

## ASAA State Swim/Dive Championship 2021 - 11/5/2021 to 11/6/2021

## Psych Sheet

## Event 1 Girls 200 Yard Medley Relay

AK State: 1:46.75 2014		Juneau Douglas High School	
Kelly, Isaak, Ruffin, Walsh			
Team	Relay	Seed Time	
1 DHS		1:47.09	!
1) Hannah Boyce	2) Isabelle Borke		
3) Dreamer Kowatch	4) Mia Sperbeck		
5) Emma Beltzer	6) Brooke Dittlinger		
7) Caroline Waters	8) Leena Edais		
2 COLHS		1:49.09	!
1) Josephine Rogness	2) Jasmine Anderson		
3) Avery Palenske	4) Joscelyn Barrette		
5) Merica Miller	6) Jasmine Biederman		
7) Lori Houghton	8) Amaretta Settle		
3 JDHS		1:52.41	!
1) Tahlia Gerger SR	2) Emma Fellman FR		
3) Samantha Schwarting SO	4) Pacific Ricke FR		
5) Addy Mallott	6) Anita Morrison SO		
7) Parker Boman FR	8) Madelyn Boman		
4 WVHS		1:52.94	!
1) Evelyn Rupp SO	2) Mayumi Schaetzle SO		
3) Asyia Shank SR	4) Samantha Bristor JR		
5) Tatelyn Dixon JR	6) Blaque Secor JR		
7) Meah McCallum JR	8) Talia Wentz FR		
5 LHS		1:53.21	
1) Timberlyn Wendt SR	2) Avery Hafele SO		
3) Natalie Napolilli SO	4) Symone Bailey SO		
5) Cadence Hollowell FR	6) Josie Adasiak FR		
7) Messiah Garcia FR			
6 TMHS		1:53.29	
1) Caitlin Sanders FR	2) Jamie Heidersdorf SR		
3) Nancy Liddle SR	4) Olivia Mills SO		
5) Gabrielle Anderson SO	6) Jenny Chester SR		
7) Alex Jenkins JR	8) Sadie Jenkins JR		
7 KHS		1:55.45	
1) Amaya Rocheleau 9	2) Evangelia Jones 9		
3) Emily Neo 9	4) Alison Narog 11		
8 SAHS		1:55.60	
1) Zoe Fencil FR	2) Stella Baldessari FR		
3) Kaia Reeg SO	4) Megan McLaughlin SO		
5) Elizabeth Bingham SO	6) Madison Pawlak JR		
7) Reese Romspert FR	8) Ava Rothbarth JR		

## Event 2 Boys 200 Yard Medley Relay

AK State: 1:34.00 2018		Robert Service High School	
Jarupakorn, Wisdom, Sands, Law			
Team	Relay	Seed Time	
1 ERHS		1:37.48	!
1) Karson Kolberg	2) Matthew Heapy		
3) Thomas Myers	4) Micah Keen		
5) Donald Carden	6) Elias Rumph		
7) Dean Toole	8) Tiago Tovar		
2 SHS		1:38.03	
1) William Kitchen	2) Preston Kwon		
3) Lucas Wisdom	4) Ben Price		
5) Conrad Fawcett	6) Jacob Leonard		
7) Eric Tyson	8) Jan Beck		

3 DHS		1:38.80	
1) William McKinley	2) Luke Hoen		
3) Kenneth Octuk	4) Andrew Billings		
5) Khalil Edais	6) Paul Cvancara		
7) Owen Thompson	8) James Tatakis		
4 JDHS		1:39.16	!
1) Harrison Holt JR	2) Matthew Plang FR		
3) Chaz VanSlyke JR	4) Tytan Frawley SR		
5) Chris Degener JR	6) Adrell Mulgrew-Truitt SR		
7) Aaron Mulgrew-Truitt JR	8) Owen Rumsey		
5 TMHS		1:39.45	
1) Benson Boudreaux SO	2) Karthik Sanguni SR		
3) Sven Rasmussen JR	4) Patrick Foy SO		
5) Samson Anderson SR	6) Cael Brown		
7) Kristofer Ely	8) Matthew Godkin		
6 KHS		1:39.96	!
1) Ian Rocheleau 12	2) Nicholas Carver 12		
3) Jacob Sarnowski 11	4) Spencer Jensen 12		
5) Connor Burnside 10	6) James Berestoff 10		
7) Jackson Krug 12	8) Max Robinson 10		
7 CRAIG		1:43.25	
1) Wesley Mank FR	2) Grant Maygren FR		
3) Ethan Dill SR	4) Elias Mank SO		
8 WVHS		1:45.97	!
1) Ashton Banks SO	2) Selwyn Wessel FR		
3) Ezra Maio SO	4) Kyan Harnum JR		
5) River Quayle SR	6) Ryder Marshall FR		
7) Henry Repasky FR	8) Nathan McCotter SO		

## Event 3 Girls 200 Yard Freestyle

AK State: 1:50.02 2007		Meghan Cavanaugh	
Name	Yr School	Seed Time	
1 Jillian Crooks	HOMER	1:50.54	!
2 Dreamer Kowatch	DHS	1:52.05	!
3 Samantha Schwarting	SO JDHS	1:57.79	!
4 Hannah Boyce	DHS	1:58.22	
5 Ally Ferguson	PHS	1:59.45	
6 Merica Miller	COLHS	2:00.08	
7 Lola Woodward	ERHS	2:00.12	
8 Emma Gassman	JR SITKA	2:00.13	
9 Samantha Bristor	JR WVHS	2:01.39	!
10 Paige Antrobus	DHS	2:01.74	
11 Pacific Ricke	FR JDHS	2:03.35	
12 Nicole Coulter	WHS	2:03.48	
13 Lori Houghton	COLHS	2:03.73	
14 Nancy Liddle	SR TMHS	2:03.79	
15 Kaia Reeg	SO SAHS	2:04.10	
16 Razie Guillory	SR SITKA	2:04.98	

## Event 4 Boys 200 Yard Freestyle

AK State: 1:39.78 2016		Talon Lindquist	
Name	Yr School	Seed Time	
1 Kenneth Octuk	DHS	1:43.52	!
2 Reuben Dobson	CHS	1:45.25	
3 Jackson Krug	12 KHS	1:45.51	!
4 Conrad Fawcett	SHS	1:46.20	
5 Tytan Frawley	SR JDHS	1:46.79	!
6 Harrison Holt	JR JDHS	1:48.09	
7 Ethan Dill	SR CRAIG	1:48.93	

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## Event 4 ... (Boys 200 Yard Freestyle)

Name	Yr	School	Seed Time
8 Karson Kolberg		ERHS	1:49.78
9 William McKinley		DHS	1:49.94
10 Ben Price		SHS	1:50.44
11 Koda Poulin		KCHS	1:50.45
12 Samson Anderson	SR	TMHS	1:51.73
13 Matt Rice	JR	SITKA	1:52.15
14 Jack Beltzer		WHS	1:52.84
15 Max Robinson	10	KHS	1:52.92
16 River Quayle	SR	WVHS	1:53.73 !

## Event 5 Girls 200 Yard IM

AK State: 2:03.61 2014		Tahna Lindquist	
Name	Yr	School	Seed Time
1 Lydia Jacoby		SEW	2:07.88 !
2 Jasmine Anderson		COLHS	2:11.36
3 Kiara Borchart		ERHS	2:11.95 !
4 Jean Cook	SR	MHS	2:13.96 !
5 Caroline Waters		DHS	2:14.67
6 Emma Fellman	FR	JDHS	2:16.10 !
7 Megan McLaughlin	SO	SAHS	2:17.73
8 Zoe Fencil	FR	SAHS	2:17.97
9 Tahlia Gerger	SR	JDHS	2:19.47
10 Jasmine Biederman		COLHS	2:21.38
11 Lylah Murrah	JR	NPHS	2:21.56
12 Aviana Sorich		SHS	2:23.31
13 Lauren Dorris		WHS	2:24.34
14 Gabrielle Anderson	SO	TMHS	2:25.23
15 Jenny Chester	SR	TMHS	2:26.03
16 Tatelyn Dixon	JR	WVHS	2:26.50

## Event 6 Boys 200 Yard IM

AK State: 1:50.08 2017		Talon Lindquist	
Name	Yr	School	Seed Time
1 Patrick Foy	SO	TMHS	1:55.35 !
2 Ian Rocheleau	12	KHS	1:57.86 !
3 Matthew Heaphy		ERHS	1:58.29 !
4 Chaz VanSlyke	JR	JDHS	2:00.20
5 George Sholton		WHS	2:00.88
6 Lucas Wisdom		SHS	2:01.52
7 Preston Kwon		SHS	2:02.62
8 Sven Rasmussen	JR	TMHS	2:04.14
9 Chris Degener	JR	JDHS	2:04.73
10 Luke Hoen		DHS	2:05.14
11 Jacob Sarnowski	11	KHS	2:08.38
12 Tyler Belliston		COLHS	2:12.31
13 Ezraha Maio	SO	WVHS	2:14.80 !
14 Jackson Bird		SEW	2:15.17
15 Ian Whitlock	SO	SAHS	2:16.27
16 Bentley Altman		SHS	2:16.64

## Event 7 Girls 50 Yard Freestyle

AK State: 23.20 2014		Ila Hughes	
Name	Yr	School	Seed Time
1 Anna Keen		ERHS	23.65 !
2 Isabelle Borke		DHS	23.96
3 Alison Narog	11	KHS	24.93 !

4 Mia Sperbeck		DHS	24.94
5 Olivia Mills	SO	TMHS	24.96 !
6 Joscelyn Barrette		COLHS	25.09
7 Renee Roberts	SR	WRG	25.19
8 Brooke Dittlinger		DHS	25.34
9 Emma Beltzer		DHS	25.53
10 Avery Palenske		COLHS	25.83
11 Josephine Rogness		COLHS	25.87
12 Blaque Secor	JR	WVHS	25.98 !
13 Timberlyn Wendt	SR	LHS	26.01
14 Addie Charton		PHS	26.07
15 Sadie Jenkins	JR	TMHS	26.11
16 Talia Wentz	FR	WVHS	26.12

## Event 8 Boys 50 Yard Freestyle

AK State: 20.48 2017		Reed Dittlinger	
Name	Yr	School	Seed Time
1 Andrew Billings		DHS	22.11 !
2 Kyan Harnum	JR	WVHS	22.25 !
3 Thomas Myers		ERHS	22.40
4 Kristofer Vangorder		COLHS	22.43 !
5 Ari Kaufman		WHS	22.49
6 Wesley Mank	FR	CRAIG	22.54 !
7 William Kitchen		SHS	22.64
8 Fisher Mishmash	JR	VHS	22.72
9 Aaron Mulgrew-Truitt	JR	JDHS	22.77
10 Derick Wengler		COLHS	22.84
11 Connor Lee		PHS	22.85
12 Lucas Ruda		PHS	23.03
13 Spencer Jensen	12	KHS	23.13
14 Adrell Mulgrew-Truitt	SR	JDHS	23.14
15 Karthik Sanguni	SR	TMHS	23.20
16 James Tatakis		DHS	23.21

## Event 9 Girls 1 mtr Diving

AK State: 482.75 2015		Jami Stone	
Name	Yr	School	Seed Time
1 Grace Greene	JR	HHS	425.75 !
2 Paige Sheridan	FR	NPHS	405.90 !
3 Ally Hrcncir		PHS	379.85 !
4 Ava Pletnikoff	SO	WVHS	374.50
5 Audrey Dietz		WW	352.50 !
6 Krystal Forbush		CHS	345.60 !
7 Aylin Hawkins	FR	WVHS	344.65
8 Asha Gerteisen		COLHS	338.60
9 Tori Mack		WW	338.30
10 Abriella Werner		SOHI	325.30
11 Lyndsey Payne		COLHS	317.10
12 Charlize McManus		COLHS	314.40
13 Emily Bolling	JR	KAYHI	297.95 !
14 Kylie Johns		CHS	297.90 !
15 Sophia Sidgman		ERHS	280.80
16 Kellyn Briggs	FR	KAYHI	253.25 !

## Event 10 Boys 1 mtr Diving

AK State: 539.35 2016		Brayden Schachle	
Name	Yr	School	Seed Time
1 Kade Reynolds		WW	486.40 !

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## Event 10 ... (Boys 1 mtr Diving)

Name	Yr	School	Seed Time
2 Ernest Kvidera		DHS	451.00 !
3 Deshawn Campbell		WW	440.30 !
4 Xander Backus		COLHS	368.50
5 Brayden DeTienne-Falls	FR	TMHS	349.95 !
6 Joe Jurva		WW	336.85
7 Ezra West	SR	WVHS	329.10 !
8 Bryon Croom		COLHS	327.60
9 Roman Billings		DHS	324.30 !
10 Jacob Light	FR	SAHS	320.10
11 Stig Cunningham	JR	TMHS	320.10 !
12 Noah Coulter	11	KHS	309.30
13 Travis Thorton		WW	301.50
14 Owen Berger	JR	TMHS	289.45
15 Eli West	FR	WVHS	274.30 !
16 Joshua Christian	FR	SAHS	268.80

## Event 11 Girls 100 Yard Butterfly

AK State: 55.59 2007		Meghan Cavanaugh	
Name	Yr	School	Seed Time
1 Kiara Borchartd		ERHS	56.63 !
2 Dreamer Kowatch		DHS	57.10
3 Avery Hafele	SO	LHS	57.10 !
4 Carly Nelson		HOMER	57.59 !
5 Asyia Shank	SR	WVHS	59.07
6 Brooke Dittlinger		DHS	1:00.25
7 Evelyn Rupp	SO	WVHS	1:00.85
8 Mia Nappi		SEW	1:01.11
9 Avery Palenske		COLHS	1:01.21
10 Hager Elserry		KCHS	1:03.63
11 Maria Girbacea		CHS	1:04.64
12 Ava Rothbarth	JR	SAHS	1:05.49
13 Lucia Chapell	FR	HAI	1:05.99 !
14 Ada Creighton	FR	CRAIG	1:06.05
15 Lauren Olson	SR	KAYHI	1:06.47
16 Emily Neo	9	KHS	1:07.07

## Event 12 Boys 100 Yard Butterfly

AK State: 49.19 2008		Cody Brunette	
Name	Yr	School	Seed Time
1 Chaz VanSlyke	JR	JDHS	52.56 !
2 Ashton Banks	SO	WVHS	53.71 !
3 Benson Boudreaux	SO	TMHS	54.20
4 Thomas Myers		ERHS	55.15 !
5 Sven Rasmussen	JR	TMHS	55.42
6 Stewart Sawyer		PHS	55.94 !
7 Skyler Rodriguez		HOMER	56.78
8 Trevor Dash	SO	KAYHI	57.03
9 James Tatakis		DHS	57.21
10 Paxton Hill		SEW	57.31
11 Derick Wengler		COLHS	57.53
12 Khalil Edais		DHS	57.93
13 Matthew Plang	FR	JDHS	58.02
14 Jacob Sarnowski	11	KHS	58.62
15 Justice Arola		WHS	58.96
16 Hayden Woodring		COLHS	59.24

## Event 13 Girls 100 Yard Freestyle

AK State: 50.51 2014		Ila Hughes	
Name	Yr	School	Seed Time
1 Jillian Crooks		HOMER	51.13 !
2 Isabelle Borke		DHS	52.74 !
3 Carly Nelson		HOMER	53.76
4 Joscelyn Barrette		COLHS	54.38
5 Ally Ferguson		PHS	54.62
6 Olivia Mills	SO	TMHS	54.75 !
7 Renee Roberts	SR	WRG	54.78
8 Caitlin Sanders	FR	TMHS	55.19
9 Mia Sperbeck		DHS	55.28
10 Alison Narog	11	KHS	55.40
11 Blaque Secor	JR	WVHS	55.53 !
12 Emma Beltzer		DHS	56.15
13 Billi Lovell	JR	VHS	56.98
14 Aviana Sorich		SHS	57.05
15 Heidi Snyder		SOHI	57.30
16 Cassidy Welsh	SR	HHS	57.46

## Event 14 Boys 100 Yard Freestyle

AK State: 44.90 2014		Abel Aulbach	
Name	Yr	School	Seed Time
1 Jackson Krug	12	KHS	47.52 !
2 Reuben Dobson		CHS	48.31 !
3 Ethan Dill	SR	CRAIG	49.08 !
4 Lucas Wisdom		SHS	49.24
5 Micah Keen		ERHS	49.30
6 Kristofer Vangorder		COLHS	49.44
7 Kyan Harnum	JR	WVHS	49.50 !
8 Ari Kaufman		WHS	49.54
9 Ben Price		SHS	49.98
10 Lucas Ruda		PHS	49.98
11 Andrew Billings		DHS	50.22
12 Aaron Mulgrew-Truitt	JR	JDHS	50.31
13 John Bullock	SR	KAYHI	50.77
14 Jack Roberts	SO	WRG	50.81
15 Kyan Klinger	SR	KAYHI	50.94
16 Donald Carden		ERHS	51.06

## Event 15 Girls 500 Yard Freestyle

AK State: 4:53.50 2014		Tahna Lindquist	
Name	Yr	School	Seed Time
1 Samantha Schwarting	SO	JDHS	5:18.47 !
2 Lori Houghton		COLHS	5:25.89 !
3 Paige Antrobus		DHS	5:26.79 !
4 Pacific Ricke	FR	JDHS	5:29.82
5 Samantha Bristor	JR	WVHS	5:30.89 !
6 Nancy Liddle	SR	TMHS	5:31.83
7 Nicole Coulter		WHS	5:32.38
8 Cassidy Welsh	SR	HHS	5:36.49
9 Kaia Reeg	SO	SAHS	5:36.82
10 Meah McCallum	JR	WVHS	5:39.18
11 Emily Taylor		DHS	5:41.11
12 Elise Petrie		CHS	5:45.68
13 Heidi Snyder		SOHI	5:46.50
14 Madison Pawlak	JR	SAHS	5:49.71

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## Event 15 ... (Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time
15 Talia Wentz	FR	WVHS	5:52.46
16 Madison McDonald		KCHS	5:52.69

## Event 16 Boys 500 Yard Freestyle

AK State: 4:35.30 2013		Michael Summers	
Name	Yr	School	Seed Time
1 Conrad Fawcett		SHS	4:46.62 !
2 Kenneth Octuk		DHS	4:47.04
3 Tytan Frawley	SR	JDHS	4:56.63 !
4 Jan Beck		SHS	4:56.72
5 Karson Kolberg		ERHS	4:58.63
6 Koda Poulin		KCHS	5:02.35 !
7 Matt Rice	JR	SITKA	5:03.24
8 Kole Rhodes	JR	SAHS	5:06.29
9 Jack Beltzer		WHS	5:06.51
10 Larry Kuharich	JR	KAYHI	5:08.73
11 Hunter Fry		HOMER	5:09.04
12 Nikita Monyahan		SOHI	5:09.25
13 Max Waters		DHS	5:12.91
14 Chris Degener	JR	JDHS	5:12.94
15 London Lee		PHS	5:19.38
16 Ryder Marshall	FR	WVHS	5:41.64 !

## Event 17 Girls 200 Yard Freestyle Relay

AK State: 1:36.36 1999		Lathrop High School	
Team	Relay	Seed Time	
1 DHS		1:38.51 !	
	1) Brooke Dittlinger	2) Mia Sperbeck	
	3) Emma Beltzer	4) Isabelle Borke	
	5) Dreamer Kowatch	6) Leena Edais	
	7) Hannah Boyce	8) Caroline Waters	
2 ERHS		1:38.74	
	1) Kiara Borchardt	2) Lola Woodward	
	3) Maya Solomonson	4) Anna Keen	
	5) Sierra Mercer	6) Jamisen Rasmussen	
	7) Evelyn Toole	8) Willa Pruner	
3 HOMER		1:41.73 !	
	1) Jillian Crooks	2) Carly Nelson	
	3) McKenna Carlin	4) Cassidy Carroll	
	5) Hazel Pearson	6) Annabelle Franciscone	
	7) Olivia Overdorf	8) Caitlin Gamble	
4 TMHS		1:42.04 !	
	1) Sadie Jenkins JR	2) Alex Jenkins JR	
	3) Olivia Mills SO	4) Caitlin Sanders FR	
	5) Gabrielle Anderson SO	6) Jamie Heidersdorf SR	
	7) Jenny Chester SR	8) Nancy Liddle SR	
5 COLHS		1:42.58	
	1) Jasmine Anderson	2) Jasmine Biederman	
	3) Avery Palenske	4) Joscelyn Barrette	
	5) Josephine Rogness	6) Merica Miller	
	7) Lori Houghton	8) Amaretta Settle	
6 WVHS		1:42.61 !	
	1) Asyia Shank SR	2) Meah McCallum JR	
	3) Blaque Secor JR	4) Samantha Bristor JR	
	5) Evelyn Rupp SO	6) Tatelyn Dixon JR	
	7) Talia Wentz FR	8) Mayumi Schaetzle SO	

7 LHS		1:43.47
	1) Natalie Napolilli SO	2) Symone Bailey SO
	3) Timberlyn Wendt SR	4) Avery Hafele SO
	5) Cadence Hollowell FR	6) Josie Adasiak FR
	7) Messiah Garcia FR	
8 SHS		1:45.87
	1) Hannah Katchen	2) Sophie Bacon
	3) Destiny DeLara	4) Aviana Sorich
	5) Josie Chistensen	6) Hayden Rasor
	7) Madison Kolb	8) Elizabeth Gresham

## Event 18 Boys 200 Yard Freestyle Relay

AK State: 1:25.47 2018		Robert Service High School	
Team	Relay	Seed Time	
1 ERHS		1:28.13 !	
	1) Matthew Heaphy	2) Thomas Myers	
	3) Karson Kolberg	4) Micah Keen	
	5) Donald Carden	6) Tiago Tovar	
	7) Elias Rumph	8) Jackson Delacruz	
2 DHS		1:28.96	
	1) Andrew Billings	2) Luke Hoen	
	3) Owen Thompson	4) James Tatakis	
	5) Jonathan Szymanski	6) Kenneth Octuk	
	7) William McKinley	8) Max Waters	
3 PHS		1:29.80 !	
	1) Stewart Sawyer	2) Benjamin Doland	
	3) Lucas Ruda	4) Connor Lee	
	5) London Lee	6) Aidan Houser	
	7) Craig Elledge	8) James Fleckenstien	
4 TMHS		1:31.52 !	
	1) Benson Boudreaux SO	2) Samson Anderson SR	
	3) Karthik Sanguni SR	4) Patrick Foy SO	
	5) Cael Brown	6) Sven Rasmussen JR	
	7) Kristofer Ely	8) Matthew Godkin	
5 SHS		1:31.84	
	1) Lucas Wisdom	2) Eric Tyson	
	3) Jacob Leonard	4) Conrad Fawcett	
	5) Ben Price	6) William Kitchen	
	7) Zane Warner	8) Preston Kwon	
6 KHS		1:32.18	
	1) James Berestoff 10	2) Nicholas Carver 12	
	3) Jacob Sarnowski 11	4) Jackson Krug 12	
	5) Connor Burnside 10	6) Spencer Jensen 12	
	7) Max Robinson 10	8) Ian Rocheleau 12	
7 COLHS		1:32.37	
	1) Derick Wengler	2) Pieter Venema	
	3) Hayden Woodring	4) Kristofer Vangorder	
	5) Aleks Tokalich	6) Thomas Smith	
	7) Karsen Spradling	8) Grady Dhondt	
8 WVHS		1:37.18 !	
	1) River Quayle SR	2) Selwyn Wessel FR	
	3) Ezra Maio SO	4) Kyan Harnum JR	
	5) Ashton Banks SO	6) Ryder Marshall FR	
	7) Henry Repasky FR	8) Nathan McCotter SO	

## Event 19 Girls 100 Yard Backstroke

AK State: 54.78 2011		Samantha Wicks	
Name	Yr	School	Seed Time
1 Hannah Boyce		DHS	58.91 !

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## Event 19 ... (Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time
2	Amaya Rocheleau	9 KHS	58.92 !
3	Avery Hafele	SO LHS	59.00 !
4	Josephine Rogness	COLHS	59.90
5	Evelyn Rupp	SO WVHS	1:00.14
6	Lola Woodward	ERHS	1:00.22
7	Emma Gassman	JR SITKA	1:00.79 !
8	Caitlin Sanders	FR TMHS	1:01.39
9	Megan McLaughlin	SO SAHS	1:01.54
10	Tahlia Gerger	SR JDHS	1:02.28
11	Asyia Shank	SR WVHS	1:02.66
12	Billi Lovell	JR VHS	1:02.76
13	Zoe Fencil	FR SAHS	1:02.89
14	Manami Lehman	SO CRAIG	1:03.20
15	Hager Elserry	KCHS	1:03.21
16	Merica Miller	COLHS	1:03.74

## Event 20 Boys 100 Yard Backstroke

AK State: 49.50 2016		Talon Lindquist	
Name	Yr	School	Seed Time
1	Ian Rocheleau	12 KHS	52.80 !
2	Wesley Mank	FR CRAIG	53.61 !
3	William Kitchen	SHS	55.42 !
4	William McKinley	DHS	55.43
5	Harrison Holt	JR JDHS	55.61
6	Ashton Banks	SO WVHS	55.71 !
7	Max Robinson	10 KHS	56.27
8	Samuel Anderson	KCHS	56.99
9	Tiago Tovar	ERHS	57.40
10	Maximillian Yagodin	SO SAHS	57.68
11	Benson Boudreaux	SO TMHS	57.99
12	Owen Thompson	DHS	58.57
13	Donald Carden	ERHS	58.99
14	Paxton Hill	SEW	59.87
15	Grant Maygren	FR CRAIG	1:00.19
16	Bengimin Ambrosiani	SEW	1:00.55

## Event 21 Girls 100 Yard Breaststroke

AK State: 1:00.61 2019		Lydia Jacoby	
Name	Yr	School	Seed Time
1	Lydia Jacoby	SEW	1:00.22 !
2	Jasmine Anderson	COLHS	1:03.77
3	Anna Keen	ERHS	1:05.73 !
4	Jean Cook	SR MHS	1:06.78 !
5	Mia Nappi	SEW	1:07.71
6	Jasmine Biederman	COLHS	1:07.78
7	Emma Fellman	FR JDHS	1:07.96 !
8	Jamie Heidersdorf	SR TMHS	1:09.91
9	Madison Snyder	SOHI	1:10.36
10	Parker Boman	FR JDHS	1:10.78
11	Caroline Waters	DHS	1:10.84
12	Stella Baldessari	FR SAHS	1:11.42
13	Lylah Murrah	JR NPHS	1:12.04
14	Lauren Olson	SR KAYHI	1:13.54
15	Taiya Wells	FR CRAIG	1:13.73
16	Kinsey Mishmash	FR VHS	1:14.09

## Event 22 Boys 100 Yard Breaststroke

AK State: 56.40 2000		Joshua Gemmell	
Name	Yr	School	Seed Time
1	Patrick Foy	SO TMHS	56.60 !
2	Matthew Heaphy	ERHS	58.07 !
3	Micah Keen	ERHS	58.29
4	Nicholas Carver	12 KHS	1:00.02 !
5	Preston Kwon	SHS	1:00.55
6	George Sholton	WHS	1:01.31
7	Luke Hoen	DHS	1:02.01
8	Trevor Dash	SO KAYHI	1:02.26
9	Karthik Sanguni	SR TMHS	1:02.67
10	Stewart Sawyer	PHS	1:03.82
11	Matthew Plang	FR JDHS	1:03.86
12	Paul Cvancara	DHS	1:04.93
13	Spencer Jensen	12 KHS	1:04.93
14	Brandon Stevens	JR SITKA	1:05.17
15	Ezrah Maio	SO WVHS	1:05.87 !
16	Selwyn Wessel	FR WVHS	1:06.13

## Event 23 Girls 400 Yard Freestyle Relay

AK State: 3:31.88 1999		Lathrop High School	
Reeves, Paskvan, Foley, Spores			
Team	Relay	Seed Time	
1	DHS	3:39.37 !	
	1) Dreamer Kowatch	2) Brooke Dittlinger	
	3) Hannah Boyce	4) Emma Beltzer	
	5) Isabelle Borke	6) Mia Sperbeck	
	7) Caroline Waters	8) Paige Antrobus	
2	JDHS	3:49.10 !	
	1) Samantha Schwarting SO	2) Tahlia Gerger SR	
	3) Emma Fellman FR	4) Pacific Ricke FR	
	5) Madelyn Boman	6) Addy Mallott	
	7) Parker Boman FR	8) Anita Morrison SO	
3	COLHS	3:49.28 !	
	1) Merica Miller	2) Josephine Rogness	
	3) Lori Houghton	4) Jasmine Biederman	
	5) Joscelyn Barrette	6) Jasmine Anderson	
	7) Avery Palenske	8) Amaretta Settle	
4	WVHS	3:52.56 !	
	1) Blaque Secor JR	2) Meah McCallum JR	
	3) Talia Wentz FR	4) Evelyn Rupp SO	
	5) Asyia Shank SR	6) Tatelyn Dixon JR	
	7) Samantha Bristol JR	8) Mayumi Schaetzle SO	
5	SAHS	3:52.95	
	1) Reese Romspert FR	2) Megan McLaughlin SO	
	3) Zoe Fencil FR	4) Kaia Reeg SO	
	5) Stella Baldessari FR	6) Elizabeth Bingham SO	
	7) Ava Rothbarth JR	8) Madison Pawlak JR	
6	KHS	3:54.64	
	1) Amaya Rocheleau 9	2) Emily Neo 9	
	3) Evangelia Jones 9	4) Alison Narog 11	
7	WHS	3:55.38	
	1) Nicole Coulter	2) Norah Fredenhagen	
	3) Lauren Dorris	4) Brooke Congdon	
	5) Kestrel Wigglesworth	6) Olivia Croy	
	7) Nora Hulse	8) Phoebe Bales	

## ASAA State Swim/Dive Championship 2021 - 11/5/2021 to 11/6/2021

## Psych Sheet

## Event 23 ...(Girls 400 Yard Freestyle Relay)

Team	Relay	Seed Time
8 TMHS		3:55.42
1) Sadie Jenkins JR	2) Gabrielle Anderson SO	
3) Alex Jenkins JR	4) Nancy Liddle SR	
5) Jenny Chester SR	6) Jamie Heidersdorf SR	
7) Olivia Mills SO	8) Caitlin Sanders FR	

## Event 24 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time
AK State: 3:09.05 2016 Dimond High School		
Addington, Alfano, Chung, Dittlinger		
1 KHS		3:19.03 !
1) Ian Rocheleau 12	2) Max Robinson 10	
3) Nicholas Carver 12	4) Jackson Krug 12	
5) James Berestoff 10	6) Connor Burnside 10	
7) Spencer Jensen 12	8) Jacob Sarnowski 11	
2 SHS		3:19.94 !
1) Conrad Fawcett	2) Jacob Leonard	
3) Ben Price	4) William Kitchen	
5) Jan Beck	6) Preston Kwon	
7) Eric Tyson	8) Lucas Wisdom	
3 DHS		3:20.31
1) Kenneth Octuk	2) James Tatakis	
3) William McKinley	4) Owen Thompson	
5) Andrew Billings	6) Kieran Erwin	
7) Luke Hoen	8) Max Waters	
4 JDHS		3:20.75 !
1) Chaz VanSlyke JR	2) Adrell Mulgrew-Truitt SR	
3) Harrison Holt JR	4) Tytan Frawley SR	
5) Chris Degener JR	6) Owen Rumsey	
7) Aaron Mulgrew-Truitt JR	8) Matthew Plang FR	
5 WHS		3:21.98
1) Ari Kaufman	2) Jack Beltzer	
3) Justice Arola	4) George Sholton	
5) Tristan Stuemke	6) Sayeed Mahmood	
7) Gabe Caterinichio	8) Hugo Castellano Figueroa	
6 PHS		3:23.46
1) Stewart Sawyer	2) Aidan Houser	
3) Lucas Ruda	4) Connor Lee	
5) London Lee	6) Craig Elledge	
7) Benjamin Doland	8) James Fleckenstien	
7 CHS		3:28.47
1) Reuben Dobson	2) Chris Michael	
3) Hunter Rhodes	4) Gabriel Gray	
5) Benjamin Strickland	6) Abel Lewis	
7) Maxwell Merizon		
8 WVHS		3:40.95 !
1) River Quayle SR	2) Ryder Marshall FR	
3) Henry Repasky FR	4) Ashton Banks SO	
5) Kyan Harnum JR	6) Ezra Maio SO	
7) Selwyn Wessel FR	8) Nathan McCotter SO	