

**2004-05 ASAA/FIRST NATIONAL BANK
STATE CROSS COUNTRY RUNNING CHAMPIONSHIPS**

AWARDS & WINNERS

1A, 2A, 3A GIRLS

<u>Champion</u>	Grace Christian	57
<u>Runner-up</u>	Seward	80
3rd place	Su Valley	87
4th place	Haines	120
5th place	Delta Junction	127
6th place	Anchorage Christian	156
7th place	Bethel	168
8th place	Craig	172
9th place	Cook Inlet Academy	203
10th place	Kotzebue	214

Sportsmanship Award Haines Glacier Bears

Academic Award (3.92) Bethel Warriors

Top Ten Individual Finishers

1.	Rubye Foldager	Seward	19:45
2.	Denali Foldager	Seward	19:53
3.	Casey Martinez	Grace Christian	20:18
4.	Maggie Embick	Valdez	20:21
5.	Sarah Martinez	Grace Christian	20:35
6.	Krystal Moore	Su Valley	20:51
7.	JJ Lende	Haines	21:00
8.	Nychele Fishetti	Anchorage Christian	21:01
9.	Barbara Towarak	Unalakleet	21:20
10.	Tillie Kaiser	Bethel	21:30

4A GIRLS

<u>Champion</u>	West Valley	41
<u>Runner-up</u>	Juneau-Douglas	64
3rd place	East Anchorage	68
4th place	Service	135
5th place	Soldotna	144
6th place	Dimond	148
7th place	Kodiak	169
8th place	Lathrop	188
9th place	Kenai	205
10th place	Sitka	263

Sportsmanship Award Soldotna Stars

Academic Award (3.83) East High Thunderbirds

Top Ten Individual Finishers

1.	Ari Goldstein	Soldotna	19:01
2.	Crystal Pitney	West Valley	19:10
3.	Katie Franzmann	Soldotna	19:16
4.	Soshana Keegan	West Anchorage	20:02
5.	Becca Rorabaugh	West Valley	20:08
6.	Lexi Garvey	Juneau-Douglas	20:15
7.	Maggie Callahan	West Valley	20:27
8.	Kendra Kennedy	Service	20:30
9.	Feona Yancey	Bartlett	20:32
10.	Minato Teraoka	East Anchorage	20:32

1A, 2A, 3A, BOYS

<u>Champion</u>	Seward	47
<u>Runner-up</u>	Valdez	62
3rd place	Anchorage Christian	71
4th place	Chevak	152
5th place	Su Valley	173
6th place	Delta Junction	177
7th place	Keake	186
8th place	Wrangell	188
9th place	Cook Inlet Academy	196
10th place	Kotzebue	211

Sportsmanship Award Su Valley Rams

Academic Award (3.61) Eielson Ravens

Top Ten Individual Finishers

1.	Matt Adams	Seward	16:38
2.	Carlos Arias	Anchorage Christian	17:21
3.	Brian Beeson	Cook Inlet Academy	17:28
4.	Matthew Blair	Seward	17:33
5.	Mike Howell	Wrangell	18:03
6.	Auston Ellis	Valdez	18:04
7.	Boone Howard	Su Valley	18:05
8.	Jareth Boy Scout	Chevak	18:09
9.	Adam Kuchin	Valdez	18:18
10.	Ian Stewart	Valdez	18:19

4A BOYS

<u>Champion</u>	Juneau-Douglas	54
<u>Runner-up</u>	West Valley	91
3rd place	West Anchorage	104
4th place	Dimond	107
5th place	Lathrop	133
6th place	Chugiak	144
7th place	Kodiak	146
8th place	Kenai	168
9th place	Palmer	180
10th place	Sitka	259

Sportsmanship Award Palmer Moose

Academic Award (3.61) Juneau Crimson Bears

Top Ten Individual Finishers

1.	Jesse Cherry	Chugiak	16:35
2.	Tristan Knutson-Lombardo	Juneau	16:44
3.	Tyler Dinnan	Juneau	16:45
4.	Tony Tomsich	West Valley	16:56
5.	Rory Egelus	Palmer	17:01
6.	John Murphy	Chugiak	17:11
7.	Wesley Dinnan	Juneau	17:13
8.	Anders Gillis	West Valley	17:19
9.	Trevor Baldwin	Kenai	17:24
10.	Ryan Donahue	Dimond	17:27

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GOOD SPORT TEAMS

1A, 2A, 3A GIRLS

Anchorage Christian	Mary Ann Rae
Bethel	Danica Broerman
Cook Inlet Academy	Tona Alsworth
Craig	Stefanie Claus
Delta Junction	Erin Trainor
Grace Christian	Katrina Davis
Haines	Alix Gooman
Kotzebue	Mary Ann Rae
Seward	Anna Clock
Su Valley	Krystal Moore

1A, 2A, 3A, BOYS

Anchorage Christian	Jesse Moe
Chevak	Merlin Matchian
Cook Inlet Academy	Ryan Fowler
Delta Junction	Sam Tappan
Kake	Anthony Mach
Kotzebue	Abe Lambert
Seward	Leif Bardarson
Su Valley	Nico Ambrose
Valdez	Ian Stewart
Wrangell	Kenny Wilson

4A GIRLS

Dimond	Chelsea Holmes
East Anchorage	Hannah Kreilkamp
Juneau-Douglas	Megan Bush
Kenai	Synneva Hagen-Lillevik
Kodiak	Naphtali Fields
Lathrop	Liz Tsigonis
Service	Casey Mapes
Sitka	Hanna Hutton
Soldotna	Katy Pankoski
West Valley	Maggie Callahan

4A Boys

Chugiak	Brandon Gebel
Dimond	Andrew Hennessy
Juneau-Douglas	Tristan Knutson-Lombardo
Kenai	Kris Larson
Kodiak	Mark Putney
Lathrop	Brett Broda
Palmer	Ethan Craddick
Sitka	Scott Totten
West Anchorage	Cale Jorgenson
West Valley	Coryn Pavelsky