Alaska School Activities Association/First National Bank Alaska

2023 TRACK & FIELD CHAMPIONSHIP RESULTS

D II GIRLS D II BOYS

TEAM RESULTS TEAM RESULTS

Champion	Sitka	97	Champion	Grace Christian	99
Runner-up	Homer	69	Runner-up	Homer	72
3 rd	Kenai Central	61	3 rd	Kenai Central	71
3 rd	Tri-Valley	61	4 th	Sitka	67
5 th	Anchorage Christian	56.5	5 th	Anchorage Christian	57
6 th	Grace Christian	55	6 th	Valdez	44
7 th	Redington	47	7 th	Nikiski	32
8 th	Valdez	39	8 th	Ben Eielson	28
9 th	Haines	25	9 th	Petersburg	24
10 th	Monroe Catholic	17	10 th	Delta	19
11 th	Unalakleet	10	11 th	Haines	15
12 th	Hutchison	8.5	12 th	Seward	12
13 th	Delta	7	13 th	Hutchison	10
14 th	Seward	5	14 th	Tri-Valley	8

<u>AWARDS</u>

Academic Award: Su Valley (3.93) Academic Award: Valdez (3.82)

Sportsmanship: Homer Sportsmanship: Sitka

Outstanding Competitor: Izzy Kizer (Valdez)

Outstanding Competitor: Reagan Graves (Kenai)

INDIVIDUAL CHAMPIONS

	GIRLS		BOYS	
100 Meters	Izzy Kizer-Valdez	13.09	LJ Clark-Delta	11.37
200 Meters	Brennyn Edwards-Grace	26.54	Reagan Graves-Kenai	23.29
400 Meters	Ourea Busk-UNA	1:01.22	Niko Alvarado-Eielson	51.78
800 Meters	Clare Mullin-Sitka	2:24.85	Robbie Annett-Grace	2:00.53
1600 Meters	Clare Mullin-Sitka	5:21.87	Robbie Annett-Grace	4:24.67
3200 Meters	Anna Prussian-Sitka	12:12.59	Seamus McDonough-Homer	9:28.34
110 Hurdles	McKinley Eddington-TV	16.56	Geremu Daggett-Grace	15.83
300 Hurdles	Gracie Miotke-Homer	47.11	Nolan Warren-ACS	41.32
4x100 Relay	Kenai Central	52.46	Kenai Central	45.70
4x200 Relay	Grace Christian	1:51.32	Kenai Central	1:35.97
4x400 Relay	Homer	4:18.69	Homer	3:32.43
4x800 Relay	Sitka	10:43.16	Sitka	8:39.64
Shot Put	Jieaya Siatini-ACS	36'10"	Truit McCaughey-Nikiski	45'06"
Discus	Alexia Pike-RDN	119'9"	Charlie Beck-Grace	135'1"
High Jump	Brightly Thoning-Homer	4'10"	Zane Robinson-HUT	5'8"
Long Jump	Izzy Kizer-Valdez	16'6"	Hendrik Cumps-PSG	19'0"
Triple Jump	Ada Parker-Sitka	32'6"	Hendrik Cumps-PSG	40'7"

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TEAM RESULTS

Champion Chugiak 113 Runner-up Dimond 55 Bettye Davis East 55 Runner-up 4th Soldotna 50 5th Colony 46 6th West Anchorage 45 7th Thunder Mt 42 8th South Anchorage 41 9th Juneau-Douglas 31 10th Wasilla 24 11th Eagle River 22 12th Palmer 18 12th Lathrop 18 14th West Valley 10

TEAM RESULTS

Champion	Colony	73
Runner-up	Bettye Davis East	64
3 rd	West Valley	49
4 th	South Anchorage	46
5 th	Bartlett	44
6 th	Soldotna	43
7 th	Chugiak	34
8 th	Eagle River	33
9 th	Dimond	31
10 th	Wasilla	28
11 th	West Anchorage	26
12 th	Kodiak	25
13 th	Service	19
13 th	Lathrop	19

AWARDS

Academic Award: Juneau Douglas (3.85)

Sportsmanship: Soldotna

Outstanding Competitor: Olyvia Mamae (BDE)

AWARDS

Academic Award: West Anchorage (3.69)

Sportsmanship: Colony

Outstanding Competitor: Matthew Rongitsch (CLN)

INDIVIDUAL CHAMPIONS

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		GIRLS		BOYS	
	100 Meters	Olivia Mamae-Bettye Davis	12.58	Jason Lorig-Ketchikan	11.26
	200 Meters	Olivia Mamae-Bettye Davis	26.04	Brian Morris-Bettye Davis	22.48
	400 Meters	Skyler Belmear-Chugiak	59.09	Anders Larsen-Chugiak	49.81
	800 Meters	Addison Capozzi-Chugiak	2:21.29	Matthew Rongitsch-Colony	1:58.33
	1600 Meters	Campbell Peterson-Chugiak	5:10.95	Matthew Rongitsch-Colony	4:23.65
	3200 Meters	Campbell Peterson-Chugiak	11:16.54	Matthew Rongitsch-Colony	9:42.45
	110 Hurdles	Olivia Mamae-Bettye Davis	15.25	Alan Szewczyk-ERHS	15.05
	300 Hurdles	Anaulie Sedivy-Soldotna	47.91	Alan Szewczyk-ERHS	39.28
	4x100 Relay	West Anchorage	51.56	West Anchorage	43.61
	4x200 Relay	Chugiak	1:48.12	Bettye Davis East	1:30.97
	4x400 Relay	Chugiak	4:07.53	South Anchorage	3:29.97
	4x800 Relay	Chugiak	9:58.68	Dimond	8:12.56
	Shot Put	Layla Hays-Wasilla	37'2"	Eric Kolomeychuk-Wasilla	52'8"
	Discus	Norah Brown-West	129'11"	Ethan McNulty-Colony	151'10"
	High Jump	Katelyn Morrison-Soldotna	5'0"	Alex Emers-WVHS	6'2"
	Long Jump	Sarah Dittman-Dimond	16'3"	A'lante Owens-Player-BRT	21'7"
	Triple Jump	Gabrielle Okorodudo-ERHS	35'3"	A'lante Owens-Player-BRT	44'2"