

STATE OF ALASKA TRACK AND FIELD RECORD BOOK: PAST CHAMPIONS

MENS TEAMS

<u>Year</u>	<u>Champion</u>	<u>Runner-up</u>	<u>Academic</u>	<u>Outstanding Athlete</u>
1975	EAST			
1976	EAST (116)	Bartlett (89)		
1977	DIMOND	Bartlett		
1978	KODIAK			
1979	BARTLETT			
1980	BARTLETT			
1981	BARTLETT			
1982	BARTLETT			
1983	BARTLETT			
1984	BARTLETT			
1985	BARTLETT (133)	Chugiak (56)		
1986	BARTLETT (78)	Lathrop (64)		
1987	CHUGIAK (101)	Bartlett (90)		
1988	CHUGIAK (86)	Wasilla (68)		Corey Moore (Was)
1989	BARTLETT (132)	Chugiak (110)		
1990	BARTLETT (122)	Lathrop (71)	Haines (3.63)	
1991	BARTLETT (135)	Lathrop (106)	ACS (3.60)	Jake Bartholomy(Bart)
1992	BARTLETT (89)	Soldotna (72)	Seward (3.70)	
1993	LATHROP (66)	Soldotna (60)		
1994	SOLDOTNA (84)	Lathrop (64)	Ketchikan (3.65)	
1995	PALMER (76)	Bartlett (50)	Colony (3.29)	
1996	CHUGIAK (680)	Colony (54)	Anderson (3.91)	Kenneth Card (Bart)
1997	PALMER (87.5)	Dimond (82)	Anderson (3.71)	Wilbur Hooks (Dim)
1998	DIMOND (74)	Colony (60)a	Tri-Valley (3.80)	Marairre(E)&Jordon(WV)
1999	COLONY (102)	Bartlett (73)	Seldovia (3.64)	Eric Strabel (Colony)
2000	COLONY (74)	Bartlett (70)	Nikiski (3.92)	Patrick Beattie (Bart)
2001	BARTLETT	Kodiak	Heritage (3.66)	Curtis Mortenson (Kod)
2002	DIMOND (80)	Palmer (57)	W. Valley (3.61)	Ryan Collins (Col)
2003	DIMOND (84)	Palmer (64)	Sitka (3.78)	Aaron Dickson (Pal)
2004	EAST (91)	Dimond (58)	Colony (3.50)	Brandon Grant (Dim)
2005	JUNEAU (70)	Lathrop (52.67)	Grace (3.72)	Justin Schwartzbauer (Col)
2006	EAST (63)	Dimond (60)	Grace (3.56)	Jordan Clarke (Bart)
2007	KODIAK (86)	Kenai (51.5)	Grace (3.64)	Jordan Clarke (Bart)
2008 4A	BARTLETT (92)	Palmer (87)	Palmer (3.46)	Jordan Clarke (Bart)
2008 123A	GRACE (122)	Seward (86)	ACS (3.54)	Drew Edwards (Grace)
2009 4A	BARTLETT (86)	South (77)	Colony (3.43)	Trevor Dunbar (Kodiak)
2009 123A	SEWARD (108)	Grace (81)	ACS (3.55)	Travis Price (Seward)
2010 4A	BARTLETT (80)	Service (76)	Kenai (3.66)	Silas Talbot (Service)
2010 123A	GRACE (106)	ACS (77)	Glennallen (3.63)	Jacob Kirk (Grace)
2011 4A	DIMOND (74)	Service (64)	West Valley (3.60)	Elliott Bauer (South)
2011 123A	SEWARD (84.5)	Grace (84)	Grace (3.37)	Pat Brown (Eielson)
2012 4A	BARTLETT (101)	Lathrop (70)	Service (3.55)	Tyler Rhode-Chugiak
2012 123A	GRACE (99)	ACS (88)	Tri-Valley (3.70)	Jon Klein (Grace)
2013 4A	KODIAK (87)	Dimond (84)	Eagle River (3.52)	Levi Thomet (Kodiak)
2013 123A	ACS (99)	Houston (58.75)	ACS (3.75)	Augustus Simmers (ACS)
2014 4A	DIMOND (105)	Lathrop (78)	South (3.71)	Leroy Elliott (West)
2014 123A	ACS (89)	Grace (53)	Skagway (3.69)	Anthony Griffith (Eielson)
2015 4A	KODIAK (83)	Lathrop (63)	Kenai (3.72)	Levi Thomet (Kodiak)
2015 123A	ACS (119.5)	Eielson (72)	Petersburg (3.76)	Micheal Todd (ACS)

WOMENS TEAMS

<u>Year</u>	<u>Champion</u>	<u>Runner-up</u>	<u>Academic</u>	<u>Outstanding Athlete</u>
1975	BARTLETT	Dimond		
1976	EAST (116)	Dimond (80)		
1977	DIMOND	East Anchorage		
1978	DIMOND			
1979	DIMOND			
1980	BARTLETT			
1981	BARTLETT			
1982	BARTLETT			
1983	BARTLETT			
1984	BARTLETT			
1985	BARTLETT (105)	Kodiak (60)		
1986	BARTLETT (84)	W. Valley (54)		
1987	BARTLETT (105)	Lathrop (84)		
1988	EAST HIGH (66)	West Valley (65.5)		Sara Gish (Lathrop)
1989	BARTLETT (84)	Dimond (58)		
1990	CHUGIAK (79)	Lathrop (76)	Anderson (3.88)	
1991	DIMOND (89)	West Anch (55)	Homer (3.66)	Beth Ladd (Homer)
1992	CHUGIAK (84)	Bartlett (60)	Homer (3.83)	
1993	CHUGIAK (81)	Soldotna (53)		
1994	CHUGIAK (128)	Dimond (48)	Skyview (3.74)	
1995	EAST ANCH.(64)	Soldotna (57)	Skyview (3.92)	
1996	SOLDOTNA (89)	Nikiski (58)	Tri-Valley (4.00)	Annie Berdahl (Nik)
1997	SOLDOTNA (99)	East Anch. (67)	Nikiski (4.00)	Jenny Luer (Palmer)
1998	EAST ANCH. (99)	Dim & Col (69)	Nikiski (3.94)	Courtney Williams (East)
1999	BARTLETT (71)	East Anch. (64)	Chugiak (3.72)	Courtney Ward (Grace)
2000	BARTLETT (84)	Colony (53)	Petersburg (3.96)	Kikkan Randall (East)
2001	LATHROP	Colony	Su Valley (3.88)	Janay DeLoach (Eiel)
2002	WEST ANCH. (73)	East Anch. (64)	Palmer (3.77)	Kris Smith (West)
2003	EAST ANCH. (72)	Lathrop (71)	Soldotna (3.720)	Kris Smith (West)
2004	EAST ANCH. (91)	Lathrop (78)	Grace (3.77)	Ari Goldstein (SOHI)
2005	WEST VALLEY (78)	East Anch. (74.5)	ACS (3.93)	Ashley Smith (East)
2006	WEST VALEY (108)	Bartlett (72)	Grace (3.74)	Andrea Crook (Bart)
2007	BARTLETT (92)	West Valley (83)	Colony (3.81)	Hilarie Putnam (Was)
2008 4A	DIMOND (85.5)	Juneau (70)	South (3.80)	Leah Francis (Juneau)
2008 123A	ACS (115)	Haines (84)	Monroe (4.00)	Kim Wilson (Hutch)
2009 4A	DIMOND (95)	Juneau (49)	West Valley (3.71)	Gabrielle Todd (Bart)
2009 123A	ACS (92)	Grace (86)	Monroe (3.81)	Kailey Wilson (K. Lake)
2010 4A	DIMOND (80)	Bartlett (56)	Juneau (3.78)	Lierin Flanigan (Kenai)
2010 123A	ACS (98.5)	Grace (84)	Heritage (3.90)	Kailey Wilson (K. Lake)
2011 4A	WASILLA (85)	Dimond (55.5)	Kenai (3.89)	Morgan Dampier (Wasilla)
2011 123A	GRACE (142)	ACS (65)	Grace (3.71)	Gabriella Serventi (Grace)
2012 4A	WASILLA (94)	Bartlett (77)	South (3.95)	Morgan Dampier (Wasilla)
2012 123A	GRACE (150)	ACS (93)	Glennallen (3.96)	Macala Fifield (Monroe)
2013 4A	DIMOND (81)	Wasilla (61)	Kenai (3.69)	Audrey Michaelson (Colony)
2013 123A	GRACE (117)	Homer (74)	Homer (3.90)	Claire Trujello (Grace)
2014 4A	COLONY (61)	Chugiak/Thund (52)	South (3.90)	Allie Ostrander (Kenai)
2014 123A	GRACE (96)	ACS (79)	Homer (3.77)	Tanner Ealum (ACS)
2015 4A	SOUTH ANC (76)	Kenai (54)	South (3.82)	Allie Ostrander (Kenai)
2015 123A	ACS (95)	Homer (80)	Homer (3.83)	Tanner Ealum (ACS)

RECENT STATE CHAMPIONS IN EACH EVENT
(NOTE: Current State Record is in Bold)

Prior to 1994, times were handheld and, by rule, were rounded up to the next nearest tenth of a second. When Fully Automated Timing (FAT) was incorporated into the state tournament, times could accurately be measured to the hundredth. For state record conversion, the NFHS rules book determined that the difference between a handheld time and automatic time is 0.24 seconds. The old handheld time would be compared to the result with the FAT time by adding this .24. If the recent FAT time is faster, it will then be accepted as the new state record.

100 METERS

<u>Year</u>	<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1985	Williams (Bartlett)	11.0	Adrea Kourametis (Kodiak)	12.9
1986	Easley (West Anchorage)	11.1	Burleson (East Anchorage)	12.6
1987	Corey Moore (Wasilla)	10.9	Ferlesher Jackson (Lathrop)	12.8
1988	Corey Moore (Wasilla)	10.8	King (East)	12.6
1989	Robinson (Bartlett)	11.2	Crawford (Bartlett)	12.3
1990	Orrie Ingram (Bartlett)	11.0	Passion Richardson (Lath)	12.6
1991	DeWayne Ingram (Bartlett)	11.2	Catrina Wright (Lathrop)	12.8
1992	DeWayne Ingram (Bartlett)	10.9	Marlana Hunter (West)	12.4
1993	Sandreklus Robinson (Lat)	10.95	Catrina Wright (Bartlett)	12.5
1994	Ambrose Mazon (Lathrop)	11.09	Farah Griggs (Palmer)	12.91
1995	Joel Knight (Soldotna)	10.90	Nanette Munnlyn (Lathrop)	12.96
1996	Kenneth Card (Bartlett)	11.39	Crystal White (Lathrop)	12.87
1997	Wilbur Hooks (Dimond)	11.07	Laura Ingham (East)	12.87
1998	Robert Ridgeway (Juneau)	11.49	Laura Ingham (East)	12.83
1999	Marvin Jackson (Lathrop)	11.32	Savon Shegog (Bartlett)	12.79
2000	Cedar Gray (West Valley)	10.74	Janay DeLoach (Eielson)	12.30
2001	Joe Robinson (Kodiak)	11.18	Janay DeLoach (Eielson)	12.34
2002	Ryan Collins (Colony)	11.06	Janay DeLoach (Eielson)	12.42
2003	Ernest Morris (Juneau)	11.31	Ashley Smith (East)	12.39
2004	Michael Madrid (East)	11.17	Ashley Smith (East)	12.42
2005	Eric Walsh (Monroe)	11.09	Ashley Smith (East)	12.20
2006	Damar Wilson (East)	11.35	Jessica Jeans (Bartlett)	12.53
2007	Damar Wilson (East)	11.03	Jessica Jeans (Bartlett)	12.68
2008 4A	Wah'fe Granger (Bartlett)	11.26	Gabrielle Todd (Bartlett)	12.90
2008 123A	Drew Edwards (Grace)	11.55	Kim Wilson (Hutchison)	12.88
2009 4A	A.J. Allen (Lathrop)	10.96	Gabrielle Todd (Bartlett)	12.48
2009 123A	Nick Nysewander (Su Valley)	11.79	Melissa Grammer (Valdez)	12.94
2010 4A	Cyrus Chenault (Bartlett)	11.27	Dajanae Harris (Wasilla)	12.73
2010 123A	Nick Nysewander (Su Valley)	11.78	Ellen Esbenshade (Yakutat)	13.44
2011 4A	Darrion Gray (Dimond)	11.12	Dajanae Harris (Wasilla)	12.43
2011 123A	Pat Brown (Eielson)	11.18	Gabriella Serventi (Grace)	13.12
2012 4A	Keenan Honore (Bartlett)	11.36	Destiny Little (Bartlett)	12.54
2012 123A	Devin Light (Haines)	11:61	Catherine McKoy (ACS)	13.07
2013 4A	Hunter Desmond (Lathrop)	11.77	Peggy Mathis (Wasilla)	13.06
2013 123A	Tony Griffith (Eielson)	11.63	Kaylee Fisher (Skyview)	13.58
2014 4A	Charles Sudduth (West V)	11.21	Peggy Mathis (Colony)	12.70
2014 123A	Anthony Griffith (Eielson)	11.24	Tanner Ealum (ACS)	12.74
2015 4A	Charles Sudduth (West V)	10.91	Katherine Hines (South)	12.56
2015 123A	Jordan Sondergaard (Glen)	11.57	Tanner Ealum (ACS)	12.11

200 METERS

<u>Year</u>	<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1985	Dely (West Anchorage)	22.5	Adrea Kourametis (Kodiak)	26.5
1986	Max Easley (West)	22.7	Cricket Burleson (East)	26.6
1987	Corey Moore (Wasilla)	21.9	Ferlesher Jackson (Lat)	25.7
1988	Corey Moore (Wasilla)	21.9	Bell (Wasilla)	26.2
1989	McGrew (Bartlett)	22.4	Bell (Wasilla)	25.9
1990	Delvin Myles (Bartlett)	22.4	Passion Richardson (Lat)	25.2
1991	DeWayne Ingram (Bart)	22.6	Catrina Wright (Bartlett)	26.5
1992	DeWayne Ingram (Bart)	22.1	Marlana Hunter (West)	25.7
1993	Sandreklus Robinson (Lat)	22.49	Catrina Wright (Bartlett)	25.9
1994	Joel Knight (Soldotna)	22.01	Farah Griggs (Palmer)	26.30
1995	Joel Knight (Soldotna)	21.99	Janelle Billingslea (Juneau)	26.48
1996	Kenneth Card (Bartlett)	22.46	Lani McLane (Soldotna)	26.59
1997	Wilbur Hooks (Dimond)	22.26	Janelle Billingslea (Juneau)	26.03
1998	Munya Maraire (Eielson)	22.11	Laura Ingham (East)	25.92
1999	Jerry Washington (Bart)	23.36	Aquanita Burras (Lathrop)	25.64
2000	Adrian Calahan (Bartlett)	22.13	Mary Pearce (Dimond)	25.78
2001	Ryan Collins (Colony)	22.67	Aquanita Burras (Lathrop)	25.83
2002	Ryan Collins (Colony)	22.29	Mary Pearce (Dimond)	25.89
2003	Michael Madrid (East)	22.99	Dominique Slater (Lathrop)	25.86
2004	Brandon Grant (Dimond)	22.65	Ashley Smith (East)	25.49
2005	Sid Johnson (Lathrop)	22.80	Ashley Smith (East)	25.53
2006	Eli Shittu (Bartlett)	22.75	Andrea Crook (Bartlett)	25.48
2007	Ethan Hewitt (Chugiak)	22.66	Andrea Crook (Bartlett)	25.92
2008	4A John Daly (Palmer)	22.85	Lierin Flanagan (Kenai)	26.26
2008	123A Drew Edwards (Grace)	23.22	Kim Wilson (Hutchison0)	26.29
2009	4A Ryan Clay (South0)	22.74	Gabielle Todd (Bartlett)	25.74
2009	123A Shane Cawley (Valdez)	24.35	Lexy Seifert (Barrow)	27.13
2010	4A David Sollars (South)	22.62	Lierin Flanagan (Kenai)	25.86
2010	123A Nick Nysewander (Su Valley)	23.96	Gabriella Serventi (Grace)	28.04
2011	4A Elliott Bauer (South)	22.32	Hannah Souders (Service)	25.92
2011	123A Pat Brown (Eielson)	23.07	Gabriella Serventi (Grace)	26.91
2012	4A Daquon Brunson (Bartlett)	22.58	Morgan Dampier (Wasilla)	25.82
2012	123A Scott Delauder (Eielson)	23.86	Catherine McKoy (ACS)	27.61
2013	4A Tyler Rohde (Chugiak)	23.18	Peggy Mathis (Wasilla)	26.69
2013	123A Charlie Buzby (Houston)	23.84	Tanner Ealum (ACS)	27.96
2014	4A C.J. Parker (Dimond)	22.50	Peggy Mathis (Wasilla)	25.36
2014	123A Anthony Griffith (Eielson)	22.62	Tanner Ealum (ACS)	25.36
2015	4A Charles Sudduth (West V)	22.23	Katherine Hines (South)	25.65
2015	123A Jordan Sondergaard (Glenn)	23.30	Tanner Ealum (ACS)	24.73

400 METERS

<u>Year</u>	<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1985	Anthony Schexneyder (NP)	50.6	Jill Parrish (Juneau)	59.6
1986	Anthony Schexneyder (NP)	49.6	Zimmerman (W. Valley)	59.2
1987	Everett Simpson (Lathrop)	50.4	Barb Frates (Kenai)	59.0
1988	Corey Moore (Wasilla)	49.9	McDonald (Lathrop)	59.3
1989	McGrew (Bartlett)	48.0	Nikki Thomas (Dimond)	57.4
1990	Reggie Tongue (Lathrop)	49.2	Nikka Thomas (Dimond)	58.0
1991	Jason Reaves (Lathrop)	49.3	Nikki Viersen (Glennallen)	60.6
1992	Leon Cooper (Chugiak)	50.6	Cynthia Morman (Chugiak)	60.7
1993	Lawrence Simpson (West)	50.38	Cynthia Morman (Chugiak)	60.27
1994	Jon Becker (Homer)	49.70	Brit Jacobson (Chugiak)	57.85
1995	James Kenfield (Chugiak)	49.69	Marne Gunderson (Su Val)	58.59
1996	Webb Girard (Chugiak)	50.31	Heidi Johnson (East)	59.30
1997	Wilbur Hooks (Dimond)	50.24	Beatrice Bullock (Service)	59.35
1998	Munya Maraire (Eielson)	49.39	Regina Cambilargui (N.P.)	58.39
1999	Jerry Washington (Bart)	50.58	Courtney Ward (Grace)	58.08
2000	Josh Young (Dimond)	50.76	Mary Pearce (Dimond)	58.88
2001	Brandon Joseph (Dimond)	50.68	Molly Bosick (Ninilchik)	57.94
2002	Chris Stovall (Dimond)	50.97	Mary Pearce (Dimond)	57.74
2003	Olin Bingham (Palmer)	50.48	Eryka Morris (Chugiak)	59.93
2004	Brandon Grant (Dimond)	51.27	Leah Preston (East)	59.36
2005	John Humphries (Chugiak)	51.01	Ashley Smith (East)	59.33
2006	Levi Sutton (Kenai)	51.66	Andrea Crook (Bartlett)	57.14
2007	Ethan Hewitt (Chugiak)	47.78	Andrea Crook (Bartlett)	57.67
2008	4A Matt Jaronik (Colony)	50.51	Andrea Crook (Bartlett)	57.92
2008	123A Drew Edwards (Grace)	50.08	Brooke Forsi (CIA)	58.63
2009	4A Raymond Reid (Bartlett)	50.18	Gabrielle Todd (Bartlett)	57.24
2009	123A Travis Price (Seward)	49.82	Britney Anderson (Eielson)	101.11
2010	4A J.J. Jack-Nixon (Dimond)	49.51	Lierin Flanagan (Kenai)	55.95
2010	123A Mickey Wilson (Skagway)	52.42	Gabriella Serventi (Grace)	1:01.47
2011	4A J.J. Jack-Nixon (Dimond)	49.55	Morgan Dampier (Wasilla)	57.43
2011	123A Austin Gillespie (Seward)	53.02	Gabriella Serventi (Grace)	1:00.13
2012	4A Daquon Brunson (Bartlett)	50.43	Morgan Dampier (Wasilla)	57.65
2012	123A Alex Weldon (Eielson)	52.87	Macala Fifield (Monroe)	1:01.52
2013	4A Chris Kveseth (Chugiak)	50.74	Peggy Mathis (Wasilla)	58.16
2013	123A Micah Hilbish (Skyview)	52.70	Zoe Langseth (Valdez)	1:03.31
2014	4A C.J. Parker (Dimond)	52.03	Peggy Mathis (Colony)	58.56
2014	123A Nate Simmers (ACS)	51.53	Tanner Ealum (ACS)	58.50
2015	4A Jack Martensen (Service)	50.45	Nikole Boggs (Eagle River)	57.92
2015	123A Michael Todd (ACS)	49.75	Tanner Ealum (ACS)	54.86

800 METERS

Year	Men's Champ	Time	Women's Champ	Time
1985	Doug Herron (Bartlett)	1:49.2	Bradshaw (Lathrop)	2:21.9
1986	Peckham (Delta Junction)	1:56.2	Barb Frates (Kenai)	2:18.6
1987	Chip Fudela (Kodiak)	1:56.6	Barb Frates (Kenai)	2:19.7
1988	Heintz (Dimond)	1:58.2	Cheri Jones (Bartlett)	2:17.1
1989	Lee (Chugiak)	1:56.5	Hansen (Chugiak)	2:22.2
1990	Chad Seethaler (Bartlett)	1:58.5	Beth Ladd (Homer)	2:19.0
1991	Jake Bartholomy (Bartlett)	1:57.1	Beth Ladd (Homer)	2:19.0
1992	Grayson (B) & Rousey (P)	1:57.2	Kaarin Knudson (Dimond)	2:18.9
1993	Laird Prosser (Dimond)	1:55.38	Brit Jacobson (Chugiak)	2:21.2
1994	Randy Grayson (Chugiak)	1:56.24	Brit Jacobson (Chugiak)	2:17.60
1995	Laird Prosser (Dimond)	1:57.30	Dayna Hice (Bartlett)	2:22.19
1996	Adam Hartig (Wasilla)	1:59.17	Annie Berdahl (Nikiski)	2:19.31
1997	Neil Karella (West Valley)	1:58.94	Annie Dougherty (SoHi)	2:21.70
1998	Michael Jordan (N.Pole)	1:57.78	Kikkan Randall (East)	2:17.55
1999	Josh Young (Dimond)	1:59.56	Sarah Dimmick (Wasilla)	2:17.67
2000	Eric Strabel (Colony)	1:58.89	Sarah Dimmick (Wasilla)	2:15.55
2001	Sean McMahon (East)	1:58.57	Elisa Bolling (Ketchikan)	2:19.01
2002	Ben Mercer (West Valley)	2:00.52	Kris Smith (West)	2:15.75
2003	Aaron Dickson (Palmer)	1:58.71	Kris Smith (West)	2:14.56
2004	Mick Boyle (Kenai)	2:02.79	Ari Goldstein (Soldotna)	2:18.91
2005	Tyler Dinnan (Juneau)	1:57.27	Christina Gillis (W. Valley)	2:21.24
2006	Tyler Dinnan (Juneau)	1:58.65	Samantha Davis (W. Valley)	2:17.93
2007	Cory Pena (Kodiak)	1:55.34	Samantha Davis (W. Valley)	2:15.38
2008	4A Kevin Smith (Palmer)	1:59.55	Leah Francis (Juneau)	2:16.94
2008	123A Travis Price (Seward)	2:02.38	J.J. Lende (Haines)	2:19.79
2009	4A Ryan Hanley (Dimond)	1:56.15	Ivy O'Guinn (Skyview)	2:16.94
2009	123A Travis Price (Seward)	1:59.66	Kailey Wilson (Kenny Lake)	2:25.41
2010	4A Hans Roelle (West)	1:55.68	Morgan Dampier (Wasilla)	2:13.95
2010	123A Mickey Wilson (Skagway)	1:59.29	Kailey Wilson (Kenny Lake)	2:22.16
2011	4A Jani Lane (Service)	1:51.82	Morgan Dampier (Wasilla)	2:10.42
2011	123A Joseph Dillon (Grace)	2:00.04	Katie Strong (Port Lions)	2:25.86
2012	4A Jordan Fogle (Kodiak)	1:54.86	Morgan Dampier (Wasilla)	2:20.04
2012	123A Jon Klein (Grace Christian)	2:01.72	Anna Trujilla (Grace Chr)	2:24.97
2013	4A Levi Fried (Kodiak)	2:00.18	Audrey Michaelson (Colony)	2:16.92
2013	123A Micah Hilbish (Skyview)	2:03.97	Zoya Timoshenko (Delta)	2:28.70
2014	4A Levi Thomet (Kodiak)	1:58.83	Allie Ostrander (Kenai)	2:15.59
2014	123A Micah Hilbish (Skyview)	2:03.35	Aurora Waclawski (Homer)	2:22.45
2015	4A Levi Thomet (Kodiak)	1:57.30	Allie Ostrander (Kenai)	2:11.29
2015	123A Micheal Todd (ACS)	2:02.46	Briahna Gerlach (Glenn)	2:16.99

1600 METERS

Year	Men's Champ	Time	Women's Champ	Time
1985	Doug Herron (Bartlett)	4:13.0	Bradshaw (Kodiak)	5:10.8
1986	Kramer (Lathrop)	4:15.6	Kristi Klinnert (Kodiak)	5:02.6
1987	Lance Bartlett (Lathrop)	4:25.4	Kristi Klinnert (Kodiak)	5:06.9
1988	Gilbert (Wasilla)	4:22.7	Gish (Lathrop)	5:06.7
1989	Lee (Chugiak)	4:30.6	Hansen (Chugiak)	5:17.6
1990	Norm Rousey (Palmer)	4:22.6	Beth Ladd (Homer)	5:01.2
1991	Jake Bartholomy (Bartlett)	4:17.8	Beth Ladd (Homer)	5:05.9
1992	David Dyer (Lathrop)	4:22.9	Kaarin Knudson (Dimond)	5:13.2
1993	Laird Prosser (Dimond)	4:15.8	Emily Ransom (Seward)	5:12.1
1994	Miguel Gomez (West)	4:21.21	Stephanie VanTroba (Col)	5:09.96
1995	Laird Prosser (Dimond)	4:22.25	Christy Virgin (Glen)	5:12.72
1996	Tyler Keene (Chugiak)	4:25.50	Annie Berdahl (Nikiski)	5:06.30
1997	Tyler Keene (Chugiak)	4:28.31	Annie Berdahl (Nikiski)	5:08.01
1998	Michael Jordan (N. Pole)	4:25.15	Christy Virgin (Glennallen)	5:06.24
1999	Eric Strabel (Colony)	4:29.87	Kikkan Randall (East)	5:20.89
2000	Patrick Beattie (Bartlett)	4:27.24	Kikkan Randall (East)	5:08.49
2001	Curtis Mortenson (Kodiak)	4:21.43	Kikkan Randall (East)	5:00.21
2002	Mike Barth (ACS)	4:24.13	Kris Smith (West)	4:56.78
2003	Aaron Dickson (Palmer)	4:22.67	Kris Smith (West)	4:55.89
2004	Knutsen-Lombardo (Kod)	4:24.19	Ari Goldstein (Soldotna)	5:08.23
2005	Tyler Dinnan (Juneau)	4:22.03	Ari goldstein (Soldotna)	5:04.12
2006	Tyler Dinnan (Juneau)	4:25.24	Maggie Callahan (W. Valley)	5:05.92
2007	Cory Pena (Kodiak)	4:16.85	Leah Francis (Juneau)	5:01.90
2008	4A Trevor Dunbar (Kodiak)	4:15.78	Leah Francis (Juneau)	5:00.65
2008	123A Leif Karlberg (Grace)	4:27.53	J.J. Lende (Haines)	5:05.36
2009	4A Trevor Dunbar (Kodiak)	4:13.32	Leah Francis (Juneau)	5:05.52
2009	123A Jacob Kirk (Grace)	4:27.95	Kailey Wilson (Kenny Lake)	5:18.10
2010	4A Silas Talbot (Service)	4:19.29	Ivy O'Guinn (Skyview)	5:09.41
2010	123A Jacob Kirk (Grace)	4:22.76	Kailey Wilson (Kenny Lake)	5:27.82
2011	4A Silas Talbot (Service)	4:24.98	Jaymi Bethea (Kodiak)	5:05.72
2011	123A Andrey Ionashku (Delta)	4:26.51	Macala Fifield (Monroe)	5:24.69
2012	4A Max Romey (Service)	4:21.75	Audrey Michaelson (Colony)	5:03.45
2012	123A Jon Klein (Grace Christian)	4:27.42	Macala Fifield (Monroe)	5:27.52
2013	4A Levi Thomet (Kodiak)	4:25.83	Audrey Michaelson (Colony)	5:10.94
2013	123A Arlen Mossgrove (Glennallen)	4:38.50	Claire Trujillo (Grace)	5:24.07
2014	4A Levi Thomet (Kodiak)	4:23.15	Allie Ostrander (Kenai)	4:49.47
2014	123A Kaleb Korta (Galena)	4:30.30	Briahna Gerlach (Glennallen)	5:10.45
2015	4A Levi Thomet (Kodiak)	4:12.17	Allie Ostrander (Kenai)	4:48.31
2015	123A Micheal Todd (ACS)	4:21.46	Briahna Gerlach (Glenn)	5:00.76

3200 METERS

Year	Men's Champ	Time	Women's Champ	Time
1985	Birdsall (Wasilla)	9:34.1	Nina Kempfel (West)	11:54.5
1986	Kramer (Lathrop)	9:29.4	Kristi Klinnert (Kodiak)	10:37.7
1987	Leif Kogi (Lathrop)	9:42.4	Kristi Klinnert (Kodiak)	10:52.3
1988	Gilbert (Wasilla)	9:37.9	Sara Gish (Lathrop)	10:48.3
1989	Lee (Chugiak)	9:41.0	Hansen (Chugiak)	11:32.7
1990	David Dyer (Lathrop)	9:37.7	Beth Ladd (Homer)	11:27.1
1991	David Dyer (Lathrop)	9:28.7	Gretchen Klein (Ketch)	11:09.6
1992	David Dyer (Lathrop)	9:36.1	Tricia Satre (Juneau)	11:37.0
1993	David Dyer (Lathrop)	9:27.13	Kerry Dugan (Lathrop)	11:44.30
1994	Miguel Gomez (West)	9:26.26	Stephanie VanTrosa (Col)	11:16.38
1995	Laird Prosser (Dimond)	9:40.39	Christy Virgin (Glennallen)	11:16.02
1996	B.J.Nicolaus (W. Valley)	9:39.65	Christy Virgin (Glennallen)	11:25.97
1997	Tory Dugan (Dimond)	9:51.43	Annie Dougherty (SoHi)	11:06.84
1998	Seth Chappell (East)	9:35.44	Darcy Dugan (Dimond)	11:04.89
1999	Eric Strabel (Colony)	9:40.23	Maria Eley (Juneau)	11:12.63
2000	Patrick Beattie (Bartlett)	9:28.01	Kikkan Randall (East)	10:53.04
2001	Curtis Mortenson (Kodiak)	9:26.13	Kikkan Randall (East)	10:52.62
2002	Ted O'Reilly (Service)	9:36.26	Kris Smith (West)	11:12.84
2003	Stig Yngve (Kodiak)	9:33.35	Morgan Ekemo (Chugiak)	10:53.34
2004	Stig Yngve (Kodiak)	9:27.33	Ari Goldstein (SoHi)	10:59.74
2005	Tristan K-Lombardo (Jun)	9:29.62	Ari Goldstein (SoHi)	10:59.43
2006	David Bondi (South)	9:28.48	Maggie Callahan (W. Valley)	11:09.19
2007	Trevor Dunbar (Kodiak)	9:25.26	Leah Francis (Juneau)	11:06.23
2008	4A Jake Parisien (Palmer)	9:11.27	Leah Francis (Juneau)	11:02.16
2008	123A Chandler Kemp (Haines)	9:45.14	J.J. Lende (Haines)	11:23.28
2009	4A Trevor Dunbar (Kodiak)	9:19.96	Leah Francis (Juneau)	11:13.52
2009	123A Jacob Kirk (Grace)	9:28.81	Kailey Wilson (Kenny Lake)	11:37.18
2010	4A Silas Talbot (Service)	9:20.41	Ivy O'Guinn (Skyview)	11:06.97
2010	123A Jacob Kirk (Grace)	9:20.27	Kailey Wilson (Kenny Lake)	11:33.61
2011	4A Silas Talbot (Service)	9:41.14	Audrey Michaelson (Colony)	11:07.94
2011	123A Andrey Ionashku (Delta)	9:34.98	Katie Strong (Port Lions)	11:48.00
2012	4A Max Romey (Service)	9:29.78	Audrey Michaelson (Colony)	11:04.22
2012	123A Andrey Ionashku (Delta)	9:50.25	Anna Trujillo (Grace)	11:56.33
2013	4A Levi Thomet (Kodiak)	9:27.97	Audrey Michaelson (Colony)	11:21.03
2013	123A Miles Knotek (Seward)	10:12.61	Claire Trujillo (Grace)	11:29.06
2014	4A Levi Thomet (Kodiak)	9:31.59	Allie Ostrander (Kenai)	10:13.87
2014	123A Kaleb Korta (Galena)	9:44.58	Briahna Gerlach (Glennallen)	11:14.02
2015	4A Levi Thomet (Kodiak)	9:09.41	Allie Ostrander (Kenai)	10:09.72
2015	123A Kaleb Korta (Galena)	9:47.10	Briahna Gerlach (Glenn)	11:10.58

110/100 HURDLES

<u>Year</u>	<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1985	Gilgis (Seward)	15.2	Cusack (East)	15.6
1986	Richard Madison (Bartlett)	15.7	Lisa Summerhayes (Bart)	15.9
1987	Richard Mattison (Bart)	15.0	Lisa Summerhays (Bart)	15.3
1988	Madison (Bartlett)	14.8	Karma Zimmerman (W.V.)	15.5
1989	Massengale (Bartlett)	14.4	Jennifer Chappel (Homer)	16.7
1990	Brian Hooper (Chugiak)	15.2	Jenni Miernyk (Bartlett)	16.1
1991	Chip Robertson (West)	15.3	Lisa Bedminster (Dimond)	15.9
1992	Kyle Klassert (East)	15.3	Cara Mitchell (Chugiak)	15.4
1993	Ralph Beers (Seward)	15.07	Stormy Dyvig (Service)	15.70
1994	Doug Pike (Skyview)	15.02	Lara Kelley (Chugiak)	15.45
1995	Davy Registe (Palmer)	15.09	Lara Kelley (Chugiak)	15.85
1996	Davy Registe (Palmer)	14.76	Lindsey Glaze (Nikiski)	15.98
1997	Wilbur Hooks (Dimond)	14.87	Stephanie Jackson (Eielson)	15.66
1998	Stephen Wackowski (Bart)	16.11	Courtney Williams (East)	15.85
1999	Terry Jesclard (Dimond)	15.65	Megan Kinnevan (Chugiak)	15.77
2000	Geoff Nordlund (Ketch)	15.19	Janna Schaafsma (SoHi)	15.37
2001	Trevor Millar (Heritage)	15.51	Janna Schaafsma (SoHi)	15.03
2002	Joshua Reilly (Nikiski)	15.29	Janna Schaafsma (SoHi)	15.20
2003	Trevor Tompkins (Skyview)	15.63	Zee Zee Young (Dimond)	15.52
2004	Mike Titus (Lathrop)	14.97	Kari Reabold (Lathrop)	15.68
2005	Justin Schwartzbauer (Col)	15.06	Laura Clemson (Service)	15.93
2006	Ceylon Mitchell (East)	15.62	Hallie Huggins (Colony)	15.42
2007	Levi Benning (Juneau)	15.04	Anna Simmers (ACS)	15.54
2008	4A Ceylon Mitchell (East)	15.41	Lauren Laichak (Dimond)	15.58
2008	123A Dylan Beck (Seward)	16.29	Anna Simmers (ACS)	15.51
2009	4A Elliott Bauer (South)	15.20	Keiahnna Engel (Dimond)	15.52
2009	123A Dylan Beck (Seward)	15.99	Anna Simmers (ACS)	15.29
2010	4A Karsten Schick (Kodiak)	15.16	Keiahnna Engel (Dimond)	14.90
2010	123A Antonio Hamilton (Eielson)	16.16	Karley Madren (ACS)	17.19
2011	4A Elliot Bauer (South)	14.64	Rosie Smith (Bartlett)	14.82
2011	123A Antonio Hamilton (Eielson)	15.87	Jenelle Bennet (ACS)	17.09
2012	4A Tyler Rhode (Chugiak)	14.61	Rosie Smith (Bartlett)	14.89
2012	123A Joe Zarlengo (Petersburg)	17.60	Madison Orth (CIA)	16.80
2013	4A Leroy Elliott (West Anc.)	15.15	Chrisalyn Johnson (Dimond)	16.60
2013	123A Tim Duke (Skyview)	16.04	Sarah Geagel (ACS)	16.89
2014	4A Leroy Elliott (West Anc)	14.93	Naomi Welling (Thund Mt)	15.47
2014	123A Tannen Berry (Seward)	17.76	Izabelle Ith (Petersburg)	16.22
2015	4A Devin Millington (Lathrop)	15.41	Naomi Welling (Thunder Mt)	15.24
2015	123A John Miner (Monroe)	16.70	Izabelle Ith (Petersburg)	15.46

300 HURDLES

<u>Year</u>	<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1985	Thomas (Chugiak)	39.2	Kim Cusack (East)	46.6
1986	Richard Madison (Bartlett)	39.7	Brown (Palmer)	47.5
1987	Richard Madison (Bartlett)	39.8	Loretta Humphrey (Lathrop)	47.3
1988	Richard Madison (Bartlett)	39.5	Karma Zimmerman (W.V.)	47.3
1989	Nathan Moffett (Chugiak)	38.9	Olsen (Homer)	47.1
1990	Brian Hooper (Chugiak)	39.8	Cathy Balensky (Chugiak)	47.0
1991	Kyle Klassert (East)	39.9	Heather Napoleione (And)	46.8
1992	Kyle Klassert (East)	39.2	Cara Mitchell (Chugiak)	45.8
1993	Tony Webster (Wasilla)	40.16	Lara Kelley (Chugiak)	45.5
1994	Davy Registe (Palmer)	39.23	Lara Kelley (Chugiak)	44.75
1995	Oscar White (West)	39.67	Lara Kelley (Chugiak)	45.61
1996	Davy Registe (Palmer)	39.39	Mary Glaze (Nikiski)	46.75
1997	Forfest Johnson (Seward)	39.24	Lindsey Glaze (Nikiski)	47.00
1998	Nathaniel Kubus (Chugiak)	40.94	Susan Darling (Dimond)	46.42
1999	Nathaniel Kubus (Chugiak)	40.05	Karessa Fraser (W. Valley)	45.26
2000	Landon Libby (Grace)	40.51	Bianca Dueno (Service)	45.78
2001	Joshua Reilly (Nikiski)	40.39	Janna Schaafsma (SoHi)	45.11
2002	Joshua Reilly (Nikiski)	41.35	Janna Schaafsma (SoHi)	45.98
2003	Justin Schwartzbauer (Col)	40.79	Kari Reabold (Lathrop)	45.52
2004	Justin Schwartzbauer (Col)	40.29	Zee Zee Young (Dimond)	45.49
2005	Justin Schwartzbauer (Col)	39.35	Amber McGlasson (Kenai)	46.30
2006	Shaun Ward (Chugiak)	39.46	Denali Foldager (Seward)	46.50
2007	Jed McGlasson (Kenai)	39.60	Kaylee Hornbeck (Lathrop)	46.50
2008	4A Ceylon Mitchell (East)	39.88	Lauren Laichak (Dimond)	46.76
2008	123A Logan Schiler (Delta)	41.63	Denali Foldager (Seward)	48.18
2009	4A Elliott Bauer (South)	40.05	Keiahnna Engel (Dimond)	46.27
2009	123A Dylan Beck (Seward)	40.81	Amie Swithwick (CIA)	48.51
2010	4A Karsten Schick (Kodiak)	39.82	Rosie Smith (Bartlett)	45.37
2010	123A Quinton Metcalf (Grace)	42.64	Lizzy Bennett (Monroe)	49.90
2011	4A Elliot Bauer (South)	38.58	Keiahnna Engel (Dimond)	46.76
2011	123A Andrew Buchanan (Seward)	42.33	Raissa Boskofsky (Port Lions)	47.93
2012	4A Tyler Rhode (Chugiak)	39.34	Rosie Smith (Bartlett)	45.19
2012	123A Devin Braaten (Haines)	41.62	Raissa Boskofsky (Port Lions)	47.18
2013	4A Taj Showalter (Bartlett)	39.27	Naomi Welling (Thunder Mt)	46.96
2013	123A Ben Bayne (Houston)	41.15	Sarah Geagel (ACS)	47.98
2014	4A Leroy Elliott (West Anc)	40.28	Naomi Welling (Thund Mt)	45.13
2014	123A Tannen Berry (Seward)	42.86	Jodi Davis (Grace Christian)	47.92
2015	4A Tim Duke (Soldotna)	38.90	Naomi Welling (Thund Mt) 44.27	
2015	123A Kalib Dunlap (Eielson)	41.28	Izabelle Ith (Petersburg)	47.84

4x100 RELAY

<u>Year</u>	<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1985	BARTLETT	44.2	KODIAK	51.6
1986	WEST ANCHORAGE	44.5	EAST ANCHORAGE	50.7
1987	BARTLETT	42.2	BARTLETT	50.2
1988	WEST ANCHORAGE	45.3	EAST ANCHORAGE	50.7
1989	BARTLETT	44.2	BARTLETT	50.7
1990	BARTLETT	43.8	EAST ANCHORAGE	50.3
1991	LATHROP	43.5	WEST ANCHORAGE	51.3
1992	BARTLETT	44.1	WEST ANCHORAGE	50.8
1993	PALMER	43.5	BARTLETT	51.8
1994	SOLDOTNA	43.95	CHUGIAK	51.16
1995	BARTLETT	43.54	CHUGIAK	50.83
1996	BARTLETT	44.05	LATHROP	51.06
1997	EAST ANCHORAGE	44.50	EAST ANCHORAGE	51.08
1998	WEST VALLEY	44.47	EAST ANCHORAGE	50.78
1999	LATHROP	44.13	LATHROP	49.94
2000	COLONY	43.59	COLONY	50.95
2001	BARTLETT	44.29	COLONY	50.06
2002	COLONY	44.43	EAST ANCHORAGE	51.04
2003	DIMOND	44.17	EAST ANCHORAGE	49.99
2004	EAST ANCHORAGE	44.08	EAST ANCHORAGE	50.18
2005	EAST ANCHORAGE	44.36	EAST ANCHORAGE	49.77
2006	EAST ANCHORAGE	43.50	EAST ANCHORAGE	49.97
2007	BARTLETT	43.90	BARTLETT	50.50
2008	4A BARTLETT	44.23	DIMOND	51.52
2008	123A HAINES	47.38	COOK INLET	52.49
2009	4A BARTLETT	43.80	DIMOND	50.87
2009	123A GRACE	47.11	ACS	52.83
2010	4A BARTLETT	43.67	BARTLETT	49.80
2010	123A SEWARD	47.16	COOK INLET ACADEMY	54.72
2011	4A SOUTH ANCHORAGE	44:13	BARTLETT	50.70
2011	123A EIELSON	45.52	GRACE CHRISTIAN	53.92
2012	4A BARTLETT	43.76	BARTLETT	50.38
2012	123A HAINES	46.43	ACS	53.49
2013	4A LATHROP	44.45	WEST VALLEY	52.39
2013	123A HOUSTON	46.38	ACS	53.30
2014	4A WEST VALLEY	44.45	DIMOND	50.58
2014	123A EIELSON	45.88	ACS	52.56
2015	4A WEST VALLEY	43.47	SOUTH ANCHORAGE	50.18
2015	123A ACS	46.16	HOMER	52.80

4x200 RELAY

<u>Year</u>	<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1985	BARTLETT	1:30.4	KODIAK	1:48.5
1986	BARTLETT	1:31.7	BARTLETT	1:46.3
1987	WASILLA	1:31.1	BARTLETT	1:45.4
1988	BARTLETT	1:31.1	EAST ANCHORAGE	1:48.9
1989	BARTLETT	1:29.4	LATHROP	1:45.8
1990	BARTLETT	1:28.5	LATHROP	1:45.2
1990	BARTLETT	1:25.5	LATHROP	1:45.2
1991	BARTLETT	1:30.8	LATHROP	1:47.1
1992	DIMOND	1:30.8	WEST ANCHORAGE	1:47.6
1993				
1994	LATHROP	1:30.50	CHUGIAK	1:46.54
1995	LATHROP	1:30.19	EAST ANCHORAGE	1:46.08
1996	SOLDOTNA	1:33.21	SOLDOTNA	1:46.49
1997	PALMER	1:32.35	EAST ANCHORAGE	1:48.15
1998	SERVICE	1:32.13	LATHROP	1:46.71
1999	LATHROP	1:32.13	LATHROP	1:46.37
2000	COLONY	1:31.40	COLONY	1:46.67
2001	BARTLETT	1:32.00	LATHROP	1:46.01
2002	DIMOND	1:30.88	EAST ANCHORAGE	1:47.02
2003	DIMOND	1:32.19	EAST ANCHORAGE	1:44.86
2004	SERVICE	1:31.57	EAST ANCHORAGE	1:45.73
2005	BARTLETT	1:32.03	JUNEAU-DOUGLAS	1:48.46
2006	EAST ANCHORAGE	1:31.40	EAST ANCHORAGE	1:46.49
2007	BARTLETT	1:30.46	BARTLETT	1:46.87
2008	4A DIMOND	1:34.27	DIMOND	1:47.04
2008	123A EIELSON	1:38.42	GRACE	1:54.16
2009	4A BARTLETT	1:31.95	SERVICE	1:47.71
2009	123A HAINES	1:39.08	ACS	1:54.00
2010	4A BARTLETT	1:31.23	BARTLETT	1:45.58
2010	123A SU VALLEY	1:37.75	GRACE CHRISTIAN	1:51.70
2011	4A DIMOND	1:32.97	EAST ANCHORAGE	1:47.98
2011	123A EIELSON	1:36.38	GRACE CHRISTAIN	1:53.18
2012	4A BARTLETT	1:31.03	BARTLETT	1:46.66
2012	123A EIELSON	1:35.62	ACS	1:54.20
2013	4A LATHROP	1:31.90	WEST VALLEY	1:48.89
2013	123A ACS	1:36.92	SKYVIEW	1:53.58
2014	4A WEST VALLEY	1:32.28	DIMOND	1:46.56
2014	123A ACS	1:35.99	GRACE CHRISTIAN	1:51.48
2015	4A WEST VALLEY	1:31.23	SOUTH ANCHORAGE	1:46.66
2015	123A ACS	1:36.00	HOMER	1:51.73

4X400 RELAY

<u>Year</u>	<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1985	BARTLETT	3:27.6	BARTLETT	4:09.3
1986	BARTLETT	3:26.7	DIMOND	4:09.9
1987	BARTLETT	3:27.7	BARTLETT	4:10.2
1988	CHUGIAK	3:26.4	BARTLETT	4:08.4
1989	LATHROP	3:24.1	DIMOND	4:10.8
1990	LATHROP	3:24.6	CHUGIAK	4:11.3
1991	LATHROP	3:25.5	DIMOND	4:13.9
1992	DIMOND	3:27.9	CHUGIAK	4:11.3
1993	BARTLETT	3:27.05	CHUGIAK	4:08.9
1994	WEST ANCHORAGE	3:26.55	DIMOND	4:04.64
1995	WASILLA	3:27.20	JUNEAU	4:04.71
1996	CHUGIAK	3:29.86	SOLDOTNA	4:09.63
1997	DIMOND	3:29.70	SOLDOTNA	4:08.52
1998	COLONY	3:30.79	SERVICE	4:05.26
1999	COLONY	3:29.13	CHUGIAK	4:06.79
2000	GRACE CHRISTIAN	3:30.83	BARTLETT	4:04.93
2001	WEST VALLEY	3:29.01	EAST ANCHORAGE	4:06.38
2002	NORTH POLE	3:28.30	WEST ANCHORAGE	4:07.61
2003	WEST ANCHORAGE	3:31.50	CHUGIAK	4:09.60
2004	CHUGIAK	3:30.28	SOLDOTNA	4:10.53
2005	EAST ANCHORAGE	3:30.64	WEST VALLEY	4:08.83
2006	DIMOND	3:27.97	WEST VALLEY	4:06.11
2007	KODIAK	3:30.28	BARTLETT	4:05.67
2008	4A BARTLETT	3:26.51	BARTLETT	4:05.38
2008	123A GRACE CHRISTIAN	3:37.40	COOK INLET ACADEMY	4:18.70
2009	4A BARTLETT	3:29.08	KENAI	4:04.46
2009	123A SITKA	3:44.16	GRACE	4:27.68
2010	4A BARTLETT	3:27.66	KENAI	4:01.72
2010	123A GRACE CHRISTIAN	3:38.22	MONROE CATHOLIC	4:23.74
2011	4A DIMOND	3:30.70	DIMOND	4:03.79
2011	123A SEWARD	3:36.55	GRACE CHRSTIAN	4:20.22
2012	4A CHUGIAK	3:28.60	WASILLA	4:09.49
2012	123A ACS	3:36.74	GRACE CHRISTIAN	4:23.32
2013	4A DIMOND	3:32.16	DIMOND	4:17.47
2013	123A GLENNALLEN	3:38.36	HOMER	4:21.69
2014	4A LATHROP	3:31.70	EAGLE RIVER	4:06.60
2014	123A GLENNALLEN	3:37.46	HOMER	4:15.04
2015	4A BARTLETT	3:26.89	EAGLE RIVER	4:02.67
2015	123A ACS	3:37.34	HOMER	4:13.82

4x800 RELAY *First included during 1996 State Tournament*

<u>Year</u>		<u>Men's Champ</u>	<u>Time</u>	<u>Women's Champ</u>	<u>Time</u>
1996		COLONY	8:10.78	NIKISKI	9:52.41
1997		CHUGIAK	8:09.58	SOLDOTNA	9:47.05
1998		EAST ANCHORAGE	8:11.65	EAST ANCHORAGE	9:47.14
1999		COLONY	8:16.27	NORTH POLE	9:56.70
2000		PALMER	8:16.38	BARTLETT	9:47.85
2001		WEST VALLEY	8:07.41	KENAI	9:42.00
2002		PALMER	8:12.11	EAST ANCHORAGE	9:49.90
2003		WEST VALLEY	8:14.56	EAST ANCHORAGE	9:42.12
2004		EAST ANCHORAGE	8:10.16	WEST VALLEY	9:35.21
2005		WEST VALLEY	8:03.25	WEST VALLEY	9:40.75
2006		KODIAK	8:08.39	WEST VALLEY	9:38.70
2007		SEWARD	8:08.94	WEST VALLEY	9:42.03
2008	4A	PALMER	8:07.88	WEST ANCHORAGE	9:53.39
2008	123A	GRACE	8:09.37	SEWARD	10:00.53
2009	4A	SERVICE	8:02.77	LATHROP	9:44.89
2009	123A	GRACE	8:35.74	GRACE	10:13.57
2010	4A	SERVICE	7:54.39	DIMOND	9:42.16
2010	123A	SEWARD	8:26.50	SEWARD	10:20.34
2011	4A	KODIAK	8:04.16	SOUTH ANCHORAGE	9:40.26
2011	123A	SEWARD	8:42.42	GRACE CHRISTIAN	10:49.80
2012	4A	KODIAK	8:06.43	WASILLA	9:51.15
2012	123A	GRACE CHRISTIAN	8:40.06	GRACE CHRISTIAN	10:16.51
2013	4A	KODIAK	8:23.19	SOLDOTNA	9:59.42
2013	123A	GRACE CHRISTIAN	8:38.75	GRACE CHRISTIAN	10:08.38
2014	4A	KODIAK	8:10.55	SOLDOTNA	9:35.86
2014	123A	SKYVIEW	8:37.06	GLENNALLEN	9:53.11
2015	4A	KODIAK	8:11.03	SOLDOTNA	9:27.39
2015	123A	ACS	8:26.46	GRACE CHRISTIAN	10:22.85

HIGH JUMP

<u>Year</u>	<u>Men's Champ</u>	<u>Height</u>	<u>Women's Champ</u>	<u>Height</u>
1985	Rollman (Chugiak)	6' 4"	Caroline Pfeil (Dimond)	5' 4"
1986	West (Palmer)	6' 4"	Caroline Pfeil (Dimond)	5' 2"
1987	Lee Knowles (Wasilla)	6' 4"	Carmen Swartz (Kenai)	5' 0"
1988	Sam Capiello (ACS)	6' 3"	Donner (Juneau)	5' 1"
1989	Sam Capello (ACS)	6' 4"	Kristin Johnson (Su Valley)	5' 1"
1990	Christian (Service)	6' 5"	Cathy Ballensky (Chug)	5' 2"
1991	Gene Schaeffer (North Pole)	6' 2"	Cathy Ballensky (Chug)	5' 3"
1992	Travis Steckel (Soldotna)	6' 6"	Karin Balley (Bartlett)	5' 4"
1993	Burt Wallace (Homer)	6' 6"	Karin Balley (Bartlett)	5' 2"
1994	Tony Simeroth (Chugiak)	6' 6"	Mia Heavener (Chugiak)	5' 2"
1995	Seth Burgan (Bartlett)	6' 4"	Jennifer Rhoads (Palmer)	5' 3"
1996	Tony Simeroth (Chugiak)	6' 6"	Heidi Besse (Soldotna)	5' 4"
1997	Chris Samuels (Palmer)	6' 3"	Heidi Besse (Soldotna)	5' 2"
1998	Jesse Graves (Skyview)	6' 3"	Jessica Nichols (Colony)	5' 1"
1999	Nate Schwartzbauer (Col)	6' 1"	Christina Watson (Bart)	5' 3"
2000	Nate Schwartzbauer (Col)	6' 2"	Christina Wilson (Bart)	5' 3"
2001	Joseph Weber (Bartlett)	6' 5"	Jessica Nichols (Colony)	5' 3"
2002	Joe Weber (Bartlett)	6' 3"	Dallas Baldwin (Kenai)	5' 4"
2003	Ryan Havellana (Dimond)	6' 3"	Dallas Baldwin (Kenai)	5' 3"
2004	Chad Nading (East)	6' 3"	Shelby Beairsto (Colony)	5' 2"
2005	Greg Hunter (Sitka)	6' 4"	Marjorie Rima (Monroe)	5' 0"
2006	Justin Ore (Bartlett)	6' 6"	Phoenix Harlan (East)	5' 0"
2007	Will Egolf (Juneau)	6' 2"	Hannah White (Lathrop)	5' 0"
2008	4A Ben Jackson (Service)	6' 6"	Kristie Ely (Juneau)	5' 2"
2008	123A Dylan Beck (Seward)	6' 1"	Caitlin Hunt (Su Valley)	4' 8"
2009	4A Ben Jackson (Service)	6' 9"	Caroline Cole (South)	5' 1"
2009	123A Dylan Beck (Seward)	6' 6"	Daisey Morgan (Tok)	5' 1"
2010	4A Tyler Spalding (Kenai)	6' 4"	Veronika Kudinova (Service)	5' 1"
2010	123A Augustus Simmers (ACS)	5' 6"	Kathryn Medinger (Sitka)	4' 10"
2011	4A Tyler Spalding (Kenai)	6' 2"	Morgan Kueter (Bartlett)	5' 4"
2011	123A Kacey Walker (Valdez)	6' 1"	Raissa Boskofsky (Port Lions)	4' 8"
2012	4A Tevin Gladden (Lathrop)	6' 2"	Morgan Kueter (Bartlett)	5' 2"
2012	123A Augustus Simmer (ACS)	5' 10"	Raissa Boskofsky (Port Lions)	5' 01"
2013	4A Connor Looney (Palmer)	6' 01"	Megan Drange (West Valley)	5' 01"
2013	123A Augustus Simmer (ACS)	5' 10"	Raissa Boskofsky (Port Lions)	5' 02"
2014	4A Jared Welch (Lathrop)	6' 06"	Ceil Dunleavy (Wasilla)	5' 02"
2014	123A Seth Carstens (Nikiski)	6' 3"	Lina Heinrichs (Hutchison)	4' 10"
2015	4A Bryce Hellman (Bartlett)	6' 4"	Ceil Dunleavy (Wasilla)	5' 4"
2015	123A Brody Neufeld (WLC)	6' 0"	Lina Heinrichs (Hutchison)	5' 0"

LONG JUMP

Year	Men's Champ	Distance	Women's Champ	Distance
1985	Gustalson (Service)	20' 8"	Hertz (Haines)	15' 10.5"
1986	Bruce Jackman (Kenai)	21' 11"	Carlson (West Valley)	17' 8"
1987	Bruce Jackman (Kenai)	21' 6.5"	Kelly Carlson (W. Valley)	16' 4.5"
1988	Bruce Jackman (Kenai)	21' 4"	Dawn King (Lathrop)	16' 5.5"
1989	Jake Glotfelty (Kenai)	21' 2.5"	Dawn King (Lathrop)	17' 0.5"
1990	Kevin Elliott (Bartlett)	21' 9"	Dawn King (Lathrop)	17' 5.5"
1991	Nick McDaniel (Lathrop)	21' 11.25"	Tiffany Weatherton (Dim)	17' 2.5"
1992	Carl Heim (North Pole)	21' 7"	Tiffany Weatherton (Dim)	17' 2"
1993	Joel Mahaffey (Soldotna)	21' 11.25"	Tiffany Weatherton (Dim)	17' 1"
1994	Joel Mahaffey (Soldotna)	21' 8.5"	Tiffany Weatherton (Dim)	16' 6.75"
1995	Christopher Ingham (West)	21' 6.5"	Lani McLane (Soldotna)	16' 7.75"
1996	Derrick Ladson (W. Valley)	22' 03.25"	Rachel Jones (Soldotna)	17' 098.75"
1997	Derrick Ladson (W. V.)	23' 0"	Amina Abdul-Jillil (East)	16' 10.75"
1998	Toa Dunn (West Valley)	21' 02.5"	Courtney Williams (East)	16' 07.25"
1999	Dominic Wilson (Lathrop)	21' 3.75"	Courtney Williams (East)	16' 9.5"
2000	Dominic Wilson (Lathrop)	21' 05.25"	Janay DeLoach (Eielson)	17' 7"
2001	Eugene Oliver (Kodiak)	21' 03.25"	Janay DeLoach (Eielson)	18' 00.5"
2002	Eugene Oliver (Kodiak)	21' 7"	Janay DeLoach (Eielson)	19' 02"
2003	Eugene Oliver (Kodiak)	21' 3.5"	Janay DeLoach (Eielson)	19' 5"
2004	George Kelly (Service)	21' 09.5"	Jasmine Oliver (Kodiak)	16' 08.25"
2005	David Registe (Colony)	21' 09.25"	Marjorie Rima (Monroe)	16' 06.50"
2006	David Registe (Colony)	22' 04.25"	Lillian Bullock (Service)	16' 11"
2007	Tommy Woolf (W. Valley)	20' 03.25"	Aardrienna Everett (Col)	16' 07"
2008	4A Ben Jackson (Service)	21' 03.50"	Kelsea Johnson (Sitka)	17' 01.25"
2008	123A Cody Presley (Ninilchik)	18' 05"	Kim Wilson (Hutchison)	15' 09.25"
2009	4A Ben Jackson (Service)	21' 05"	Jessica Todd (Dimond)	15' 10"
2009	123A Travis Price (Seward)	20' 00.75"	Gabrielle Serventi (Grace)	15' 7.5"
2010	4A Cyrus Chenault (Bartlett)	21' 02.5"	Jessica Todd (Dimond)	17' 05"
2010	123A Peter Hanks (Heritage)	19' 03.75"	Jenelle Bennet (ACS)	14' 08.25"
2011	4A Vincent Barnett (Lathrop)	22' 04"	Alisha Allen (Lathrop)	16' 06"
2011	123A Nathan Piper (Haines)	19' 11.50"	Jenelle Bennet (ACS)	15 08.00"
2012	4A MonTea Tate (Lathrop)	21' 3"	Alisha Allen (Lathrop)	17' 08.50"
2012	123A Augustus Simmers (ACS)	19' 11.75"	Macala Fifield (Monroe)	15' 03.75"
2013	4A Stanson Afoa (Dimond)	19' 07.50"	Naomi Welling (Thunder Mt)	15' 06.75"
2013	123A Augustus Simmers (ACS)	19' 11.50"	Marlee Cunningham (Skyview)	15' 03.75"
2014	4A Tyreke Jennis (Lathrop)	20' 09.00"	Peggy Mathis (Colony)	17' 02.50"
2014	123A Nate Simmer (ACS)	21' 03.25"	Kayla Rowe (Grace Christian)	16' 03.75"
2015	4A Josh Jackman (Keani)	21' 09.00"	Chrisalyn Johnson (Dimond)	17' 04.00"
2015	123A Antonio Griffith (Eielson)	20' 01.75"	Izabelle Ith (Petersburg)	17' 00.50"

TRIPLE JUMP

<u>Year</u>	<u>Men's Champ</u>	<u>Distance</u>	<u>Women's Champ</u>	<u>Distance</u>
1985	Olsen (Palmer)	41' 11.5"	Brockman (Kodiak)	33' 0"
1986	Anthony Schexneyder (NP)	42' 2"	Hertz (Homer)	35' 8.5"
1987	Bruce Jackman (Kenai)	42' 4.25"	Cricket Burlseson (East)	36' 7.25"
1988	Abdul Lewis (Monroe)	44' 2.5"	Dee Shipps (East)	34' 11"
1989	Kevin Elliott (Bartlett)	42' 8.5"	Dee Shipps (East)	35' 3.5"
1990	Kevin Elliott (Bartlett)	45' 9"	Dee Shipps (East)	35' 2.25"
1991	Kevin Elliott (Bartlett)	43' 6.25"	Tiffany Weatherton (Dim)	35' 8.25"
1992	Desmond Clayton (Bart)	44' 5.75"	Tiffany Weatherton (Dim)	36' 10"
1993	Joel Mahaffey (Soldotna)	45' 10.75"	Heidi Freeman (Juneau)	36' 10.5"
1994	Joel Mahaffey (Soldotna)	44' 4"	Tiffany Weatherton (Dim)	36' 3.5"
1995	John Vinette (Wasilla)	43' 0"	Bev Krupa (West Valley)	35' 7.5"
1996	Kevin Bruns (Colony)	43' 02.5"	Rachel Jones (Soldotna)	35' 09.5"
1997	Aaron Bisson (Sitka)	43' 0.5"	Amina Addul-Jillil (East)	35' 11.75"
1998	Arron Bisson (Sitka)	43' 06"	Nikiya Dunmore (East)	35' 03.75"
1999	Barry Slaymaker (Colony)	44' 1.75"	Jessica Moore (Colony)	34' 11.75"
2000	Adrian Calahan (Bartlett)	43' 08.5"	Maja Pedersen (W. Valley)	34' 7.25"
2001	Joseph Weber (Bartlett)	42' 11.5"	Megan Kinnevan (Chugiak)	34' 8.5"
2002	Eugene Oliver (Kodiak)	42' 3"	Lilly Ward (Haines)	34' 4"
2003	Sione Fakasiiekli (Dim)	44' 10.5"	Laura Clemens (Service)	35' 1.25"
2004	Shawn Timmons (Service)	45' 07"	Dianne Chong (Sitka)	35' 06.5"
2005	Derrick Stevenson (Lathrop)	43' 02.75"	Marjorie Rima (Monroe)	35' 03.5"
2006	Derrick Stevenson (Lathrop)	44' 02"	Sylvia Bullock (Service)	37' 04.5"
2007	Tommy Woolf (W. Valley)	44' 05.50"	Ardrienna Everett (Colony)	34' 11.5"
2008	4A Ben Jackson (Service)	44' 05.25"	Kelsea Johnson (Sitka)	34' 04.5"
2008	123A Travis Price (Seward)	40' 02.25"	Kim Wilson (Hutchison)	36' 4.75"
2009	4A Chris Plooy (Dimond)	45' 09.25"	Ambrosia Wilkerson(Chugiak)	33' 11.25"
2009	123A Travis Price (Seward)	41' 09.25"	Anna Simmers (ACS)	33' 2.75"
2010	4A Tyler Spalding (Kenai)	43' 02.25"	Alisha Allen (Lathrop)	36' 00.5"
2010	123A Ryan Scott (ACS)	40' 06.75"	Debbie Simmers (ACS)	33' 02.50"
2011	4A Tyler Spalding (Kenai)	45' 00"	Alisha Allen (Lathrop)	37' 08.75"
2011	123A Drew Donovan (Delta)	40' 05.75"	Jenelle Bennet (ACS)	32' 06.25"
2012	4A Richard Predmore (Bartlett)	43' 05.25"	Alisha Allen (Lathrop)	38' 10.25"
2012	123A Jordan Railing (ACS)	37' 09.25"	Madison Orth (CIA)	32' 07.25"
2013	4A Tevin Gladden (Lathrop)	42' 00.50"	Naomi Welling (Thunder Mt)	33' 07.75"
2013	123A Nate Simmers (ACS)	40' 06.75"	Kayla Rowe (Grace Chr.)	33' 07.25"
2014	4A Leroy Elliott (West Anc)	42' 10.00"	Naomi Welling (Thunder Mt)	37' 00.00"
2014	123A Nate Simmers (ACS)	41' 00.50"	Izabelle Ith (Petersburg)	34' 02.50"
2015	4A Brandon Nicholson (Colony)	43' 09.25"	Naomi Welling (Thunder Mt)	35' 07.00"
2015	123A Antonio Griffith (Eielson)	40' 03.00"	Izabelle Ith (Petersburg)	36' 01.50"

SHOT PUT

<u>Year</u>	<u>Men's Champ</u>	<u>Distance</u>	<u>Women's Champ</u>	<u>Distance</u>
1985	Kufel (West Anchorage)	50' 11.5"	Mallett (Soldotna)	37' 7.5"
1986	Armand Ruffin (Chugiak)	53' 2"	Hebert (North Pole)	39' 4"
1987	Armand Ruffin (Chugiak)	53' 6.5"	Lisa Long (Bartlett)	41' 10.25"
1988	Erich Sheunemann (Chugiak)	54' 2.5"	Lisa Long (Bartlett)	38' 00"
1989	Erich Sheunemann (Chugiak)	54' 4.5"	Missy Shipps (East)	39' 6.5"
1990	Howard Harrell (Monroe)	56' 3.75"	Kim Hanson (Dimond)	38' 7.5"
1991	Justin Rogers (Soldotna)	50' 4.25"	Kim Hanson (Dimond)	40' 8"
1992	Galen Brantley (Soldotna)	49' 5"	Mandi Velock (Wasilla)	36' 2"
1993	Galen Brantley (Soldotna)	53' 3.5"	Mandi Velock (Wasilla)	38' 5"
1994	Jason Dorcas (Kenai)	50' 2.25"	Branda Anderson (Chug)	37' 3.5"
1995	Jim Ehmann (Palmer)	52' 10"	Jenny Luer (Palmer)	38' 5.5"
1996	Josh Coleman (Soldotna)	53' 11"	Jennifer Rhodes (Palmer)	37' 08.5"
1997	Jeremiah Richards (Palmer)	53' 9.5"	Jenny Luer (Palmer)	44' 4.75"
1998	Tom Ojala (Colony)	54' 10.25"	Shannon Brunner (SoHi)	36' 10.5"
1999	Joshua Evans (Dimond)	54' 2"	Corena Bell (Bartlett)	36' 10"
2000	Judd Versien (Glennallen)	52' 0.5"	Corena Bell (Bartlett)	37' 05.5
2001	Tui Alailefaeula (Bartlett)	54' 3.25"	Sasha Cvetkovski (SoHi)	37' 00.5"
2002	Ben Clooten (Lathrop)	52' 10"	Sasha Cvetkovski (SoHi)	37' 0.75"
2003	Ben Clooten (Lathrop)	55' 6"	Alana Clooten (Lathrop)	34' 8.25"
2004	Bobby Dunbar (Bartlett)	55' 01.5"	Alana Clooten (Lathrop)	40' 00.5"
2005	Bobby Dunbar (Bartlett)	55' 05.25"	Alana Clooten (Lathrop)	39' 11"
2006	Jordan Clarke (Bartlett)	59' 09.75"	Shaina Afoa (Dimond)	38' 02.75"
2007	Jordan Clarke (Bartlett)	60' 01"	Paige Blackburn (Soldotna)	40' 04.75"
2008	4A Jordan Clarke (Bartlett)	71' 03"	Paige Blackburn (Soldotna)	41' 02.75"
2008	123A James Hollis (Anderson)	40' 01.25"	Rosie Berg (Grace)	35' 05.75"
2009	4A John Knowles (Wasilla)	49' 09.25"	Crystal Tui (West)	40' 05.25"
2009	123A Kevin Rima (Hutchison)	41' 08"	Anna Simmers (ACS)	33' 2.75"
2010	4A John Knowles (Wasilla)	50' 08.25"	Shellina Irwin (Colony)	35' 9.25"
2010	123A Kevin Rima (Hutchison)	45' 08"	Kassi Johnson (Nikiski)	34' 02.50"
2011	4A Devon Teeling (Wasilla)	47' 07"	Erin LaMere (Palmer)	35' 10.75"
2012	4A Ma'o Tosi (East Anchorage)	49' 04.75"	Lagi Wong (Soldotna)	37' 01.25"
2012	123A Erik Johnson (Grace)	47' 00.50	Tessa Adelman (Seward)	34' 03.25"
2013	4A Ma'o Tosi (East)	47' 10.00	Pauline Tufi (West)	36' 02.75"
2013	123A Grant George (Grace)	49' 10.00"	Tessa Adelman (Seward)	37' 01.25"
2014	4A Ed Hall (Eagle River)	51' 04.00"	To'a Levi (Lathrop)	37' 08.00"
2014	123A Liam Juhl (Tri-Valley)	46' 04.00"	Ashley Logan (Grace)	35' 03.25"
2015	4A Kordell Pillans (Kodiak)	51' 01.25"	Sylvia Tuisaula (Wasilla)	36' 01.50"
2015	123A Howie Hubbard (Seward)	45' 03.00"	Ashley Logan (Grace)	37' 08.50"

DISCUS

<u>Year</u>	<u>Men's Champ</u>	<u>Distance</u>	<u>Women's Champ</u>	<u>Distance</u>
1985	Duffy (Soldotna)	151' 7"	Squib (West Valley)	120' 8"
1986	Malouf (Service)	151' 9"	Long (Bartlett)	123' 2"
1987	John Malouf (Service)	154' 4"	Lisa Long (Bartlett)	130' 3"
1988	Erich Sheunemann (Chugiak)	168' 8"	Lisa Long (Bartlett)	136' 2"
1989	Erich Sheunemann (Chugiak)	175' 5"	Hanko (Kodiak)	108' 7"
1990	Howard Harrell (Monroe)	155' 8"	Kim Moock (Soldotna)	119' 3"
1991	Justin Rogers (Soldotna)	154' 4"	Kim Moock (Soldotna)	122' 2"
1992	Jason Morigeau (Palmer)	154' 1"	Sheila Forty (Ketchikan)	116' 0"
1993	Jimmy Magee (Kenai)	172' 5"	Mandi Velock (Wasilla)	117' 7"
1994	Joel Mahaffey (Soldotna)	147' 5"	Jenny Luer (Palmer)	112' 0"
1995	Jeremiah Richards (Palmer)	157' 2"	Jenny Luer (Palmer)	129' 4"
1996	Jeremiah Richards (Palmer)	169' 7"	Jenny Luer (Palmer)	131' 1"
1997	Austin Sundy (Homer)	159' 9"	Jenny Luer (Palmer)	143' 2"
1998	Joe Samuels (Palmer)	161' 11"	Marian Stevens (ACS)	128' 8"
1999	Judd Viersen (Glennallen)	179' 4"	Karen Parkinson (Homer)	129' 1"
2000	Judd Viersen (Glennallen)	172' 10"	Karen Parkinson (Homer)	123' 9"
2001	John Fillman (Colony)	152' 2"	Loreen Tupou (Juneau)	110' 10"
2002	Zach Pettit (Palmer)	151' 4"	Alana Clooten (Lathrop)	125' 0"
2003	Levi McKay (Skyview)	168' 0"	Alana Clooten (Lathrop)	135' 11"
2004	Bobby Dunbar (Bartlett)	160' 02"	Alana Clooten (Lathrop)	140' 03"
2005	Papapa Nicholas (Kenai)	159' 09"	Alana Clooten (Lathrop)	126' 04"
2006	Jordan Clarke (Bartlett)	179' 01"	Savannah Afoa (Dimond)	122' 03"
2007	Jordan Clarke (Bartlett)	192' 07"	Paige Blackburn (Soldotna)	123' 09"
2008	4A Jordan Clarke (Bartlett)	176' 03"	Paige Blackburn (Soldotna)	136' 05"
2008	123A David Lorentz (Haines)	131' 05"	Fran Daly (Haines)	112' 11"
2009	4A Mitchell Swensen (Dimond)	148' 01"	Crystal Tui (West)	116' 03"
2009	123A Kevin Rima (Hutchison)	141' 02"	Megan Hansen (Nikiski)	104' 11"
2010	4A John Knowles (Wasilla)	148' 10"	Danielle Barney (Houston)	108' 04"
2011	4A Tyler Spalding (Kenai)	165' 02"	Shellina Irwin (Colony)	118' 01"
2010	123A Jesse Piper (Haines)	137' 02"	Fran Daly (Haines)	111' 08"
2012	4A Terry Holtman (West Anc)	158' 00"	Sarah Swanson (West Valley)	107' 07"
2012	123A Brandon Haxton (Haines)	135' 09"	Cara Davidson (CIA)	102' 02"
2013	4A Charoonsophansak (Dimond)	133' 10"	Anastasia Lavern-Tosi (Dim.)	120' 10"
2013	123A Grant George (Grace)	144' 08"	Tessa Adelman (Seward)	110' 05"
2014	4A Ed Hall (Eagle River)	166' 02"	To'a Levi (Lathrop)	123' 01"
2014	123A Zach Taplin (CIA)	131' 00"	Laura Kromrey (Seward)	99' 09"
2015	4A Kordell Pillans (Kodiak)	156' 05.00"	Jenna Mixon (Dimond)	118' 01.00"
2015	123A Ben Zarlengo (Petersburg)	134' 05.00"	Ashley Logan (Grace)	108' 05.00"