



**2022 ASAA
FIRST NATIONAL
BANK ALASKA
CROSS
COUNTRY
RUNNING
STATE
CHAMPIONSHIPS**



Shaping Tomorrow

For more than 30 years, First National has helped Alaska's youth become tomorrow's leaders. We're proud to support ASAA as the Title Sponsor of championship and main events.



FNBAAlaska.com

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WELCOME

On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA's corporate partners, welcome to the 2022 ASAA/First National Bank Alaska Cross Country Running State Championships! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate your being part of this statewide championship event.



Billy Strickland
ASAA Executive Director

#UnlimitedAlaskaLove



GCI is a proud sponsor of the
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Great things happen when we connect with our communities.

GCI is committed to leading philanthropy efforts across Alaska, donating \$2 million in cash, products, scholarships, and grants to Alaska organizations each year.

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**2022 ASAA / First National Bank Alaska
CROSS COUNTRY RUNNING
STATE CHAMPIONSHIPS
Saturday October 8, 2022
Bartlett High School Trails**

RACE SCHEDULE

10:00 am Division III Girls

10:45 am Division III Boys

D III AWARDS TO FOLLOW

12:00 pm Division II Girls

12:45 pm Division I Girls

1:30 pm Division II Boys

2:15 pm Division I Boys

D II and D I AWARDS TO FOLLOW

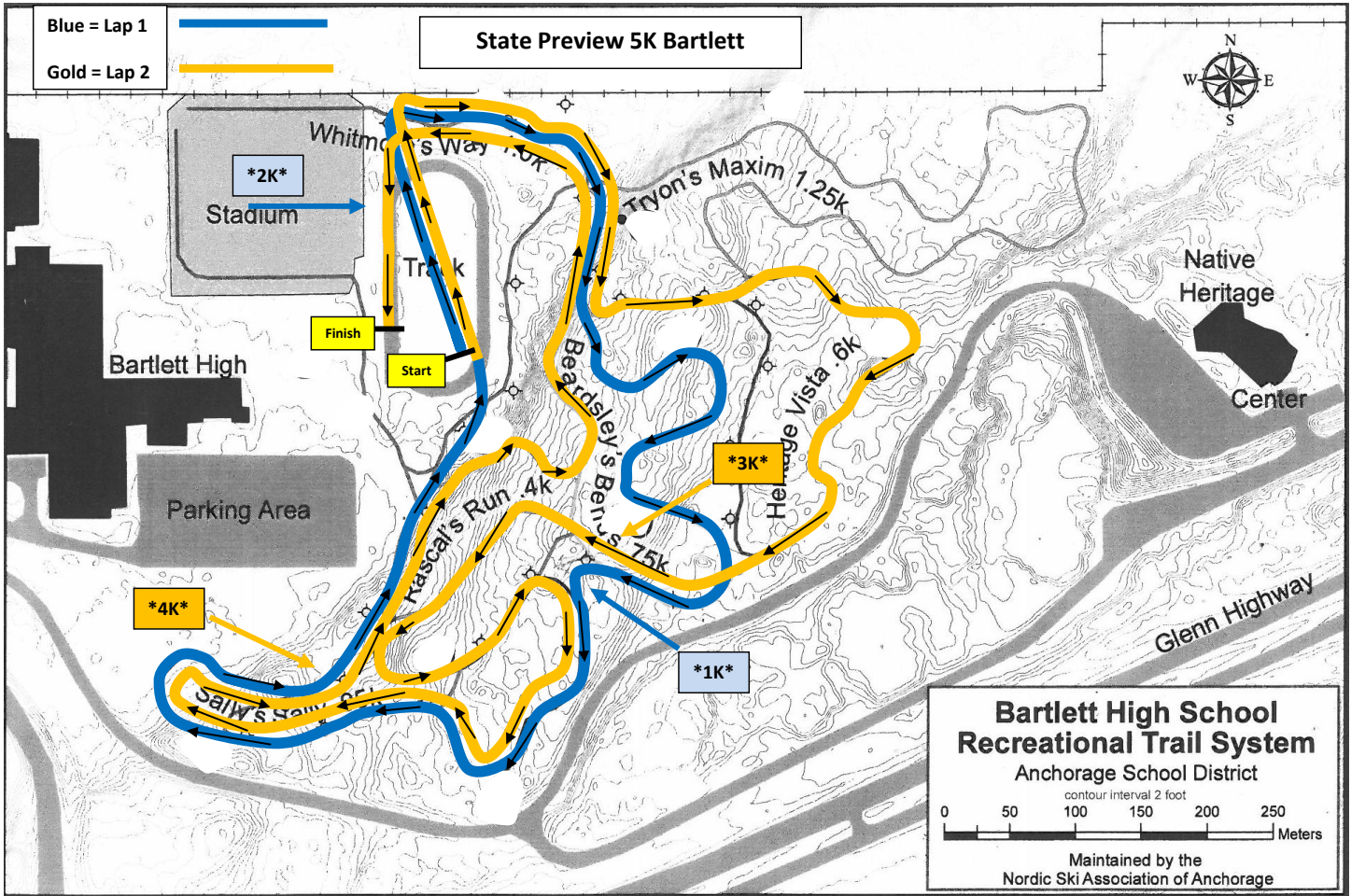


Strengthening Alaska Through Our Values

Proud sponsor of the Alaska School Activities Association



STATE CHAMPIONSHIPS TRAIL MAP



Indigenous Land Acknowledgement:

The Alaska School Activities Association is honored to be guests on the traditional homelands of the Eklutna Dena'ina Peoples for this championship event. We are committed to recognizing, celebrating and honoring the continued culture, language and heritage of the Dena'ina Peoples. Chin'an!

Learn more about Indigenous people of Alaska
by visiting the Alaska Native Heritage Center
www.alaskanative.net | (907) 330-8000



ALASKA
NATIVE
HERITAGE
CENTER



GO THE EXTRA MILE.

We like the way you never settle for less. That's why our team is happy to support your team at the 2022 ASAA/First National Bank Alaska XC Running State Championships. Good luck out there.

club49hub.com

Alaska
AIRLINES





The Alaska School Activities Association is a statewide nonprofit organization established to direct, develop and support Alaska’s high school interscholastic sports, academic and fine arts activities.

MISSION STATEMENT

Strengthen student wellness, academic and social development by advocating equitable participation and fostering healthy competition for ALL Alaska students. #winforlife

VISION STATEMENT

To ensure ALL students have the opportunity to participate in co-curricular activities to develop positive life skills. #winforlife



THE HISTORY OF ASAA

ASAA's roots predate statehood. In the early 1950s, school leaders in the Territory of Alaska recognized the need to separate the high school basketball program from the local town business leagues. William Zahradnicek of Palmer, and W.W. Lahnum and Gordon Guffey of Anchorage, joined forces to organize the Western Alaska High School Activities Association with a mandate to ensure the necessary educational leadership. Sterling Sears of Juneau and Les Wingard and J.E. Danielson of Ketchikan were moving ahead at the same time to form the Southeast Alaska Activities Association.

In 1956, the Territorial Department of Education Superintendents Advisory Commission determined the need for an organization that could establish common rules and regulations to guide the activities of the two associations. In the Fall of 1957, the commission approved the Constitution and Bylaws of the Alaska High School Activities Association (ASAA). Officers representing the two divisions were elected. The first Board of Control consisted of William Zahradnicek, Palmer, as Chairman, J.E. Danielson, Ketchikan, Secretary-Treasurer; and members George McMillan, Juneau, Joe Montgomery, Anchorage, and Sterling Sears, Juneau.

This informal arrangement worked very well until the early 1970s, when the State Legislature added a section to the Educational Statutes placing the Association under the Department of Education. School populations and the number of participating schools were increasing. After many meetings, the two original associations became five distinct Regions based on school size and geographic location. One year later, in 1976, Regions increased to six. The new Board of Control consisted of one member from each Region, a representative of the Association of Alaska School Boards, and a representative of the Superintendents Association. In 1978, the board added a representative of the Alaska Association of Student Governments.

Due to the increasing number of schools participating in boys and girls basketball, the need for additional statewide culminating events became evident. This required the formation of a classification system that spanned all of the Regions. This task fell to a committee composed of representatives from all six Regions. It was known as the "Black and Blue" Ribbon Study Commission because of the difficulties faced in satisfying the needs of each Region. In June 1981, the Board of Control adopted the Commission's recommendation to establish four classifications based on school enrollment with some overlap in the two smallest classes due to geographic location. The first statewide event for the smaller classes was an invitational basketball tournament held in Anchorage in 1983-84.

In 1986, the Department of Education eliminated funding for ASAA. The Board of Control voted to incorporate as a 501(c)(3) non-profit corporation, beginning July 1, 1987. Because of ongoing jurisdictional issues between the Association and the State of Alaska, both entities sought a legal resolution. This resulted in the 1995 repeal of the Legislative Statute that had placed ASAA under the Department of Education.

In 2007, in order to ensure consistent tobacco, alcohol and controlled substances policies by member schools and districts, the Board of Directors adopted the "Play for Keeps-Win for Life" program for all student participants. In 2011, the Alaska Legislature passed House Bill 15, (amended in 2012 under Senate Bill 119), that sets standards for concussion awareness, education, treatment and return to participation protocols. ASAA developed recommended policies and procedures to assist in the implementation of the law. In 2013, the Alaska Legislature passed Senate Bill 41 that addressed interscholastic participation by "alternative education program students." ASAA developed bylaws and policies to assist schools, students and families in the implementation of the statute.

Currently, the Alaska School Activities Association serves over 200 schools and 26,000 student participants. These student participants are active in 22 athletic activities and 6 academic activities culminating in 54 State Championship events! Without the support of the schools, students, coaches/advisors, parents, and fans ASAA couldn't be as successful as it has been since 1956. **THANK YOU!**



WE'RE TEAMING UP!

Giving all Alaska students the opportunity to join in activities and reach their goals.

Thanks to our loyal customers and committed employees, ACC has grown to 35 retail stores throughout the state. Together with our meat processing plant, North Star Quality Meats, and our wholesale division, Pacific Alaska Wholesale, we strive to meet the food and merchandise needs of the communities we serve.

Sponsoring ASAA provides ACC with great opportunity to extend that same dedication to the youth of our villages.



Alaska Commercial Company, serving rural Alaska since 1867

MEET PERSONNEL

ASAA extends its appreciation to the following people for contributing their time and energy in making this year's State Cross Country Running Meet a success.

Meet Director:
Doug Herron

Bartlett Principal:
Sean Prince

Head Referee:
Jennifer Kueter

Bartlett Activities Principal:
Leif Jacobsen

Timing:
Mark Iverson - Skinny Raven

Plus the countless number of volunteers that make this state championship possible.

Thanks for All You Do!





DONLIN **GOLD**

**Proud Supporter
& Sponsor of**



DIII GIRLS QUALIFIERS

REGION 1 - ALEUTIANS EAST

#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Aleutians East Qualifiers (Top Two plus Two)							
1	MaryMae	Brandell	King Cove	10	24:52.24	F	101
2	Arianna	Wilson	Sand Point	11	26:51.24	F	102
3	Jailynn	Brandell	King Cove	12	27:20.24	F	103

REGION 1 - BERING STRAIT

#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Bering Straits Qualifiers (Top Three)							
1	Ourea	Busk	Unalakleet		23:16.24	F	104
2	Ayuu	Roesch	Unalakleet		28:24.24	F	105
3	Cedar	Busk	Unalakleet		28:37.24	F	106

REGION 1 - GREATER KUSKOKWIM

#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Greater Kuskokwim Qualifiers (Top Three)							
1	Kiley	Hayden	Kuspuk ESSS	9	26:30.24	F	107
2	Jesslynn	Allain	Tuluksak	9	26:29.24	F	108
3	Chelsea	Napoka	Tuluksak	12	29:50.24	F	109

REGION 1 - GREATER YUKON DELTA

#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Greater Yukon Delta Qualifiers (Top Six)							
1	Abigail	Tunutmoak	Chevak			F	110
2	Larenti	Kaskatok	Chevak			F	111
3	Arinna	Tall-Lake	Hooper Bay			F	112
4	Ernie	Joe	Hooper Bay			F	113
5	Sandra	Tunutmoak	Scammon Bay			F	114
6	Michelle	Andrews	St. Mary's			F	115

REGION 1 - LOWER KUSKOKWIM

#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Lower Kuskokwim Qualifiers (Top Five)							
1	Panik	Chimiugak	Toksook Bay			F	116
2	Shalisa	McDalton	Tuntutuliak			F	117
3	Jasmine	Simons	Toksook Bay			F	118
4	Mariah	Tinker	Kongiganak			F	119
5	Chayland	Pleasant	Quinhagak			F	120

DIII GIRLS QUALIFIERS

REGION 1 - NORTH SLOPE							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 North Slope Qualifiers (Top Seven)							
1	Haley	Oktollik-Nashookpu	Tikigaq	9	25:22.24	F	121
2	Jadyn	Lane	Tikigaq	12	25:23.94	F	122
3	Tatyana	Nashookpuk	Tikigaq	11	27:21.74	F	123
4	Kasey	Ovoik	Tikigaq	11	30:26.84	F	124
5	Kahlia	Lane	Tikigaq	12	32:05.74	F	125
6	Bernadine	Bodfish	Meade River	11	33:31.94	F	126
7	Lauren	Ferreira	Kali	11	34:49.54	F	127
REGION 1 - NORTHWEST ARCTIC							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 NorthWest Arctic Qualifiers (Top Three)							
1	Qutan	Hailstone	Noorvik			F	128
2	Courtney	Starbuck	Selawik			F	129
3	Judith	Allen	Selawik			F	130
REGION 1 - SOCKEYE							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Sockeye Qualifiers (Top Four plus One)							
1	Pagan	Lester	Sockeye Co-Op		22:44.24	F	131
2	Aileen	Lester	Sockeye Co-Op		23:20.24	F	132
3	Brooke	Phelps	Sockeye Co-Op		23:27.24	F	133
4	Ali	Voran	Sockeye Co-Op		23:57.24	F	134
5	Ella	Wardell	Sockeye Co-Op		24:37.24	F	135
REGION 1 - SOUTHWEST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Southwest Qualifiers (Top Team plus Top Five)							
1	Arianna	Woods	Dillingham		26:52.24	F	136
2	Anna	Tucker	Dillingham		27:02.24	F	137
3	Annie	Evans	Dillingham		27:20.24	F	138
4	Elayne	Woods	Dillingham		28:04.24	F	139
5	Alexa	Buholm	Dillingham		28:30.24	F	140
6	Adalgisa	Reigh	Dillingham		28:47.24	F	141
7	Kalin	Clouse	Dillingham		29:32.24	F	142
Region 1 Southwest Qualifiers							
1	Shaniah	Eneyuk	New Stuyahok		26:27.24	F	181
2	Keoni	Andrew	New Stuyahok		27:45.24	F	183

DIII GIRLS QUALIFIERS

REGION 1 - UNALASKA							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1							
1	Izabella	Lopez	Unalaska	9	22:48.24	F	173
2	Stacey	Carlos	Unalaska	11	25:28.24	F	179
3	Bea	Bagley	Unalaska	9	25:34.24	F	180
4	Kristal	Tacata	Unalaska	10	26:54.24	F	182
REGION 2							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 2							
1	Teagan	Rude	Glennallen	11	21:58.24	F	143
2	Bryna	Gerlach	Glennallen	12	23:06.24	F	144
3	Cheyenne	Fields	Glennallen	10	23:09.24	F	145
4	Kayla	Abbott	Glennallen	9	23:19.24	F	146
5	Madison	Carlton	Glennallen	10	26:25.24	F	147
6	Raylie	Sutherland	Glennallen	9	27:58.24	F	148
Region 2 Runner Up							
1	Shayauna	Bukowski	Nenana	12	25:44.24	F	149
2	Shante	Smith	Nenana	11	26:44.24	F	150
3	Alexa	Crabb	Nenana	9	26:44.24	F	151
4	Anna	Stringfellow	Nenana	9	27:42.24	F	152
5	Jasmine	Jenkins	Nenana	10	31:45.24	F	153
Region 2 Other Top Ten Qualifiers							
1	Taylor	Eddington	Tri-Valley	9	20:25.24	F	171
2	Sadie	Fry	Cordova	9	23:50.24	F	174

DIII GIRLS QUALIFIERS

REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions							
1	Ariel	Godinez Long	Haines	12	19:56.24	F	154
2	Grace	Long	Haines	12	21:24.24	F	155
3	Avari	Getchell	Haines	12	21:49.24	F	156
4	Sally	Chapell	Haines	12	22:41.24	F	157
5	Ila	Nettleton	Haines	10	26:28.24	F	158
6	Ashley	Ganey	Haines	10	27:21.24	F	159
Region 5 Runner Up							
1	Kinley	Lister	Petersburg	11	22:02.24	F	160
2	Gabriele	Whitacre	Petersburg	9	23:27.24	F	161
3	Kate	Thompson	Petersburg	10	23:39.24	F	162
4	Alexus	Sakamoto Quezon	Petersburg	12	23:48.24	F	163
5	Eleanor	Kandoll	Petersburg	10	26:15.24	F	164
Region 5 Third Place							
1	Mamie	Crookes	Kake	12	21:35.24	F	165
2	Jillian	Jackson	Kake	11	24:43.24	F	166
3	Lydia	Chang	Kake	9	26:53.24	F	167
4	Claire-Belle	Davis	Kake	9	27:19.24	F	168
5	Paige	Ross	Kake	9	29:00.24	F	169
6	Honey	Kadake	Kake	12	36:23.24	F	170
Region 5 Other Top Fifteen Qualifiers							
1	Lexi	Johnson	Klawock	12	22:10.24	F	172
2	Alexis	Lawnicki	Craig	12	24:20.24	F	175
3	Teresa	Lewis	Hoonah	12	24:32.24	F	176
4	Chelsea	Thompson	Craig	9	24:33.24	F	177
5	Cheyenne	Kookesh	Angoon	12	24:48.24	F	178

HAVE IT ALL.



The Army National Guard is made up of all-stars who lead their team to victory. They don't give up and let the clock run out. They sack any obstacle that stands in their way, and do whatever it takes to achieve success.

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Programs and Benefits Subject to Change



DIII BOYS QUALIFIERS

REGION 1 - ALEUTIANS EAST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Aleutians East Qualifiers (Top Two plus Two)							
1	Isaac	Gundersen	Sand Point	12	19:33.24	M	184
2	Deven	Osterback	Sand Point	11	20:44.24	M	185
3	Jager Sean	Branell	King Cove	11	21:04.24	M	186
REGION 1 - BERING STRAIT							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Bering Straits Qualifiers (Top Three plus One)							
1	Ethan	Fagerstrom	Golovin		21:15.24	M	187
2	Lane	Iyakitan	Gambell		22:10.24	M	188
3	Dawson	O'Connor	Shaktoolik		22:11.24	M	189
REGION 1 - GREATER KUSKOKWIM							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Greater Kuskokwim Qualifiers (Top Three)							
1	Sherman	Kelila	Aniak	12	19:17.24	M	190
2	Dylan	Nicholson	Aniak	10	19:57.24	M	191
3	Bryson	Kasayulie	Akiachak	9	20:09.24	M	192
REGION 1 - GREATER YUKON DELTA							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Greater Yukon Delta Qualifiers (Top Six plus Three)							
1	Ace	Hill	Chevak			M	193
2	Liam	Pingayak-Green	Chevak			M	194
3	Latrell	Lake	Hooper Bay			M	195
4	Payton	Nanuk	Hooper Bay			M	196
5	D'Antree	Thomas	Hooper Bay			M	197
6	Darquel	Agwiak	Mountain Village			M	198
REGION 1 - LOWER KUSKOKWIM							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Lower Kuskokwim Qualifiers (Top Five)							
1	Matthew	Patrick II	Chefornak			M	199
2	Ashton	Mathew	Chefornak			M	200
3	Raymond	Chair	Toksook Bay			M	201
4	Abraham	Fisher	Kwethluk			M	202
5	Klayton	Maxie	Kwethluk			M	203

DIII BOYS QUALIFIERS

REGION 1 - NORTH SLOPE							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 North Slope Qualifiers (Top Seven)							
1	Paul	Okpeaha	Alak	10	21:21.94	M	204
2	Ben	Lane	Tikigaq	12	22:15.64	M	205
3	Jacob	Lane	Tikigaq	9	22:23.24	M	206
4	Henry	Nashookpuk Jr	Tikigaq	10	25:21.74	M	207
5	Trevor	Frankson	Tikigaq	11	27:03.24	M	208
6	Kendall	Ekak	Alak	9	28:14.74	M	209
7	Kaden	Kulukhan	Harold Kavelock	9	28:58.54	M	210
REGION 1 - NORTHWEST ARCTIC							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 NorthWest Arctic Qualifiers (Top Three)							
1	Herbert	Thomas	Buckland			M	211
2	Aidan	Barr	Deering			M	212
3	Adrian	Ballot	Buckland			M	213
REGION 1 - SOCKEYE							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Sockeye Qualifiers (Top Four plus One)							
1	Keilan	Wassillie	Sockeye Co-Op		19:42.24	M	214
2	Julian	Trefon	Sockeye Co-Op		19:45.24	M	215
3	Pete	Hill	Sockeye Co-Op		20:53.24	M	216
4	Noah	Davis	Sockeye Co-Op		22:33.24	M	217
5	Lewis	Singley	Sockeye Co-Op		22:48.24	M	218
REGION 1 - SOUTHWEST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Southwest Qualifiers (Top Team plus Top Five)							
1	Kylen	Pauk	Togiak		21:51.24	M	219
2	Chris	Panigeo	Togiak		22:44.24	M	220
3	Gabriel	Active	Togiak		23:17.24	M	221
4	Kading	Ferguson	Togiak		23:23.24	M	222
5	Rytter	Blue	Togiak		24:20.24	M	223
6	Lloyd	Kritz	Togiak		26:49.24	M	224
7	Allen	Fox	Togiak		31:48.24	M	225
Region 1 Southwest Qualifiers (Top Team plus Top Five)							
1	Graelyn	Chaney	Dillingham		20:24.24	M	264
2	Cavelila	Andrew	New Stuyahok		21:45.24	M	267
3	Ethan	Jenkins	Dillingham		22:53.24	M	268

DIII BOYS QUALIFIERS

REGION 1 - UNALASKA							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1							
1	Jesus	Acosta	Unalaska	10	18:49.24	M	226
2	Nicolas	Kitsyuk	Unalaska	10	19:03.24	M	227
3	KC	Balbarino	Unalaska	12	19:55.24	M	228
4	Eldred	Paradeza	Unalaska	12	21:28.24	M	229
5	Jamin	Total	Unalaska	9	22:11.24	M	230
REGION 2							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 2							
1	Tegaan	Hesse	Cordova	10	21:12.24	M	231
2	Levi	Pearson	Cordova	11	21:19.24	M	232
3	Jacob	Hamberger	Cordova	11	22:09.24	M	233
4	Calvin	Fry	Cordova	11	22:11.24	M	234
5	Karl	Griffin	Cordova	10	22:16.24	M	235
6	Samuel	Pulito	Cordova	11	23:37.24	M	236
Region 2 Runner Up							
1	Ki'naatsu	Alexander	Fort Yukon	11	20:50.24	M	237
2	Jonas	Carroll Jr	Fort Yukon	10	23:52.24	M	238
3	Theodore	Solomon	Fort Yukon	11	24:35.24	M	239
4	Nahshii	Alexander	Fort Yukon	9	26:19.24	M	240
5	Ben	Carroll	Fort Yukon	10	27:46.24	M	241
6	Travis	Hardy	Fort Yukon	9	39:38.24	M	242
7	Jaden	Fields	Fort Yukon	9	39:47.24	M	243
Region 2 Other Top Ten Qualifiers							
1	Kyler	Kaangas	Effie Kokrine	12	20:05.24	M	263
2	Robyn	Dodge	Kenny Lake	9	20:47.24	M	265
3	Andrew	Gallt	Kenny Lake	10	21:14.24	M	266

DIII BOYS QUALIFIERS

REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions							
1	Daniel	Harrison	Wrangell	10	16:50.24	M	244
2	Elias	Decker	Wrangell	12	17:23.24	M	245
3	Devlyn	Campbell	Wrangell	12	17:37.24	M	246
4	Ethan	Blatchley	Wrangell	12	17:42.24	M	247
5	Boomchain	Loucks	Wrangell	9	17:55.24	M	248
6	Ian	Nelson	Wrangell	9	18:42.24	M	249
7	Randy	Churchill	Wrangell	12	19:10.24	M	250
Region 5 Runner Up							
1	Luke	Davis	Haines	12	16:59.24	M	251
2	Andrew	Hansen	Haines	10	18:01.24	M	252
3	Dalton	Henry	Haines	10	19:07.24	M	253
4	Griffin	Culbeck	Haines	11	19:28.24	M	254
5	Phoenix	Swaner	Haines	10	19:29.24	M	255
6	Eric	Gillhan	Haines	12	19:46.24	M	256
7	Phoenix	Jacobson	Haines	12	19:47:24	M	257
Region 3 Third Place							
1	Daniel	Aspery	Petersburg	11	17:27.24	M	258
2	Alex	Holmgrain	Petersburg	9	19:03.24	M	262
Region 5 Other Top Fifteen Qualifiers							
1	Dominic	Ross	Kake	11	17:50.24	M	259
2	Ethan	Kadake	Kake	12	18:00.24	M	260
3	Marley	Kness	Klawock	11	18:19.24	M	261

We support our 2022 ASAA
State Championship athletes.



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CVRF IS PROUD TO SPONSOR AND SUPPORT ASAA



DIII TEAM INFORMATION



AKIACHAK HUSKIES

Head Coach Henry Kanulie
AD Jennifer Phillip



DEERING NORTHERN LIGHTS

Head Coach Darci Shane
AD Brett Slaathaug



ALAK HUSKIES

Head Coach Samantha Light
AD Samantha Light



DILLINGHAM WOLVERINES

Head Coach Amanda Luiten
Assistant Coaches Erica Tweet
William Gordon
Cassie MacDonald
AD



ANGOON EAGLES

Head Coach Caleb Jack
AD Natasha Bennum



EFFIE KOKRINE WARRIORS

Head Coach Michelle Sopoliga
AD Joshua Snow



ANIAK HALFBREEDS

Head Coach Emerie Fairbanks-Diehl
AD Severin Gardner



FORT YUKON EAGLES

Head Coach Timothy Johnson
AD Jerry Fisher



BRISTOL BAY ARCHANGELS

Head Coach Damian Hill
AD Henry Moon



GLENNALLEN PANTHERS

Head Coach Kelly Gerlach
Asst. Coach Mackenzie Murtiff-Dysinger
AD Ben Dolgner



BUCKLAND BELUGA

Head Coach Herman Ticket
AD Brett Slaathaug



HAINES GLACIER BEARS

Head Coach Jordan Baumgartner
Asst. Coach Alex Van Wye
AD Tiana Perry Traudt



CHIEF IVAN BLUNKA EAGLES

Head Coach Erick Hanson
AD Mickia Walcott



HOGARTH KAVEOLOOK RAMS

Head Coach Frances Mongoyak
AD Gary Lamar



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HOONAH BRAVES

Head Coach Akasha Moulton
AD Jessie Dybdahl



CRAIG PANTHERS

Head Coach Tina Steffen
AD Tina Steffen



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Head Coach Allison Walker
Assistant Coach Albert Green
AD Byron Ulak



DAVIS RAMOTH WOLVES

Head Coach Edwin Rehor
AD Jamie Cowart



KAKE THUNDERBIRDS

Head Coach Anthony Ross
AD Anthony Ross

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KENNY LAKE HAWKS

Head Coach
Assistant Coach
AD



SAND POINT EAGLES

Head Coach Colton Mack
AD Kenneth Barbour



KING COVE ROOKIES & T-JACKS

Head Coach Etta Kuzakin
AD Kenneth Barbour



SCAMMON BAY EAGLES

Head Coach Harley Sundown
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KLAWOCK CHIEFTAINS

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Assistant Coach Gabrielle Cruz
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Assistant Coach Jesse McCloud
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Assistant Coach Carolyn Clark
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AD Amanda Lucas



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Assistant Coach Erin Plundt
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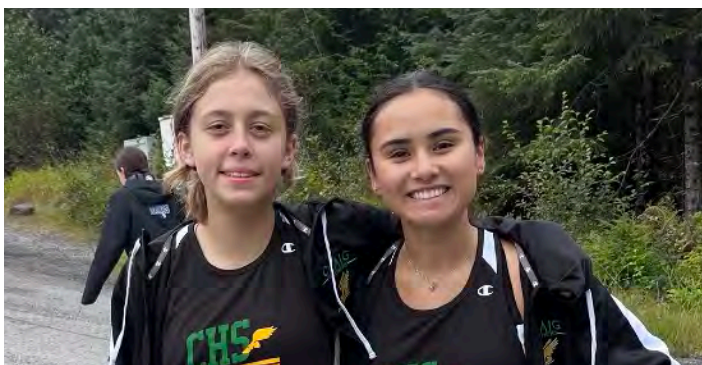
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DII GIRLS QUALIFIERS

REGION 1 - BIG WEST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Big West Champions							
1	Rosemarie	Dyment	Bethel	9	22:59.24	F	269
2	Payton	Boney	Bethel	11	23:41.24	F	270
3	Maya	Komulainen	Bethel	11	23:56.24	F	271
4	Kiana	Harpak	Bethel	10	24:31.24	F	272
5	Constance	Albert	Bethel	9	26:27.24	F	273
6	Jordan	Klejka	Bethel	11	26:40.24	F	274
7	Hannah	Leinberger	Bethel	9	28:08.24	F	275
Region 1 Big West Qualifiers Other Top Eight Qualifiers							
1	Awaluk	Nichols	Nome-Beltz	10	21:43.24	F	318
2	Xiimara	Salazar	Kotzebue	10	22:25.24	F	319
3	Lauren	Kingstrom	Nome-Beltz	10	22:28.24	F	320
4	Kimberly	Wolgemuth	Barrow	11	23:41.24	F	323
5	Kiara	Burnell	Barrow	11	24:19.24	F	325
REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Champions							
1	Daisy	Walker	Homer	10	21:42.24	F	283
2	Claire	Booz	Homer	9	22:23.24	F	284
3	Eryn	Field	Homer	12	22:24.24	F	285
4	Elena	Badajos	Homer	11	22:26.24	F	286
5	Frida	Renner	Homer	11	23:51.24	F	287
6	Beatrix	McDonough	Homer	10	24:16.24	F	288
7	McKenna	Black	Homer	10	24:54.24	F	289
Region 3 Runner Up							
1	Hailey	Ingalls	Seward	11	20:12.24	F	302
2	Aly	Guernsey	Seward	12	22:20.24	F	303
3	Katie	Vanbuskirk	Seward	10	22:28.24	F	304
4	Maddie	Haas	Seward	9	22:39.24	F	305
5	Juniper	Ingalls	Seward	9	23:52.24	F	306
6	Natalie	Sieminski	Seward	10	24:13.24	F	307
7	Stella	Dow	Seward	11	24:36.24	F	308

DII GIRLS QUALIFIERS

REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Third Place							
1	Tagan	Rinner	Grace Christian	9	22:02.24	F	276
2	Ella	Boerger	Grace Christian	10	22:13.24	F	277
3	Rebekah	Annett	Grace Christian	12	22:45.24	F	278
4	Delaney	Schaffer	Grace Christian	10	23:16.24	F	279
5	Elisa	Metzger	Grace Christian	12	24:07.24	F	280
6	Megan	Nelson	Grace Christian			F	281
7	Faith	Mondeel	Grace Christian			F	282
Region 3 Fourth Place							
1	Mya	Campbell	Redington	11	21:35.24	F	295
2	Said	Cardoso	Redington	11	23:40.24	F	296
3	Abri	Rice	Redington	10	23:57.24	F	297
4	Eliana	Rice	Redington	11	24:30.24	F	298
5	Marina	Anderstrom	Redington	10	23:06.24	F	299
6	Annareese	Carroll	Redington	10	27:45.24	F	300
7	Faith	Walker	Redington	12	27:52.24	F	301
Region 3 Other Top Fifteen Qualifiers							
1	Jayne	Boonstra	Kenai Central	12	20:34.24	F	316
2	Emilee	Wilson	Kenai Central	11	21:25.24	F	317
3	Faith	Carter	Anch Christian	11	22:35.24	F	321

DII GIRLS QUALIFIERS

REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions							
1	Claire	Mullin	Sitka	10	19:19.24	F	309
2	Anna	Prussian	Sitka	12	19:30.24	F	310
3	Natalie	Hall	Sitka	9	21:45.24	F	311
4	Ayilah	Merculief	Sitka	10	23:09.24	F	312
5	Madelyn	Kubik	Sitka	9	25:24.24	F	313
6	Leilynn	Swain	Sitka	9	26:59.24	F	314
7	Marina	Marley	Sitka	9	28:44.24	F	315
Region 5 Other Top Ten Qualifiers							
1	Tessa	Anderson	Mt Edgecumbe	11	21:24.24	F	290
2	Aries	Bioff	Mt Edgecumbe	10	23:43.24	F	291
3	Kelsey	Gologergen	Mt Edgecumbe	12	24:04.24	F	292
4	Bessie	Williams	Mt Edgecumbe	10	24:12.24	F	293
5	Sarah	Bahnke	Mt Edgecumbe	11	25:50.24	F	294
REGION 6							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 6 Other Top Fifteen Qualifiers							
1	Anya	Simard	Monroe Cath	10	23:35.24	F	322
2	Miranda	Wilkerson	Monroe Cath	11	24:16.94	F	323
3	Anika	Palomar	Valdez	11	24:42.14	F	326
4	Grace	Pearson	Delta Junction	10	24:50.74	F	327
5	Marylene	Burgett	Galena	9	25:24.44	F	328
6	Morgan	Hamilton	Valdez	10	28:37.54	F	329
7	Jade	Thurmond	Galena	11	28:56.44	F	330



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DII BOYS QUALIFIERS

REGION 1 - BIG WEST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Big West Champions							
1	Ned	Peters	Bethel	10	18:21.24	M	338
2	Patricio	Beans-PolVasquez	Bethel			M	339
3	Sheldon	Smith	Bethel	10	18:37.24	M	340
4	Liam	Phelan	Bethel	10	18:52.24	M	341
5	Paul	Dyment	Bethel	11	19:06.24	M	342
6	Madden	Cockroft	Bethel	10	19:22.24	M	343
7	Rory	Peters	Bethel	11	19:38.24	M	344
Region 1 Big West Qualifiers Other Top 8 Qualifiers							
1	Orson	Hoogendorn	Nome-Beltz	10	17:59.24	M	387
2	Benjamin	Milton	Nome-Beltz	9	18:48.24	M	393
3	Son	Erickson	Nome-Beltz	11	19:08.24	M	394
REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Champions							
1	David	Sliwinski	Grace Christian	12	15:50.24	M	359
2	Robbie	Annett	Grace Christian	10	16:31.24	M	360
3	Colton	Merrier	Grace Christian	10	16:41.24	M	362
4	Simon	Nelson	Grace Christian	11	16:43.24	M	363
5	Germ	Daggett	Grace Christian	12	17:35.24	M	364
6	Diego	Sanchez	Grace Christian	12	18:12.24	M	365
7	Hunter	Finch	Grace Christian			M	
Region 3 Runner Up							
1	Seamus	McDonough	Homer	12	15:51.24	M	366
2	Lance	Seneff	Homer	12	17:20.24	M	367
3	Theodore	McDonough	Homer	12	17:56.24	M	368
4	Jai	Badajos	Homer	9	18:26.24	M	369
5	Ethan	Styvar	Homer	9	18:50.24	M	370
6	Jonah	Mershon	Homer	12	18:54.24	M	371
7	Johannes	Bynagle	Homer	9	18:15.24	M	372

DII BOYS QUALIFIERS

REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Third Place							
1	Preston	Merchant	Anch Christian	12	16:11.24	M	331
2	Lukas	Underlie	Anch Christian	10	17:42.24	M	332
3	Stryder	Kronberger	Anch Christian	10	17:50.24	M	333
4	Royce	Rock	Anch Christian	10	20:34.24	M	334
5	Liam	Pettit	Anch Christian	9	21:09.24	M	335
6	Elijah	Szepanski	Anch Christian	11	22:50.24	M	336
7	Drew	Carter	Anch Christian	9	25:57.24	M	337
Region 3 Fourth Place							
1	Gregory	Fallon	Kenai Central	11	16:29.24	M	373
2	Zane	Tews	Kenai Central	11	18:55.24	M	374
3	Chase	Laker	Kenai Central	9	19:12.24	M	375
4	Robert	Carson	Kenai Central	11	19:38.24	M	376
5	Logan	Cartwright	Kenai Central	9	19:39.24	M	377
6	Vail	Coots	Kenai Central			M	378
7	Jack	Laker	Kenai Central			M	379
Region 3 Other Top Fifteen Qualifiers							
1	Trevor	Guernsey	Seward	11	18:06.24	M	388
REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions							
1	Silas	Demmert	Sitka	12	16:27.24	M	380
2	Annan	Wieland	Sitka	11	16:34.24	M	381
3	Trey	Demmert	Sitka	10	16:41.24	M	382
4	Connor	Hitchcock	Sitka	10	16:49.24	M	383
5	James	Helem	Sitka	12	17:54.24	M	384
6	Hank	Maxwell	Sitka	12	18:11.24	M	385
7	Dylan	Crenna	Sitka	12	19:30.24	M	386
Region 5 Other Top Ten Qualifiers							
1	Jacob	Friske	Mt Edgecumbe	11	18:26.24	M	390
2	Connor	Journey	Mt Edgecumbe	12	20:12.24	M	399
3	Colton	Paul	Mt Edgecumbe	12	20:58.24	M	400

DII BOYS QUALIFIERS


REGION 6							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 6 Champions							
1	Preston	Kopp	Galena	11	18:26.24	M	352
2	Clint	Kopp	Galena	9	19:09.84	M	353
3	Finn	Hornfischer	Galena	12	19:12.44	M	354
4	Milo	Huntington	Galena	11	19:36.64	M	355
5	Jonah	Echo	Galena	12	21:14.94	M	356
6	Donovan	Olin	Galena	9	24:36.74	M	357
7	Aiden	Phillips	Galena	9	26:42.34	M	358
Region 6 Runner Up							
1	Anthony	White	Delta Junction	9	18:33.94	M	345
2	Ethan	Dehling	Delta Junction	10	19:03.14	M	346
3	Aiden	Bullard	Delta Junction	12	19:58.04	M	347
4	Tanner	Brant	Delta Junction	10	20:31.44	M	348
5	James	Fox	Delta Junction	11	20:51.66	M	349
6	Noah	Douglas	Delta Junction	10	21:12.04	M	350
7	William	Douglas	Delta Junction	9	23:05.74	M	351
Region 6 Other Top Fifteen Qualifiers							
1	Rafe	Caruthers	Valdez	11	18:24.94	M	389
2	Elliott	Evans	Hutchison	12	18:32.34	M	391
3	Gabriel	Angaiak	Monroe Cath	12	18:43.34	M	392
4	Jonathan	Swank	Monroe Cath	12	19:24.14	M	395
5	Joshua	Swank	Monroe Cath	12	19:29.84	M	396
6	Asher	McGlinchy	Monroe Cath	10	19:42.74	M	397
7	Noah	Rockhold	Ben Eielson	10	19:46.44	M	398





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Assistant Coach Lindsay Williams
Athletic Director Serge Duchatellier



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Assistant Coaches Susan Kramer
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Athletic Director Patrick Callahan



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Assistant Coach Anna Stephan
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 Chris Waythomas Kristi Waythomas
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Athletic Director Ron Hemstock



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Assistant Coaches Lucas Parsley
Athletic Director Justin Zank



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Assistant Coaches Jeremy Strong
Athletic Director Rich Krupa



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DI GIRLS QUALIFIERS

REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Champions							
1	Ella	Hopkins	Colony	10	20:03.24	F	408
2	Morgan	Ainsworth	Colony	9	20:27.24	F	409
3	Stella	Rose	Colony	10	21:44.24	F	410
4	Shea	Alaniva	Colony	12	21:53.24	F	411
5	Lucy	Shea	Colony	12	22:04.24	F	412
6	Rachel	Danz	Colony	10	22:07:24	F	413
7	Madison	Roberts	Colony	10	22:19.24	F	414
Region 3 Runner Up							
1	Sophia	Jedlicki	Soldotna	9	19:36.24	F	440
2	Tania	Boonstra	Soldotna	9	20:44.24	F	441
3	Annie	Burns	Soldotna	10	21:47.24	F	442
4	Kaytlin	McAnelly	Soldotna	11	22:51.24	F	443
5	Delanie	Wagers	Soldotna	9	22:51.24	F	444
6	Megan	Whittom	Soldotna	11	23:22.24	F	445
7	Laurel	Johnson	Soldotna	9	23:51.24	F	446
Region 3 Third Place							
1	Abigail	Harver	Kodiak	11	22:00.24	F	429
2	Hannah	McCarthy	Kodiak	11	23:19.24	F	430
3	Cassidy	Foster	Kodiak	11	23:46.24	F	431
4	Haiden	Holforty	Kodiak	11	23:50.24	F	432
5	Oceana	Brockman	Kodiak	10	25:22.24	F	433
6	Annie	Olsen	Kodiak	12	27:08.24	F	434
7			Kodiak			F	
Region 3 Other Top Fifteen Qualifiers							
1	Kinley	Bruno	Wasilla	9	21:48.24	F	477
2	Aider	Deal	Palmer	9	22:07.24	F	478

DI GIRLS QUALIFIERS

REGION 4							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 4 Champions							
1	Campbell	Peterson	Chugiak	12	19:17.24	F	401
2	Addison	Capozzi	Chugiak	12	19:37.24	F	402
3	Petra	Knox	Chugiak	9	20:08.24	F	403
4	Skyler	Belmear	Chugiak	11	20:18.24	F	404
5	Aaliyah	Fields	Chugiak	10	20:18.24	F	405
6	Allison	Macy	Chugiak	10	20:20.24	F	406
7	Kiley	Dennis	Chugiak	12	20:28.24	F	407
Region 4 Runner Up							
1	Elizabeth	Page	South Anch	11	20:08.24	F	447
2	Ava	Murphy	South Anch	10	20:36.24	F	448
3	Mia	Stiassny	South Anch	9	20:36.24	F	449
4	Addison	Bailey	South Anch	9	20:45.24	F	450
5	Ella	Atteberry	South Anch	11	21:15.24	F	451
6	Elliana	Zock	South Anch	12	22:39.24	F	452
7	Robyn	Miller	South Anch	12	26:55.24	F	453
Region 4 Third Place							
1	Emily	Erickson	Dimond	12	20:14.24	F	415
2	Avery	Campbell	Dimond	10	20:40.24	F	416
3	Molly	McBride	Dimond	9	20:58.24	F	417
4	Maryjane	Baxter	Dimond	9	21:26.24	F	418
5	Maia	McCormack	Dimond	12	21:27.24	F	419
6	Nora	McCormack	Dimond	11	21:28.24	F	420
7	Ciera	Norris	Dimond	9	22:36.24	F	421
Region 4 Fourth Place							
1	Zoe	Rodgers	West Anch	10	20:46.24	F	459
2	Berit	Meyers	West Anch	11	21:14.24	F	460
3	Scarlet	Parr	West Anch	11	21:22.24	F	461
4	Piper	Sears	West Anch	10	21:37.24	F	462
5	Lilah	Klieforth	West Anch	10	21:40.24	F	463
6	Kadence	Barnett	West Anch	11	22:00.24	F	464
7	Lauren	Dorris	West Anch	12	22:18.24	F	465
Region 4 Other Top Fifteen Qualifiers							
1	Rose	Conway	East Anch	9	19:44.24	F	473
2	Ava	Trembath	Eagle River	11	20:01.24	F	474

DI GIRLS QUALIFIERS

REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions							
1	Etta	Eller	Juneau-Douglas	11	19:10.24	F	422
2	Ida	Meyer	Juneau-Douglas	10	19:40.24	F	423
3	Rayna	Tuckwood	Juneau-Douglas	11	19:59.24	F	424
4	Maisey	Morley	Juneau-Douglas	11	20:11.24	F	425
5	Ava	Newell	Juneau-Douglas	11	21:03.24	F	426
6	Elshaday (Ellie)	Yerkes	Juneau-Douglas	10	21:29.70	F	427
7	Ruby	Rivas	Juneau-Douglas	11	21:35.24	F	428
Region 5 Other Top Twelve Qualifiers							
1	Mackenzie	Olver	Thunder Mountain	12	21:28.24	F	454
2	Delia	Mearig	Thunder Mountain	9	22:41.24	F	455
3	Aliyah	Overturf	Thunder Mountain	12	22:44.24	F	456
4	Anberlin	Tingey	Thunder Mountain	9	22:52.24	F	457
5	Sophia	Owen	Thunder Mountain	11	22:52.74	F	458
REGION 6							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 6 Champions							
1	Anna	Bailey	West Valley	9	21:07.44	F	466
2	Stella	Organeck	West Valley	11	21:09.84	F	467
3	Sage	Personett	West Valley	11	21:32.24	F	468
4	Riga	Grubis	West Valley	12	21:55.84	F	469
5	Zarah	Laker-Morris	West Valley	11	22:22.24	F	470
6	Spring	Smith-Hughes	West Valley	12	22:33.34	F	471
7	Isabel	Baesman	West Valley	12	22:48.84	F	472
Region 6 Runner Up							
1	Danika	Dawley	North Pole	11	21:17.14	F	435
2	Maria	Mattox	North Pole	11	21:21.74	F	436
3	Emily	Bellant	North Pole	12	22:42.64	F	437
4	Zarah	Griner	North Pole	12	26:12.94	F	438
5	Cecilia	Long	North Pole	10	27:09.34	F	439
Region 6 Other Top Ten Qualifiers							
1	Carly	Pilon	Lathrop	10	21:25.84	F	475
2	Amy	Pilon	Lathrop	12	21:45.14	F	476



Athletes As Leaders

AthletesAsLeaders.org

Athletes As Leaders (AAL) is a program for high school athletes on girls' sports teams. The program aims to empower youth to take an active role in challenging stereotypes, promoting healthy relationships and creating a safe and welcoming community for all.

AAL is based on research and best practices in the field of sexual assault prevention. Athletes are encouraged to be leaders in changing peer norms and school climate to a culture of safety and respect.



KATHLEEN NAVARRE
Program Coordinator
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DI BOYS QUALIFIERS

REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Champions							
1	Matthew	Rongitsch	Colony	12	15:56.24	M	479
2	Zac	Cheyette	Colony	12	16:31.24	M	480
3	Tobias	Buchanan	Colony	11	16:44.24	M	481
4	Jayden	Rice	Colony	12	17:20.24	M	482
5	Coby	Marvin	Colony	10	17:26.24	M	483
6	Caleb	Hilty	Colony	11	17:47.24	M	484
7	Corbin	Wilson	Colony	10	17:53.24	M	485
Region 3 Runner Up							
1	Maxwell	Robinson	Kodiak	11	17:25.24	M	508
2	Miles	Grimes	Kodiak	10	17:29.24	M	509
3	Jacob	Sarnowski	Kodiak	12	17:45.24	M	510
4	Bengt	Anderson	Kodiak	11	17:51.24	M	511
5	Joseph	Hathaway	Kodiak	10	17:52.24	M	512
6	Joshua	Hathaway	Kodiak	10	18:01.24	M	513
7	Tyler	Holforty	Kodiak	12	18:14.24	M	514
Region 3 Third Place							
1	Aceton	Edgerton	Wasilla	11	17:24.21	M	533
2	Stephen	Hafen	Wasilla	10	17:37.24	M	534
3	Kendall	Greathouse	Wasilla	11	18:07.24	M	535
4	Chase	Foss	Wasilla	11	18:14.24	M	536
5	Gabriel	Carey	Wasilla	9	18:45.24	M	537
6	Braden	Thomas	Wasilla	9	18:53.24	M	538
7	Ammon	Seems	Wasilla	10	19:31.24	M	539
Region 3 Other Top Fifteen Qualifiers							
1	Fischer	Adams	Palmer	11	17:12.24	M	556
2	Tobin	Miller	Palmer	11	17:27.24	M	557
3	Jacob	Strausbaugh	Soldotna	10	17:40.24	M	

DI BOYS QUALIFIERS

REGION 4							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 4 Champions							
1	Blaise	Boyer	South Anchorage	11	16:29:24	M	522
2	Vebjorn	Flagstad	South Anchorage	9	17:07:24	M	523
3	Owen	Young	South Anchorage	12	17:15:24	M	524
4	Rowan	Robinson	South Anchorage	11	17:26:24	M	525
5	Jaxon	Henrie	South Anchorage	9	17:37:24	M	526
6	Nolan	Miller	South Anchorage	12	17:39:24	M	527
7	Kyle	Fischer	South Anchorage	12	19:45:24	M	528
Region 4 Runner Up							
1	Henry	Michener	Eagle River	12	16:52:24	M	493
2	Josh	Penfield	Eagle River	12	16:58:24	M	494
3	Damien	Borchardt	Eagle River	12	17:13:24	M	495
4	Jack	Molloy	Eagle River	12	17:26:24	M	496
5	Caleb	Szajkowski	Eagle River	10	17:41:24	M	497
6	Luke	Shaw	Eagle River	9	17:56:24	M	498
7	Grady	Eule	Eagle River	11	17:55:24	M	499
Region 4 Third Place							
1	Blake	Hanley	West Anchorage	11	16:41:24	M	540
2	Oliver	Wright	West Anchorage	11	16:58:24	M	541
3	Dylan	Soberay	West Anchorage	11	17:20:24	M	542
4	Axel	Kiskkaddon	West Anchorage	9	17:34:24	M	543
5	Eliot	Garton-Barendregt	West Anchorage	11	17:55:24	M	544
6	Finley	Bold	West Anchorage			M	545
7	Liam	Chisolm	West Anchorage	12		M	546

DI BOYS QUALIFIERS

REGION 4							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 4 Fourth Place							
1	Max	Johnson	Dimond	12	16:56:24	M	486
2	Jarrett	Jackson	Dimond	10	17:05:24	M	487
3	AJ	Glover	Dimond	11	17:08:24	M	488
4	Grant	Weber	Dimond	12	17:36:24	M	489
5	Brodie	O'Hara	Dimond	12	17:54:24	M	490
6	Owen	Saltzman	Dimond	12	17:58:24	M	491
7	Ethan	Stiller	Dimond	11	18:06:24	M	492
Region 4 Other Top Fifteen Qualifiers							
1	Ethan	Howe	East Anchorage	12	16:41:24	M	553
2	Aaron	Power	Service	12	16:50:24	M	554
3	Elias	Soule	Service	11	16:57.24	M	555
REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions							
1	Konus	Atkins	Juneau-Douglas	12	16:39.24	M	500
2	Edgar	Vera Alvarado	Juneau-Douglas	11	16:53.24	M	501
3	Malachi	Peimann	Juneau-Douglas	11	17:30.24	M	502
4	Wilder	Dillingham	Juneau-Douglas	11	17:31.24	M	503
5	Leif	St. Clair	Juneau-Douglas	11	17:39.24	M	504
6	Eli	Crupi	Juneau-Douglas	12	17:50.24	M	505
7	Nick	Iverson	Juneau-Douglas	10	17:52.24	M	506
Region 5 Other Top Twelve Qualifiers							
1	Kael	Nord	Thunder Mountain	10	16:55.24	M	529
2	Casey	Styles	Ketchikan	10	17:46.24	M	507
3	Justin	Scussell	Thunder Mountain	11	18:11.24	M	530
4	Sage	Janes	Thunder Mountain	10	18:13.24	M	531
5	Owen	Woodruff	Thunder Mountain	10	18:42.24	M	532

DI BOYS QUALIFIERS

REGION 6							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 6 Champions							
1	Shane	Fisher	West Valley	12	16:01.64	M	547
2	Cordon	Vonnahme	West Valley	11	16:54.14	M	548
3	Nicholas	Buth	West Valley	12	16:56.94	M	549
4	Kieran	Kaufman	West Valley	9	17:57.04	M	550
5	Owen	Wooller	West Valley	10	17:59.34	M	551
6	Caleb	Petersen	West Valley	12	18:14.94	M	552
Region 6 Runner Up							
1	Tucker	Sarkisian	Lathrop	11	17:12.84	M	515
2	Luke	Hale	Lathrop	10	18:10.64	M	516
3	Wells	Wappett	Lathrop	10	18:14.64	M	517
4	Paxson	Ott	Lathrop	11	18:23.54	M	518
5	Nathan	Hoop	Lathrop	12	18:23.64	M	519
6	Justin	Oestrewich	Lathrop	11	19:00.74	M	520
7	Aiden	Bonin	Lathrop	11	19:26.64	M	521
Region 6 Other Top Ten Qualifiers							
1	Nicholas	Hecht	North Pole	11	17:50.14	M	559

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Assistant Coach Stacie Stigar
Assistant Coach Shawn Vantassel
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Assistant Coaches Scott Campbell
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Assistant Coaches Daisy Jeffords
 Alex Serventi Aaron Swedberg
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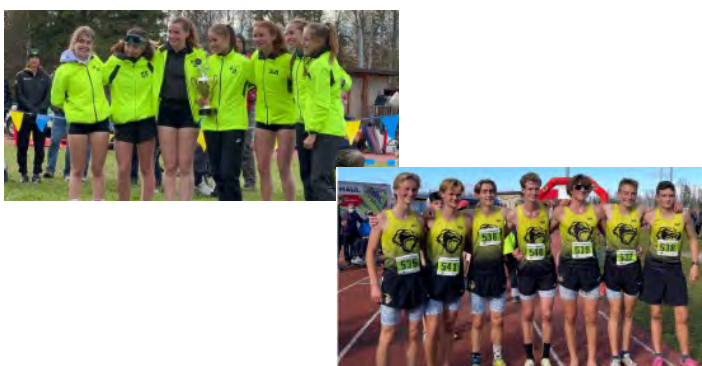
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SOLDOTNA STARS



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CROSS COUNTRY TOP OVERALL PERFORMERS

CROSS COUNTRY TOP OVERALL PERFORMERS

Points are determined after the state tournament of their senior year

Points: 1st - 15, 2nd - 9, 3rd - 8, 4th - 7, 5th - 6, 6th - 5, 7th - 4, 8th - 3, 9th - 2, 10th - 1

Updated 10/28/21

1A/2A GIRLS (Division III)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	15	Avery Williamson	Haines	1st (2019)
2	14	Liana Carney	Wrangell	3rd (2021) 5th (2019)
3	10	Maia Cowan	Petersburg	4th (2019) 8th (2017)
4	4	Hailey Williams	Delta	7th (2016)
5	3	Kendra Coonrad	Petersburg	10th (2017, 18, 19)

1A/2A/3A GIRLS (Division II)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	60	Emily Ransom	Seward	1st (1990, 91, 92, 93)
1	60	Briahna Gerlach	Glennallen	1st (2013, 2014, 2015, 2016)
3	54	Kailey Wilson	Kenny Lake	1st (2008, 09, 10) 2nd (2011)
4	44	Autumn Daigle	Homer	1st (2017, 19) 2nd (2018) 6th (2016)
5	42	Annie Berdahl	Nikiski	1st (1994, 95) 4th (1993) 6th (1996)
5	42	Rubye Foldager	Seward	1st (2004,06) 3rd (2007) 7th (2005)
7	38	Denali Foldager	Seward	1st (2005) 2nd (2004) 3rd (2006) 5th (2007)
8	37	Jayna Boonstra	Kenai	1st (2020, 21) 4th (2019)
9	36	Ashley Thomas	Grace	2nd (1998, 99, 00, 01)
9	36	Nychelle Fischetti	ACS	1st (2007) 2nd (2005, 06) 8th (2004)
11	34	Megan Pitzman	Homer	2nd (2014, 2016) 3rd (2013, 2015)
12	32	Jenny Rogers	Valdez	1st (1996) 2nd (1995) 3rd (1997)
12	32	Taylee Nyquest	Thorne Bay	1st (2012) 2nd (2013) 3rd (2014)
14	31	Elle Arnold	Grace	1st (2011) 2nd (2010) 4th (2012)
15	30	Kristina McInnes	Seldovia	1st (1987, 88)
15	30	Danielle Pratt	SuValley/Grace	1st (2001) 3rd (2000) 7th (1999) 8th (1998)
15	30	Ruby Lindquist	Seward	2nd (2017) 3rd (2016) 4th (2015) 5th (2014)
18	26	Aubrey Smith	Seward	2nd (1996, 97) 3rd (1995)
18	26	Tazlina Mannix	Su Valley	2nd (2002, 03) 3rd (2001)
18	26	Rosa Schmidt	Nome	2nd (2012) 3rd (2011) 5th (2013) 8th (2010)

CROSS COUNTRY TOP OVERALL PERFORMERS

4A GIRLS (Division I)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	60	Kristy Klinnert	Kodiak	1st (1983, 84, 85, 86)
2	54	Kikkan Randall	East	1st (1998, 99, 2000) 2nd (1997)
2	54	Kendall Kramer	West Valley	1st (2017, 18, 19) 2nd (2016)
4	48	Darcy Dugan	Dimond	1st (1996, 97) 2nd (1998, 99)
5	45	Betsy Haines	East	1st (1975, 76, 77)
5	45	Leah Francis	Juneau-Douglas	1st (2006, 07, 08)
5	45	Alle Ostrander	Kenai	1st (2012, 13, 14)
5	45	Kris Smith	West	1st (2001, 02) 3rd (2000) 4th (1999)
9	41	Sadie Tuckwood	Juneau-Douglas	1st (2016) 2nd (2018, 19) 3rd (2017)
10	40	Dede Hatthorne	Dimond	1st (1978, 80) 4th (1979), 8th (1977)
11	39	Mara Rabinowitz	West Valley	1st (1981, 82) 2nd (1983)
11	39	Crystal Pitney	West Valley	1st (2005) 2nd (2004, 07) 5th (2006)
13	32	Shoshana Keegan	West	2nd (2005, 06) 4th (2004, 07)
13	32	Ava Earl	South	2nd (2017, 20) 4th (2018, 19)
15	31	Ari Goldstein	Soldotna	1st (2003,04) 10th (2002)
15	31	Jaycie Calvert	Kenai	1st (2018) 4th (2016) 5th (2015) 8th (2017)
17	30	Gretchen Klein	Ketchikan	1st (1990, 91)
18	26	Kaarin Knudson	Dimond	1st (1992) 5th (1990) 6th (1991)
18	26	Dominique Colberg	Colony	2nd (2002) 3rd (2001) 6th (2000) 7th (1999)
20	24	Ann Locke	West	1st (1979) 2nd (1980)
20	24	Kate Galbraith	Service	1st (1994) 2nd (1995)
20	24	Ivy O'Guinn	Skyview	2nd (2009) 4th (2008) 6th (2006) 8th (2007)

1A/2A BOYS (Division III)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	22	Kael Gerlach	Glennallen	1st (2020) 4th(2019)
2	21	Isaac Titus	Scammon Bay	2nd (2019) 3rd (2020) 7th (2021)
3	16	Uriah Lucas	Petersburg	1st (2021) 10th (2019)
4	10	Justin Trail	Nikolaevsk	3rd (2021) 9th (2019)
5	6	Michael Durkin	Petersburg	5th (2021)
6	5	Demetry Hiseth	Dillingham	7th (2019) 10th (2021)

CROSS COUNTRY TOP OVERALL PERFORMERS

1A/2A/3A BOYS (Division II)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	53	Tristian Merchant	ACS	1st (2018, 19, 20) 3rd (2017)
2	44	Kaleb Korta	Galena	1st (2014, 15) 3rd (2013) 5th (2012)
3	38	Carl Blackhurst	Haines	1st (1993, 95) 3rd (1994)
3	38	Mario Bird	Nikiski	1st (1998, 99) 3rd (1997)
3	38	Jacob Moos	Galena	1st (2016,17) 3rd (2015)
6	32	Jason Eastman	Seward	1st (1996) 3rd (1995) 5th (1993) 8th (1994)
7	31	David Tamura	Valdez	1st (2003) 2nd (2002) 4th (2001)
7	31	Jacob Kirk	Grace	1st (2008, 09) 10th (2007)
7	31	Miles Knotek	Seward	1st (2011) 2nd (2012) 4th (2010)
10	30	Raleigh Cook	Petersburg	1st (1986, 87)
10	30	Michael Miller	ACS	1st (2006, 07)
12	29	Joe Davis	Cook Inlet Acad	1st (1989) 3rd (1988) 5th (1987)
13	28	Daniel Seventi	Grace	1st (2013) 3rd (2012) 6th (2011)
14	27	John Klein	Grace	1st (2010) 4th (2011) 6th (2009)
15	26	Matt Adams	Seward	1st (2004) 3rd (2003) 8th (2002)
15	26	Hunter Kratz	Seward	2nd (2015, 2016) 3rd (2014)
17	25	Chandler Kemp	Haines	2nd (2006) 3rd (2005, 07)
18	24	Leif Karlberg	Grace	3rd (2006) 4th (2007, 08) 9th (2005)
19	23	Brian Stringfellow	Nenana	1st (1992) 3rd (1993)
20	22	Brian Beeson	Cook Inlet Acad	3rd (2004) 4th (2002, 03)

4A BOYS (Division I)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	50	Levi Thomet	Kodiak	1st (2012, 13, 14) 6th (2011)
2	49	Trevor Dunbar	Kodiak	1st (2006, 07, 08) 7th (2005)
3	46	Chris Gilbert	Wasilla	1st (1986, 87,88) 10th (1985)
4	44	Norm Rousey	Palmer	1st (1989, 91) 2nd (1990) 6th (1988)
5	42	Gordon Birdsall	Wasilla	1st (1984, 85) 3rd (1983) 7th (1982)
6	39	Mike Gomez	West	1st (1992, 93) 2nd (1991)
6	39	Jesse Cherry	Chugiak	1st (2003, 04) 2nd (2002)
8	33	Jake Bartholomy	Bartlett	1st (1990) 2nd (1988, 89)
8	33	Santiago Prosser	Dimond	1st (2019) 2nd (2017, 18)
10	32	Alexander Maurer	Service	1st (2020) 2nd (2019) 3rd (2018)
10	32	Ty Jordan	Chugiak	1st (2015) 2nd (2013) 3rd (2014)
12	31	Doug Herron	Bartlett	1st (1983) 2nd (1982) 4th (1984)
13	30	Don Clary	East	1st (1973,74)
14	29	Eric Callison	Palmer	1st (1997) 4th (1995, 96)
15	28	Aaron Fletcher	South	2nd (2006, 07, 08) 10th (2005)
16	27	Eric Strabel	Colony	1st (1999) 2nd (1998) 8th (1997)
17	26	Mark Williams	Dimond	2nd (1981, 83) 3rd (1982)
18	25	Laird Prosser	Dimond	1st (1994) 3rd (1993) 9th (1992)
18	25	Aaron Dickson	Palmer	1st (2002) 3rd (2000) 9th (2001)
20	24	Gus Schumacher	Service	1st (2016) 2nd (2015)
20	24	Daniel Abranowicz	West Valley	1st (2021) 3rd (2020) 10th (2019)

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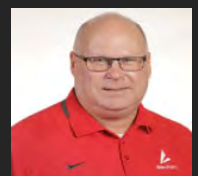
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2022 DIVISION III RESULTS

DIVISION III GIRLS

TEAM RESULTS

Champion	Haines	48
Runner-up	Glennallen	51
3 rd	Sockeye	52
4 th	Petersburg	76
5 th	Dillingham	132
6 th	Nenana	132
7 th	Tikigaq	149

AWARDS

Academic Award: Sockeye Coop (3.82)
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INDIVIDUAL RESULTS

1 st	Taylor Eddington	Tri-Valley	20:29
2 nd	Ariel Goinez-Long	Haines	20:43
3 rd	Ourea Busk	Unalakleet	20:56
4 th	Pagan Lester	Sockeye	21:31
5 th	Teagan Rude	Glennallen	21:37
6 th	Kinley Lister	Petersburg	21:46
7 th	Grace Long	Haines	21:57
8 th	Brynna Gerlach	Glennallen	22:14
9 th	Mamie Crookes	Kake	22:28
10 th	Avari Getchell	Haines	22:35
11 th	Sally Chapell	Haines	22:35
12 th	Aileen Lester	Sockeye	22:53
13 th	Alianna Voran	Sockeye	23:04
14 th	Kayla Abbott	Glennallen	23:08
15 th	Lexi Johnson	Klawock	23:29

DIVISION III BOYS

TEAM RESULTS

Champion	Wrangell	22
Runner-up	Haines	39
3 rd	Unalaska	88
4 th	Cordova	113
5 th	Togiak	136
6 th	Fort Yukon	146

AWARDS

Academic Award: Unalaska (3.86)
Sponsored by Donlin Gold

INDIVIDUAL RESULTS

1 st	Daniel Harrison	Wrangell	17:30
2 nd	Daniel Aspery	Petersburg	17:36
3 rd	Luke Davis	Haines	17:48
4 th	Devlyn Campbell	Wrangell	17:58
5 th	Andrew Hansen	Haines	18:03
6 th	Ethan Blatchley	Wrangell	18:16
7 th	Boomchain Loucks	Wrangell	18:21
8 th	Elias Decker	Wrangell	18:28
9 th	Dominic Ross	Kake	18:38
10 th	Marley Kness	Klawock	18:51
11 th	Latrell Lake	Hooper Bay	19:09
12 th	Ace Hill	Chevak	19:10
13 th	Isaac Gunderson	Sand Point	19:13
14 th	Ian Nelson	Wrangell	19:14
15 th	Alex Holmgrain	Petersburg	19:26



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2022 DIVISION II RESULTS

DIVISION II GIRLS

TEAM RESULTS

Champion	Seward	56
Runner-up	Grace Christian	68
3 rd	Homer	70
4 th	Sitka	80
5 th	Bethel	122
6 th	Redington	130
7 th	Mt Edgecumbe	158

AWARDS

Academic Award: Grace (3.92)
Sponsored by Donlin Gold

INDIVIDUAL RESULTS

1 st	Anna Prussian	Sitka	20:01
2 nd	Clare Mullin	Sitka	20:02
3 rd	Jayna Boonstra	Kenai	20:23
4 th	Megan Nelson	Grace	20:41
5 th	Hailey Ingalls	Seward	20:46
6 th	Daisy Walker	Homer	21:21
7 th	Emilee Wilson	Kenai	21:33
8 th	Mya Campbell	Redington	21:46
9 th	Rosemarie Dymont	Bethel	21:56
10 th	Miranda Wilkerson	Monroe	21:56
11 th	Tessa Anderson	Edge	22:08
12 th	Xiimara Salazar	Kotzebue	22:08
13 th	Aly Guernsey	Seward	22:09
14 th	Rebekah Annett	Grace	22:19
15 th	Eryn Field	Homer	22:25

DIVISION II BOYS

TEAM RESULTS

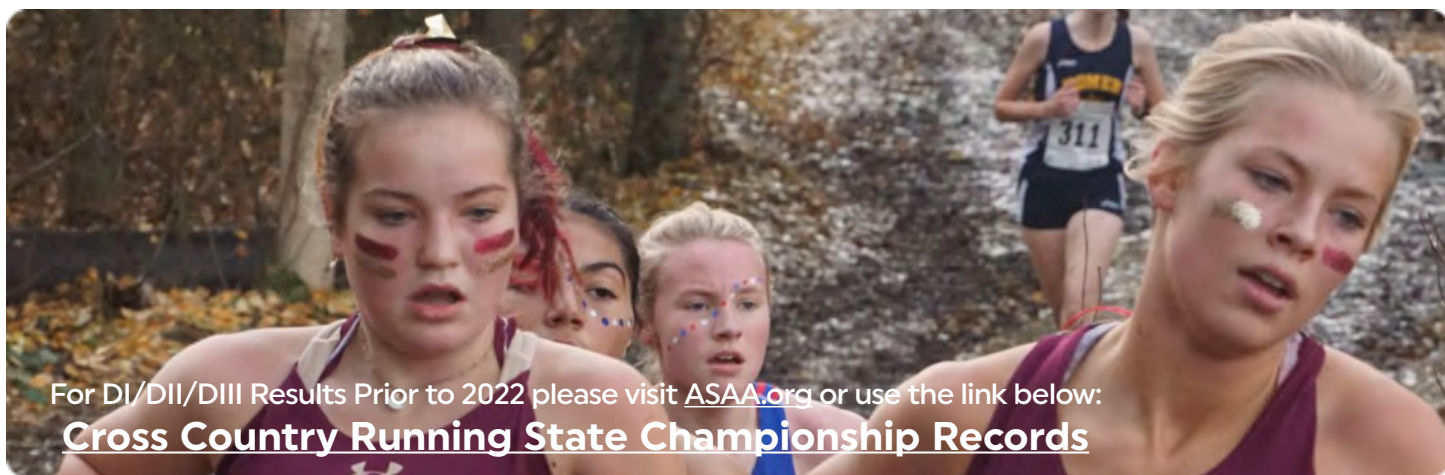
Champion	Grace Christian	47
Runner-up	Sitka	49
3 rd	Homer	62
4 th	Kenai	102
5 th	ACS	121
6 th	Bethel	142
7 th	Galena	165
8 th	Delta	213

AWARDS

Academic Award: Kenai (3.77)
Sponsored by Donlin Gold

INDIVIDUAL RESULTS

1 st	David Sliwinski	Grace	15:55
2 nd	Seamus McDonough	Homer	15:57
3 rd	Robbie Annett	Grace	16:34
4 th	Annan Weiland	Sitka	16:44
5 th	Silas Demmert	Sitka	16:56
6 th	Gregory Fallon	Kenai	17:03
7 th	Preston Merchant	ACS	17:06
8 th	Trey Demmert	Sitka	17:06
9 th	Connor Hitchcock	Sitka	17:22
10 th	Lance Seneff	Homer	17:25
11 th	Theodore McDonough	Homer	17:36
12 th	Simon Nelson	Grace	17:42
13 th	Orson Hoogendorn	Nome	18:02
14 th	Lukas Underhile	ACS	18:04
15 th	Geremu Daggett	Grace	18:08



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2022 DIVISION I RESULTS

DIVISION I GIRLS

TEAM RESULTS

Champion	Chugiak	42
Runner-up	Juneau-Douglas	74
3 rd	South Anchorage	79
4 th	Dimond	106
5 th	Colony	134
6 th	Soldotna	153
7 th	West Anchorage	168
8 th	West Valley	179
9 th	Kodiak	287
10 th	North Pole	302

AWARDS

Academic Award: Dimond (4.0)
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INDIVIDUAL RESULTS

1 st	Campbell Peterson	Chugiak	19:16
2 nd	Sophia Jedlicki	Soldotna	19:36
3 rd	Addison Capozzi	Chugiak	19:47
4 th	Etta Eller	Juneau	19:48
5 th	Tania Boonstra	Soldotna	19:52
6 th	Ida Meyer	Juneau	19:57
7 th	Robyn Miller	South	20:04
8 th	Rose Conway	East	20:07
9 th	Skyler Belmear	Chugiak	20:09
10 th	Ella Hopkins	Colony	20:17
11 th	Emily Erickson	Dimond	20:24
12 th	Avrey Campbell	Dimond	20:34
13 th	Morgan Ainsworth	Colony	20:35
14 th	Ava Trembath	Eagle River	20:39
15 th	Mia Stiasny	South	20:41

DIVISION I BOYS

TEAM RESULTS

Champion	Colony	43
Runner-up	South Anchorage	69
3 rd	West Anchorage	107
4 th	Dimond	110
5 th	Juneau-Douglas	119
6 th	Eagle River	119
7 th	West Valley	153
8 th	Kodiak	168
9 th	Lathrop	228
10 th	Wasilla	258

AWARDS

Academic Award: South Anchorage (4.0)
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INDIVIDUAL RESULTS

1 st	Matthew Rongitsch	Colony	16:13
2 nd	Zac Cheyette	Colony	16:29
3 rd	Tobias Buchanan	Colony	16:39
4 th	Blaise Boyer	South	16:39
5 th	Henry Michener	Eagle River	16:49
6 th	Ethan Howe	East	16:56
7 th	Kona Atkins	Juneau	16:59
8 th	Elias Soule	Service	17:04
9 th	Damien Borchardt	Eagle River	17:05
10 th	Owen Young	South	17:07
11 th	Blake Hanley	West	17:08
12 th	Jarrett Jackson	Dimond	17:11
13 th	Fischer Adams	Palmer	17:12
14 th	Cirdan Vonnahme	West Valley	17:17
15 th	Edgar VeraAlvarado	Juneau	17:17



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Schools may select a student who exemplifies outstanding citizenship and sportsmanship through out the season. Coaches chose the following athletes. CONGRATULATIONS!

Anchorage Christian

Royce Rock

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Paul Dymont
Rose Dymont

Chugiak

Campbell Peterson

Colony

Lucy Shea
Zac Cheyette

Cordova

Carl Griffith

Delta

Tanner Brant

Dillingham

Adalgisa Reigh

Dimond

Emily Erickson
Max Johnson

Eagle River

Caleb Szajkowski

Fort Yukon

Ki'naatsu Alexander

Galena

Finn Hornfischer

Glennallen

Cheyenne Fields

Grace Christian

Ella Boerger
Geremu Daggett

Haines

Phoenix Jacobson
Sal Chapell

Homer

Claira Booz
Ethan Styvar

Juneau-Douglas

Edgar Vera Alvarado
Etta Eller

Kenai Central

Robert Carson

Kodiak

Hannah McCarthy
Jacob Sarnowski

Lathrop

Paxson Ott

Monroe Catholic

Asher McGlinchy

Mt Edgecumbe

Jelsey Gologergen

Nenana

Shante Smith

North Pole

Cecilia Long

Petersburg

Kinley Lister

Redington

Saydi Cardoso

Seward

Hailey Ingalls

Sitka

Anna Prussian
James Helem

Sockeye Coop

Ali Voran
Pete Hill

Soldotna

Megan Whittom

South Anchorage

Blaise Boyer
Robyn Miller

Thunder Mt

Kael Nord
Mackenzie Olver

Tikigaq

Benjamin Lane
Kahlia Lane

Togiak

Gabriel Active

Unalaska

K.C. Balarino
Stacey Carlos

West Anchorage

Oliver Wright
Scarlet Parr

West Valley

Nicholas Buth
Riga Grubis

Wrangell

Devlyn Campbell



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