

HOCKEY

ALL CLASSIFICATIONS

A. SEASON

2023-2024 SEASON

October 11, 2023 - First Practice

October 26, 2023 - First Contest

*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

January 27 2024 - D II Last Contest (Regular Season or Conference Championship)

February 3, 2024 - D I Last Contest (Regular Season or Conference Championship)

B. MINIMUM DAYS PRACTICE

Each participant must have a minimum of 10 different days of physical practice before the first day of competition. (Article 7, Section 7)

C. INDIVIDUAL NON-SCHOOL PARTICIPATION*

ASAA prohibits students, in grades 10-12 who are members of a high school team, from competing as a member of a non-school comp or junior hockey or out of state traveling house team beginning with the first game for that school until a school team has completed its season. The prohibition on competing on a non-school team will be lifted during Thanksgiving and Christmas vacations dates as they are determined by schools and districts, as well as on Sundays and Mondays through the 3rd Monday each January to coincide with Martin Luther King Jr. Holiday. Although this rule does not restrict practice on a non-school team during the high school season, no student may participate in a high school game on a day in which they have participated in a "comp" practice (see item 7 of supplemental rules regarding penalty)."

*The dual participation rule has been suspended for the 2023-24 school year

D. RULES

1. National Federation of High School (NFHS) Hockey rules apply.
2. ASAA Supplemental Rules
 - a. Mercy Rule: Upon reaching a 10 or more goal differential at any time during the game, a running clock will be used. Once begun, the running clock will be stopped only for team, official, or injury timeouts.
 - b. It is the intent of these supplements to the National Federation rules that suspensions will be served beginning with the next scheduled game at the level at which the violation occurred and that no suspended player or coach is permitted to return to play until the suspension has been served.
 - c. School administrators should address repeated violations of poor sportsmanship at the school level. Whenever a player appears before the school administration, the coach is expected to accompany him/her.
 1. Penalties for a team receiving a total of 15 penalties in any one game:
 - First offense during season - \$250 fine
 - Second offense during a season - \$500 fine

- Third offense during a season - \$1,500 fine
 - 2. A player receiving a second game misconduct in a season will receive a one game suspension to be served at the next scheduled game. A school administrative review will be held.
 - 3. A player receiving a third game misconduct in a season will receive a two game suspension and will be required to attend a review before the school administration where further disciplinary measures will be determined, before returning to play.
 - 4. When a player is penalized with a game misconduct, game disqualification or any other suspension in the last contest of the season, the school is advised of the incident and asked to take appropriate disciplinary action.
 - 5. ASAA provides a reporting form requiring game officials to report any major penalties, game misconduct, game disqualification or suspensions and the circumstances involved. At the end of the game, the game official is required to submit the completed form to ASAA within 24 hours. ASAA then will send the Official's report to the school(s) involved. Schools are required to submit a copy of the School Contest Ejection Form to the ASAA office within 24 hours.
 - 6. Fighting in interscholastic activities is a serious offense. Since interscholastic activities are an extension of the school, schools should hold their students to the same behavior standards during interscholastic competition as they do at school.
 - 7. A student in violation of the non-school participation rule is considered ineligible for the remainder of the season. The school is subject to penalty under Article 12, Section 1, if the school or a member of its coaching staff knowingly permitted the student to play in a high school game after violating the dual participation rule.
3. ASAA Adopted Overtime Policy
- a. All regular season games (non-tournament) and state third and fourth place games shall adhere to NFHS Ice Hockey Rules Book (Rule 9-11)
 - b. All State Tournament games will be played as follows;
 - At the end of regulation, one 8-minute overtime period will be played.
 - If still tied, the ice will be resurfaced and the teams will play two overtime periods of 8 minutes each with a 3-minute break between periods.
 - If still tied, the ice will be resurfaced again and the teams will continue to play in this pattern until a winner is decided.
 - The team scoring the first goal is declared the winner.
 - No shootouts are allowed in any State Tournament game.

E. CONFERENCES

All teams are assigned to conferences (See Hockey Conferences). Conferences are responsible for setting their own bylaws and policies. A contact person must be selected to communicate conference information with ASAA. (i.e. State qualifiers, tournament results, final seeds)

NOTE: Juneau-Douglas will provide \$4500 for varsity only and \$5500 for JV and varsity for conference teams traveling to Juneau from Anchorage. Kodiak will provide \$3000 for varsity only and \$4000 for JV and varsity for conference teams traveling to Kodiak from Anchorage

F. MAXIMUM GAMES

A team may play 22 regular season games exclusive of conference or state championships. Additional games may be played under the Endowment Game guidelines.

G. ENDOWMENT GAMES

ASAA encourages each school's team sports to play Endowment Games during the season above and beyond the 22 game/match limit. Additional Endowment Games may be played each season. (Bylaw, Article 7, Section 9) School teams may play Endowment Games at any time during the regular season, beginning with the date of the first contest and extending to the start of the conference tournament. Endowment Games do count in a team's overall season record for at large and seeding purposes.

Schools wishing to host Endowment Games must apply in writing to ASAA by submitting the "Endowment Game Application Form" no later than one week prior to the game. Under no circumstances may an Endowment Game be played until this form has been signed by ASAA and returned to the participating schools. ASAA will invoice the responsible school \$100 for each game.

H. JAMBOREE REGULATIONS

All players must have five (5) separate days of practice prior to the first day of the Jamboree. Time against all teams during one day cannot exceed forty-eight (48) minutes. Time against each team cannot exceed twelve (12) minutes. A team may play in only one jamboree each season. A jamboree does not count as a game against the 22-game limit.

I. INDIVIDUAL PARTICIPATION LIMITATION

When playing at the same level, students may participate in 6 periods of play per day or two games and there must be a two (2) hour time lapse between the time the athlete played in the first game and the time they play in the second game. When playing at two different levels (i.e. varsity and jv) players are limited to 6 periods of play per day but are not required to have a time lapse between games.

J. REPORTING SCHEDULES & RESULTS

1. A school coach, administrator or official team representative must create an account at the [MaxPreps.com](https://www.maxpreps.com) website and submit their varsity level team schedules. This must be done by the first day of practice. This applies to all classifications.
2. All scores must be entered into the [MaxPreps.com](https://www.maxpreps.com) website from the previous week by the following Tuesday 7:00 PM during the regular season.
3. All scores from the conference tournament must be entered into the [MaxPreps.com](https://www.maxpreps.com) website by Sunday, 8:00 AM.
4. Schools failing to meet these mandates will be given a warning for the first offense, fined \$200 for the second offense.

K. FIRST NATIONAL CUP / STATE HOCKEY CHAMPIONSHIP

1. DATES
Division II - February 1 - 3, 2024
Division I - February 8 - 10, 2024

2. SITE & HOST

D II - Soldotna Regional Sports Complex, Soldotna
Hosted by ASAA & Soldotna High School
D I - Curtis Menard Sports Complex, Wasilla
Hosted by ASAA & Wasilla High School

3. STATE CHAMPIONSHIP FORMAT

a. Type Elimination

The tournaments will be an eight team single elimination with consolation bracket.

b. Championship Schedule

A detailed schedule and bracket will be available online on the Hockey State Information page.

c. At-Large Berths

The DI pool will be comprised of all teams that did not qualify.

The DII will be comprised of all teams that did not qualify.

These will be determined by the conference bylaws and could be based on the conference tournament or regular season results. Each team in the "pool" will be given a point value of .5 or one against each other team being considered. Points will be assigned using the following ranked criteria;

1. Head to head record.
2. Record against common opponents at all classifications.*
3. Record against common state qualifiers at that classification.*
4. Record against common opponents at that classification.*

* winning percentage must have a difference of at least 25%

If there is a tie, the same criteria will be used to break the tie, disregarding the other teams. If the tie still exist there will be coin toss by ASAA staff to determine who advances

d. Bracketing

Once the at-large teams are selected, then the tournament will be seeded using the same criteria with a "new pool" made up of the eight teams.

4. STATE POLICIES & PROCEDURES DOCUMENT

This detailed document outlining hockey championship information (i.e. roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc), will be available online prior to the start of the championship on the Hockey Coaches web page. State qualifying teams are required to review this document.

5. STATE CHAMPIONSHIP FORMS

All forms should be submitted online at the ASAA website, on the hockey coaches page prior to the deadline.

- School Activities Reporting System (SARS) eligibility roster
- State Championship Entry Form
- State Championship Photo Upload Form
- State Championship Code of Conduct
- Good Sport Selection Form
- Academic Award Entry Form

6. STATE CHAMPIONSHIP DEADLINES

Deadlines can be found on the asaa.org website within the sport specific state championship policies & procedures and on the sport specific forms page.

7. AWARDS

- a. First National Cup Traveling Trophy
- b. First and second place trophies
- c. 22 individual medallions for players, coaches, managers of the first and second place teams
- d. Team Sportsmanship Award
- e. Academic Award
- f. Twelve All Tournament medallions for each division, awarded for outstanding tournament play, regardless of player position on the ice.
- g. Player of the game awarded to one player from each team each game
- h. Two Good Sport Team Members Per Team
Members are selected by their head coach to be honored for outstanding citizenship and sportsmanship throughout the entire season.

HOCKEY

DIVISION I

(Berths to state are indicated in parenthesis)

Cook Inlet (4)

Bartlett
Bettye Davis East
Chugiak
Dimond
Eagle River
Service
South Anchorage
West Anchorage

Railbelt (2)

Colony
Lathrop
Wasilla
West Valley

At-large (2) (All non qualified teams)

DIVISION II

(Berths to state are indicated in parenthesis)

Aurora (3)

Delta Junction
Houston
Monroe Catholic
North Pole
Tri-Valley

Northern Lights (3)

Homer
Juneau-Douglas
Kenai
Kodiak
Palmer
Soldotna

At Large (2) (All non qualified teams)