

# STUDENT HEALTH REVIEW/EXAM AUTHORIZATION TO RELEASE MEDICAL INFORMATION

**TO:** **Medical Provider**

I hereby authorize you to release copies of all medical information in your possession, whether paper or electronic, relating to student health review/exams of the student identified below to the school or school district in which the student is enrolled and to appropriate health care providers.

**Name of school or school district**

This release authorizes disclosure of this information to the school for purposes of the school's determining the fitness of the student to participate in strenuous physical activities, including but not limited to competitive athletic events.

I understand that the medical information disclosed by the medical provider to the school may be further disclosed by the school to the school's administrators, athletic director and coaches of any interscholastic activities in which I seek to participate.

I understand that once the information is disclosed, it may be re-disclosed by the recipient and federal law may not protect the information.

I understand that I may revoke this authorization in writing at any time, except to the extent action has been taken in reliance on this authorization.

I certify that the signatures on this release are voluntary.

Photocopies of this release shall have the same authority as the original. This release will expire one year from the date of signatures on this form, unless revoked earlier by me in writing.

**Date of signature**

**Signature of student**

**Printed or typed name of student**

**Student's social security number** (optional)

**Date of birth**

## CONSENT OF PARENT

I am the parent or legal guardian of the above student, and authorize the foregoing release of medical information to the student's school/school district and to appropriate health care providers.

**Date of signature**

**Signature of parent / legal guardian**

**Printed or typed name of parent / legal guardian**

# STUDENT HEALTH REVIEW/EXAM

## SECTION A: To be completed by parent or guardian.

<b>Student Last Name</b> <input style="width:95%;" type="text"/>	<b>Student First Name</b> <input style="width:95%;" type="text"/>	<b>MI</b> <input style="width:20px; height:20px;" type="text"/>	<b>Date of birth</b> <input style="width:95%; text-align:center;" type="text"/>	<b>Grade</b> <input style="width:20px; height:20px;" type="text"/>
<b>Address</b> <input style="width:95%; height:25px;" type="text"/>		<b>City</b> <input style="width:95%; height:25px;" type="text"/>		<b>Zipcode</b> <input style="width:20px; height:25px;" type="text"/>
<b>Phone</b> <input style="width:95%; height:25px;" type="text"/>	<b>Emergency Phone</b> <input style="width:95%; height:25px;" type="text"/>	<b>Date of last physical exam</b> <input style="width:95%; text-align:center;" type="text"/>		
<b>Are your immunizations up to date</b> <input type="checkbox"/> Yes <input type="checkbox"/> No	<b>Last tetanus shot</b> <input style="width:20px; height:25px;" type="text"/>	<b>Last measles shot</b> <input style="width:20px; height:25px;" type="text"/>	<b>Last TB skin test</b> <input style="width:20px; height:25px;" type="text"/>	

- |  | YES                      | NO                       |
|--|--------------------------|--------------------------|
| 1. Have you ever been hospitalized? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you ever had surgery? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Are you presently taking any medications or pills? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Have you ever passed out during or after exercise? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you ever been dizzy during or after exercise? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever had chest pain during or after exercise? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Do you tire more quickly than your friends during exercise? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Have you ever had high blood pressure? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Have you ever been told that you have a heart murmur? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Have you ever had racing of your heart or skipped beats? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Has anyone in your family died of heart problems or sudden death before age 50? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Do you have any skin problems ( <i>itching, rashes, acne</i> )? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Have you ever had a head injury? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Have you ever had a concussion? If yes, how many _____ .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Have you ever been knocked out or unconscious? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Do you suffer from migraines? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Have you ever had a seizure? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Have you ever had a stinger, burner or pinched nerve? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Have you ever had heat or muscle cramps? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Have you ever been dizzy or passed out in the heat? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Do you have trouble breathing or do you cough during or after activity? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Do you use any special equipment ( <i>pads, braces, neck rolls, mouth guards, eye guards, etc.</i> )? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. Have you ever had problems with your eyes or vision? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Do you wear glasses or contacts or protective eye wear? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 25. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling or other injuries in any of the following bones or joints? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Head <input type="checkbox"/> Shoulder <input type="checkbox"/> Thigh <input type="checkbox"/> Neck <input type="checkbox"/> Elbow <input type="checkbox"/> Knee <input type="checkbox"/> Chest<br><input type="checkbox"/> Forearm <input type="checkbox"/> Shin/calf <input type="checkbox"/> Back <input type="checkbox"/> Wrist <input type="checkbox"/> Ankle <input type="checkbox"/> Hip <input type="checkbox"/> Hand |                          |                          |
| 26. Have you ever had other medical problems ( <i>infectious mononucleosis, diabetes, etc.</i> )? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 27. Have you had any medical problem or injury since your last evaluation? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 28. Are you Diabetic? .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 29. Are you Asthmatic? .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 30. Do you have any allergies ( <i>medicine, bees or other stinging insects</i> )?? .....  | <input type="checkbox"/> | <input type="checkbox"/> |

List all allergies: \_\_\_\_\_

31. When was your first menstrual period? \_\_\_\_\_  
 When was your last menstrual period? \_\_\_\_\_  
 What was the longest time between your periods last year? \_\_\_\_\_

32. Explain all "yes" answers: \_\_\_\_\_  
 \_\_\_\_\_

I hereby state that, to the best of my knowledge, my answers to the above questions are correct and give consent for my student to be examined.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ALASKA SCHOOL ACTIVITIES ASSOCIATION, INC.**  
 4048 Laurel Street, Suite 203 • Anchorage, AK 99508 • (907) 563-3723 • Fax 561-0720 • www.asaa.org

# STUDENT HEALTH REVIEW/EXAM

**SECTION B: To be completed by physician, physician assistant, advanced nurse practitioner or doctor of chiropractic**

*This form to be sent to the school (do not send to ASAA)*

<b>Student Last Name</b> <input style="width: 95%;" type="text"/>	<b>Student First Name</b> <input style="width: 95%;" type="text"/>	<b>MI</b> <input style="width: 95%;" type="text"/>	<b>Date of birth</b> <input style="width: 95%;" type="text"/>	<b>Grade</b> <input style="width: 95%;" type="text"/>
<b>Height</b> <input style="width: 95%;" type="text"/>	<b>Weight</b> <input style="width: 95%;" type="text"/>	<b>Blood Pressure</b> <input style="width: 95%;" type="text"/>		<b>Pulse</b> <input style="width: 95%;" type="text"/>
<b>Vision — Right Eye</b> <input style="width: 95%;" type="text"/>	<b>Vision — Left Eye</b> <input style="width: 95%;" type="text"/>	<b>Vision Corrected?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No		<b>Pupils</b> <input style="width: 95%;" type="text"/>

	NORMAL	ABNORMAL FINDINGS	INITIALS
Cardiopulmonary			
Pulse			
Heart			
Lungs			
Skin			
Abdominal			
Genitalia			
Musculoskeletal			
Neck			
Shoulder			
Elbow			
Wrist			
Hand			
Back			
Knee			
Ankle			
Foot			
Other			

**Clearance:**     Cleared  
 Cleared after completed evaluation/rehabilitations for (Specific Sports): \_\_\_\_\_  
 Not cleared for:     Collision     Contact     Noncontact     Strenuous  
    Moderately Strenuous     Nonstrenuous

Due to: \_\_\_\_\_  
\_\_\_\_\_

<b>Name of M.D., P.A., ANP or DC (circle which)</b> <input style="width: 95%;" type="text"/>	<b>Signature</b> <input style="width: 95%;" type="text"/>	<b>Date</b> <input style="width: 95%;" type="text"/>
<b>Address</b> <input style="width: 95%;" type="text"/>		<b>Phone</b> <input style="width: 95%;" type="text"/>

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