

# CHEER

## ALL CLASSIFICATIONS

### A. SEASON

#### 2025-2026 SEASON

##### Football Sideline Cheer

July 30, 2025 - First Practice

August 14, 2025 - First Event

\*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

October 24, 2025 - Last Event

##### Hockey Sideline Cheer

October 15, 2025 - First Practice

October 30, 2025 - First Event

\*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

February 14, 2026 - Last Event

##### Basketball Sideline Cheer

December 3, 2025 - First Practice

December 18, 2025 - First Event

\*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

March 21, 2026 - Last Event

### B. MINIMUM DAYS PRACTICE

Each participant must have a minimum of 10 different days of physical practice before the first day of cheering. (Article 7, Section 7)

### C. INDIVIDUAL NON-SCHOOL PARTICIPATION

ASAA has no limitations on students participating on non-school cheer teams while they are members of a school cheer team.

### D. RULES

National Federation of High School (NFHS) Spirit rules apply

### E. CONFERENCES

Sideline and competitive cheer are not categorized into conferences.

## **F. FOOTBALL STATE CHAMPIONSHIPS**

### **1. STATE POLICIES & PROCEDURES DOCUMENT**

This detailed document outlining football championship information (i.e. roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc) will be available online prior to the start of the championship on the Football Coaches web page. Cheer coaches with sideline cheer teams accompanying a state qualified team are required to review this document.

### **2. STATE CHAMPIONSHIP FORMS**

All state forms are accessed through the School Activities Reporting System (SARS) and submitted online. More information and due dates can be found on the cheer coaches page at [asaa.org](http://asaa.org). The following forms need to be submitted;

- Eligibility roster
- State Championship Entry Form
- State Championship Photo Upload Form
- State Championship Code of Conduct

## **G. HOCKEY STATE CHAMPIONSHIPS**

### **1. STATE POLICIES & PROCEDURES DOCUMENT**

This detailed document outlining hockey championship information (i.e. roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc) will be available online prior to the start of the championship on the Hockey Coaches web page. Cheer coaches with sideline cheer teams accompanying a state qualified team are required to review this document.

### **2. STATE CHAMPIONSHIP FORMS**

All state forms are accessed through the School Activities Reporting System (SARS) and submitted online. More information and due dates can be found on the cheer coaches page at [asaa.org](http://asaa.org). The following forms need to be submitted;

- Eligibility roster
- State Championship Entry Form
- State Championship Photo Upload Form
- State Championship Code of Conduct

3. Only 12 squad members may be standing at a time. If there are more than 12 members they may be rotated.

## **H. BASKETBALL STATE CHAMPIONSHIPS**

### **1. STATE POLICIES & PROCEDURES DOCUMENT**

This detailed document outlining basketball championship information (i.e. roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc) will be available online prior to the start of the championship on the Basketball Coaches web page. Cheer coaches with sideline cheer teams accompanying a state qualified team are required to review this document.

### **2. STATE CHAMPIONSHIP FORMS**

All state forms are accessed through the School Activities Reporting System (SARS) and submitted online. More information and due dates can be found on the cheer coaches page at [asaa.org](http://asaa.org). The following forms need to be submitted;

- Eligibility roster
- State Championship Entry Form
- State Championship Photo Upload Form
- State Championship Code of Conduct

3. Only 12 squad members may be on the sideline during a game. If there are more than 12 members they may be rotated.

## **I. CHEER STATE CHAMPIONSHIP COMPETITION**

### **1. DATES**

March 17, 2026

### **2. SITE & HOST**

Alaska Airlines Center, Anchorage  
Hosted by ASAA, UAA & ASD

### **3. STATE COMPETITION FORMAT**

#### **a. Competition**

The Cheer State Championship Competition is a one day, open invitation for all high school basketball sideline squads from throughout the state.

b. The competition will be a Game Day Format. Specifics of the competition can be found on the ASAA website on the cheer coaches page.

#### **c. Championship Competition Schedule**

A detailed schedule will be available online at the Cheerleading State Information page prior to the event.

#### **d. Roster Information**

1. Team members used as spotters are considered part of the team.
2. Mascots are considered part of a team.

### **4. STATE POLICIES & PROCEDURES DOCUMENT**

This detailed document outlining Cheerleading Competition information (i.e. roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc) will be available online prior to the start of the championship on the Cheer Coaches web page. Cheer coaches are required to review this document.

### **5. STATE CHAMPIONSHIP FORMS**

State forms are accessed through the School Activities Reporting System (SARS) and submitted online. More information and due dates can be found on the cheer coaches page at [asaa.org](http://asaa.org). The following forms need to be submitted;

- Eligibility roster
- State Championship Entry Form
- State Championship Photo Upload Form
- State Championship Code of Conduct
- Academic Award Entry Form (submitted by admin, found at [asaa.org](http://asaa.org))

### **6. AWARDS: For each division**

- a. First and second place trophies.
- b. Academic Award (Must have at least 4 team members)
- c. All tournament team medallions

NOTE: A second place trophy will only be awarded with four or more teams competing in a division.