

**ASAA/FIRST NATIONAL BANK ALASKA
TRACK & FIELD STATE MEET RECORDS**

GIRLS

EVENT	MARK	ATHLETE	SCHOOL	YEAR
100 Meter	11.8h	Starlett Jackson	Bartlett	1981
200 Meter	24.73	Tanner Ealum	Anchorage Christian	2015
400 Meter	54.86	Tanner Ealum	Anchorage Christian	2015
800 Meter	2:10.42	Morgan Dampier	Wasilla	2011
1600 Meter	4:48.31	Allie Ostrander	Kenai	2015
3200 Meter	10:09.72	Allie Ostrander	Kenai	2015
100m Hurdles	14.82	Rosie Smith	Bartlett	2011
300m Hurdles	43.49	Naomi Welling	Thunder Mt	2016
4 x 100m Relay	49.12	Hall, Griffin, Scherffius, Gould	Chugiak	2019
4 x 200m Relay	1:44.86	Bailey, Preston, Dollison, A Smith	East Anchorage	2003
4 x 400m Relay	4:01.72	Sandahl, DeVito, Beeson, Flanagan	Kenai	2010
4 x 800m Relay	9:27.39	Nelson, Hutchings, Fox, McCormick	Soldotna	2015
High Jump	5'9"	Emma Nelson	Chugiak	2018
Long Jump	19'05.00"	Janay Deloach	Eielson	2003
Triple Jump	38'10.25"	Alisha Allen	Lathrop	2012
Discus	143'02.00"	Jenny Luer	Palmer	1997
Shot Put	44'4.75"	Jenny Luer	Palmer	1997

BOYS

EVENT	MARK	ATHLETE	SCHOOL	YEAR
100 Meter	10.86	Colton Herman	East Anchorage	2019
200 Meter	21.90	Joel Knight	Soldotna	1995
400 Meter	47.78	Ethan Hewitt	Chugiak	2007
800 Meter	1:49.2h	Doug Herron	Bartlett	1985
1600 Meter	4:12.17	Levi Thomet	Kodiak	2015
3200 Meter*	9:09.41	Levi Thomet	Kodiak	2015
110m Hurdles	14.61	Tyler Rhode	Chugiak	2012
300m Hurdles	38.58	Elliott Bauer	South Anchorage	2011
4 x 100m Relay	43.24	Henderson, Haynes, Wilson, Suber	Bartlett	2018
4 x 200m Relay	1:28.5h	Ingram, Robinson, Myles, Pennino	Bartlett	1990
4 x 400m Relay	3:23.6h	Singleton, Perham, Stpens, Brownsberger	East Anchorage	1982
4 x 800m Relay	7:54.39	Mamikunian, Lane, Walgren, Talbot	Service	2010
High Jump	6'9.00"	Ben Jackson	Service	2009
Long Jump	23'0.00"	Dereck Ladson	West Valley	1997
Triple Jump	46'7.00"	Brandon Nicholson	Colony	2017
Discus	192'07"	Jordan Clarke	Bartlett	2007
Shot Put	71'03"	Jordan Clarke	Bartlett	2008

State Records may only be established at State Championships

*Don Clary's 2 mile (3219m) time of 9:04.4h in 1975 is superior to the state 3200m record of 9:09.41
h-hand held time add .24