

## Article 7 Section 7.B

B. When a student is participating in an ASAA sport that overlaps the beginning of another ASAA sport, only five practices in the second sport are required. In addition, when a student is participating in a nationally recognized activity (or the Arctic Winter Games) that overlaps the beginning of an ASAA sport season, the Executive Director may waive up to five practices. For purposes of this section, a “nationally recognized activity” is a non-school athletic competition and/or practice, in a sanctioned ASAA sport, conducted under the auspices of a national sports governing body as part of an Olympic Development Program. This activity will usually be conducted outside of the state of Alaska.