



# 2019 ASAA MARCH MADNESS ALASKA 3A/4A PRACTICE & CHEER DAY SCHEDULE

Coaches and Athletic Directors,

First off, congratulations for earning a trip to the 2019 ASAA March Madness Alaska Basketball State Championships! All teams are allowed one half-hour practice session time the Alaska Airlines Center Main Gym Floor. Teams will be able to practice on the floors they will be playing on during the tournament. ASAA tried to give accommodations to team traveling further distances and those requesting specific practice times. Every consideration was taken for teams that requested a certain practice time.

## WEDNESDAY, MARCH 20

### 3A/4A Practice Times | State Cheer Schedule | AAC Main Gym/Aux Gym

30 MINUTE TIME BLOCKS	AAC Main Gym - Court #1	AAC Main Gym - Court #2	Aux Gym
9:00am - 9:30am	West Anchorage Girls	Grace Christian Boys	
9:30am - 10:00am	West Anchorage Boys	ACS Girls	
10:00am - 10:30am	Chugiak Girls	ACS Boys	
10:30am - 11:00am	Dimond Girls	Barrow Girls	
11:00am - 11:30am	Dimond Boys	Barrow Boys	
11:30am - 12:00pm	Bartlett Girls	Sitka Boys	
12:00pm - 12:30pm	East Anchorage Boys	Kotzebue Girls	Cheerleading Warm Up
12:30pm - 1:00pm	Wasilla Girls	Nome-Beltz Boys	Cheerleading Warm Up
1:00pm - 1:30pm	Palmer Boys	Galena Girls	Cheerleading Warm Up
1:30pm - 2:00pm	Colony Boys	Mt. Edgecumbe Girls	Cheerleading Warm Up
2:00pm - 2:30pm	Ketchikan Girls	Kenai Central Girls	Cheerleading Warm Up
2:30pm - 3:00pm	Ketchikan Boys	Nikiski Girls	Cheerleading Warm Up
3:00pm - 3:30pm	Soldotna Girls	Monroe Catholic Boys	Cheerleading Warm Up
3:30pm - 4:00pm	Soldotna Boys	Ben Eielson Boys	Cheerleading Warm Up
4:00pm - 4:30pm	West Valley Girls	Valdez Buccaneers Boys	Cheerleading Warm Up
4:30pm - 5:00pm	West Valley Boys	Valdez Buccaneers Girls	Cheerleading Warm Up
5:00pm - 5:30pm	Cheer State Set Up	Cheerleading Warm Up	3A/4A Coaches Meeting Set Up
5:30pm - 6:00pm	Cheer State Set Up	Cheerleading Warm Up	<b>3A/4A COACHES MEETING</b>
6:00pm - 9:00pm	<b>State Cheer Competition</b>	<b>State Cheer Warm Up</b>	

Teams with the earliest time are not allowed on the floor until the scheduled time. If this is done, time will be taken off on the end of the scheduled time. If you can't make your time, you may change with another team or fill in for a team that doesn't show. Late teams will be scheduled when there is space. Time and space are limited so please make every effort to make your practice time. After the coaches meetings and skills competitions the arena is closed and no other practice times are able to be offered. If you want to practice more as a team ASAA encourages you to reach out to a local school for some gym time.

Check in with Rus Schreckenghost when you arrive at the floor entrance at the arena. Congratulations again on earning a trip to the 2019 ASAA March Madness Alaska Basketball State Championship!

Isaiah Vreeman  
ASAA Associate Director