

## 2019 ASAA State Track &amp; Field Championships - 5/24/2019 to 5/25/2019

## Palmer High School

## Machetanz Stadium

## Results

## Women Long Jump Unified

Name	Year	School	Seed	Finals
Finals				
1 Koshimizu, Rianna		Service	13-03.25	13-02.25
1 Varnadoe, Adrianna		Service	13-03.25	13-02.25
3 Shuttleworth, Allie		Service	11-09.00	11-04.75
3 Main, Sofia		Service	11-09.00	11-04.75
5 Elkins, Kiana		Delta Junction	9-09.50	11-01.00
5 Howell, Abigail		Delta Junction	9-09.50	11-01.00
-- Wilson, Lorren		Lathrop	13-07.75	ND
-- Milliam, Thea		Lathrop	13-07.75	ND
-- Lim, Esther		Service	10-06.00	ND
-- Sticka, Jordan		Service	10-06.00	ND

## Mixed Long Jump Unified

Name	Year	School	Seed	Finals
1 Morrow, John	M	Sitka	27-04.50	26-03.25
1 Diga, Jemar	M	Sitka		26-03.25
3 Hermanson, Eli	M	Service	23-00.00	23-11.25
3 Vonda, Simon	M	Service	23-00.00	23-11.25
5 Sparks, Oz	M	Chugiak	21-01.75	22-05.25
5 Lattier, Caleb	M	Chugiak	21-01.75	22-05.25
7 Lathrop, Logan	M	Service	21-01.75	21-03.25
7 Fraczek, Michael	M	Service	21-01.75	21-03.25
9 Sura, Jonathan	M	Service	16-10.00	19-07.50
9 Gerhardt, Jacob	M	Service	16-10.00	19-07.50
11 Moon, Lia	W	Service	17-08.75	19-06.25
11 McCrae-Hunter, Jonathon	M	Service	17-08.75	19-06.25
13 Kowalski, Cody	M	North Pole	19-09.75	19-00.50
13 Massey, Kristy	W	North Pole	19-09.75	19-00.50
15 Binion, Jaeden	M	Service	18-03.25	17-00.50
15 Kwon, Hana	W	Service	18-03.25	17-00.50

## Mixed Shot Put Unified

Name	Year	School	Seed	Finals	H#
1 Dumag, Aedon	M	Sitka	61-02.75	59-03.50	2
1 Morrow, John	M	Sitka	61-02.75	59-03.50	2
3 Canon, Gabriel	M	Juneau-Dougl	52-09.75	55-07.50	2
3 Ireland-Haight, Steven	M	Juneau-Dougl	52-09.75	55-07.50	2
5 Vonda, Simon	M	Service	52-10.00	51-03.50	2
5 Hermanson, Eli	M	Service	52-10.00	51-03.50	2
7 McCrae-Hunter, Jonathon	M	Service	40-06.75	39-01.50	2
7 Moon, Lia	W	Service	40-06.75	39-01.50	2
9 Gerhardt, Jacob	M	Service	34-07.00	36-02.00	2
9 Sura, Jonathan	M	Service	34-07.00	36-02.00	2
11 Fraczek, Michael	M	Service	35-06.75	36-01.50	2
11 Lathrop, Logan	M	Service	35-06.75	36-01.50	2
13 Tsukada, Saku	M	Service	35-06.50	33-09.00	2
13 Miller, Logan	M	Service	35-06.50	33-09.00	2
15 Main, Sofia	W	Service	32-02.75	33-01.50	1

**2019 ASAA State Track & Field Championships - 5/24/2019 to 5/25/2019****Palmer High School****Machetanz Stadium****Results****....Mixed Shot Put Unified**

15 Shuttleworth, Allie	W Service	32-02.75	33-01.50	1
17 Kwon, Hana	W Service	30-06.25	33-00.25	2
17 Binion, Jaeden	M Service	30-06.25	33-00.25	2
19 Koshimizu, Rianna	W Service	27-05.25	32-01.50	1
19 Varnadoe, Adrianna	W Service	27-05.25	32-01.50	1
-- Lim, Esther	W Service	26-06.75	ND	1
-- Sticka, Jordan	W Service	25-06.75	ND	1