

TABLE OF CONTENTS

Summary of Handbook Changes	vi
---------------------------------------	----

ABOUT ASAA

ASAA Board of Directors and Staff	1
ASAA Regions — Map of State	2
ASAA Office and Anchorage Locator Map	3
About ASAA and 2011-12 Goals	4
History of ASAA and its Executive Directors	5
Alaska Education Regulation	6

CONSTITUTION

Article 1 Name	13
Article 2 Object	13
Article 3 Membership	13
Section 1 Eligible Schools	13
Section 2 Membership Definition	13
Article 4 Dues	13
Article 5 Officers & Duties	13
Section 1 Board of Directors	13
Section 2 Terms of Board of Directors	14
Section 3 Powers & Duties	14
Article 6 Regional Associations	14
Section 1 Powers	14
Section 2 Bylaws	15
Article 7 Local Control	15
Article 8 Amendments	15
Section 1 Amendments	15
Section 2 Effective Date	15
Article 9 Dissolution Clause	15
Section 1 Powers	15

BYLAWS

Article 1 Board of Directors, Organization and Operation	16
Section 1 Organization & Terms of Members	16
Section 2 Dates of Election & Replacements	16
Section 3 Alternate Regional Representative	16
Section 4 Meetings	16
Section 5 Officers of the Association	16
Section 6 Secretary/Treasurer	16
Section 7 Association Funds	16
Article 2 Membership Dues	17
Section 1 Member Schools	17
Section 2 Scale of Dues	17
Section 3 Date of Payment	17
Section 4 New Member Schools	17
Article 3 Violation of Bylaws & Rules	17
Section 1 Conduct of Activities	17
Section 2 Conforming to Rules	17
Section 3 Violations & Disputes	17
Section 4 Protests Against Member Schools	18
Article 4 Appeal Procedure	18
Section 1 Member School & Individuals	18
Section 2 Appeals Board	18
Article 5 Nature of Penalties	19
Article 6 Contest Rules	20
Section 1 Contracts/Schedules for Contests & Events	20
Section 2 Non-Member and Suspended School, Out-of-State Competition	21

Section 3	Use of Ineligible Students	21
Section 4	Contest & Event Supervision	22
Section 5	Personal Conduct/Sportsmanship	22
Section 6	Penalty for Violation of Sections 4 & 5	23
Section 7	Sunday Contest or Event Rule	23
Section 8	Contest Rules	24
Section 9	Officials	24
Article 7	Sanctioned Activities	25
Section 1	Compliance with Title IX	25
Section 2	Sanctioned Activities	25
Section 3	Addition or Suspension of Sanctioned Activities	26
Section 4	Seasonal Competition	26
Section 5	Practice	26
Section 6	Number of Games/Periods	27
Section 7	Maximum Games Prior to Qualification for State Tournaments	27
Section 8	Team Roster Size Limits for State Championships	28
Section 9	Girls & Boys Joint Participation and Cooperative School Programs	28
Article 8	Amateurism	29
Section 1	Amateur Athletes	29
Section 2	Other Amateurs	30
Section 3	Professional & College Tryouts	31
Article 9	Awards	31
Section 1	Principal Approval	31
Section 2	Value Limit	31
Section 3	Invitational Tournaments	31
Section 4	Presentation of Awards	31
Article 10	Qualification of Coaches	31
Section 1	Qualification of Coaches	31
Section 2	Coaches & Team Travel	31
Section 3	Coaches' Certification	31
Section 3	Reporting of Coaches	32
Article 11	Physical Exam/Consent	32
Section 1	Medical Examination	32
Section 2	Parental Permission	32
Section 3	Wrestling Weight Rule	32
Article 12	Eligibility Requirements	33
Section 1	Penalty	33
Section 2	Enrollment Rules	33
Section 3	Maximum Participation	35
Section 4	Repeating Grades for Athletic Purposes	35
Section 5	Recruiting/Undue Influence	35
Section 6	Age Rule	36
Section 7	Semester Credit Rule	36
Section 8	Citizenship Rule	37
Section 9	Transfer/Residency Rule	37
Section 10	Eligibility Lists	41
Article 13	Waivers of Eligibility Rules	42
Section 1	Student Request	42
Section 2	Penalty	42
Section 3	Waiver Request Procedures	42
Section 4	Review by Executive Director	42
Section 5	Guidelines for Consideration	43
Article 14	ASAA Regions	43
Section 1	Changes in Regional Placement	43
Article 15	Tournaments	44
Section 1	Handbooks	44
Section 2	Awards	44
Section 3	Sanctioned State Level Competition	44
Article 16	Preface-Guidelines for Administration of Middle School Activities	44
Article 17	Junior High/Middle School Regulations	45
Section 1	School Membership Requirements	45
Section 2	Student Eligibility Requirements	45
Article 18	Bylaw Amendment	45
Section 1	Method	45
Section 2	Effective Date	45

Hall of Fame Blaws	46
Article 1 Name	46
Article 2 Purpose	46
Article 3 Qualifications for Nomination	46
Article 4 Selection Committee	46
Article 5 Nominations	47
Article 6 Induction Ceremony	47
Article 7 Removal Clause	47
Article 8 Amendment Clause	47

GENERAL INFORMATION & POLICIES

ASAA Codes

Officials Code of Ethics	53
Coaches Code of Ethics	54
Tobacco, Alcohol and Controlled Substance (TAD) Policy	55

General ASAA Policies

1. High School Enrollment	59
2. Classification Policy	59
3. Member Statewide Correspondence Program, Athletic Participation & Qualification Policy	60
4. ASAA Outsourcing Policy	61
5. Proof of Residence Change	61
6. E-Mail Policy	61
7. ASAA Passes Policy	61
8. Board Meeting Expenses Policy	61
9. ASAA Fiscal Year	62
10. Capitalization Policy	62
11. Gold Lifetime Pass	62
12. Alaska High School Hall of Fame	62

Sports Related ASAA Policies

1. Multi-Region Conferences	64
2. Taunting Policy	64
3. Out-of-Season Participation Policy	64
4. Open Gym Policy	65
5. Fund Raising/Merchandise Sales	65
6. Sportsmanship Creed	65
7. Qualifying for Track & Swim/Dive Tournaments	65
8. Ejection/Suspension Policy	66
9. Jamborees	66
10. Takedown Tournament	66
11. Mercy Rules Policy	66
12. Endowment Game Policy	66
13. Sports Medicine Advisory Committee	67
14. Concussion Education and Management Policy	67

ASAA Appeal Hearing Policy — Sample Format	68
---	----

ACADEMIC, ATHLETIC & FINE ART ACTIVITIES GUIDE

All-State Art	71
All-State Music	72
Baseball	74
Basketball	76
Cheerleading/Spirit Squads	80
Cross-Country Running	82
Debate, Drama and Forensics	84
Football	86
Hockey	88
Supplemental Hockey Rules	89
Hockey - Girls	91
Nordic Skiing	92
Rifle	93
Soccer	94
Softball	96
Solo and Ensemble	99
Student Government	102
Swimming and Diving	103



Tennis	105
Track and Field	107
Volleyball	108
Mixed Six (Coed) Rules	110
World Language Declamation	111
Wrestling	113
Weight Policy	115
Sanctioned Events without Tournaments	
Bowling	117
Flag Football	117
Gymnastics	117

CHAMPIONSHIP TOURNAMENT POLICIES

Tournament Site/Date	121
Tournament Information	121
Budget	121
Game Management	121
Tickets	121
Souvenir Programs	121
Merchandise Sales	121
Split-the-Pot or Raffle	121
State Tournament Officials	121
Football Selection Guidelines	122
Volleyball Selection Guidelines	123
Basketball Selection Guidelines	123
Hockey Selection Guidelines	123
Soccer Selection Guidelines	123
Softball Selection Guidelines	123
Baseball Selection Guidelines	123
Wrestling Selection Guidelines	123
Corporate Partners	124
Tournament Sessions	124
Pre-tournament Practices	124
State Tournament Berths	124
State Tournament Roster Limits	125
Late Arrivals to State Tournament	125
Official Tournament Balls	125
Spectator Support Items	125
State Tournament Passes	125
State Event Mascot Policy	126
Photo/Roster Deadline	126
PEP Bands	126
Tournament Forms	127
Photography/Videotaping Policy	127
All Tournament Team Selection Process	127
State Tournament Code of Conduct	127
State Tournament Participation Fees	127
Media Policy	128

ACTIVITY, POLICY AND PROCEDURAL FORMS

General Use Forms	
ASAA School Membership Application	131
Electronic Eligibility Registration	132
TAD "Play for Keeps" Acknowledgement Form	133
ASAA Pass Order Form	134
Contract for Interscholastic Games or Meets	135
Cooperative School Program Application	136
Out-of-State Travel	137
ASAA Parent/Guardian Consent for Student Travel	138
Health Review/Exam	140
A Parents Guide to Concussions in Sports	143
Resource List of Medical Professionals	147

Coaches and Officials Forms

Book Orders	151
Coaches Certification Extension Request	153
Officials Application	154
Officials Code of Ethics	155
Officials Selection Ballot for State Championship.	156

Ejection / Penalty Report Forms

Hockey Officials Penalty Incident Report.	159
Officials Ejection Report (except Hockey)	161
Schools Contest Ejection Form	163

Student Government Forms

AASG Parent/Guardian Consent for Participation & Travel	168
AASG Code of Conduct.	169
AASG Travel Scholarship Application	170

Tournament Forms

ASAA Code of Conduct	175
Academic Award Entry.	176
Coaches Appeal Form for Individual Events	179
Coaches Appeal Form for Individual Events	180

Waiver Forms

Alaska Student Foreign Exchange Participation Waiver Request	185
Foreign Exchange/International Student Registration in Alaska	187
Minimum Practice Waiver Request	193
Student Eligibility Waiver Request	194
Sunday Contest Waiver	196
Transfer Rule Waiver	197
Bonafide Change of Address	199
Application for Establishing/Changing School of Eligibility.	200
Request for 8th Grade Student Eligibility.	201

Wrestling Forms

Physician Release - Wrestler with Lesions	205
Wrestling Match Record Form	206
Wrestling Seeding Form	207
Wrestling Weight Certification.	208

Alaska Endowment for Youth Activities(AEYA) Forms

Endowment Game Application	213
Endowment Donation Form	214

CLASSIFICATIONS AND DIRECTORIES

Schools Listed by Sport-Specific Conferences (Current)	217
Schools Listed by Sport-Specific Conferences (2012-2013)	220
ASAA Member School Directories	227
Alaska College / University Resources	235
Media Directories	236
3-year Calendar (2009-10, 2011-12, 2011-12)	Inside Back Cover

