



2019 ASAA/First National Bank Alaska **CROSS COUNTRY RUNNING STATE CHAMPIONSHIPS**



Investing in Alaska's Future

For nearly 30 years, we've helped Alaska's youth become tomorrow's leaders. We're proud to support ASAA as the Title Sponsor of championship and main events.

We believe in Alaska



First National Bank
ALASKA MEMBER FDIC

NMLS# 640297 

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WELCOME

On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA's corporate partners, welcome to the 2019 ASAA/First National Bank Alaska Cross Country Running State Championships! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate your being part of this statewide championship event.



Billy Strickland
ASAA Executive Director

Seek More



Official Technology Sponsor of ASAA

GCI is proud to support ASAA in their efforts to direct, develop, and support Alaska's high school athletics and activities.



#AlaskaBornAndRaised

gci.com | 800.800.4800



**2019 ASAA / FIRST NATIONAL BANK ALASKA
CROSS COUNTRY RUNNING STATE CHAMPIONSHIPS**

Saturday October 5, 2019

Bartlett High School Trails

RACE SCHEDULE

10:00 am Division III Boys

10:45 am Division III Girls

Awards for D III at Football Field/Gym

12:00 pm Division II Boys

12:45 pm Division I Boys

1:30 pm Division II Girls

2:15 pm Division I Girls

Awards for D II and D I at Football Field/Gym



Strengthening Alaska Through Our Values

Proud sponsor of the Alaska School Activities Association



WeAreASRC

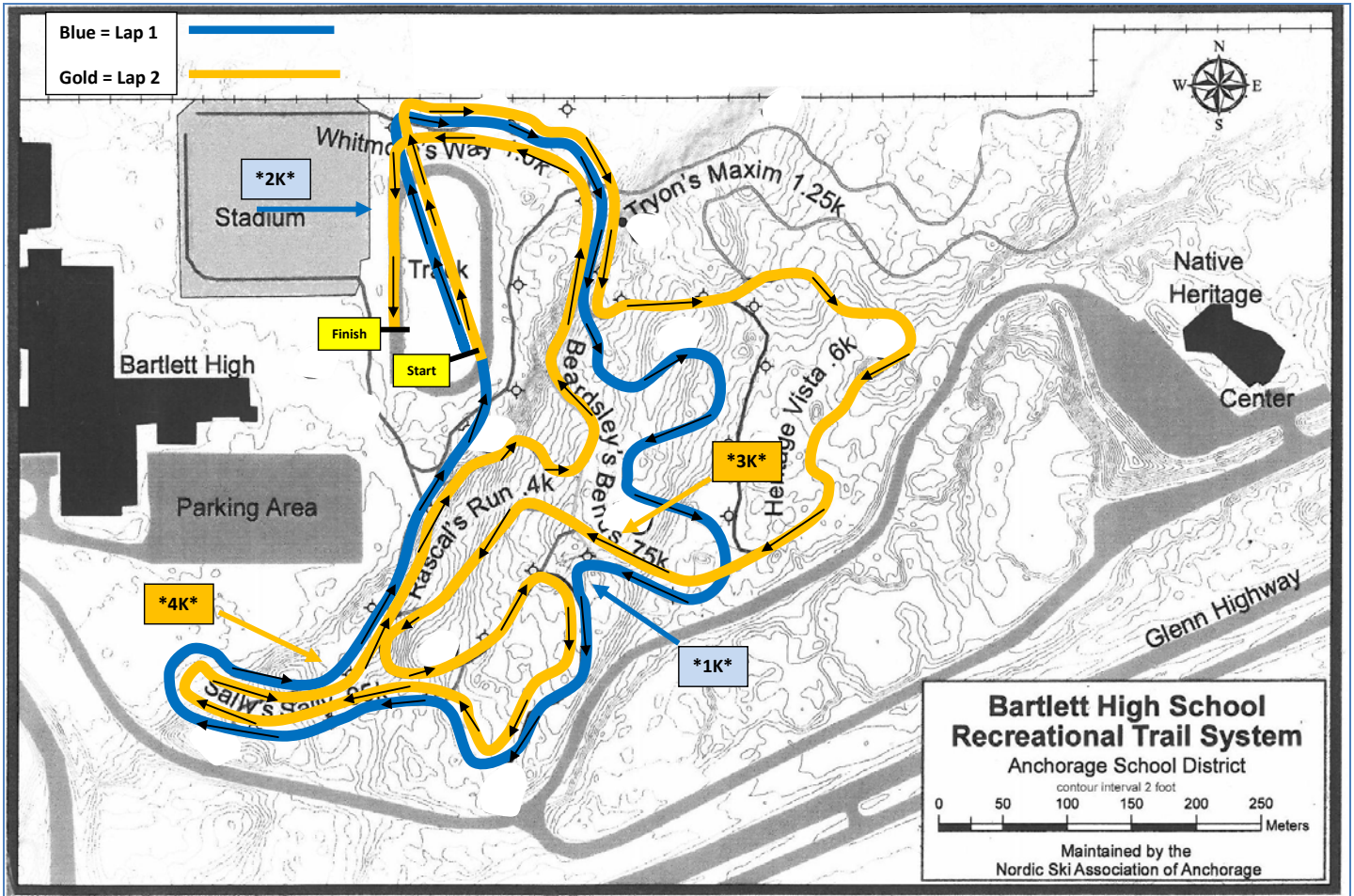


@ASRC_AK



@WeAreASRC

STATE CHAMPIONSHIPS TRAIL MAP





WE'RE TEAMING UP!

Giving all Alaska students the opportunity to join in activities and reach their goals.

Thanks to our loyal customers and committed employees, ACC has grown to 35 retail stores throughout the state. Together with our meat processing plant, North Star Quality Meats, and our wholesale division, Pacific Alaska Wholesale, we strive to meet the food and merchandise needs of the communities we serve.

Sponsoring ASAA provides ACC with great opportunity to extend that same dedication to the youth of our villages.



Alaska Commercial Company, serving rural Alaska since 1867

2019 STARTING LANE ASSIGNMENTS

Division III Boys 10:00 am

6 Teams - 82 Individuals

- 1.
2. Greater Yukon Delta Ind
3. Sockeye Co-Op Team
4. Unalaska
5. Greater Kusk / Northwest Arctic Ind
6. Cordova
7. Thorne Bay
8. Lower Kusk Ind
9. Petersburg
10. Aleutian East / Bering Straits Ind
11. Southwest / Reg 5 Ind
12. Reg 2 Ind
13. North Slope Ind
14. Haines
- 15.

Division III Girls 10:45 am

5 Teams - 80 Individuals

- 1.
2. Petersburg
3. Aleutians East / Bering Straits Ind
4. Wrangell
5. Sockeye Co-Op Team
6. Southwest Ind
7. North Slope Ind
8. Effie Kokrine
9. Region 2 Ind
10. Greater Kusk / Northwest Arctic Ind
11. Greater Yukon Delta Ind
12. Haines
13. Reg 5 Ind
14. Lower Kusk / Unalaska Ind

Division II Boys 12:00 pm

8 Teams - 74 Individuals

- 1.
2. Reg 5 Ind
3. Kenai Central
4. Region 1 Western Ind
5. Grace Christian
6. Hutchison
7. Reg 6 Ind
8. Anchorage Christian
9. Sitka
10. Bethel
11. Valdez
12. Seward
- 13.
- 14.

Division I Boys 12:45 pm

10 Teams - 83 Individuals

- 1.
2. Kodiak
3. Reg 4 Ind
4. Dimond
5. Soldotna
6. West Anchorage
7. Juneau-Douglas
8. Service
9. West Valley
10. Colony
11. Lathrop
12. Chugiak
13. Reg 3 Ind
14. Reg 5 Ind

Division II Girls 1:30 pm

9 Teams - 72 Individuals

- 1.
2. Reg 6 Ind
3. Sitka
4. Monroe
5. Homer
6. Mt Edgecumbe
7. Reg 1 Western Ind
8. Kenai Central
9. Kotzebue
10. Seward
11. Grace Christian
12. Galena
13. Reg 3 Ind
- 14.
15. Lower Kusk Ind

Division I Girls 2:15 pm

10 Teams - 81 Individuals

- 1.
2. Lathrop
3. Juneau-Douglas
4. Reg 4 Ind
5. Reg 5 Ind
6. West Valley
7. Eagle River
8. Soldotna
9. Service
10. Chugiak
11. Kodiak
12. South Anchorage
13. Reg 6 / Reg 3 Ind
14. Colony

MEET PERSONNEL

ASAA extends its appreciation to the following people for contributing their time and energy in making this year's State Cross Country Running Meet a success.

Meet Director:
John Schmitz

Bartlett Principal:
Sean Prince

Head Referee:
Jennifer Kueter

Bartlett Activities Principal:
Leif Jacobsen

Timing:
Mark Iverson - Skinny Raven

Plus the countless number of volunteers that make this state championship possible.

Thanks for All You Do!





How can Alaskans improve their health? What health issues are most important to you?

Take our survey:

HA2020.alaska.gov

The mission of Healthy Alaskans, a partnership between DHSS and the Alaska Native Tribal Health Consortium, is “Healthy Alaskans in Healthy Communities.” Results from this survey will help inform Alaska’s state health improvement plan, Healthy Alaskans 2030.



**ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM**



DIII PARTICIPATING SCHOOLS

SCHOOL	TEAM/INDIVIDUAL
Akiachak	B & G Ind
Alak	G Ind
Anthony Andrews	G Ind
Bristol Bay	B Ind
Buckland	G Ind
Chefornak	B Ind
Chevak	G Ind
Cordova	B Team & G Ind
Craig	B Ind
Dillingham	B & G Ind
Eek	B Ind
Effie Kokrine	B Ind & G Team
Fort Yukon	B Ind
Gambell	B Ind
Glennallen	B & G Ind
Gustavus	G Ind
Haines	B & G Teams
Harold Kaveolook	G Ind
Hogarth Kingeekuk	B Ind
Hoonah	G Ind
Hooper Bay	B & G Ind
Kake	B & G Ind
Kali	G Ind
Kenny Lake	B Ind
King Cove	B & G Ind
Kipnuk	B & G Ind
Klawock	G Ind
Kokhanok	B Ind
Kongiganak	G Ind
Meade River	B & G Ind

SCHOOL	TEAM/INDIVIDUAL
Nenana	B & G Ind
New Stuyahok	B 7 G Ind
Newhalen	B & G Ind
Nikolaevsk	B & G Ind
Noatak	B Ind
Noorvik	B 7 G Ind
Nunamuit	B & G Ind
Petersburg	B & G Teams
Pilot Station	B Ind
Quinhagak	B Ind
Sand Point	B Ind
Scammon Bay	B & G Ind
Shishmaref	B & G Ind
Tanalian	B & G Ind
Thorne Bay	B Team
Tikigaq	B & G Ind
Toksook Bay	G Ind
Unalaska	B Team & G Ind
Wrangell	B Ind & G Team



DIII GIRLS QUALIFIERS

REGION 1 - ALEUTIANS EAST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Aleutians East Qualifiers (Top Three)							
1	Elaina	Mack	King Cove		23:35	F	
2	Madeline	Newman	King Cove		23:36	F	
3	Cayla	Calver	King Cove		24:46	F	
REGION 1 - BERING STRAITS							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Bering Straits Qualifiers (Top Three)							
1	Patricia	Washington	Anthony Andrews	11	27:14	F	
2	Autumn	Barr	Shishmaref	9	27:53	F	
3	Chelsea	Washington	Anthony Andrews	9	28:10	F	
REGION 1 - GREATER KUSKOKWIM							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Greater Kuskokwim Qualifiers (Top Three)							
1	Acacia	Chinglak	Akiachak	12	24:52	F	
2	Keitha	Phillip	Akiachak	10	25:11	F	
3	Courtney	Laroux	Akiachak	10	25:27	F	
REGION 1 - GREATER YUKON DELTA							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Greater Yukon Delta Qualifiers (Top Five)							
1	Shaynauna	Bukowski	Chevak			F	
2	Mary	Long	Hooper Bay			F	
3	Sandra	Tunutmoak	Scammon Bay			F	
4	Rose	Lake	Hooper Bay			F	
5	Flora	Nanuk	Scammon Bay			F	
REGION 1 - LOWER KUSKOKWIM							
#	#	#	#	#	#	#	#
Region 1 Lower Kuskokwim Qualifiers (Top Five)							
1	Rosmary	Henry	Nelson Island		24:23	F	
2	Megan	Paul	Chief Paul		24:39	F	
3	Shayna	Evan	Ayagina'ar		24:46	F	
4	Panik	Chimiugak	Nelson Island		25:57	F	
5	Anci	Paul	Chief Paul		26:17	F	

DIII GIRLS QUALIFIERS

REGION 1 - NORTH SLOPE							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 North Slope Qualifiers (Top Seven)							
1	Claire	Fry	Nunamuit	11	26:15	F	
2	Emma	Bodfish	Meade River	11	32:42	F	
3	Khaleah	Toorak	Kali	10	34:51	F	
4	Kahlia	Lane	Tikigaq	9	35:07	F	
5	Karla	Phillips	Alak	9	36:25	F	
6	Natasha	Gordon	Harold Kaveolook	10	37:26	F	
7	Teri	Ferreira	Kali	11	40:40	F	
REGION 1 - NORTHWEST ARCTIC							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 NorthWest Arctic Qualifiers (Top Three)							
1	Carolyn	Hailstone	Aqqaluk			F	
2	Demaris	Hadley	Buckland			F	
3	Qutan	Hailstone	Aqqaluk			F	
REGION 1 - SOCKEYE							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Sockeye Qualifiers (Top Three)							
1	Malea	Voran	Tanalian	11	22:11	F	
2	Allah	Wardell	Tanalian	9	22:45	F	
3	Faith	Clark	Newhalen	12	23:00	F	
4	Aileen	Lester	Newhalen	9	24:02	F	
5	Alianna	Voron	Tanalian	9	24:26	F	
REGION 1 - SOUTHWEST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Southwest Qualifiers (Top Five)							
1	Ariana	Woods	Dillingham	12	22:45	F	
2	Reagan	Finkenbinder	Dillingham	12	23:11	F	
3	Tanesha	Gust	Chief Ivan Blunka	9	23:42	F	
4	Jean	Krause	Dillingham	12	24:07	F	
5	Cheryl	Blunka	Chief Ivan Blunka	9	24:56	F	

DIII GIRLS QUALIFIERS

REGION 1 - UNALASKA							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Unalaska Team							
1	Marina	Jones	Unalaska		26:55	F	
REGION 2							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 2 Champions - Effie Kokrine							
1	Natasha	Grant	Effie Kokrine	10	27:21	F	
2	Ashley	Richards	Effie Kokrine	12	31:39	F	
3	Jenna	John	Effie Kokrine	10	32:27	F	
4	Shania	Itta	Effie Kokrine	10	32:28	F	
5	Jasmine	Dayton	Effie Kokrine	12	33:51	F	
6	Ashley	Richards	Effie Kokrine	12		F	
Region 2 Other Top Ten Qualifiers							
	Bryna	Gerlach	Glennallen	9	20:59	F	
	Anika	Witsoe	Cordova	12	21:14	F	
	Amee	Hmabergere	Cordova	10	24:25	F	
	Bella	Ranck	Glennallen	9	24:41	F	
	Isabelle	Hickman	Nikolaevsk	12	24:45	F	
	Lillian	VanBennekom	Nenana	9	25:25	F	
	Susanna	Pitka	Nenana	11	25:46	F	
	Sophia	Klaich	Nikolaevsk	12	26:21	F	
	Adrianna	Charlie	Nenana	11	27:13	F	
REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions - Haines							
1	Avery	Williamson	Haines		20:56	F	
2	Avari	Getchell	Haines		21:47	F	
3	Grace	Long	Haines		21:58	F	
4	Haley	Boron	Haines		22:10	F	
5	Hannah	Boron	Haines		22:22	F	
6	Lydia	Andriesen	Haines		22:38	F	
7	Marirose	Evenden	Haines			F	

DIII GIRLS QUALIFIERS

#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Runner Up - Petersburg							
1	Melanie	Chase	Petersburg		20:38	F	
2	Maia	Cowan	Petersburg		20:57	F	
3	Kendra	Conrad	Petersburg		21:10	F	
4	Alexus	Sakamoto Quezon	Petersburg		23:31	F	
5	Deirdre	Toyomura	Petersburg		23:59	F	
6	Lydia	Martin	Petersburg		24:09	F	
7	Sapphire	Weathers	Petersburg		26:15	F	
Region 3 Third Place - Wrangell							
1	Liana	Carney	Wrangell		21:28	F	
2	Jade	Balansag	Wrangell		22:03	F	
3	Jamie	Early	Wrangell		23:18	F	
4	Skylar	Larrabee	Wrangell		23:27	F	
5	Kiara	Harrison	Wrangell		25:05	F	
6	Adriana	Larrabee	Wrangell		25:54	F	
Region 5 Other Top Fifteen Qualifiers							
	Olivia	Morrison	Hoonah		21:36	F	
	Kenai	Holien	Klawock		22:11	F	
	Mamie	Crooks	Kake		22:13	F	
	Codi	Kelly	Gustavus		22:27	F	





GO THE EXTRA MILE.

We like the way you never settle for less. That's why our team is happy to support your team at the 2019 ASAA/First National Bank Alaska XC Running State Championships. Good luck out there.

alaskaairlines.com/club49

Alaska
AIRLINES



DIII BOYS QUALIFIERS

REGION 1 - ALEUTIANS EAST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Aleutians East Qualifiers (Top Three)							
1	Isaac	Gundersen	Sand Point		19:52	M	
2	Braydyn	Brandell	King Cove		19:55	M	
3	Elia	Lind	King Cove		20:10	M	
REGION 1 - BERING STRAITS							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Bering Straits Qualifiers (Top Three)							
1	Nikolai	Avalnun	Gambell	10	20:07	M	
2	Caelin	Kinggeekuk	Hogarth Kingeekuk	11	20:50	M	
3	Edward	Kokeak	Shishmaref	12	21:28	M	
REGION 1 - GREATER KUSKOKWIM							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Greater Kuskokwim Qualifiers (Top Three)							
1	Tyler	Chingliak	Akiachak	10	19:48	M	
2	Nicholas	Charles	Akiachak	12	20:22	M	
3	Kenneth	Snyder	Akiachak	9	20:33	M	
REGION 1 - GREATER YUKON DELTA							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Greater Yukon Delta Qualifiers (Top Five)							
1	Isaac	Titus	Scammon Bay			M	
2	Patrick	Polty	Pilot Station			M	
3	Jesse	Nanuk	Hooper Bay			M	
4	Billy	Tinker	Hooper Bay			M	
5	Shaquille	Joe	Hooper Bay			M	
REGION 1 - LOWER KUSKOKWIM							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Lower Kuskokwim Qualifiers (Top Five)							
1	Dion	Pleasant	Kuinerrarmiut		19:00	M	
2	Mathew	Panruk	Chaputnguak		19:16	M	
3	James	Alexie	Eek		19:34	M	
4	Phillip	Paul	Chief Paul		19:51	M	
5	Tristen	Anaver	Chief Paul		20:03	M	

DIII BOYS QUALIFIERS

REGION 1 - NORTH SLOPE							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 North Slope Qualifiers (Top Seven)							
1	Joshua	Hughes	Meade River	11	21:39	M	
2	Josh	Morry	Nunamuit	12	21:48	M	
3	Henry	Kowunna	Tikigaq	11	21:48	M	
4	Alfred	Kippi	Meade River	12	22:28	M	
5	Gevin	Oenga	Tikigaq	11	23:07	M	
6	Jaden	Rose	Nunamuit	12	24:47	M	
7							
REGION 1 - NORTHWEST ARCTIC							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 NorthWest Arctic Qualifiers (Top Three)							
1	Amos	Sage	Napaaqtugmiut			M	
2	Micah	Mitchell	Napaaqtugmiut			M	
3	Justice	Ballot	Aqqaluk			M	
REGION 1 - SOCKEYE							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Sockeye Qualifiers (Top Three)							
1	Coleson	Voran	Tanalian	12	18:22	M	
2	Daniel	Wardell	Tanalian	9	18:44	M	
3	Smitka	Delkittie	Kokhanok	9	21:41	M	
4	Pete	Hill	Bristol Bay	9	22:05	M	
5	Jaden	Tretikoff	Newhalen	11	23:55	M	
REGION 1 - SOUTHWEST							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Southwest Qualifiers (Top Five)							
1	Demetry	Hoseth	Dillingham	10	17:25	M	
2	Zach	Kolbe	Dillingham	10	18:05	M	
3	Wyatt	Williams	Dillingham	10	18:35	M	
4	Phillip	Christopher	Chief Ivan Blunka	10	19:11	M	
5	Ethan	Jenkins	Dillingham	9	19:16	M	

DIII BOYS QUALIFIERS

REGION 1 - UNALASKA							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Unalaska Team							
1	Blaine	Henning	Unalaska		18:06	M	
2	Henry	Simmonds	Unalaska		18:27	M	
3	Michael	Pereat	Unalaska		18:52	M	
4	Herwin	Riodil	Unalaska		19:36	M	
5	Jonathane	Pereat	Unalaska		19:59	M	
6	Eldred	Paradeza	Unalaska		20:46	M	
7	KC	Balbarino	Unalaska		21:09	M	
REGION 2							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 2 Other Top Ten Qualifiers							
1	Keegan	St Amand	Cordova	11	19:08	M	
2	Gage	Frohnappel	Cordova	12	20:50	M	
3	Cody	Shaw	Cordova	10	22:49	M	
4	William	Deaton	Cordova	12	23:08	M	
5	Eoghan	Hernandez	Cordova	12	26:26	M	
	Kael	Gerlach	Glennallen	11	17:21	M	
	Andrew	Stringfellow	Nenana	12	17:36	M	
	Justin	Trail	Nikolaevsk	10	18:01	M	
	Doran	Mahler	Fort Yukon	11	9:00	M	
	Taylor	Dolge	Kenny Lake	11	20:11	M	
	Jordan	Korth	Glennallen	10	21:12	M	
	Kyler	Kangas	Effie Kokrine	9	22:22	M	

DIII BOYS QUALIFIERS

REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions - Petersburg							
1	Uriah	Lucas	Petersburg		17:18	M	
2	Kole	Perl	Petersburg		17:48	M	
3	Michael	Durkin	Petersburg		18:33	M	
4	Chase	Lister	Petersburg		18:51	M	
5	Noah	Sullivan	Petersburg		19:37	M	
6	Reed	Anderson	Petersburg		20:05	M	
7	Julian	Cumps	Petersburg		21:12	M	
Region 5 Runner Up - Haines							
1	Siyel	Galindo-George	Haines		17:08	M	
2	Luke	Davis	Haines		18:37	M	
3	Kirby	Faverty	Haines		18:56	M	
4	Jayden	Hotch	Haines			M	
5	Mark	Davis	Haines		19:03	M	
6	Carson	Crager	Haines		19:05	M	
7	Aric	Millier	Haines		19:12	M	
Region 3 Third Place - Thorne Bay							
1	Giles	Mascart	Thorne Bay		18:25	M	
2	Kyle	Congdon	Thorne Bay		18:39	M	
3	Jacob	Congdon	Thorne Bay		19:11	M	
4	Stockton	Schwab	Thorne Bay		19:46	M	
5	Guillermo	Montes	Thorne Bay		20:51	M	
6	Brandon	Ehorn	Thorne Bay		23:33	M	
7	Kurt	Kohn	Thorne Bay		24:22	M	
Region 5 Other Top Fifteen Qualifiers							
	Bryce	Knudsen	Kake		18:14	M	
	Rogan	Hanson	Craig		18:34	M	
	Ethan	Blatchley	Wrangell		19:01	M	

NIMS[®]

Proud Supporter and Sponsor of



DIII TEAM COACHES



AKIACHAK HUSKIES

Head Coach Barron Sample
AD Jennifer Phillip



ALAK HUSKIES

Head Coach Machiavellia Etsitty
AD Lillian Hurell



ANTHONY A. ANDREWS STORM

Head Coach Greg Kurtz
AD Brian Walston



AQQALUK BEARS

Head Coach Michael Zibell
Assistant Coach Leslie Zibell
AD Jim Levenhagen



CHIEF IVAN BLUNKA EAGLES

Head Coach Erick Hanson
AD Mickia Walcott



CORDOVA WOLVERINES

Head Coach Jeff Hamberger
AD Kayti Ammerman



DILLINGHAM WOLVERINES

Head Coach Amanda Luiten
AD Vincent Kane



EFFIE KOKRINE WARRIORS

Head Coach Michelle Lake
AD Joshua Snow



FORT YUKON EAGLES

Head Coach Timothy Johnson
AD Georgianna Engler



GAMBELL QUGHSATKUT

Head Coach Courtland Pannebaker
AD Sharon Campbell



GLENNALLEN PANTHERS

Head Coach Kelly Gerlach
AD Carl Snider



GUSTAVUS FOX

Head Coach JT Seay
AD Rachel Parks



HAINES GLACIER BEARS

Head Coach Chandler Kemp
Assistant Coach Ben Bard
AD Lynzee Getchell



HOGARTH KINEEKUK HUSKIES

Head Coach Brian Klebanski
AD Christina Barncaleone



HOONAH BRAVES

Head Coach Miguel Contreras
AD Adam Cretsinger



HOOPER BAY WARRIORS

Head Coach Steven Dodson
Assistant Coach Allison Walker
AD Byron Ulak



KAKE THUNDERBIRDS

Head Coach Glenn Padgett
AD Arthur Johnson



CHEVAK COMETS

Head Coach Joel Jones
AD Kris Imgalrea

DIII TEAM COACHES



KENNY LAKE HAWKS

Head Coach Jacob Marshall
AD Carl Snider



KING COVE ROOKIES & T-JACKS

Head Coach Etta Kuzakin
AD Paul Barker



MEADE RIVER EAGLES

Head Coach Lilly Itta
AD Patti Lloyd



NAPAAQTUGMIUT LYNX

Head Coach Louisa Hostetter
AD Zachary Martin



NENANA LYNX

Head Coach Steve Stringfellow
AD Collin Stone



NIKOLAEVSK WARRIORS

Head Coach Steve Klaich
AD Steve Klaich



NUNAMIUT AMAGUQS

Head Coach Brooks Fry
AD Catherine Edwards



SAND POINT EAGLES

Head Coach Sarah Shafer
AD Paul Barker



SCAMMON BAY EAGLES

Head Coach Harley Sundown
Assistant Coach Wybon Sundown
AD Byron Ulak



SHISHMAREF NORTHERN LIGHTS

Head Coach Amy Eningowuk
AD Ken Stenek



SOCKEYE CONFERENCE

Head Coach Stephen Fink
Assistant Coach Beth Hill
AD Ed Lester



TIKIGAQ HARPOONERS

Head Coach Jesse McCloud
Assistant Coach Ryann Schedel
AD Ramona Rock



UNALASKA RAIDERS

Head Coach David Gibson
Assistant Coach Lucy Ortiz
AD Jim Wilson



WRANGELL WOLVES

Head Coach Andrew Larrabee
Assistant Coach Kimberly Cooper
AD Trisa Rooney



KLAWOCK CHIEFTAINS

Head Coach Jodi Mar
AD Teresa Fairbanks



THORNE BAY WOLVERINES

Head Coach Naatalgaii Utter
AD Janelle Wehrman

DIII TEAM COACHES



PETERSBURG VIKINGS

Head Coach Thomas Thompson
Assistant Coach Debra Eddy
AD Jaime Cabral



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AD Troy Poage



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Head Coach Kelsey Hill
AD Michael Robbins



EEK COUGARS

Head Coach Gavin Caupp
Assistant Coach Kelsey Hill
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CHAPTUNGUAQ SHAMANS

Head Coach Robert Panruk
AD Lisa Couey



BUCKLAND SISSAUNI

Head Coach Floyd Herman Ticket
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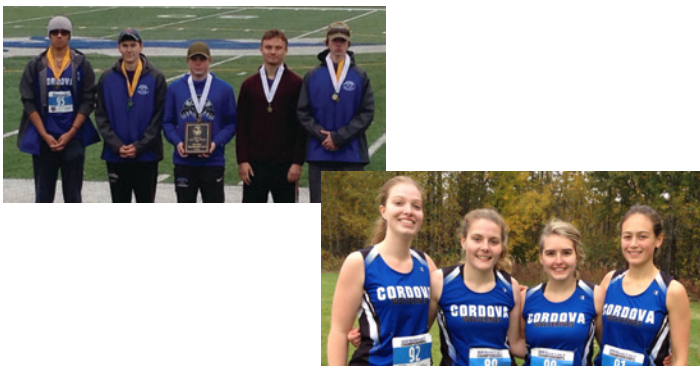
DIII TEAM PHOTOS



ALAK HUSKIES



AKIACHAK HUSKIES



CORDOVA WOLVERINES



CRAIG PANTHERS



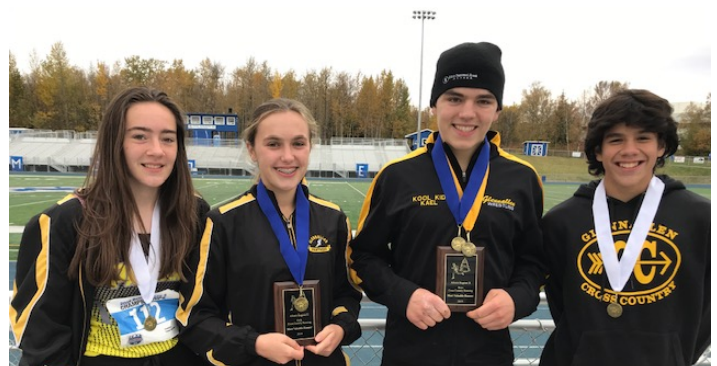
DILLINGHAM WOLVERINES



EFFIE KOKRINE WARRIORS



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GLENNALLEN PANTHERS

DIII TEAM PHOTOS



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DII PARTICIPATING SCHOOLS

SCHOOL	TEAM/INDIVIDUAL
Anchorage Christian	B Team & G Ind
Barrow	G Ind
Ben Eielson	B Ind
Bethel	B Team & G Ind
Delta	B & G Ind
Galena	B Ind & G Team
Grace Christian	B & G Teams
Homer	G Team
Hutchison	B Team
Kenai Central	B & G Teams
Kotzebue	B Ind & G Team
Monroe	B Ind & G Team
Mt Edgecumbe	B Ind & G Team
Nome-Beltz	B & G Ind
Redington	G Ind
Seward	B & G Teams
Sitka	B & G Teams
Valdez	B Team & G Ind



DII GIRLS QUALIFIERS

REGION 1 - WESTERN							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Western Champions - Kotzebue							
1	Laveah	Makisi	Kotzebue	11	22:51	F	
2	Kaila	Short	Kotzebue	10	23:38	F	
3	Zaida	Baldwin	Kotzebue	10	25:32	F	
4	Shylah	Schaeffer	Kotzebue	11	25:34	F	
5	Jessica	McCall	Kotzebue	11	25:40	F	
6	Grace	Gallahorn	Kotzebue	10	25:44	F	
7	Trinity	Miner	Kotzebue	9	27:58	F	
Region 1 Western Qualifiers Other Top Eight Qualifiers							
1	Lindsey	Bean-Polk	Bethel			F	
2	Ava	Earthman	Nome-Beltz			F	
3	Caitlyn	Brower	Barrow			F	
4	Fiona	Phelan	Bethel			F	
5	Beth	Hensley	Bethel			F	
6	Natalie	Tobuk	Nome-Beltz			F	
REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Champions - Grace Christian							
1	Elise	Metzger	Grace Christian	9	19:42	F	
2	Megan	Nelson	Grace Christian	9	20:08	F	
3	Sophia	Coverdell	Grace Christian	10	20:33	F	
4	Vivi (Genevieve)	Trevithick	Grace Christian	9	20:40	F	
5	Rebekah	Annett	Grace Christian	9	20:50	F	
6	Reagan	Lash	Grace Christian	10	20:52	F	
7	Faith	Annett	Grace Christian			F	
Region 3 Runner Up - Kenai Central							
1	Jayna	Boonstra	Kenai Central	10	19:35	F	
2	Logan	Satathite	Kenai Central	10	19:58	F	
3	Leah	Fallon	Kenai Central	10	20:28	F	
4	Mikaela	Hall	Kenai Central	10	21:47	F	
5	Summer	Foster	Kenai Central	10	22:25	F	
6	Gabriella	Tews	Kenai Central	10	22:52	F	
7			Kenai Central			F	

DII GIRLS QUALIFIERS

#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Third Place - Homer							
1	Autumn	Daigle	Homer	12	19:04	F	
2	Brooke	Miller	Homer	11	20:39	F	
3	Eryn	Field	Homer	9	20:55	F	
4	Maddox	Berg	Homer	10	22:27	F	
5	Kara	Super	Homer	11	22:30	F	
6	Leah	Dunn	Homer	9	23:03	F	
7	Gracie	Gummer	Homer	10	23:43	F	
Region 3 Fourth Place - Seward							
1	Lena	Jagielski	Seward	9	20:53	F	
2	Hana	Cooney	Seward	11	22:25	F	
3	Aly	Guernsey	Seward	9	22:25	F	
4	Lucy	Hankins	Seward	11	22:26	F	
5	Maranatha	Brueckner	Seward	11	23:17	F	
6			Seward			F	
7						F	
Region 3 Other Top Fifteen Qualifiers							
	Anna	Stephan	Redington	11	21:22	F	
	Destiny	Reimers	Anchorage Christian	12	21:23	F	
REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions							
1	Anna	Prussian	Sitka		19:17	F	
2	Tawny	Smith	Sitka		21:40	F	
3	Lindsey	Bartolaba	Sitka		22:38	F	
4	Addie	Poulson	Sitka		24:38	F	
5	Alyssa	Henshaw	Sitka		26:56	F	
6	Nicoline	Christensen	Sitka		27:19	F	
7			Sitka			F	
Region 5 Other Top Ten Qualifiers							
	Mia	Anderson	Mt Edgecumbe		23:11	F	
	Robin	Mastermind	Mt Edgecumbe		23:35	F	
	Adeline	Dyment	Mt Edgecumbe		24:07	F	
	Aliyah	Schumann	Mt Edgecumbe		24:28	F	
	Kayla	Kashevarof	Mt Edgecumbe		25:26	F	
	Sunset	Woods	Mt Edgecumbe		25:42	F	

DII GIRLS QUALIFIERS

REGION 6							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 6 Champions - Monroe							
1	Katie	Bast	Monroe	10	20:22	F	
2	Lauren	White	Monroe	11	20:46	F	
3	Jeannie	Cook	Monroe	10	21:50	F	
4	Maura	Grahek	Monroe	12	22:39	F	
5	Grace	Hodges	Monroe	12		F	
6	Keleiney	Ramirez	Monroe	9		F	
7	Lauren	Evans	Monroe	9		F	
Region 6 Runner Up - Galena							
1	Carlee	Merriner	Galena	12	22:15	F	
2	Pearle	Green	Galena	12	22:20	F	
3	Adam	Kaganak	Galena	11	24:15	F	
4	Emma	Morgan	Galena	10	25:54	F	
5	Sable	Scotton	Galena	10	26:40	F	
6			Galena			F	
7						F	
Region 6 Other Top Fifteen Qualifiers							
	Abigail	Ruse	Delta	11	22:44	F	
	Chloe	Miller	Valdez	12	23:13	F	
	Sophia	Palomar	Valdez	12	23:51	F	
	Katelyn	Wadsworth	Valdez	12	23:52	F	
	Momoka	Ishikawa	Valdez	10	25:09	F	
	Amber	Klein	Delta	9	28:48	F	



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DII BOYS QUALIFIERS

REGION 1 - WESTERN							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 1 Western Champions - Bethel							
1	Landon	Smith	Bethel			M	
2	Jamin	Crow	Bethel			M	
3	Joshua	Putikka	Bethel			M	
4	Peter	Crow	Bethel			M	
5	Tyler	Laroux	Bethel			M	
6	Terrell	Jimmy	Bethel			M	
7			Bethel			M	
Region 1 Western Qualifiers Other Top 8 Qualifiers							
1	Tobin	Hobbs	Nome-Beltz			M	
2	Aiden	Ivanoff	Kotzebue			M	
3	Alvin	Werneke	Kotzebue			M	
4	Peter	Nelson	Kotzebue			M	
5	Ezra	Jones	Kotzebue			M	
REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Champions - Grace Christian							
1	Seth	Kniegge	Grace Christian	12	16:29	M	
2	Vincent	Coverdell	Grace Christian	12	16:50	M	
3	Cole	Fritzel	Grace Christian	11	16:52	M	
4	Paul	Kopp	Grace Christian	12	16:53	M	
5	Preston	Wethington	Grace Christian	10	17:03	M	
6	David	Sliwinski	Grace Christian	9	17:08	M	
7	Ty	Elliott	Grace Christian			M	
Region 3 Runner Up -Anchorage Christian							
1	Tristian	Merchant	Anchorage Christian	11	15:05	M	
2	Kaleb	Smith	Anchorage Christian	12	17:03	M	
3	Joshua	Davis	Anchorage Christian	11	17:25	M	
4	Micah	Tedrick	Anchorage Christian	10	18:08	M	
5	Preston	Merchant	Anchorage Christian	9	18:21	M	
6	Daniel	Szepanski	Anchorage Christian	10	19:01	M	
7	Luke	Hofacker	Anchorage Christian	11	20:48	M	

DII BOYS QUALIFIERS

#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Third Place - Seward							
1	Max	Pfeiffenberger	Seward	11	16:58	M	
2	Bjorn	Nilsson	Seward	12	17:15	M	
3	Trey	Ingalls	Seward	11	17:26	M	
4	Jaden	Van Dyke	Seward	12	17:50	M	
5	Levi	DeBoard	Seward	11	18:17	M	
6	Samuel	Koster	Seward	11	18:18	M	
7	Clayton	Petersen	Seward	11	19:14	M	
Region 3 Fourth Place -Kenai Central							
1	Maison	Dunham	Kenai Central	11	16:28	M	
2	Joe	Hamilton	Kenai Central	10	16:54	M	
3	Ky	Calvert	Kenai Central	9	17:50	M	
4	Tucker	Mueller	Kenai Central			M	
5	Luke	Cross	Kenai Central	10	18:42	M	
6	Tyler	Hippchen	Kenai Central	10	18:59	M	
7	Josh	Foster	Kenai Central	12	19:16	M	
REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions - Sitka							
1	Dominic	Baciocco	Sitka		16:12	M	
2	Asa	Demmert	Sitka		17:02	M	
3	Kobi	Weiland	Sitka		17:44	M	
4	Colton	Ewers	Sitka		18:20	M	
5	Hahlen	Behnken Barkhau	Sitka		18:23	M	
6	Silas	Demmert	Sitka		19:03	M	
7	Asa	Dow	Sitka		19:20	M	
Region 5 Other Top Ten Qualifiers							
	Lloyd	Ayojiak	Mt Edgecumbe		18:09	M	
	Dayton	Hoblet	Mt Edgecumbe		18:45	M	
	Connor	Journey	Mt Edgecumbe		18:50	M	
	David	Bahnke	Mt Edgecumbe		19:20	M	

DII BOYS QUALIFIERS

REGION 6							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 6 Champions - Valdez							
1	Kalin	Woods	Valdez	12	18:37	M	
2	Jin	Shiozaki	Valdez	10	18:38	M	
3	Rafael	Alfaro	Valdez	12	19:06	M	
4	William	Benes	Valdez	10	19:17	M	
5	Jason	Smilie	Valdez	9	20:17	M	
6	Cole	Wadsworth	Valdez	9	20:54	M	
7	Wyatt	Mehlberg	Valdez	11	26:55	M	
Region 6 Runner Up - Hutchison							
1	Cormac	Kesey	Hutchison	11	17:49	M	
2	Preston	Silas	Hutchison	12	18:11	M	
3	Evan	Moss	Hutchison	10	19:04	M	
4	Deion	Frank	Hutchison	12	19:53	M	
5	Seth	Wain	Hutchison	11	20:01	M	
6	Andre	Charlie	Hutchison	11	20:08	M	
7	Jason	Buffington	Hutchison	10	20:18	M	
Region 6 Other Top Fifteen Qualifiers							
	Gabriel	Angaiak	Monroe	9	18:52	M	
	Caedon	Merriner	Galena	10	19:07	M	
	Steven	Warren	Delta	9	19:09	M	
	Zach	Lucas	Ben Eielson	12	19:13	M	
	Joseph	Riddle	Galena	10	19:24	M	
	Bruce	Otey	Monroe	10	19:28	M	
	Adaon	Charlie	Galena	12	19:29	M	
	Paul	Huntington	Galena	11	19:30	M	

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Assistant Coaches Tiffany Creed
Athletic Director Brett Slaathaug



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DII TEAM PHOTOS



KOTZEBUE HUSKIES



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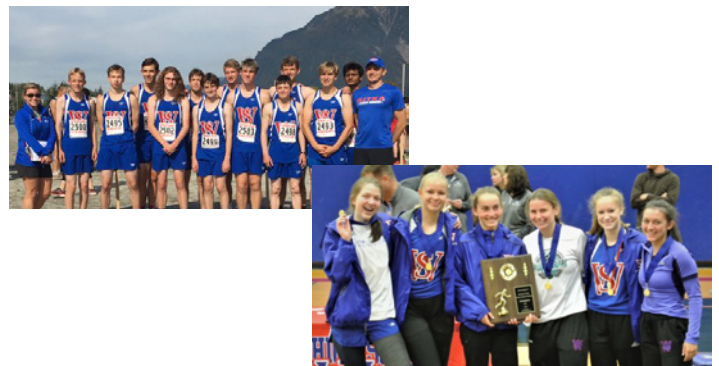
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Colony	B & G Teams
Dimond	B Team & G Ind
Eagle River	B Ind & G Team
Juneau-Douglas	B & G Teams
Ketchikan	B & G Ind
Kodiak	B & G Teams
Lathrop	B & G Team
North Pole	G Ind
Palmer	B & G Ind
Service	B & G Teams
Soldotna	B & G Teams
South Anchorage	B Ind & G Team
Thunder Mountain	B & G Ind
Wasilla	B & G Ind
West Anchorage	B Team & G Ind
West Valley	B & G Teams



DI GIRLS QUALIFIERS

REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Champions - Colony							
1	Shea	Alaniva	Colony	9	20:10	F	
2	Sofija	Spaic	Colony	12	20:11	F	
3	Lydia	Bushey	Colony	11	20:29	F	
4	Lucy	Shea	Colony	9	20:30	F	
5	Abby	Novak	Colony	10	20:34	F	
6	Monica	Bustillos	Colony	10	20:54	F	
7	Riley	Malone	Colony	9	22:20	F	
Region 3 Runner Up - Soldotna							
1	Erika	Arthur	Soldotna	11	19:52	F	
2	Jordan	Strausbaugh	Soldotna	10	20:07	F	
3	Jordan	Ruffner	Soldotna	10	20:40	F	
4	Ryann	Cannava	Soldotna	12	20:58	F	
5	Cameron	Blackwell	Soldotna	12	21:41	F	
6	Katie	Delker	Soldotna	11	22:23	F	
7	Ellie	Burns	Soldotna	10	20:59	F	
Region 3 Third Place - Kodiak							
1	Elizabeth	Parnell	Kodiak	9	20:04	F	
2	Naomi	Griffin	Kodiak	10	20:10	F	
3	Malina	Fagan	Kodiak	11	20:57	F	
4	Hallie	Blair	Kodiak	12	21:05	F	
5	Francie	Eufemio	Kodiak	10	21:56	F	
6	Carly	Glover	Kodiak	12	22:13	F	
7	Katherine	Parnell	Kodiak			F	
Region 3 Other Top Fifteen Qualifiers							
	Sophie	Wright	Palmer	11	20:24	F	
	Lydia	Ortiz	Palmer	12	20:41	F	
	Madeline	Ortiz	Palmer	9	20:41	F	
	Abbi	Boucher	Wasilla	12	20:42	F	

DI GIRLS QUALIFIERS

REGION 4							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 4 Champions - South Anchorage							
1	Robyn	Miller	South Anchorage	9	18:21	F	
2	Ava	Earl	South Anchorage	11	18:43	F	
3	Lucy	Young	South Anchorage	11	18:56	F	
4	Elliana	Zock	South Anchorage	9	19:40	F	
5	Nancy	Biegel	South Anchorage	10	19:40	F	
6	Elizabeth	Novakovich	South Anchorage	11	20:02	F	
7	Grain	Rogacki	South Anchorage	9	20:03	F	
Region 4 Runner Up - Service							
1	Tatum	Witter	Service	11	18:55	F	
2	Nowelle	Spencer	Service	11	19:09	F	
3	Marit	Flora	Service	10	19:26	F	
4	Meredith	Schwartz	Service	9	19:32	F	
5	Zoe	Chang	Service	10	20:07	F	
6	Zoe	Witter	Service	9	20:24	F	
7	Brooklyn	Adams-Sherbahn	Service	10	20:38	F	
Region 4 Third Place - Chugiak							
1	Adrianna	Profitt	Chugiak	12	19:19	F	
2	Breanna	Day	Chugiak	12	19:48	F	
3	Campbell	Peterson	Chugiak	9	19:52	F	
4	Addison	Capozzi	Chugiak	9	20:06	F	
5	Brooklynn	Gould	Chugiak	12	20:25	F	
6	Autumn	Thomas	Chugiak	10	20:53	F	
7	Kali	Smedley	Chugiak			F	
Region 4 Fourth Place - Eagle River							
1	Emily	Walsh	Eagle River	11	18:31	F	
2	Claire	Nelson	Eagle River	11	20:14	F	
3	Mary	Goodwin	Eagle River	12	20:34	F	
4	Laura	Ripp	Eagle River	12	20:38	F	
5	Kiara	Sherman	Eagle River	11	20:38	F	
6	Aurora	Pennington	Eagle River	10	21:41	F	
7	Amanda	Michener	Eagle River	10	22:03	F	
Region 4 Other Top Fifteen Qualifiers							
	Mary	Reinhold	Dimond	12	19:29	F	
	Payton	Smith	West Anchorage	10	19:35	F	
	Delainey	Zock	Dimond	11	19:35	F	

DI GIRLS QUALIFIERS

REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions - Juneau-Douglas							
1	Sadie	Tuckwood	Juneau-Douglas		17:50	F	
2	Anna	Iverson	Juneau-Douglas		19:11	F	
3	Skylar	Tuckwood	Juneau-Douglas		19:17	F	
4	Katherine	McKenna	Juneau-Douglas		19:51	F	
5	Annika	Schwartz	Juneau-Douglas		20:21	F	
6	Trinity	Jackson	Juneau-Douglas		20:41	F	
7	McKenna	McNutt	Juneau-Douglas		20:44	F	
Region 5 Other Top Twelve Qualifiers							
	Kiah	Dihle	Thunder Mountain		19:00	F	
	Hannah	Deer	Thunder Mountain		20:13	F	
	Anneliese	Hiatt	Ketchikan		20:29	F	
	Ellie	Knapp	Thunder Mountain		20:47	F	
	Ruby	McCue	Ketchikan		21:15	F	
REGION 6							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 6 Champions - West Valley							
1	Kendall	Kramer	West Valley	12	18:02	F	
2	Naomi	Bailey	West Valley	11	19:00	F	
3	Maggie	Druckenmiller	West Valley	12	19:26	F	
4	Gloria	Bailey	West Valley	10	19:47	F	
5	Riga	Grubis	West Valley	9	21:20	F	
6	Abigail	Jenkins	West Valley	9	21:33	F	
7	Emma	Axelsson	West Valley	12	21:59	F	
Region 6 Runner Up - Lathrop							
1	Abigail	Haas	Lathrop	10	19:19	F	
2	Amy	Pilon	Lathrop	9	20:04	F	
3	Kayli	Damota	Lathrop	10	22:26	F	
4	Thea	Millam	Lathrop	11	23:07	F	
5	Gwenneth	Poe	Lathrop	12	23:59	F	
6			Lathrop			F	
7						F	
Region 6 Other Top Ten Qualifiers							
	Lia	Castillo	North Pole	9	19:54	F	



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DI BOYS QUALIFIERS

REGION 3							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 3 Champions - Kodiak							
1	Connor	Marbrey	Kodiak	11	16:35	M	
2	Braxton	Gruner	Kodiak	12	16:58	M	
3	Colt	Hubert	Kodiak	11	16:59	M	
4	Riley	Birbilas	Kodiak	12	17:46	M	
5	Jerrod	Bolton	Kodiak	12	17:48	M	
6	David	Castro	Kodiak	10	17:50	M	
7	Jackson	Roberts	Kodiak	11	17:51	M	
Region 3 Runner Up - Colony							
1	Lane	Meier	Colony	11	17:20	M	
2	Jace	Makamson	Colony			M	
3	Garrett	Streit	Colony	11	17:24	M	
4	Zac	Cheyette	Colony	9	17:39	M	
5	Jayden	Rice	Colony	9	17:50	M	
6	Bryson	Whitworth	Colony	9	18:04	M	
7						M	
Region 3 Third Place - Soldotna							
1	Bradley	Walters	Soldotna	12	17:04	M	
2	Lance	Chilton	Soldotna	12	17:15	M	
3	Anchor	Musgrave	Soldotna	11	17:31	M	
4	Maleda	Denbrock	Soldotna	10	17:48	M	
5	Quinn	Cox	Soldotna	10	18:09	M	
6	Zachary	Burns	Soldotna	11	18:19	M	
7	Kaden	Matson	Soldotna	12	18:24	M	
Region 3 Other Top Fifteen Qualifiers							
	Landon	Hayes	Wasilla	10	16:58	M	
	Ryan	Owens	Palmer	10	17:10	M	
	Mike	Reem	Palmer	11	17:12	M	
	Brennan	Lackey	Wasilla	10	17:21	M	
	Kolten	Greathouse	Wasilla	11	17:22	M	
	Noble	Gurney	Palmer	11	17:22	M	

DI BOYS QUALIFIERS

REGION 4							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 4 Champions - Dimond							
1	Santiago	Prosser	Dimond	12	15:10	M	
2	Noah	Hoefler	Dimond	12	16:05	M	
3	Dallin	Gardiner	Dimond	12	16:22	M	
4	Martin	Rygh	Dimond	12	16:48	M	
5	Peter	Hinds	Dimond	12	16:50	M	
6	Tayson	McKenzie	Dimond	10	17:00	M	
7	Jared	Gardiner	Dimond	10	17:07	M	
Region 4 Runner Up - Chugiak							
1	Hyrum	Nelson	Chugiak	12	15:54	M	
2	Michael	Earnhart	Chugiak	11	16:24	M	
3	Jacob	Lestina	Chugiak	11	16:40	M	
4	Will	Gerlach	Chugiak	10	16:42	M	
5	Michael	Connelly	Chugiak	11	17:14	M	
6	Max	Beiergrohslin	Chugiak	12	17:32	M	
7	Benjamin	Meahan	Chugiak			M	
Region 4 Third Place - Service							
1	Alexander	Maurer	Service	11	15:37	M	
2	Aaron	Power	Service	9	16:46	M	
3	Dakota	Rygh	Service	12	16:58	M	
4	Joel	Power	Service	11	16:59	M	
5	Dylan	Kearns	Service	12	17:31	M	
6	Mitchel	Guyer	Service	12	17:41	M	
7	Sebbie	Mittelstadt	Service			M	
Region 4 Fourth Place - West Anchorage							
1	Isaac	Dammeyer	West Anchorage	12	16:34	M	
2	Ethan	Eski	West Anchorage	9	17:06	M	
3	Kelly	Martin	West Anchorage	12	17:21	M	
4	Aaron	Maves	West Anchorage	11	17:27	M	
5	Diego	Jenkins	West Anchorage	10	17:54	M	
6	Isaac	Main	West Anchorage	10	18:01	M	
7	Solomon	Shephard	West Anchorage	11	18:08	M	
Region 4 Other Top Fifteen Qualifiers							
	Kaleb	Beloy	South Anchorage	12	16:08	M	
	Michael	Olson	Eagle River	12	16:32	M	
	Will	Michener	Eagle River	12	16:46	M	

DI BOYS QUALIFIERS

REGION 5							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 5 Champions - Juneau-Douglas							
1	Finn	Morley	Juneau-Douglas		16:44	M	
2	Tim	Degener	Juneau-Douglas		16:52	M	
3	Ambrose	Bucy	Juneau-Douglas		16:53	M	
4	Will	Robinson	Juneau-Douglas		17:22	M	
5	Koby	Goldstein	Juneau-Douglas		17:28	M	
6	Samuel	Holst	Juneau-Douglas		17:39	M	
7	Aubrey	Hekkers	Juneau-Douglas		17:43	M	
Region 5 Other Top Twelve Qualifiers							
	Tucker	Kelly	Thunder Mountain		17:00	M	
	Brent	Capps	Ketchikan		17:01	M	
	Mickey	Lapinski	Ketchikan		17:02	M	
	Matthew	Johns	Thunder Mountain		17:30	M	
	Tommy	Bowman	Thunder Mountain		17:48	M	
REGION 6							
#	First Name	Last Name	School	Grade	Region Time	Gender	Bib
Region 6 Champions - West Valley							
1	Daniel	Abramowicz	West Valley	10	16:56	M	
2	Jack	Cater	West Valley	12	16:58	M	
3	Eric	Difolco	West Valley	11	17:04	M	
4	Shane	Fisher	West Valley	9	17:10	M	
5	Nolan	Earnest	West Valley	12	17:16	M	
6	Koen	House	West Valley	10	17:19	M	
7	Eli	Merrill	West Valley	10	17:40	M	
Region 6 Runner Up - Lathrop							
1	Jonathan	Ebel	Lathrop	11	17:02	M	
2	Jack	Snavely	Lathrop	11	17:18	M	
3	Lazarus	Porter	Lathrop	12	17:23	M	
4	Benjamin	Pilon	Lathrop	10	17:57	M	
5	Harrison	Riggs	Lathrop	11	18:44	M	
6	Asher	James	Lathrop	10	18:45	M	
7	Erik	Attla	Lathrop	12	19:23	M	

We're on the sidelines, so you don't have to be.



OPA Certified Athletic Trainers

*Brittany Bergens,
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*Mary Perez,
MS, ATC*

*Bryan Beechem,
MS, ATC*

*Lynne Young,
MEd, ATC, ITAT*

*James Berry,
MS, ATC, LAT*

*Kristi Castellaw,
ATC*

*Kimberly Gilmore,
LAT, ATC*

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DI TEAM COACHES



CHUGIAK MUSTANGS

Head Coach Brian Kruchoski
Assistant Coaches Melissa Hall
 Susan Bick
Activities Principal Ben Johrendt



COLONY KNIGHTS

Head Coach Rhonda Knopp
Head Coach Norman Rousey
Assistant Coaches Charlie Yoder | John Hi
Activities Principal Kristy Johnston



DIMOND LYNX

Head Coach Nate Normandin
Assistant Coaches Jeff Keller
 Scott Campbell Sarah Freistone
Activities Principal James Hancock



JUNEAU-DOUGLAS CRIMSON BEARS

Head Coach Tristan Knutson-Lombardo
Head Coach Merry Ellefson
Assistant Coach Zack Bursell
Athletic Director Chad Bentz



KETCHIKAN KINGS

Head Coach Leigh Woodward
Assistant Coach Mark Woodward
Athletic Director Melissa Johnson



KODIAK BEARS

Head Coach Ashley Mortenson
Assistant Coach Chad Pysher
Athletic Director Debbie Rohrer



NORTH POLE PATRIOTS

Head Coach Phillip Castillo
Athletic Director Robyn Myrum



PALMER MOOSE

Head Coach Stacie Stigar
Assistant Coach Mike Kirby
Athletic Director Dale Ewart



SERVICE COUGARS

Head Coach Luke Kiskaddon
Assistant Coaches Kristyn Turney
 Jani Lane Jen Page
Activities Principal Alex Hagler



SOLDOTNA STARS

Head Coach Ted McKenney
Assistant Coaches Kent Peterson
 Krista Arthur
Athletic Director Kyle McFall



SOUTH ANCHORAGE WOLVERINES

Head Coach Sara Miller
Assistant Coach Jerry Ross
Activities Principal Chris Ruggles



THUNDER MOUNTAIN FALCONS

Head Coach Sandi Pahlke
Assistant Coach John Nagel
Athletic Director Luke Adams



WASILLA WARRIORS

Head Coach Leslie Varys
Athletic Director Stacia Rustad



WEST ANCHORAGE EAGLES

Head Coach Ruth Barndt
Assistant Coaches Daniel Greenbaugh
 Ryan Horton Steve O'Donnell
Activities Principal Ja Dorris



WEST VALLEY WOLFPACK

Head Coach Daniel Callahan
Assistant Coaches Hannibal Grubis
 Susan Faulkner Pat Berkeland
Athletic Director Wayne Sawchuk



LATHROP MALEMUTES

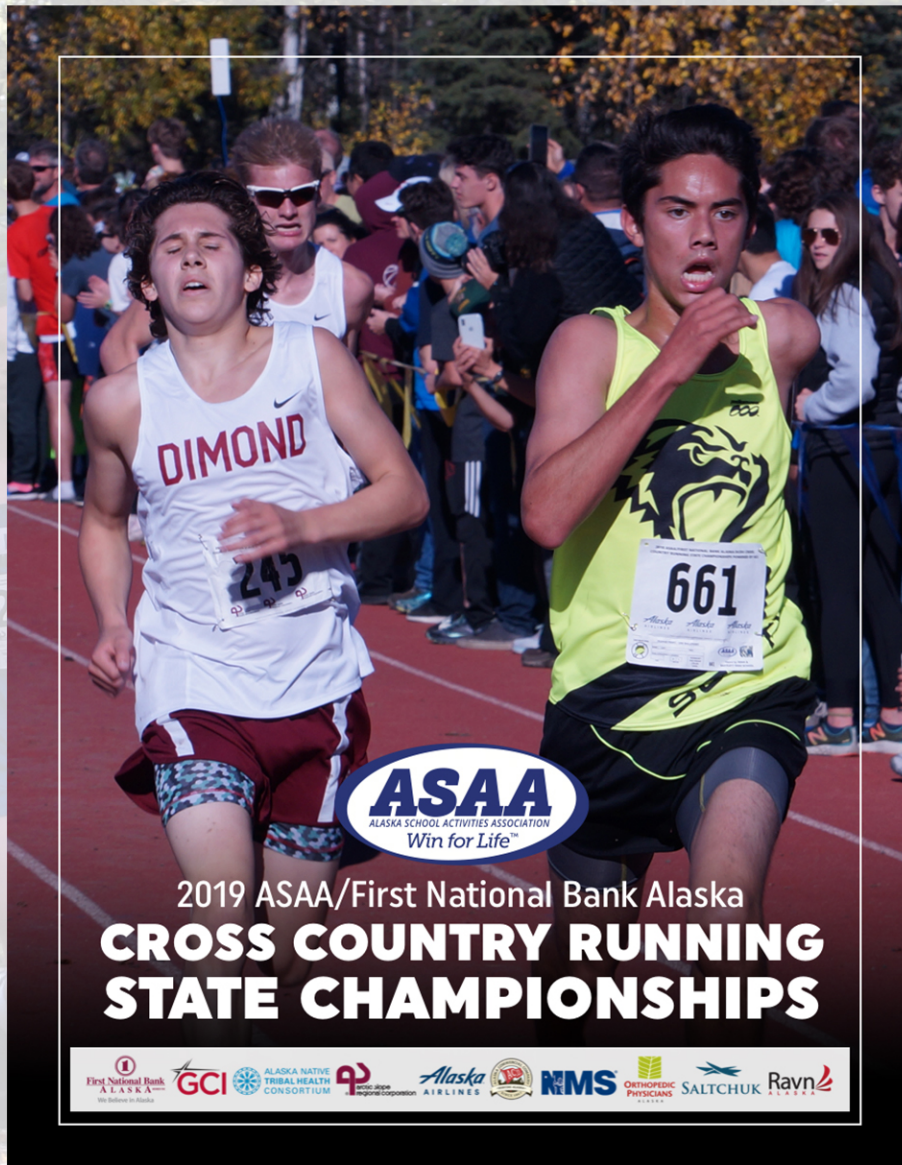
Head Coach Christopher Benshoof
Assistant Coach Marion Stone
Athletic Director Steve Zanazzo



EAGLE RIVER WOLVES

Head Coach Jacob Bera
Assistant Coach Chris Morhain
Activities Principal Vikki McConnell

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COLONY KNIGHTS



DIMOND LYNX



EAGLE RIVER WOLVES



EAST ANCHORAGE THUNDERBIRDS



JUNEAU-DOUGLAS CRIMSON BEARS



KODIAK BEARS

DI TEAM PHOTOS



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2019 DIVISION I RESULTS

DIVISION I GIRLS

TEAM RESULTS

Champion	South Anchorage	53
Runner-up	West Valley	57
3 rd	Juneau-Douglas	79
4 th	Service	80
5 th	Chugiak	119
6 th	Eagle River	144
7 th	Soldotna	222
8 th	Lathrop	229
9 th	Colony	235
10 th	Kodiak	244

AWARDS

Academic Award: South (4.0)

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INDIVIDUAL RESULTS

1 st	Kendall Kramer	West Valley	17:38
2 nd	Sadie Tuckwood	JDHS	18:13
3 rd	Naomi Bailey	West Valley	18:45
4 th	Ava Earl	South	19:00
5 th	Maggie Druckenmiller	West Valley	19:01
6 th	Lucy Young	South	19:03
7 th	Nowelle Spencer	Service	19:08
8 th	Kiah Dihle	Thunder Mt	19:10
9 th	Tatum Witter	Service	19:11
10 th	Emily Walsh	Eagle River	19:14
11 th	Robin Miller	South	19:20
12 th	Adrianna Profitt	Chugiak	19:26
13 th	Abigail Haas	Lathrop	19:26
14 th	Marit Flora	Service	19:27
15 th	Gloria Bailey	West Valley	19:32

DIVISION I BOYS

TEAM RESULTS

Champion	Dimond	36
Runner-up	Chugiak	74
3 rd	West Valley	83
4 th	Juneau-Douglas	102
5 th	Service	112
6 th	West Anchorage	140
7 th	Kodiak	169
8 th	Lathrop	213
9 th	Colony	251
10 th	Soldotna	288

AWARDS

Academic Award: Chugiak (3.94)

Sponsored by Princess Cruises

INDIVIDUAL RESULTS

1 st	Santiago Prosser	Dimond	15:14
2 nd	Alexander Maurer	Service	15:37
3 rd	Hyrum Nelson	Chugiak	15:53
4 th	Noah Hoefer	Dimond	16:13
5 th	Dallin Gardiner	Dimond	16:21
6 th	Kaleb Beloy	South	16:31
7 th	Isaac Dammeyer	West	16:34
8 th	Michael Earnhart	Chugiak	16:40
9 th	Finn Morley	Juneau	16:45
10 th	Daniel Abramowicz	West Valley	16:46
11 th	Braxton Gruner	Kodiak	16:47
12 th	Tim Degener	Juneau	16:48
13 th	Peter Hinds	Dimond	16:49
14 th	Will Gerlach	Chugiak	16:50
15 th	Martin Rygh	Dimond	16:53

2019 DIVISION II RESULTS

DIVISION II GIRLS

TEAM RESULTS

Champion	Grace Christian	42
Runner-up	Kenai Central	72
3 rd	Monroe	83
4 th	Homer	93
5 th	Seward	131
6 th	Sitka	153
7 th	Galena	173
8 th	Kotzebue	181
9 th	Mt Edgecumbe	190

AWARDS

Academic Award: Monroe (3.96)

Sponsored by Princess Cruises

INDIVIDUAL RESULTS

1 st	Autumn Daigle	Homer	19:32
2 nd	Anna Prussian	Sitka	19:50
3 rd	Elise Metzgar	Grace	19:57
4 th	Jayna Boonstra	Kenai	20:07
5 th	Katie Bast	Monroe	20:33
6 th	Leah Fallon	Kenai	20:45
7 th	Logan Satathite	Kenai	20:48
8 th	Rebekah Annett	Grace	20:48
9 th	Megan Nelson	Grace	20:58
10 th	Sophia Coverdell	Grace	20:59

DIVISION II BOYS

TEAM RESULTS

Champion	Grace Christian	32
Runner-up	Seward	81
3 rd	Anchorage Christian	86
4 th	Sitka	94
5 th	Kenai Central	106
6 th	Hutchison	161
7 th	Valdez	190
8 th	Bethel	195

AWARDS

Academic Award: ACS (3.89)

Sponsored by Princess Cruises

INDIVIDUAL RESULTS

1 st	Tristian Merchant	ACS	15:27
2 nd	Dominic Baciocco	Sitka	16:32
3 rd	Maison Dunham	Kenai	16:41
4 th	Seth Kniegge	Grace	16:43
5 th	Vincent Coverdell	Grace	16:59
6 th	Paul Kopp	Grace	17:00
7 th	Asa Demmert	Sitka	17:00
8 th	David Sliwinski	Grace	17:01
9 th	Cole Fritzel	Grace	17:03
10 th	Kaleb Smith	ACS	17:05

2019 DIVISION III RESULTS

DIVISION III GIRLS

TEAM RESULTS

Champion	Haines	35
Runner-up	Sockeye Co-Op	55
3 rd	Petersburg	62
4 th	Wrangell	70
5 th	Effie Kokrine	140

AWARDS

Academic Award: Haines (3.9)
Sponsored by Princess Cruises

INDIVIDUAL RESULTS

1 st	Avery Williamson	Haines	21:08
2 nd	Bryнна Gerlach	Glennallen	21:24
3 rd	Grace Long	Haines	21:25
4 th	Maia Cowan	Petersburg	21:28
5 th	Liana Carney	Wrangell	21:39
6 th	Jade Balansag	Wrangell	21:49
7 th	Malea Voran	Sockeye	21:50
8 th	Allah Wardell	Sockeye	21:51
9 th	Avari Getchell	Haines	21:52
10 th	Kendra Conrad	Petersburg	22:01

DIVISION III BOYS

TEAM RESULTS

Champion	Haines	41
Runner-up	Petersburg	50
3 rd	Unalaska	62
4 th	Sockeye Co-Op	98
5 th	Thorne Bay	111
6 th	Cordova	143

AWARDS

Academic Award: Cordova (3.67)
Sponsored by Princess Cruises

INDIVIDUAL RESULTS

1 st	Siyel Galindo-George	Haines	16:59
2 nd	Isaac Titus	Scammon Bay	17:15
3 rd	Coleson Voran	Sockeye	17:29
4 th	Kael Gerlach	Glennallen	17:37
5 th	Daniel Wardell	Sockeye	17:44
6 th	Amos Sage	Napaaqtugmiut	17:46
7 th	Demetry Hoseth	Dillingham	17:52
8 th	Andrew Stringfellow	Nenana	17:52
9 th	Justin Trail	Nikolaevsk	17:55
10 th	Uriah Lucas	Petersburg	18:00

PREVIOUS RESULTS



For Results Prior to 2019 please visit [ASAA.org](https://www.asaa.org) or use the link below:
[Cross Country Running State Championship Records](#)



2019 GOOD SPORT RECIPIENTS

Schools with 4 or more boys, or 4 or more girls, may select a student who exemplifies outstanding citizenship and sportsmanship through out the season. Coaches chose the following athletes. CONGRATULATIONS!

Anchorage Christian

Luke Hofacker

Bethel Regional

Jamin Crow

Chugiak

Adrianna Profitt

Mikey Connelly

Colony

Sofija Spaic

Garrett Streit

Cordova

Eoghan Hernandez

Dimond

Noah Hoefler

Dillingham

Zach Kolbe

Eagle River

Claire Nelson

Effie Kokrine

Natasha Grant

Galena

Pearle Green

Grace Christian

Sophia Coverdell

Vincent Coverdell

Haines

Avery Williamson

Carson Crager

Homer

Autumn Daigle

Juneau-Douglas

Annika Schwartz

Koby Goldstein

Kenai Central

Mikaela Hall

Tucker Mueller

Kodiak

Katherine Parnell

David Castro

Kotzebue

Shylan Schaffer

Peter Nelson

Lathrop

Abigail Haas

Lazarus Porter

Monroe Catholic

Lauren White

Me Edgecumbe

Adeline Dymont

Lloyd Ayojiak

Petersburg

Lydia Martin

Noah Sullivan

Service

Meredith Schwartz

Dakota Rygh

Seward

Maranatha Brueckner

Trey Ingalls

Sitka

Nicoline Christenson

Kobi Weiland

Sockeye Co-Op

Faith Clark

Coleson Voran

Soldotna

Cameron Blackwell

Zach Burns

South Anchorage

Nancy Biegel

Thorne Bay

Jacob Congdon

Unalaska

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Valdez

Sophia Palomar

Rafael Alfaro

West Valley

Naomi Bailey

Jack Cater

Wrangell

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