

**Alaska School Activities Association/First National Bank Alaska**  
**2013 TRACK & FIELD CHAMPIONSHIP RESULTS**

**123A GIRLS**

**TEAM RESULTS**

|                  |                     |     |
|------------------|---------------------|-----|
| Champion         | Grace Christian     | 117 |
| Runner-up        | Homer               | 74  |
| 3 <sup>rd</sup>  | Skyview             | 60  |
| 4 <sup>th</sup>  | Anchorage Christian | 58  |
| 5 <sup>th</sup>  | Su Valley           | 31  |
| 6 <sup>th</sup>  | Seward              | 29  |
| 7 <sup>th</sup>  | Haines              | 26  |
| 8 <sup>th</sup>  | Cook Inlet          | 20  |
| 9 <sup>th</sup>  | Eielson             | 17  |
| 10 <sup>th</sup> | Glennallen          | 14  |
| 10 <sup>th</sup> | Port Lions          | 14  |
| 12 <sup>th</sup> | Delta Junction      | 12  |
| 12 <sup>th</sup> | Valdez              | 12  |
| 14 <sup>th</sup> | Holy Family         | 9   |
| 14 <sup>th</sup> | Monroe Catholic     | 9   |

**AWARDS**

Academic Award: Homer (3.90)  
 Sportsmanship: Valdez  
 Outstanding Competitor: Claire Trujillo (GC)

**123A BOYS**

**TEAM RESULTS**

|                  |                     |    |
|------------------|---------------------|----|
| Champion         | Anchorage Christian | 99 |
| Runner-up        | Houston             | 58 |
| 3 <sup>rd</sup>  | Grace Christian     | 56 |
| 3 <sup>rd</sup>  | Skyview             | 56 |
| 5 <sup>th</sup>  | Glennallen          | 42 |
| 6 <sup>th</sup>  | Seward              | 39 |
| 7 <sup>th</sup>  | Sitka               | 35 |
| 8 <sup>th</sup>  | Homer               | 31 |
| 9 <sup>th</sup>  | Eielson             | 22 |
| 10 <sup>th</sup> | Nikiski             | 21 |

**AWARDS**

Academic Award: ACS (3.75)  
 Sportsmanship: Houston  
 Outstanding Competitor: Augustus Simmers (ACS)

**INDIVIDUAL CHAMPIONS**

***GIRLS***

|             |                             |            |
|-------------|-----------------------------|------------|
| 100 Meters  | Kaylee Fisher-Skyview       | 13.58      |
| 200 Meters  | Tanner Ealum-ACS            | 27.96      |
| 400 Meters  | Zoe Langseth-Valdez         | 1:03.31    |
| 800 Meters  | Zoya Timoshenko-DJ          | 2:28.70    |
| 1600 Meters | Claire Trujillo-Grace       | 5:24.07    |
| 3200 Meters | Claire Trujillo-Grace       | 11:29.06   |
| 110 Hurdles | Sarah Geagel-ACS            | 16.89      |
| 300 Hurdles | Sarah Geagel-ACS            | 47.98      |
| 4x100 Relay | Anchorage Christian         | 53.30      |
| 4x200 Relay | Skyview                     | 1:53.58    |
| 4x400 Relay | Homer                       | 4:21.69    |
| 4x800 Relay | Grace Christian             | 10:08.38   |
| Shot Put    | Tessa Adelman-Seward        | 37' 01.25" |
| Discus      | Tessa Adelman-Seward        | 110' 05"   |
| High Jump   | Raissa Boskofsky-Port Lions | 5' 02"     |
| Long Jump   | Marlee Cunningham           | 15' 03.75" |
| Triple Jump | Kayla Rowe-Grace            | 33' 07.25" |

***BOYS***

|                            |           |
|----------------------------|-----------|
| Tony Griffith-Eielson      | 11.63     |
| Charlie Buzby              | 23.84     |
| Micah Hilbish-Skyview      | 52.70     |
| Micah Hilbish-Skyview      | 2:03.97   |
| Arlen Mossgrove-Glennallen | 4:38.50   |
| Miles Knotek-Seward        | 10:12.61  |
| Tim Duke-Skyview           | 16.04     |
| Ben Bayne-Houston          | 41.15     |
| Houston                    | 46.38     |
| Anchorage Christian        | 1:36.92   |
| Glennallen                 | 3:38.36   |
| Grace Christian            | 8:38.75   |
| Grant George-Grace         | 49" 10"   |
| Grant George-Grace         | 144'08"   |
| Augustus Simmers-ACS       | 5' 10"    |
| Augustus Simmers-ACS       | 19' 11.5" |
| Nate Simmers-ACS           | 40'06.75" |

**Alaska School Activities Association/First National Bank Alaska**  
**2013 TRACK & FIELD CHAMPIONSHIP RESULTS**

**4A GIRLS**

**TEAM RESULTS**

|                  |                 |    |
|------------------|-----------------|----|
| Champion         | Dimond          | 81 |
| Runner-up        | Wasilla         | 61 |
| Runner-up        | Colony          | 61 |
| 4 <sup>th</sup>  | Eagle River     | 54 |
| 5 <sup>th</sup>  | Service         | 43 |
| 6 <sup>th</sup>  | Thunder Mt      | 41 |
| 7 <sup>th</sup>  | West Valley     | 37 |
| 8 <sup>th</sup>  | West Anchorage  | 32 |
| 9 <sup>th</sup>  | Soldotna        | 21 |
| 10 <sup>th</sup> | Kenai           | 18 |
| 10 <sup>th</sup> | Chugiak         | 18 |
| 12 <sup>th</sup> | Bartlett        | 13 |
| 13 <sup>th</sup> | South Anchorage | 12 |
| 14 <sup>th</sup> | Lathrop         | 11 |
| 15 <sup>th</sup> | Palmer          | 6  |

**AWARDS**

Academic Award: Kenai (3.69)  
 Sportsmanship: Thunder Mt  
 Outstanding Competitor: Audrey Michaelson (CLN)

**4A BOYS**

**TEAM RESULTS**

|                  |                 |    |
|------------------|-----------------|----|
| Champion         | Kodiak          | 87 |
| Runner-up        | Dimond          | 84 |
| 3 <sup>rd</sup>  | Chugiak         | 68 |
| 4 <sup>th</sup>  | Lathrop         | 56 |
| 5 <sup>th</sup>  | South Anchorage | 29 |
| 6 <sup>th</sup>  | East Anchorage  | 28 |
| 7 <sup>th</sup>  | Eagle River     | 27 |
| 8 <sup>th</sup>  | Bartlett        | 26 |
| 9 <sup>th</sup>  | West Anchorage  | 22 |
| 10 <sup>th</sup> | Colony          | 21 |

**AWARDS**

Academic Award: Eagle River (3.52)  
 Sportsmanship: Service  
 Outstanding Competitor: Levi Thomet (Kodiak)

**INDIVIDUAL CHAMPIONS**

***GIRLS***

|             |                           |            |
|-------------|---------------------------|------------|
| 100 Meters  | Peggy Mathis-Wasilla      | 13.06      |
| 200 Meters  | Peggy Mathis-Wasilla      | 26.69      |
| 400 Meters  | Peggy Mathis-Wasilla      | 58.16      |
| 800 Meters  | Audrey Michaelson-Colony  | 2:16.92    |
| 1600 Meters | Audrey Michaelson-Colony  | 5:10.94    |
| 3200 Meters | Audrey Michaelson-Colony  | 11:21.03   |
| 110 Hurdles | Chrisalyn Johnson-Dimond  | 16.60      |
| 300 Hurdles | Naomi Welling-TMHS        | 46.96      |
| 4x100 Relay | West Valley               | 52.39      |
| 4x200 Relay | West Valley               | 1:48.89    |
| 4x400 Relay | Dimond                    | 4:17.47    |
| 4x800 Relay | Soldotna                  | 9:59.42    |
| Shot Put    | Pauline Tufi-West         | 36' 02.75" |
| Discus      | Anastasia Lavern-Tosi-DMD | 120'10"    |
| High Jump   | Megan Drange-WV           | 5' 01"     |
| Long Jump   | Naomi Welling-TMHS        | 15' 06.75" |
| Triple Jump | Naomi Welling-TMHS        | 33' 07.75" |

***BOYS***

|                         |          |
|-------------------------|----------|
| Hunter Desmond-Lathrop  | 11.77    |
| Tyler Rohde-Chugiak     | 23.18    |
| Chris Kveseth-Chugiak   | 50.74    |
| Levi Fried-Kodiak       | 2:00.18  |
| Levi Thomet-Kodiak      | 4:25.83  |
| Levi Thomet-Kodiak      | 9:27.97  |
| Leroy Elliott-West      | 15.15    |
| Taj Showalter-Bartlett  | 39.27    |
| Lathrop                 | 44.45    |
| Lathrop                 | 1:31.90  |
| Dimond                  | 3:32.16  |
| Kodiak                  | 8:23.19  |
| Ma'o Tosi-East          | 47' 10"  |
| Charoonsophansak-Dimond | 133" 10" |
| Connor Looney-Palmer    | 6'01"    |
| Stanson Afoa-Dimond     | 19' 07"  |
| Tevin Gladden-Lathrop   | 42' 0"   |