

ASAA Wrestling State Championships COVID-19 Requirements

Updated – May 5, 2021

Points of Emphasis

- We will not allow any wrestling event to take place unless all protocols can be followed.
- We recommend that people who are at increased risk for severe illness including coaches, students, staff and officials, consult with their health care provider to determine whether participation in activities or events is prudent under the circumstances. Information from the CDC on who are at increased risk can be found at <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/>
- There will be a designated individual on site responsible for monitoring and following all screening, cleaning, and social distancing protocols.
- All wrestling participants (student-athletes, coaches, etc.) must also be in adherence to the ASAA COVID-19 testing requirements.
- Teams are required to screen their participants prior to arriving at the venue each day and submit a report to ASAA.
- Teams are responsible to bring their own towels, hand sanitizer and medical kits. OPA will be onsite.

Facilities

- Cleaning and disinfecting will be conducted in compliance with CDC. The most current guidelines can be found at <https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html>
- Teams are expected to sit in the bleachers as a group when not warming up or wrestling.
- Corner access will be limited to 2 individuals. The on deck wrestler plus one coach may be in the warm-up area. All other coaches, managers, videographers, and statistician need to be in the team bleacher area.
- Hand sanitizer will be available to all attendees. Announcements will be made encouraging all individuals to use often.
- Ventilation systems will be inspected to insure they operate properly.
- No Concessions and no food or drink in the gym.

Attendees

- Prior to attending advisors, coaches, supervisors & participants must sign a waiver of liability related to COVID-19.
- Spectators will be limited to two per athlete.
- Teams must leave the school 15 minutes following the conclusion of their last match of the day.

- All attendees must have a mask on at all times while in the venue. This includes but not limited to coaches, athletes, spectators, officials, media, and anyone else in attendance. (See Mask Protocols)
- Wrestlers may remove their mask as they take to the mat to compete. Mask must be put on as soon as they finish their match.
- Individuals must bring their own water bottle that is labeled and filled. No sharing of water bottles.
- Avoid all non-sport related contact. Example: high fives, fist/elbow bumps, group celebrations, huddles, etc.

2021 ASAA Wrestling Operational Details

- Follow all NFHS Wrestling Rules Considerations.
- All officials, wrestlers, managers, coaches, chaperones, bus drivers, etc. must have a negative pre-competition COVID test or meet one of the exemptions to attend the state tournament.
- Teams must turn in the COVID testing confirmation signed by an administrator when first arriving at the tournament.
- Teams are required to screen their participants prior to arriving at the venue **each day** and submit a report to ASAA.
- Weigh ins will be done by team.
- Locker rooms will not be available. Teams are to come dressed to compete.
- Plastic shields covering the entire face will not be allowed in wrestling due to the risk of unintended injury to the person wearing the shield or others.
- Because yelling and cheering are discouraged artificial noise makers that do not interfere with the official's whistle are allowed. No use of airhorns or megaphones.
- Mats will be disinfected between rounds.