2017 ASAA/First National Bank Alaska Cross Country Running State Championships

Tournament Schedule
2017 Qualifiers
Team Photos
2017 Championship Results
A Record of Success

For nearly a century, ONE Alaska bank has believed in Alaska’s youth. We’re proud to support students in communities throughout the state who value teamwork and the determination to reach new heights.

Congratulations to all 2017 ASAA/First National Cross Country Running State Championship participants.

Together, we’ll build Alaska’s bright future.

We Believe in Alaska
On behalf of the Alaska School Activities Association (ASAA) Board of Directors and ASAA’s corporate partners, welcome to the 2017 ASAA/First National Bank Alaska Cross Country Running State Championships! To the student-athletes, we applaud your dedication to doing your best for yourself and for your school. To the coaches, counselors and parents, thank you for continuing to support interscholastic sports and activities. And to the spectators, we appreciate your being part of this statewide championship event.

Billy Strickland, Executive Director
WE’RE TEAMING UP!

Giving all Alaska students the opportunity to join in activities and reach their goals.

Thanks to our loyal customers and committed employees, ACC has grown to 35 retail stores throughout the state. Together with our meat processing plant, North Star Quality Meats, and our wholesale division, Pacific Alaska Wholesale, we strive to meet the food and merchandise needs of the communities we serve.

Sponsoring ASAA provides ACC with great opportunity to extend that same dedication to the youth of our villages.

Alaska Commercial Company, serving rural Alaska since 1867
2017 ASAA / First National Bank Alaska CROSS COUNTRY RUNNING STATE CHAMPIONSHIPS
Saturday September 30, 2017 Bartlett High School Trails

RACE SCHEDULE
12:00pm Division II Boys
12:45pm Division I Boys
1:30pm Division II Girls
2:15pm Division I Girls
3:00pm Awards at Football Field/Gym

NO DOGS Allowed at Bartlett High School Trails!
Take the pledge.
Distracted driving is never OK.

No is worth a life

You’re never alone on the road, even when you’re alone in your car. We may be heading to different destinations, but we are all on this road together.

7-in-10 people engage in smartphone activities while driving¹

Take the pledge to never drive distracted and join the movement to help save lives.

ItCanWait.com | Follow us @ItCanWait

¹Research commissioned by AT&T and conducted by Braun Research. Polled 2,067 people in the U.S. aged 16-65 who use their smartphone and drive at least once a day.

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**Course Map & Scoring**

**State Preview 5K Bartlett**

![Course Map](image)

**Scoring & Awards for High School Cross-Country Running**

**Individual Scoring & Awards**
Racers are awarded medals based on their order of finish in the race—in the state meet, the top ten in each event will receive an award. In today’s events, there will be individual medals awarded to the top 15 finishers, as well as to the seven racers of the top two teams in each category.

**Team Scoring & Awards**
Team awards are determined by adding up the finish place of the top five runners on a team. For example, if a team has runners finishing in positions 1, 3, 7, 10, 15, 21 and 28 (only 7 racers from each team may participate in a varsity race), then the team score would be $1 + 3 + 7 + 10 + 15 = 36$. In the case of a tie score with a five-person total, the team with the lowest 6th place finisher is declared the winner.

The lower a team’s score, the better. A “perfect” score would be 15 where all five runners from one team came across in the first five places.

Today’s event will have team awards for the top two varsity teams in each race.

**Other Awards**
ASAA recognizes a Good Sport Team, chosen from among participating schools with at least four runners. This award recognizes the good citizenship and sportsmanship demonstrated throughout the whole season. Good Sport Team members are selected by each qualifying team’s head coach.

An Academic Award is presented to the team with the highest GPA.
Strengthening Alaska Through Our Values

Proud sponsor of the Alaska School Activities Association
People Behind the Scenes

ASAA extends its appreciation to the following people for contributing their time and energy in making this year’s State Cross-country Running Meet a success.

Meet Director: John Schmitz

Head Referee: Larry Whitmore

Bartlett Activities Principal: Ron Brown

Bartlett Principal: Sean Prince

Timing: Skinny Raven

Plus the countless number of volunteers that make this state championship possible.

Thanks for all you do.

ASAA/First National Bank Alaska Cross Country Running State Championships
hundreds of Alaskans coming together from across the Last Frontier in perfect rhythm and harmony.

Proud supporter of ASAA and the next generation of Alaskan leaders.

eye-cue.com 907.248.7663

Watch for the Gold and you may win the Green!

Benton Bay Athletic Lions, dressed in gold, will be circulating among you during the game, selling tickets for the 50/50 Raffle. Buy a chance and you could win one-half (50%) of the total proceeds from ticket sales at each contest. You will also become part of a major source of revenue support for Alaska School Activities Association activities - 25% of the proceeds goes directly to ASAA.

The 50/50 Raffle is simple and easy to play. One raffle ticket costs just $1 and $5 buys six tickets. Or purchase 13 chances to win for just $10! The winning ticket will be announced during the final minutes of the game. Join thousands of fans who support ASAA athletics. Play the Benton Bay Athletic Lions 50/50 Raffle each game.

You could take home the Green!

When Alaska's Best Need To Be Seen and Heard, They Go To...

Award Winning Corporate Stories and Documentaries
World Renowned Safety and Training Programs
Radio and Television
Audition / Demo's / Full-Length CD Projects
CD's, DVD's, HD, 5.1 Dolby Surround

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Alaska's Premier Studio
Proud Supporter of Alaska School Activities Association
### REGION 1 - Aleutians East
#### Region 1 Aleutians East Qualifiers (Top Three)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elain Mack</td>
<td>King Cove</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Sadie Newton</td>
<td>King Cove</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Lindsey Dushkin</td>
<td>Sand Point</td>
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### REGION 1 - Bering Straits
#### Region 1 Bering Straits Qualifiers (Top Three)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
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<tbody>
<tr>
<td>Patricia Washington</td>
<td>Anthony A. Andrew</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Felicia Lone</td>
<td>White Mountain</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anjali Aploinga</td>
<td>White Mountain</td>
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### REGION 1 - Greater Kuskokwin
#### Region 1 Greater Kuskokwin Qualifiers (Top Three)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Aria Chingiak</td>
<td>Akiachak</td>
<td>10</td>
<td>21.15</td>
</tr>
<tr>
<td>Danielle Pasitalmak</td>
<td>Akiachak</td>
<td>10</td>
<td>21.46</td>
</tr>
<tr>
<td>Schenia Wassillie</td>
<td>Akiachak</td>
<td></td>
<td>24.31</td>
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### REGION 1 - Greater Yukon Delta
#### Region 1 Greater Yukon Delta Qualifiers (From Top Ten)

<table>
<thead>
<tr>
<th>Competitor</th>
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<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Adam Kaganak</td>
<td>Scammon Bay</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Leah Amukon</td>
<td>Scammon Bay</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Ritu Unin</td>
<td>Scammon Bay</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Mary Long</td>
<td>Hooper Bay</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Marissa Tunutmook</td>
<td>Scammon Bay</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Charity Boyscout</td>
<td>Chevak</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Anna Lupie</td>
<td>Chevak</td>
<td>10</td>
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<tr>
<td>Susan Prince</td>
<td>St. Mary's</td>
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<tr>
<td>Eileen Kasayuli</td>
<td>Scammon Bay</td>
<td>10</td>
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<tr>
<td>Casey Stern</td>
<td>Sheldon Point</td>
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### REGION 1 - Lower Kuskokwin
#### Region 1 Lower Kuskokwin Qualifiers (From Top Five)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>Reann Lincoln</td>
<td>Paul T. Albert</td>
<td>11</td>
<td>23.00</td>
</tr>
<tr>
<td>Amanda Kanrilak</td>
<td>Paul T. Albert</td>
<td>10</td>
<td>23.26</td>
</tr>
<tr>
<td>Neiliann Smith</td>
<td>Lewis Angapak</td>
<td>11</td>
<td>23.45</td>
</tr>
<tr>
<td>Kaeli Amik</td>
<td>Kwigillingok</td>
<td>9</td>
<td>23.48</td>
</tr>
<tr>
<td>Saralee Egoak</td>
<td>Joann Alexie</td>
<td>9</td>
<td>24.52</td>
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### REGION 1 - North Slope
#### Region 1 North Slope Qualifiers (Top Seven)

<table>
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<th>Competitor</th>
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<th>Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>Alexia Bankston</td>
<td>Barrow</td>
<td>10</td>
<td>24.22</td>
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<tr>
<td>Sara Wolgemuth</td>
<td>Barrow</td>
<td>11</td>
<td>24.37</td>
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<tr>
<td>Claire Fry</td>
<td>Nunamiut</td>
<td>9</td>
<td>25.22</td>
</tr>
<tr>
<td>Rachel Solomon</td>
<td>Barrow</td>
<td>10</td>
<td>25.27</td>
</tr>
<tr>
<td>Abi Fry</td>
<td>Nunamiut</td>
<td>11</td>
<td>26.15</td>
</tr>
<tr>
<td>Lewanne Brower</td>
<td>Barrow</td>
<td>9</td>
<td>26.39</td>
</tr>
<tr>
<td>Kaley Nelson</td>
<td>Barrow</td>
<td>11</td>
<td>26.49</td>
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### REGION 1 - Northwest Arctic
#### Region 1 Northwest Arctic Qualifiers (Top Four)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
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<tbody>
<tr>
<td>Carolyn Hailstone</td>
<td>Aqqulek</td>
<td>11</td>
<td>22.23</td>
</tr>
<tr>
<td>Mia Wolf</td>
<td>Napaaqtugmiut</td>
<td></td>
<td>23.43</td>
</tr>
<tr>
<td>Laura Ramath</td>
<td>Davis-Ramath</td>
<td>9</td>
<td>26.22</td>
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### REGION 1 - Sockeye
#### Region 1 Sockeye Qualifiers (Top Three)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Malea Yoran</td>
<td>Tanalian</td>
<td>9</td>
<td>19.45</td>
</tr>
<tr>
<td>Faith Clark</td>
<td>Newhalen</td>
<td>10</td>
<td>21.08</td>
</tr>
<tr>
<td>Katelyn Johnson</td>
<td>Tanalian</td>
<td>10</td>
<td>23.16</td>
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### REGION 1 - Southwest
#### Region 1 Southwest Qualifiers (Top Five)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Alessandra Bavilla</td>
<td>Dillingham</td>
<td></td>
<td>26.43</td>
</tr>
<tr>
<td>Barbara Acvak</td>
<td>Chief Ivan Blunka</td>
<td></td>
<td>29.45</td>
</tr>
<tr>
<td>Jean Krause</td>
<td>Dillingham</td>
<td></td>
<td>29.52</td>
</tr>
<tr>
<td>Keesha Paul</td>
<td>Manokotak</td>
<td></td>
<td>30.49</td>
</tr>
<tr>
<td>Xiara Kapatok</td>
<td>Chief Ivan Blunka</td>
<td></td>
<td>31.09</td>
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</table>

### REGION 1 - Unalaska
#### Region 1 Unalaska Team (Top Six)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Bridget Nalam</td>
<td>Unalaska</td>
<td>12</td>
<td>23.03</td>
</tr>
<tr>
<td>Hailey Wilson</td>
<td>Unalaska</td>
<td>10</td>
<td>23.18</td>
</tr>
<tr>
<td>Abigail Go</td>
<td>Unalaska</td>
<td>9</td>
<td>24.22</td>
</tr>
<tr>
<td>Kathryn Difunctorum</td>
<td>Unalaska</td>
<td>11</td>
<td>24.41</td>
</tr>
<tr>
<td>Julieanne Berikoff</td>
<td>Unalaska</td>
<td>10</td>
<td>25.37</td>
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</table>

### REGION 1 - Western
#### Region 1 Western Champions - Nome-Beltz

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Ava Earthman</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Starr Erickson</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mary Fiskeaux</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mallory Conger</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Daymon Medin</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Akiyn Bahnike</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kaitlyn Tocktoo</td>
<td>Nome-Beltz</td>
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#### Region 1 Western Qualifiers (Next 8 Finishers not on Top Team)

<table>
<thead>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Lindsey Beans-Polk</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dorothy Bukowski</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Caitlin Conwell</td>
<td>Kotzebue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Calia Sieh</td>
<td>Kotzebue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kayla Booth</td>
<td>Kotzebue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Allanna Conwell</td>
<td>Kotzebue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dellaar Charlie</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sydney Gray</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
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</table>
Proud of our Alaska workforce.

24,200+ Total jobs supported

79% Alaska hire

$26 million+ Community giving in the last 5 years

$2.25 billion+ Taxes and royalties paid (2014)

Sean Glasheen
Production Engineer
BP Alaska

Find out more about BP Alaska at alaska.bp.com
### Region 2

**Region 2 Champions - Nikolaevsk**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Elizabeth Fedorov</td>
<td>Nikolaevsk</td>
<td>10</td>
<td>22.48</td>
</tr>
<tr>
<td>Justin Fedorov</td>
<td>Nikolaevsk</td>
<td>10</td>
<td>23.15</td>
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<tr>
<td>Isabelle Hickman</td>
<td>Nikolaevsk</td>
<td>10</td>
<td>24.05</td>
</tr>
<tr>
<td>Kristin Knaich</td>
<td>Nikolaevsk</td>
<td>12</td>
<td>24.36</td>
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<tr>
<td>Sophia Knaich</td>
<td>Nikolaevsk</td>
<td>10</td>
<td>27.41</td>
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**Region 2 Runner Up - Cordova**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Anika Witsoe</td>
<td>Cordova</td>
<td>10</td>
<td>22.41</td>
</tr>
<tr>
<td>Ria Smyke</td>
<td>Cordova</td>
<td>10</td>
<td>23.20</td>
</tr>
<tr>
<td>Amanda Titan</td>
<td>Cordova</td>
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<td>26.57</td>
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<tr>
<td>Zya Taylor</td>
<td>Cordova</td>
<td>9</td>
<td>29.31</td>
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<tr>
<td>Olivia Carroll</td>
<td>Cordova</td>
<td>9</td>
<td>33.52</td>
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**Region 2 Other Top Ten Qualifiers**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
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<tbody>
<tr>
<td>Gloria Jacobson</td>
<td>Glennallen</td>
<td>12</td>
<td>22.14</td>
</tr>
<tr>
<td>Adrianna Charlie</td>
<td>Minto</td>
<td>9</td>
<td>23.30</td>
</tr>
<tr>
<td>Sophia Dupras</td>
<td>Lumen Christi</td>
<td>10</td>
<td>23.56</td>
</tr>
<tr>
<td>Areli Stringfellow</td>
<td>Nenana</td>
<td>11</td>
<td>24.00</td>
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### Region 3

**Region 3 Champions - Homer**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Autumn Daigle</td>
<td>Homer</td>
<td>10</td>
<td>21.16</td>
</tr>
<tr>
<td>Alex Moseley</td>
<td>Homer</td>
<td>12</td>
<td>21.24</td>
</tr>
<tr>
<td>Brooke Miller</td>
<td>Homer</td>
<td>9</td>
<td>21.41</td>
</tr>
<tr>
<td>Sienna Carey</td>
<td>Homer</td>
<td>11</td>
<td>22.55</td>
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<tr>
<td>Shine Carey</td>
<td>Homer</td>
<td>9</td>
<td>23.57</td>
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<tr>
<td>Katie Davis</td>
<td>Homer</td>
<td>11</td>
<td>25.12</td>
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<tr>
<td>Harmony Davidson</td>
<td>Homer</td>
<td>9</td>
<td>26.12</td>
</tr>
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</table>

**Region 3 Runner Up - Grace Christian**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Charlee Demientieff</td>
<td>Grace Christian</td>
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<td>22.02</td>
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<tr>
<td>Mazzy Jackson</td>
<td>Grace Christian</td>
<td>11</td>
<td>22.18</td>
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<tr>
<td>Maddy Morgan</td>
<td>Grace Christian</td>
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<td>22.53</td>
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<tr>
<td>Kiah Widener</td>
<td>Grace Christian</td>
<td>9</td>
<td>22.39</td>
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<tr>
<td>Grace Annett</td>
<td>Grace Christian</td>
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<td>22.44</td>
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<td>Anna McLoughlin</td>
<td>Grace Christian</td>
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<td>23.05</td>
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<tr>
<td>Laura Ellis</td>
<td>Grace Christian</td>
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<td>23.18</td>
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**Region 3 Third Place - Seward**

<table>
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<tbody>
<tr>
<td>Ruby Lindquist</td>
<td>Seward</td>
<td>12</td>
<td>21.01</td>
</tr>
<tr>
<td>Emma Moore</td>
<td>Seward</td>
<td>12</td>
<td>21.44</td>
</tr>
<tr>
<td>Hana Cooney</td>
<td>Seward</td>
<td>9</td>
<td>23.07</td>
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<tr>
<td>Sadie Lindquist</td>
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<tr>
<td>Kalista Rodriguez</td>
<td>Seward</td>
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<tr>
<td>Sophia Dow</td>
<td>Seward</td>
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<td>25.57</td>
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<tr>
<td>Shiphrah Brueckner</td>
<td>Seward</td>
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<td>28.35</td>
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**Region 3 Fourth Place - Anchorage Christian**

<table>
<thead>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tesca O’Hara</td>
<td>Anch Christian</td>
<td>12</td>
<td>20.41</td>
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<tr>
<td>Ashlet Fuller</td>
<td>Anch Christian</td>
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<td>24.40</td>
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<tr>
<td>Mary Kate Parks</td>
<td>Anch Christian</td>
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<td>25.14</td>
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<tr>
<td>Emily Tedrick</td>
<td>Anch Christian</td>
<td>10</td>
<td>26.27</td>
</tr>
<tr>
<td>Makenzie Hofacker</td>
<td>Anch Christian</td>
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<td>27.50</td>
</tr>
<tr>
<td>Carlisa Wood</td>
<td>Anch Christian</td>
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<td>28.08</td>
</tr>
<tr>
<td>Ji In Choi</td>
<td>Anch Christian</td>
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<td>28.25</td>
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### Region 5

**Region 5 Champions - Petersburg**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Maia Cowan</td>
<td>Petersburg</td>
<td>9</td>
<td>20.13</td>
</tr>
<tr>
<td>Kendra Coonrad</td>
<td>Petersburg</td>
<td>9</td>
<td>21.02</td>
</tr>
<tr>
<td>Julin Murphy</td>
<td>Petersburg</td>
<td>12</td>
<td>21.18</td>
</tr>
<tr>
<td>Erin Pfundt</td>
<td>Petersburg</td>
<td>12</td>
<td>21.31</td>
</tr>
<tr>
<td>Melanie Chase</td>
<td>Petersburg</td>
<td>10</td>
<td>21.54</td>
</tr>
<tr>
<td>Avery Skeeck</td>
<td>Petersburg</td>
<td>11</td>
<td>22.18</td>
</tr>
<tr>
<td>Eva Lenhard</td>
<td>Petersburg</td>
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<td>23.04</td>
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**Region 5 Runner Up - Mt Edgecumbe**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brystel Charlie</td>
<td>Mt Edgecumbe</td>
<td>11</td>
<td>22.05</td>
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<tr>
<td>Laura Ekada</td>
<td>Mt Edgecumbe</td>
<td>12</td>
<td>22.48</td>
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<tr>
<td>Wolf Star Duran</td>
<td>Mt Edgecumbe</td>
<td>12</td>
<td>23.10</td>
</tr>
<tr>
<td>Linda Rexford</td>
<td>Mt Edgecumbe</td>
<td>10</td>
<td>23.28</td>
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<tr>
<td>Jasmine Woods</td>
<td>Mt Edgecumbe</td>
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<td>25.02</td>
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<tr>
<td>Jaylin Martinez</td>
<td>Mt Edgecumbe</td>
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<td>25.09</td>
</tr>
<tr>
<td>Rebecca Holland</td>
<td>Mt Edgecumbe</td>
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<td>25.17</td>
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**Region 5 Third Place - Sitka**

<table>
<thead>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ella Lubin</td>
<td>Sitka</td>
<td>11</td>
<td>22.13</td>
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<tr>
<td>Ayla McNeily</td>
<td>Sitka</td>
<td>12</td>
<td>22.37</td>
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<tr>
<td>Sable Zellhuber</td>
<td>Sitka</td>
<td>12</td>
<td>23.01</td>
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<tr>
<td>Haley Bartolaba</td>
<td>Sitka</td>
<td>11</td>
<td>24.08</td>
</tr>
<tr>
<td>Zofia Danielson</td>
<td>Sitka</td>
<td>12</td>
<td>26.37</td>
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<tr>
<td>Mckenna Smith</td>
<td>Sitka</td>
<td>9</td>
<td>29.12</td>
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</table>

**Region 5 Other Top Fifteen Qualifiers**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>Lillian Borromeo</td>
<td>Hyderburg</td>
<td>11</td>
<td>22.21</td>
</tr>
<tr>
<td>Marirose Evenden</td>
<td>Haines</td>
<td>10</td>
<td>22.58</td>
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<tr>
<td>Hannah Boron</td>
<td>Haines</td>
<td>9</td>
<td>23.05</td>
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### Region 6

**Region 6 Champions - Galena**

<table>
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<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carlee Merriner</td>
<td>Galena</td>
<td>10</td>
<td>22.04</td>
</tr>
<tr>
<td>Vivian Condello</td>
<td>Galena</td>
<td>11</td>
<td>22.11</td>
</tr>
<tr>
<td>Pearle Green</td>
<td>Galena</td>
<td>10</td>
<td>22.46</td>
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<tr>
<td>Celeste Kriska</td>
<td>Galena</td>
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<tr>
<td>Elizabeth Green</td>
<td>Galena</td>
<td>11</td>
<td>23.43</td>
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<tr>
<td>Kiana Korta</td>
<td>Galena</td>
<td>12</td>
<td>24.49</td>
</tr>
<tr>
<td>Bethany Grant</td>
<td>Galena</td>
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<td>26.43</td>
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**Region 6 Runner Up - Delta Junction**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hailey Williams</td>
<td>Delta Junction</td>
<td>10</td>
<td>21.57</td>
</tr>
<tr>
<td>Abigail Ruse</td>
<td>Delta Junction</td>
<td>9</td>
<td>23.06</td>
</tr>
<tr>
<td>Alyssa Klein</td>
<td>Delta Junction</td>
<td>10</td>
<td>25.28</td>
</tr>
<tr>
<td>Roxanne Marchuk</td>
<td>Delta Junction</td>
<td>12</td>
<td>26.08</td>
</tr>
<tr>
<td>Keely Harris</td>
<td>Delta Junction</td>
<td>11</td>
<td>26.28</td>
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<tr>
<td>Elin Hicks</td>
<td>Delta Junction</td>
<td>10</td>
<td>30.10</td>
</tr>
<tr>
<td>Megan Webb</td>
<td>Delta Junction</td>
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<td>30.38</td>
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**Region 6 Other Top Fifteen Qualifiers**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lauren White</td>
<td>Monroe Catholic</td>
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<td>20.54</td>
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<tr>
<td>Taryn Trigler</td>
<td>Ben Eielson</td>
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<td>21.12</td>
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<tr>
<td>Natalie Clemente</td>
<td>Hutchinson</td>
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<td>22.16</td>
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<tr>
<td>Maura Grahek</td>
<td>Monroe Catholic</td>
<td>10</td>
<td>22.56</td>
</tr>
<tr>
<td>Grace Hodges</td>
<td>Monroe Catholic</td>
<td>10</td>
<td>23.08</td>
</tr>
</tbody>
</table>
We’re on the sidelines, so you don’t have to be.

OPA provides full-time certified athletic trainers to all Anchorage and Mat-Su area high schools — free of charge.

These full-time medical professionals work with student-athletes, coaches and parents to prevent injuries, save thousands of health care dollars and help build a stronger, healthier community.

Learn more about OPA’s individual trainers, injury prevention tips and more at:

OPAlaska.com
Lowering the cost of health care in Alaska.

Injury Walk-in Hours

Anchorage:
Mon - Fri, 12-8p; Sat & Sun, 12-6p
3801 Lake Otis Pkwy, Suite 200

Wasilla:
Mon - Fri, 12-6p
1700 E Bogard Rd., Suite 102

Appointments
Anchorage & Eagle River, 562-2277
Wasilla, 357-2267

OPA certified athletic trainers Bryan Beecher, MS, ATC; Lynne Young, MEd, ATC, LAT; Caroline Louisbury, MAT, ATC/L; Nick Lambertson, MS, ATC; Mary Perez, MS, ATC; and James Berry, MS, ATC, LAT. Not pictured: Alyssa Babcock, ME, ATC, FES.
### Regional Qualifiers - Boys 1A/2A/3A

#### Region 1 - Aleutians East
Region 1 Aleutians East Qualifiers (Top Three)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brydyn Brandell</td>
<td>King Cove</td>
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<tr>
<td>Brian Aichele</td>
<td>King Cove</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Ryder Gunderson</td>
<td>Sand Point</td>
<td>12</td>
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#### Region 1 - Bering Straits
Region 1 Bering Straits Qualifiers (Top Three)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Edward Kokoak</td>
<td>Shishmaref</td>
<td></td>
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</tr>
<tr>
<td>Joey Knisley</td>
<td>Unalakleet</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jacob Brauillette</td>
<td>Anigiuin</td>
<td></td>
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#### Region 1 - Greater Kuskokwim
Region 1 Greater Kuskokwim Qualifiers (Top Three)

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Braden Dollmann</td>
<td>Aniak</td>
<td>18.11</td>
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<tr>
<td>Nicholas Charles</td>
<td>Akiachak</td>
<td>10</td>
<td>18.49</td>
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<tr>
<td>harvey Levi</td>
<td>George Morgan</td>
<td>19.03</td>
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#### Region 1 - Greater Yukon Delta
Region 1 Greater Yukon Delta Qualifiers (Top Ten)

<table>
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<th>School</th>
<th>Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>Joe Uttereyuk</td>
<td>Scammon Bay</td>
<td>12</td>
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<tr>
<td>Joshua Boyscout</td>
<td>Chevak</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td>Tom Tunutnoak</td>
<td>Scammon Bay</td>
<td>10</td>
<td></td>
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<tr>
<td>Edward Atcherian</td>
<td>Chevak</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td>Luke Alexie</td>
<td>Ignatius Beans</td>
<td></td>
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<tr>
<td>DeShawn Bird</td>
<td>Emmonak</td>
<td></td>
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<tr>
<td>Dominic Queenie</td>
<td>Ignatius Beans</td>
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<tr>
<td>Shaquille Joe</td>
<td>Hoover Bay</td>
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<td></td>
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<tr>
<td>Seth Usugan</td>
<td>Chevak</td>
<td>10</td>
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<tr>
<td>Ajey Moses</td>
<td>Chevak</td>
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#### Region 1 - Lower Kuskokwim
Region 1 Lower Kuskokwim Qualifiers (Top Five)

<table>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>Eugene Alexie</td>
<td>Kuskokwin LA</td>
<td>12</td>
<td>18.05</td>
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<tr>
<td>Arnold Phillip</td>
<td>Kwigillingok</td>
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<td>18.36</td>
</tr>
<tr>
<td>Eric Tinker</td>
<td>Akula Eltuurvik</td>
<td>10</td>
<td>18.54</td>
</tr>
<tr>
<td>Preston Alexie</td>
<td>Kuinerramiut Eltuurvik</td>
<td>10</td>
<td>18.55</td>
</tr>
<tr>
<td>William Evon</td>
<td>Kwigillingok</td>
<td>10</td>
<td>18.57</td>
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#### Region 1 - North Slope
Region 1 North Slope Qualifiers (Top Seven)

<table>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>Ethan Tukrook</td>
<td>Kali</td>
<td>12</td>
<td>19.02</td>
</tr>
<tr>
<td>Austin Lane</td>
<td>Kali</td>
<td>10</td>
<td>19.32</td>
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<tr>
<td>Ishih Mongoyok</td>
<td>Barrow</td>
<td>10</td>
<td>19.39</td>
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<tr>
<td>Michael Hopson</td>
<td>Barrow</td>
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<td>19.57</td>
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<tr>
<td>Esua Weyiouanna</td>
<td>Barrow</td>
<td>10</td>
<td>19.58</td>
</tr>
<tr>
<td>Chase Nay</td>
<td>Nunamiat</td>
<td>11</td>
<td>20.30</td>
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<tr>
<td>Mikal Nelson</td>
<td>Barrow</td>
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#### Region 1 - Northwest Arctic
Region 1 NorthWest Arctic Qualifiers (Top Four)

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<th>Competitor</th>
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<th>Time</th>
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<tbody>
<tr>
<td>Amos Sage</td>
<td>Napaatugmiut</td>
<td>18.41</td>
<td></td>
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<tr>
<td>Robert Sheldon</td>
<td>Napaatugmiut</td>
<td>19.14</td>
<td></td>
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<tr>
<td>Justin Custer</td>
<td>Shungnak</td>
<td>12</td>
<td>19.55</td>
</tr>
<tr>
<td>Joshua Wolfe</td>
<td>Napaatugmiut</td>
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#### Region 1 - Sockeye
Region 1 Sockeye Qualifiers (Top Three)

<table>
<thead>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Caleen Davis</td>
<td>Tanalian</td>
<td>12</td>
<td>15.47</td>
</tr>
<tr>
<td>Taylor Davis</td>
<td>Tanalian</td>
<td>12</td>
<td>15.49</td>
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<tr>
<td>Coleson Voran</td>
<td>Tanalian</td>
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<td>16.01</td>
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#### Region 1 - Southwest
Region 1 Southwest Qualifiers (Top Five)

<table>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>Cole Bull</td>
<td>Dillingham</td>
<td></td>
<td>20.29</td>
</tr>
<tr>
<td>Joachim Gumlickpu</td>
<td>Chief Ivan Blunka</td>
<td>21.03</td>
<td></td>
</tr>
<tr>
<td>Casey Konukpeok</td>
<td>Chief Ivan Blunka</td>
<td>21.17</td>
<td></td>
</tr>
<tr>
<td>Samuel Calvert</td>
<td>Dillingham</td>
<td></td>
<td>21.23</td>
</tr>
<tr>
<td>Chris Williams</td>
<td>Dillingham</td>
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<td>22.45</td>
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#### Region 1 - Unalaska
Region 1 Unalaska Team (Top Six)

<table>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>Michael Pereat</td>
<td>Unalaska</td>
<td>10</td>
<td>17.43</td>
</tr>
<tr>
<td>Trevor Wilson</td>
<td>Unalaska</td>
<td>11</td>
<td>18.08</td>
</tr>
<tr>
<td>Blaine Henning</td>
<td>Unalaska</td>
<td>9</td>
<td>18.47</td>
</tr>
<tr>
<td>Henry Simmonds</td>
<td>Unalaska</td>
<td>10</td>
<td>18.50</td>
</tr>
<tr>
<td>Talon Shashnikoff</td>
<td>Unalaska</td>
<td>12</td>
<td>19.06</td>
</tr>
<tr>
<td>Chris Garcia</td>
<td>Unalaska</td>
<td>12</td>
<td>19.30</td>
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#### Region 1 - Western
Region 1 Western Champions - Bethel Regional

<table>
<thead>
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<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Mathew Hunter</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nels Alexie-Leonard</td>
<td>Bethel Regional</td>
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<tr>
<td>diesel Geerdts</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thomas Phelan</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hunter Crace</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
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<tr>
<td>Lawrence Poe</td>
<td>Bethel Regional</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ray Daniel</td>
<td>Bethel Regional</td>
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#### Region 1 Western Qualifiers (Next 8 not on Top Team)

<table>
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<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harrison Moore</td>
<td>Nome-Beltz</td>
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</tr>
<tr>
<td>Aaron Rose</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jamie Yi</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tobin Hobbs</td>
<td>Nome-Beltz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aaron Motis</td>
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<tr>
<td>Peter Nelson</td>
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</tr>
<tr>
<td>Eli Atkins</td>
<td>Kotzebue</td>
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Ravn Alaska is pleased to be a major sponsor of the Alaska School Activities Association!

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### Region 2
#### Region 2 Champions - Glennallen
<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>Kael Gerlach</td>
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<td>Caden Gerlach</td>
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<td>Sean Dorsey</td>
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<td>Jonathan Dorsey</td>
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<tr>
<td>Keegan St. Amand</td>
<td>Glennallen</td>
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#### Region 2 Runner Up - Cordova
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<tr>
<td>Davi Rodrigues</td>
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<td>Gage Frohmepfel</td>
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<td>William Deaton</td>
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<td>Ben Wray</td>
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<td>Rustyn Bradford</td>
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<td>Eoghan Hernandez</td>
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#### Region 2 Other Top Ten Qualifiers
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<tr>
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<td>David Kokrine</td>
<td>Effie Kokrine</td>
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<td>Al Lane</td>
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<td>Zachary Trail</td>
<td>Nikolaevsk</td>
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### Region 3
#### Region 3 Champions - Anchorage Christian
<table>
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<tr>
<th>Competitor</th>
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<tr>
<td>Blake Bennett</td>
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<td>Joshua Davis</td>
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<td>Kaleb Smith</td>
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<td>Hunter Desoto-Finn</td>
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<td>Matthew Bohlman</td>
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#### Region 3 Runner Up - Homer
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<tr>
<td>Jacob Davis</td>
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<td>Denver Wacloewski</td>
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<td>Ethan Anderson</td>
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#### Region 3 Third Place - Grace Christian
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<tbody>
<tr>
<td>Gabe Martin</td>
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<td>Paul Kopp</td>
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<td>Vincent Coverdell</td>
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<td>Kevin Leach</td>
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#### Region 3 Fourth Place - Seward
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<tr>
<td>Neil Lindquist</td>
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<td>Max Pfaffenberger</td>
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<td>Zen Petrosius</td>
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### Region 5
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<tr>
<td>Joe Pate</td>
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<td>Dominic Bociocco</td>
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<tr>
<td>Skyler McIntyre</td>
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<td>Tabor Buxton</td>
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<td>Derek Bartlett</td>
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<td>Kincaid Parsons</td>
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<td>Hahlen Belinken Barkhaus</td>
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#### Region 5 Runner Up - Petersburg
<table>
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<tr>
<td>Tolin Eddy</td>
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<td>Kole Speri</td>
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<td>Brennan Skeek</td>
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<td>Koren Speri</td>
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<td>Thomas Durkin</td>
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<td>Noah Sullivan</td>
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<tr>
<td>Julian Cumps</td>
<td>Petersburg</td>
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#### Region 5 Third Place - Haines
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<tr>
<td>Siye George</td>
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<td>Kirby Faverty</td>
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<tr>
<td>Mark Davis</td>
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<td>Patrick Cunningham</td>
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<td>Odin Jacobson</td>
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<td>Carson Crager</td>
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#### Region 5 Other Top Fifteen Qualifiers
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<tr>
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<td>Andrew Marker</td>
<td>Craig</td>
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<td>Danny Brady</td>
<td>Skagway</td>
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### Region 6
#### Region 6 Champions - Galena
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<tr>
<td>Jacob Moos</td>
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<td>Brandon Milne</td>
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<td>Daniel Kopp</td>
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<td>John Riddle</td>
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<tr>
<td>Paul Huntington</td>
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<tr>
<td>Kevin Bergman</td>
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<tr>
<td>Virgil Sam</td>
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#### Region 6 Runner Up - Hutchison
<table>
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<tr>
<td>Kormac Kesey</td>
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<td>Mathias Capp</td>
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<td>Jacob Edgerley</td>
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<td>Seth Wain</td>
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<td>Alexander Greene</td>
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<td>Andre Charlie</td>
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<td>Delnor Johnson</td>
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#### Region 6 Other Top Fifteen Qualifiers
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<tr>
<td>Cl Leonguerrero</td>
<td>Ben Eielson</td>
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<tr>
<td>Gabriel Silas</td>
<td>Monroe Catholic</td>
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<td>19.57</td>
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<tr>
<td>Nathaniel Walsh</td>
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<tr>
<td>Tommy Bast</td>
<td>Monroe Catholic</td>
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<td>Thomas Warren</td>
<td>Delta Junction</td>
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<td>Seth Grant</td>
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<td>Zab Khan</td>
<td>Ben Eielson</td>
<td>10</td>
<td>20.33</td>
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</table>
The Shreeve Family knows the importance of teamwork. We’re not just related, we are also coworkers at Denali Princess Wilderness Lodge. Knowing how to best support my team, whether we’re at home, work, or on the field is a skill I learned while participating in Ketchikan High School’s football and basketball programs.

Just as important as supporting my teammates on the field was watching my dad support me from the sidelines. One time he drove all the way from the Lodge to Delta Junction just to watch me play in an away game. ASAA builds valuable skills and camaraderie between players and families alike.

The Shreeves are proud to work for a company who sponsors the Alaska School Activities Association (ASAA), providing today’s young Alaskans with 34 sports and activities to enrich their lives and ensure Alaska’s future. We can’t wait for the next generation to start participating!

- Tallon Shreeve, Hotel Services Manager
(Pictured 8th from the left)
Team Photos

Akiachak Huskies

Anchorage Christian Lions

Akula Elitnaurvik Tundra Foxes

Aqqaluk Bears

Barrow Whalers

Ben Eielson Ravens

Bering Straits

Bethel Warriors
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Team Photos

Colony Knights

Cordova Wolverines

Craig Panthers

Davis-Ramoth Wolves

Dimond Lynx

Eagle River Wolves

Effie Kokrine Warriors

Galena Hawks
Team Photos

Glennallen Panthers

Grace Christian Grizzlies

Haines Glacier Bears

Homer Mariners

Hutchison Hawks

Joann A. Alexie Falcons

Juneau-Douglas Crimson Bears

Kake Thunderbirds
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Kali Gavikk (Wovlerines)

Kenai Kardinals

Ketchikan Kings

King Cove T’Jacks

Kodiak Bears

Kotzebue Huskies

Lathrop Malemutes

Lumen Christi Archangels
Empowering Alaska’s Youth.

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Saltchuk

www.saltchuk.com
Team Photos

Mt. Edgecumbe Braves

Napaaqtugmiut Lynx

Nenana Lynx

Nikolaevsk Warriors

Nome-Beltz Nanooks

Palmer Moose

Petersburg Vikings

Sand Point
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www.playforkeepsalaska.org

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ASAA/First National Bank Alaska Cross Country Running State Championships
Team Photos

Service Cougars

Seward Sehawks

Shungnak Eagles

Sitka Wolves

Soldotna Stars

South Anchorage Wolverines

Thunder Mountain Falcons

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TUESDAY
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WEDNESDAY
TURKEY BREAST

THURSDAY
ITALIAN B.M.T.

FRIDAY
TUNA

SATURDAY
BLACK FOREST HAM

SUNDAY
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West Anchorage Eagles

West Valley Wolf Pack

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T  +907.243.2300   E anchorage.us@millenniumhotels.com
W  www.millenniumhotels.com
### Region 3

**Region 3 Champions - Kenai Central**

<table>
<thead>
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<th>Competitor</th>
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<th>Grade</th>
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<tr>
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<td>Riana Boonstra</td>
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<td>Jaycie Calvert</td>
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<td>Brooke Satathite</td>
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<td>Ithaca Bergholtz</td>
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<td>Sarah Drury</td>
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<td>Dareena Doyle</td>
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**Region 3 Runner Up - Palmer**

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<td>Sophie Wright</td>
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<td>Zoe Copp</td>
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<td>Vanessa Madruga</td>
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<tr>
<td>Aila Berrigan</td>
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**Region 3 Third Place - Colony**

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<thead>
<tr>
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<tbody>
<tr>
<td>Jill Bowker</td>
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<td>Nicole Bell</td>
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<td>Sofia Spac</td>
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<tr>
<td>Jazlynn Novelli</td>
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<tr>
<td>Kylie Deering</td>
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<td>Claire Smith</td>
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**Region 3 Other Top Fifteen Qualifiers**

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<thead>
<tr>
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<tr>
<td>Carly Glover</td>
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<td>Maddie Christiansen</td>
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<tr>
<td>Erica Arthur</td>
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### Region 4

**Region 4 Champions - Service**

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<tbody>
<tr>
<td>Grace Farhney</td>
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<td>Tatum Witter</td>
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<td>Caitlin Gohr</td>
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<tr>
<td>Garvey Tohin</td>
<td>Service</td>
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<td>Clare Howard</td>
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<tr>
<td>Randi Von Wichman</td>
<td>Service</td>
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<td>Maddy Maurer</td>
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**Region 4 Runner Up - West Anchorage**

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<tbody>
<tr>
<td>Aubrey LeClair</td>
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<td>Quincy Donley</td>
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<tr>
<td>Ivy Eski</td>
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<td>Ryann Dorrin</td>
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<td>Lucca Duke</td>
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<td>Kelsey Johannes</td>
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**Region 4 Third Place - Eagle River**

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<tr>
<td>Emily Walsh</td>
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<td>Kiara Sherman</td>
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<tr>
<td>Claire Nelson</td>
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<td>Mary Goodwin</td>
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<td>Ashley Walsh</td>
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<td>Myah Smith</td>
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<td>Bonnie Perkins</td>
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### Region 5

**Region 5 Champions - Juneau-Douglas**

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<tbody>
<tr>
<td>Sadie Tuckwood</td>
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<td>Iverson Iverson</td>
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<td>20.06</td>
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<td>Jasmin Holst</td>
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<td>20.39</td>
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<td>Miriam Stitz</td>
<td>Juneau-Douglas</td>
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<td>21.02</td>
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<tr>
<td>Susan Monsef</td>
<td>Juneau-Douglas</td>
<td>10</td>
<td>21.29</td>
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<td>Katie McKenna</td>
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<td>Linnea Lentfer</td>
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**Region 5 Other Top Ten Qualifiers**

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<tr>
<td>Hannah Deor</td>
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<tr>
<td>Erin Wallace</td>
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<tr>
<td>Morgan Eldering</td>
<td>Ketchikan</td>
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<tr>
<td>Elizabeth Knight</td>
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<tr>
<td>Reece Bleakley</td>
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### Region 6

**Region 6 Champions - West Valley**

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<tbody>
<tr>
<td>Kendall Kramer</td>
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<td>Faith Widman</td>
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<td>Bailey Roe</td>
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<td>Maggie Drunkenmiller</td>
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<td>20.35</td>
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<tr>
<td>Sam Starks</td>
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<td>Emma Axelsson</td>
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<td>Grace Marks</td>
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**Region 6 Runner Up - Lathrop**

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<tbody>
<tr>
<td>Rehab Porter</td>
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<tr>
<td>Clare Hanneman</td>
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<tr>
<td>River Wiseman</td>
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<tr>
<td>Tjarn Bross</td>
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<tr>
<td>Carmen Sonnek</td>
<td>Lathrop</td>
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<tr>
<td>Braydee Zweifel</td>
<td>Lathrop</td>
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<tr>
<td>Gwenneth Poe</td>
<td>Lathrop</td>
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</table>
Six Convenient Locations to Serve You and Your Family!

<table>
<thead>
<tr>
<th>Address</th>
<th>Location</th>
<th>Zip Code</th>
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<tbody>
<tr>
<td>1136 N. Muldoon Rd., Ste 110</td>
<td>Anchorage, Alaska</td>
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<tr>
<td>4211 Mountain View Dr., Ste 102</td>
<td>Anchorage, Alaska</td>
<td>99508</td>
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<tr>
<td>3565 Arctic Blvd., Unit D1-2</td>
<td>Anchorage, Alaska</td>
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<tr>
<td>726 E. 9th Avenue</td>
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<td>99501</td>
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<tr>
<td>1921 W. Dimond Blvd, Ste 101</td>
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<td>99515</td>
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<tr>
<td>9138 Arlon Street, Ste B4</td>
<td>Anchorage, Alaska</td>
<td>99507</td>
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</tbody>
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Qualifiers - Boys 4A

**REGION 3**

**Region 3 Champions - Wasilla**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>Hunter Hayes</td>
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<td>McKinley Larson</td>
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<td>18.25</td>
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<td>Izaak Bell</td>
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<td>Taft Steiner</td>
<td>Wasilla</td>
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<tr>
<td>Kaleb Greathouse</td>
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<td>19.29</td>
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<td>Samuel Logsdon</td>
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<td>Wesley Fraker</td>
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**Region 3 Runner Up - Soldotna**

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<tbody>
<tr>
<td>Josh Shuler</td>
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<td>Bradley Walters</td>
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<td>18.32</td>
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<td>Koby Vinson</td>
<td>Soldotna</td>
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<td>18.37</td>
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<td>Sean Verg-In</td>
<td>Soldotna</td>
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<td>Lance Chilton</td>
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<td>18.57</td>
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<td>Bechler Metcalf</td>
<td>Soldotna</td>
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<td>19.07</td>
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<td>John-Mark Pothast</td>
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**Region 3 Third Place - Colony**

<table>
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<th>School</th>
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<th>Time</th>
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<tbody>
<tr>
<td>Gavin Block</td>
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<td>Lane Meier</td>
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<td>Josh Taylor</td>
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<td>Kolby Torres</td>
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<td>Landis Ewrin</td>
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<td>Garrett Streit</td>
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<td>Simeon Ramirez</td>
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**Region 3 Other Top Fifteen Qualifiers**

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<th>School</th>
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<tbody>
<tr>
<td>Maison Dunham</td>
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<td>Brendan Thompson</td>
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<tr>
<td>Braxton Gruner</td>
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<td>18.31</td>
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<tr>
<td>Paul Winegaert</td>
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**REGION 4**

**4 Champions - West Anchorage**

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<th>Time</th>
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<tbody>
<tr>
<td>Everett Cason</td>
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<td>Declan Dammeyer</td>
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<td>Ethan Davis</td>
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<td>Daniel Bausch</td>
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<td>Luke Jager</td>
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<td>Sebastian Reed</td>
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**Region 4 Runner Up - Dimond**

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<tbody>
<tr>
<td>Santiago Prosser</td>
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<td>Cameron Sheldon</td>
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<td>Niko Latv-Kiskola</td>
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<td>Dallin Gardiner</td>
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<td>Fred Rygh</td>
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<td>George Cvaencara</td>
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<td>Bryce Pintner</td>
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**Region 4 Third Place - Chugiak**

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<tbody>
<tr>
<td>Max Hartke</td>
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<td>Michael Earnhart</td>
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<td>Max Beiergrolslein</td>
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<td>Hyrum Nelson</td>
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**Region 4 Fourth Place - Service**

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<tbody>
<tr>
<td>Alexander Maurer</td>
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<td>Sebastian Szwedmo</td>
<td>Service</td>
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<td>Dakota Rygh</td>
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<td>Davin Turney</td>
<td>Service</td>
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<td>Mitchell Guyer</td>
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<td>Jason Hiasny</td>
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**Region 4 Other Top Fifteen Qualifiers**

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<th>Competitor</th>
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<tbody>
<tr>
<td>Nick Carl</td>
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<td>Jacob Bradley</td>
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<td>Zophan Oztagurt</td>
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<tr>
<td>Kaleb Belay</td>
<td>South Anchorage</td>
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**REGION 5**

**Region 5 Champions - Juneau-Douglas**

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<th>Grade</th>
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<tbody>
<tr>
<td>Arne Ellefsen-Carnes</td>
<td>Juneau-Douglas</td>
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<td>16.51</td>
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<tr>
<td>Shadrach Stitz</td>
<td>Juneau-Douglas</td>
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<tr>
<td>Clem Taylor-Rath</td>
<td>Juneau-Douglas</td>
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<tr>
<td>Tim McKenna</td>
<td>Juneau-Douglas</td>
<td>12</td>
<td>17.32</td>
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<td>Ronan Davies</td>
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<td>18.11</td>
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<td>Tim Degener</td>
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<td>18.47</td>
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<tr>
<td>Max Depewich</td>
<td>Juneau-Douglas</td>
<td>10</td>
<td>19.12</td>
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</tbody>
</table>

**Region 5 Other Top Ten Qualifiers**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Coss</td>
<td>Ketchikan</td>
<td>12</td>
<td>17.42</td>
</tr>
<tr>
<td>Paul Allmendinger</td>
<td>Ketchikan</td>
<td>12</td>
<td>17.52</td>
</tr>
<tr>
<td>Leif Stephen</td>
<td>Ketchikan</td>
<td>11</td>
<td>17.52</td>
</tr>
<tr>
<td>Phillip Smith</td>
<td>Ketchikan</td>
<td>9</td>
<td>17.54</td>
</tr>
<tr>
<td>Shafer Suzuki</td>
<td>Thunder Mountain</td>
<td>12</td>
<td>18.22</td>
</tr>
</tbody>
</table>

**REGION 6**

**Region 6 Champions - West Valley**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ti Donaldson</td>
<td>West Valley</td>
<td>12</td>
<td>16.39</td>
</tr>
<tr>
<td>Joey Van Horn</td>
<td>West Valley</td>
<td>10</td>
<td>17.06</td>
</tr>
<tr>
<td>Jack Caster</td>
<td>West Valley</td>
<td>10</td>
<td>17.25</td>
</tr>
<tr>
<td>Ari Endested</td>
<td>West Valley</td>
<td>11</td>
<td>17.26</td>
</tr>
<tr>
<td>Jack Winford</td>
<td>West Valley</td>
<td>12</td>
<td>17.47</td>
</tr>
<tr>
<td>Dayan Mitchell</td>
<td>West Valley</td>
<td>12</td>
<td>17.47</td>
</tr>
<tr>
<td>Cameron Herron</td>
<td>West Valley</td>
<td>11</td>
<td>17.50</td>
</tr>
</tbody>
</table>

**Region 6 Runner Up - Lathrop**

<table>
<thead>
<tr>
<th>Competitor</th>
<th>School</th>
<th>Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Isaac Hendrickson</td>
<td>Lathrop</td>
<td>12</td>
<td>17.14</td>
</tr>
<tr>
<td>Baird Reynolds</td>
<td>Lathrop</td>
<td>10</td>
<td>17.30</td>
</tr>
<tr>
<td>Jonathan Burrell</td>
<td>Lathrop</td>
<td>11</td>
<td>17.40</td>
</tr>
<tr>
<td>Nathan Sanches</td>
<td>Lathrop</td>
<td>12</td>
<td>17.40</td>
</tr>
<tr>
<td>David Ebel</td>
<td>Lathrop</td>
<td>12</td>
<td>17.59</td>
</tr>
<tr>
<td>Chandler Wappett</td>
<td>Lathrop</td>
<td>12</td>
<td>18.31</td>
</tr>
<tr>
<td>Lazarus Porter</td>
<td>Lathrop</td>
<td>10</td>
<td>18.40</td>
</tr>
</tbody>
</table>
2017 Results - Division I

DIVISION I GIRLS
TEAM RESULTS
Champion  West Valley  47
Runner-up  Kenai  79
3rd  Service  94
4th  West Anchorage  113
5th  Eagle River  146
6th  Chugiak  161
7th  Juneau-Douglas  161
8th  Palmer  189
9th  Colony  198
10th  Lathrop  241

AWARDS
Academic Award: Juneau-Douglas (3.95)
Sponsored by Princess Cruises

INDIVIDUAL RESULTS
1st  Kendall Kramer  West Valley  18:07
2nd  Ava Earl  South  18:40
3rd  Sadie Tuckwood  JDHS  18:58
4th  Emily Walsh  Eagle River  19:01
5th  Grace Fahrney  Service  19:04
6th  Bailey Roe  West Valley  19:17
7th  Aubrey LeClair  West  19:18
8th  Jaycie Calvert  Kenai  19:23
9th  Adrianna Proffitt  Chugiak  19:35
10th  Maggie Druckenmill  West Valley  19:37
11th  Riana Boonstra  Kenai  19:38
12th  Anne Iverson  JDHS  19:42
13th  Addison Gibson  Kenai  19:42
14th  Faith Widman  West Valley  19:42
15th  Brooke Satathite  Kenai  19:45

DIVISION I BOYS
TEAM RESULTS
Champion  West Anchorage  39
Runner-up  West Valley  71
3rd  Dimond  79
4th  Chugiak  94
5th  Service  127
6th  Wasilla  179
7th  Soldotna  190
8th  Lathrop  191
9th  Colony  215
10th  Juneau-Douglas  220

AWARDS
Academic Award: Juneau-Douglas (3.75)
Sponsored by Princess Cruises

INDIVIDUAL RESULTS
1st  Ti Donaldson  West Valley  16:07
2nd  Santiago Prosser  South  16:14
3rd  Sebastian Szweda  Service  16:18
4th  Declan Dammeryer  West  16:18
5th  Everett Cason  West  16:22
6th  Daniel Bausch  West  16:24
7th  Nick Carl  Eagle River  16:24
8th  Joey Van Horn  West Valley  16:34
9th  Zephan Ozturgut  East  16:36
10th  Niko Latva-Kiskola  Dimond  16:38
11th  Maison Dunham  Kenai  16:38
12th  Arne Ellefson-Carnes  JDHS  16:38
13th  Ethan Davis  West  16:38
14th  Hunter Hayes  Wasilla  16:42
15th  Alexander Maurer  Service  16:44

For a Complete History of Cross Country State Championship Results go to: www.asaa.org
### 2017 Results - Division II

#### DIVISION II GIRLS

**TEAM RESULTS**

<table>
<thead>
<tr>
<th>Champion</th>
<th>Grace Christian</th>
<th>57</th>
</tr>
</thead>
<tbody>
<tr>
<td>Runner-up</td>
<td>Homer</td>
<td>58</td>
</tr>
<tr>
<td>3rd</td>
<td>Seward</td>
<td>58</td>
</tr>
<tr>
<td>4th</td>
<td>Petersburg</td>
<td>91</td>
</tr>
<tr>
<td>5th</td>
<td>Galena</td>
<td>146</td>
</tr>
<tr>
<td>6th</td>
<td>ACS</td>
<td>180</td>
</tr>
<tr>
<td>7th</td>
<td>Sitka</td>
<td>205</td>
</tr>
<tr>
<td>8th</td>
<td>Mt Edgecumbe</td>
<td>218</td>
</tr>
<tr>
<td>9th</td>
<td>Unalaska</td>
<td>259</td>
</tr>
<tr>
<td>10th</td>
<td>Nome</td>
<td>265</td>
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<tr>
<td>11th</td>
<td>Nikolaevsk</td>
<td>277</td>
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<tr>
<td>12th</td>
<td>Cordova</td>
<td>289</td>
</tr>
<tr>
<td>13th</td>
<td>Delta Junction</td>
<td>325</td>
</tr>
</tbody>
</table>

**AWARDS**

Academic Award: Unalaska (3.95)
Sponsored by Princess Cruises

#### INDIVIDUAL RESULTS

**1A TOP FINISHERS**

1st Malea Voran     Tanalian 22:05
2nd Elain Mack      King Cove 22:07
3rd Acacia Chingliak Akiachak 22:34

**2A TOP FINISHERS**

1st Maia Cowan      Petersburg 20:30
2nd Kendra Coonrad  Petersburg 20:53
3rd Erin Pfundt     Petersburg 21:14

**3A TOP FINISHERS**

1st Autuman Daigle  Homer 19:30
2nd Ruby Lindquist  Seward 19:35
3rd Tessa O’Hara    ACS 19:59

**GIRLS TOP FINISHERS**

1st Autuman Daigle  Homer 19:30
2nd Ruby Lindquist  Seward 19:35
3rd Tessa O’Hara    ACS 19:59

#### DIVISION II BOYS

**TEAM RESULTS**

<table>
<thead>
<tr>
<th>Champion</th>
<th>ACS</th>
<th>60</th>
</tr>
</thead>
<tbody>
<tr>
<td>Runner-up</td>
<td>Homer</td>
<td>67</td>
</tr>
<tr>
<td>3rd</td>
<td>Grace Christian</td>
<td>75</td>
</tr>
<tr>
<td>4th</td>
<td>Sitka</td>
<td>84</td>
</tr>
<tr>
<td>5th</td>
<td>Seward</td>
<td>96</td>
</tr>
<tr>
<td>6th</td>
<td>Bethel</td>
<td>195</td>
</tr>
<tr>
<td>7th</td>
<td>Unalaska</td>
<td>229</td>
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<tr>
<td>8th</td>
<td>Glennallen</td>
<td>230</td>
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<tr>
<td>9th</td>
<td>Petersburg</td>
<td>236</td>
</tr>
<tr>
<td>10th</td>
<td>Haines</td>
<td>244</td>
</tr>
<tr>
<td>11th</td>
<td>Nome</td>
<td>270</td>
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<tr>
<td>12th</td>
<td>Galena</td>
<td>296</td>
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<tr>
<td>13th</td>
<td>Hutchison</td>
<td>341</td>
</tr>
<tr>
<td>14th</td>
<td>Cordova</td>
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</tr>
</tbody>
</table>

**AWARDS**

Academic Award: Galena (4.00)
Sponsored by Princess Cruises

#### INDIVIDUAL RESULTS

**1A TOP FINISHERS**

1st Callan Davis    Tanalian 16:46
2nd Tyler Davis     Tanalian 17:30
3rd Danny Brady     Skagway 17:49

**2A TOP FINISHERS**

1st Siyel George    Haines 17:50
2nd Caden Gerlach   Glennallen 17:59
3rd Blaine Henning  Unalaska 18:02

**3A TOP FINISHERS**

1st Jacob Moos      Galena 15:33
2nd Blake Bennett   ACS 15:47
3rd Tristan Merchant ACS 16:30

**BOYS TOP FINISHERS**

1st Jacob Moos      Galena 15:33
2nd Blake Bennett   ACS 15:47
3rd Tristan Merchant ACS 16:30
4th Jacob Davis     Homer 16:42
5th Callan Davis    Tanalian 16:46
6th Luciano Fasulo  Homer 16:46
7th Luke Fritzel    Grace 16:46
8th Neil Lindquist  Seward 16:55
9th Dominic Baciocco Sitka 17:03
10th William Parks  ACS 17:12
11th Gabe Martin    Grace 17:18
12th Joe Pate       Sitka 17:20
13th Skyler McIntyre Sitka 17:20
14th Jordan Beachy  Homer 17:22
15th Taylor Davis   Tanalian 17:30

For a Complete History of Cross Country State Championship Results go to: www.asaa.org
2017 Good Sport Recipients

Schools with 4 or more boys, or 4 or more girls, may select a student who exemplifies outstanding citizenship and sportsmanship through out the season. Coaches chose the following athletes. CONGRATULATIONS!

Anchorage Christian
  Makenzie Hofacker
  Josh Davis
Barrow
  Rachel Solomon
  Michael Hopson
Bethel Regional
  Lindsey Beans-Polk
  Thomas Phelan
Chugiak
  Brooklyn Gould
  Hyrum Nelson
Colony
  Izabella Block
  Norse Iverson
Cordova
  Olivia Carroll
  Eoghan Hernandez
Delta Junction
  Megan Webb
Dimond
  Cameron Sheldon
Eagle River
  Bonnie Perkins
Galena
  Kiana Korta
  Jacob Moos
Grace Christian
  Grace Annett
  Tobin Karlbert
Homer
  Autumn Daigle
  Jordan Beachy
Hutchison
  Alexander Greene
Juneau-Douglas
  Katie McKenna
  Arne Ellefson-Carnes
Kenai Central
  Sarah Drury
Kotzebue
  Kayla Booth
Lathrop
  Clare Hanneman
  Chandler Wappett
Mt Edgecumbe
  Laura Ekada
Nikolaevsk
  Elizabeth Fefolov
Nome Beltz
  Daynon Medin
  Aaron Motis
Palmer
  Sophia Nowers
Petersburg
  Julia Murph
  Koren Sperl
Scammon Bay
  Adam Kaganak
Service
  Caitlyn Gohr
  Mitchell Guyer
Seward
  Emma Moore
  Zen Petrosius
Sitka
  Ella Lubin
  Kincaid Parsons
Soldotna
  Koby Vinson
Unalaska
  Bridget Nalam
  Trevor Wilson
Wasilla
  McKinley Larson
West Anchorage
  Aubry LeClair
  Everett Cason
West Valley
  Samantha Starks
  Dayan Mitchell

Go to asaa.org for complete Championship History Results
Leading Alaska’s active teens

At Providence, we believe that active teens become active adults – living happy, healthy lives. Kikkan Randall agrees. She grew up running, skiing and hiking around Alaska. Today, she’s America’s Olympic cross-country skiing star.

Providence supports Alaska’s teens and role models like Kikkan Randall by providing programs and services that encourage healthy lifestyles for all Alaskans.

Providence – you have our word.

Kikkan Randall
Two-time Olympian, cross-country skiing

+ PROVIDENCE
Behavioral Health

www.providence.org/alaska
A Record of Success

For nearly a century, ONE Alaska bank has believed in Alaska’s youth. We’re proud to support students in communities throughout the state who value teamwork and the determination to reach new heights.

Congratulations to all 2017 ASAA/First National Cross Country Running State Championship participants.

Together, we’ll build Alaska’s bright future.

We Believe in Alaska