

# Alaska School Activities Association

## 2009 STATE CROSS COUNTRY RUNNING CHAMPIONSHIP RESULTS

### AWARDS & WINNERS

#### 1A, 2A, 3A GIRLS

<b><u>Champion</u></b>	GRACE CHRISTIAN 36
<b><u>Runner-up</u></b>	Sitka 96
3rd place	Seward 107
4th place	Monroe 119
5th place	Skagway 124
6th place	Dillingham 150
7th place	Craig 162
8th place	Anchorage Christian 178
9th place	Kotzebue 196
10th place	Galena 250

Academic Award presented by Princess Cruises and Tours:  
Skagway Panthers (3.95)

#### Top Ten Individual Finishers

1. Kailey Wilson	Kenny Lake	18:56.1
2. Monae Boyles	Grace Christian	19:48.8
3. Allison Barnwell	Seward	20:07.3
4. Mariah Applegate	Grace Christian	20:15.4
5. Lizzy Bennett	Monroe	20:19.8
6. BethAnne Davis	Grace Christian	20:22.3
7. Katie Strong	Port Lions	20:35.1
8. Kari Paustian	Sitka	20:44.2
9. Amanda Jensen	Skagway	20:56.8
10. Kristina Atherton	Seward	21:01.6

#### 4A GIRLS

<b><u>Champion</u></b>	WEST VALLEY 63
<b><u>Runner-up</u></b>	South Anchorage 74
3rd place	Colony 128
4th place	Kodiak 128
5th place	Wasilla 137
6th place	West Anchorage 154
7th place	Service 169
8th place	Juneau-Douglas 191
9th place	Chugiak 196
10th place	Lathrop 203

Academic Award presented by Princess Cruises and Tours:  
Lathrop Malemutes and Service Cougars (3.83)

#### Top Ten Individual Finishers

1. Courtney Kisner	West Valley	18:58.4
2. Ivy O'Guinn	Skyview	19:00.1
3. Susan Bick	Bartlett	19:08.6
4. Bree Mucha	Soldotna	19:12.5
5. Maria Rorabaugh	West Valley	19:13.0
6. Jenna Ford	Wasilla	19:13.4
7. Megan Edic	Lathrop	19:15.4
8. Chloe Ivanoff	Kodiak	19:16.7
9. Amelia Hennessy	Dimond	19:18.2
10. Hannah Boyer	West Valley	19:20.4

#### 1A, 2A, 3A, BOYS

<b><u>Champion</u></b>	GRACE CHRISTIAN 27
<b><u>Runner-up</u></b>	Seward 84
3rd place	Nome 109
4th place	Bethel 111
5th place	Sitka 146
6th place	Anchorage Christian 149
7th place	Craig 149
8th place	Mt. Edgecumbe 174
9th place	Eielson 205
10th place	Galena 309

Academic Award presented by Princess Cruises and Tours:  
Anchorage Christian Lions (3.78)

#### Top Ten Individual Finishers

1. Jacob Kirk	Grace Christian	15:43.4
2. Andrew Arnold	Grace Christian	16:43.5
3. Teddy Payenna	Nome	16:53.1
4. Niko Freidman	Sitka	16:59.1
5. Patrick Howell	Wrangell	17:00.1
6. John Klein	Grace Christian	17:02.1
7. Harold Paniyak	Chevak	17:03.6
8. Mickey Wilson	Skagway	17:07.2
9. Brett Chase	Seward	17:10.8
10. Jeremy Head	Nome	17:15.4

#### 4A BOYS

<b><u>Champion</u></b>	SERVICE 40
<b><u>Runner-up</u></b>	Juneau-Douglas 73
3rd place	South Anchorage 108
4th place	West Anchorage 127
5th place	Kodiak 158
6th place	Lathrop 163
7th place	Palmer 170
8th place	Colony 195
9th place	West Valley 197
10th place	Wasilla 206

Academic Award presented by Princess Cruises and Tours:  
Service Cougars (3.93)

#### Top Ten Individual Finishers

1. Dylan Anthony	Kodiak	15:41.9
2. Silas Talbot	Service	15:48.4
3. Robert Walgren	Service	16:02.9
4. Isaac Updike	Ketchikan	16:08.2
5. Wylie Mangelsdorf	Palmer	16:09.6
6. Sage Thibodeau	Juneau-Douglas	16:10.0
7. Nathaniel Knapp	East Anchorage	16:26.1
8. Zachary Bursell	Juneau-Douglas	16:28.1
9. Pat Nugent	Lathrop	16:29.2
10. Nick Treinen	West Anchorage	16:36.2

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### GOOD SPORT TEAMS

#### 1A, 2A, 3A GIRLS

Kotzebue	Wyona "Loni" Hickerson
Dillingham	Amanda McGill
Galena	Jenna Buchanan
Grace	Betsy Winkle
ACS	Emily Godsby
Seward	Kristina Atherton
Skagway	Amanda Jensen
Sitka	Kari Paustian
Craig	Amber Nickerson
Monroe	Delainey Stokes

#### 1A, 2A, 3A, BOYS

Nome	Nathan Blandford
Bethel	Jeremiah Klejka
Galena	John Kavairlook
Grace	Caleb Davis
Seward	Jesse Atherton
ACS	Daniel Brandon
Sitka	Stephen MacIntyre
Craig	Daniel Coffey
Mt. Edgecumbe	Ian Sia
Eielson	Jeremy Valero

#### 4A GIRLS

Colony	Abby Jahn
Soldotna	Sarah Walton
Wasilla	Rachel Hoffman
Kodiak	Jenni Fried
West High	Danielle Gerik
Service	Esther Kennedy
South	Kelly Yanoshek
Dimond	Brittany Hippe
Juneau	Elisha Thibodeau
Ketchikan	Shelayne Greaves
West Valley	Marisa Rorabaugh
Lathrop	Nikki Spencer

#### 4A BOYS

Kodiak	Caleb Nymeyer
Wasilla	Jaron Christensen
Palmer	Chris Osiensky
Colony	Kenny Conway
West	Hans Roelle
Service	Silas Talbot
South	Jared Martin
Chugiak	Alex Babos
Juneau	Andre Bunton
West Valley	Carl Bridwell
Lathrop	Luke Castellini