

**2009 ASAA/FIRST NATIONAL BANK ALASKA
STATE TRACK AND FIELD CHAMPIONSHIPS**

AWARDS & WINNERS

4A GIRLS

FINAL TEAM STANDINGS

• 1st Place	DIMOND - 95
• 2nd Place	Juneau-Douglas - 49
• 3rd Place	Kenai - 47
• 4th Place	Bartlett - 43
• 5th Place (tie)	Service & West Anchorage - 30
• 7th Place	Chugiak - 29
• 8th Place	Lathrop - 26
• 9th Place (tie)	Eagle River, South, Skyview - 24
• 12th Place	Colony - 22
• 13th Place	Wasilla - 19
• 14th Place	West Valley - 17
• 15th Place	Kodiak - 16
• 16th Place	East Anchorage - 10
• 17th Place	Houston - 8
• 18th Place	Soldotna - 6
• 19th Place (tie)	Palmer & Ketchikan - 4

Sportsmanship Award South Anchorage

Academic Award West Valley (3.71)

Outstanding Competitor

GABRIELLE TODD----BARTLETT

Meet Results

100 Meter Dash	Gabrielle Todd, Bartlett	12.48
200 Meter Dash	Gabrielle Todd, Bartlett	25.74
400 Meter Dash	Gabrielle Todd, Bartlett	57.24
800 Meter Run	Ivy O'Guinn, Skyview	2:16.94
1600 Meter Run	Leah Francis, Juneau	5:05.52
3200 Meter Run	Leah Francis, Juneau	11:13.52
100 M. Hurdles	Keiahna Engel, Dimond	15.52
300 M. Hurdles	Keiahna Engel, Dimond	46.27
4 X 100 Relay	Dimond	50.87
4 X 200 Relay	Service	1:47.71
4 X 400 Relay	Kenai	4:04.46
4 X 800 Relay	Lathrop	9:44.89
High Jump	Caroline Cole, South	5' 01"
Long Jump	Jessica Todd, Dimond	15' 10"
Triple Jump	Ambrosia Wilkerson, Chugiak	33' 11.25"
Shot Put	Crystal Tui, West	40' 05.25"
Discus	Crystal Tui, West	116' 03"

New State Record in Bold Print

4A BOYS

FINAL TEAM STANDINGS

• 1st Place	BARTLETT - 86
• 2nd Place	South Anchorage - 77
• 3rd Place	Kodiak - 66
• 4th Place	Dimond - 60
• 5th Place	Service - 56
• 6th Place	North Pole - 30
• 7th Place	Lathrop - 26
• 8th Place	Wasilla - 22
• 9th Place	Kenai - 19
• 10th Place	East Anchorage - 16
• 11th Place	West Valley - 14
• 12th Place	Colony - 12
• 13th Place (tie)	West Anchorage & Soldotna - 11
• 15th Place (tie)	Homer & Palmer - 6
• 17th Place	Juneau-Douglas - 4
• 18th Place (tie)	Skyview & Houston - 2
• 20th Place	Eagle River - 1

Sportsmanship Award North Pole

Academic Award Colony Knights (3.43)

Outstanding Competitor

TREVOR DUNBAR---KODIAK

Meet Results

100 Meter Dash	A.J. Allen, Lathrop	10.96
200 Meter Dash	Ryan Clay, South	22.74
400 Meter Dash	Raymond Reid, Bartlett	50.18
800 Meter Run	Ryan Hanley, Dimond	1:56.15
1600 Meter Run	Trevor Dunbar, Kodiak	4:13.32
3200 Meter Run	Trevor Dunbar, Kodiak	9:19.96
110 M. Hurdles	Elliott Bauer, South	15.20
300 M. Hurdles	Elliott Bauer, South	40.05
4 X 100 Relay	Bartlett	43.80
4 X 200 Relay	Bartlett	1:31.95
4 X 400 Relay	Bartlett	3:29.08
4 X 800 Relay	Service	8:02.77
High Jump	Ben Jackson, Service	6' 09"
Long Jump	Ben Jackson, Service	21' 05"
Triple Jump	Chris Plooy, Dimond	45' 09.25"
Shot Put	John Knowles, Wasilla	49' 09.25"
Discus	Mitchell Swensen, Dimond	148' 01"

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**2009 ASAA/FIRST NATIONAL BANK ALASKA
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123A GIRLS

FINAL TEAM STANDINGS

• 1st Place	ANCHORAGE CHRISTIAN - 92
• 2nd Place	Grace Christian - 86
• 3rd Place	Sitka - 59
• 4th Place	Haines - 37
• 5th Place	Barrow - 32
• 6th Place	Kenny Lake - 30
• 7th Place	Nikiski - 28
• 8th Place	Cook Inlet Academy - 23
• 9th Place	Eielson - 22
• 10th Place	Monroe - 19
• 11th Place	Seward - 18
• 12th Place	Valdez - 17
• 13th Place	Glennallen - 16
• 14th Place	Su Valley - 11
• 15th Place	Tok - 10
• 16th Place (tie)	Heritage & Petersburg - 8
• 18th Place	Delta Junction - 4
• 19th Place	Tri Valley - 3
• 20th Place (tie)	Ninilchik & Yakutat - 2

Sportsmanship Award Haines

Academic Award Monroe Rams (3.81)

Outstanding Competitor

KAILEY WILSON---KENNY LAKE

Meet Results

100 Meter Dash	Melissa Grammer, Valdez	12.94
200 Meter Dash	Lexy Siefert, Barrow	27.13
400 Meter Dash	Britney Anderson, Eielson	1:01.11
800 Meter Run	Kailey Wilson, Kenny Lake	2:25.41
1600 Meter Run	Kailey Wilson, Kenny Lake	5:18.10
3200 Meter Run	Kailey Wilson, Kenny Lake	11:37.18
100 M. Hurdles	Anna Simmers, ACS	15.29
300 M. Hurdles	Amie Smithwick, Cook Inlet	48.51
4 X 100 Relay	Anchorage Christian	52.83
4 X 200 Relay	Anchorage Christian	1:54.00
4 X 400 Relay	Grace Christian	4:27.68
4 X 800 Relay	Grace Christian	10:13.57
High Jump	Daisy Morgan, Tok	5' 01"
Long Jump	Gabriella Serventi, Grace	15' 7.5"
Triple Jump	Anna Simmers, ACS	33' 8.5"
Shot Put	Anna Simmers, ACS	33' 2.75"
Discus	Megan Hansen, Nikiski	104' 11"

Best Performance at State this year indicated in Bold

123A BOYS

FINAL TEAM STANDINGS

• 1st Place	SEWARD - 108
• 2nd Place	Grace Christian - 81
• 3rd Place	Anchorage Christian - 48
• 4th Place	Haines - 40.5
• 5th Place	Hutchison - 38.5
• 6th Place	Eielson - 36
• 7th Place	Valdez - 29
• 8th Place	Heritage Christian - 25
• 9th Place	Su Valley - 24
• 10th Place	Sitka - 23
• 11th Place	Tri Valley - 16
• 12th Place	Skagway - 14
• 13th Place (tie)	Cook Inlet & Petersburg - 10
• 15th Place (tie)	Glennallen & Yakutat - 6
• 17th Place	Delta Junction - 5
• 18th Place	Anderson - 2
• 19th Place (tie)	Kenny Lake & Mt. Edgecumbe - 1

Sportsmanship Award Seward

Academic Award ACS (3.55)

Outstanding Competitor

TRAVIS PRICE---SEWARD

Meet Results

100 Meter Dash	Nick Nysewander, Su Valley	11.79
200 Meter Dash	Shane Cawley	24.35
400 Meter Dash	Travis Price, Seward	49.82
800 Meter Run	Travis Price, Seward	1:59.66
1600 Meter Run	Jacob Kirk, Grace	4:27.95
3200 Meter Run	Jacob Kirk, Grace	9:28.81
110 M. Hurdles	Dylan Beck, Seward	15.99
300 M. Hurdles	Dylan Beck, Seward	40.81
4 X 100 Relay	Grace Christian	47.11
4 X 200 Relay	Haines	1:39.08
4 X 400 Relay	Sitka	3:44.16
4 X 800 Relay	Grace Christian	8:35.74
High Jump	Dylan Beck, Seward	6' 06"
Long Jump	Travis Price, Seward	20' 00.75"
Triple Jump	Travis Price, Seward	41' 09.25"
Shot Put	Kevin Rima, Hutchison	41' 08"
Discus	Kevin Rima, Hutchison	141' 02"

Best Performance at State this year indicated in Bold