



2021 ASAA/First National Bank Alaska  
**CROSS COUNTRY RUNNING  
STATE CHAMPIONSHIPS**



# Shaping Tomorrow

For over 30 years, we've helped Alaska's youth become tomorrow's leaders. We're proud to support ASAA as the Title Sponsor of championship and main events.



**First National Bank**  
**ALASKA** MEMBER FDIC

NMLS# 640297



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## WELCOME

On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA's corporate partners, welcome to the 2021 ASAA/First National Bank Alaska Cross Country Running State Championships! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate your being part of this statewide championship event.



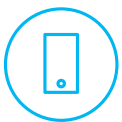
Billy Strickland  
ASAA Executive Director



Keeping Alaskans Connected



*GCI is a proud sponsor of the*  
**ALASKA SCHOOL ACTIVITIES ASSOCIATION**



**One Month Free!**

If you're not already a GCI mobile or internet customer, we'd love to have you on Alaska's Most Advanced Network. We are so sure you'll love our mobile experience we'll cover your first month! Make a stronger connection to everything you love, on us.



[gci.com](http://gci.com)



800.800.4800





**2021 ASAA / FIRST NATIONAL BANK ALASKA  
CROSS COUNTRY RUNNING STATE CHAMPIONSHIPS  
Saturday October 9, 2021  
Bartlett High School Trails**

**RACE SCHEDULE**

**10:00 am Division III Boys**

**10:45 am Division III Girls**

**Awards for D III at Football Field/Gym**

**12:00 pm Division II Boys**

**12:45 pm Division I Boys**

**1:30 pm Division II Girls**

**2:15 pm Division I Girls**

**Awards for D II and D I at Football Field/Gym**





# Strengthening Alaska Through Our Values

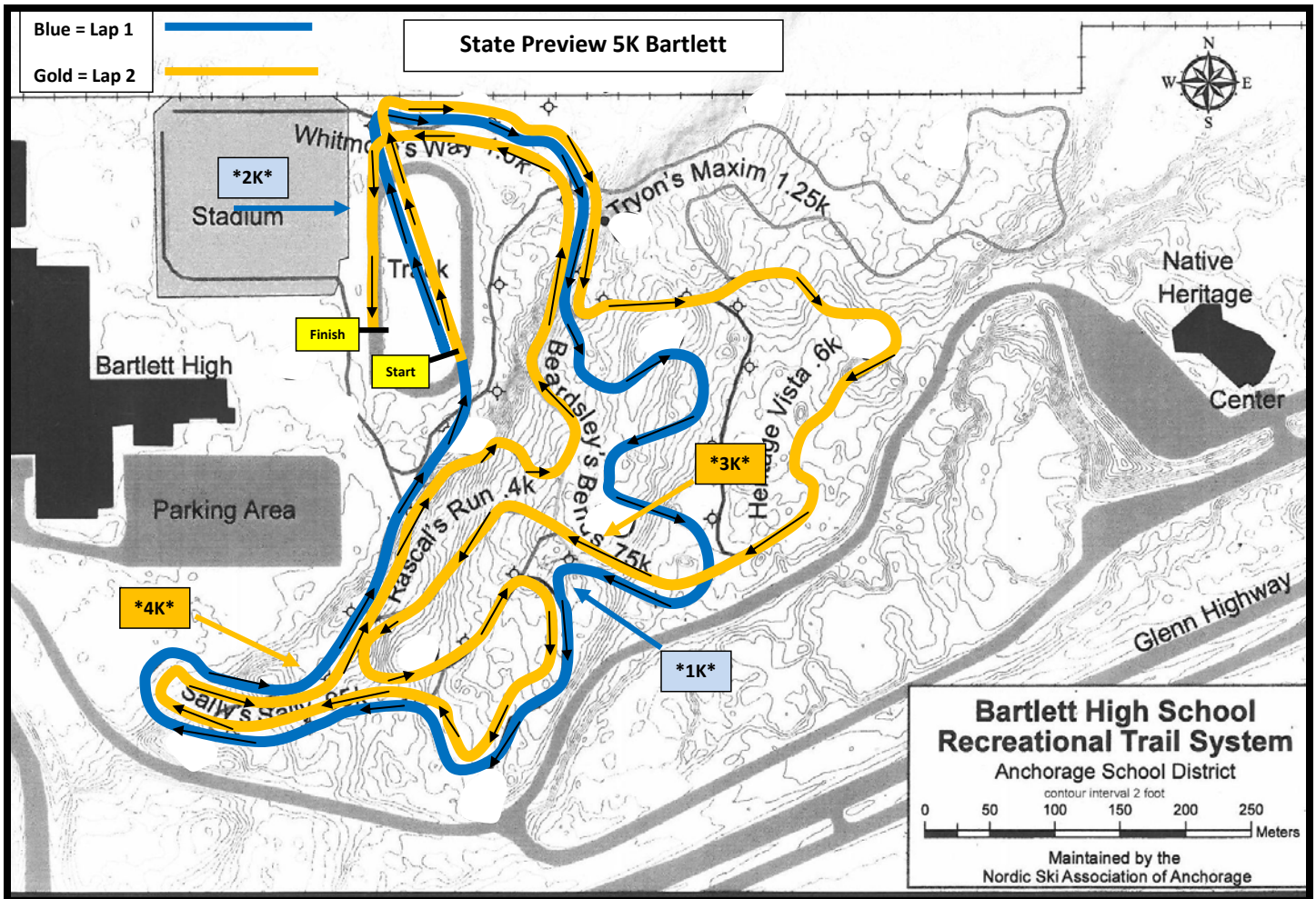
Proud sponsor of the Alaska School Activities Association



 WeAreASRC  @ASRC\_AK  @WeAreASRC



# STATE CHAMPIONSHIPS TRAIL MAP







# WE'RE TEAMING UP!

Giving all Alaska students the opportunity to join in activities and reach their goals.

Thanks to our loyal customers and committed employees, ACC has grown to 35 retail stores throughout the state. Together with our meat processing plant, North Star Quality Meats, and our wholesale division, Pacific Alaska Wholesale, we strive to meet the food and merchandise needs of the communities we serve.

Sponsoring ASAA provides ACC with great opportunity to extend that same dedication to the youth of our villages.



Alaska Commercial Company, serving rural Alaska since 1867



## MEET PERSONNEL

ASAA extends its appreciation to the following people for contributing their time and energy in making this year's State Cross Country Running Meet a success.

**Meet Director:**  
**Doug Herron**

**Bartlett Principal:**  
**Sean Prince**

**Head Referee:**  
**Jennifer Kueter**

**Bartlett Activities Principal:**  
**Leif Jacobsen**

**Timing:**  
**Mark Iverson - Skinny Raven**

Plus the countless number of volunteers that make this state championship possible.

# Thanks for All You Do!





# GO THE EXTRA MILE.

We like the way you never settle for less. That's why our team is happy to support your team at the 2021 ASAA/First National Bank Alaska XC Running State Championships. Good luck out there.

[club49hub.com](http://club49hub.com)

*Alaska*  
AIRLINES





# DIII GIRLS QUALIFIERS

REGION 1 - ALEUTIANS EAST						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Madeline	Newman	King Cove		22:15	F
2	Tianna	Lewis	King Cove		27:40	F
3	Arianna	Wilson	Sand Point		26:37	F
4	Ava	Holmberg	Sand Point		26:38	F
REGION 1 - BERING STRAITS						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Autumn	Barr	Shishmaref	11	26:01	F
2	Margo	Daniels	Unalakleet	12	27:24	F
3	Cedar	Busk	Unalakleet	9	27:42	F
REGION 1 - GREATER KUSKOKWIM						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Cheyenne	Steeves	Aniak			F
2	Lanae	Philips	Aniak			F
3	Keitha	Philip	Akiachak			F
REGION 1 - GREATER YUKON DELTA						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Ernie	Joe	Hooper Bay	10	21:57	F
2	Michelle	Atcherian	Chevak	11	22:20	F
3	Marissa	Boliver	Marshall	11	23:04	F
4	Mariah	Nash	Chevak	9	23:40	F
5	Angelina	Chiklak	Chevak	9	24:11	F
6	Ariana	Tall	Hooper Bay	9	24:45	F
7	Flora	Prince	St. Mary's	9	34:22	F
8	Michele	Andrews	St. Mary's	11	35:51	F
9	Naureen	George	St. Mary's	9	37:37	F
REGION 1 - LOWER KUSKOKWIM						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Jasmine	Simons	Nelson Island			F
2	Rosemary	Henry	Nelson Island			F
3	Irene	Chakuchin	Nelson Island			F
4	Glennesha	Carl	Ayaprun			F
5	Autumn	Never	Ayaprun			F

# DIII GIRLS QUALIFIERS

REGION 1 - NORTH SLOPE						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Jeannette	Killbear	Harold Kavelook	9	38:45	F
REGION 1 - NORTHWEST ARCTIC						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Marlena	Itta	Buckland	10	26:01	F
2	Judy	Allen	Kiana	11	27:00	F
3	Ava	Jones	Buckland	11	28:41	F
REGION 1 - SOCKEYE						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Aileen	Lester	Newhalen	11	21:16	F
2	Alianna	Voran	Tanalian	11	21:36	F
3	Ella	Wardell	Tanalian	11	21:53	F
4	Kaleigh	Neketa	Newhalen	12	26:01	F
5	Meadow	Phelps	Bristol Bay	12	22:06	F
REGION 1 - SOUTHWEST						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Arriana	Woods	Dillingham	11	24:04	F
2	Adalgisa	Reigh	Dillingham	9	25:36	F
3	Alex	Buholm	Dillingham	9	27:58	F
4	Erin	Martin	Dillingham	12	30:08	F
REGION 1 - UNALASKA						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Kaitlyn	Gilman	Unalaska	9	26:43	F
2	Alexa	Esnardo	Unalaska	12	26:53	F
3	Stacey	Carlos	Unalaska	10	27:00	F



# DIII GIRLS QUALIFIERS

REGION 2						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 2 Champions</b>						
1	Teagan	Rude	Glennallen	10	21:53	F
2	Brynna	Gerlach	Glennallen	11	22:46	F
3	Cheyenne	Fields	Glennallen	9	23:53	F
4	Bella	Ranck	Glennallen	11	27:48	F
5	Madison	Carlton	Glennallen	9	28:47	F
6	Mia	Ranck	Glennallen	10	30:32	F
7	Mia	Bobowski	Glennallen	10	34:08	F
<b>Region 2 Other Top Ten Qualifiers</b>						
1	Shayuana	Burkowski	Nenana	11	23:50	F
2	Jenna	John	Effie Kokrine	12	30:56	F
3	Kylirose	Paniptchuk	Effie Kokrine	9	33:07	F
REGION 5						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 5 Champions</b>						
1	Ariel	Godinez-Long	Haines		17:59	F
2	Grace	Long	Haines		19:37	F
3	Avery	Williamson	Haines		20:02	F
4	Avari	Getchell	Haines		20:47	F
5	Mackenzzy	Dryden	Haines		20:47	F
6	Sally	Ganey	Haines		22:07	F
7	Ashley	Ganey	Haines		22:32	F
<b>Region 5 Runner Up</b>						
1	Kenai	Holien	Klawock		20:02	F
2	Lexi	Johnson	Klawock		20:35	F
3	Kyla	Jones	Klawock		20:43	F
4	Isabelle	Hoppe	Klawock		25:02	F
5	Hailey	Hedges	Klawock		30:51	F
<b>Region 5 Third Place</b>						
1	Kimley	Lister	Petersburg		20:18	F
2	Alexus	Sakamoto Quezor	Petersburg		21:24	F
3	Kate	Thompson	Petersburg		22:56	F
4	Deirdre	Toyomura	Petersburg		23:01	F
5	Lakell	Deinhardt	Petersburg		35:31	F
<b>Region 5 Other Top Fifteen Qualifiers</b>						
1	Liana	Carney	Wrangell		19:25	F
2	Mamie	Crooks	Kake		19:44	F
3	Jillian	Jackson	Kake		22:46	F



# BE THE INFLUENCE

LEARN IT. LIVE IT. LEAD IT.

Alcohol misuse impacts the health of our people and our communities. *Be The Influence* empowers our young people to learn about the risks of alcohol use, have honest conversations about alcohol, delay alcohol use, and make healthy, alcohol-free life choices.

We want our young people to be the change they want to see in the world and *Be The Influence*.



ALASKA NATIVE  
TRIBAL HEALTH  
CONSORTIUM

Learn more at [anthc.org](http://anthc.org)



# DIII BOYS QUALIFIERS

REGION 1 - ALEUTIANS EAST						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Jager Sean	Brandell	King Cove		19:28	M
2	Logan	Iyapana	King Cove		20:48	M
3	Isaac	Gundersen	Sand Point		20:41	M
4	Chancellor	Griffith	Sand Point		21:30	M
REGION 1 - BERING STRAITS						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Kanayaq	Ivanoff	Unalakleet	12	21:00	M
2	Ethan	Fagerstrom	Martin L Olson	10	22:06	M
3	Kenyon	Southall	Brevig Mission	10	22:27	M
4	Jadyn	Barr	White Mountain	9	22:27	M
REGION 1 - GREATER KUSKOKWIM						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Sherman	Kelila	Aniak			M
2	Sigurd	Napoka	Tuluksak			M
3	Kenneth	Snyder	Akiachak			M
REGION 1 - GREATER YUKON DELTA						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Isaac	Titus	Scammon Bay	12	18:04	M
2	Latrell	Lake	Hooper Bay	10	18:24	M
3	Ace	Tall	Chevak	10	18:29	M
4	Darquel	Agwiak	Ignatius Beans		19:16	M
5	Jesse	Nanook	Hooper Bay	11	19:38	M
6	Nathaniel	Jensen	Emmonak	10	19:59	M
7	David	Beans II	St. Mary's	12	25:19	M
8	Caleb	Kamuck	St. Mary's	12	27:08	M
9	Leo	Long	St. Mary's	12	28:03	M
REGION 1 - LOWER KUSKOKWIM						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Matthew	Panruk II	Chaputnguak			M
2	Sean	Lupie	Kongiganak			M
3	Raymond	Chanar	Nelson Island			M
4	Felton	Albert	Nelson Island			M
5	Brayden	Abraham	Chaputnguak			M
REGION 1 - NORTH SLOPE						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	John	Tikluk	Harold Kavelook	12	33:06	M
2	Edwin	Solomon	Harold Kavelook	10	40:56	M

# DIII BOYS QUALIFIERS

REGION 1 - NORTHWEST ARCTIC						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Bryant	Sun	Shungnak	12	19:51	M
2	Austin	Hadley	Buckland	10	20:10	M
3	Alec	Mills	Kiana	9	20:57	M
REGION 1 - SOCKEYE						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Daniel	Wardell	Tanalian	11	17:41	M
2	Smitka	Delkittie	Kokhanok	11	19:19	M
3	Keilan	Wassillie	Igiugig	10	19:57	M
4	Rayden	Woods	Kokhanok	9	21:21	M
5	Pete	Hill	Bristol Bay	11	21:08	M
REGION 1 - SOUTHWEST						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Demetry	Hoseth	Dillingham	12	18:34	M
2	Graelin	Chaney	Dillingham	9	20:21	M
3	Ty	Kolbe	Dillingham	9	20:55	M
4	Zachary	Kolbe	Dillingham	12	21:08	M
5	Ethan	Jenkins	Dillingham	11	21:57	M
6	Hugh	Reynolds	Dillingham	9	22:36	M
7	Evan	Neketa III	Dillingham	9	24:07	M
REGION 1 - UNALASKA						
#	First Name	Last Name	School	Grade	Region Time	Gender
1	Herwin	Riodil	Unalaska	12	18:20	M
2	Nic	Kitsyk	Unalaska	9	20:00	M
3	Eldred	Paradeza	Unalaska	11	21:02	M
4	KC	Balbarino	Unalaska	11	21:34	M
5	Jesus	Acosta Chan	Unalaska	9	21:42	M
6	Charlie	Moyer	Unalaska	11	21:43	M
7						
REGION 2						
#	First Name	Last Name	School	Grade	Region Time	Gender
Region 2 Champions						
1	Ki'naatsu	Alexander	Fort Yukon	10	23:00	M
2	Blake	Carroll	Fort Yukon	12	28:44	M
3	Ayden	Alexander	Fort Yukon	9	30:38	M
4	River	Peter	Fort Yukon	10	31:34	M
5	Ryan	Strom	Fort Yukon	9	35:06	M



# DIII BOYS QUALIFIERS


Region 2 Other Top Ten Qualifiers						
1	Justin	Trail	Nikolaevsk	12	19:06	M
2	Nathaneal	Severs	Glennallen		20:46	M
3	Kyler	Kangas	Effie Kokrine	11	21:42	M
4	Jeri	Dan	Nenana	12	21:44	M
5	Jordan	Korth	Glennallen	12	23:04	M
6	Trevor	Dolge	Kenny Lake	11	24:08	M
7	Jeremiah	Beach	Effie Kokrine	10	24:09	M
8	Gaven	Hills	Nenana	11	24:10	M
9	Landin	Robinson	Glennallen	12	24:18	M
REGION 5						
#	First Name	Last Name	School	Grade	Region Time	Gender
Region 5 Champions						
1	Luke	Davis	Haines		17:49	M
2	Leo	Wald	Haines		17:56	M
3	Kaleb	Jones	Haines		18:07	M
4	Eric	Gilliam	Haines		19:08	M
5	Gaelen	Allen	Haines		19:16	M
6	Logan	Borcik	Haines		21:08	M
Region 5 Runner Up						
1	Uriah	Lucas	Petersburg		17:04	M
2	Michael	Durkin	Petersburg		18:10	M
3	Valon	Weathers	Petersburg		18:47	M
4	Breiland	Willis	Petersburg		19:02	M
5	Chase	Lister	Petersburg		19:19	M
6	Kieran	Cabral	Petersburg		19:48	M
7	Caleb	Lutomsky	Petersburg		20:32	M
Region 3 Third Place						
1	Rogan	Hanson	Craig		17:53	M
2	Daniel	Aspery	Craig		18:32	M
3	Keegan	Hanson	Craig		19:10	M
4	Sam	Bass	Craig		20:02	M
5	Colin	Rice	Craig		20:55	M
6	Tanner	Smith	Craig		28m 4s	M
Region 5 Other Top Fifteen Qualifiers						
1	Kona	Atkins	Gustavus		18:01	M
2	Daniel	Harrison	Wrangell		18:09	M
3	Marley	Kness	Klawock		18:15	M
4	Evan	Durco	Gustavus		18:38	M
5	Dominic	Ross	Kake		18:39	M





# STRENGTHENING *PEOPLE, CULTURE, AND HOMELANDS*

Sealaska is proud to support the student athletes competing in the ASAA State Championships.

[Sealaska.com](http://Sealaska.com)

 [@sealaska](https://www.facebook.com/sealaska)

 [@sealaska](https://twitter.com/sealaska)

 [@sealaska](https://www.instagram.com/sealaska)





# DIII TEAM INFORMATION



## **AKIACHAK HUSKIES**

Head Coach Rena Nose  
AD Jennifer Phillip



## **FORT YUKON EAGLES**

Head Coach Timothy Johnson  
AD Timothy Johnson



## **ANIAK HALFBREEDS**

Head Coach Emerie Fairbanks  
AD Severin Gardner



## **GLENNALLEN PANTHERS**

Head Coach Kelly Gerlach  
AD Carl Snider



## **ANTHONY A. ANDREWS STORM**

Head Coach Greg Kurtz  
AD Brian Walston



## **GUSTAVUS FOX**

Head Coach Megan Bishop  
AD Rachel Parks



## **BREVIK MISSION HUSKIES**

Head Coach Cory Kralovetz  
AD Cory Kralovetz



## **HAINES GLACIER BEARS**

Head Coach Jordan Baumgartner  
AD Lynzee Getchell



## **BRISTOL BAY ARCHANGELS**

Head Coach Russell Phelps  
AD Paula Singley



## **HOGARTH KAVEOLOOK RAMS**

Head Coach Tawnya Weaver  
AD Amanda Kaleak



## **CHEVAK COMETS**

Head Coach Kerri Tall  
AD Xavier Matchian



## **HOOPER BAY WARRIORS**

Head Coach Allison Walker  
Assistant Coach Albert Green  
AD Allison Walker



## **CRAIG PANTHERS**

Head Coach Tina Steffen  
Assistant Coach Charles Hanson  
AD Troy Thain



## **KAKE THUNDERBIRDS**

Head Coach Anthony Ross  
AD Arthur Johnson



## **DILLINGHAM WOLVERINES**

Head Coach Amanda Luiten  
Assistant Coaches Erica Tweet  
William Gordon  
AD Cassie MacDonald



## **KENNY LAKE HAWKS**

Head Coach Jacob Marshall  
Assistant Coach Stefan Johnson  
AD Jacob Marshall



## **EFFIE KOKRINE WARRIORS**

Head Coach Michelle Sopoliga  
AD Joshua Snow



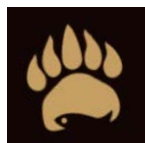
## **KIANA LYNX**

Head Coach Crystal Johnson  
AD James Stewart



## **EMMONAK HUSKIES**

Head Coach Felecia Taylor  
AD Byron Ulak



## **KING COVE ROOKIES & T-JACKS**

Head Coach Etta Kuzakin  
AD Kyle Settles

# DIII TEAM INFORMATION



## **KLAWOCK CHIEFTAINS**

**Head Coach** Jodi Mar  
**AD** Teresa Fairbanks



## **SAND POINT EAGLES**

**Head Coach** Marques Novak  
**AD** Kyle Settles



## **LOWER KUSKOKWIM SCHOOL DIST.**

**Head Coach** Gavin Caupp  
**Assistant Coach** Caitlyn Tully  
**AD** Sharon Wegner



## **SAVOONGA HUSKIES**

**Head Coach** Nicholas Czelusniak  
**AD** Christina Brancalone



## **LAKE & PENN SCHOOL DISTRICT**

**Head Coach** Ed Lester  
**Assistant Coach** Heidi Wilder  
**AD** Ed Lester



## **SCAMMON BAY EAGLES**

**Head Coach** Harley Sundown  
**AD** Byron Ulak



## **MARSHALL MUSTANGS**

**Head Coach** Wassilie Pitka  
**AD** Byron Ulak



## **SHUNGNAK EAGLES**

**Head Coach** Dawn Davis  
**AD** Brett Slaathaug



## **MEADE RIVER EAGLES**

**Head Coach** Stewart Hughes  
**AD** Patti Lloyd



## **TANALIAN LYNX**

**Head Coach** Heidi Wilder  
**Assistant Coach** Austin McCourt  
**AD** Nate Davis



## **NENANA LYNX**

**Head Coach** Bryce Gerald  
**AD** Collin Stone



## **TULUKSAK WOLVERINES**

**Head Coach** Adam Swenson  
**AD** Jennifer Phillip



## **NEWHALEN MALEMUTES**

**Head Coach** Leah Talley  
**Assistant Coach** Ed Lester  
**AD** Nate Davis



## **UNALAKLEET WOLFPACK**

**Head Coach** Abel Razzo  
**AD** Jason Harris



## **NIKOLAEVSK WARRIORS**

**Head Coach** Andy Rothenberger  
**Principal** Michael Sellers



## **UNALASKA RAIDERS**

**Head Coach** Joni Scott  
**Assistant Coach** Rainier Marquez  
**AD** Jim Wilson



## **PETERSBURG VIKINGS**

**Head Coach** Thomas Thompson  
**AD** Jaime Cabral



## **WRANGELL WOLVES**

**Head Coach** Mykayla Rooney  
**AD** Trisa Rooney



## **SAINT MARY'S EAGLES**

**Head Coach** Matthew Lawrence  
**Assistant Coach** Rachel Journey  
**AD** Teresa Paukan





**DONLIN  
GOLD**

**Proud Supporter  
& Sponsor of**



# DIII TEAM PICTURES



**AKIACHAK HUSKIES**



**EMMONAK HUSKIES**



**BRISTOL BAY ARCHANGELS**



**GLENNALLEN PANTHERS**



**CRAIG PANTHERS**



**GUSTAVUS FOX**



**DILLINGHAM WOLVERINES**



**HAINES GLACIER BEARS**



# DIII TEAM PICTURES



**HAROLD KAVEOLOOK RAMS**



**KING COVE ROOKIE & T-JACKS**



**KAKE THUNDERBIRDS**



**KLAWOCK CHIEFTIANS**



**KENNY LAKE HAWKS**



**NENANA LYNX**



**KIANA LYNX**



**NIKOLAEVSK WARRIORS**



# DIII TEAM PICTURES



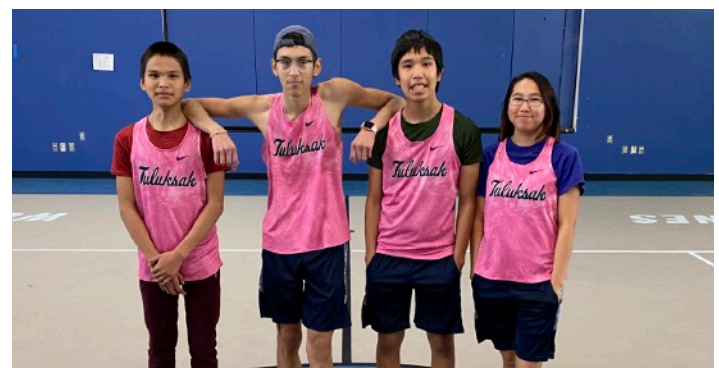
**PETERSBURG VIKINGS**



**SHUNGNAK EAGLES**



**SAND POINT EAGLES**



**TULUKSAK WOLVERINES**





# YOU SERVE, YOU LEARN

It Really Is That Simple.



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**\$20,000**  
BONUS  
IF YOU QUALIFY

## ALASKA **NATIONAL GUARD**

NATIONALGUARD.com



Programs and Benefits Subject to Change

The Army National Guard is the ultimate learning experience. Think about it: We'll help you pay for college, train you in a valuable new career, and put you in position to serve your community in times of need. And it is part-time. Where else can you get all that?

## Find Out How We Put College Within Reach!

# We're on the sidelines, so you don't have to be.



## OPA Certified Athletic Trainers

*Brittany Bergens,  
MA, MEd, ATC*

*Mary Perez,  
MS, ATC*

*Bryan Beechem,  
MS, ATC*

*Lynne Young,  
MEd, ATC, ITAT*

*James Berry,  
MS, ATC, LAT*

*Kristi Castellaw,  
ATC*

*Kimberly Gilmore,  
LAT, ATC*

OPA provides full-time certified athletic trainers to all Anchorage and Mat-Su area high schools — free of charge.

These full-time medical professionals work with student-athletes, coaches and parents to prevent injuries, save thousands of health care dollars and help build a stronger, healthier community.

Learn more about OPA's individual trainers, injury prevention tips and more at:

**OPAlaska.com**

As a division of OrthoAlaska, OPA is an in-Network Preferred Provider for Blue Cross Blue Shield and many other insurance providers.

## Injury Walk-in Hours

### Anchorage:

Mon - Fri, 12-8p; Sat & Sun, 12-6p  
3801 Lake Otis Pkwy., Suite 300

### Wasilla:

Mon - Fri, 12-6p  
1700 E Bogard Rd., Suite 102

## Appointments

Anchorage & Eagle River, 562-2277  
Wasilla, 357-2267



**ORTHOPEDIC  
PHYSICIANS**

A L A S K A

OrthoAlaska LLC

OrthoAlaska complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

NOT A CERTIFIED EMERGENCY MEDICAL SERVICE AS DESCRIBED IN ALASKA STATUTE 18.08.082.084,200.

# DII GIRLS QUALIFIERS

REGION 1 - WESTERN						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 1 Western Champions</b>						
1	Payton	Boney	Bethel	10	22:47	F
2	Fiona	Phelan	Bethel	12	23:08	F
3	Cadence	Cedars	Bethel	12	25:30	F
4	Jordan	Klejka	Bethel	10	25:38	F
5	Alqaq	Small	Bethel	12	26:06	F
6	Maya	Komulainen	Bethel	10	26:43	F
7	Beth	Hensley	Bethel	12	29:25	F
<b>Region 1 Western Qualifiers Other Top Eight Qualifiers</b>						
1	Awaluk	Nichols	Nome-Beltz	9	22:27	F
2	Della	Medlin	Nome-Beltz	12	24:04	F
3	Natalie	Tobuk	Nome-Beltz	11	24:32	F
4	Zaida	Baldwin	Kotzebue	12	25:08	F
5	Katelyn	Piper	Kotzebue	10	25:15	F
REGION 3						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 3 Champions</b>						
1	Megan	Nelson	Grace Christian	11	20:50	F
2	Kai	Waythomas	Grace Christian	9	21:07	F
3	Georgia	Thatcher	Grace Christian	10	22:20	F
4	Faith	Mondeel	Grace Christian	9	22:37	F
5	Sophia	Coverdell	Grace Christian	12	22:56	F
6	Rebekah	Annett	Grace Christian	11	23:22	F
7	Elise	Metzger	Grace Christian	11	23:38	F
<b>Region 3 Runner Up</b>						
1	Eryn	Field	Homer	11	22:09	F
2	Frida	Renner	Homer	10	22:10	F
3	Elena	Badajos	Homer	10	22:27	F
4	Adelyn	McCorison	Homer	10	22:45	F
5	Bea	McDonough	Homer	9	24:13	F
6	McKenna	Black	Homer	9	26:25	F
7	Leah	Dunn	Homer	11	27:13	F
<b>Region 3 Third Place</b>						
1	Jayna	Boonstra	Kenai Central	11	20:49	F
2	Leah	Fallon	Kenai Central	12	22:19	F
3	Summer	Foster	Kenai Central	12	22:50	F
4	Gabriella	News	Kenai Central	12	24:25	F
5	Mya	Taylor	Kenai Central	9	25:48	F
6	Lynnea	Hack	Kenai Central	10	26:48	F
7	Brooke	Summers	Kenai Central	10	30:24	F



# DII GIRLS QUALIFIERS

Region 3 Fourth Place						
1	Debbie	Brower	Anchorage Christian	10	21:58	F
2	Faith	Carter	Anchorage Christian	10	23:49	F
3	Abby	Timmcke	Anchorage Christian	9	24:21	F
4	Jordan	Timmcke	Anchorage Christian	9	24:31	F
5	Caroline	Bohlman	Anchorage Christian	12	25:40	F
Region 3 Other Top Fifteen Qualifiers						
1	Hailey	Ingalls	Seward	10	22:20	F
2	Mya	Campbell	Redington	10	22:43	F
REGION 5						
#	First Name	Last Name	School	Grade	Region Time	Gender
Region 5 Champions						
1	Anna	Prussian	Sitka		19:11	F
2	Claire	Mullen	Sitka		19:12	F
3	Tawny	Smith	Sitka		22:13	F
4	Addie	Poulson	Sitka		22:21	F
5	Maitlin	Young	Sitka		24:31	F
Region 5 Other Top Ten Qualifiers						
1	Mia	Anderson	Mt. Edgecumbe		22:20	F
2	Jelsey	Gologergen	Mt. Edgecumbe		25:03	F
3	Aries	Bioff	Mt. Edgecumbe		25:46	F
4	Sarah	Nanouk-Jones	Mt. Edgecumbe		26:48	F
5	Sarah	Bahnke	Mt. Edgecumbe		27:14	F
REGION 6						
#	First Name	Last Name	School	Grade	Region Time	Gender
Region 6 Champions						
1	Katie	Bast	Monroe Catholic	12	20:11	F
2	Jeannie	Cook	Monroe Catholic	12	21:59	F
3	Miranda	Wilkerson	Monroe Catholic	10	23:20	F
4	Autumn	Vanderlugt	Monroe Catholic	9	24:22	F
5	Erin	Hendricks	Monroe Catholic	12	24:56	F
6	Nadia	Chernich	Monroe Catholic	10	26:25	F
7	Anyia	Simard	Monroe Catholic	9	29:29	F
Region 6 Other Top Fifteen Qualifiers						
1	Grace	Pearson	Delta Junction	9	23:49	F
2	Anika	Palomar	Valdez	10	24:28	F
3	Sable	Scotten	Galena	12	25:08	F
4	Morgan	Hamilton	Valdez	9	26:08	F
5	Jade	Thurmond	Galena	10	30:02	F



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# DII BOYS QUALIFIERS

REGION 1 - WESTERN						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 1 Western Champions</b>						
1	Orson	Hoogendorn	Nome-Beltz	9	18:03	M
2	Son	Erikson	Nome-Beltz	10	18:35	M
3	Finn	Gregg	Nome-Beltz	9	18:38	M
4	Colin	McFarland	Nome-Beltz	12	19:11	M
5	Paris	Hebel	Nome-Beltz	12	19:14	M
6	Jon	Smith	Nome-Beltz	10	19:35	M
7	Deacon	Callahan	Nome-Beltz	10	20:06	M
<b>Region 1 Western Qualifiers Other Top 8 Qualifiers</b>						
1	Landon	Smith	Bethel	12	18:08	M
2	Peter	Crow	Bethel	12	18:57	M
3	Ezra	Jones	Kotzebue	12	19:06	M
REGION 3						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 3 Champions</b>						
1	David	Sliwinski	Grace Christian	11	17:03	M
2	Seth	Lochmann	Grace Christian	11	17:13	M
3	Ty	Elliott	Grace Christian	12	17:16	M
4	Aiden	Zingone	Grace Christian	12	17:19	M
5	Robbie	Annett	Grace Christian	9	17:35	M
6	Ben	Thatcher	Grace Christian	12	17:35	M
7	Preston	Wethington	Grace Christian	12	17:46	M
<b>Region 3 Runner Up</b>						
1	Josh	Brower	Anchorage Christian	11	17:12	M
2	Preston	Merchant	Anchorage Christian	11	17:18	M
3	Stryder	Kronberger	Anchorage Christian	9	18:48	M
4	Micah	Tedrick	Anchorage Christian	12	18:56	M
5	Nolan	Warren	Anchorage Christian	10	19:01	M
6	Daniel	Szepanski	Anchorage Christian	12	20:33	M
7	Elijah	Szepanski	Anchorage Christian	10	21:38	M
<b>Region 3 Third Place</b>						
1	Gregory	Fallon	Kenai Central	10	17:40	M
2	Jack	Laker	Kenai Central	10	18:20	M
3	Joe	Hamilton	Kenai Central	12	18:47	M
4	Tyler	Hippoehen	Kenai Central	12	18:52	M
5	Armands	Veksejs	Kenai Central	11	19:41	M
6	Nathan	Haakenson	Kenai Central	12	20:22	M
7	George	Wright	Kenai Central	12	20:46	M
<b>Region 3 Fourth Place</b>						
1	Seamus	McDonough	Homer	11	17:57	M
2	Damon	Weisser	Homer	11	18:45	M
3	Jody	Goodrich	Homer	9	18:58	M



# DII BOYS QUALIFIERS

Region 3 Fourth Place (cont.)						
4	Lance	Seneff	Homer	11	19:14	M
5	Adams	Veldstra	Homer	12	19:27	M
6	Brock	Barth	Homer	10	19:44	M
7	Aiden	Brost	Homer	12	20:40	M
REGION 5						
#	First Name	Last Name	School	Grade	Region Time	Gender
Region 5 Champions						
1	Silas	Demmert	Sitka		16:58	M
2	Annan	Weiland	Sitka		17:35	M
3	Hank	Maxwell	Sitka		17:59	M
4	Asa	Dow	Sitka		18:05	M
5	Trey	Demmert	Sitka		18:37	M
6	Connor	Hitchcock	Sitka		18:45	M
7	Colton	Ewes	Sitka		18:48	M
Region 5 Other Top Ten Qualifiers						
1	Jacob	Friske	Mt. Edgecumbe		19:15	M
2	Landon	Varga	Mt. Edgecumbe		19:38	M
3	Jaden	Andrews	Mt. Edgecumbe		20:09	M
REGION 6						
#	First Name	Last Name	School	Grade	Region Time	Gender
Region 6 Champions						
1	Preston	Kopp	Galena	10	18:52	M
2	Caedon	Merriner	Galena	12	18:57	M
3	Finn	Hornfischer	Galena	11	19:41	M
4	Payton	Cleaver	Galena	12	21:08	M
5	Deston	Bifelt	Galena	12	21:55	M
6	Cassidy	Huntington	Galena	10	25:03	M
Region 6 Runner Up						
1	Elliott	Evans	Hutchison	11	18:53	M
2	Felix	Prim	Hutchison	10	19:25	M
3	Seth	Burke	Hutchison	11	20:19	M
4	Phillip (Waker)	Jones	Hutchison	11	20:45	M
5	James	Kignak	Hutchison	9	24:14	M
6	Wesley	Hulbert	Hutchison	9	27:01	M
Region 6 Other Top Fifteen Qualifiers						
1	Gabe	Haas	Delta Junction	10	18:45	M
2	Gabriel	Angaiak	Monroe Catholic	11	18:53	M
3	William	Benes	Valdez	12	20:05	M
4	Landon	Ogburn	Ben Eielson	12	20:09	M
5	Rafe	Caruthers	Valdez	10	20:19	M
6	Aiden	Bullard	Delta Junction	11	20:20	M
7	John	Bauer	Monroe Catholic	11	21:06	M



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# DII TEAM COACHES



**ANCHORAGE CHRISTIAN LIONS**  
**Head Coach** Jake Moe  
**Assistant Coach** Chris Waythomas  
**Athletic Director** Chad Dyson



**KENAI-CENTRAL KARDINALS**  
**Head Coach** Todd Boonstra  
**Assistant Coach** Kristin Davis  
**Athletic Director** Jesse Settlemeier



**BEN EIELSON RAVNES**  
**Head Coach** David Brannan  
**Athletic Director** Connie Browder



**KOTZEBUE HUSKIES**  
**Head Coach** Clayton Gindt  
**Athletic Director** Brett Slaathaug



**BETHEL-REGIONAL WARRIORS**  
**Head Coach** Paul Saltzman  
**Athletic Director** Darren Lieb



**MONROE CATHOLIC RAMS**  
**Head Coach** John Mayer  
**Assistant Coaches** Susan Kramer  
 Hannah Remmert  
**Athletic Director** Frank Ostanik



**DELTA JUNCTION HUSKIES**  
**Head Coach** Hilary Adams  
**Athletic Director** Dan Klein



**MT. EDGECUMBE BRAVES**  
**Head Coach** Josh Arnold  
**Assistant Coach** Jack Davis  
**Athletic Director** Andrew Friske



**GALENA HAWKS**  
**Head Coach** David Casey  
**Assistant Coach** Sandy Scotton  
**Athletic Director** Cory Stringer



**NOME-BELTZ NANOOKS**  
**Head Coach** Jeff Collins  
**Assistant Coach** Corey Erickson  
**Athletic Director** Patrick Callahan



**GRACE CHRISTIAN GRIZZLIES**  
**Head Coach** Tara Edwards  
**Assistant Coach** Todd Jackson  
**Athletic Director** Paul Salima



**REDINGTON HUSKIES**  
**Head Coach** Francisco Campbell  
**Athletic Director** Claudia Blydenburgh



**HOMER MARINERS**  
**Head Coach** Robert Ostrom  
**Assistant Coaches** Alayne Tetor  
 Francheska Robinson  
**Athletic Director** Chris Perk



**SEWARD SEAHAWKS**  
**Head Coach** Rachel Dow  
**Assistant Coaches** Kristen Sieminski  
**Athletic Director** Al Plan



**HUTCHISON HAWKS**  
**Head Coach** Robert Marcotte  
**Athletic Director** Lynn Bernheim



**SITKA WOLVES**  
**Head Coach** Shasta Smith  
**Assistant Coaches** Jeremy Strong  
**Athletic Director** Rich Krupa



**VALDEZ BUCCANEERS**  
**Head Coach** Mel Koontz  
**Athletic Director** Todd Wegner





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# DII TEAM PHOTOS



**ANCHORAGE CHRISTIAN LIONS**



**GALENA HAWKS**



**BEN EIELSON RAVENS**



**GRACE CHRISTIAN GRIZZLIES**



**BETHEL-REGIONAL WARRIORS**



**HOMER MARINERS**



**DELTA JUNCTION HUSKIES**



**HUTCHISON HAWKS**



# DIII TEAM PICTURES



**KENAI-CENTRAL KARDINALS**



**REDINGTON HUSKIES**



**MONROE CATHOLIC RAMS**



**SEWARD SEAHAWKS**



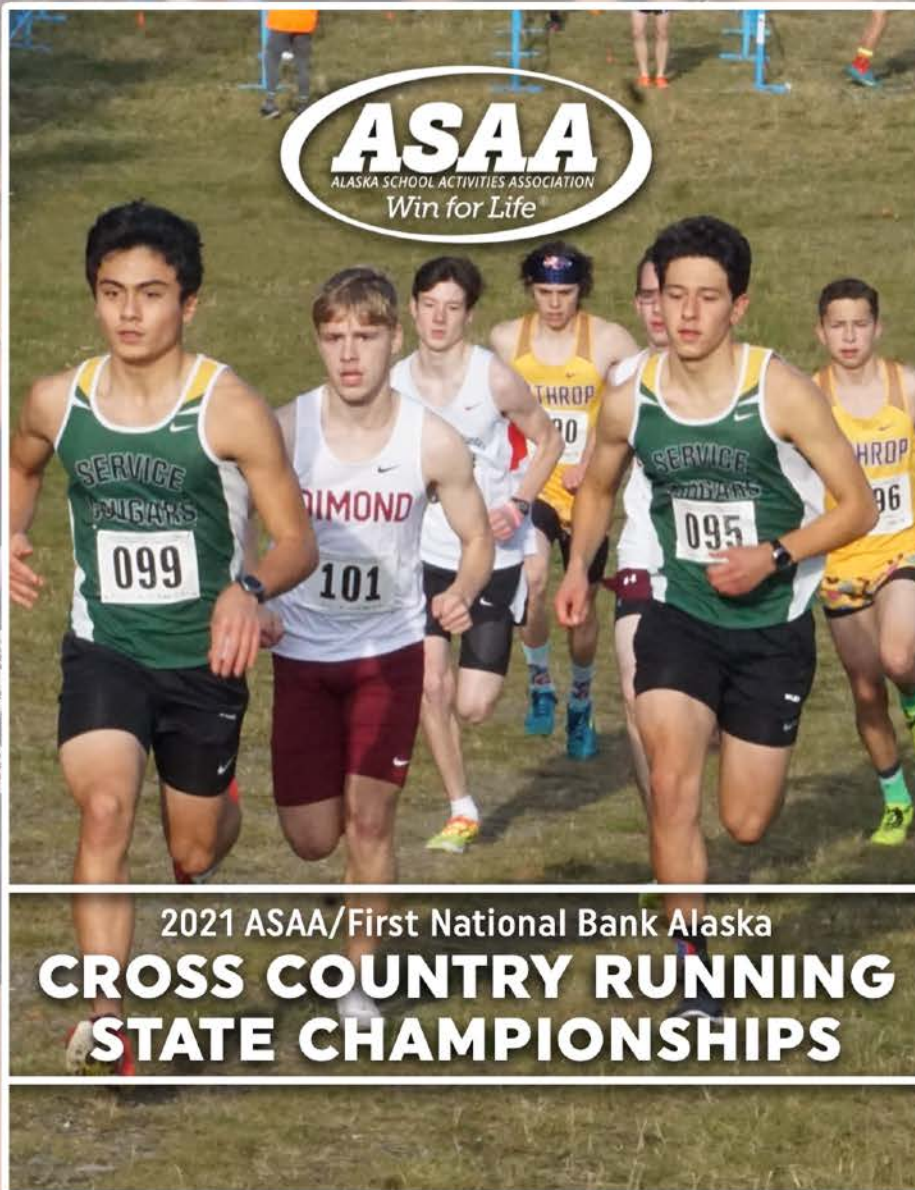
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# DI GIRLS QUALIFIERS

REGION 3						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 3 Champions</b>						
1	Ella	Hopkins	Colony	9	20:39	F
2	Shea	Alaniva	Colony	11	21:46	F
3	Monica	Bustillos	Colony	12	22:01	F
4	Rachel	Danz	Colony	9	22:06	F
5	Abby	Novak	Colony	12	22:10	F
6	Lucy	Shea	Colony	11	22:32	F
7	Madison	Roberts	Colony	9	22:50	F
<b>Region 3 Runner Up</b>						
1	Ayla	Baker	Kodiak	9	21:41	F
2	Cassidy	Foster	Kodiak	10	22:46	F
3	Naomi	Griffin	Kodiak	12	23:03	F
4	Abigail	Harver	Kodiak	10	23:17	F
5	Oceana	Brockman	Kodiak	9	24:46	F
6	Hannah	McCarthy	Kodiak	10	26:26	F
7	Sara	Scott	Kodiak	11	26:53	F
<b>Region 3 Third Place</b>						
1	Jordan	Strausbaugh	Soldotna	12	21:15	F
2	Jordan	Ruffner	Soldotna	12	21:29	F
3	Kaidence	Shaeffer	Soldotna	12	24:12	F
4	Kaytlin	McAnelly	Soldotna	10	24:31	F
5	Avery	Ciufo	Soldotna	10	24:43	F
6	Carson	Dement	Soldotna	12	24:54	F
7	Adele	Tacey	Soldotna	9	25:00	F
<b>Region 3 Other Top Fifteen Qualifiers</b>						
1	Katey	Houser	Palmer	12	20:27	F
2	Mykennan	Rinella	Palmer	12	23:45	F
<b>REGION 4</b>						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 4 Champions</b>						
1	Campbell	Peterson	Chugiak	11	19:40	F
2	Skyler	Belmear	Chugiak	10	20:08	F
3	Emily	Moore	Chugiak	10	20:12	F
4	Addison	Capozzi	Chugiak	11	20:19	F
5	Kiley	Dennis	Chugiak	11	20:22	F
6	Ada	Burrup	Chugiak	9	21:13	F
7	Bailey	Peterson	Chugiak	9	21:57	F



# DI GIRLS QUALIFIERS

Region 4 Runner Up						
1	Robyn	Miller	South Anchorage	11	19:24	F
2	Elliana	Zock	South Anchorage	11	19:43	F
3	Maggie	Keffalos	South Anchorage	12	20:42	F
4	Ella	Atteberry	South Anchorage	10	20:53	F
5	Elizabeth	Page	South Anchorage	10	21:15	F
6	Ava	Murphy	South Anchorage	9	21:18	F
7	Cameryn	Kauffman	South Anchorage	10	21:54	F
Region 4 Third Place						
1	Payton	Smith	West Anchorage	12	19:42	F
2	Natalie	Hood	West Anchorage	12	20:31	F
3	Zoe	Rodgers	West Anchorage	9	20:37	F
4	Lily	Pannkuk	West Anchorage	12	20:51	F
5	Berit	Meyers	West Anchorage	10	21:03	F
6	Lauren	Dorris	West Anchorage	11	21:16	F
7	Sophia	Mayers	West Anchorage	12	21:34	F
Region 4 Fourth Place						
1	Meredith	Schwartz	Service	11	20:08	F
2	Madeleine	Reckmeyer	Service	10	20:58	F
3	Brooklyn	Adams Sherban	Service	12	21:46	F
4	Ruthie	Richardson	Service	11	22:00	F
5	Alana	Lim	Service	11	22:13	F
6	Adria	Wuerth	Service	10	22:37	F
7	Nora	Simon	Service	9	24:03	F
Region 4 Other Top Fifteen Qualifiers						
1	Ava	Trembath	Eagle River	10	19:46	F
2	Ina	Kraus	Eagle River	10	20:37	F
REGION 5						
#	First Name	Last Name	School	Grade	Region Time	Gender
Region 5 Champions						
1	Etta	Eller	Juneau Douglas	10	19:18	F
2	Annika	Schwartz	Juneau Douglas	12	19:36	F
3	Rayna	Tuckwood	Juneau Douglas	10	19:50	F
4	McKenna	McNutt	Juneau Douglas	12	20:04	F
5	Ella	Goldstein	Juneau Douglas	12	20:05	F
6	Ida	Meyer	Juneau Douglas	9	20:10	F
7	Trinity	Jackson	Juneau Douglas	12	20:25	F
Region 5 Other Top Twelve Qualifiers						
1	Kiah	Dihle	Thunder Mountain	12	18:51	F
2	Grace	Sikes	Thunder Mountain	12	21:14	F
3	Carol	Frey	Ketchikan	9	21:42	F
4	Abigail	Booten	Thunder Mountain	12	21:43	F
5	Paige	Boehlert	Ketchikan	12	21:54	F

# DI GIRLS QUALIFIERS

REGION 6						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 6 Champions</b>						
1	Gloria	Bailey	West Valley	12	20:00	F
2	Riga	Grubis	West Valley	11	20:34	F
3	Evelyn	Wool	West Valley	9	20:36	F
4	Isabel	Baesman	West Valley	11	21:16	F
5	Olivia	Manley	West Valley	12	21:18	F
6	Zarah	Laker-Morris	West Valley	10	21:32	F
7	Sage	Personett	West Valley	10	21:41	F
<b>Region 6 Runner Up</b>						
1	Abigail	Haas	Lathrop	12	19:40	F
2	Rachel	Hausman	Lathrop	11	22:03	F
3	Carly	Pilon	Lathrop	9	22:37	F
4	Emma	Lyons	Lathrop	9	23:13	F
5	Paige	Hochhalter	Lathrop	10	24:51	F
6	Jaylene	DuBose	Lathrop	9	25:07	F
<b>Region 6 Other Top Ten Qualifiers</b>						
1	Danika	Dawley	North Pole	10	21:27	F
2	Maria	Mattox	North Pole	10	21:28	F





# Athletes As Leaders

[AthletesAsLeaders.org](http://AthletesAsLeaders.org)

Athletes As Leaders (AAL) is a program for high school athletes on girls' sports teams. The program aims to empower youth to take an active role in challenging stereotypes, promoting healthy relationships and creating a safe and welcoming community for all.

AAL is based on research and best practices in the field of sexual assault prevention. Athletes are encouraged to be leaders in changing peer norms and school climate to a culture of safety and respect.



**KATHLEEN NAVARRE**  
**Program Coordinator**  
**Email: [kathleen@asaa.org](mailto:kathleen@asaa.org)**  
**Phone: 907-375-4400**



# DI BOYS QUALIFIERS

REGION 3						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 3 Champions</b>						
1	Tobias	Buchanan	Colony	10	17:36	M
2	Zac	Cheyette	Colony	11	17:40	M
3	Jayden	Rice	Colony	11	18:00	M
4	Caleb	Hilty	Colony	10	18:30	M
5	Coby	Marvin	Colony	9	18:32	M
6	Stephen	Hafen	Colony	9	18:41	M
7	Jace	Makamson	Colony	12	19:04	M
<b>Region 3 Runner Up</b>						
1	Micah	Fields	Kodiak	12	17:24	M
2	Maxwell	Robinson	Kodiak	10	17:49	M
3	Elias	Litzow	Kodiak	10	18:29	M
4	Joseph	Hathaway	Kodiak	9	18:30	M
5	Nicholas	Hecht	Kodiak	10	18:46	M
6	David	Castro	Kodiak	12	18:53	M
7	Bengt	Anderson	Kodiak	10	18:55	M
<b>Region 3 Third Place</b>						
1	Fischer	Adams	Palmer	10	17:24	M
2	Tobin	Miller	Palmer	10	17:47	M
3	Ryan	Owens	Palmer	12	18:31	M
4	Oles	Witczak	Palmer	10	20:11	M
5	Carson	Deans	Palmer	10	20:53	M
6	Jacob "Remi"	Venema	Palmer	11	21:12	M
7			Palmer			M
<b>Region 3 Other Top Fifteen Qualifiers</b>						
1	Landon	Hayes	Wasilla	12	18:05	M
2	Brennan	Lackey	Wasilla	12	18:22	M
<b>REGION 4</b>						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 4 Champions</b>						
1	Isaac	Main	West Anchorage	12	16:55	M
2	Ethan	Eski	West Anchorage	11	17:08	M
3	Quinn	Smith	West Anchorage	12	17:18	M
4	Mikhail	Turchaninov	West Anchorage	12	17:27	M
5	Liam	Chisholm	West Anchorage	11	17:33	M
6	Hatcher	Menkens	West Anchorage	10	17:36	M
7	Oliver	Wright	West Anchorage	10	17:39	M

# DI BOYS QUALIFIERS

Region 4 Runner Up						
1	Aaron	Power	Service	11	16:56	M
2	Justin	Lucas	Service	10	17:04	M
3	Elias	Soule	Service	10	17:13	M
4	Chris	Hines	Service	12	17:49	M
5	Dylan	Autrey	Service	9	17:55	M
6	Jevin	Lim	Service	11	18:05	M
7	Paul	Hlsany	Service	11	18:32	M
Region 4 Third Place						
1	Jared	Gardiner	Dimond	12	16:36	M
2	Nicholas	Prosser	Dimond	12	17:18	M
3	Max	Johnson	Dimond	11	17:19	M
4	AJ	Glover	Dimond	10	18:10	M
5	Jarrett	Jackson	Dimond	9	18:19	M
6	Owen	Saltzman	Dimond	11	18:19	M
7	Brodie	O'Hara	Dimond	11	18:16	M
Region 4 Fourth Place						
1	Owen	Young	South Anchorage	11	17:35	M
2	Kyle	Fischer	South Anchorage	11	17:38	M
3	Nolan	Miller	South Anchorage	11	17:43	M
4	Blaise	Boyer	South Anchorage	10	17:45	M
5	Jason	Hutchison	South Anchorage	11	18:09	M
6	Rowan	Robinson	South Anchorage	10	18:13	M
7	Ryan	Smith	South Anchorage	12	18:13	M
Region 4 Other Top Fifteen Qualifiers						
1	Ethan	Howe	Bettye Davis East	11	17:00	M
2	Henry	Michener	Eagle River	11	17:09	M
REGION 5						
#	First Name	Last Name	School	Grade	Region Time	Gender
Region 5 Champions						
1	Will	Robinson	Juneau Douglas	11	17:31	M
2	Eli	Crupi	Juneau Douglas	11	17:32	M
3	Aubrey	Hekkers	Juneau Douglas	12	17:33	M
4	Samuel	Holst	Juneau Douglas	12	17:43	M
5	Martin	Holst	Juneau Douglas	10	17:57	M
6	Tias	Carney	Juneau Douglas	12	18:04	M
7	Edgar	Vera Alvarado	Juneau Douglas	10	18:05	M
Region 5 Other Top Twelve Qualifiers						
1	Mickey	Lapinski	Ketchikan	12	16:50	M
2	Matthew	Johns	Thunder Mountain	12	17:35	M
3	Kyle	Congdon	Ketchikan	12	17:56	M
4	Casey	Styles	Ketchikan	9	18:23	M
5	Darin	Tingey	Thunder Mountain	12	18:31	M

# DI BOYS QUALIFIERS

REGION 6						
#	First Name	Last Name	School	Grade	Region Time	Gender
<b>Region 6 Champions</b>						
1	Daniel	Abramowicz	West Valley	12	16:22	M
2	Shane	Fisher	West Valley	11	16:36	M
3	Cirdan	Vonnahe	West Valley	10	16:55	M
4	Joshua	Baurick	West Valley	12	17:12	M
5	Ezra	Bailey	West Valley	9	17:51	M
6	Nicholas	Buth	West Valley	11	17:51	M
7	Ezra	West	West Valley	11	18:00	M
<b>Region 6 Runner Up</b>						
1	Benjamin	Pilon	Lathrop	12	16:32	M
2	Asher	James	Lathrop	12	16:54	M
3	Sam	Snavely	Lathrop	9	17:38	M
4	Wells	Wappett	Lathrop	9	18:00	M
5	Luke	Hale	Lathrop	9	18:51	M
6	Aiden	Bonin	Lathrop	10	19:09	M
7	John	Pecic	Lathrop	12	19:14	M





# Coaching Boys INTO MEN

CoachesCorner.org

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**BRIAN HOSKEN**  
**Program Coordinator**  
**Email: [brian@asaa.org](mailto:brian@asaa.org)**  
**Phone: 907-375-4402**



# DI TEAM COACHES



## **BETTYE DAVIS EAST ANCHORAGE THUNDERBIRDS**

**Head Coach** Gary Snyder  
**Assistant Coach** Christina Shurtleff  
**Activities Principal** Josh Green



## **LATHROP MALEMUTES**

**Head Coach** Christopher Benshoof  
**Assistant Coach** Marion Stone  
**Athletic Director** Steve Zanazzo



## **CHUGIAK MUSTANGS**

**Head Coach** Brian Kruchoski  
**Assistant Coaches** Charity Manwearing  
 Susy Bick  
**Activities Principal** Travis Morgan



## **NORTH POLE PATRIOTS**

**Head Coach** Graham Storey  
**Assistant Coach** Bonnie Johnson  
**Athletic Director** Robyn Myrum



## **COLONY KNIGHTS**

**Head Coach** Rhonda Knopp  
**Assistant Coach** Tim LeCount  
**Activities Principal** Kristy Johnston



## **PALMER MOOSE**

**Head Coach** Chris Eversman  
**Assistant Coach** Stacie Stigar  
**Athletic Director** Dale Ewart



## **DIMOND LYNX**

**Head Coach** Nate Normandin  
**Assistant Coaches** Scott Campbell  
 Sarah Freistone  
**Activities Principal** Chris Kleckner



## **SERVICE COUGARS**

**Head Coach** Luke Kiskaddon  
**Activities Principal** Jim Bell



## **EAGLE RIVER WOLVES**

**Head Coach** Jacob Bera  
**Assistant Coaches** Chris Morhain  
 Sarah Hurkett Andrew Baalerud  
**Activities Principal** Vikki McConnell



## **SOLDOTNA STARS**

**Head Coach** Krista Arthur  
**Assistant Coaches** Daisy Jeffords  
 Aaron Swedberg  
**Athletic Director** Kyle McFall



## **JUNEAU-DOUGLAS CRIMSON BEARS**

**Co-Head Coach** Tristan Knutson-Lombardo  
**Co-Head Coach** Merry Ellefson  
**Assistant Coach** Jesse Stringer  
**Athletic Director** Chad Bentz



## **SOUTH ANCHORAGE WOLVERINES**

**Head Coach** Sara Miller  
**Assistant Coach** Jerome Ross  
**Activities Principal** Chris Ruggles



## **KETCHIKAN KINGS**

**Head Coach** Katie Sivertsen  
**Assistant Coach** Lucy Ortiz  
**Activities Principal** Beth Sandefur



## **THUNDER MOUNTAIN FALCONS**

**Head Coach** Topaz Shryock  
**Assistant Coaches** Kent Mearig  
 Kristen Wells  
**Athletic Director** Luke Adams



## **KODIAK BEARS**

**Girls Head Coach** Jennifer Foster  
**Boys Head Coach** Ashley Mortenson  
**Assistant Coaches** Rob Stauffer  
 Chad Pysher  
**Athletic Director** Debbie Rohrer



## **WASILLA WARRIORS**

**Head Coach** Leslie Varys  
**Assistant Coach** Alice Johnston  
**Athletic Director** Stacia Rustad

# DI TEAM COACHES



## **WEST ANCHORAGE EALGES**

**Head Coach** Joey Caterinichio  
**Assistant Coaches** John Kaufman  
Eliza Rorobough Cinnamon Monterossa  
**Activities Principal** Ja Dorris



## **WEST VALLEY WOLFPACK**

**Head Coach** Hannibal Grubis  
**Assistant Coaches** Dan Callahan  
Susan Faulkner Patricia Berkeland  
Greg Whisenhant  
**Athletic Director** Wayne Sawchuk







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# DI TEAM PHOTOS



**BETTYE DAVIS EAST ANCHORAGE THUNDERBIRDS**



**JUNEAU-DOUGLAS CRIMSON BEARS**



**CHUGIAK MUSTANGS**



**KETCHIKAN KINGS**



**COLONY KNIGHTS**



**KODIAK BEARS**



**EAGLE RIVER WOLVES**



**LATHROP MALEMUTES**



# DI TEAM PHOTOS



**NORTH POLE PATRIOTS**



**WASILLA WARRIORS**



**SERVICE COUGARS**



**WEST ANCHORAGE EAGLES**



**SOLDOTNA STARS**



**WEST VALLEY WOLFPACK**



**THUNDER MOUNTAIN FALCONS**





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Fill out the ASAA State Tournament  
Evaluation Form on our website

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# CROSS COUNTRY TOP OVERALL PERFORMERS

## CROSS COUNTRY TOP OVERALL PERFORMERS

Points are determined after the state tournament of their senior year

Points: 1st - 15, 2nd - 9, 3rd - 8, 4th - 7, 5th - 6, 6th - 5, 7th - 4, 8th - 3, 9th - 2, 10th - 1

Updated 10/28/21

### 1A/2A GIRLS (Division III)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	15	Avery Williamson	Haines	1st (2019)
2	14	Liana Carney	Wrangell	3rd (2021) 5th (2019)
3	10	Maia Cowan	Petersburg	4th (2019) 8th (2017)
4	4	Hailey Williams	Delta	7th (2016)
5	3	Kendra Coonrad	Petersburg	10th (2017, 18, 19)

### 1A/2A/3A GIRLS (Division II)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	60	Emily Ransom	Seward	1st (1990, 91, 92, 93)
1	60	Briahna Gerlach	Glennallen	1st (2013, 2014, 2015, 2016)
3	54	Kailey Wilson	Kenny Lake	1st (2008, 09, 10) 2nd (2011)
4	44	Autumn Daigle	Homer	1st (2017, 19) 2nd (2018) 6th (2016)
5	42	Annie Berdahl	Nikiski	1st (1994, 95) 4th (1993) 6th (1996)
5	42	Rubye Foldager	Seward	1st (2004,06) 3rd (2007) 7th (2005)
7	38	Denali Foldager	Seward	1st (2005) 2nd (2004) 3rd (2006) 5th (2007)
8	37	Jayna Boonstra	Kenai	1st (2020, 21) 4th (2019)
9	36	Ashley Thomas	Grace	2nd (1998, 99, 00, 01)
9	36	Nychelle Fischetti	ACS	1st (2007) 2nd (2005, 06) 8th (2004)
11	34	Megan Pitzman	Homer	2nd (2014, 2016) 3rd (2013, 2015)
12	32	Jenny Rogers	Valdez	1st (1996) 2nd (1995) 3rd (1997)
12	32	Taylee Nyquest	Thorne Bay	1st (2012) 2nd (2013) 3rd (2014)
14	31	Elle Arnold	Grace	1st (2011) 2nd (2010) 4th (2012)
15	30	Kristina McInnes	Seldovia	1st (1987, 88)
15	30	Danielle Pratt	SuValley/Grace	1st (2001) 3rd (2000) 7th (1999) 8th (1998)
15	30	Ruby Lindquist	Seward	2nd (2017) 3rd (2016) 4th (2015) 5th (2014)
18	26	Aubrey Smith	Seward	2nd (1996, 97) 3rd (1995)
18	26	Tazlina Mannix	Su Valley	2nd (2002, 03) 3rd (2001)
18	26	Rosa Schmidt	Nome	2nd (2012) 3rd (2011) 5th (2013) 8th (2010)

# CROSS COUNTRY TOP OVERALL PERFORMERS

## 4A GIRLS (Division I)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	60	Kristy Klinnert	Kodiak	1st (1983, 84, 85, 86)
2	54	Kikkan Randall	East	1st (1998, 99, 2000) 2nd (1997)
2	54	Kendall Kramer	West Valley	1st (2017, 18, 19) 2nd (2016)
4	48	Darcy Dugan	Dimond	1st (1996, 97) 2nd (1998, 99)
5	45	Betsy Haines	East	1st (1975, 76, 77)
5	45	Leah Francis	Juneau-Douglas	1st (2006, 07, 08)
5	45	Alle Ostrander	Kenai	1st (2012, 13, 14)
5	45	Kris Smith	West	1st (2001, 02) 3rd (2000) 4th (1999)
9	41	Sadie Tuckwood	Juneau-Douglas	1st (2016) 2nd (2018, 19) 3rd (2017)
10	40	Dede Hatthorne	Dimond	1st (1978, 80) 4th (1979), 8th (1977)
11	39	Mara Rabinowitz	West Valley	1st (1981, 82) 2nd (1983)
11	39	Crystal Pitney	West Valley	1st (2005) 2nd (2004, 07) 5th (2006)
13	32	Shoshana Keegan	West	2nd (2005, 06) 4th (2004, 07)
13	32	Ava Earl	South	2nd (2017, 20) 4th (2018, 19)
15	31	Ari Goldstein	Soldotna	1st (2003,04) 10th (2002)
15	31	Jaycie Calvert	Kenai	1st (2018) 4th (2016) 5th (2015) 8th (2017)
17	30	Gretchen Klein	Ketchikan	1st (1990, 91)
18	26	Kaarin Knudson	Dimond	1st (1992) 5th (1990) 6th (1991)
18	26	Dominque Colberg	Colony	2nd (2002) 3rd (2001) 6th (2000) 7th (1999)
20	24	Ann Locke	West	1st (1979) 2nd (1980)
20	24	Kate Galbraith	Service	1st (1994) 2nd (1995)
20	24	Ivy O'Guinn	Skyview	2nd (2009) 4th (2008) 6th (2006) 8th (2007)

## 1A/2A BOYS (Division III)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	22	Kael Gerlach	Glennallen	1st (2020) 4th(2019)
2	21	Isaac Titus	Scammon Bay	2nd (2019) 3rd (2020) 7th (2021)
3	16	Uriah Lucas	Petersburg	1st (2021) 10th (2019)
4	10	Justin Trail	Nikolaevsk	3rd (2021) 9th (2019)
5	6	Michael Durkin	Petersburg	5th (2021)
6	5	Demetry Hiseth	Dillingham	7th (2019) 10th (2021)



# CROSS COUNTRY TOP OVERALL PERFORMERS

## 1A/2A/3A BOYS (Division II)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	53	Tristian Merchant	ACS	1st (2018, 19, 20) 3rd (2017)
2	44	Kaleb Korta	Galena	1st (2014, 15) 3rd (2013) 5th (2012)
3	38	Carl Blackhurst	Haines	1st (1993, 95) 3rd (1994)
3	38	Mario Bird	Nikiski	1st (1998, 99) 3rd (1997)
3	38	Jacob Moos	Galena	1st (2016,17) 3rd (2015)
6	32	Jason Eastman	Seward	1st (1996) 3rd (1995) 5th (1993) 8th (1994)
7	31	David Tamura	Valdez	1st (2003) 2nd (2002) 4th (2001)
7	31	Jacob Kirk	Grace	1st (2008, 09) 10th (2007)
7	31	Miles Knotek	Seward	1st (2011) 2nd (2012) 4th (2010)
10	30	Raleigh Cook	Petersburg	1st (1986, 87)
10	30	Michael Miller	ACS	1st (2006, 07)
12	29	Joe Davis	Cook Inlet Acad	1st (1989) 3rd (1988) 5th (1987)
13	28	Daniel Seventi	Grace	1st (2013) 3rd (2012) 6th (2011)
14	27	John Klein	Grace	1st (2010) 4th (2011) 6th (2009)
15	26	Matt Adams	Seward	1st (2004) 3rd (2003) 8th (2002)
15	26	Hunter Kratz	Seward	2nd (2015, 2016) 3rd (2014)
17	25	Chandler Kemp	Haines	2nd (2006) 3rd (2005, 07)
18	24	Leif Karlberg	Grace	3rd (2006) 4th (2007, 08) 9th (2005)
19	23	Brian Stringfellow	Nenana	1st (1992) 3rd (1993)
20	22	Brian Beeson	Cook Inlet Acad	3rd (2004) 4th (2002, 03)

## 4A BOYS (Division I)

PLACE	POINTS	NAME	SCHOOL	FINISHES
1	50	Levi Thomet	Kodiak	1st (2012, 13, 14) 6th (2011)
2	49	Trevor Dunbar	Kodiak	1st (2006, 07, 08) 7th (2005)
3	46	Chris Gilbert	Wasilla	1st (1986, 87,88) 10th (1985)
4	44	Norm Rousey	Palmer	1st (1989, 91) 2nd (1990) 6th (1988)
5	42	Gordon Birdsall	Wasilla	1st (1984, 85) 3rd (1983) 7th (1982)
6	39	Mike Gomez	West	1st (1992, 93) 2nd (1991)
6	39	Jesse Cherry	Chugiak	1st (2003, 04) 2nd (2002)
8	33	Jake Bartholomy	Bartlett	1st (1990) 2nd (1988, 89)
8	33	Santiago Prosser	Dimond	1st (2019) 2nd (2017, 18)
10	32	Alexander Maurer	Service	1st (2020) 2nd (2019) 3rd (2018)
10	32	Ty Jordan	Chugiak	1st (2015) 2nd (2013) 3rd (2014)
12	31	Doug Herron	Bartlett	1st (1983) 2nd (1982) 4th (1984)
13	30	Don Clary	East	1st (1973,74)
14	29	Eric Callison	Palmer	1st (1997) 4th (1995, 96)
15	28	Aaron Fletcher	South	2nd (2006, 07, 08) 10th (2005)
16	27	Eric Strabel	Colony	1st (1999) 2nd (1998) 8th (1997)
17	26	Mark Williams	Dimond	2nd (1981, 83) 3rd (1982)
18	25	Laird Prosser	Dimond	1st (1994) 3rd (1993) 9th (1992)
18	25	Aaron Dickson	Palmer	1st (2002) 3rd (2000) 9th (2001)
20	24	Gus Schumacher	Service	1st (2016) 2nd (2015)
20	24	Daniel Abranowicz	West Valley	1st (2021) 3rd (2020) 10th (2019)

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# 2021 DIVISION III RESULTS

## DIVISION III GIRLS

### TEAM RESULTS

Champion	Haines	34
Runner-up	Glennallen	54
3 <sup>rd</sup>	Sockeye	58
4 <sup>th</sup>	Petersburg	75

### AWARDS

Academic Award: Haines (3.91)  
Sponsored by Princess Cruises

### INDIVIDUAL RESULTS

1 <sup>st</sup>	Ariel Goinez-Long	Haines	20:31
2 <sup>nd</sup>	Teagan Rude	Glennallen	21:26
3 <sup>rd</sup>	Liana Carney	Wrangell	21:40
4 <sup>th</sup>	Kenai Holien	Klawock	22:19
5 <sup>th</sup>	Grace Long	Haines	22:26
6 <sup>th</sup>	Brynna Gerlach	Glennallen	22:36
7 <sup>th</sup>	Shayauna Bukowski	Nenana	22:46
8 <sup>th</sup>	Kinley Lister	Petersburg	22:54
9 <sup>th</sup>	Mackenzie Dryden	Haines	23:13
10 <sup>th</sup>	Alianna Voran	Sockeye	23:16

## DIVISION III BOYS

### TEAM RESULTS

Champion	Haines	38
Runner-up	Petersburg	44
3 <sup>rd</sup>	Craig	89
4 <sup>th</sup>	Dillingham	105
5 <sup>th</sup>	Unalaska	110
6 <sup>th</sup>	Sockeye	130
7 <sup>th</sup>	Fort Yukon	193

### AWARDS

Academic Award: Dillingham (4.0)  
Sponsored by Princess Cruises

### INDIVIDUAL RESULTS

1 <sup>st</sup>	Uriah Lucas	Petersburg	17:38
2 <sup>nd</sup>	Leo Wald	Haines	17:47
3 <sup>rd</sup>	Justin Trail	Nikolaevsk	18:01
4 <sup>th</sup>	Daniel Wardell	Sockeye	18:14
5 <sup>th</sup>	Michael Durkin	Petersburg	18:15
6 <sup>th</sup>	Luke Davis	Haines	18:19
7 <sup>th</sup>	Isaac Titus	Scammon Bay	18:23
8 <sup>th</sup>	Kaleb Jones	Haines	18:28
9 <sup>th</sup>	Rogan Hanson	Craig	18:37
10 <sup>th</sup>	Demetry Hoseth	Dillingham	18:38



For DI/DII/DIII Results Prior to 2021 please visit [ASAA.org](http://ASAA.org) or use the link below:  
**Cross Country Running State Championship Records**

# 2021 DIVISION II RESULTS

## ***DIVISION II GIRLS***

### **TEAM RESULTS**

Champion	Grace Christian	29
Runner-up	Kenai Central	58
3 <sup>rd</sup>	Homer	66
4 <sup>th</sup>	Anchorage Christian	105
5 <sup>th</sup>	Monroe	113
6 <sup>th</sup>	Bethel	150

### **AWARDS**

Academic Award: ACS (4.0)

*Sponsored by Princess Cruises*

### **INDIVIDUAL RESULTS**

1 <sup>st</sup>	Jayna Boonstra	Kenai	19:47
2 <sup>nd</sup>	Anna Prussian	Sitka	20:10
3 <sup>rd</sup>	Megan Nelson	Grace	20:24
4 <sup>th</sup>	Kai Waythomas	Grace	21:04
5 <sup>th</sup>	Hailey Ingalls	Seward	21:24
6 <sup>th</sup>	Mya Campbell	Redington	21:31
7 <sup>th</sup>	Erin Field	Homer	21:31
8 <sup>th</sup>	Debbie Brower	ACS	21:36
9 <sup>th</sup>	Sophia Coverdell	Grace	21:38
10 <sup>th</sup>	Georgia Thatcher	Grace	21:38

## ***DIVISION II BOYS***

### **TEAM RESULTS**

Champion	Grace Christian	20
Runner-up	Sitka	74
3 <sup>rd</sup>	Kenai	83
4 <sup>th</sup>	Anchorage Christian	95
5 <sup>th</sup>	Homer	96
6 <sup>th</sup>	Nome	181
7 <sup>th</sup>	Galena	197
8 <sup>th</sup>	Hutchison	219

### **AWARDS**

Academic Award: Grace (4.0)

*Sponsored by Princess Cruises*

### **INDIVIDUAL RESULTS**

1 <sup>st</sup>	David Sliwinski	Grace	16:44
2 <sup>nd</sup>	Seth Lochmann	Grace	16:48
3 <sup>rd</sup>	Josh Brower	ACS	16:49
4 <sup>th</sup>	Aiden Zingone	Grace	16:57
5 <sup>th</sup>	Ben Thatcher	Grace	17:02
6 <sup>th</sup>	Gregory Fallon	Kenai	17:07
7 <sup>th</sup>	Silas Demmert	Sitka	17:10
8 <sup>th</sup>	Ty Elliott	Grace	17:10
9 <sup>th</sup>	Seamus McDonough	Homer	17:14
10 <sup>th</sup>	Annan Weiland	Sitka	17:17



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# 2021 DIVISION I RESULTS

## ***DIVISION I GIRLS***

### **TEAM RESULTS**

Champion	Chugiak	42
Runner-up	South Anchorage	68
3 <sup>rd</sup>	Juneau-Douglas	90
4 <sup>th</sup>	West Anchorage	106
5 <sup>th</sup>	West Valley	136
6 <sup>th</sup>	Colony	145
7 <sup>th</sup>	Service	172
8 <sup>th</sup>	Lathrop	211
9 <sup>th</sup>	Soldotna	234
10 <sup>th</sup>	Kodiak	244

### **AWARDS**

Academic Award: West (3.98)  
*Sponsored by Princess Cruises*

### **INDIVIDUAL RESULTS**

1 <sup>st</sup>	Robyn Miller	South	19:10
2 <sup>nd</sup>	Campbell Peterson	Chugiak	19:27
3 <sup>rd</sup>	Kiah Dihle	Thunder Mt	19:40
4 <sup>th</sup>	Elliana Zock	South	19:43
5 <sup>th</sup>	Katey Houser	Palmer	19:49
6 <sup>th</sup>	Ella Hopkins	Colony	19:51
7 <sup>th</sup>	Payton Smith	West	19:55
8 <sup>th</sup>	Ava Trembach	Eagle River	19:57
9 <sup>th</sup>	Meredith Schwartz	Service	20:03
10 <sup>th</sup>	Skyler Belmear	Chugiak	20:06
11 <sup>th</sup>	Etta Eller	Juneau	20:06
12 <sup>th</sup>	Abigail Haas	Lathrop	20:07
13 <sup>th</sup>	Kiley Dennis	Chugiak	20:19
14 <sup>th</sup>	Emily Moore	Chugiak	20:19
15 <sup>th</sup>	Addison Capozzi	Chugiak	20:20

## ***DIVISION I BOYS***

### **TEAM RESULTS**

Champion	West Valley	72
Runner-up	West Anchorage	81
3 <sup>rd</sup>	Service	89
4 <sup>th</sup>	Dimond	101
5 <sup>th</sup>	Kodiak	145
6 <sup>th</sup>	South Anchorage	156
7 <sup>th</sup>	Colony	175
8 <sup>th</sup>	Palmer	186
9 <sup>th</sup>	Juneau-Douglas	194
10 <sup>th</sup>	Lathrop	220

### **AWARDS**

Academic Award: West Valley (3.97)  
*Sponsored by Princess Cruises*

### **INDIVIDUAL RESULTS**

1 <sup>st</sup>	Daniel Abramowicz	West Valley	16:12
2 <sup>nd</sup>	Jared Gardiner	Dimond	16:29
3 <sup>rd</sup>	Fischer Adams	Palmer	16:37
4 <sup>th</sup>	Micah Fields	Kodiak	16:37
5 <sup>th</sup>	Shane Fisher	West Valley	16:50
6 <sup>th</sup>	Isaac Main	West	16:53
7 <sup>th</sup>	Aaron Power	Service	16:54
8 <sup>th</sup>	Tobias Buchanan	Colony	16:58
9 <sup>th</sup>	Elias Soule	Service	16:58
10 <sup>th</sup>	Brennan Lackey	Wasilla	16:59
11 <sup>th</sup>	Justin Lucas	Service	17:01
12 <sup>th</sup>	Ben Pilon	Lathrop	17:04
13 <sup>th</sup>	Ethan Eski	West	17:08
14 <sup>th</sup>	Joshua Baurick	West Valley	17:08
15 <sup>th</sup>	Nicholas Prosser	Dimond	17:09

For DI/DII/DIII Results Prior to 2021 please visit [ASAA.org](http://ASAA.org) or use the link below:

**[Cross Country Running State Championship Records](#)**



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# Play for Keeps

ALASKA SCHOOL ACTIVITIES ASSOCIATION

**Play for Keeps is a statewide Tobacco, Alcohol and Controlled Substance program focused on students participating in high school interscholastic activities.**

**The program is designed to reinforce good decisions and a healthy lifestyle for young people.**

# **WIN FOR LIFE!**

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