

**ASAA/FIRST NATIONAL BANK ALASKA**  
**2009 State Swimming and Diving Championships**

**AWARDS & WINNERS**

<u>WOMEN</u>	<u>MEN</u>
Champion <span style="float: right;">SERVICE (113)</span>	Champion <span style="float: right;">DIMOND (99)</span>
Runnerup <span style="float: right;">KODIAK (69)</span>	Runnerup <span style="float: right;">JUNEAU-DOUGLAS (84)</span>
Academic Award <span style="float: right;">SERVICE COUGARS (3.88)</span>	Academic Award <span style="float: right;">LATHROP MALEMUTES (3.91)</span>
Sportsmanship Award <span style="float: right;">SOLDOTNA STARS</span>	Sportsmanship Award <span style="float: right;">KODIAK BEARS</span>
Outstanding Swimmer: <b>Sam Wicks (East)</b>	Outstanding Swimmer: <b>Matt Summers (Dimond)</b>
Outstanding Diver: <b>Renee Jordan (East)</b>	Outstanding Diver: <b>Scott Wundersee (Kodiak)</b>

<u>Meet Results</u>	<u>Meet Results</u>
200 Medley Relay <span style="float: right;">DIMOND</span> (Hawkins, Wray, Summers, Bissell) <span style="float: right;">1:50.54</span>	200 Medley Relay <span style="float: right;">JUNEAU-DOUGLAS</span> (Brunette, Cayce, Mickelson, Rutecki) <span style="float: right;">1:36.33</span>
200 Freestyle <span style="float: right;">Anne Goering (West Valley)</span> <span style="float: right;">1:55:44</span>	200 Freestyle <span style="float: right;">Matt Summers (Dimond)</span> <span style="float: right;">1:42.40</span>
200 Ind. Medley <span style="float: right;">Nikki Wray (Dimond)</span> <span style="float: right;">2:08.06</span>	200 Ind. Medley <span style="float: right;">Cody Brunette (Juneau)</span> <span style="float: right;">1:54.79</span>
50 Freestyle <span style="float: right;">Sam Wicks (East)</span> <span style="float: right;">24.05</span>	50 Freestyle <span style="float: right;">Jeff Frey (Wasilla)</span> <span style="float: right;">21.42</span>
IM Diving <span style="float: right;">Renee Jordan (East)</span> <span style="float: right;">363.40 points</span>	1 M Diving <span style="float: right;">Dalton Haas (Service)</span> <span style="float: right;">444.55 points</span>
100 Butterfly <span style="float: right;">Margot Adams (Service)</span> <span style="float: right;">57.53</span>	100 Butterfly <span style="float: right;">Cody Brunette (Juneau)</span> <span style="float: right;">50.42</span>
100 Freestyle <span style="float: right;">Anne Goering (West Valley)</span> <span style="float: right;">52.47</span>	100 Freestyle <span style="float: right;">Jeff Frey (Wasilla)</span> <span style="float: right;">46.63</span>
500 Freestyle <span style="float: right;">Nikki Wray (Dimond)</span> <span style="float: right;">5:14.26</span>	500 Freestyle <span style="float: right;">Matthew Summers (Dimond)</span> <span style="float: right;">4:38.99</span>
200 Freestyle Relay <span style="float: right;">SERVICE</span> (Uselmann, Kirk, Adams, Iverson)) <span style="float: right;">1:39.72</span>	200 Freestyle Relay <span style="float: right;">JUNEAU-DOUGLAS</span> (Mickelson, Cayce, Anderson, Rutecki) <span style="float: right;">1:27.93</span>
100 Backstroke <span style="float: right;">Sam Wicks (East)</span> <span style="float: right;">57.35</span>	100 Backstroke <span style="float: right;">Drew Vandermeer (West Valley)</span> <span style="float: right;">54.09</span>
100 Breaststroke <span style="float: right;">Laura Griffing (Kodiak)</span> <span style="float: right;">1:06.57</span>	100 Breaststroke <span style="float: right;">Keegan Severns (Lathrop)</span> <span style="float: right;">58.33</span>
400 Freestyle Relay <span style="float: right;">SERVICE</span> (H. Iverson, V. Adams, J. Iverson, M. Adams) <span style="float: right;">3:39.99</span>	400 Freestyle Relay <span style="float: right;">DIMOND</span> (Summers, Chan, Ursin, Wilcox) <span style="float: right;">3:15.61</span>
<b><u>NOTE: No state records were set.</u></b>	<b><u>NOTE: 1 State Record Set in Bold Print</u></b>