ruger	Service	13.49
3	585	Wrigley, Jack	Service	12.52
4	191	Juliussen, Reed	Chugiak	12.89
5	619	Hutton, Caleb	Sitka	NT
6	462	Grimes, Miles	Kodiak	NT
7	517	Connolly, Noah	North Pole	NT

Event 419 Womens Unified 100m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
2	571	Pitka, Ellen	Service	18.69
3	553	Balluta, Raeann	Service	18.07
4	583	Vonda, Scarlett	Service	18.11
5	354	Dye, Stella	Homer	25.62

Event 401 Men Unified 100m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	516	Cline, William	North Pole	NT
2	456	Arevalo, Arvin	Kodiak	30.91
3	621	Michelson, Jack	Sitka	NT
4	581	Varela, Hector	Service	14.18
5	561	Gerhardt, Jacob	Service	12.44
6	570	Peters, Trevon	Service	14.16
7	201	Sparks, Oz	Chugiak	17.65
8	366	Parkinson, Lance	Homer	27.24

Event 251 Women 4x200m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	493	Monroe Catholic - A	Monroe Catholic	2:00.17
2	312	Grace Christian - A	Grace Christian	1:59.05
3	694	Su Valley - A	Su Valley	1:56.54
4	336	Haines - A	Haines	1:58.96
5	501	Nikiski - A	Nikiski	2:00.07
6	347	Homer - A	Homer	2:00.92
7	379	Hutchison - A	Hutchison	2:03.24
8	601	Sitka - A	Sitka	2:03.40

Event 51 Women 4x200m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	128	Bartlett - A	Bartlett	1:53.43
2	245	Dimond - A	Dimond	1:51.30
3	661	South Anchorage - A	South Anchorage	1:48.95
4	471	Lathrop - A	Lathrop	1:49.06
5	179	Chugiak - A	Chugiak	1:51.51
6	796	West Valley - A	West Valley	1:54.73
7	209	Colony - A	Colony	1:55.05
8	438	Ketchikan - A	Ketchikan	1:55.10

Event 250 Men 4x200m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	312	Grace Christian - A	Grace Christian	1:39.99
2	413	Kenai Central - A	Kenai Central	1:38.99
3	148	Ben Eielson - A	Ben Eielson	1:38.57
4	732	Valdez - A	Valdez	1:38.84
5	347	Homer - A	Homer	1:39.37
6	601	Sitka - A	Sitka	1:41.69
7	371	Houston - A	Houston	1:41.82



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8 166 Bethel - A Bethel 1:54.49

Event 50 Men 4x200m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	128	Bartlett - A	Bartlett	1:35.71
2	796	West Valley - A	West Valley	1:34.47
3	179	Chugiak - A	Chugiak	1:30.63
4	278	Eagle River - A	Eagle River	1:32.93
5	294	East Anchorage - A	East Anchorage	1:35.42
6	661	South Anchorage - A	South Anchorage	1:35.72
7	632	Soldotna - A	Soldotna	1:35.77
8	389	Juneau-Douglas Yadaa.at Kal	Juneau-Douglas Yadaa.at Kale	1:36.63

Event 253 Women 1600m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	622	Mullin, Clare	Sitka	5:18.12
2	597	Ingalls, Hailey	Seward	5:37.04
3	627	Prussian, Anna	Sitka	5:38.64
4	341	Godinez Long, Ariel	Haines	5:40.45
5	104	Brower, Debbie	Anchorage Christian	5:44.86
6	311	Rude, Teagan	Glennallen	5:45.11
7	616	Gassman, Emma	Sitka	5:46.64
8	418	Boonstra, Jayna	Kenai Central	5:49.98
9	598	Sieminski, Shelby	Seward	5:52.61
10	702	Kehoe, Emma	Su Valley	5:52.76
11	348	Badajos, Elena	Homer	5:58.91
12	333	Thatcher, Georgia	Grace Christian	6:02.30
13	106	Carter, Faith	Anchorage Christian	6:04.65
14	538	Lister, Kinley	Petersburg	6:05.84
15	430	Moss, Emily	Kenai Central	6:06.15
16	500	Wilkerson, Miranda	Monroe Catholic	6:15.48

Event 53 Women 1600m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	793	Smith, Payton	West Anchorage	5:15.39
2	200	Peterson, Campbell	Chugiak	5:16.18
3	657	Strausbaugh, Jordan	Soldotna	5:26.19
4	222	Hopkins, Ella	Colony	5:28.42
5	681	Miller, Robyn	South Anchorage	5:31.18
6	290	Trembath, Ava	Eagle River	5:32.69
7	394	Eller, Etta	Juneau-Douglas Yadaa.at Kale	5:35.78
8	196	Moore, Emily	Chugiak	5:36.25
9	814	Grubis, Riga	West Valley	5:38.16
10	685	Page, Elizabeth	South Anchorage	5:39.71
11	683	Murphy, Ava	South Anchorage	5:40.54
12	406	Schwartz, Annika	Juneau-Douglas Yadaa.at Kale	5:41.19
13	802	Bailey, Gloria	West Valley	5:41.52
14	826	Wool, Evelyn	West Valley	5:46.62
15	586	Wuerth, Adria	Service	5:47.79

Event 252 Men 1600m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	363	McDonough, Seamus	Homer	4:29.08
2	327	Lochmann, Seth	Grace Christian	4:29.37
3	331	Silwinski, David	Grace Christian	4:30.16
4	313	Annett, Robbie	Grace Christian	4:39.52
5	113	Merchant, Preston	Anchorage Christian	4:40.14
6	611	Demmert, Silas	Sitka	4:41.69
7	337	Davis, Luke	Haines	4:42.26
8	319	Elliott, Ty	Grace Christian	4:42.57
9	539	Lucas, Uriah	Petersburg	4:44.22
10	419	Fallon, Gregory	Kenai Central	4:49.68
11	334	Zingone, Aiden	Grace Christian	4:50.40
12	612	Demmert, Trey	Sitka	4:51.41
13	332	Thatcher, Ben	Grace Christian	4:53.08

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

14	429	Laker, Jack	Kenai Central	4:55.78
15	174	Peters, Ned	Bethel	5:18.04
16	738	Caruthers, Rafe	Valdez	5:18.18

Event 52 Men 1600m

Final

5/28/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	798	Abramowicz, Daniel	West Valley	4:26.97
2	256	Gardiner, Jared	Dimond	4:31.01
3	813	Fisher, Shane	West Valley	4:31.98
4	232	Rongitsch, Matthew	Colony	4:39.49
5	824	Vonnahme, Cirdan	West Valley	4:40.30
6	455	Anderson, Bengt	Kodiak	4:44.19
7	665	Boyer, Blaise	South Anchorage	4:45.32
8	269	Prosser, Nicholas	Dimond	4:46.09
9	769	Lackey, Brennan	Wasilla	4:46.21
10	580	Soule, Elias	Service	4:47.33
11	279	Borchardt, Damien	Eagle River	4:47.51
12	230	Rice, Jayden	Colony	4:49.33
13	807	Buth, Nicholas	West Valley	4:49.39
14	794	Soberay, Dylan	West Anchorage	4:51.80
15	714	Johns, Matthew	Thunder Mountain	4:54.52

Event 225 Women 4x100m

Final

5/28/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	720	Tri-Valley - A	Tri-Valley	54.73
2	694	Su Valley - A	Su Valley	54.25
3	100	Anchorage Christian - A	Anchorage Christian	53.88
4	347	Homer - A	Homer	53.93
5	413	Kenai Central - A	Kenai Central	54.65
6	732	Valdez - A	Valdez	55.12
7	601	Sitka - A	Sitka	58.56
8	166	Bethel - A	Bethel	1:03.64

Event 25 Women 4x100m

Final

5/28/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	707	Thunder Mountain - A	Thunder Mountain	52.93
2	772	West Anchorage - A	West Anchorage	52.19
3	661	South Anchorage - A	South Anchorage	51.20
4	389	Juneau-Douglas Yadaa.at Kal Juneau-Douglas Yadaa.at Kale		51.95
5	245	Dimond - A	Dimond	52.29
6	796	West Valley - A	West Valley	53.23
7	179	Chugiak - A	Chugiak	53.79
8	209	Colony - A	Colony	54.30

Event 425 Women Unified 4x100 Relay

Final

5/28/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
3	552	Service - A	Service	1:06.94

Event 407 Men Coed Unified 4x100m

Final

5/28/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	179	Chugiak - A	Chugiak	1:07.57
2	0	Service - D	Service	1:04.39
3	552	Service - A	Service	52.65
4	577	Service - B	Service	57.40
5	578	Service - C	Service	1:06.04
6	454	Kodiak - A	Kodiak	1:26.80
7	347	Homer - A	Homer	1:31.72

Event 207 Men 4x100

Final

5/28/2022

Heat 1

<u>Lane</u>	<u>ID</u>	<u>Name</u>	<u>Affiliation</u>	<u>Seeding</u>
1	534	Petersburg - A	Petersburg	48.58

2022 ASAA TRACK & FIELD STATE MEET PROGRAM

2	694	Su Valley - A	Su Valley	48.10
3	413	Kenai Central - A	Kenai Central	46.69
4	732	Valdez - A	Valdez	47.64
5	371	Houston - A	Houston	48.18
6	601	Sitka - A	Sitka	49.15
7	312	Grace Christian - A	Grace Christian	49.61
8	166	Bethel - A	Bethel	57.30

Event 7 Men 4x100m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	755	Wasilla - A	Wasilla	46.01
2	661	South Anchorage - A	South Anchorage	45.25
3	179	Chugiak - A	Chugiak	44.22
4	294	East Anchorage - A	East Anchorage	45.02
5	707	Thunder Mountain - A	Thunder Mountain	45.60
6	471	Lathrop - A	Lathrop	46.01
7	796	West Valley - A	West Valley	46.02
8	128	Bartlett - A	Bartlett	46.11

Event 226 Women 4x400m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	588	Seward - A	Seward	4:41.68
2	336	Haines - A	Haines	4:34.50
3	601	Sitka - A	Sitka	4:33.36
4	100	Anchorage Christian - A	Anchorage Christian	4:33.37
5	347	Homer - A	Homer	4:36.57
6	413	Kenai Central - A	Kenai Central	4:49.71
7	306	Glennallen - A	Glennallen	5:13.31
8	148	Ben Eielson - A	Ben Eielson	5:47.27

Event 26 Women 4x400m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	471	Lathrop - A	Lathrop	4:20.70
2	389	Juneau-Douglas Yadaa.at Kal Juneau-Douglas Yadaa.at Kale		4:19.59
3	179	Chugiak - A	Chugiak	4:16.08
4	552	Service - A	Service	4:18.16
5	632	Soldotna - A	Soldotna	4:20.03
6	661	South Anchorage - A	South Anchorage	4:25.40
7	796	West Valley - A	West Valley	4:26.89
8	209	Colony - A	Colony	4:29.70

Event 208 Men 4x400m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	100	Anchorage Christian - A	Anchorage Christian	3:47.50
2	413	Kenai Central - A	Kenai Central	3:46.18
3	347	Homer - A	Homer	3:43.60
4	336	Haines - A	Haines	3:44.77
5	601	Sitka - A	Sitka	3:46.58
6	732	Valdez - A	Valdez	3:50.21
7	694	Su Valley - A	Su Valley	3:52.96
8	166	Bethel - A	Bethel	4:23.19

Event 8 Men 4x400m

Final

5/28/2022

Heat 1

Lane	ID	Name	Affiliation	Seeding
1	389	Juneau-Douglas Yadaa.at Kal Juneau-Douglas Yadaa.at Kale		3:40.38
2	278	Eagle River - A	Eagle River	3:36.47
3	245	Dimond - A	Dimond	3:35.51
4	552	Service - A	Service	3:35.89
5	632	Soldotna - A	Soldotna	3:39.57
6	179	Chugiak - A	Chugiak	3:41.29
7	438	Ketchikan - A	Ketchikan	3:41.47
8	796	West Valley - A	West Valley	3:45.78



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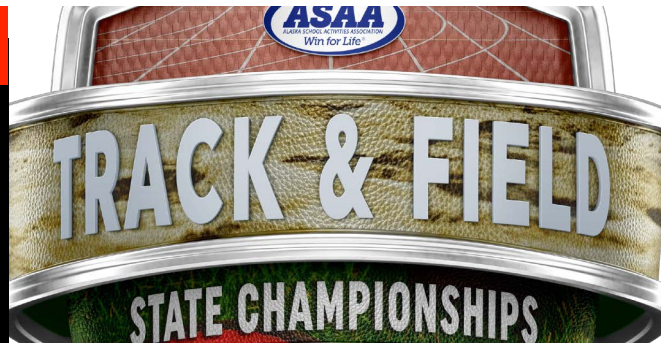
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Athletic Director Serge Duchatellier
Head Coach Chris Waythomas
Assistant Coaches Jake Moe, Lindsay Williams, Cody Anderson, Hannah Edmonds, Dan Hayes, Jonathan Railing



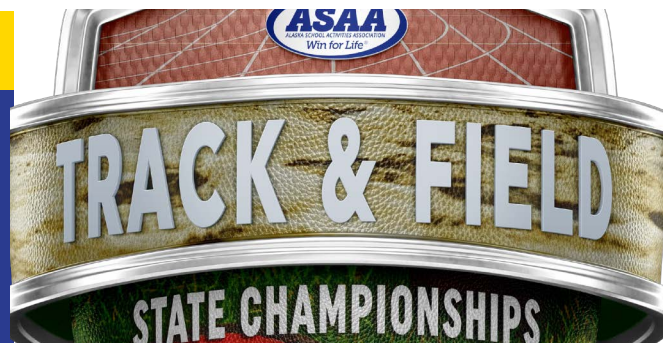
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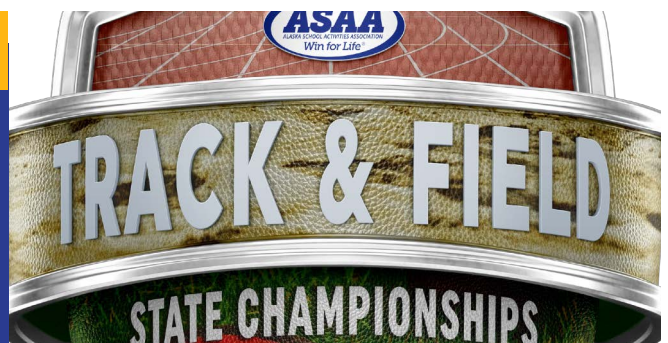
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Principal Amy Baller
Head Coach Morgan Matks



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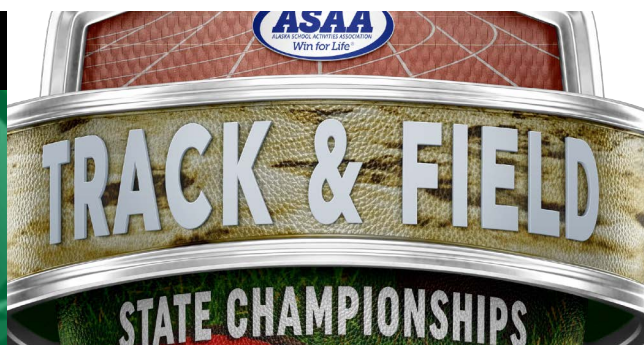
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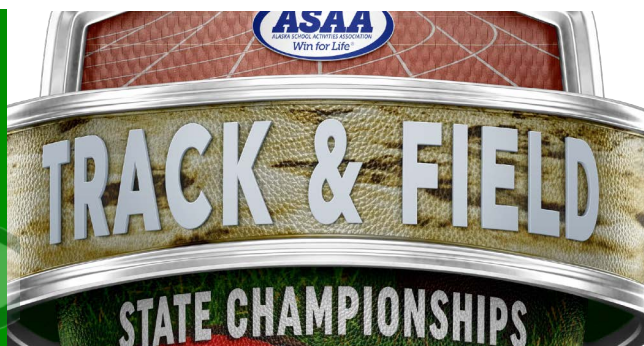
CRAIG PANTHERS

Principal	Betty Hall
Athletic Director	Troy Thain
Head Coach	



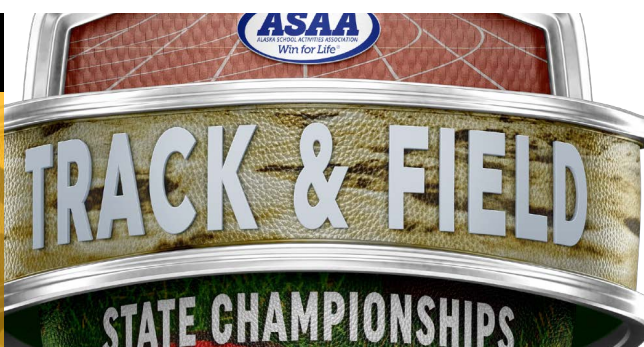
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Principal	Michael Lee
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Head Coach	Tara Owen



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Head Coach	Kelly Gerlach
Assistant Coach	Mackenzie Dysinger



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Head Coach	Tara Edwards
Assistant Coaches	Tyler Jackson, Trish Kopp, Jason Boerger



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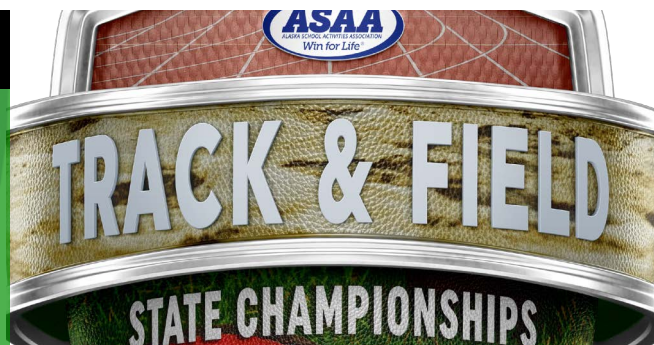
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Head Coach	Megan Bishop



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Assistant Coaches	Nikki Fazenbaker Andy Rotherberger



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Head Coach	Charles Whittington
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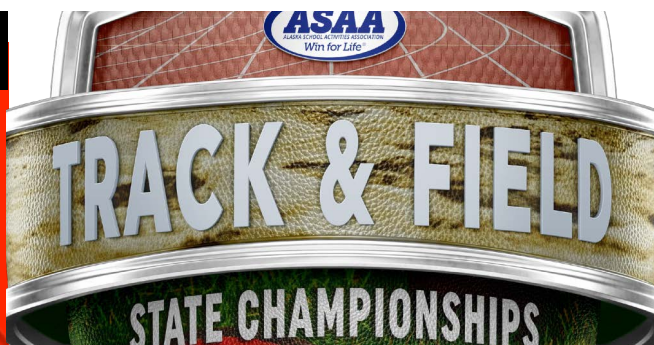
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Assistant Coaches	Robert Marcotte Justice Lunceford



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Athletic Director John Warren
Head Coach John Warren



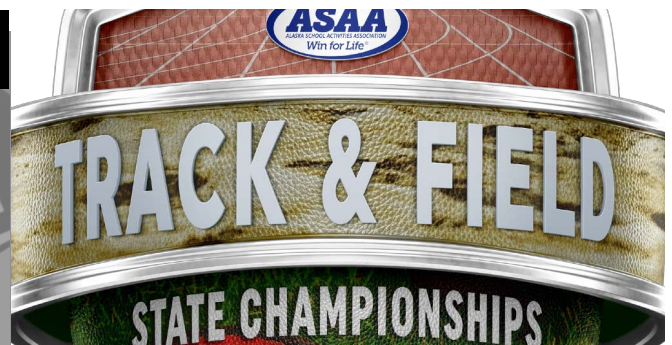
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Principal Patrick Riggs
Athletic Director Frank Ostanik
Head Coach Susan Schwartz
Assistant Coaches John Mayer & Todd Carey



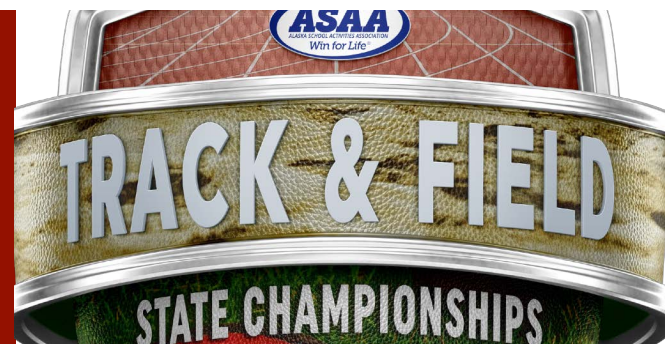
NIKISKI BULLDOGS

Principal Shane Bostic
Athletic Director Dylan Hooper
Head Coach Cade Anderson
Assistant Coach Matt Trammel



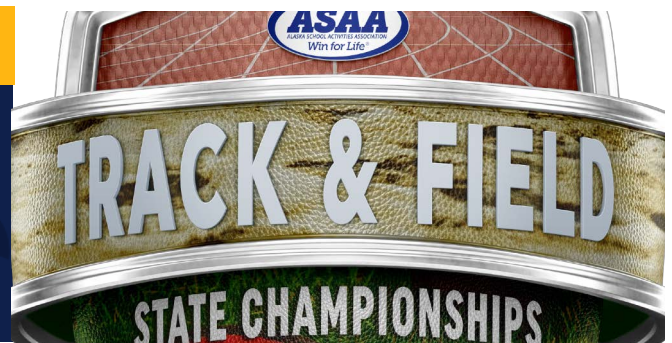
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Head Coach Debra Blossom



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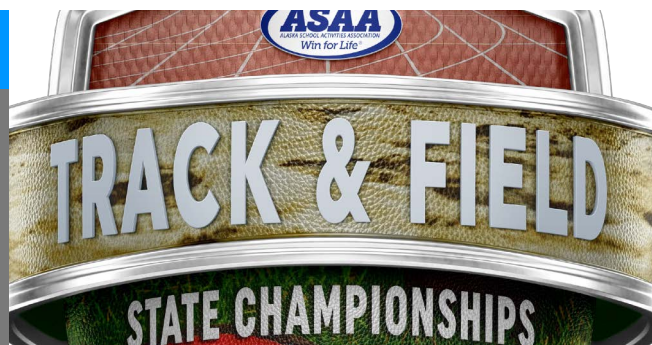
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Athletic Director Jeffrey Ambrosier
Head Coach Debra Blossom



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Head Coach Mathias Weinberger
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Athletic Director Al Plan
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Athletic Director Rich Krupa
Head Coach Jeremy Strong
Assistant Coaches Shasta Smith, Keith Brady, Dianne Chong



SU-VALLEY RAMS

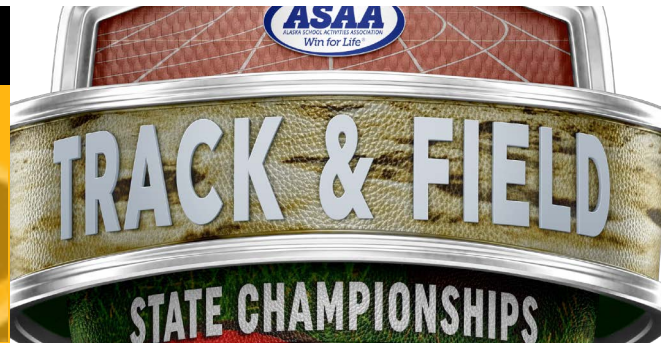
Principal Lisa Shelby
Athletic Director James Sickler
Head Coach Steve Harrison
Assistant Coaches Mike Matthews



DII TEAM PICTURES & COACHES INFORMATION

THORNE BAY WOLVERINES

Principal
Athletic Director
Head Coach



TRI-VALLEY WARRIORS

Principal Nathan Pitt
Athletic Director Peggy Menke
Head Coach Kerry McIver
Assistant Coach Aaron Eddington



VALDEZ BUCCANEERS

Principal Jon Berkeley
Athletic Director Todd Wegner
Head Coach Becky Walker
Assistant Coach Lee Chadwick





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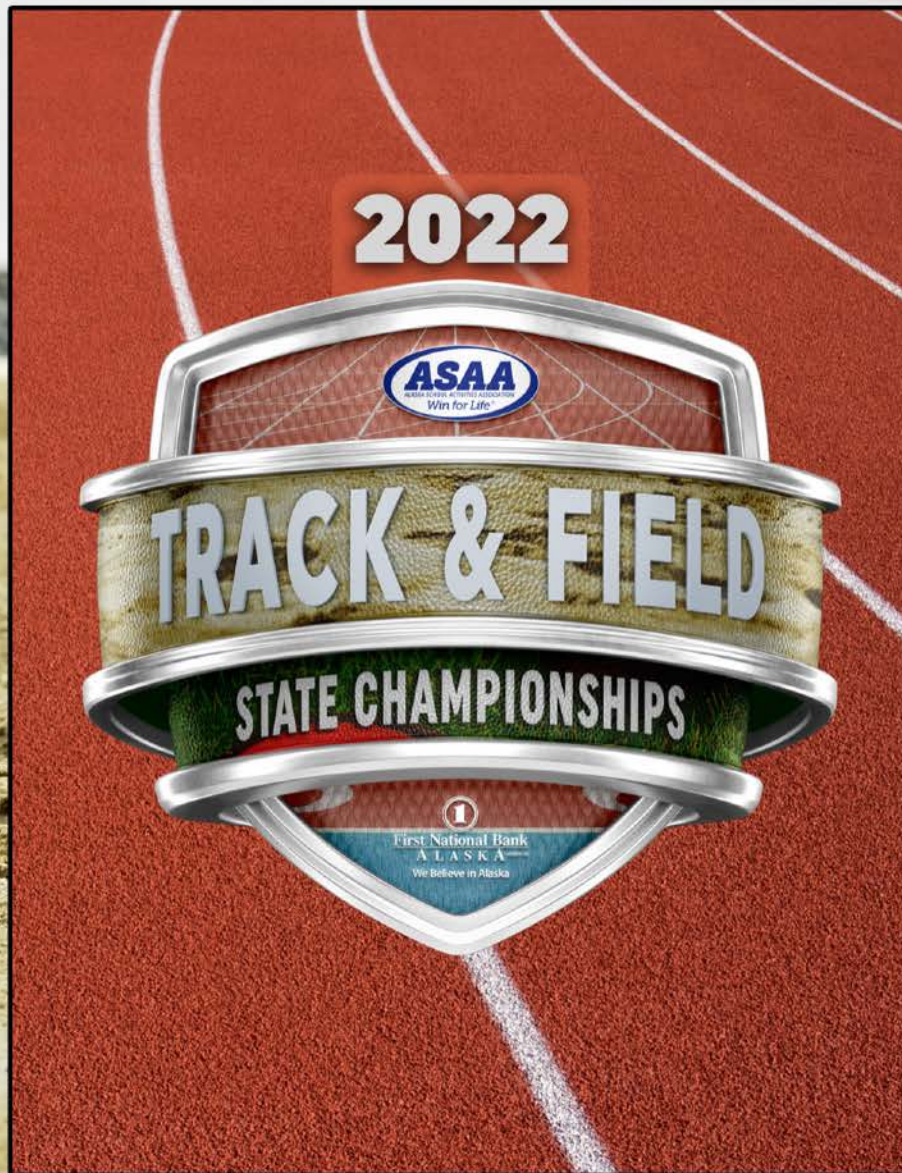
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<http://asaa.org/go/programs>

DI TEAM PICTURES & COACHES INFORMATION

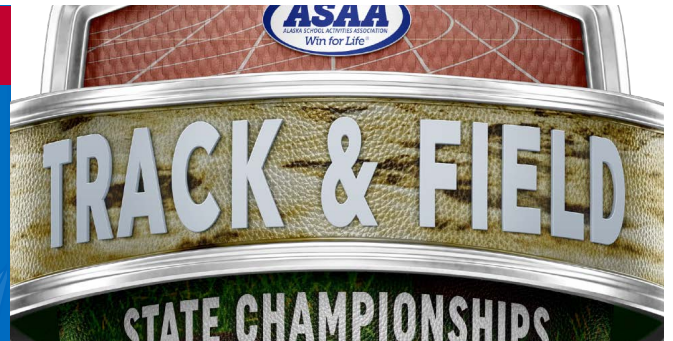
BARTLETT GOLDEN BEARS

Principal Sean Prince
 Activities Principal Leif Jacobsen
 Head Coach Adam Henicek
 Assistant Coaches Laura Homan, Mackenzie Callahan, Patrick Garrity, Noel Strick



BETTIE DAVIS EAST THUNDERBIRDS

Principal Ron Brown
 Activities Principal Michael Thompson
 Head Coach Christina Shurtleff
 Assistant Coaches Jan Michael Leal, Laura Ingham, Tarini Tosi, Ronnie Melvin, Ethan Hewitt



CHUGIAK MUSTANGS

Principal Megan Hatswell
 Activities Principal Travis Morgan
 Head Coach Melissa Hall
 Assistant Coaches Luke Steele, Susan Bick, Brian Kruchoski, Charity Manwaring



COLONY KNIGHTS

Principal Brendon McMahon
 Athletic Director Kristy Johnston
 Head Coach Charles Yoder
 Assistant Coaches Dan Miles, Caleb Richardson, Nathan Boleen, Kathleen Zerke



DIMOND LYNX

Principal Tina Johnson-Harris
 Activities Principal Chris Kleckner
 Head Coach Scott Campbell
 Assistant Coaches Nate Normandin, Brian Yim, Sarah Freistone, Mason McCloskey



DI TEAM PICTURES & COACHES INFORMATION

EAGLE RIVER WOLVES

Principal Tim Helvey
Activities Principal Vikki McConnell
Head Coach Matthew Turner
Assistant Coaches Chris Morhain, Travis Milsap,
Helena Ballard



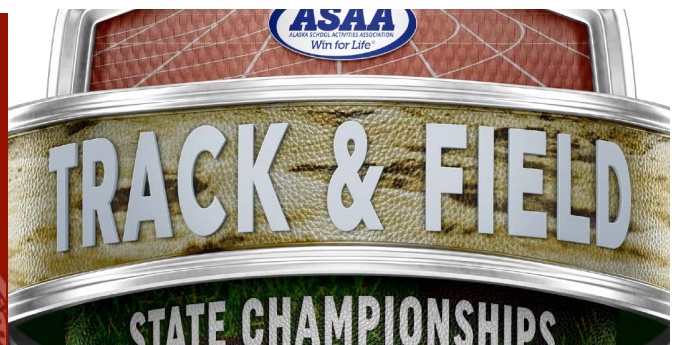
JUNEAU-DOUGLAS CRIMSON BEARS

Principal Paula Casperson
Athletic Director Chad Bentz
Head Coach Jesse Stringer
Assistant Coaches Daria Horne, Justin Miller, Chris King
Louis Tagaban, Zachary Bursell, Jennifer Strumfeld,



KETCHIKAN KINGS

Principal Jason House
Athletic Director Beth Sandefur
Head Coach
Assistant Coaches



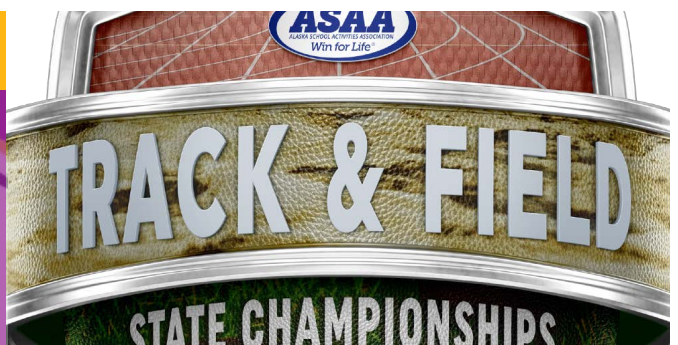
KODIAK BEARS

Principal Neil Hecht
Athletic Director Deb Rohrer
Boys Head Coach Ashley Mortenson
Girls Head Coach Rob Stauffer
Assistant Coaches Dave Horne and Jasmine Oliver



LATHROP MALEMUTES

Principal Carly Sween
Athletic Director Steve Zanazzo
Head Coach Kim Kelly
Assistant Coaches Clem Clooten, Chris Knott
Riley Knott



DI TEAM PICTURES & COACHES INFORMATION

NORTH POLE PATRIOTS

Principal Michelle Spillane
 Athletic Director Robyn Myrum
 Head Coach Brenson Hardy
 Assistant Coaches Bonnie Johnson, Trenton McCumby, Matthew Johnson



PALMER MOOSE

Principal Paul Reid
 Athletic Director Dale Ewart
 Boys Head Coach Tim Popowski
 Girls Head Coach Kahla Kallam
 Assistant Coaches Tommy Pettit, Christina Garner, Colleen O'Bryant, Chris Eversman, Xavier Lechleitner



SERVICE COUGARS

Principal Allen Wardlaw
 Activities Principal James Bell
 Head Coach Jani Lane
 Assistant Coaches Kristopher Rush, Luke Kiskaddon, Brown Faaaliga, Jordan Tufaga, Adam Ahonen



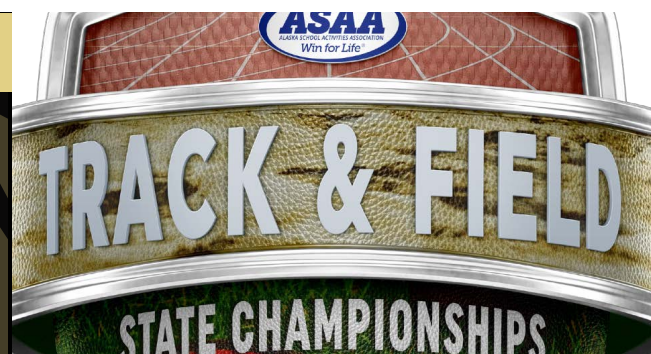
SOLDOTNA STARS

Principal Sarge Truesdell
 Athletic Director Kyle McFall
 Head Coach Phil Leck
 Assistant Coaches Galen Brantley, Eric Pomerleau, Krista Arthur, Daisy Jeffords, Daisy Jeffords



SOUTH ANCHORAGE WOLVERINES

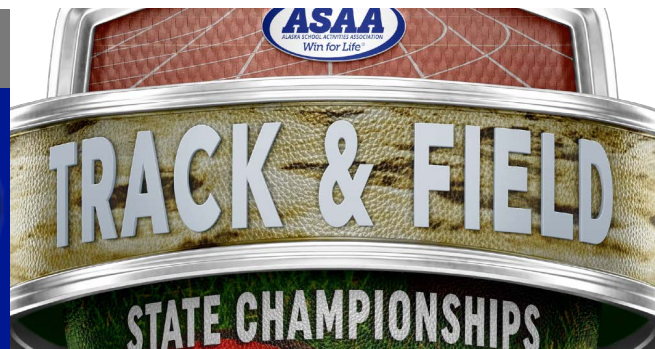
Principal Luke Almon
 Activities Principal Chris Ruggles
 Head Coach John Lewis
 Assistant Coaches Jerry Ross, Todd Heuston, John Swint, Olivia Maisey, Libby Pederson, Sierra Payeur



DI TEAM PICTURES & COACHES INFORMATION

THUNDER MOUNTAIN FALCONS

Principal Kelly Stewart
 Athletic Director Luke Adams
 Head Coach Dwayne Duskin Jr.
 Assistant Coaches Brandi Adams, John Nagle



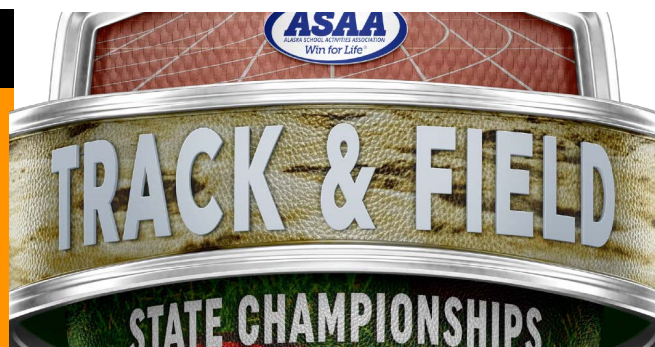
WASILLA WARRIORS

Principal Jason Marvel
 Athletic Director Stacia Rustad
 Head Coach Leslie Varys
 Assistant Coaches Sean Fabanich, Kirk Palmberg, Verna Giana



WEST ANCHORAGE EAGLES

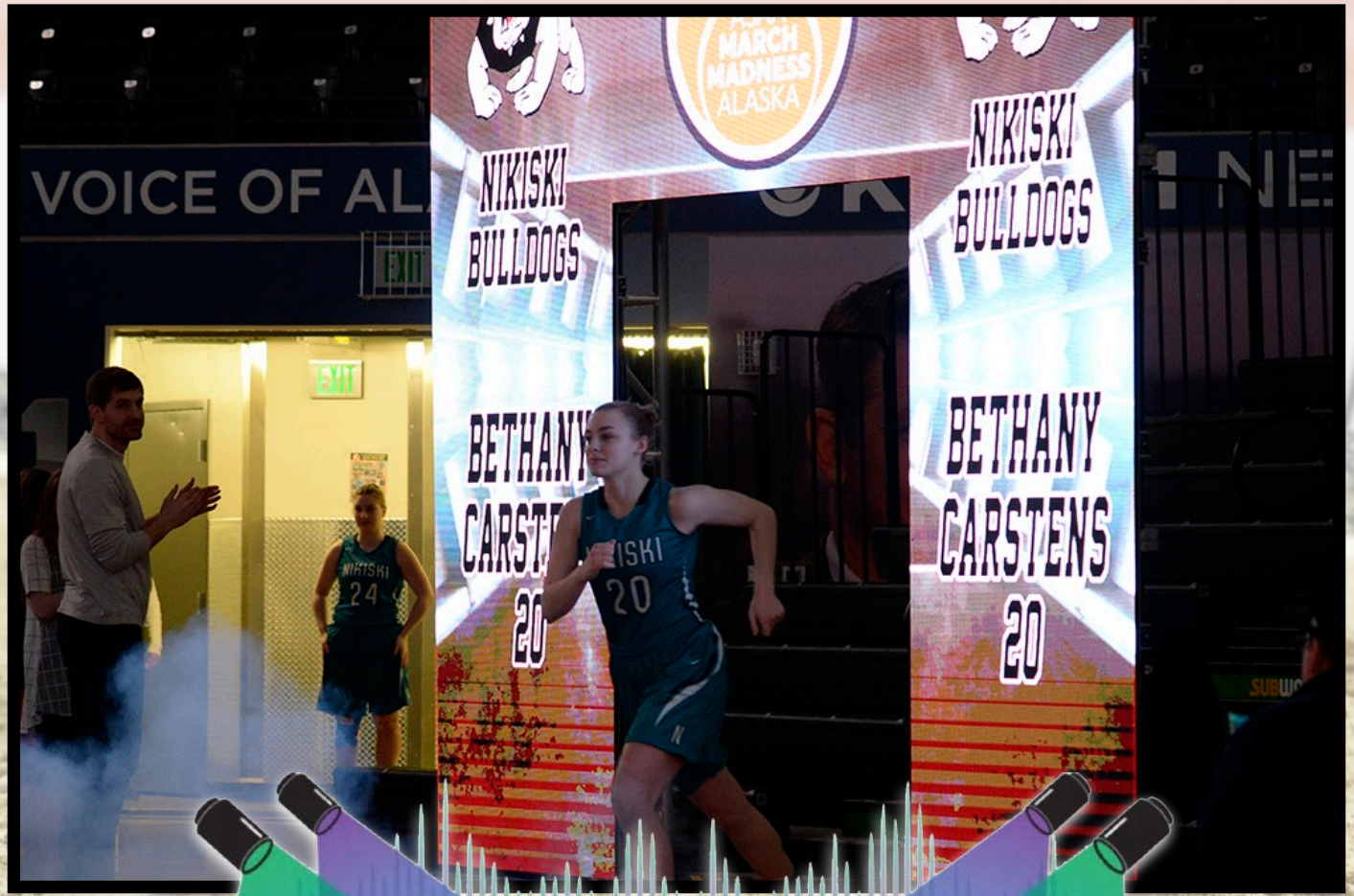
Principal Sven Gustafson
 Activities Principal Ja Dorris
 Head Coach Antonio Wyche
 Assistant Coaches Chane Zachary, John Kauffman, Charlie Engel, John Ruhlin



WEST VALLEY WOLFPACK

Principal Sarah Gilliam
 Athletic Director Wayne Sawchuk
 Head Coach Hannibal Grubis
 Assistant Coaches Dan Callahan,, Shelli Swanson, Wendy Quinn, Dan Remington, Joy Grubis, Milo Griffin





NORTHERN

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2022 DII STATE CHAMPIONSHIP RESULTS

D II GIRLS

TEAM RESULTS

Champion	Anchorage Christian	113
Runner-up	Sitka	75
3 rd	Kenai Central	53
4 th	Seward	46
5 th	Homer	43
6 th	Valdez	32.5
7 th	Su Valley	31
8 th	Haines	30.5
9 th	Nikiski	28
10 th	Monroe	27
11 th	Redington	23
12 th	Tri-Valley	16

AWARDS

Academic Award: Su Valley (3.92)

Sportsmanship: Sitka

Outstanding Competitor: Carissa Houck (ACS)

D II BOYS

TEAM RESULTS

Champion	Grace Christian	113
Runner-up	Homer	79
3 rd	Kenai Central	64
4 th	Anchorage Christian	60
5 th	Valdez	57
6 th	Redington	30
7 th	Haines	25
8 th	Sitka	23
9 th	Seward	21
10 th	Ben Eielson	18
11 th	Houston	16
11 th	Nikolaevsk	16

AWARDS

Academic Award: Grace (3.85)

Sportsmanship: Seward

Outstanding Competitor: David Sliwinski (Grace)

INDIVIDUAL CHAMPIONS

	GIRLS	
100 Meters	Carissa Houck- ACS	12.86
200 Meters	Carissa Houck- ACS	26.49
400 Meters	Jeannie Cook-Monroe	1:02.32
800 Meters	Clare Mullin-Sitka	2:33.46
1600 Meters	Clare Mullin-Sitka	5:31.22
3200 Meters	Clare Mullin-Sitka	11:50.17
110 Hurdles	Carissa Houck- ACS	16.56
300 Hurdles	Carissa Houck- ACS	49.01
4x100 Relay	Anchorage Christian	53.55
4x200 Relay	Haines	1:56.06
4x400 Relay	Sitka	4:18.54
4x800 Relay	Anchorage Christian	10:22.60
Shot Put	Izzy Fisk-Homer	33'4"
Discus	Emily Bitler-Houston	106'4"
High Jump	Ellie VanDeventer-Tri-Valley	4'11"
Long Jump	Rylee Ellis-Nikiski	15'9"
Triple Jump	Addison Polesky-Eielson	33'3"

	BOYS	
Pharrel Carter-Redington		11.68
Brandon Polesky-Eielson		23.45
Matt Sanders-ACS		53.19
Gregory Fallon-Kenai		2:01.42
David Sliwinski-Grace		4:26.36
David Sliwinski-Grace		9:38.85
Dillon Fowler-Valdez		16.75
Nolan Warren-ACS		43.54
Kenai Central		46.26
Kenai Central		1:37.50
Anchorage Christian		3:39.48
Grace Christian		8:23.51
Cort Sandefur-Redington		45'06"
Dennis Mott-Valdez		143'8"
Justin Trail-Nikolaevsk		6'
Caleb Evans-Homer		19'11"
Tommy Cronin-Seward		41'7"



**TO SEE MORE RESULTS PRIOR TO 2022, PLEASE VISIT:
[ASAA Track & Field State Championship Results](#)**

Coaching Boys INTO MEN

CoachesCorner.org

Athletic coaches play an extremely influential and unique role in the lives of young men. Because of these relationships, coaches are poised to positively influence how young men think and behave, both on and off the field.

Coaching Boys Into Men (CBIM) is the only evidence-based prevention program that trains and motivates high school coaches to teach their young male athletes healthy relationship skills and that violence never equals strength.



BRIAN HOSKEN
Program Coordinator
Email: brian@asaa.org
Phone: 907-375-4402



2022 DI STATE CHAMPIONSHIP RESULTS

DI GIRLS

TEAM RESULTS

Champion	Chugiak	71
Runner-up	South Anchorage	66.5
3 rd	Juneau-Douglas	51
4 th	West Valley	46
5 th	Soldotna	45
6 th	Bettye Davis East	44
7 th	Thunder Mt	38
8 th	Palmer	36
9 th	Dimond	28
10 th	Lathrop	27
11 th	West Anchorage	26
12 th	Wasilla	25
13 th	Colony	24
14 th	Ketchikan	20

AWARDS

Academic Award: Palmer (4.0)

Sportsmanship: Bartlett

Outstanding Competitor: Olivia Mamae (BDE)

DI BOYS

TEAM RESULTS

Champion	Wasilla	82
Runner-up	West Valley	69
3 rd	Dimond	59
4 th	Chugiak	51
5 th	South Anchorage	40
6 th	Soldotna	39
7 th	Lathrop	38
8 th	Eagle River	33
9 th	Bartlett	30
10 th	Bettye Davis East	27
11 th	Service	24
12 th	Colony	23
13 th	Kodiak	16
14 th	West Anchorage	14

AWARDS

Academic Award: Thunder Mt (3.72)

Sportsmanship: Colony

Outstanding Competitor: Daniel Abramowicz (WVHS)

INDIVIDUAL CHAMPIONS

GIRLS

100 Meters	Olivia Mamae-Bettye Davis	12.32
200 Meters	Olivia Mamae-Bettye Davis	25.40
400 Meters	Katey Houser-Palmer	57.97
800 Meters	Addison Capozzi-Chugiak	2:19.85
1600 Meters	Campbell Peterson-Chugiak	5:10.47
3200 Meters	Campbell Peterson-Chugiak	11:19.29
110 Hurdles	Olivia Mamae-Bettye Davis	15.21
300 Hurdles	Mallory Welling-TMHS	47.39
4x100 Relay	Juneau-Douglas	50.25
4x200 Relay	South Anchorage	1:47.25
4x400 Relay	Juneau-Douglas	4:04.42
4x800 Relay	Soldotna	10:00.42
Shot Put	Laila Tosi-Bettye Davis	38'9"
Discus	Hadley Blasey-WVHS	126'11"
High Jump	Adara Hagelund-Soldotna	5'1"
Long Jump	Essence Slate-Lathrop	16'11"
Triple Jump	Trinity Jackson-JDHS	35'0"

BOYS

Josh Bailey-Chugaik	11.22
Cody Tirpack-Wasilla	22.78
Peyton George-Lathrop	50.43
Daniel Abramowicz-WVHS	1:57.09
Daniel Abramowicz-WVHS	4:24.01
Daniel Abramowicz-WVHS	9:12.68
Deshawn Campbell-Wasilla	16.05
Alan Szewczyk-ERHS	39.32
Chugiak	43.61
Chugiak	1:30.24
West Valley	3:30.83
Dimond	8:21.16
Eric Kolomeychuk-Wasilla	53'4"
Dylan Dahlgren-Soldotna	160'9"
Alex Emers-WVHS	6'3"
Dylan Jeffus-Wasilla	20'10"
A'lante Owens-Player-Bartlett	44'3"



TO SEE MORE RESULTS PRIOR TO 2022, PLEASE VISIT:
[ASAA Track & Field State Championship Results](#)

2022 GOOD SPORT RECIPIENTS

Schools with 4 or more boys, or 4 or more girls, may select a student who exemplifies outstanding citizenship and sportsmanship through out the season. Coaches chose the following athletes. CONGRATULATIONS!

Anchorage Christian

Daniel Szepanski
Sarah Sorrells

Bartlett

Anna Thomas
Ethan Byrd
Jalylen Granberry

Ben Eielson

Casey McGoffin
Sarah Loveless

Bethel

Cadence Cedars
Sheldon Smith

Bettye Davis East

Eric Bushnell
Olyvia Mamae
Puni Pa'u

Chugiak

Michael Dunn
Skyler Belmear

Colony

Isabella Sanchez
Nicholas Barnes

Dimond

Cylena Snow
Hunter DeWall
Stuart Lutton
Taylor Birkbigler

Eagle River

AJ Szewczyk
Ava Trembath
Damien Borchardt
Wiley Wilson

Glennallen

Bella Ranck

Grace Christian

Aiden Zingone
Delaney Schaffer
Kaleb Boyce

Haines

Avery Williamson
Kaleb Jones

Homer

Aiden Brost
Elena Badajos

Houston

Jack Finkenbinder

Hutchison

Grace Greene
Logan Heim

Juneau-Douglas

Colton Johns
McKenna McNutt
Nick Iverson
Pacific Ricke

Kenai Central

Denali Bernard
Emilee Wilson
Jacob Begich
John Wright

Kodiak

Bengt Anderson
Jisselle Blanco
Micah Fields

2022 GOOD SPORT RECIPIENTS (CONTINUED)

Lathrop

Jacob Ridley
Kaitlyn Daniel
Noah Meirrotto
Peyton George

Monroe Catholic

Miranda Wilkerson

Nikiski

Dwyght Mullins
Rylee Ellis

Palmer

Katey Houser
Parker Glastetter

Petersburg

Sean Spigelmyre

Redington

Cort Sandefur
Destiny Simmons

Service

Garrett Simon
Jordan Hayes
Preston Maes

Seward

Aly Guernsey
Stella Dow

Sitka

Jessica Christner
Josh Antolin
Marina Dill
Sergio Carlos

Soldotna

Ashlee Anderson
Daniel Mcrorie
Jordan Ruffner
Nate Johnson

South Anchorage

Cody Tirpack
Liberty Lobe
Makaylen King
Rowan Robinson

Su Valley

India Roderick
Sacha Sidelinger
Weston Slatter

Thunder Mt

Lucas White
Mathias Wiedersphon

Tri-Valley

Mckinley Eddington

Valdez

Josh Baczuk
Katarina Taylor
Tate Chadwick

Wasilla

Anna Abalos
Dylan Jeffus
Timothy Grisso

West Anchorage

Lupelani Vaaia
Owen Umatum

West Valley

Curtis Beck
Daniel Abramowicz
Olivia Manley
Sophia Acquistapace



Athletes As Leaders

AthletesAsLeaders.org

Athletes As Leaders (AAL) is a program for high school athletes on girls' sports teams. The program aims to empower youth to take an active role in challenging stereotypes, promoting healthy relationships and creating a safe and welcoming community for all.

AAL is based on research and best practices in the field of sexual assault prevention. Athletes are encouraged to be leaders in changing peer norms and school climate to a culture of safety and respect.



KATHLEEN NAVARRE
Program Coordinator
Email: kathleen@asaa.org
Phone: 907-375-4400


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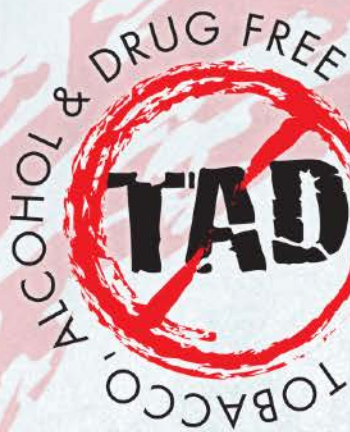
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