

# HOCKEY

## ALL CLASSIFICATIONS

### A. SEASON

2018-2019 SEASON

October 10, 2018 - First Practice

October 25, 2018 - First Contest

\*Participants must be entered in the School Activities Reporting System (SARS) prior to First Contest (Article 12 Section 10).

January 26 2019 - D II Last Contest (Regular Season or Conference Championship)

February 2, 2019 - D I Last Contest (Regular Season or Conference Championship)

### B. MINIMUM DAYS PRACTICE

Each participant must have a minimum of 10 different days of physical practice before the first day of competition. (Article 7, Section 7)

### C. INDIVIDUAL NON-SCHOOL PARTICIPATION

ASAA prohibits students, who are members of a high school team, from competing as a member of a non-school comp or junior hockey or out of state traveling house team beginning with the first day of high school practice until a school team has completed its season. The prohibition on competing on a non-school team will be lifted during Thanksgiving and Christmas vacations dates as they are determined by schools and districts. Although this rule does not restrict practice on a non-school team during the high school season, no student may participate in a high school game on a day in which they have participated in a "comp" practice (see item 12 of supplemental rules regarding penalty).

### D. RULES

1. National Federation of High School (NFHS) Hockey rules apply.
2. ASAA Supplemental Rules
  - a. Mercy Rule: Upon reaching a 10 or more goal differential at the end of the second period or thereafter, a running clock will be used. Once begun, the running clock will be stopped only for team, official, or injury timeouts.
  - b. It is the intent of these supplements to the National Federation rules that suspensions will be served beginning with the next scheduled game at the level at which the violation occurred and that no suspended player or coach is permitted to return to play until the suspension has been served.
  - c. School administrators should address repeated violations of poor sportsmanship at the school level. Whenever a player appears before the school administration, the coach is expected to accompany him/her.
    1. Penalties for a team receiving a total of 15 penalties in any one game:
      - First offense during season - \$250 fine
      - Second offense during a season - \$500 fine
      - Third offense during a season - \$1,500 fine

2. A player receiving a second game misconduct in a season will receive a one game suspension to be served at the next scheduled game. A school administrative review will be held.
  3. A player receiving a third game misconduct in a season will receive a two game suspension and will be required to attend a review before the school administration where further disciplinary measures will be determined, before returning to play.
  4. When a player is penalized with a game misconduct, game disqualification or any other suspension in the last contest of the season, the school is advised of the incident and asked to take appropriate disciplinary action.
  5. ASAA provides a reporting form requiring game officials to report any major penalties, game misconduct, game disqualification or suspensions and the circumstances involved. At the end of the game, the game official is required to submit the completed form to ASAA within 24 hours. ASAA then will send the Official's report to the school(s) involved. Schools are required to submit a copy of the School Contest Ejection Form to the ASAA office within 24 hours.
  6. Fighting in interscholastic activities is a serious offense. Since interscholastic activities are an extension of the school, schools should hold their students to the same behavior standards during interscholastic competition as they do at school.
  7. A student who dual-participates in tryouts or practices for a competition team and a school team are in violation of the non-school participation rule and is considered ineligible for the remainder of the season. The school is subject to penalty under Article 12, Section 1, if the school or a member of its coaching staff knowingly permitted the student to play in a high school game after violating the dual participation rule.
3. ASAA Adopted Overtime Policy
- a. All regular season games (non-tournament) and state third and fourth place games shall adhere to NFHS Ice Hockey Rules Book (Rule 9-11)
  - b. All State Tournament games will be played as follows;
    - At the end of regulation, one 8-minute overtime period will be played.
    - If still tied, the ice will be resurfaced and the teams will play two overtime periods of 8 minutes each with a 3-minute break between periods.
    - If still tied, the ice will be resurfaced again and the teams will continue to play in this pattern until a winner is decided.
    - The team scoring the first goal is declared the winner.
    - No shootouts are allowed in any State Tournament game.

## **E. CONFERENCES**

All teams are assigned to conferences. See the Sports Specific Conferences section for the list of schools in each conference. Conferences are responsible for setting their own bylaws and policies. A contact person must be selected to communicate conference information with ASAA. (i.e. State qualifiers, tournament results, final seeds)

NOTE: Juneau-Douglas will provide \$4500 for varsity only and \$5500 for JV and varsity for conference teams traveling to Juneau from Anchorage.

## **F. MAXIMUM GAMES**

A team may play 22 regular season games exclusive of conference or state championships. Additional games may be played under the Endowment Game guidelines.

## **G. ENDOWMENT GAMES**

ASAA encourages each school's team to play Endowment Games during the season above and beyond the 22 game/match limit. Two additional Endowment Games may be played each season. The Endowment Game is a fund-raiser for the Alaska Endowment for Youth Activities. School teams may play Endowment Games at any time during the regular season, beginning with the date of the first contest and extending through the time period between the conference qualifying tournament and the state tournament. Endowment Games do not count in a team's overall season record for seeding purposes. Schools wishing to host Endowment Games must apply in writing to ASAA by submitting the "Endowment Game Application Form" no later than one week prior to the game. Under no circumstances may an Endowment Game be played until this form has been signed by ASAA and returned to the participating schools. ASAA will invoice the host school \$100 for each game.

## H. JAMBOREE REGULATIONS

All players must have five (5) separate days of practice prior to the first day of the Jamboree. Time against all teams during one day cannot exceed forty-eight (48) minutes. Time against each team cannot exceed twelve (12) minute. A team may play in only one jamboree each season. A jamboree does not count as a game against the 22-game limit.

## I. INDIVIDUAL PARTICIPATION LIMITATION

When playing at the same level, students may participate in 6 periods of play per day or two games and there must be a two (2) hour time lapse between the time the athlete played in the first game and the time they play in the second game. When playing at two different levels (i.e. varsity and jv) players are limited to 6 periods of play per day but are not required to have a time lapse between games.

## J. FIRST NATIONAL CUP / STATE HOCKEY CHAMPIONSHIP

### 1. DATES

Division II - January 31 - February 2, 2019

Division I - February 7-9, 2019

### 2. SITE & HOST

D II - Curtis Menard Sports Complex, Wasilla

Hosted by ASAA

D I - Curtis Menard Sports Complex, Wasilla

Hosted by ASAA & Wasilla High School

### 3. STATE CHAMPIONSHIP FORMAT

#### a. Type Elimination

The tournaments are an eight team single elimination with consolation bracket.

#### b. Championship Schedule

A detailed schedule and bracket will be available online on the Hockey State Information page.

#### c. Berths

##### Division II

Aurora Conference 3 Berths

Railbelt Conference 3 Berths

At-large 2 Berths

##### Division I (Berths to State to be determined)

Cook Inlet Conference

Mid Alaska Conference

#### d. Bracketing

Division II Bracketing to be determined

Division I Bracketing to be determined

#### 4. STATE POLICIES & PROCEDURES DOCUMENT

This detailed document outlining hockey championship information (i.e. roster limits, passes, deadlines, game protocol, facility info, coaches meetings, etc), will be available online prior to the start of the championship on the Hockey Coaches web page. State qualifying teams are required to review this document.

#### 5. STATE CHAMPIONSHIP FORMS

All forms should be submitted online at the ASAA website, on the hockey coaches page prior to the deadline.

- State Championship Roster Form
- State Championship Photo Upload Form (use if photo not submitted with roster)
- Team Season Record Form
- State Championship Code of Conduct
- Good sport selection Form
- Academic Award Entry Form

#### 6. STATE CHAMPIONSHIP DEADLINES

Deadlines can be found on the [asaa.org](http://asaa.org) website within the sport specific state championship policies & procedures and on the sport specific forms page.

#### 7. AWARDS

- a. First National Cup Traveling Trophy
- b. First and second place trophies
- c. 20 individual medallions for players, coaches, managers of the first and second place teams
- d. Team Sportsmanship Award
- e. Academic Award
- f. All Tournament medallions for each division, awarded for outstanding tournament play, regardless of player position on the ice.
- g. Player of the game awarded to one player from each team each game
- h. Two Good Sport Team Members Per Team  
Members are selected by their head coach to be honored for outstanding citizenship and sportsmanship throughout the entire season.