

HOCKEY

ALL CLASSIFICATIONS

A. SEASON

2025-2026 SEASON

October 15, 2025 - First Practice

October 30, 2025 - First Contest

*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

January 31, 2026 - D II Last Contest (Regular Season or Conference Championship)

February 7, 2026 - D I Last Contest (Regular Season or Conference Championship)

B. MINIMUM DAYS PRACTICE

Each participant must have a minimum of 10 different days of physical practice before the first day of competition. (Article 7, Section 7)

C. INDIVIDUAL NON-SCHOOL PARTICIPATION*

ASAA prohibits students, in grades 10-12 who are members of a high school team, from competing as a member of a non-school comp or junior hockey or out of state traveling house team beginning with the first game for that school until a school team has completed its season. The prohibition on competing on a non-school team will be lifted during Thanksgiving and Christmas vacations dates as they are determined by schools and districts, as well as on Sundays and Mondays through the 3rd Monday each January to coincide with Martin Luther King Jr. Holiday. Although this rule does not restrict practice on a non-school team during the high school season, no student may participate in a high school game on a day in which they have participated in a "comp" practice (see item 7 of supplemental rules regarding penalty)."

D. RULES

1. National Federation of High School (NFHS) Hockey rules apply.
2. ASAA Supplemental Rules
 - a. Mercy Rule: Upon reaching a 10 or more goal differential at any time during the game, a running clock will be used. Once begun, the running clock will be stopped only for team, official, or injury timeouts.
 - b. It is the intent of these supplements to the National Federation rules that suspensions will be served beginning with the next scheduled game at the level at which the violation occurred and that no suspended player or coach is permitted to return to play until the suspension has been served.
 - c. School administrators should address repeated violations of poor sportsmanship at the school level. Whenever a player appears before the school administration, the coach is expected to accompany him/her.
 - d. Penalties for a team receiving a total of 15 penalties in any one game:
 - First offense during season - \$250 fine
 - Second offense during a season - \$500 fine
 - Third offense during a season - \$1,500 fine

- e. A player receiving a second game misconduct in a season will receive a one game suspension to be served at the next scheduled game. A school administrative review will be held.
- f. A player receiving a third game misconduct in a season will receive a two game suspension and will be required to attend a review before the school administration where further disciplinary measures will be determined, before returning to play.
- g. When a player is penalized with a game misconduct, game disqualification or any other suspension in the last contest of the season, the school is advised of the incident and asked to take appropriate disciplinary action.
- h. ASAA provides a reporting form requiring game officials to report any major penalties, game misconduct, game disqualification or suspensions and the circumstances involved. At the end of the game, the game official is required to submit the completed form to ASAA within 24 hours. ASAA then will send the Official's report to the school(s) involved. Schools are required to respond to the ASAA Office with the following information after receiving the Official's Report:
 - Name of the Ejected Player/Coach
 - Dates of games suspended
 - NFHS Sportsmanship Course completion certificate (if required)
 - Any other action taken by the school
- i. Fighting in interscholastic activities is a serious offense. Since interscholastic activities are an extension of the school, schools should hold their students to the same behavior standards during interscholastic competition as they do at school.
- j. A student in violation of the non-school participation rule is considered ineligible for the remainder of the season. The school is subject to penalty under Article 12, Section 1, if the school or a member of its coaching staff knowingly permitted the student to play in a high school game after violating the dual participation rule.

3. ASAA Adopted Overtime Policy

- a. All regular season games (non-tournament) and state third and fourth place games shall adhere to NFHS Ice Hockey Rules Book (Rule 9-11)
- b. All State Tournament games will be played as follows;
 - At the end of regulation, one 8-minute overtime period will be played.
 - If still tied, the ice will be resurfaced and the teams will play two overtime periods of 8 minutes each with a 3-minute break between periods.
 - If still tied, the ice will be resurfaced again and the teams will continue to play in this pattern until a winner is decided.
 - The team scoring the first goal is declared the winner.
 - No shootouts are allowed in any State Tournament game.

E. CONFERENCES

All teams are assigned to conferences (See Hockey Conferences). Conferences are responsible for setting their own bylaws and policies. A contact person must be selected to communicate conference information with ASAA. (i.e. State qualifiers, tournament results, final seeds)

NOTE: Juneau-Douglas will provide \$4500 for varsity only and \$5500 for JV and varsity for conference teams traveling to Juneau from Anchorage. Kodiak will provide \$3000 for varsity only and \$4000 for JV and varsity for conference teams traveling to Kodiak from Anchorage

F. MAXIMUM GAMES

A team may play 22 regular season games exclusive of conference or state championships. Additional games may be played under the Endowment Game guidelines.

G. ENDOWMENT GAMES

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ASAA encourages each school's team sports to play Endowment Games during the season above and beyond the 22 game/match limit. Additional Endowment Games may be played each season. (Bylaw, Article 7, Section 9) School teams may play Endowment Games at any time during the regular season, beginning with the date of the first contest and extending to the start of the conference tournament. Endowment Games do count in a team's overall season record for at large and seeding purposes.

Schools wishing to host Endowment Games must apply in writing to ASAA by submitting the "Endowment Game Application Form" no later than one week prior to the game. Under no circumstances may an Endowment Game be played until this form has been signed by ASAA and returned to the participating schools. ASAA will invoice the responsible school \$100 for each game.

H. JAMBOREE REGULATIONS

All players must have five (5) separate days of practice prior to the first day of the Jamboree. Time against all teams during one day cannot exceed forty-eight (48) minutes. Time against each team cannot exceed twelve (12) minutes. A team may play in only one jamboree each season. A jamboree does not count as a game against the 22-game limit.

I. INDIVIDUAL PARTICIPATION LIMITATION

When playing at the same level, students may participate in 6 periods of play per day or two games and there must be a two (2) hour time lapse between the time the athlete played in the first game and the time they play in the second game. When playing at two different levels (i.e. varsity and jv) players are limited to 6 periods of play per day but are not required to have a time lapse between games.

J. REPORTING SCHEDULES & RESULTS

1. A school coach, administrator or official team representative must create an account at the MaxPreps.com website and submit their varsity level team schedules. This must be done by the first day of practice. This applies to all classifications.
2. All scores must be entered into the MaxPreps.com website from the previous week by the following Tuesday 7:00 PM during the regular season.
3. All scores from the conference tournament must be entered into the MaxPreps.com website by Sunday, 8:00 AM.
4. Schools failing to meet these mandates will be given a warning for the first offense, fined \$200 for the second offense.

K. FIRST NATIONAL CUP / STATE HOCKEY CHAMPIONSHIP

1. DATES

Division II - February 5 - 7, 2026

Division I - February 12 - 14, 2026

2. SITE & HOST

D II - Soldotna Regional Sports Complex, Soldotna

Hosted by ASAA & Soldotna High School

D I - Sullivan Arena, Anchorage

Hosted by ASAA & Sullivan Arenal

3. STATE CHAMPIONSHIP FORMAT

a. Type Elimination

The tournaments are an eight team single elimination, consolation bracket.

b. Championship Schedule

A detailed schedule and bracket will be available online on the Hockey State Information page.

c. At-Large Berths

Division I and division II at-large will be determined by the adopted RPI formula.

d. Bracketing

Division I and division II seeding will be determined by the adopted RPI formula.

4. STATE ROSTERS

Game Rosters may not exceed 20 players, but may vary from game to game, provided all players are listed on the official tournament roster. (See Bylaw Article 7, Section 10 and State Championship Roster Policy).

5. STATE POLICIES & PROCEDURES DOCUMENT

This detailed document outlining hockey championship information (i.e. roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc), will be available online prior to the start of the championship on the Hockey Coaches web page. State qualifying teams are required to review this document.

6. STATE CHAMPIONSHIP FORMS

All state forms are accessed through the School Activities Reporting System (SARS) and submitted online. More information and due dates can be found on the Hockey coaches page at asaa.org. The following forms need to be submitted;

- Eligibility roster
- State Championship Entry Form
- State Championship Photo Upload Form
- State Championship Code of Conduct
- Good Sport Selection Form
- Academic Award Entry Form (submitted by admin, found at asaa.org)

7. AWARDS

a. First National Cup Traveling Trophy

b. First and second place trophies

c. 22 individual medallions for players, coaches, managers of the first and second place teams

d. Team Sportsmanship Award

e. Academic Award

f. Twelve All Tournament medallions for each division, awarded for outstanding tournament play, regardless of player position on the ice.

g. Player of the game awarded to one player from each team each game

h. Two Good Sport Team Members Per Team
Members are selected by their head coach to be honored for outstanding citizenship and sportsmanship throughout the entire season.

HOCKEY

DIVISION I

(Berths to state are indicated in parenthesis)

Cook Inlet (4)

Bartlett
Bettye Davis East
Chugiak
Dimond
Eagle River
Service
South Anchorage
West Anchorage

Railbelt (2)

Colony
Lathrop
Wasilla
West Valley

At-large (2) (All non qualified teams)

DIVISION II

(Berths to state are indicated in parenthesis)

Aurora (3)

Delta Junction
Houston
Monroe Catholic
North Pole
Tri-Valley

Northern Lights (3)

Homer
Juneau-Douglas
Kenai
Kodiak
Palmer
Soldotna

At Large (2) (All non qualified teams)